

X CARREIRA CARNEIRO Ó ESPETO

CLASIFICACIÓN 5K

X CARREIRA 21 DE XULLO

CARNEIRO Ó ESPETO

10K MORAÑA 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P1	SEXO	CATEGORÍA
1	234	OTERO AMOEDO, ANXO	CAD SERVISUB BUEU	00:18:24	3:40	00:11:18 (1)	M (1)	SENIOR M (1)
2	241	RIVEIRO, ALBERTO		00:18:58	3:47	00:11:38 (3)	M (2)	SENIOR M (2)
3	238	MATA CASTRO, ARTURO	CLUB ATLETISMO SANTIAGO	00:19:04	3:48	00:11:29 (2)	M (3)	SENIOR M (3)
4	240	CALVO CASTRO, JORGE	TRIATLÓN RÍAS BAIXAS	00:19:18	3:51	00:12:01 (6)	M (4)	SENIOR M (4)
5	243	BUGALLO, RICARDO		00:19:35	3:54	00:11:48 (4)	M (5)	SENIOR M (5)
6	218	OMIL IGLESIAS, JOSE MANUEL	CLUB DEPORTIVO PINARIUM	00:19:42	3:56	00:11:59 (5)	M (6)	MASTER A M (1)
7	220	ULLA REGA, MANUEL		00:20:49	4:09	00:12:39 (7)	M (7)	MASTER B M (1)
8	245	LOUREIRO CERQUEIRA, HUGO	ATLETISMO +9 MORAÑA	00:21:05	4:12	00:12:44 (8)	M (8)	SENIOR M (6)
9	244	POMBAL PORTELA, DAVID	CLUB ATLETISMO SAMERTOLAMEU	00:21:06	4:13	00:12:59 (9)	M (9)	SENIOR M (7)
10	215	FONTENLA BÚA, JAIRO	MORAÑA EN RUTA	00:22:10	4:25	00:13:22 (10)	M (10)	MASTER A M (2)
11	253	GARRIDO IGLESIAS, MIGUEL ANXO		00:22:16	4:27	00:13:48 (14)	M (11)	SUB 23 M (1)
12	223	MENDUIÑA PEREZ, NACHO		00:22:20	4:27	00:13:37 (11)	M (12)	MASTER B M (2)
13	201	VILLAMOR RIAL, NOEL		00:22:25	4:28	00:13:45 (13)	M (13)	MASTER A M (3)
14	221	MIRANDA VIEITO, JOSÉ MANUEL	ATHLETICS FISIOTERAPIA SAN LAZARO	00:22:52	4:34	00:13:51 (15)	M (14)	MASTER B M (3)
15	208	MARTÍNEZ SAYAR, MANUEL	MORAÑA EN RUTA	00:23:02	4:36	00:14:01 (16)	M (15)	MASTER A M (4)
16	235	VIDAL FONSECA, GUSTAVO		00:23:43	4:44	00:14:53 (20)	M (16)	SENIOR M (8)
17	255	Cancela Gonzalez, Luis Miguel		00:23:51	4:46	00:14:32 (17)	M (17)	MASTER B M (4)
18	247	CORES CANCELA, ANDREA	SD COMPOSTELA ATLETISMO	00:23:59	4:47	00:14:40 (18)	F (1)	SENIOR F (1)
19	204	BAHAMONDE SUÁREZ, FRANCISCO	CLUB ATLETISMO TAMBRE	00:24:12	4:50	00:14:59 (21)	M (18)	MASTER A M (5)
20	224	ABOY VÁZQUEZ, TOÑO	ATLETISMO +9 MORAÑA	00:24:16	4:51	00:15:31 (24)	M (19)	MASTER B M (5)
21	233	FERNANDEZ GARCIA, MANUEL	CLUB DEPORTIVO PINARIUM	00:24:25	4:52	00:14:47 (19)	M (20)	MASTER C M (1)
22	225	GOSENDE FOLGAR, MANUEL	ATLETISMO +9 MORAÑA	00:25:04	5:00	00:15:32 (25)	M (21)	MASTER B M (6)
23	228	DAPORTA MÉNDEZ, DAVID		00:25:05	5:00	00:15:33 (26)	M (22)	MASTER B M (7)
24	231	MARTINEZ VIDAL, VICTOR		00:25:17	5:03	00:15:04 (22)	M (23)	MASTER B M (8)
25	232	FERREIRA ANTAS, VICTOM		00:25:28	5:05	00:15:29 (23)	M (24)	MASTER B M (9)
26	219	GARABATOS, DAVID	ASOCIACIÓN DEPORTIVA CAR	00:25:33	5:06	00:15:36 (27)	M (25)	MASTER B M (10)
27	236	CASTRILLÓN COVELO, ÁNGEL		00:26:17	5:15	00:16:03 (29)	M (26)	SENIOR M (9)
28	6	JIMÉNEZ, LIROY		00:26:30	5:17	00:16:02 (28)	M (27)	MASTER A M (6)
29	202	RODRÍGUEZ SILVA, ANGEL	MORAÑA EN RUTA	00:26:43	5:20	00:16:17 (30)	M (28)	MASTER A M (7)

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30	206	RAMOS MAGARIÑOS, MANUEL	MORAÑA EN RUTA	00:26:57	5:23	00:16:22 (31)	M (29)	MASTER A M (8)
31	250	CUEVAS VIDAL, MARINA	OS CORREDORES DO INFERNO	00:27:00	5:23	00:16:24 (32)	F (2)	SENIOR F (2)
32	251	MOURIÑO LORENZO, SARA		00:27:21	5:28	00:16:27 (33)	F (3)	SUB 23 F (1)
33	209	SILVA CRUZ, JOSE VICENTE		00:27:22	5:28	00:16:27 (34)	M (30)	MASTER A M (9)
34	229	BENITEZ SOMOZA, ISRAEL	EL CANARIO	00:28:07	5:37	00:13:42 (12)	M (31)	MASTER B M (11)
35	212	MILLARES SIEIRA, CLARA MARÍA	EL CANARIO	00:28:08	5:37	00:17:05 (35)	F (4)	MASTER A F (1)
36	237	SUÁREZ CRESPO, NOELIA		00:28:29	5:41	00:17:25 (37)	F (5)	SENIOR F (3)
37	222	OMIL CRUZ, XOAN RAMON		00:28:38	5:43	00:17:07 (36)	M (32)	MASTER B M (12)
38	249	FÉLIX SOLLA, PALOMA	OS CORREDORES DO INFERNO	00:28:55	5:46	00:17:31 (38)	F (6)	SENIOR F (4)
39	230	ALDAO PINTOS, CELIA	CLUB DEPORTIVO PINARIUM	00:29:06	5:49	00:17:36 (39)	F (7)	MASTER B F (1)
40	216	CAMPOS FERRO, RUBÉN	ATLETISMO +9 MORAÑA	00:29:28	5:53	00:17:51 (40)	M (33)	MASTER A M (10)
41	217	AGRELO COUSELO, MARÍA	ATLETISMO +9 MORAÑA	00:29:28	5:53	00:17:52 (41)	F (8)	MASTER A F (2)
42	210	GÁRCIA SUEIRO, MUÑI CONCELLEIRA	ATLETISMO +9 MORAÑA	00:31:07	6:13	00:19:11 (45)	F (9)	MASTER A F (3)
43	213	GOMEZ FONTENLA, SITO ALCALDE		00:31:08	6:13	00:19:11 (44)	M (34)	MASTER A M (11)
44	203	CARREIRA NAVEIRO, FERNANDO		00:31:12	6:14	00:18:53 (42)	M (35)	MASTER A M (12)
45	254	COCHÓN CAMPOS, ANDREA	MORAÑA EN RUTA	00:31:41	6:20	00:19:28 (46)	F (10)	SUB 23 F (2)
46	214	CAMIÑA MARTINEZ, RAIMUNDO		00:31:50	6:21	00:19:36 (47)	M (36)	MASTER A M (13)
47	252	ALONSO GONZÁLEZ, EVA	CORRIDA DAS CABRAS	00:31:57	6:23	00:19:05 (43)	F (11)	SUB 23 F (3)
48	205	ROSAL GÓMEZ, ROCÍO		00:32:28	6:29	00:19:52 (48)	F (12)	MASTER A F (4)
49	246	LEMA AGRA, PATRICIA		00:33:28	6:41	00:20:06 (49)	F (13)	SENIOR F (5)
50	211	PÉREZ ALLER, MARÍA	MORAÑA EN RUTA	00:34:16	6:51	00:20:47 (50)	F (14)	MASTER A F (5)
51	207	RAMOS MAGARIÑOS, CHARO	MORAÑA EN RUTA	00:34:16	6:51	00:20:47 (51)	F (15)	MASTER A F (6)
52	242	CALVO VITURRO, MOISÉS	S. D. BARBANTIA RODA	00:34:56	6:59	00:21:08 (52)	M (37)	SENIOR M (10)
53	226	LORENZO GUIMARANS, FERNANDO		00:37:32	7:30	00:22:36 (53)	M (38)	MASTER B M (13)
54	227	SANMARTÍN ARZÚA, MARÍA JOSÉ		00:37:32	7:30	00:22:36 (54)	F (16)	MASTER B F (2)

Total: 54