

VI CARREIRON 10K

CLASIFICACIÓN - ABSOLUTA 10K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	P1	SEXO	CAT	LOC
1	154	OTERO FARIÑA, PABLO	ATLETISMO ILLA DE AROUSA	00:35:24	--	3:20	17:30 (1)	M (1)	SENIOR M (1)	SI
2	201	GARCÍA MENIÑO, JUAN LUIS	CLUB ATLETISMO CAMBADOS	00:39:26	+4:02	3:43	19:13 (2)	M (2)	SENIOR M (2)	
3	146	GONZÁLEZ PIÑEIRO, CARLOS	CLUB ATLETISMO CAMBADOS	00:39:51	+4:27	3:45	19:33 (3)	M (3)	SENIOR M (3)	
4	173	IGLESIAS AMORES, MIGUEL	CLUB DEPORTIVO BRIÓN HYUPERSA SANTIAGO	00:39:55	+4:31	3:45	19:55 (7)	M (4)	SENIOR M (4)	
5	47	GONZALO FERNANDEZ, GONZALO	TRICAMANS	00:40:01	+4:37	3:46	19:50 (6)	M (5)	VETERAN A M (1)	SI
6	115	PÉREZ PRIETO, GERARDO	CLUB ATLETISMO CAMBADOS	00:40:16	+4:52	3:47	19:55 (8)	M (6)	VETERAN B M (1)	
7	99	GUERRA MAGAN, OSCAR	C.A. CAMBADOS	00:40:24	+5:00	3:48	19:49 (5)	M (7)	VETERAN B M (2)	
8	110	OUBIÑA DIOS, FRANCISCO RAMÓN	C.A. CAMBADOS	00:40:43	+5:19	3:50	19:57 (9)	M (8)	VETERAN B M (3)	SI
9	30	SOBRAL, MANU	CLUB DEPORTIVO PINARIUM	00:40:49	+5:25	3:50	19:41 (4)	M (9)	VETERAN A M (2)	
10	141	FALCÓN PÉREZ, SANTIAGO	C.A. CAMBADOS	00:40:53	+5:29	3:51	20:09 (11)	M (10)	VETERAN C M (1)	
11	77	OUTERELO COUSIÑO, PEDRO PABLO	TRIATLON VILAGARCIA	00:41:10	+5:46	3:52	20:10 (12)	M (11)	VETERAN B M (4)	
12	65	OUBIÑA FALCÓN, MAXI	CLUB ATLETISMO CAMBADOS	00:41:25	+6:01	3:54	19:58 (10)	M (12)	VETERAN A M (3)	
13	46	POUSO VIDAL, LUCAS	C.A. CAMBADOS	00:42:32	+7:08	4:00	21:23 (14)	M (13)	VETERAN A M (4)	
14	72	DEL RÍO BÓVEDA, ÓSCAR	TRIATLON VILAGARCIA	00:43:06	+7:42	4:03	21:37 (19)	M (14)	VETERAN B M (5)	
15	56	GARCIA IGLESIAS, LUKAS	TRICAMANS	00:43:30	+8:06	4:06	21:34 (18)	M (15)	VETERAN A M (5)	SI
16	75	REY PADIN, FRANCISCO J.	TRIATLON VILAGARCIA	00:43:33	+8:09	4:06	21:33 (17)	M (16)	VETERAN B M (6)	
17	111	FANDIÑO GARCIA, OSCAR	CLUB ATLETISMO CAMBADOS	00:43:54	+8:30	4:08	21:55 (20)	M (17)	VETERAN B M (7)	
18	6	FERNÁNDEZ RODRIGUEZ, JOSE ANTONIO	CLUBE ATLETISMO BOIMORTO	00:43:59	+8:35	4:08	21:26 (15)	M (18)	VETERAN A M (6)	
19	171	CALVO CASTRO, HUGO		00:44:10	+8:46	4:09	22:10 (23)	M (19)	SENIOR M (5)	
20	174	MONTEAGUDO, JUAN		00:44:23	+8:59	4:11	22:10 (24)	M (20)	SENIOR M (6)	
21	168	BUGALLO, RICARDO		00:44:23	+8:59	4:11	22:09 (22)	M (21)	SENIOR M (7)	
22	163	AGRA RIAL, CARLOS	TRIATLON VILAGARCIA	00:44:47	+9:23	4:13	21:32 (16)	M (22)	SENIOR M (8)	SI
23	31	BESADA IGLESIAS, CHRISTIAN	TRICAMANS	00:44:58	+9:34	4:14	21:20 (13)	M (23)	VETERAN A M (7)	SI
24	26	NÚÑEZ MOSTEIRO, RUBÉN	C.A. CAMBADOS	00:45:20	+9:56	4:16	22:38 (26)	M (24)	VETERAN A M (8)	
25	80	FERREIRA GONZÁLEZ, JOSE CARLOS	ADAS CUPA	00:45:38	+10:14	4:18	22:03 (21)	M (25)	VETERAN B M (8)	
26	175	MOUGAN RAMOS, HUGO		00:45:50	+10:26	4:19	22:50 (30)	M (26)	SENIOR M (9)	SI
27	16	CAROU GARCÍA, ÁLVARO	CLUB ATLETISMO CAMBADOS	00:45:59	+10:35	4:20	22:45 (27)	M (27)	VETERAN A M (9)	
28	3	FERNÁNDEZ CASAIS, ADRIÁN		00:46:13	+10:49	4:21	23:04 (33)	M (28)	VETERAN A M (10)	
29	54	CAMIÑA UCHA, BASILIO	CLUB ATLETISMO CAMBADOS	00:46:41	+11:17	4:24	22:49 (28)	M (29)	VETERAN A M (11)	
30	204	SUAREZ POUSO, JACINTO		00:46:44	+11:20	4:24	22:49 (29)	M (30)	SENIOR M (10)	SI
31	4	MARTINEZ VARELA, LUÍS MANUEL		00:46:44	+11:20	4:24	23:04 (32)	M (31)	VETERAN A M (12)	
32	167	DAVILA RIVAS, ALBERTO	EQUILATERO	00:46:59	+11:35	4:25	22:26 (25)	M (32)	SENIOR M (11)	
33	129	PAZOS CAMPOS, FRANCISCO		00:47:15	+11:51	4:27	22:53 (31)	M (33)	VETERAN C M (2)	
34	172	FERNÁNDEZ PEREZ, ALEJANDTO		00:47:27	+12:03	4:28	23:15 (34)	M (34)	SENIOR M (12)	

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PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	P1	SEXO	CAT	LOC
35	87	LORENZO SILVA, ÁNGEL	AGENCIA MORLA	00:47:30	+12:06	4:28	24:00 (45)	M (35)	VETERAN B M (9)	
36	66	ALLO ARAGUNDE, FRANCISCO JAVIER	TRICAMAN	00:47:31	+12:07	4:28	23:23 (37)	M (36)	VETERAN A M (13)	SI
37	5	SABORIDO GIL, OLALLA		00:47:32	+12:08	4:29	23:17 (35)	F (1)	VETERAN A F (1)	
38	36	CASÁS CASÁS, JOSÉ MANUEL		00:47:34	+12:10	4:29	23:46 (40)	M (37)	VETERAN A M (14)	
39	102	SANTIAGO PEREIRA, MIGUEL ANGEL	PINARIUM	00:47:51	+12:27	4:30	23:21 (36)	M (38)	VETERAN B M (10)	
40	114	VÁZQUEZ VÁZQUEZ, MANEL		00:48:02	+12:38	4:31	23:41 (39)	M (39)	VETERAN B M (11)	SI
41	182	SANMARTÍN MÍGUEZ, IVÁN		00:48:27	+13:03	4:34	24:32 (51)	M (40)	SENIOR M (13)	
42	70	COSTA RODRÍGUEZ, JOSE ANTONIO	AGRUPACIÓN ATLÉTICA MAZÍ	00:48:34	+13:10	4:34	25:36 (64)	M (41)	VETERAN B M (12)	
43	40	ROSAL CHAVES, DIEGO		00:48:41	+13:17	4:35	23:48 (43)	M (42)	VETERAN A M (15)	
44	178	PAZOS MEIXUS, ARARAT	SAN MIGUEL DE MARIN	00:48:50	+13:26	4:36	23:33 (38)	F (2)	SENIOR F (1)	
45	41	COUSIDO RIAL, ARTURO		00:48:51	+13:27	4:36	23:48 (42)	M (43)	VETERAN A M (16)	SI
46	27	BARROS SEOANE, VÍCTOR	CDM VÉRTICE	00:49:18	+13:54	4:38	23:57 (44)	M (44)	VETERAN A M (17)	
47	119	FONTANS SEBE, MARCOS	ATLETISMO CUNTIS	00:49:20	+13:56	4:39	24:33 (52)	M (45)	VETERAN B M (13)	
48	157	FERRO LOUZAN, DAVID		00:49:36	+14:12	4:40	24:15 (47)	M (46)	SENIOR M (14)	SI
49	181	GONZÁLEZ LÓPEZ, PEDRO		00:49:42	+14:18	4:41	25:15 (59)	M (47)	SENIOR M (15)	
50	23	SENDÍN RAÑA, PABLO	ATLETISMO PORRIÑO	00:49:55	+14:31	4:42	24:58 (55)	M (48)	VETERAN A M (18)	
51	155	CHAZO PAZ, RUBEN		00:49:59	+14:35	4:42	24:29 (50)	M (49)	SENIOR M (16)	
52	153	PORTEIRO DE LOÑO, MARINA MULLUNESH	SG PONTEVEDRA	00:50:03	+14:39	4:43	23:48 (41)	F (3)	SENIOR F (2)	
53	62	IGLESIAS ALLO, CHRISTIAN		00:50:12	+14:48	4:44	24:21 (48)	M (50)	VETERAN A M (19)	
54	34	IGLESIAS REY, MIGUEL		00:50:30	+15:06	4:45	25:50 (72)	M (51)	VETERAN A M (20)	
55	159	PORTO CIMA, ALBA		00:50:43	+15:19	4:47	24:56 (53)	F (4)	SENIOR F (3)	
56	74	PAZ VALLE, MERCEDES		00:50:55	+15:31	4:48	25:13 (58)	F (5)	VETERAN B F (1)	
57	136	FERNANDEZ TOME, JUAN		00:51:13	+15:49	4:49	25:33 (62)	M (52)	VETERAN C M (3)	
58	85	PACHECO LEINS, CESAR		00:51:17	+15:53	4:50	25:43 (70)	M (53)	VETERAN B M (14)	
59	60	CORES LOJO, TOMÁS		00:51:20	+15:56	4:50	24:04 (46)	M (54)	VETERAN A M (21)	SI
60	89	PALLEIRO NOVO, DAVID	360TRAINER	00:51:26	+16:02	4:51	26:20 (86)	M (55)	VETERAN B M (15)	
61	156	MURAS SERANTES, ESTEFANÍA	OS CORREDORES DO INFERNO	00:51:30	+16:06	4:51	24:56 (54)	F (6)	SENIOR F (4)	
62	202	VILLAVARDE PATIÑO, YAGO		00:51:36	+16:12	4:52	26:23 (90)	M (56)	SENIOR M (17)	
63	143	LORENZO GRANJA, MIGUEL		00:51:39	+16:15	4:52	25:02 (56)	M (57)	SENIOR M (18)	
64	90	GARCIA RUA, EMILIO		00:51:56	+16:32	4:53	25:24 (60)	M (58)	VETERAN B M (16)	
65	105	OCAMPO REY, MIGUEL ANGEL		00:52:03	+16:39	4:54	26:07 (79)	M (59)	VETERAN B M (17)	
66	107	PIÑEIRO REY, ARTURO	SD BARBANTIA RODA	00:52:06	+16:42	4:54	26:18 (84)	M (60)	VETERAN B M (18)	
67	101	CALVO REY, DANIEL	S.D.BARBANTIA RODA	00:52:06	+16:42	4:54	26:17 (82)	M (61)	VETERAN B M (19)	
68	195	SAAVEDRA LOPEZ, MARTÍN	LARGARTAS	00:52:09	+16:45	4:55	26:07 (80)	M (62)	SENIOR M (19)	

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PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	P1	SEXO	CAT	LOC
69	170	BLANCO ABOLLO, PABLO		00:52:09	+16:45	4:55	25:54 (76)	M (63)	SENIOR M (20)	
70	20	RODRIGUEZ DOPICO, JAVIER	ENTRENARUNNING	00:52:23	+16:59	4:56	25:54 (74)	M (64)	VETERAN A M (22)	
71	164	SÁNCHEZ CARRACEDO, PEDRO		00:52:23	+16:59	4:56	25:54 (75)	M (65)	SENIOR M (21)	
72	52	OTERO RODRÍGUEZ, JUAN MANUEL		00:52:32	+17:08	4:57	24:27 (49)	M (66)	VETERAN A M (23)	SI
73	124	MÉNDEZ LÓPEZ, ELVA	MULLER EN FORMA	00:52:33	+17:09	4:57	25:41 (68)	F (7)	VETERAN C F (1)	
74	183	LUIS NOVOA, ALEJANDRO	NOSPORTLIMIT	00:52:42	+17:18	4:58	25:45 (71)	M (67)	SENIOR M (22)	
75	11	TORRADO RIAL, RICARDO		00:52:44	+17:20	4:58	25:36 (65)	M (68)	VETERAN A M (24)	
76	162	DE LA CRUZ REY, ABEL		00:52:48	+17:24	4:58	25:10 (57)	M (69)	SENIOR M (23)	
77	158	CARREIRO, MIGUEL		00:52:54	+17:30	4:59	25:32 (61)	M (70)	SENIOR M (24)	
78	108	SABORIDO FERNANDEZ, LUIS MARIANO	S.D.BARBANTIA RODA	00:52:55	+17:31	4:59	26:17 (83)	M (71)	VETERAN B M (20)	
79	116	ABOAL ABOAL, SANTIAGO		00:52:56	+17:32	4:59	26:19 (85)	M (72)	VETERAN B M (21)	
80	78	FEIJOÓ SÁNCHEZ, SUSANA	ATLETAS DE ACEA DE AMA	00:53:06	+17:42	5:00	25:41 (67)	F (8)	VETERAN B F (2)	
81	199	CRESPO GARCÍA, CRISTIAN JESÚS		00:53:07	+17:43	5:00	26:31 (91)	M (73)	SENIOR M (25)	
82	22	FERNANDEZ SANTIAGO, RUBÉN	NOSPORTLIMIT	00:53:08	+17:44	5:00	26:12 (81)	M (74)	VETERAN A M (25)	
83	185	ARGIBAY AROSA, DANIEL	CLUB ATLETISMO CAMBADOS	00:53:17	+17:53	5:01	26:38 (93)	M (75)	SENIOR M (26)	
84	64	SEÑORANS MARTÍNEZ, CRISTIAN		00:53:18	+17:54	5:01	25:34 (63)	M (76)	VETERAN A M (26)	SI
85	51	BASILIO DEL SOLAR, JUAN		00:53:28	+18:04	5:02	25:42 (69)	M (77)	VETERAN A M (27)	
86	113	DAVILA COSTAS, FRANCISCO		00:53:28	+18:04	5:02	26:06 (78)	M (78)	VETERAN B M (22)	
87	94	RODILES RIOS, ALBERTO		00:53:29	+18:05	5:02	26:01 (77)	M (79)	VETERAN B M (23)	
88	126	DAPENA TENORIO, JOSE LUIS		00:53:31	+18:07	5:02	25:52 (73)	M (80)	VETERAN C M (4)	
89	197	MACÍAS MACÍAS, DAVID		00:53:44	+18:20	5:04	26:44 (94)	M (81)	SENIOR M (27)	
90	50	IGLESIAS CORES, LASKO		00:54:21	+18:57	5:07	26:22 (87)	M (82)	VETERAN A M (28)	SI
91	21	ARAUJO, ANTONIO		00:54:38	+19:14	5:09	27:31 (106)	M (83)	VETERAN A M (29)	
92	165	FERNANDEZ LOPEZ, XABI	FATTYZOO	00:54:38	+19:14	5:09	27:31 (105)	M (84)	SENIOR M (28)	
93	63	VÁZQUEZ CALVAR, DANIEL	CLUB ATLETISMO CAMBADOS	00:54:56	+19:32	5:10	27:12 (102)	M (85)	VETERAN A M (30)	
94	95	CALVO BERNÁRDEZ, FERNANDO		00:54:58	+19:34	5:11	27:12 (101)	M (86)	VETERAN B M (24)	
95	96	OTERO OTERO, CHUS	CLUB ATLETISMO CAMBADOS	00:55:04	+19:40	5:11	27:11 (100)	F (9)	VETERAN B F (3)	
96	97	LOIS ARAGUNDE, MANUEL ANGEL		00:55:04	+19:40	5:11	27:11 (99)	M (87)	VETERAN B M (25)	
97	133	PARADA SANTIAGO, CARLOS		00:55:12	+19:48	5:12	27:09 (98)	M (88)	VETERAN C M (5)	SI
98	186	REBOREDO, LETICIA	MULLER EN FORMA	00:55:25	+20:01	5:13	26:37 (92)	F (10)	SENIOR F (5)	
99	125	CAPELO RIOS, MANUEL		00:56:13	+20:49	5:18	28:07 (111)	M (89)	VETERAN C M (6)	
100	49	FERNANDEZ ORDOÑEZ, MARTIN		00:56:24	+21:00	5:19	27:45 (108)	M (90)	VETERAN A M (31)	SI
101	117	PUIME MIGUEZ, ANA	EQUILATERO	00:56:55	+21:31	5:22	26:55 (96)	F (11)	VETERAN B F (4)	
102	138	PÉREZ GARCÍA, JESÚS	CLUB ATLETISMO CAMBADOS	00:56:59	+21:35	5:22	28:35 (116)	M (91)	VETERAN C M (7)	

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PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	P1	SEXO	CAT	LOC
103	142	PADIN COUSIDO, JOSÉ LUIS	C.A.CAMBADOS	00:56:59	+21:35	5:22	28:35 (115)	M (92)	VETERAN C M (8)	
104	140	GOMEZ BIOQUE, JOSE	CLUB ATLETISMO CAMBADOS	00:56:59	+21:35	5:22	28:40 (119)	M (93)	VETERAN C M (9)	
105	45	ESTEVEZ FERNANDEZ, PATRICIA		00:57:01	+21:37	5:22	27:56 (110)	F (12)	VETERAN A F (2)	
106	44	MARTIN TISCAR, FRANCISCO JOSE		00:57:01	+21:37	5:22	27:56 (109)	M (94)	VETERAN A M (32)	
107	103	MAESTU FERNÁNDEZ, JUAN	PUNTA CABALO	00:57:09	+21:45	5:23	26:50 (95)	M (95)	VETERAN B M (26)	SI
108	147	FONTAN MONTEAGUDO, IVAN		00:57:18	+21:54	5:24	28:11 (112)	M (96)	SENIOR M (29)	
109	98	OTERO DIAZ, MARIO	C.D. RIA DE AROUSA	00:57:23	+21:59	5:24	28:33 (114)	M (97)	VETERAN B M (27)	
110	37	RIAL RIAL, VICTOR		00:57:43	+22:19	5:26	27:17 (103)	M (98)	VETERAN A M (33)	SI
111	200	GONZÁLEZ NIETO, BENITO		00:57:46	+22:22	5:26	27:28 (104)	M (99)	SENIOR M (30)	SI
112	57	MARTINEZ FANDIÑO, DIEGO	CAC CAMBADOS	00:58:16	+22:52	5:29	28:39 (118)	M (100)	VETERAN A M (34)	
113	150	PIÑEIRO PARADA, DANIEL		00:58:16	+22:52	5:29	28:39 (117)	M (101)	SENIOR M (31)	SI
114	35	GARCIA MORENZA, IGNACIO		00:58:16	+22:52	5:29	28:53 (120)	M (102)	VETERAN A M (35)	
115	149	GONZALEZ POSES, CARLOS		00:59:05	+23:41	5:34	29:02 (121)	M (103)	SENIOR M (32)	
116	198	LAREU CRESPO, DIEGO		00:59:14	+23:50	5:35	28:28 (113)	M (104)	SENIOR M (33)	
117	2	OTERO MAYORAL, EMILIO		00:59:32	+24:08	5:36	31:06 (146)	M (105)	VETERAN A M (36)	
118	130	LOPEZ, CARLOS		00:59:40	+24:16	5:37	30:26 (135)	M (106)	VETERAN C M (10)	
119	83	BARREIRO GARCIA, SANTIAGO		00:59:40	+24:16	5:37	30:27 (136)	M (107)	VETERAN B M (28)	
120	82	PAZ VALLE, CARINA		00:59:50	+24:26	5:38	30:16 (133)	F (13)	VETERAN B F (5)	
121	161	RIAL SUÁREZ, ANA		01:00:07	+24:43	5:40	29:37 (127)	F (14)	SENIOR F (6)	SI
122	160	REY REY, BENJAMÍN		01:00:08	+24:44	5:40	29:37 (126)	M (108)	SENIOR M (34)	
123	132	VILELA MONTERO, JOSE		01:00:09	+24:45	5:40	29:36 (125)	M (109)	VETERAN C M (11)	
124	91	VIAÑO RODRÍGUEZ, LUIS		01:00:37	+25:13	5:43	30:04 (132)	M (110)	VETERAN B M (29)	
125	169	MÉNDEZ MARTÍNEZ, ESTELA		01:00:46	+25:22	5:43	29:35 (124)	F (15)	SENIOR F (7)	
126	122	MANEIRO OTERO, GUILLERMO	ATLETISMO CAMBADOS	01:00:51	+25:27	5:44	29:34 (123)	M (111)	VETERAN B M (30)	
127	59	PRADO RIVAS, MARÍA		01:00:57	+25:33	5:44	29:14 (122)	F (16)	VETERAN A F (3)	SI
128	38	OTERO RAMOS, LETICIA		01:01:07	+25:43	5:45	31:01 (145)	F (17)	VETERAN A F (4)	SI
129	184	RODRIGUEZ GAGI, PAULA		01:01:25	+26:01	5:47	30:30 (139)	F (18)	SENIOR F (8)	
130	128	GONZALEZ MARTIN, MIGUEL		01:01:33	+26:09	5:48	29:43 (128)	M (112)	VETERAN C M (12)	
131	55	DE LA TORRE MOSTEIRO, PABLO	MURUM ATHLETICA	01:01:42	+26:18	5:49	29:49 (130)	M (113)	VETERAN A M (37)	
132	61	CAMIÑA MARTINEZ, RAIMUNDO		01:01:42	+26:18	5:49	29:49 (131)	M (114)	VETERAN A M (38)	
133	84	MARTINEZ GOMEZZ, PAKINHO	GALLAECIA JASTANDOSAPATILLA	01:01:48	+26:24	5:49	30:34 (141)	M (115)	VETERAN B M (31)	
134	189	SANCHEZ DO RIO, ALFONSO		01:01:50	+26:26	5:49	30:29 (137)	M (116)	SENIOR M (35)	
135	42	IGLESIAS DIOS, CRIS		01:02:05	+26:41	5:51	31:01 (144)	F (19)	VETERAN A F (5)	SI
136	8	LORENZO GRANJA, CARLOS		01:02:29	+27:05	5:53	29:47 (129)	M (117)	VETERAN A M (39)	

VI CARREIRON 10K

CLASIFICACIÓN - ABSOLUTA 10K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	P1	SEXO	CAT	LOC
137	134	MONTENEGRO PÉREZ, LUIS		01:02:38	+27:14	5:54	30:43 (142)	M (118)	VETERAN C M (13)	
138	81	CHAZO VENTOSO, JOAQUIN		01:02:41	+27:17	5:54	30:16 (134)	M (119)	VETERAN B M (32)	
139	135	CASTRO ZAERA, ÁNGELES		01:02:45	+27:21	5:55	31:31 (151)	F (20)	VETERAN C F (2)	
140	33	PÉREZ SANTANA, CRISTIAN		01:03:20	+27:56	5:58	30:30 (138)	M (120)	VETERAN A M (40)	SI
141	12	VEIGA AGUION, VÍCTOR	CLUBE ATLETISMO BOIMORTO	01:03:22	+27:58	5:58	27:09 (97)	M (121)	VETERAN A M (41)	
142	13	CAJADE BLANCO, MARÍA BEGOÑA	CLUBE ATLETISMO BOIMORTO	01:03:22	+27:58	5:58	31:19 (149)	F (21)	VETERAN A F (6)	
143	151	OTERO OUTEIRAL, MANUEL		01:03:26	+28:02	5:59	34:41 (165)	M (122)	SENIOR M (36)	SI
144	123	DOMÍNGUEZ LOPEZ, ANA		01:03:27	+28:03	5:59	31:11 (148)	F (22)	VETERAN B F (6)	
145	69	RIVAS PIÑEIRO, JORGE		01:03:57	+28:33	6:01	31:38 (153)	M (123)	VETERAN A M (42)	
146	68	FERNANDEZ MARTINEZ, JOSE ANGEL		01:03:57	+28:33	6:01	31:38 (154)	M (124)	VETERAN A M (43)	
147	25	HERMIDA SEREN, JORGE		01:03:57	+28:33	6:01	26:22 (88)	M (125)	VETERAN A M (44)	
148	148	CASAL SEÑORANS, IVAN		01:04:27	+29:03	6:04	34:41 (164)	M (126)	SENIOR M (37)	SI
149	109	ABALO MONTERO, MARÍA		01:05:04	+29:40	6:08	32:18 (157)	F (23)	VETERAN B F (7)	
150	79	PEROL RAMA, ENRIQUE		01:05:15	+29:51	6:09	31:38 (155)	M (127)	VETERAN B M (33)	
151	86	MIGUÉNS PÉREZ, MARÍA ISABEL	AGENCIA MORLA	01:05:33	+30:09	6:10	31:33 (152)	F (24)	VETERAN B F (8)	
152	100	CHEDAS PAZ, NATALIA		01:05:46	+30:22	6:12	31:06 (147)	F (25)	VETERAN B F (9)	
153	7	MACEIRA ERIAS, ANA		01:06:33	+31:09	6:16	31:24 (150)	F (26)	VETERAN A F (7)	
154	190	DOMÍNGUEZ GUERRA, MARIO		01:06:36	+31:12	6:16	36:27 (173)	M (128)	SENIOR M (38)	
155	106	NIETO NIETO, MANUEL ANGEL		01:06:47	+31:23	6:17	32:17 (156)	M (129)	VETERAN B M (34)	SI
156	29	CASTRO NINE, FRANCISCO JOSÉ		01:06:47	+31:23	6:18	30:34 (140)	M (130)	VETERAN A M (45)	SI
157	73	MONTERO GONZÁLEZ, OLALLA		01:06:58	+31:34	6:18	32:20 (159)	F (27)	VETERAN B F (10)	
158	9	TRIGO LOSADA, XOAN		01:07:04	+31:40	6:19	30:56 (143)	M (131)	VETERAN A M (46)	
159	58	RODRIGUEZ MANEIRO, VANESA		01:07:08	+31:44	6:19	33:36 (162)	F (28)	VETERAN A F (8)	
160	192	BARBOSA, XOHAN		01:07:35	+32:11	6:22	32:34 (160)	M (132)	SENIOR M (39)	
161	188	REY RODRÍGUEZ, LAURA	BARBANTIA RODA	01:07:49	+32:25	6:23	32:19 (158)	F (29)	SENIOR F (9)	
162	196	FERNÁNDEZ SANTOMÉ, CARMEN		01:10:16	+34:52	6:37	33:29 (161)	F (30)	SENIOR F (10)	
163	152	OTERO RIAL, SANTIAGO		01:11:09	+35:45	6:42	34:41 (166)	M (133)	SENIOR M (40)	SI
164	180	BAYON ROLO, JUAN ANDRES		01:12:20	+36:56	6:49	34:50 (167)	M (134)	SENIOR M (41)	
165	179	REY PEDREIRA, ALBA		01:12:20	+36:56	6:49	34:50 (168)	F (31)	SENIOR F (11)	
166	48	CEAN VEIGA, MARIA	EQUILATERO	01:12:47	+37:23	6:51	34:02 (163)	F (32)	VETERAN A F (9)	
167	104	FIGUEIRAS VICENTE, ALBERTO		01:13:14	+37:50	6:54	35:43 (172)	M (135)	VETERAN B M (35)	
168	194	PAZ SUAREZ, JENNIFER	CLUB ATLETISMO CAMBADOS	01:13:14	+37:50	6:54	35:42 (171)	F (33)	SENIOR F (12)	
169	10	GÓMEZ MOURE, SANDRA		01:13:48	+38:24	6:57	34:53 (170)	F (34)	VETERAN A F (10)	
170	1	DIZ, ANTONIO	CLUB ATLETISMO CAMBADOS	01:13:49	+38:25	6:57	34:53 (169)	M (136)	VETERAN A M (47)	

VI CARREIRON 10K

CLASIFICACIÓN - ABSOLUTA 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	P1	SEXO	CAT	LOC
171	127	MENÉNDEZ DOMINGUEZ, JUAN CARLOS	MARINEDA	01:14:58	+39:34	7:04	36:44 (175)	M (137)	VETERAN C M (14)	
172	191	RODRÍGUEZ DIAZ, CLARA		01:17:40	+42:16	7:19	36:30 (174)	F (35)	SENIOR F (13)	
173	43	VÁZQUEZ VALIÑO, BEGOÑA		01:19:07	+43:43	7:27	38:11 (178)	F (36)	VETERAN A F (11)	
174	187	BLANCO GONZALEZ, ROBERTO	RAZA PALLEIRA	01:19:07	+43:43	7:27	38:11 (177)	M (138)	SENIOR M (42)	
175	93	VILACIDE, ANA		01:20:46	+45:22	7:37	38:09 (176)	F (37)	VETERAN B F (11)	
176	92	FANDIÑO VILACIDE, ANGELES		01:20:46	+45:22	7:37	38:17 (179)	F (38)	VETERAN B F (12)	
177	28	FERRARA, MAURO EMILIANO		01:21:32	+46:08	7:41	38:27 (180)	M (139)	VETERAN A M (48)	

Total: 177