

# TRAIL CONCELLO DE LOUSAME 2023

## CLASIFICACIÓN TRAIL LONGO



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	TCONTROL	RITMO	SEXO
1	30	GARCIA GONZALEZ, ROBERTO	TRIBU TRAIL	02:06:04	01:11:57 (2)	5:02	M (1)
2	56	PASCUAL FIDALGO, MARCOS ANTONIO	CASTRO-TRAIL	02:08:29	01:13:11 (3)	5:08	M (2)
3	75	SALGUEIRO, FRAN	CORRESOIRAS TRAIL	02:08:38	01:11:56 (1)	5:08	M (3)
4	57	PAZÓ GIRALDEZ, DANIEL	ATLETISMO BAIONA	02:13:21	01:16:00 (5)	5:20	M (4)
5	69	REY CAMPELO, MARCOS	TRAILEROS TOXOS & BIRRAS	02:14:15	01:17:26 (7)	5:22	M (5)
6	44	LIJÓ ARES, YAGO	TRIATLON RIANXO	02:15:26	01:15:14 (4)	5:25	M (6)
7	84	TRABA CAAMAÑO, PEDRO	CLUB ATLETISMO OUTES	02:16:47	01:17:21 (6)	5:28	M (7)
8	36	GONZÁLEZ HORTA, ELOY	LODEIROS TRAIL	02:20:28	01:17:32 (8)	5:37	M (8)
9	11	CARBALLO PÉREZ, MIGUEL	SERRES RUNNERS	02:21:15	01:21:56 (14)	5:38	M (9)
10	23	FERREIRO BERMUDEZ, PABLO	TRAILEROS TOXOS & BIRRAS	02:22:15	01:23:02 (17)	5:41	M (10)
11	64	PÉREZ VILAS, RAFAEL	CDM VÉRTICE	02:22:27	01:20:05 (10)	5:41	M (11)
12	89	VÁZQUEZ AGRA, CESAR	INDEPENDIENTE	02:22:59	01:20:19 (11)	5:43	M (12)
13	32	GOMEZ, MANU	+D MONTE	02:23:03	01:20:31 (12)	5:43	M (13)
14	61	PÉREZ GARCÍA, CÉSAR	INDEPENDIENTE	02:23:06	01:17:39 (9)	5:43	M (14)
15	91	VÁZQUEZ SOBRIDO, DANIEL	INDEPENDIENTE	02:25:14	01:22:04 (15)	5:48	M (15)
16	38	GONZÁLEZ SANTAMARÍA, JOSÉ MANUEL	S.D. BARBANTIA RODA	02:26:38	01:23:42 (18)	5:51	M (16)
17	70	RIOBO ESTEVEZ, ROBERTO	CORREDOIRAS	02:27:51	01:20:45 (13)	5:54	M (17)
18	15	CASTRO FRECHA, BRUNO	BJ RUNNING TEAM	02:30:00	01:26:18 (21)	5:59	M (18)
19	33	GÓMEZ GÓMEZ, MANUEL	PONTETRAIL	02:30:48	01:25:12 (20)	6:01	M (19)
20	45	LOURIDO RIAL, LORENZO	CLUB ATLETISMO NEGREIRA	02:32:13	01:27:30 (23)	6:05	M (20)
21	1	ALONSO BARREIRO, SAMUEL	INDEPENDIENTE	02:32:20	01:24:58 (19)	6:05	M (21)
22	3	BARREIRO CORDEIRO, JAVIER	SERRES RUNNERS	02:32:28	01:28:01 (24)	6:05	M (22)
23	27	GARCÍA ANTELO, JOSÉ MANUEL		02:33:55	01:27:28 (22)	6:09	M (23)
24	25	FREIRE OTERO, DAVID		02:34:33	01:30:36 (26)	6:10	M (24)
25	10	CALVELO CODESIDO, DIEGO	A.D. MONTEBRONDO	02:35:38	01:30:32 (25)	6:13	M (25)
26	28	GARCIA GOMEZ, ESTEBAN	CLUB DEPORTIVO BRION HYUPERSA SANTIAGO	02:35:51	01:30:47 (28)	6:14	M (26)
27	31	GENDRE FERNÁNDEZ, JAVIER	CLUB DEPORTIVO BRION HYUPERSA SANTIAGO	02:35:51	01:30:54 (29)	6:14	M (27)
28	68	REGUEIRO FRAGA, XESÚS	INDEPENDIENTE	02:37:43	01:31:05 (30)	6:18	M (28)
29	16	CONDE BARREIRO, DANIEL	CLUB ATLETISMO OUTES	02:38:02	01:22:59 (16)	6:19	M (29)

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PTO	DOR	NOMBRE	CLUB	T.OFICIAL	TCONTROL	RITMO	SEXO
30	49	MARTÍNEZ IGLESIAS, ERIC	S.D. BARBANTIA RODA	02:38:48	01:31:09 (32)	6:21	M (30)
31	50	MAYO AGRAFOJO, MARCOS	CLUB DEPORTIVO BRION HYUPERSA SANTIAGO	02:40:40	01:31:12 (33)	6:25	M (31)
32	62	PÉREZ MUROS, SEBASTIÁN	SERRES RUNNERS	02:42:02	01:30:43 (27)	6:28	M (32)
33	22	FERNANDEZ RIAL, SANTIAGO	SERRES RUNNERS	02:46:06	01:33:30 (34)	6:38	M (33)
34	35	GONZÁLEZ GONZÁLEZ, ALEJANDRO	NOSPORTLIMIT	02:47:16	01:31:05 (31)	6:41	M (34)
35	7	BLANCO PIAS, FRANCISCO JAVIER	OS RAPOSOS	02:48:03	01:36:14 (39)	6:43	M (35)
36	90	VÁZQUEZ GIGON, LUCAS XAVIER	RUNNING SPORT TRAIL	02:48:05	01:34:53 (37)	6:43	M (36)
37	74	ROMERO LEMA, PABLO		02:48:23	01:34:38 (36)	6:44	M (37)
38	20	FERNANDEZ BLANCO, DAVID	A.D. MONTEBRONDO	02:48:23	01:35:00 (38)	6:44	M (38)
39	46	LUACES PAZ, ENRIQUE		02:48:51	01:36:15 (40)	6:45	M (39)
40	18	DIESTE REGADES, SERGIO	TRIBU TRAIL	02:52:32	01:39:51 (45)	6:54	M (40)
41	88	VAZQUEZ, ISMAEL		02:54:30	01:34:27 (35)	6:58	M (41)
42	2	ALONSO REFOJO, MARCOS	INDEPENDIENTE	02:54:47	01:37:31 (44)	6:59	M (42)
43	12	CARBIA MENDEZ, JUAN LUIS		02:54:47	01:37:28 (43)	6:59	M (43)
44	67	QUINDIMIL GARCÍA, JORGE ADRIÁN		02:55:11	01:40:03 (46)	7:00	M (44)
45	80	SERRANO REMUIÑÁN, JOSÉ ANTONIO	INDEPENDIENTE	02:55:16	01:36:50 (42)	7:00	M (45)
46	59	PAZOS VAZQUEZ, SANTI	CLUB ATLETISMO LOUSAME	02:55:38	01:36:22 (41)	7:01	M (46)
<b>47</b>	<b>6</b>	<b>BLANCO PENA, FINA</b>	<b>CD 21 LEGUAS</b>	<b>02:56:18</b>	<b>01:41:17 (50)</b>	<b>7:03</b>	<b>F (1)</b>
48	8	BUSTELO, JULIO		02:56:46	01:41:14 (49)	7:04	M (47)
49	39	GONZÁLEZ VARELA, BENITO	CLUB ATLETISMO TAMBRE	02:57:12	(-1)	7:05	M (48)
50	43	LEMA CAAMAÑO, RUBEN		02:57:16	01:40:05 (47)	7:05	M (49)
51	42	LADO TARELA, PABLO	INDEPENDIENTE	03:00:25	01:45:40 (63)	7:12	M (50)
52	53	MUIÑO CASTRO, JOSÉ ANTONIO		03:01:05	01:42:09 (56)	7:14	M (51)
53	29	GARCÍA GÓMEZ, JOSÉ MANUEL	TRAILEROS TOXOS & BIRRAS	03:01:22	01:41:32 (51)	7:15	M (52)
<b>54</b>	<b>24</b>	<b>FIGUEIRA DIESTE, NURIA</b>	<b>GRUP ESPORTIU ALCÚDIA</b>	<b>03:01:23</b>	<b>01:46:50 (70)</b>	<b>7:15</b>	<b>F (2)</b>
55	83	SUÁREZ SUÁREZ, CÉSAR	BJ RUNNING TEAM	03:04:38	01:42:48 (58)	7:23	M (53)
56	77	SANTOS ROJAS, FRAN	INDEPENDIENTE	03:04:46	01:40:40 (48)	7:23	M (54)
57	87	VARELA VAZQUEZ, GUILLERMO	INDEPENDIENTE	03:05:04	01:43:09 (59)	7:24	M (55)
58	21	FERNANDEZ RAMOS, ALEJANDRO	TRAILEROS TOXOS & BIRRAS	03:06:46	01:41:35 (52)	7:28	M (56)

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59	4	BECERRA CARRIL, NACHO	TRAILEROS TOXOS & BIRRAS	03:06:47	01:46:03 (66)	7:28	M (57)
60	26	FREIRE RUIBAL, DANIEL	INDEPENDIENTE	03:07:16	01:41:59 (54)	7:29	M (58)
61	54	PAMPIN RIOS, PABLO		03:07:16	01:42:02 (55)	7:29	M (59)
<b>62</b>	<b>81</b>	<b>SOLIS CAAMAÑO, MONSE</b>	<b>A.D. MONTEBRONDO</b>	<b>03:07:20</b>	<b>01:42:41 (57)</b>	<b>7:29</b>	<b>F (3)</b>
63	14	CASTELO GUERRERO, DANIEL	INDEPENDIENTE	03:07:21	01:45:02 (62)	7:29	M (60)
64	37	GONZALEZ MARIÑO, ADOLFO	INDEPENDIENTE	03:07:38	01:47:21 (72)	7:30	M (61)
65	41	JAMARDO DOMINGURZ, RAMON		03:07:39	01:46:36 (67)	7:30	M (62)
66	48	MALLO NIEVES, JOSÉ MANUEL	TARTARUGAS	03:08:00	01:46:36 (68)	7:31	M (63)
67	82	SOMAVILLA GUTIÉRREZ, JAVIER	INDEPENDIENTE	03:08:05	01:46:01 (65)	7:31	M (64)
68	78	SANTOS SANTAMARIA, JOSÉ RAMÓN	CHORIMA	03:09:53	01:41:51 (53)	7:35	M (65)
<b>69</b>	<b>34</b>	<b>GÓMEZ TUBÍO, ANDREA</b>	<b>CDM VÉRTICE</b>	<b>03:10:07</b>	<b>01:48:46 (73)</b>	<b>7:36</b>	<b>F (4)</b>
70	94	Martinez Fandiño, Adrián		03:11:54	01:46:42 (69)	7:40	M (66)
71	9	CADAVAL OLVEIRA, ANTONIO	INDEPENDIENTE	03:11:56	01:44:23 (61)	7:40	M (67)
72	63	PÉREZ SOBRIDO, DAVID	INDEPENDIENTE	03:11:56	01:44:11 (60)	7:40	M (68)
<b>73</b>	<b>19</b>	<b>DURO LIÑARES, OLALLA</b>	<b>PONTE TRAIL</b>	<b>03:14:40</b>	<b>01:45:48 (64)</b>	<b>7:47</b>	<b>F (5)</b>
74	60	PEDROSA MAYO, JOSE MANUEL	PONTE TRAIL	03:14:41	01:46:56 (71)	7:47	M (69)
75	65	PIÑEIRO GARCÍA, HÉCTOR	CLUB ATLETISMO LOUSAME	03:17:34	01:52:36 (77)	7:54	M (70)
76	92	VILAR REINA, VICTOR MANUEL	OPA FERROL TRAIL RUNNING	03:19:28	01:58:43 (80)	7:58	M (71)
77	13	CARRACEDO POSE, RUBÉN JOSÉ	CHORIMA	03:20:33	01:50:17 (75)	8:01	M (72)
78	71	RIOS MILHÂM, JOSÉ FRANCISCO	INDEPENDIENTE	03:29:58	01:52:13 (76)	8:23	M (73)
79	79	SENDE MIRANDA, MARTIN	INDEPENDIENTE	03:31:11	01:50:07 (74)	8:26	M (74)
<b>80</b>	<b>86</b>	<b>VARELA CRESPO, VANESSA</b>	<b>TRIBU TRAIL</b>	<b>03:31:36</b>	<b>01:55:32 (78)</b>	<b>8:27</b>	<b>F (6)</b>
81	58	PAZOS SUÁREZ, JAVIERIÑO	MAIS DE MONTE	03:31:36	01:57:19 (79)	8:27	M (75)
82	52	MIEITES ALONSO, ANXO	CLUB ALPINO ITALIANO	03:49:45	02:05:17 (81)	9:11	M (76)

Total: 82