

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1	1	BEN MONTENEGRO, ADRIAN	C.A.ADIDAS	00:29:37	--	2:57	29:36	15:06 (1)	M (1)	SENIOR M (NA)	
2	1713	DE LA FUENTE GOMEZ, DAVID	SOCIEDAD GIMNÁSTICA DE	00:30:13	+36	3:01	30:12	15:20 (2)	M (2)	SENIOR M (NA)	
3	1714	PUIG MALVAR, JORGE	INDEPENTIENTE	00:31:07	+1:30	3:06	31:05	15:21 (3)	M (3)	SENIOR M (NA)	
4	1730	GARCIA SOUTO, HUGO	ATLETISMO PORTUGALETE	00:31:31	+1:54	3:09	31:30	15:53 (5)	M (4)	SUB 23 M (1)	
5	83	RAMOS SAMBADE, VICTOR	TRIKI TEAM	00:31:35	+1:58	3:09	31:34	15:53 (4)	M (5)	SUB 20 M (1)	
6	1702	MEDARD, FACUNDO		00:32:07	+2:30	3:12	32:06	16:26 (9)	M (6)	SENIOR M (1)	
7	86	DIAZ OIZA, PABLO	CLUB ATLETISMO SANTIAGO	00:32:16	+2:39	3:13	32:14	16:25 (7)	M (7)	SUB 23 M (2)	
8	5	LESTIDO REY, MARTÍN	CLUB ATLETISMO SAR	00:32:38	+3:01	3:15	32:37	16:26 (10)	M (8)	SENIOR M (2)	
9	92	VILA MARIÑO, ABEL	CLUB ATLETISMO NOIA	00:32:41	+3:04	3:16	32:40	16:26 (8)	M (9)	SUB 18 M (1)	SI (1)
10	82	GOMEZ GONZALEZ, ANTON	REAL CLUB CELTA ATLETISMO	00:32:47	+3:10	3:16	32:46	16:21 (6)	M (10)	SENIOR M (3)	
11	91	HERMELO GOMEZ, SERGIO	TRIATLON RIAS BAIXAS	00:32:54	+3:17	3:17	32:52	16:32 (13)	M (11)	SENIOR M (4)	
12	95	VICENTE RÍOS, RUBÉN	AD CERNE	00:32:57	+3:20	3:17	32:55	16:33 (14)	M (12)	SENIOR M (5)	
13	258	CAAMAÑO NIETO, RUBEN	CLUB ATLETISMO SAR	00:33:14	+3:37	3:19	33:12	16:26 (11)	M (13)	MASTER 1 M (1)	SI (2)
14	8	CAO BLANCO, GONZALO	ATLETISMO SANTIAGO	00:33:28	+3:51	3:20	33:26	17:06 (21)	M (14)	SUB 20 M (2)	
15	85	FERNÁNDEZ SOENGAS, JESÚS	CLUB DEPORTIVO DELIKIA	00:33:29	+3:52	3:20	33:28	17:05 (19)	M (15)	MASTER 2 M (1)	
16	102	LIJÓ ARES, YAGO	TRIATLON RIANXO	00:33:32	+3:55	3:21	33:30	17:01 (16)	M (16)	SENIOR M (6)	
17	4	GARCIA GACIÑO, ALBERTO	CYT	00:33:36	+3:59	3:21	33:33	16:32 (12)	M (17)	SENIOR M (7)	SI (3)
18	107	GONZALEZ CASTRO, DAMIAN		00:33:44	+4:07	3:22	33:41	17:07 (24)	M (18)	SENIOR M (8)	
19	1712	BREA ABREU, EDYMAR		00:33:54	+4:17	3:23	33:53	17:06 (20)	F (1)	SENIOR F (NA)	
20	88	GARCÍA CARBALLO, ISMAEL	CLUB ATLETISMO LOUSAME	00:33:55	+4:18	3:23	33:54	16:51 (15)	M (19)	SENIOR M (9)	
21	257	PÉREZ VARELA, ALEJANDRO	ATLETAS DE ACEA DE AMA	00:33:56	+4:19	3:23	33:54	17:07 (23)	M (20)	SENIOR M (10)	
22	261	MELLO, JACI		00:33:58	+4:21	3:23	33:56	17:09 (27)	M (21)	MASTER 2 M (2)	
23	90	LIÑARES ARAN, RUBEN		00:33:58	+4:21	3:23	33:56	17:09 (26)	M (22)	MASTER 2 M (3)	
24	19	BENÍTEZ PÉREZ, SAÚL	EL CANARIO	00:34:01	+4:24	3:24	34:00	17:04 (17)	M (23)	SUB 20 M (3)	
25	13	LOUREIRO MOSQUERA, DANIEL	ATLETISMO SANTIAGO	00:34:09	+4:32	3:24	34:06	17:12 (28)	M (24)	SUB 20 M (4)	
26	113	RIVEIRO LAMPON, ALBERTO	CLUB ATLETISMO SANTIAGO	00:34:09	+4:32	3:24	34:06	17:22 (34)	M (25)	SENIOR M (11)	
27	106	FERNANDEZ LIJÓ, JUAN FRANCISCO	POR AMOR AL ARTE	00:34:13	+4:36	3:25	34:11	17:20 (32)	M (26)	MASTER 2 M (4)	
28	99	ALONSO NOGUEIRA, DAVID	CLUB ATLETISMO BETANZOS	00:34:17	+4:40	3:25	34:14	17:07 (22)	M (27)	SENIOR M (12)	
29	111	AGRASO ALONSO, XABI	EL CANARIO	00:34:19	+4:42	3:25	34:16	17:21 (33)	M (28)	SENIOR M (13)	
30	2	SANTOS, LAURA		00:34:30	+4:53	3:26	34:29	17:14 (30)	F (2)	SENIOR F (NA)	
31	94	FONTÁN MARTÍNEZ, XACOBÉ	CLUB ATLETISMO SAR	00:34:33	+4:56	3:27	34:31	17:19 (31)	M (29)	SENIOR M (14)	
32	87	OCERIN, MIKEL	ACEADAMA	00:34:34	+4:57	3:27	34:32	17:05 (18)	M (30)	SENIOR M (15)	
33	105	RODRÍGUEZ LARIÑO, JORGE	ASOCIACIÓN DEPORTIVA OLIMPIA	00:34:52	+5:15	3:29	34:49	17:37 (36)	M (31)	MASTER 1 M (2)	
34	93	CREGO, XACOBÓ	TRIATLON INFORHOUSE SANTIAGO	00:34:55	+5:18	3:29	34:53	17:12 (29)	M (32)	MASTER 2 M (5)	
35	98	MANEIRO TEIRA, DANIEL	CLUB ATLETISMO O PINO	00:35:01	+5:24	3:30	35:00	17:08 (25)	M (33)	SUB 18 M (2)	
36	259	AGRELO GÓMEZ, ROBERTO C.	CLUB ATLETISMO SAR	00:35:02	+5:25	3:30	35:00	17:36 (35)	M (34)	MASTER 2 M (6)	

SIN SON 10K 2024

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PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
37	16	MARTÍNEZ SÁNCHEZ, DAMIÁN	CLUB ATLETISMO TAMBRE	00:35:14	+5:37	3:31	35:13	17:44 (39)	M (35)	SENIOR M (16)	
38	17	BÚA GARCÍA, FABIÁN	CD TRAILRUNNER STORE	00:35:19	+5:42	3:31	35:17	17:38 (37)	M (36)	MASTER 1 M (3)	
39	101	FERNÁNDEZ GARCÍA, MICHEL	S.D. BARBANTIA RODA	00:35:21	+5:44	3:32	35:19	17:50 (40)	M (37)	SENIOR M (17)	
40	179	COUSELO FERNANDEZ, ALEJANDRO	CLUB ATLETISMO TAMBRE	00:35:38	+6:01	3:33	35:35	18:00 (45)	M (38)	SUB 18 M (3)	
41	249	CAAMAÑO NIETO, AVELINO	PONTE TRAIL	00:35:40	+6:03	3:33	35:36	17:57 (43)	M (39)	MASTER 2 M (7)	
42	103	OTERO LESTÓN, BRAIS	CLUB ATLETISMO TAMBRE	00:35:41	+6:04	3:34	35:39	18:04 (53)	M (40)	SENIOR M (18)	
43	96	GARCIA CERDEIRAS, BRUNO	ATLETAS DE ACEA DE AMA	00:35:43	+6:06	3:34	35:39	18:03 (52)	M (41)	MASTER 3 M (1)	
44	108	MATA CASTRO, ARTURO	CLUB ATLETISMO SANTIAGO	00:35:45	+6:08	3:34	35:43	17:56 (41)	M (42)	SENIOR M (19)	
45	126	CAPELO VIEITES, EFRÉN	CLUB DEPORTIVO BRIÓN HYUPERSA	00:35:45	+6:08	3:34	35:43	17:56 (42)	M (43)	SENIOR M (20)	
46	1445	GOMEZ RIOS, JOSÉ ANTONIO	CLUB ATLETISMO SAR	00:35:47	+6:10	3:34	35:41	18:30 (68)	M (44)	MASTER 2 M (8)	
47	14	OTERO LADO, FERNANDO	TRIKI TEAM	00:35:48	+6:11	3:34	35:46	17:44 (38)	M (45)	SUB 20 M (5)	
48	1705	CASTAÑEIRA PAIS, MARCO		00:35:48	+6:11	3:34	35:45	18:02 (51)	M (46)	SENIOR M (21)	
49	6	OTERO LESTÓN, JESÚS	TRIATLON INFORHOUSE SANTIAGO	00:35:50	+6:13	3:34	35:48	18:01 (49)	M (47)	SENIOR M (22)	
50	262	DAVID DOMÍNGUEZ, DAVID		00:35:51	+6:14	3:35	35:47	18:32 (73)	M (48)	SENIOR M (23)	
51	136	NIETO GONZÁLEZ, JOSE MANUEL	CLUB ATLETISMO SAR	00:35:54	+6:17	3:35	35:51	18:00 (47)	M (49)	MASTER 3 M (2)	SI (4)
52	119	GONZÁLEZ REY, BONI	O JERREIRO CARNOTA	00:35:56	+6:19	3:35	35:52	18:26 (62)	M (50)	MASTER 2 M (9)	
53	134	TAIBO GARCIA, HUGO	TRIATLON INFORHOUSE SANTIAGO	00:35:58	+6:21	3:35	35:55	18:01 (48)	M (51)	SUB 23 M (3)	
54	148	SESA MIGUEZ, ADRIÁN	CLUB ATLETISMO MILLARAIO	00:35:59	+6:22	3:35	35:56	18:00 (44)	M (52)	SUB 18 M (4)	
55	118	GONZÁLEZ REY, JOSECHO	O JERREIRO CARNOTA	00:36:01	+6:24	3:36	35:57	18:26 (63)	M (53)	MASTER 2 M (10)	
56	100	FERNANDEZ GUZMAN, FRANCISCO	CLUB RUNNING SANTANDER GALICIA	00:36:04	+6:27	3:36	36:00	18:30 (70)	M (54)	MASTER 2 M (11)	
57	112	FOLGUEIRA DÍAZ, MANUEL	MADERAS BARCIA LOURENZA CERVO	00:36:05	+6:28	3:36	36:00	18:37 (75)	M (55)	MASTER 1 M (4)	
58	10	PÉREZ FERNÁNDEZ, FERNANDO		00:36:06	+6:29	3:36	36:03	18:04 (54)	M (56)	MASTER 2 M (12)	
59	104	FERNÁNDEZ TOJO, ALEXANDRE	CLUB ATLETISMO TAMBRE	00:36:06	+6:29	3:36	36:04	18:00 (46)	M (57)	SENIOR M (24)	
60	247	BUJAN OTERO, JOSÉ CARLOS	NOITEBRA FC	00:36:21	+6:44	3:38	36:17	18:19 (57)	M (58)	MASTER 3 M (3)	
61	3	CASAL MOURELOS, MARTÍN	CLUB ATLETISMO TAMBRE	00:36:21	+6:44	3:38	36:19	18:26 (60)	M (59)	SENIOR M (25)	
62	46	LEÓN NOVOA, ÁLVARO		00:36:22	+6:45	3:38	36:19	18:28 (66)	M (60)	SENIOR M (26)	
63	250	PÉREZ GARCÍA, CÉSAR		00:36:34	+6:57	3:39	36:32	18:32 (71)	M (61)	MASTER 1 M (5)	
64	248	GARABATO LAGARES, ADRIAN	CLUB ATLETISMO SANTIAGO	00:36:35	+6:58	3:39	36:33	18:10 (55)	M (62)	SENIOR M (27)	
65	21	OTERO LÓPEZ DE REGO, JORGE	ATLETISMO FONTES DO SAR	00:36:37	+7:00	3:39	36:30	18:26 (61)	M (63)	MASTER 2 M (13)	
66	1225	DE BERNARDO IGLESIAS, SERGIO	BRUTANZOS TEAM	00:36:39	+7:02	3:39	36:32	18:38 (76)	M (64)	SENIOR M (28)	
67	1439	LÓPEZ-RIOBOO SALINAS, LUIS		00:36:39	+7:02	3:39	36:31	18:47 (87)	M (65)	MASTER 2 M (14)	
68	160	MATEOS CALVIÑO, IAGO	SD COMPOSTELA ATLETISMO	00:36:39	+7:02	3:39	36:36	18:01 (50)	M (66)	SUB 18 M (5)	
69	29	MANEIRO FREIRE, VICTOR	CDM VERTICE	00:36:39	+7:02	3:39	36:36	18:20 (58)	M (67)	MASTER 2 M (15)	
70	1545	LADO PÉREZ, MARCOS	CLUB ATLETISMO NOIA	00:36:40	+7:03	3:39	36:34	18:30 (69)	M (68)	MASTER 2 M (16)	
71	123	CALERO FERNANDEZ, JOSÉ MANUEL	CLUB ATLETISMO SAR	00:36:42	+7:05	3:40	36:37	18:19 (56)	M (69)	MASTER 2 M (17)	
72	12	MARIÑO RIAL, ALBERTO	SD COMPOSTELA ATLETISMO	00:36:43	+7:06	3:40	36:39	18:51 (90)	M (70)	MASTER 2 M (18)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
73	176	JOSE, JOSE	SD COMPOSTELA ATLETISMO	00:36:43	+7:06	3:40	36:39	18:51 (91)	M (71)	MASTER 2 M (19)	
74	158	RODRIGUEZ FERNANDEZ, XOSEMARIA	SD COMPOSTELA ATLETISMO	00:36:44	+7:07	3:40	36:40	18:29 (67)	M (72)	MASTER 2 M (20)	
75	128	GARCIA, JUAN		00:36:45	+7:08	3:40	36:42	18:40 (80)	M (73)	MASTER 2 M (21)	
76	115	FRAGA DÍAZ, MANUEL	CLUB TRIATLON COMPOSTELA	00:36:45	+7:08	3:40	36:42	18:40 (81)	M (74)	MASTER 2 M (22)	
77	145	QUINTÁNS VÁZQUEZ, ALFONSO	CLUB TRIATLON COMPOSTELA	00:36:49	+7:12	3:40	36:46	18:42 (83)	M (75)	MASTER 1 M (6)	
78	142	FALCÓN PÉREZ, SANTIAGO	CLUB ATLETISMO CAMBADOS	00:36:52	+7:15	3:41	36:48	18:27 (64)	M (76)	MASTER 3 M (4)	
79	138	PEREIRA GUTIÉRREZ, EMILIO JOSÉ	TRIBU TRAIL	00:36:53	+7:16	3:41	36:49	18:38 (77)	M (77)	MASTER 2 M (23)	
80	35	DEL RÍO MARTÍNEZ, JUAN JOSÉ		00:36:53	+7:16	3:41	36:50	18:27 (65)	M (78)	MASTER 1 M (7)	
81	155	DEVESA PEQUENO, IGNACIO	CLUB DEPORTIVO BRIÓN HYUPERSA	00:36:57	+7:20	3:41	36:54	18:21 (59)	M (79)	MASTER 2 M (24)	
82	173	CALVO CASTRO, HUGO		00:37:00	+7:23	3:41	36:53	18:42 (85)	M (80)	SUB 23 M (4)	
83	156	MARTÍNEZ MELLADO, DAVID	SD COMPOSTELA ATLETISMO	00:37:04	+7:27	3:42	36:59	18:51 (92)	M (81)	MASTER 2 M (25)	
84	1679	CASTROAGUDIN GÓMEZ, ADRIÁN	MORAÑA EN RUTA	00:37:04	+7:27	3:42	37:01	18:32 (72)	M (82)	MASTER 1 M (8)	
85	50	CALVO ROO, PEDRO	CLUB ATLETISMO NOIA	00:37:06	+7:29	3:42	37:00	18:51 (93)	M (83)	MASTER 2 M (26)	
86	116	IGLESIAS CARRERA, PIO	CLUB TRIATLON COMPOSTELA	00:37:07	+7:30	3:42	37:04	18:41 (82)	M (84)	MASTER 3 M (5)	
87	207	COSTA CASTRO, MANUEL	CLUB ATLETISMO TAMBRE	00:37:08	+7:31	3:42	37:04	18:49 (89)	M (85)	MASTER 2 M (27)	
88	31	GARCÍA MARTÍNEZ, JOSE	EL CANARIO	00:37:10	+7:33	3:42	37:05	18:57 (96)	M (86)	MASTER 1 M (9)	
89	1701	MOSQUERA LOSADA, SANDRA		00:37:11	+7:34	3:43	37:08	18:54 (95)	F (3)	SENIOR F (NA)	
90	117	MONTES SANCHEZ, CESAR	BRUTANZOS TEAM	00:37:14	+7:37	3:43	37:11	18:42 (84)	M (87)	MASTER 2 M (28)	
91	1274	BOUZAS REY, ISMAEL		00:37:17	+7:40	3:43	37:12	18:37 (74)	M (88)	MASTER 1 M (10)	
92	202	MONTERO NOYA, MIGUEL	ATLETISMO PULIDOS SUSO	00:37:21	+7:44	3:44	37:18	18:40 (79)	M (89)	SENIOR M (29)	
93	49	ROSENDE FUENTES, LUIS	CLUB ATLETISMO TAMBRE	00:37:24	+7:47	3:44	37:21	18:39 (78)	M (90)	MASTER 2 M (29)	
94	553	ÁLVAREZ OTERO, JOSÉ ANTONIO		00:37:26	+7:49	3:44	37:19	18:49 (88)	M (91)	MASTER 2 M (30)	
95	245	FERNANDEZ FUERTES, MARCOS		00:37:28	+7:51	3:44	37:22	19:19 (127)	M (92)	SENIOR M (30)	
96	1408	HERMIDA PRADO, ADRIAN		00:37:29	+7:52	3:44	37:22	19:09 (108)	M (93)	SENIOR M (31)	
97	43	BENITEZ SOMOZA, ISRAEL	EL CANARIO	00:37:30	+7:53	3:44	37:28	19:10 (111)	M (94)	MASTER 2 M (31)	
98	1567	FERNÁNDEZ MARTÍNEZ, FERNANDO		00:37:31	+7:54	3:45	37:28	19:13 (116)	M (95)	MASTER 2 M (32)	
99	132	MC DERMOT, DEIRDRE	DUBLIN CITY HARRIERS	00:37:33	+7:56	3:45	37:31	19:10 (109)	F (4)	MASTER 2 F (1)	
100	80	SEIJO BUJIA, MARCOS ANTONIO		00:37:33	+7:56	3:45	37:31	19:10 (110)	M (96)	MASTER 3 M (6)	
101	125	BUGALLO DEL PUERTO, XAQUIN	RUNNING OLEIROS	00:37:37	+8:00	3:45	37:32	19:21 (132)	M (97)	MASTER 2 M (33)	
102	159	CÉSAR VILA, ÁLVARO	CLUB ATLETISMO TAMBRE	00:37:38	+8:01	3:45	37:32	19:03 (100)	M (98)	MASTER 3 M (7)	
103	79	MARCOTE, JOSÉ		00:37:39	+8:02	3:45	37:26	19:19 (128)	M (99)	MASTER 2 M (34)	
104	192	SESA SEGADE, FERNANDO	SD COMPOSTELA ATLETISMO	00:37:40	+8:03	3:45	37:37	19:09 (107)	M (100)	MASTER 2 M (35)	
105	121	REGUEIRA VEIGA, MIGUEL	RUNNING OLEIROS	00:37:41	+8:04	3:46	37:36	19:21 (130)	M (101)	MASTER 2 M (36)	
106	130	LEMA PÉREZ, PABLO ANDRÉS	RUNNING OLEIROS	00:37:43	+8:06	3:46	37:38	19:22 (133)	M (102)	MASTER 3 M (8)	
107	7	CHAVES CAMINO, ALBERTO	FISIOTERAPIA REHAB	00:37:48	+8:11	3:46	37:43	18:58 (97)	M (103)	SENIOR M (32)	
108	1394	FERNÁNDEZ LAGO, JUAN CARLOS	SERRES RUNNERS	00:37:49	+8:12	3:46	37:44	19:18 (125)	M (104)	MASTER 3 M (9)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



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109	164	RODRIGUEZ LIAS, ALEX		00:37:50	+8:13	3:46	37:46	19:00 (98)	M	(105) MASTER 1 M	(11)
110	209	MOURE VÁZQUEZ, MANUEL	CLUB TRIATLON CERVECERIA O COTON	00:37:50	+8:13	3:46	37:43	19:16 (119)	M	(106) MASTER 1 M	(12)
111	191	ZARAUZA BEIRAS, ALVARO	CLUBDEPORTIVOBRIONHYUPERSASANT	00:37:52	+8:15	3:47	37:48	19:08 (106)	M	(107) MASTER 2 M	(37)
112	122	RAMOS FERROL, ARTURO	CLUB TRIATLON COMPOSTELA	00:37:56	+8:19	3:47	37:52	19:03 (102)	M	(108) MASTER 3 M	(10)
113	133	VÁZQUEZ MATO, JOSÉ MANUEL	CLUB DEPORTIVO BRIÓN HYUPERSA	00:37:57	+8:20	3:47	37:55	18:45 (86)	M	(109) MASTER 2 M	(38)
114	266	OTERO DOSIL, RUBÉN	CLUB ATLETISMO NOIA	00:37:58	+8:21	3:47	37:51	19:16 (121)	M	(110) SENIOR M	(33)
115	165	BLANCO LESTÓN, JOSÉ MANUEL	O JERREIRO CARNOTA	00:37:59	+8:22	3:47	37:56	19:11 (114)	M	(111) MASTER 1 M	(13)
116	797	PÉREZ LOVACO, PABLO		00:38:00	+8:23	3:47	37:55	19:03 (101)	M	(112) SUB 23 M	(5)
117	152	QUERENTES SANTOS, JORGE	CLUB ATLETISMO NOIA	00:38:01	+8:24	3:48	37:57	18:54 (94)	M	(113) MASTER 2 M	(39) SI (5)
118	38	ABEAL, ALBERTO	BRUTANZOS TEAM	00:38:02	+8:25	3:48	37:56	19:22 (134)	M	(114) SENIOR M	(34)
119	150	SENDON RODRIGUEZ, JOSE DOMINGO	ATLETISMO FONTES DO SAR	00:38:06	+8:29	3:48	37:59	19:21 (131)	M	(115) MASTER 2 M	(40)
120	177	TRILLO BLANCO, RUBEN	CLUB ATLETISMO NOIA	00:38:08	+8:31	3:48	38:01	19:17 (124)	M	(116) MASTER 1 M	(14)
121	120	SEOANE AMOR, PABLO	BRUTANZOS TEAM	00:38:09	+8:32	3:48	38:03	19:15 (117)	M	(117) MASTER 2 M	(41)
122	1502	OVIEDO BOUZAS, FRAN	CLUB ATLETISMO NOIA	00:38:09	+8:32	3:48	38:02	19:15 (118)	M	(118) MASTER 2 M	(42)
123	185	GARCÍA SÓÑORA, MARCOS	CLUB ATLETISMO NOIA	00:38:12	+8:35	3:49	38:04	19:20 (129)	M	(119) MASTER 1 M	(15)
124	45	GARCÍA ANTELO, JOSÉ MANUEL		00:38:16	+8:39	3:49	38:14	19:01 (99)	M	(120) MASTER 2 M	(43)
125	68	FERNANDEZ FREIRE, JULIO	NOSPORTLIMIT	00:38:18	+8:41	3:49	38:14	19:16 (120)	M	(121) SENIOR M	(35)
126	33	PINO PORTO, EDUARDO	RUNNERS PONTAKAS VIGO	00:38:21	+8:44	3:50	38:11	19:37 (144)	M	(122) MASTER 2 M	(44)
127	602	ALONSO REY, SEMAHEGN		00:38:25	+8:48	3:50	38:16	19:52 (169)	M	(123) SUB 23 M	(6)
128	190	AYASO ROMERO, JOSE LUIS	SANTA UXIA ATLETISMO	00:38:26	+8:49	3:50	38:20	19:24 (135)	M	(124) MASTER 2 M	(45)
129	25	RAMOS, BRUNO	ASOCIACIÓN DEPORTIVA CERNE	00:38:27	+8:50	3:50	38:20	19:25 (137)	M	(125) SENIOR M	(36)
130	28	QUINTIÁN AGRAFOJO, CHEMA	SERRES RUNNERS	00:38:28	+8:51	3:50	38:23	19:10 (113)	M	(126) SENIOR M	(37)
131	573	LÓPEZ PARDO, ALEJANDRO	A.D.FOGAR	00:38:28	+8:51	3:50	38:22	19:49 (164)	M	(127) SENIOR M	(38)
132	196	MOURE ANDRADE, ALBERTO		00:38:29	+8:52	3:50	38:26	19:16 (123)	M	(128) MASTER 2 M	(46)
133	110	IGLESIAS DURO, RAUL		00:38:29	+8:52	3:50	38:26	19:16 (122)	M	(129) MASTER 1 M	(16)
134	689	DOBARRO, ADRIAN	ATLETISMO FONTES DO SAR	00:38:30	+8:53	3:50	37:46	20:13 (190)	M	(130) MASTER 1 M	(17)
135	211	VÁZQUEZ REIRIZ, LUIS	TRIBU TRAIL	00:38:31	+8:54	3:51	38:21	19:30 (139)	M	(131) MASTER 2 M	(47)
136	224	VÁZQUEZ FIGUEIRAS, JAVIER		00:38:33	+8:56	3:51	38:25	19:50 (166)	M	(132) MASTER 2 M	(48)
137	193	FEIJOO VILANOVA, PABLO	CLUB PIRAGÜISMO FLUVIAL ALLARIZ	00:38:34	+8:57	3:51	38:31	19:05 (104)	M	(133) SENIOR M	(39)
138	1675	SUAREZ RIESGO, HUGO		00:38:34	+8:57	3:51	38:22	19:37 (141)	M	(134) MASTER 1 M	(18)
139	97	GARCIA BLANCO, CAYETANO	SAUDE SPORT	00:38:35	+8:58	3:51	38:30	19:41 (149)	M	(135) MASTER 1 M	(19) SI (6)
140	163	PENAS GARCÍA, RUBÉN	CLUB ATLETISMO TAMBRE	00:38:36	+8:59	3:51	38:31	19:18 (126)	M	(136) MASTER 2 M	(49)
141	175	LOPEZ TORRES, ANDRES	TRIATLON VILAGARCIA	00:38:38	+9:01	3:51	38:35	19:10 (112)	M	(137) MASTER 4 M	(1)
142	205	RIAL RODRIGUEZ, UXIO	SPEEDCROSS TEAM	00:38:39	+9:02	3:51	38:30	19:56 (176)	M	(138) MASTER 1 M	(20)
143	81	SENRA ALVAREZ, ROBERTO	CLUB ATLETISMO TAMBRE	00:38:40	+9:03	3:51	38:35	19:37 (142)	M	(139) MASTER 3 M	(11)
144	169	NOGUEIRA MIÑAN, SERGIO		00:38:41	+9:04	3:52	38:36	19:37 (143)	M	(140) MASTER 2 M	(50)

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
145	1658	LOPEZ BALEIRON, EDGAR MANUEL		00:38:45	+9:08	3:52	38:41	19:39 (147)	M (141)	MASTER 2 M (51)	
146	181	DOSIL RIVAS, JAVI	ATLETISMO FONTES DO SAR	00:38:46	+9:09	3:52	38:39	19:49 (165)	M (142)	MASTER 2 M (52)	
147	252	CAMIÑA UCHA, BASILIO	CLUB ATLETISMO CAMBADOS	00:38:47	+9:10	3:52	38:37	19:37 (145)	M (143)	MASTER 1 M (21)	
148	183	GARCIA GARCIA, OSCAR	CD PINARIUM	00:38:48	+9:11	3:52	38:42	19:39 (148)	M (144)	MASTER 2 M (53)	
149	135	LOPEZ EIROA, SIMON	ATLETAS DE ACEA DE AMA	00:38:49	+9:12	3:52	38:44	19:48 (160)	M (145)	MASTER 3 M (12)	
150	170	VILLA VIEIRO, FERNANDO	CLUB TRIATLON COMPOSTELA	00:38:49	+9:12	3:52	38:42	19:42 (151)	M (146)	MASTER 3 M (13)	
151	240	TRIÑANES, JAVIER	SERRES RUNNERS	00:38:50	+9:13	3:52	38:44	19:33 (140)	M (147)	MASTER 2 M (54)	
152	74	MOSQUERA EDREIRA, ADRI	ASOCIACIÓN DEPORTIVA CERNE	00:38:51	+9:14	3:53	38:45	19:11 (115)	M (148)	SENIOR M (40)	
153	27	SEOANE POMBO, JOSE MANUEL	CLUB ATLETISMO NEGREIRA	00:38:51	+9:14	3:53	38:46	19:08 (105)	M (149)	MASTER 3 M (14)	
154	67	LUACES PAZ, ANTONIO	CLUB ATLETISMO SAR	00:38:52	+9:15	3:53	38:45	19:56 (174)	M (150)	SUB 23 M (7)	
155	263	HIMO, LAMYAE	ATLETISMO NARON	00:38:53	+9:16	3:53	38:50	19:24 (136)	F (5)	SENIOR F (1)	
156	1696	GÓMEZ GÓMEZ, MANUEL		00:38:56	+9:19	3:53	38:44	19:48 (163)	M (151)	MASTER 3 M (15)	
157	1685	VÁZQUEZ SÁNCHEZ, PABLO	BRUTANZOS TEAM	00:38:56	+9:19	3:53	38:50	19:52 (170)	M (152)	MASTER 2 M (55)	
158	73	NÚÑEZ MUÑIZ, TONY	CERVECERIA O COTÓN NEGREIRA	00:38:57	+9:20	3:53	38:50	19:56 (175)	M (153)	MASTER 2 M (56)	
159	416	FERNÁNDEZ OTERO, MARTA	COMESAÑA SPORTING CLUB	00:38:57	+9:20	3:53	38:50	20:03 (183)	F (6)	MASTER 1 F (1)	
160	1275	CARREIRA RAMOS, SERGIO		00:39:02	+9:25	3:54	38:56	19:27 (138)	M (154)	MASTER 2 M (57)	SI (7)
161	579	SUÁREZ SÁNCHEZ, MANUEL		00:39:04	+9:27	3:54	38:58	19:48 (161)	M (155)	SENIOR M (41)	
162	188	YEVTUSHENKO, KARYNA	ATLETAS DE ACEA DE AMA	00:39:06	+9:29	3:54	39:01	19:47 (155)	F (7)	SENIOR F (2)	
163	77	GONZÁLEZ VÁZQUEZ, SUSO	GALAICO TRAIL-RUN	00:39:11	+9:34	3:55	39:03	19:47 (159)	M (156)	MASTER 3 M (16)	
164	217	IGLESIAS CARBALLIDO, ANDREA	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:39:13	+9:36	3:55	39:04	19:47 (156)	F (8)	MASTER 1 F (2)	
165	227	BOULLÓN PÉREZ, JAVIER		00:39:16	+9:39	3:55	39:09	19:41 (150)	M (157)	SENIOR M (42)	
166	1499	BALADO, ROBERTO	TRAILEROS TOXOS & BIRRAS	00:39:18	+9:41	3:55	38:59	19:45 (154)	M (158)	SENIOR M (43)	
167	819	DIALLO, MAMADOU		00:39:18	+9:41	3:55	39:17	19:03 (103)	M (159)	SUB 20 M (6)	
168	32	GEY MARTÍNEZ, RAMÓN	CLUB ATLETISMO NOIA	00:39:20	+9:43	3:55	39:14	19:54 (172)	M (160)	MASTER 1 M (22)	
169	137	FERNANDEZ GOMEZ, ANTONIO		00:39:22	+9:45	3:56	39:18	19:44 (153)	M (161)	MASTER 1 M (23)	
170	414	MÉNDEZ MOSQUERA, ÁNGEL	CERNE	00:39:23	+9:46	3:56	39:17	19:38 (146)	M (162)	MASTER 1 M (24)	
171	55	AMADO, OSCAR		00:39:24	+9:47	3:56	39:16	19:51 (168)	M (163)	MASTER 2 M (58)	
172	203	PARADA GARCÍA, LUIS MIGUEL	EL CANARIO	00:39:26	+9:49	3:56	39:20	19:47 (157)	M (164)	MASTER 3 M (17)	
173	206	MALLO NIETO, JULIO	CLUB DEPORTIVO BRIÓN HYUPERSA	00:39:28	+9:51	3:56	39:20	20:19 (197)	M (165)	MASTER 2 M (59)	
174	147	PARRADO LOUZAO, JAVIER	CERNE	00:39:28	+9:51	3:56	39:23	19:55 (173)	M (166)	MASTER 2 M (60)	
175	627	PANIAGUA FERNANDEZ, JOSÉ LUIS	ATLETISMO FONTES DO SAR	00:39:29	+9:52	3:56	39:22	20:02 (181)	M (167)	MASTER 2 M (61)	
176	828	BOO FARIÑA, SALVADOR		00:39:30	+9:53	3:56	39:19	20:01 (179)	M (168)	MASTER 3 M (18)	
177	276	JUANATEY PÉREZ, JOSÉ ANTONIO	ATLETISMO FONTES DO SAR	00:39:31	+9:54	3:57	39:25	20:03 (182)	M (169)	MASTER 3 M (19)	
178	1571	MAYO BALDERRABANO, JUAN	CLUB ATLETISMO NOIA	00:39:34	+9:57	3:57	39:27	19:53 (171)	M (170)	MASTER 2 M (62)	
179	168	PÉREZ ÁLVAREZ, JAIME	RUN PONTEVEDRA	00:39:38	+10:01	3:57	39:29	20:30 (210)	M (171)	MASTER 3 M (20)	
180	194	BARBA MONTERO, ANTON		00:39:41	+10:04	3:58	39:35	20:18 (196)	M (172)	SENIOR M (44)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
181	1023	GONZÁLEZ PARGA, RUBÉN		00:39:42	+10:05	3:58	39:27	20:18 (194)	M (173)	MASTER 1 M (25)	
182	1635	FERNÁNDEZ DÍAZ, PABLO	CLUD ATLETISMO RIBADEO	00:39:42	+10:05	3:58	39:29	19:51 (167)	M (174)	SUB 23 M (8)	
183	814	BARREIRO CORDEIRO, JAVI	SERRES RUNNERS	00:39:42	+10:05	3:58	39:33	20:32 (215)	M (175)	MASTER 3 M (21)	
184	1483	AGRAFOJO MANTEIGA, DOMINGO	UNIVERSIDAD SANTIAGO	00:39:46	+10:09	3:58	39:41	20:01 (178)	M (176)	MASTER 1 M (26)	
185	172	MARTÍNEZ VALVERDE, CARLOS	CLUB ATLETISMO O PINO	00:39:47	+10:10	3:58	39:37	20:06 (186)	M (177)	MASTER 3 M (22)	
186	238	CABO BLANCO, CARLOS		00:39:52	+10:15	3:59	39:44	20:18 (195)	M (178)	MASTER 3 M (23)	
187	1619	RODRIGUEZ MARTIN, ISAAC	ATLETAS DE ACEA DE AMA	00:39:53	+10:16	3:59	39:40	20:11 (188)	M (179)	MASTER 2 M (63)	
188	255	ROMAY RODRIGUEZ, RICARDO	CLUB ATLETISMO SAR	00:39:53	+10:16	3:59	39:41	20:29 (207)	M (180)	MASTER 1 M (27)	
189	256	IGLESIAS CRISTOBO, ELOY	CLUB ATLETISMO SAR	00:39:53	+10:16	3:59	39:41	20:29 (206)	M (181)	MASTER 3 M (24)	
190	184	CUENCA GARCIA, FRANCISCO JOSE	CLUB ATLETISMO O PINO	00:39:54	+10:17	3:59	39:49	20:02 (180)	M (182)	MASTER 2 M (64)	
191	564	VARELA ÁLVAREZ, MIGUEL		00:39:58	+10:21	3:59	39:50	20:14 (192)	M (183)	MASTER 1 M (28)	
192	241	TAJES MAYO, JUAN JESÚS	ATLETISMO FONTES DO SAR	00:39:59	+10:22	3:59	39:51	20:10 (187)	M (184)	MASTER 3 M (25)	
193	581	RAMIRO GÓMEZ, JUAN LUIS		00:39:59	+10:22	3:59	39:51	20:36 (221)	M (185)	MASTER 1 M (29)	
194	1464	PAMPIN RIOS, PABLO	BJ RUNNING TEAM	00:40:01	+10:24	4:00	39:23	20:59 (245)	M (186)	SENIOR M (45)	
195	60	FERNÁNDEZ CARRILLO, JOSÉ MANUEL		00:40:01	+10:24	4:00	39:55	20:04 (185)	M (187)	MASTER 1 M (30)	
196	242	PÉREZ PEREIRA, RAMIRO	CLUB ATLETISMO SAR	00:40:05	+10:28	4:00	39:54	20:24 (202)	M (188)	MASTER 4 M (2)	
197	15	FRANCO BOUZA, EDGAR	TRIEUME AS PONTES	00:40:05	+10:28	4:00	39:59	19:48 (162)	M (189)	SENIOR M (46)	
198	1729	LIRE S SAVORIDO, ANDRES		00:40:09	+10:32	4:00	40:03	20:03 (184)	M (190)	SUB 23 M (9)	
199	253	PEREZ SANTAMARIA, DAVID	CLUB ATLETISMO SAR	00:40:12	+10:35	4:01	40:00	20:26 (204)	M (191)	MASTER 3 M (26)	
200	214	FERNANDEZ CASAL, MARCOS	CLUB ATLETISMO SAR	00:40:15	+10:38	4:01	40:04	20:36 (220)	M (192)	MASTER 2 M (65)	
201	235	RODRÍGUEZ FERNÁNDEZ, MARTÍN	CLUB DEPORTIVO DEPORTES EL 21	00:40:17	+10:40	4:01	39:55	20:45 (233)	M (193)	MASTER 1 M (31)	
202	631	CARLEOS MAYÁN, FRANCISCO	CORRIDA DAS CABRAS	00:40:18	+10:41	4:01	40:10	20:14 (193)	M (194)	SENIOR M (47)	
203	406	DE LA TORRE MOSTEIRO, PABLO		00:40:21	+10:44	4:02	40:14	20:31 (211)	M (195)	MASTER 1 M (32)	
204	180	PICÓN ESPIÑO, ROBERTO	CLUB TRIATLON CERVECERIA O COTON	00:40:25	+10:48	4:02	40:18	20:25 (203)	M (196)	MASTER 2 M (66)	
205	811	LADO TORRES, JOSÉ CARLOS	INCOR AUTOVIDRIO	00:40:26	+10:49	4:02	40:16	20:24 (201)	M (197)	MASTER 2 M (67)	SI (8)
206	636	DOMÍNGUEZ NEGREIRA, JAVIER		00:40:29	+10:52	4:02	40:15	20:58 (242)	M (198)	SENIOR M (48)	
207	70	PENA SUAREZ, BRAIS		00:40:30	+10:53	4:02	40:23	19:58 (177)	M (199)	SUB 20 M (7)	
208	174	CALVO CASTRO, JORGE	TRIATLON RIAS BAIXAS	00:40:31	+10:54	4:03	40:24	20:22 (199)	M (200)	SENIOR M (49)	
209	199	CAMEAN CAMEAN, ROBERTO	INCOR AUTOVIDRIO	00:40:32	+10:55	4:03	40:21	20:12 (189)	M (201)	MASTER 2 M (68)	SI (9)
210	189	RODRÍGUEZ FERNÁNDEZ, JESÚS	NOITEBRA FC	00:40:36	+10:59	4:03	40:31	20:37 (224)	M (202)	MASTER 2 M (69)	
211	576	SUÁREZ TABOADA, MANUEL		00:40:36	+10:59	4:03	40:26	20:38 (227)	M (203)	MASTER 1 M (33)	
212	232	QUINTELA VÁZQUEZ, SUSO	NOITEBRA FC	00:40:36	+10:59	4:03	40:31	20:37 (225)	M (204)	MASTER 2 M (70)	
213	599	LIJO CRUJEIRAS, ANDRES MANUEL		00:40:37	+11:00	4:03	40:17	21:12 (272)	M (205)	MASTER 2 M (71)	SI (10)
214	146	CASTIÑEIRAS PORTOS, MANUEL	SD COMPOSTELA ATLETISMO	00:40:38	+11:01	4:03	40:29	20:49 (238)	M (206)	MASTER 2 M (72)	
215	1682	HERMO VILLAR, PABLO		00:40:39	+11:02	4:03	40:32	20:29 (208)	M (207)	MASTER 2 M (73)	
216	198	LAMAS PÉREZ, ALEJANDRO	ENTRENARUNNING	00:40:39	+11:02	4:03	40:34	20:32 (213)	M (208)	MASTER 2 M (74)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
217	1674	GARCÍA LORENZO, SILVIA		00:40:40	+11:03	4:03	40:33	20:29 (209)	F (9)	MASTER 1 F (3)	
218	1404	ARES RIAL, MIGUEL		00:40:40	+11:03	4:03	40:17	21:10 (271)	M (209)	MASTER 2 M (75)	
219	567	DURAN ALVAREZ, HUGO	C.A. VETERANOS DE SAMIL	00:40:41	+11:04	4:04	40:32	20:53 (240)	M (210)	MASTER 2 M (76)	
220	566	ALONSO GARRIDO, ÁLVARO		00:40:42	+11:05	4:04	40:31	20:38 (228)	M (211)	SENIOR M (50)	
221	59	MOREIRA MARTÍNEZ, LUIS	ATLETISMO A ESTRADA	00:40:46	+11:09	4:04	40:41	20:24 (200)	M (212)	MASTER 3 M (27)	
222	608	NOYA ORDÓÑEZ, RAMÓN		00:40:48	+11:11	4:04	40:27	20:34 (217)	M (213)	MASTER 2 M (77)	
223	1431	FERNÁNDEZ FRAGA, FEDERICO		00:40:52	+11:15	4:05	40:41	20:40 (230)	M (214)	MASTER 4 M (3)	
224	221	COUSO GARCÍA, JESÚS	CLUB ATLETISMO NEGREIRA	00:40:53	+11:16	4:05	40:45	20:35 (218)	M (215)	MASTER 2 M (78)	
225	89	RIO PEREIRA, YAGO DANIEL		00:40:55	+11:18	4:05	40:50	20:27 (205)	M (216)	SUB 23 M (10)	
226	220	TRILLO CAAMAÑO, JUAN CARLOS		00:40:57	+11:20	4:05	40:48	20:37 (226)	M (217)	MASTER 2 M (79)	
227	213	MIRANDA VIEITO, JOSE MANUEL	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:41:00	+11:23	4:05	40:55	20:20 (198)	M (218)	MASTER 2 M (80)	
228	56	GARCÍA COSTA, ANXO	ASOCIACIÓN DEPORTIVA CERNE	00:41:02	+11:25	4:06	40:55	20:49 (239)	M (219)	MASTER 3 M (28)	
229	493	BLANCO GOMEZ, SAUL	CLUB ATLETISMO OUTES	00:41:02	+11:25	4:06	40:36	21:33 (299)	M (220)	SENIOR M (51)	
230	231	BUJÁN GONZÁLEZ, JOSÉ	CLUB ATLETISMO OUTES-MARISCOS	00:41:02	+11:25	4:06	40:50	20:37 (223)	M (221)	MASTER 2 M (81)	
231	575	CERQUEIRO BARREIRO, VICTOR MANUEL		00:41:04	+11:27	4:06	40:52	21:10 (269)	M (222)	MASTER 2 M (82)	
232	1512	CORRAL LÓPEZ, ANTONIO		00:41:04	+11:27	4:06	40:51	21:09 (268)	M (223)	MASTER 2 M (83)	
233	569	MACEIRAS INSUA, DANIEL		00:41:05	+11:28	4:06	40:57	21:02 (248)	M (224)	SENIOR M (52)	
234	840	BARANGA ARES, PEDRO		00:41:10	+11:33	4:06	40:57	21:03 (249)	M (225)	MASTER 2 M (84)	
235	834	PAZ MONTERO, JAVIER		00:41:12	+11:35	4:07	40:55	20:39 (229)	M (226)	MASTER 1 M (34)	
236	621	ESCALANTE PÉREZ, DAVID	NOITEBRA FC	00:41:19	+11:42	4:07	41:05	20:48 (236)	M (227)	MASTER 1 M (35)	
237	628	PÉREZ GONZÁLEZ, MARCOS	NOSPORTLIMIT	00:41:19	+11:42	4:07	41:05	21:10 (270)	M (228)	MASTER 1 M (36)	
238	557	PAJARO SALAGRE, JOSE MANUEL		00:41:20	+11:43	4:07	41:11	21:12 (273)	M (229)	MASTER 3 M (29)	SI (11)
239	1193	LAGO MOLEDO, MANUEL	CAO	00:41:20	+11:43	4:07	40:46	22:09 (341)	M (230)	MASTER 3 M (30)	
240	634	VERDES FARALDO, ALEX	BRUTANZOS TEAM	00:41:21	+11:44	4:08	41:01	21:09 (266)	M (231)	MASTER 1 M (37)	
241	418	GONZÁLEZ MARTÍNEZ, MARIA		00:41:22	+11:45	4:08	41:11	20:58 (243)	F (10)	MASTER 1 F (4)	
242	419	CASTRO MUNICIO, JAVIER		00:41:22	+11:45	4:08	41:10	20:58 (244)	M (232)	SENIOR M (53)	
243	61	ROMERO, DAVID		00:41:23	+11:46	4:08	41:12	20:46 (235)	M (233)	SENIOR M (54)	SI (12)
244	403	FERNÁNDEZ NIMO, IVAN	SERRES RUNNERS	00:41:24	+11:47	4:08	41:14	21:08 (262)	M (234)	MASTER 1 M (38)	SI (13)
245	582	RIVAS DE JESUS, SERGIO		00:41:25	+11:48	4:08	41:05	21:08 (263)	M (235)	MASTER 1 M (39)	
246	606	LUCAS PÉREZ, LUCIANO		00:41:25	+11:48	4:08	41:09	21:18 (279)	M (236)	MASTER 2 M (85)	
247	623	CASAL BARREIRO, MIGUEL ANGEL		00:41:25	+11:48	4:08	41:11	21:00 (246)	M (237)	MASTER 3 M (31)	
248	405	LUNA DOMINGUEZ, JUAN	TRIBU TRAIL	00:41:28	+11:51	4:08	41:17	20:44 (232)	M (238)	MASTER 2 M (86)	
249	268	PIÑEIRO LAMAS, RAMÓN	SD BARBANTIA RODA	00:41:30	+11:53	4:08	41:26	20:49 (237)	M (239)	MASTER 2 M (87)	
250	18	VILA PORTO, JAVIER	RUNNERS PONTAKAS VIGO	00:41:31	+11:54	4:09	41:23	21:01 (247)	M (240)	SENIOR M (55)	
251	24	SEGADE SUAREZ, CANDIDO		00:41:33	+11:56	4:09	41:17	20:36 (222)	M (241)	MASTER 2 M (88)	SI (14)
252	239	CARBIA MENDEZ, JUAN LUIS		00:41:35	+11:58	4:09	41:24	21:09 (265)	M (242)	MASTER 2 M (89)	



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
253	402	CAMPO REGUEIRO, FERNANDO	MURUM ATLETICA	00:41:36	+11:59	4:09	41:28	20:35 (219)	M (243)	MASTER 1 M (40)	
254	244	BOUZAS FERNÁNDEZ, MIGUEL		00:41:39	+12:02	4:09	41:33	20:31 (212)	M (244)	SENIOR M (56)	
255	1540	ACUÑA VIEITES, IAGO	CD PINARIUM	00:41:40	+12:03	4:09	41:27	21:26 (291)	M (245)	SENIOR M (57)	
256	1528	FERNANDEZ-COUTO ALVAREZ, MIGUEL		00:41:42	+12:05	4:10	41:20	20:45 (234)	M (246)	SUB 23 M (11)	
257	578	MATA TORREIRA, JUANMA	ATLETISMO FONTES DO SAR	00:41:44	+12:07	4:10	41:27	21:32 (297)	M (247)	MASTER 3 M (32)	
258	197	NOAL SANLÉS, DANIEL	SAUDESPT	00:41:45	+12:08	4:10	41:40	21:04 (251)	M (248)	MASTER 1 M (41)	SI (15)
259	195	DE LA TORRE GARCIA, PACO		00:41:46	+12:09	4:10	41:37	21:05 (253)	M (249)	MASTER 3 M (33)	SI (16)
260	216	CEPEDA GACIO, FRANCISCO JAVIER	SD COMPOSTELA ATLETISMO	00:41:47	+12:10	4:10	41:39	21:18 (280)	M (250)	MASTER 4 M (4)	
261	143	FERNANDEZ GOMEZ, RAIMUNDO		00:41:49	+12:12	4:10	41:44	20:42 (231)	M (251)	MASTER 2 M (90)	
262	610	IGLESIAS VIGO, JAVIER	TRIBU TRAIL	00:41:50	+12:13	4:10	41:30	21:56 (323)	M (252)	MASTER 1 M (42)	
263	500	VARELA MARZOA, JOSÉ ANTIO		00:41:51	+12:14	4:11	41:32	21:35 (302)	M (253)	MASTER 3 M (34)	
264	37	RODRÍGUEZ FERNANDEZ, MANUEL	KURAI	00:41:51	+12:14	4:11	41:42	21:55 (322)	M (254)	MASTER 2 M (91)	
265	58	FERNÁNDEZ EIRAS, ERNESTO MANUEL	C.A. OUTES	00:41:53	+12:16	4:11	41:44	20:57 (241)	M (255)	MASTER 3 M (35)	
266	1144	PIÑEIRO ABEIJON, BENITO		00:41:53	+12:16	4:11	41:40	21:16 (275)	M (256)	MASTER 2 M (92)	
267	589	MARTINÓN MARTÍNEZ, JESÚS		00:41:53	+12:16	4:11	41:35	21:09 (267)	M (257)	SENIOR M (58)	
268	1742	COSTA GONZALEZ, ALEJANDRO		00:41:53	+12:16	4:11	41:38	21:38 (305)	M (258)	MASTER 3 M (36)	
269	706	BARCA TAIBO, IVÁN	C.D. BIOSBARDO	00:41:54	+12:17	4:11	41:35	21:19 (282)	M (259)	MASTER 2 M (93)	
270	438	ALVES SEIJAS, JOSE GALDINO		00:41:55	+12:18	4:11	41:39	21:20 (287)	M (260)	SENIOR M (59)	
271	587	EMPRESA, GV SPORTS		00:41:56	+12:19	4:11	41:47	21:19 (283)	M (261)	MASTER 2 M (94)	
272	417	SARABANDO GAFANHA, MIGUEL		00:41:58	+12:21	4:11	41:49	21:05 (255)	M (262)	MASTER 2 M (95)	
273	646	ABALO PARDAL, JUAN JOSÉ		00:41:59	+12:22	4:11	41:37	21:08 (264)	M (263)	MASTER 1 M (43)	
274	1514	ANDRADE, DANI	CLUB DEPORTIVO BRIÓN HYUPERSA	00:41:59	+12:22	4:11	41:37	21:17 (277)	M (264)	MASTER 1 M (44)	
275	1557	GONZALEZ REDONDO, ENRIQUE		00:42:01	+12:24	4:12	41:52	21:06 (259)	M (265)	MASTER 2 M (96)	
276	423	GÓMEZ RAPOSO, EDUARDO		00:42:03	+12:26	4:12	41:55	21:05 (257)	M (266)	MASTER 2 M (97)	
277	208	RODRÍGUEZ FERNÁNDEZ, JULIO	CLUB TRIBU TRAIL	00:42:04	+12:27	4:12	41:53	21:08 (261)	M (267)	MASTER 2 M (98)	
278	230	TRIÑANES VIDAL, QUIQUE		00:42:06	+12:29	4:12	41:56	21:04 (250)	M (268)	MASTER 2 M (99)	SI (17)
279	598	LÓPEZ EIROA, ALDÁN		00:42:08	+12:31	4:12	41:56	21:16 (276)	M (269)	SENIOR M (60)	
280	187	SUSO SÁNCHEZ, DANIEL	SONS OF POSEIDON	00:42:10	+12:33	4:12	41:58	21:20 (285)	M (270)	SENIOR M (61)	
281	425	FORMOSO RECAREY, ALEJANDRA	TRIKI TEAM	00:42:11	+12:34	4:13	42:07	21:13 (274)	F (11)	SUB 20 F (1)	
282	40	DOPAZO LOUZAN, JAVIER	RUN PONTEVEDRA	00:42:12	+12:35	4:13	42:02	21:23 (289)	M (271)	MASTER 3 M (37)	
283	683	LÓPEZ ABRAIRA, CARLOS		00:42:14	+12:37	4:13	42:00	21:18 (281)	M (272)	MASTER 2 M (100)	
284	201	RODRÍGUEZ PIMENTEL, PATRICK		00:42:14	+12:37	4:13	41:38	22:29 (369)	M (273)	MASTER 1 M (45)	
285	57	BRIÓN SAMPEDRO, CARLOS	BRIONLETEAM	00:42:14	+12:37	4:13	42:00	21:17 (278)	M (274)	SENIOR M (62)	
286	432	RIVEIRO MOLEDO, SEGUNDO MANUEL	CLUB ATLETISMO NOIA	00:42:16	+12:39	4:13	42:00	21:41 (308)	M (275)	MASTER 3 M (38)	
287	718	DIÉGUEZ GONZÁLEZ, BRUNO		00:42:16	+12:39	4:13	42:01	22:07 (338)	M (276)	SENIOR M (63)	
288	178	CASAS FERNÁNDEZ, IVAN	CLUB ATLETISMO TAMBRE	00:42:19	+12:42	4:13	42:14	20:33 (216)	M (277)	SUB 18 M (6)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
289	812	FERREIRO LÓPEZ, JUAN	CLUB ATLETISMO TAMBRE	00:42:19	+12:42	4:13	42:04	21:21 (288)	M (278)	MASTER 3 M (39)	
290	23	PÉREZ FERNÁNDEZ, BRAIS	CLUB ATLETISMO TAMBRE	00:42:19	+12:42	4:13	42:17	20:13 (191)	M (279)	SUB 23 M (12)	
291	430	RIBEIRO DIAS, MARIA CRISTINA		00:42:20	+12:43	4:13	42:03	21:59 (328)	F (12)	MASTER 2 F (2)	
292	520	JUNCAL, GUILLERMO		00:42:20	+12:43	4:13	42:07	21:26 (292)	M (280)	SENIOR M (64)	
293	407	GÓMEZ GÓMEZ, PABLO	CLUB ATLETISMO NOIA	00:42:23	+12:46	4:14	42:15	21:04 (252)	M (281)	MASTER 2 M (101)	
294	615	FERNANDEZ TOME, JUAN		00:42:23	+12:46	4:14	42:11	21:42 (309)	M (282)	MASTER 3 M (40)	
295	620	NEGREIRA FERNÁNDEZ, DENIS		00:42:24	+12:47	4:14	42:15	22:08 (340)	M (283)	MASTER 2 M (102)	
296	821	PEREZ PETISCO, PABLO		00:42:25	+12:48	4:14	42:16	21:05 (254)	M (284)	MASTER 1 M (46)	SI (18)
297	42	ZAERA MAYO, MARCOS	GLOBAL SPORT CLUB	00:42:25	+12:48	4:14	42:19	21:52 (321)	M (285)	MASTER 1 M (47)	
298	420	RAMOS VALE, LUIS	OS CORZOS DO ORTEGAL	00:42:26	+12:49	4:14	42:06	22:01 (333)	M (286)	SENIOR M (65)	
299	600	VILA SANTOS, LAURA	SAUDE SPORT BARBANZA	00:42:26	+12:49	4:14	42:10	21:34 (301)	F (13)	SENIOR F (3)	SI (1)
300	226	GONZALEZ MUIÑOS, ALEJANDRO	GLOBAL SPORT CLUB	00:42:27	+12:50	4:14	42:20	21:51 (320)	M (287)	SENIOR M (66)	
301	1249	PÉREZ DIOS, IAGO	CD OLD PEAK	00:42:27	+12:50	4:14	42:04	21:38 (306)	M (288)	SENIOR M (67)	
302	243	BLANCO REY, VANESA	CLUB ATLETISMO NOIA	00:42:28	+12:51	4:14	42:19	21:43 (310)	F (14)	MASTER 2 F (3)	
303	563	PAZ CALO, JORGE		00:42:30	+12:53	4:14	42:12	21:26 (294)	M (289)	MASTER 2 M (103)	
304	440	DOVAL SANCHEZ, RAUL	K2 ORDES	00:42:30	+12:53	4:14	42:22	21:05 (258)	M (290)	MASTER 2 M (104)	
305	225	FIGUEIRAS LORENZO, EDUARDO	EL CANARIO	00:42:32	+12:55	4:15	42:27	20:32 (214)	M (291)	SENIOR M (68)	
306	1283	CASALDERREY ESPERÓN, RAÚL		00:42:33	+12:56	4:15	41:52	22:47 (389)	M (292)	SUB 23 M (13)	
307	560	AGRASAR CES, MARTIN	C.P.C TOXO	00:42:33	+12:56	4:15	42:13	21:43 (312)	M (293)	MASTER 1 M (48)	SI (19)
308	775	CARREÑO GONZÁLEZ, MARTÍN		00:42:38	+13:01	4:15	42:22	22:10 (342)	M (294)	SUB 23 M (14)	
309	817	RICOY ALONSO, JUAN	RUNNING LUSEKELO	00:42:39	+13:02	4:15	42:16	22:01 (331)	M (295)	MASTER 2 M (105)	
310	728	GUTIÉRREZ PRIETO, FERNANDO		00:42:42	+13:05	4:16	42:30	21:36 (303)	M (296)	MASTER 1 M (49)	
311	223	IGLESIAS RODRÍGUEZ, HUGO		00:42:44	+13:07	4:16	42:33	21:20 (286)	M (297)	SENIOR M (69)	
312	770	VILLAR MARTINEZ, PAULINO	CMD VERTICE	00:42:45	+13:08	4:16	42:20	22:17 (350)	M (298)	MASTER 1 M (50)	SI (20)
313	1484	SENRA MARTINEZ, IRIA	CLUB ATLETISMO TAMBRE	00:42:46	+13:09	4:16	42:33	21:43 (311)	F (15)	SENIOR F (4)	
314	233	MONTANÉ LÓPEZ, JAVIER	S. D. BARBANTIA RODA	00:42:48	+13:11	4:16	42:39	21:26 (293)	M (299)	MASTER 2 M (106)	
315	1582	QUEIRUGA TORRES, ALBERTO	INCOR AUTOVIDRIO	00:42:51	+13:14	4:17	42:30	21:36 (304)	M (300)	MASTER 2 M (107)	SI (21)
316	129	SENRA MARTINEZ, DAVID	CLUB ATLETISMO TAMBRE	00:42:51	+13:14	4:17	42:46	19:42 (152)	M (301)	SENIOR M (70)	
317	1473	CABANAS SANCHEZ, FRANCISCO	NOSPORTLIMIT	00:42:53	+13:16	4:17	42:18	22:07 (339)	M (302)	MASTER 1 M (51)	
318	435	OUJO POUZO, LUCHO		00:42:55	+13:18	4:17	42:28	22:33 (375)	M (303)	MASTER 3 M (41)	SI (22)
319	47	VILA PORTO, YONATAN	RUNNERS PONTAKAS VIGO	00:42:56	+13:19	4:17	42:43	21:44 (313)	M (304)	MASTER 1 M (52)	
320	593	PAZ TORRES, FERNANDO	SD COMPOSTELA ATLETISMO	00:42:58	+13:21	4:17	42:41	22:25 (362)	M (305)	MASTER 3 M (42)	
321	1383	SEOANE CHAS, JOSE MANUEL	CA BETANZOS	00:42:58	+13:21	4:17	42:42	22:12 (343)	M (306)	MASTER 4 M (5)	
322	629	MEJUTO FERNANDEZ, NURIA	SD COMPOSTELA ATLETISMO	00:42:58	+13:21	4:17	42:41	21:45 (315)	F (16)	SENIOR F (5)	
323	275	VARELA ALVAREZ, LAUREANO	SD COMPOSTELA ATLETISMO	00:42:58	+13:21	4:17	42:41	21:44 (314)	M (307)	MASTER 2 M (108)	
324	1527	FERNANDEZ-COUTO ALVAREZ, CLAUDIA		00:42:59	+13:22	4:17	42:38	21:40 (307)	F (17)	SENIOR F (6)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
325	574	PARDO LÓPEZ, XOSÉ MANUEL	CLUB ATLETISMO OUTES	00:43:02	+13:25	4:18	42:35	22:25 (363)	M (308)	MASTER 3 M (43)	
326	643	FERNANDEZ DOMINGUEZ, ALFONSO		00:43:04	+13:27	4:18	42:58	21:46 (317)	M (309)	MASTER 2 M (109)	
327	454	RAMOS LEIS, ANDREIA	ATLETISMO FONTES DO SAR	00:43:05	+13:28	4:18	42:47	21:56 (324)	F (18)	MASTER 2 F (4)	
328	1388	GONZALEZ CASTRO, LUIS MANUEL		00:43:11	+13:34	4:19	41:49	22:48 (391)	M (310)	SENIOR M (71)	
329	584	MIGUEZ MIGUEZ, LUIS	SD COMPOSTELA ATLETISMO	00:43:12	+13:35	4:19	43:03	21:32 (296)	M (311)	MASTER 2 M (110)	
330	630	PARADA MINIÑO, JESUS	ÑU DA RIA	00:43:21	+13:44	4:20	43:00	22:38 (382)	M (312)	MASTER 2 M (111)	
331	413	IGLESIAS VAZQUEZ, MANUEL		00:43:23	+13:46	4:20	43:12	21:23 (290)	M (313)	MASTER 2 M (112)	
332	556	MAYO CAAMAÑO, JOSÉ ANTONIO	CLUB ATLETISMO OUTES	00:43:25	+13:48	4:20	43:06	22:13 (346)	M (314)	MASTER 3 M (44)	
333	815	BARGO PEREZ, JOSÉ MANUEL	CLUB ATLETISMO LOUSAME	00:43:26	+13:49	4:20	43:15	21:07 (260)	M (315)	MASTER 1 M (53)	
334	69	RODRÍGUEZ GIL, XIL		00:43:27	+13:50	4:20	43:26	21:50 (318)	M (316)	MASTER 3 M (45)	
335	704	FONTANS SEBE, MARCOS	ATLETISMO CUNTIS	00:43:29	+13:52	4:20	43:17	22:42 (386)	M (317)	MASTER 2 M (113)	
336	404	PEREIRA REDONDO, JUAN CARLOS		00:43:39	+14:02	4:21	43:30	21:57 (325)	M (318)	MASTER 3 M (46)	
337	649	BOUZÁN CUMPLIDO, FERNÁN		00:43:40	+14:03	4:21	43:06	21:50 (319)	M (319)	SENIOR M (72)	
338	509	FREIRE GONZALEZ, MANUEL		00:43:42	+14:05	4:22	43:26	21:30 (295)	M (320)	MASTER 2 M (114)	
339	654	COLLAZO LORENZO, FRANC	AMES ATLETISMO SAVANTE	00:43:42	+14:05	4:22	43:31	22:01 (330)	M (321)	MASTER 3 M (47)	
340	75	BUIDE, ROBERTO	MONTE SEGADE	00:43:43	+14:06	4:22	43:39	22:01 (329)	M (322)	MASTER 3 M (48)	
341	270	PRESNO GARCÍA, ANDRÉS	CLUB TRIATLON COMPOSTELA	00:43:44	+14:07	4:22	43:27	21:32 (298)	M (323)	SENIOR M (73)	
342	648	MONTES TEIJIDO, ROBERTO	C.A. OUTES	00:43:44	+14:07	4:22	43:23	22:04 (334)	M (324)	MASTER 2 M (115)	
343	515	CASAL GARCÍA, MARÍA		00:43:47	+14:10	4:22	43:34	22:18 (353)	F (19)	MASTER 1 F (5)	
344	555	FERNÁNDEZ VIDAL, PORFIRIO	CLUB ATLETISMO CAMBADOS	00:43:47	+14:10	4:22	43:34	22:17 (352)	M (325)	MASTER 1 M (54)	
345	65	SOLIS POSE, IVAN	SD COMPOSTELA ATLETISMO	00:43:49	+14:12	4:22	43:40	21:45 (316)	M (326)	MASTER 1 M (55)	
346	1398	ROGET PEREZ, FELIX		00:43:50	+14:13	4:22	43:03	22:34 (377)	M (327)	MASTER 2 M (116)	
347	473	REY AGRELO, JOSÉ RAMIRO	CLUB ATLETISMO LOUSAME	00:43:51	+14:14	4:23	43:15	22:38 (381)	M (328)	MASTER 2 M (117)	
348	585	QUEIRO BLANCO, MANUEL		00:43:51	+14:14	4:23	43:34	22:21 (356)	M (329)	SENIOR M (74)	
349	666	DOMÍNGUEZ OTERO, JOSE	ATLETISMO FONTES DO SAR	00:43:52	+14:15	4:23	43:35	22:43 (388)	M (330)	MASTER 2 M (118)	
350	554	MARTINON, JOSE		00:43:56	+14:19	4:23	43:37	23:03 (406)	M (331)	SENIOR M (75)	
351	1688	RODRIGUEZ POUSO, LITO	SINSON CD	00:43:58	+14:21	4:23	43:48	21:20 (284)	M (332)	MASTER 2 M (119)	
352	433	LAREO CREO, DANIEL	CLUB ATLETISMO NOIA	00:43:58	+14:21	4:23	43:43	22:06 (337)	M (333)	MASTER 2 M (120)	
353	644	TUBÍO AGEITOS, ALBERTO		00:43:59	+14:22	4:23	43:23	23:14 (431)	M (334)	SUB 23 M (15)	
354	441	MARTINEZ GAGO, ENRIQUE	ATLETISMO +9 MORAÑA	00:43:59	+14:22	4:23	43:44	22:31 (371)	M (335)	MASTER 3 M (49)	
355	739	VENTOSO TORRES, AARÓN		00:43:59	+14:22	4:23	43:48	21:57 (326)	M (336)	SENIOR M (76)	SI (23)
356	632	VIAÑO LORENZO, PABLO		00:44:00	+14:23	4:23	43:41	22:27 (364)	M (337)	MASTER 2 M (121)	
357	1653	SILVA GARCIA, FERNANDO	CLUBE ATLETISMO SERRES RUNNERS	00:44:01	+14:24	4:24	43:34	23:14 (430)	M (338)	MASTER 2 M (122)	
358	445	RAMIL RODRÍGUEZ, SEBASTIÁN	OS CORZOS DO ORTEGAL	00:44:01	+14:24	4:24	43:47	22:17 (351)	M (339)	SENIOR M (77)	
359	426	LÓPEZ REBOLLIDO, JULIA	KURAI	00:44:02	+14:25	4:24	43:53	22:01 (332)	F (20)	SENIOR F (7)	
360	591	LATA RIOS, DAVID		00:44:02	+14:25	4:24	43:47	21:57 (327)	M (340)	SENIOR M (78)	



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
361	693	MOURE, CARLOS		00:44:03	+14:26	4:24	43:39	22:58 (400)	M (341)	SENIOR M (79)	
362	594	CAMPAÑA, ADRIÁN		00:44:06	+14:29	4:24	44:05	22:20 (355)	M (342)	SENIOR M (80)	
363	562	VIDAL CASTRO, ERNESTO	RUNNING LUSEKELO	00:44:06	+14:29	4:24	43:43	22:37 (380)	M (343)	MASTER 3 M (50)	
364	456	MODIA CARIDAD, ADRIANA	ATLETISMO RIAZOR	00:44:08	+14:31	4:24	43:55	22:05 (336)	F (21)	SENIOR F (8)	
365	809	POSE PEREZ, JALI		00:44:08	+14:31	4:24	43:43	23:06 (412)	M (344)	MASTER 1 M (56)	
366	614	SEOANE TORREIRO, CRISTÓBAL DAMIÁN		00:44:15	+14:38	4:25	43:59	21:05 (256)	M (345)	SENIOR M (81)	
367	680	FERNÁNDEZ MEIRAMA, DAVID	CLUB ATLETISMO SADA	00:44:16	+14:39	4:25	43:54	22:58 (402)	M (346)	MASTER 2 M (123)	
368	271	CIGÜENZA GESTOSO, JOSÉ IGNACIO		00:44:17	+14:40	4:25	44:11	21:34 (300)	M (347)	MASTER 2 M (124)	
369	731	GALBÁN CES, ALEJANDRO		00:44:17	+14:40	4:25	43:57	23:03 (405)	M (348)	SENIOR M (82)	
370	1581	PIÑEIRO REY, ARTURO	SD BARBANTIA RODA	00:44:17	+14:40	4:25	43:14	23:24 (441)	M (349)	MASTER 3 M (51)	
371	639	BOULLOSA BERNARDEZ, ELISA	MASQUENTRENOS	00:44:18	+14:41	4:25	44:04	22:28 (367)	F (22)	MASTER 1 F (6)	
372	640	BUSTELO CATOIRA, CARLOS	MASQUENTRENOS	00:44:18	+14:41	4:25	44:05	22:28 (366)	M (350)	MASTER 2 M (125)	
373	1561	AGEITOS SANLES, FERNANDO	INCOR AUTOVIDRIO	00:44:20	+14:43	4:25	44:00	22:33 (376)	M (351)	MASTER 2 M (126)	
374	30	BUJAN SANTOS, EDUARDO		00:44:21	+14:44	4:26	44:08	22:17 (349)	M (352)	MASTER 2 M (127)	
375	635	MUÑIZ LESTA, ALBA	CLUB ATLETISMO TAMBRE	00:44:22	+14:45	4:26	44:06	22:12 (344)	F (23)	SUB 23 F (1)	
376	749	MARTÍNEZ MERA, ANDRÉS		00:44:23	+14:46	4:26	43:58	22:37 (379)	M (353)	SENIOR M (83)	
377	467	BLANCO FIGUEIRIDO, MARCOS ANTONIO	C.A. OUTES	00:44:26	+14:49	4:26	44:04	22:56 (398)	M (354)	MASTER 3 M (52)	
378	577	FERNÁNDEZ ROSALES, JUAN	POR AMOR AL ARTE	00:44:27	+14:50	4:26	44:10	22:04 (335)	M (355)	SENIOR M (84)	
379	461	LIÑARES BARREIRO, CARLA CAROLINA		00:44:29	+14:52	4:26	44:10	22:22 (357)	F (24)	MASTER 1 F (7)	SI (2)
380	1354	CARBALLAS REBOREDO, DAVID		00:44:31	+14:54	4:27	43:53	23:08 (417)	M (356)	MASTER 2 M (128)	
381	713	AMADO FERNÁNDEZ, LAURA		00:44:33	+14:56	4:27	44:18	22:40 (383)	F (25)	SENIOR F (9)	
382	709	PÉREZ SABORIDO, MARTIN	S.D. BARBANTIA RODA	00:44:33	+14:56	4:27	44:12	22:32 (373)	M (357)	SENIOR M (85)	
383	726	LIJO VIDAL, PEPE		00:44:33	+14:56	4:27	44:14	23:28 (447)	M (358)	SENIOR M (86)	
384	839	DA SILVA LIMA, ANTONIO LUIS		00:44:34	+14:57	4:27	44:20	22:24 (359)	M (359)	MASTER 3 M (53)	
385	1559	DÍAZ ARES, MIGUEL		00:44:35	+14:58	4:27	44:11	22:58 (401)	M (360)	SENIOR M (87)	
386	1382	SANTOS ALONSO, JOSÉ		00:44:36	+14:59	4:27	43:53	23:12 (424)	M (361)	MASTER 1 M (57)	SI (24)
387	795	MAYO AGRAFOJO, MARCOS	CLUB DEPORTIVO BRIÓN HYUPERSA	00:44:38	+15:01	4:27	44:11	23:03 (404)	M (362)	MASTER 2 M (129)	
388	481	GOMEZ CHAS, MARTÍN	GLOBAL SPORT CLUB	00:44:40	+15:03	4:27	44:21	23:10 (421)	M (363)	SENIOR M (88)	
389	1501	CAMINO MARTÍNEZ, PABLO		00:44:40	+15:03	4:27	43:26	23:53 (486)	M (364)	MASTER 2 M (130)	
390	254	LÓPEZ FERNÁNDEZ, JOSÉ ANTONIO	CLUB ATLETISMO OUTES-MARISCOS	00:44:40	+15:03	4:27	44:06	22:40 (384)	M (365)	MASTER 3 M (54)	
391	586	SOUTO GARCÍA, PAULA	GLOBAL SPORT CLUB	00:44:40	+15:03	4:27	44:21	23:10 (419)	F (26)	MASTER 1 F (8)	
392	498	TEIJEIRO ENRIQUE, MARTIN		00:44:41	+15:04	4:28	44:22	22:36 (378)	M (366)	MASTER 1 M (58)	
393	422	BUGALLO DEL PUERTO, IVÁN	CLUB ATLETISMO LOUSAME	00:44:41	+15:04	4:28	44:28	22:41 (385)	M (367)	MASTER 2 M (131)	
394	995	PORTALS CAAMAÑO, JOSE HIGINIO	PORTOPIOLLO	00:44:44	+15:07	4:28	44:30	22:42 (387)	M (368)	MASTER 2 M (132)	
395	411	GARCIA ROMERO, JOSÉ MANUEL		00:44:46	+15:09	4:28	44:30	22:24 (360)	M (369)	SENIOR M (89)	
396	480	CEBEY LAMAS, SERGIO		00:44:46	+15:09	4:28	44:31	22:24 (358)	M (370)	SENIOR M (90)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
397	580	SOLETO CEREIJO, SANTIAGO	CLUB TRIATLON COMPOSTELA	00:44:46	+15:09	4:28	44:30	22:52 (393)	M (371)	MASTER 3 M (55)	
398	625	BOUZAS TOREA, FRANCISCO		00:44:48	+15:11	4:28	44:24	23:36 (458)	M (372)	SENIOR M (91)	
399	609	DEL RÍO NOYA, JOSÉ MANUEL		00:44:48	+15:11	4:28	44:26	22:51 (392)	M (373)	MASTER 3 M (56)	
400	1598	SANGUIAO MIGUELEZ, RUBEN		00:44:50	+15:13	4:28	44:18	22:58 (399)	M (374)	MASTER 2 M (133)	
401	540	GARCIA IGLESIAS, DAVID	BJ RUNNING	00:44:51	+15:14	4:29	44:28	22:30 (370)	M (375)	MASTER 2 M (134)	
402	48	GÓMEZ CAAMAÑO, ELADIO		00:44:51	+15:14	4:29	44:43	22:14 (347)	M (376)	SENIOR M (92)	
403	431	ABEIJÓN ROMERO, PABLO		00:44:52	+15:15	4:29	44:41	22:28 (365)	M (377)	MASTER 1 M (59)	SI (25)
404	64	ALCALDE RIAL, MARIO		00:44:56	+15:19	4:29	44:48	22:13 (345)	M (378)	SUB 18 M (7)	
405	667	MOURIÑO ROMANÍ, MANUEL	CLUB ATLETISMO OUTES	00:44:57	+15:20	4:29	44:26	23:14 (428)	M (379)	MASTER 3 M (57)	
406	592	GARCÍA ALONSO, ADOLFO	CLUB DEPORTIVO INCLUSIVO ENKI	00:44:58	+15:21	4:29	44:32	23:25 (443)	M (380)	MASTER 2 M (135)	
407	607	NÚÑEZ AMADO, ALEJANDRA	CLUB ATLETISMO TAMBRE	00:44:59	+15:22	4:29	44:44	22:19 (354)	F (27)	SENIOR F (10)	
408	638	LIMA MOYA, LUIS		00:45:01	+15:24	4:30	44:49	22:32 (372)	M (381)	SENIOR M (93)	
409	650	REY PAULOS, MANUEL JOSE		00:45:01	+15:24	4:30	44:50	23:00 (403)	M (382)	MASTER 4 M (6)	
410	482	RODRIGUEZ GONZALEZ, ALVARO	SD COMPOSTELA ATLETISMO	00:45:01	+15:24	4:30	44:51	22:24 (361)	M (383)	MASTER 3 M (58)	
411	715	GARCÍA VENTOSO, DANIEL		00:45:06	+15:29	4:30	44:54	22:33 (374)	M (384)	SENIOR M (94)	SI (26)
412	1708	MARTINEZ ORDOÑEZ, MARIO		00:45:06	+15:29	4:30	44:10	23:12 (423)	M (385)	SENIOR M (95)	
413	618	BALADO MOSQUERA, SERGIO ANGEL	CLUB ATLETISMO SAR	00:45:07	+15:30	4:30	44:54	23:07 (413)	M (386)	MASTER 3 M (59)	
414	447	MARTÍNEZ SAYAR, MANUEL	MORAÑA EN RUTA	00:45:08	+15:31	4:30	44:51	22:56 (397)	M (387)	MASTER 1 M (60)	
415	458	CASTRO CASTRO, ANGEL LUIS		00:45:10	+15:33	4:30	44:53	22:47 (390)	M (388)	MASTER 2 M (136)	
416	679	VARELA PAJARO, JOSE	RUNNERS CRUCES	00:45:12	+15:35	4:31	44:37	23:21 (439)	M (389)	MASTER 3 M (60)	
417	818	LESTAYO GARCIA, ALAIN		00:45:14	+15:37	4:31	44:57	23:06 (411)	M (390)	MASTER 1 M (61)	
418	801	EIRIS ALVAREZ, DIEGO		00:45:15	+15:38	4:31	44:55	23:04 (407)	M (391)	MASTER 1 M (62)	
419	694	BIELSA GARCÍA, RAFAEL		00:45:16	+15:39	4:31	44:39	23:21 (438)	M (392)	MASTER 1 M (63)	
420	796	LAGO FERNÁNDEZ, ROBERTO CARLOS		00:45:17	+15:40	4:31	44:48	23:51 (479)	M (393)	MASTER 2 M (137)	
421	714	ABEIJÓN COSTA, FRANCISCO		00:45:19	+15:42	4:31	44:54	23:31 (453)	M (394)	MASTER 3 M (61)	
422	427	ARGIBAY PEREZ, MANUEL	ESCOLA ATLETISMO DEZA	00:45:19	+15:42	4:31	45:00	23:29 (448)	M (395)	MASTER 3 M (62)	
423	2356	OCAMPO REY, MIGUEL ANGEL		00:45:22	+15:45	4:32	44:34	24:19 (532)	M (396)	MASTER 3 M (63)	
424	1642	VÁZQUEZ GONZÁLEZ, MARTA		00:45:24	+15:47	4:32	44:57	23:35 (456)	F (28)	SENIOR F (11)	SI (3)
425	1301	AGRA RAMOS, DAVID		00:45:25	+15:48	4:32	44:50	23:31 (451)	M (397)	SENIOR M (96)	
426	204	LOPEZ SANCHEZ, DAVID	TARTARUGAS	00:45:27	+15:50	4:32	44:58	24:06 (505)	M (398)	MASTER 2 M (138)	
427	1351	FACAL MOLINA, FERNANDO		00:45:27	+15:50	4:32	44:56	23:17 (434)	M (399)	SENIOR M (97)	
428	572	SILVA CÉSAR, CARLOS	CLUB ATLETISMO USC	00:45:27	+15:50	4:32	45:00	23:07 (415)	M (400)	MASTER 3 M (64)	
429	536	VARELA PEREZ, MIGUEL ANGEL		00:45:27	+15:50	4:32	45:01	23:08 (418)	M (401)	MASTER 3 M (65)	
430	1278	BEN LOPEZ, MARCOS	TARTARUGAS	00:45:28	+15:51	4:32	44:58	24:06 (504)	M (402)	SUB 20 M (8)	
431	479	ATÁN RODRIGUEZ, BANESA	SERRES RUNNERS	00:45:29	+15:52	4:32	45:20	22:53 (394)	F (29)	MASTER 1 F (9)	
432	968	ADARRAGA GÓMEZ, JAVIER		00:45:31	+15:54	4:33	44:51	23:58 (490)	M (403)	SENIOR M (98)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
433	692	BLANCO VÁZQUEZ, ÁNGEL		00:45:35	+15:58	4:33	45:12	23:37 (462)	M (404)	MASTER 2 M (139)	
434	229	LORENZO FIGUEIRAS, LORENA		00:45:35	+15:58	4:33	45:25	23:13 (427)	F (30)	MASTER 2 F (5)	SI (4)
435	633	TRIGO BAO, MANUEL	CDM VERTICE	00:45:36	+15:59	4:33	45:24	22:55 (395)	M (405)	MASTER 3 M (66)	
436	717	VILLAR GONZÁLEZ, SARA		00:45:37	+16:00	4:33	45:26	23:04 (408)	F (31)	SUB 23 F (2)	
437	503	DOVAL IGLESIAS, IAGO		00:45:38	+16:01	4:33	45:26	23:04 (409)	M (406)	SENIOR M (99)	
438	1353	GARCIA PEREZ, ALEJANDRO		00:45:40	+16:03	4:33	45:01	23:10 (420)	M (407)	SENIOR M (100)	
439	1376	PEDROSA PEDROSA, RUBÉN		00:45:42	+16:05	4:34	45:06	24:12 (517)	M (408)	SENIOR M (101)	
440	448	GARCÍA FOJO, AIALA	ATLETISMO +9 MORAÑA	00:45:47	+16:10	4:34	45:35	22:14 (348)	F (32)	SUB 18 F (1)	
441	1051	BARRAL VARELA, JUAN JESUS	CLUB DEPORTIVO BRIÓN HYUPERSA	00:45:48	+16:11	4:34	45:23	24:00 (495)	M (409)	MASTER 3 M (67)	
442	114	VIDAL GONZÁLEZ, JOSÉ ANTONIO	CLUB DEPORTIVO BRIÓN HYUPERSA	00:45:48	+16:11	4:34	45:22	24:00 (495)	M (410)	MASTER 2 M (140)	
443	605	RODRIGUEZ FRAMIL, ALFONSO	NOITEBRA FC	00:45:50	+16:13	4:34	45:32	23:11 (422)	M (411)	MASTER 2 M (141)	
444	490	SUEIRO TRIGO, PABLO		00:45:56	+16:19	4:35	45:28	23:53 (484)	M (412)	MASTER 2 M (142)	
445	477	LOJO, MIGUEL		00:45:57	+16:20	4:35	45:32	23:13 (425)	M (413)	SUB 23 M (16)	
446	478	LOJO, JUAN		00:45:57	+16:20	4:35	45:32	23:13 (426)	M (414)	MASTER 3 M (68)	
447	702	TAJES CANOSA, LUIS		00:46:00	+16:23	4:35	44:41	24:12 (514)	M (415)	MASTER 2 M (143)	
448	668	LEYVA IGLESIAS, MANUEL	RAMBLER RUNNER	00:46:01	+16:24	4:36	45:39	23:25 (442)	M (416)	MASTER 3 M (69)	
449	466	ALBORES DIAZ, JOSÉ MANUEL	C.A. OUTES	00:46:03	+16:26	4:36	45:41	23:14 (429)	M (417)	MASTER 4 M (7)	
450	719	SOBRINO BRAVO, PABLO	BRUTANZOS TEAM	00:46:06	+16:29	4:36	45:35	23:36 (459)	M (418)	MASTER 2 M (144)	
451	1508	BUÑUEL, ARNAU		00:46:08	+16:31	4:36	45:15	24:40 (575)	M (419)	SENIOR M (102)	
452	1262	CASAL SANTOS, MARCOS		00:46:08	+16:31	4:36	45:38	23:58 (491)	M (420)	MASTER 2 M (145)	
453	1244	ROMERO GACIÑO, CARLOS		00:46:09	+16:32	4:36	45:20	24:18 (529)	M (421)	MASTER 2 M (146)	
454	487	FOLGAR BREA, ESTEBAN	CHORIMA	00:46:10	+16:33	4:36	45:49	23:16 (432)	M (422)	MASTER 2 M (147)	
455	611	CONDE PEREIRA, ANGEL		00:46:10	+16:33	4:36	45:55	23:37 (464)	M (423)	MASTER 3 M (70)	
456	799	SAINZ GARCÍA, FERNANDO	CLUB ATLETISMO SAR	00:46:11	+16:34	4:37	46:01	23:32 (454)	M (424)	MASTER 4 M (8)	
457	637	GARCÍA PENA, JESUS (ZUBI)	CLUB ATLETISMO TAMBRE	00:46:11	+16:34	4:37	45:57	23:06 (410)	M (425)	MASTER 2 M (148)	
458	1231	ATÁN AGULLEIRO, JOSÉ MIGUEL	ASOCIACIÓN DEPORTIVA OLIMPIA	00:46:12	+16:35	4:37	45:35	23:36 (460)	M (426)	MASTER 2 M (149)	
459	624	SANTOS SANTAMARIA, JOSÉ RAMÓN	CHORIMA	00:46:13	+16:36	4:37	45:51	23:07 (414)	M (427)	MASTER 2 M (150)	
460	730	VILLAR FERNÁNDEZ, ADRIÁN CARLOS		00:46:14	+16:37	4:37	45:46	23:51 (480)	M (428)	MASTER 1 M (64)	
461	642	GOYANES SOUTO, ADRIÁN	CLUB ATLETISMO TAMBRE	00:46:15	+16:38	4:37	45:47	23:49 (473)	M (429)	MASTER 1 M (65)	
462	460	LAGO FERNANDEZ, CHUS	SERRES RUNNERS	00:46:15	+16:38	4:37	46:05	23:27 (446)	M (430)	MASTER 3 M (71)	
463	236	BREA LOPEZ, MIGUEL ANGEL		00:46:17	+16:40	4:37	45:42	23:24 (440)	M (431)	MASTER 3 M (72)	
464	218	VARELA GOMEZ, JAVIER	SD COMPOSTELA ATLETISMO	00:46:18	+16:41	4:37	46:07	23:26 (444)	M (432)	MASTER 2 M (151)	
465	1053	BARÓ ANDIÓN, MARC		00:46:18	+16:41	4:37	46:05	23:52 (481)	M (433)	MASTER 1 M (66)	
466	1032	LÓPEZ VILLARMEA, XOSÉ	CDM VERTICE	00:46:18	+16:41	4:37	45:52	24:47 (582)	M (434)	MASTER 1 M (67)	
467	1380	PAZ AYASO, JUAN MANUEL		00:46:19	+16:42	4:37	45:30	24:55 (601)	M (435)	MASTER 1 M (68)	
468	760	MAGARIÑOS DE BLAS, ÁLVARO		00:46:21	+16:44	4:38	46:01	23:50 (476)	M (436)	SENIOR M (103)	SI (27)

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
469	1052	GONZÁLEZ RODRÍGUEZ, MARÍA	00:46:23	+16:46	4:38	45:46	24:17 (528)	F (33)	MASTER 2 F (6)	
470	1062	GARCÍA FERNÁNDEZ, LUIS ALBERTO	00:46:23	+16:46	4:38	45:21	24:05 (503)	M (437)	SENIOR M (104)	
471	409	SEIJO FERNÁNDEZ, JOSE CARLOS	00:46:23	+16:46	4:38	46:09	22:56 (396)	M (438)	MASTER 3 M (73)	
472	1253	MAYO GIRAUT, RUBÉN	00:46:24	+16:47	4:38	45:00	24:28 (549)	M (439)	SENIOR M (105)	
473	513	GARCIA PENA, CHUS	00:46:24	+16:47	4:38	45:56	23:49 (474)	F (34)	MASTER 1 F (10)	
474	36	LORENZO QUEIRUGA, MANUEL	00:46:24	+16:47	4:38	46:12	23:18 (435)	M (440)	MASTER 3 M (74)	SI (28)
475	474	VARELA QUIÑOY, RÚBEN	00:46:26	+16:49	4:38	45:08	24:55 (603)	M (441)	MASTER 2 M (152)	
476	806	RIAL LORENZO, MIGUEL	00:46:27	+16:50	4:38	46:05	23:51 (478)	M (442)	MASTER 2 M (153)	
477	504	FEIJOÓ SÁNCHEZ, SUSANA	00:46:28	+16:51	4:38	46:11	23:42 (467)	F (35)	MASTER 2 F (7)	
478	495	NOVOA MARTIN, DANIEL	00:46:28	+16:51	4:38	46:12	23:41 (466)	M (443)	MASTER 1 M (69)	
479	429	SUÁREZ GIADÁS, JAVIER	00:46:28	+16:51	4:38	46:12	23:55 (489)	M (444)	MASTER 2 M (154)	
480	779	ROEL BARBEITO, FABIÁN	00:46:28	+16:51	4:38	46:05	24:13 (518)	M (445)	MASTER 2 M (155)	
481	1556	DACISTA DIOS, DANII	00:46:29	+16:52	4:38	46:07	24:07 (506)	M (446)	SENIOR M (106)	
482	212	MARTINEZ MANEIRO, ALBERTO	00:46:32	+16:55	4:39	46:21	23:20 (436)	M (447)	MASTER 2 M (156)	SI (29)
483	475	DIESTE, TERE	00:46:32	+16:55	4:39	46:21	23:20 (437)	F (36)	MASTER 2 F (8)	
484	657	MORANDEIRA REYES, RAMÓN	00:46:32	+16:55	4:39	46:20	23:29 (450)	M (448)	MASTER 2 M (157)	
485	710	ÁLVAREZ AYUSO, CLAUDIO	00:46:33	+16:56	4:39	46:06	23:40 (465)	M (449)	MASTER 4 M (9)	
486	470	LEIS MONTEMUIÑO, AITOR	00:46:34	+16:57	4:39	45:57	24:21 (539)	M (450)	SENIOR M (107)	SI (30)
487	496	CAO ESPIDO, GONZALO	00:46:34	+16:57	4:39	46:33	23:50 (477)	M (451)	MASTER 2 M (158)	
488	502	PEREIRO SANESTEBAN, RAFAEL	00:46:35	+16:58	4:39	46:14	23:54 (488)	M (452)	MASTER 2 M (159)	
489	1037	VÁZQUEZ PENA, DAVID	00:46:36	+16:59	4:39	45:50	24:00 (494)	M (453)	MASTER 2 M (160)	
490	1591	BEIS SILVA, DAVID	00:46:39	+17:02	4:39	46:08	24:38 (572)	M (454)	SENIOR M (108)	
491	1728	POUSO LORENZO, NOEL	00:46:40	+17:03	4:39	46:05	24:33 (559)	M (455)	SUB 23 M (17)	
492	1392	REY BREA, MARCOS	00:46:41	+17:04	4:40	45:38	24:20 (537)	M (456)	MASTER 3 M (75)	
493	922	SOBRIDO OUTEIRAL, REBECA	00:46:44	+17:07	4:40	45:49	25:08 (624)	F (37)	SENIOR F (12)	
494	923	MANEIRO POUSO, DIEGO	00:46:44	+17:07	4:40	45:49	25:08 (625)	M (457)	SENIOR M (109)	
495	526	PAIS COMINO, RAFA	00:46:46	+17:09	4:40	46:22	23:44 (468)	M (458)	MASTER 3 M (76)	
496	26	MIGUEL CALVO, ALFREDO	00:46:47	+17:10	4:40	45:30	26:21 (741)	M (459)	MASTER 1 M (70)	
497	708	PRADOS SANDE, JORGE	00:46:48	+17:11	4:40	46:34	24:11 (513)	M (460)	MASTER 2 M (161)	
498	647	PRADOS NIETO, DIEGO	00:46:48	+17:11	4:40	46:34	24:12 (515)	M (461)	SUB 23 M (18)	
499	912	VIDAL VILA, JUAN RAMÓN	00:46:48	+17:11	4:40	46:16	24:24 (541)	M (462)	MASTER 2 M (162)	
500	762	GARCIA RENDO, DARIO	00:46:48	+17:11	4:40	46:16	24:38 (571)	M (463)	SENIOR M (110)	
501	736	CADAVID NÚÑEZ, JOSÉ	00:46:50	+17:13	4:40	46:33	23:37 (461)	M (464)	MASTER 3 M (77)	
502	1310	LAGO FERNÁNDEZ, FERNANDO	00:46:51	+17:14	4:41	46:13	24:15 (524)	M (465)	MASTER 3 M (78)	
503	682	TORRADO RIAL, RICARDO	00:46:51	+17:14	4:41	46:29	23:46 (469)	M (466)	MASTER 2 M (163)	
504	767	MOREIRA FAJARDO, MANI	00:46:54	+17:17	4:41	46:35	23:50 (475)	M (467)	SENIOR M (111)	SI (31)

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
505	1142	CRESPO GARCÍA, CRISTIAN JESÚS		00:46:55	+17:18	4:41	46:23	24:37 (570)	M (468)	MASTER 1 M (71)	
506	501	FERNÁNDEZ VILLAMARÍN, PABLO	SD COMPOSTELA ATLETISMO	00:46:56	+17:19	4:41	46:32	23:26 (445)	M (469)	MASTER 2 M (164)	
507	658	TABOADA GONZÁLEZ, RAMIRO	RUNNING LUSEKELO	00:46:57	+17:20	4:41	46:34	24:10 (508)	M (470)	MASTER 4 M (10)	
508	485	RODRIGUEZ BLANCO, IVAN		00:46:59	+17:22	4:41	46:34	24:13 (520)	M (471)	MASTER 1 M (72)	
509	486	ROMAY SIEIRA, JUAN FRANCISCO		00:47:00	+17:23	4:41	46:30	24:02 (499)	M (472)	MASTER 2 M (165)	
510	1377	CAMBEIRO VILAS, ROBERTO		00:47:01	+17:24	4:42	46:35	24:27 (545)	M (473)	SUB 20 M (9)	SI (32)
511	1246	SEGADE BATALLA, ADRIÁN		00:47:02	+17:25	4:42	46:36	25:00 (610)	M (474)	SUB 18 M (8)	SI (33)
512	691	BARRAL AGRASO, ALBERTO		00:47:02	+17:25	4:42	46:25	24:20 (538)	M (475)	SENIOR M (112)	
513	653	PORTABALES DOBAÑO, RICARDO		00:47:03	+17:26	4:42	46:34	23:59 (492)	M (476)	MASTER 3 M (79)	
514	1393	MARTÍNEZ MARTÍNEZ, ANA	SERRES RUNNERS	00:47:03	+17:26	4:42	46:39	24:32 (554)	F (38)	MASTER 2 F (9)	
515	1126	ALONSO, DANI		00:47:03	+17:26	4:42	46:06	26:05 (714)	M (477)	SUB 18 M (9)	
516	468	VALIÑO CEREIJO, J OSE MANUEL		00:47:04	+17:27	4:42	46:48	24:01 (497)	M (478)	MASTER 3 M (80)	
517	444	FORMOSO RECAREY, EVA	TRIKI TEAM	00:47:04	+17:27	4:42	47:00	23:37 (463)	F (39)	SUB 18 F (2)	
518	1338	MELLA BARBEITO, VANESA	BRUTANZOS TEAM	00:47:08	+17:31	4:42	46:28	24:18 (530)	F (40)	MASTER 1 F (11)	
519	401	ALONSO, FRAN		00:47:11	+17:34	4:43	46:47	26:05 (713)	M (479)	MASTER 2 M (166)	SI (34)
520	676	MÉNDEZ SANTOS, ALEX		00:47:13	+17:36	4:43	46:59	23:07 (416)	M (480)	MASTER 2 M (167)	
521	1358	VICTORERO DOMÍNGUEZ, ALEJANDRO	ADC ARNELA	00:47:14	+17:37	4:43	46:28	25:12 (634)	M (481)	SENIOR M (113)	
522	549	BLANCO PIÑEIRO, SAMUEL	INCOR AUTOVIDRIO	00:47:16	+17:39	4:43	46:51	24:26 (543)	M (482)	SUB 18 M (10)	SI (35)
523	735	MARIÑO PAZ, LUCIA		00:47:18	+17:41	4:43	46:59	23:35 (457)	F (41)	MASTER 2 F (10)	
524	744	DAVILA IBÁÑEZ, ANA BELÉN		00:47:19	+17:42	4:43	47:08	23:53 (483)	F (42)	MASTER 2 F (11)	
525	465	FERMANDEZ TORRES, JOSE MANUEL	ADC ARNELA	00:47:21	+17:44	4:44	46:33	24:35 (565)	M (483)	MASTER 3 M (81)	SI (36)
526	1234	GONZÁLEZ VIDAL, DAVID		00:47:21	+17:44	4:44	46:40	24:02 (498)	M (484)	MASTER 1 M (73)	
527	541	RODRÍGUEZ, SERGIO		00:47:22	+17:45	4:44	47:02	23:53 (482)	M (485)	MASTER 2 M (168)	SI (37)
528	1563	SANTIAGO FERNÁNDEZ, ANDRÉS		00:47:22	+17:45	4:44	46:27	24:26 (544)	M (486)	SENIOR M (114)	
529	1437	REINO LEMA, PABLO		00:47:24	+17:47	4:44	46:37	25:21 (649)	M (487)	SENIOR M (115)	
530	825	MONTOTO VÁZQUEZ, PATRICIA		00:47:25	+17:48	4:44	47:05	24:05 (502)	F (43)	MASTER 1 F (12)	
531	1054	JAMARDO DOMINGUEZ, RAMON		00:47:27	+17:50	4:44	46:58	24:28 (547)	M (488)	MASTER 2 M (169)	
532	1063	GARCÍA PUMAR, JAVIER		00:47:28	+17:51	4:44	46:42	24:34 (561)	M (489)	MASTER 2 M (170)	
533	810	VILA SARANDESES, JUAN	ESPRINTES OURENSE	00:47:30	+17:53	4:44	47:00	24:23 (540)	M (490)	MASTER 1 M (74)	
534	914	SUÁREZ PAULOS, SAMUEL		00:47:32	+17:55	4:45	46:59	24:32 (556)	M (491)	SENIOR M (116)	
535	800	BARREIRO RODRÍGUEZ, PABLO		00:47:34	+17:57	4:45	47:13	23:32 (455)	M (492)	SENIOR M (117)	
536	1578	BLANCO BARREIRO, JOSE ANTONIO		00:47:35	+17:58	4:45	46:56	24:19 (536)	M (493)	MASTER 4 M (11)	
537	750	LÓPEZ PUGA, VÍCTOR M.		00:47:35	+17:58	4:45	47:10	24:19 (535)	M (494)	MASTER 3 M (82)	
538	670	ESTEVEZ ULLOA, EDU	ATLETISMOARENTEIRO	00:47:36	+17:59	4:45	47:16	24:07 (507)	M (495)	MASTER 3 M (83)	
539	1313	AGULLEIRO BERAZA, AMAIA		00:47:37	+18:00	4:45	46:53	24:28 (548)	F (44)	SENIOR F (13)	
540	1686	FRAGUA, DAVID		00:47:39	+18:02	4:45	47:06	24:45 (578)	M (496)	MASTER 2 M (171)	



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
541	755	CREGO GIL, PABLO	00:47:40	+18:03	4:45	47:39	24:33 (558)	M (497)	MASTER 2 M (172)	
542	659	BETANZOS FREIRE, ALDARA	00:47:43	+18:06	4:46	47:07	24:36 (568)	F (45)	SENIOR F (14)	
543	711	BREA FLORIANI, JOSÉ MANUEL	00:47:43	+18:06	4:46	47:19	24:11 (511)	M (498)	MASTER 2 M (173)	
544	434	CAMIÑO, MARTIÑÁN	00:47:44	+18:07	4:46	47:30	24:10 (510)	M (499)	MASTER 3 M (84)	
545	727	BAHAMONDE SUAREZ, FRANCISCO	00:47:44	+18:07	4:46	47:17	23:54 (487)	M (500)	MASTER 2 M (174)	
546	537	BAZARRA CAROU, RAQUEL	00:47:45	+18:08	4:46	46:57	24:50 (586)	F (46)	MASTER 2 F (12)	
547	590	QUEIRUGA TRIÑANES, SUSO	00:47:45	+18:08	4:46	46:57	24:54 (598)	M (501)	MASTER 2 M (175)	SI (38)
548	570	AGEITOS GUDE, HUMBERTO	00:47:49	+18:12	4:46	46:51	26:05 (712)	M (502)	MASTER 2 M (176)	
549	687	RAMOS ALONSO, GABRIEL JOSÉ	00:47:49	+18:12	4:46	47:26	24:04 (500)	M (503)	MASTER 2 M (177)	SI (39)
550	671	GARCÍA GIL, JAVIER	00:47:51	+18:14	4:47	47:16	24:19 (534)	M (504)	MASTER 2 M (178)	
551	661	MALLO NIEVES, JOSE MANUEL	00:47:51	+18:14	4:47	47:27	24:33 (560)	M (505)	MASTER 2 M (179)	
552	703	VIDAL FERREÑO, PABLO	00:47:54	+18:17	4:47	47:22	24:51 (588)	M (506)	MASTER 4 M (12)	
553	1468	FERNÁNDEZ PEQUENO, XAN	00:47:56	+18:19	4:47	47:09	24:10 (509)	M (507)	MASTER 2 M (180)	
554	452	COUSELO MIRA, ALEXIA	00:47:58	+18:21	4:47	47:43	24:05 (501)	F (47)	SENIOR F (15)	
555	824	LUAÑA LOUZAO, PEDRO	00:47:59	+18:22	4:47	47:34	24:46 (579)	M (508)	MASTER 3 M (85)	
556	510	LÓPEZ SANMARTÍN, SERGIO	00:47:59	+18:22	4:47	47:19	25:17 (641)	M (509)	MASTER 1 M (75)	
557	1337	DÍAZ MONTERO, JOSE MANUEL	00:47:59	+18:22	4:47	47:19	25:20 (647)	M (510)	MASTER 2 M (181)	
558	1541	MAGAN DOPAZO, GENO	00:48:04	+18:27	4:48	47:54	24:00 (493)	M (511)	MASTER 3 M (86)	
559	776	DE MARTÍN VÁZQUEZ, MARCIAL	00:48:05	+18:28	4:48	47:42	24:16 (527)	M (512)	MASTER 4 M (13)	
560	459	FERNÁNDEZ VARGA, ALBERTO	00:48:07	+18:30	4:48	47:44	24:54 (600)	M (513)	MASTER 2 M (182)	
561	139	SANGIOVANNI LORENZO, JOAQUIN	00:48:08	+18:31	4:48	47:21	26:11 (725)	M (514)	SENIOR M (118)	
562	565	RIAL SANCHIÑO, CAMILO	00:48:09	+18:32	4:48	47:47	24:53 (594)	M (515)	MASTER 4 M (14)	
563	1216	FERNÁNDEZ, CAS	00:48:09	+18:32	4:48	47:45	24:32 (555)	M (516)	MASTER 3 M (87)	
564	734	FIGUEIRA DOMÍNGUEZ, LETICIA	00:48:10	+18:33	4:48	47:30	25:19 (646)	F (48)	MASTER 2 F (13)	
565	1381	QUEIRO LAMAS, BRAIS	00:48:10	+18:33	4:48	47:32	24:35 (563)	M (517)	SENIOR M (119)	
566	684	CAMPOS SUEIRO, ALBERTO	00:48:10	+18:33	4:48	47:55	23:53 (485)	M (518)	MASTER 2 M (183)	
567	1616	FERNÁNDEZ MELCÓN, LUCÍA	00:48:11	+18:34	4:49	47:30	25:53 (692)	F (49)	SENIOR F (16)	
568	707	PAZ NOVO, MANUEL	00:48:11	+18:34	4:49	47:48	24:55 (602)	M (519)	MASTER 1 M (76)	
569	1704	MILLAN HERMO, MIGUEL	00:48:12	+18:35	4:49	47:40	25:10 (629)	M (520)	SENIOR M (120)	
570	538	GONZALEZ PEREZ, JOSE LUIS	00:48:12	+18:35	4:49	47:43	25:06 (622)	M (521)	MASTER 3 M (88)	
571	1652	ACOSTA BORRAS, ALICIA	00:48:12	+18:35	4:49	47:39	25:10 (628)	F (50)	SENIOR F (17)	
572	76	VICENTE GARCIA, DANIEL	00:48:13	+18:36	4:49	47:22	25:15 (640)	M (522)	MASTER 2 M (184)	
573	519	PENSADO ANTELO, IVÁN	00:48:13	+18:36	4:49	47:08	25:11 (632)	M (523)	SENIOR M (121)	
574	1544	OUBIÑA MOUGÁN, JOEL	00:48:13	+18:36	4:49	47:25	26:11 (726)	M (524)	SENIOR M (122)	
575	737	CAAMAÑO PÉREZ, VANESA	00:48:14	+18:37	4:49	47:17	25:40 (670)	F (51)	MASTER 2 F (14)	
576	1455	CASTRO VILANOVA, PLÁCIDO	00:48:14	+18:37	4:49	48:03	23:31 (452)	M (525)	MASTER 3 M (89)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
577	673	MILLÁN, CHOLO	CLUB ATLETISMO FONTES DO SAR	00:48:16	+18:39	4:49	48:09	22:29 (368)	M (526)	SUB 20 M (10)	
578	746	CARBALLEIRA PUÑAL, ADRIÁN		00:48:16	+18:39	4:49	47:50	24:30 (552)	M (527)	MASTER 2 M (185)	
579	66	SANTOS LORENZO, ENRIQUE	TERRA DE SONEIRA C.D.	00:48:17	+18:40	4:49	47:19	25:36 (663)	M (528)	MASTER 3 M (90)	
580	1726	GÓMEZ TUBÍO, ANDREA		00:48:17	+18:40	4:49	48:05	23:47 (470)	F (52)	SUB 20 F (2)	
581	1341	ALVARIÑO ARIAS, IVÁN		00:48:19	+18:42	4:49	47:50	24:35 (564)	M (529)	SENIOR M (123)	
582	805	PRESAS VENCE, MANUEL		00:48:24	+18:47	4:50	47:54	24:13 (519)	M (530)	MASTER 2 M (186)	SI (40)
583	1387	MATOSIAN CARRERA, MARÍA ALEJANDRA	SD BARBANTIA RODA	00:48:24	+18:47	4:50	48:04	24:33 (557)	F (53)	MASTER 2 F (15)	
584	742	LOJO LÓPEZ, NOELIA	S.D. BARBANTIA RODA	00:48:24	+18:47	4:50	48:05	24:32 (553)	F (54)	SENIOR F (18)	
585	780	LOPEZ RODRIGUEZ, ANA	CLUB ATLETISMO TUI	00:48:25	+18:48	4:50	48:07	23:48 (472)	F (55)	MASTER 2 F (16)	
586	462	PARDIÑAS ALVITE, JOSE		00:48:26	+18:49	4:50	47:56	25:26 (652)	M (531)	MASTER 4 M (15)	
587	1634	FERNÁNDEZ DÍAZ, MARTA	SD COMPOSTELA ATLETISMO	00:48:27	+18:50	4:50	48:14	24:52 (590)	F (56)	SENIOR F (19)	
588	651	HERMO ESTÉVEZ, JORGE	AMEIXIDA	00:48:27	+18:50	4:50	48:08	24:59 (607)	M (532)	SENIOR M (124)	
589	740	FERNANDEZ RODRÍGUEZ, EMILIO	CLUB ATLETISMO RIBADEO	00:48:27	+18:50	4:50	48:14	24:51 (589)	M (533)	MASTER 3 M (91)	
590	652	MARTÍNEZ BAZARRA, PEDRO	CLUB ATLETISMO OUTES-MARISCOS	00:48:29	+18:52	4:50	48:14	23:17 (433)	M (534)	SUB 18 M (11)	
591	1042	TUBIO TUBIO, VANESA	CLUB ATLETISMO LOUSAME	00:48:30	+18:53	4:50	47:59	25:02 (613)	F (57)	SENIOR F (20)	
592	1724	PEREZ LOPEZ, SHARA		00:48:33	+18:56	4:51	47:34	26:19 (738)	F (58)	SENIOR F (21)	
593	763	COSTA FAYA, SARA		00:48:34	+18:57	4:51	48:06	24:54 (597)	F (59)	SENIOR F (22)	
594	1325	GARCÍA LIJÓ, ALBERTO		00:48:34	+18:57	4:51	47:43	27:15 (827)	M (535)	SENIOR M (125)	
595	1725	VILLAVERDE, FRAN		00:48:35	+18:58	4:51	47:33	26:18 (733)	M (536)	SENIOR M (126)	
596	1723	VELASCO FERREIROS, HECTOR		00:48:35	+18:58	4:51	47:33	26:18 (734)	M (537)	SENIOR M (127)	
597	1722	DARRIBA GESTAL, OSCAR		00:48:36	+18:59	4:51	48:03	24:36 (566)	M (538)	SENIOR M (128)	
598	641	SIMÓN MARTÍNEZ, AMIRA	SD COMPOSTELA ATLETISMO	00:48:36	+18:59	4:51	48:19	24:16 (526)	F (60)	MASTER 1 F (13)	
599	583	GOMEZ GONZALEZ, CANDELA	CLUB ATLETISMO TAMBRE	00:48:37	+19:00	4:51	48:36	24:15 (525)	F (61)	SENIOR F (23)	
600	1386	CAMBADOS MÁRQUEZ, MARÍA LUISA		00:48:38	+19:01	4:51	48:32	24:54 (599)	F (62)	MASTER 3 F (1)	
601	450	GARCÍA GALDO, JAVIER	CLUB ATLETISMO O PINO	00:48:38	+19:01	4:51	48:11	24:58 (606)	M (539)	MASTER 3 M (92)	
602	539	SANGUINETTI RODRÍGUEZ, SANTIAGO		00:48:40	+19:03	4:51	48:20	24:36 (567)	M (540)	MASTER 2 M (187)	
603	528	FERNANDEZ MARTÍNEZ, JOAQUIN	SERRES RUNNERS	00:48:40	+19:03	4:51	48:14	25:01 (612)	M (541)	MASTER 3 M (93)	
604	675	SEIJAS BUA, DAVID	SERRES RUNNERS	00:48:40	+19:03	4:51	48:15	24:59 (608)	M (542)	MASTER 2 M (188)	
605	656	FERNANDEZ ANDRADE, OSCAR		00:48:40	+19:03	4:51	48:22	24:11 (512)	M (543)	MASTER 3 M (94)	
606	1498	FORMOSO NOCEDA, TINA	TRIBU TRAIL	00:48:40	+19:03	4:51	48:19	24:12 (516)	F (63)	MASTER 2 F (17)	
607	751	VILA BALEATO, LITO		00:48:41	+19:04	4:52	48:24	23:47 (471)	M (544)	MASTER 2 M (189)	
608	1028	SONEIRA REBOREDO, OSCAR		00:48:41	+19:04	4:52	48:24	25:03 (617)	M (545)	MASTER 2 M (190)	
609	530	SANTOS VICENS, SANTIAGO		00:48:42	+19:05	4:52	48:07	25:08 (626)	M (546)	MASTER 2 M (191)	
610	237	PLACER GARCÍA-RODEJA, MARTIÑO	SD COMPOSTELA ATLETISMO	00:48:43	+19:06	4:52	47:56	25:39 (667)	M (547)	SENIOR M (129)	
611	747	GUILLÍN GÓMEZ, GUSTAVO	CLUB ATLETISMO SAR	00:48:43	+19:06	4:52	48:29	24:29 (550)	M (548)	MASTER 2 M (192)	
612	783	PIÑEIRO GARCÍA, HÉCTOR	CLUB ATLETISMO LOUSAME	00:48:45	+19:08	4:52	48:19	24:53 (592)	M (549)	MASTER 2 M (193)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
613	720	SAMBADE LESTÓN, LORETO	TRIKI TEAM	00:48:45	+19:08	4:52	48:22	24:59 (609)	F (64)	MASTER 2 F (18)	
614	919	GOMEZ PARRADO, ALEJANDRO		00:48:47	+19:10	4:52	48:07	25:30 (657)	M (550)	MASTER 1 M (77)	
615	831	TARELA MIRAMONTES, MARIA DOLORES		00:48:47	+19:10	4:52	48:38	24:27 (546)	F (65)	MASTER 3 F (2)	
616	551	VARELA CERNADAS, MANUEL	INCOR AUTOVIDRIO	00:48:47	+19:10	4:52	48:22	25:04 (620)	M (551)	SUB 18 M (12)	SI (41)
617	771	GOMEZ VIAÑO, JOSE		00:48:53	+19:16	4:53	48:30	24:56 (604)	M (552)	MASTER 3 M (95)	
618	1060	BLANCO GARCIA, ADRIAN		00:48:55	+19:18	4:53	48:23	25:40 (669)	M (553)	SENIOR M (130)	
619	1057	CERNADAS LADO, FRANCISCO JOSÉ	SERRES RUNNERS	00:48:55	+19:18	4:53	48:30	25:01 (611)	M (554)	MASTER 4 M (96)	
620	663	VAZQUEZ FEBRERO, CRISTINA	TRAILEROS TOXOS & BIRRAS	00:48:55	+19:18	4:53	48:39	24:14 (521)	F (66)	MASTER 1 F (14)	
621	469	SEOANE RIAL, ALEJANDRA	MARATHON RUNNINGSHOP	00:48:55	+19:18	4:53	48:38	24:14 (522)	F (67)	MASTER 1 F (15)	
622	1716	OTERO MARTÍNEZ, JOSÉ MANUEL		00:48:55	+19:18	4:53	48:17	24:53 (596)	M (555)	MASTER 3 M (97)	
623	745	BLANCO QUEIJO, DENIS		00:48:56	+19:19	4:53	48:38	23:29 (449)	M (556)	SENIOR M (131)	
624	1507	GRELA OUTEIRAL, DAVID		00:48:57	+19:20	4:53	48:27	25:56 (697)	M (557)	SUB 23 M (19)	SI (42)
625	1237	TRIUNFO DELGADO, GONZALO	ARTROGAL TRI 498	00:48:57	+19:20	4:53	48:09	24:41 (576)	M (558)	MASTER 3 M (98)	
626	987	CAMIÑA MARTINEZ, RAI	CLUB ATLETISMO CAMBADOS	00:48:59	+19:22	4:53	48:31	24:46 (580)	M (559)	MASTER 2 M (194)	
627	544	TATO MANEIRO, RAÚL	AMEIXIDA	00:49:01	+19:24	4:54	48:42	25:32 (658)	M (560)	MASTER 1 M (78)	
628	1471	SUAREZ LOJO, JOSE MANUEL		00:49:02	+19:25	4:54	47:50	26:29 (757)	M (561)	MASTER 2 M (195)	
629	1328	ALENDE QUIÑOY, JORGE		00:49:03	+19:26	4:54	48:23	24:40 (574)	M (562)	MASTER 2 M (196)	
630	1311	SANROMAN, CARLOTA	CDM VERTICE	00:49:04	+19:27	4:54	48:37	25:21 (650)	F (68)	SENIOR F (24)	
631	1254	GONZÁLEZ VILAS, SABELA	TRIATLON INFORHOUSE SANTIAGO	00:49:05	+19:28	4:54	48:25	24:53 (595)	F (69)	SUB 20 F (3)	
632	464	CIMADEVILA GARCÍA, ANTÓN		00:49:05	+19:28	4:54	48:47	24:39 (573)	M (563)	MASTER 3 M (99)	
633	1056	TERCEIRO VILLASECA, RICARDO	C.A.I. A ESTRADA	00:49:06	+19:29	4:54	48:45	24:36 (569)	M (564)	MASTER 2 M (197)	
634	917	SESTAYO BALSA, MANUEL		00:49:08	+19:31	4:54	48:19	26:11 (723)	M (565)	MASTER 1 M (79)	
635	1099	MARTÍNEZ HERMO, MARINA	EQUILÁTERO	00:49:09	+19:32	4:54	48:36	24:48 (583)	F (70)	SENIOR F (25)	
636	907	TOREA TOREA, ELENA	CLUB ATLETISMO LOUSAME	00:49:09	+19:32	4:54	48:38	25:02 (615)	F (71)	MASTER 3 F (3)	
637	186	CASTRO TIELES, ELOY	SERRES RUNNERS	00:49:11	+19:34	4:55	48:44	25:48 (680)	M (566)	SENIOR M (132)	
638	508	FONTAN MIRON, JOSE MANUEL		00:49:11	+19:34	4:55	48:51	24:49 (584)	M (567)	MASTER 2 M (198)	
639	1443	DIEGUEZ CARRIL, JOSE ANTONIO		00:49:12	+19:35	4:55	48:46	25:40 (671)	M (568)	MASTER 2 M (199)	
640	1220	NÚÑEZ QUEIRUGA, ZALO	MONTEMUIÑO	00:49:13	+19:36	4:55	48:38	25:52 (690)	M (569)	MASTER 2 M (200)	SI (43)
641	1706	FROJAN TUBIO, JORGE		00:49:14	+19:37	4:55	48:44	24:14 (523)	M (570)	SENIOR M (133)	
642	1603	LÓPEZ SANMARTIN, ALBA	BRUTANZOS TEAM	00:49:15	+19:38	4:55	48:35	25:19 (645)	F (72)	MASTER 1 F (16)	
643	768	TRILLO CASTELO, JOSE		00:49:18	+19:41	4:55	48:33	25:14 (638)	M (571)	SUB 18 M (13)	
644	491	PAMPIN PAMPIN, JUAN CARLOS	CLUBE ATLETISMO ARZUA	00:49:18	+19:41	4:55	48:42	25:12 (633)	M (572)	MASTER 2 M (201)	
645	1214	TUÑAS AÑON, MANUEL		00:49:20	+19:43	4:55	48:46	26:15 (730)	M (573)	SUB 20 M (11)	
646	785	PÉREZ BOULLÓN, SERGIO	SLAP TRAINING	00:49:21	+19:44	4:56	49:00	25:29 (655)	M (574)	MASTER 2 M (202)	
647	1055	MONTOIRO SALVADO, MARIA		00:49:22	+19:45	4:56	48:54	25:02 (614)	F (73)	MASTER 1 F (17)	
648	921	REY MONTALBÁN, ADRIANA		00:49:27	+19:50	4:56	48:39	26:04 (708)	F (74)	SENIOR F (26)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
649	535	MIRANTES, ÁNGEL	NOSPORTLIMIT	00:49:28	+19:51	4:56	48:53	25:02 (616)	M (575)	SENIOR M (134)	SI (44)
650	757	MÍGUEZ BLANCO, RAÚL		00:49:31	+19:54	4:57	49:14	24:19 (532)	M (576)	SENIOR M (135)	
651	992	BLANCO TASENDE, DAVID		00:49:32	+19:55	4:57	48:53	24:34 (562)	M (577)	MASTER 1 M (80)	
652	1108	REGUEIRO BARREIRO, JUAN RAMON		00:49:32	+19:55	4:57	48:48	26:15 (731)	M (578)	MASTER 2 M (203)	
653	1097	DE LA FUENTE MURIAS, EDUARDO		00:49:33	+19:56	4:57	48:21	26:34 (766)	M (579)	MASTER 2 M (204)	
654	944	VEIGA ALVAREZ, SARAI		00:49:37	+20:00	4:57	49:00	25:20 (648)	F (75)	SENIOR F (27)	
655	1081	CALVIÑO CALVO, JAVIER		00:49:37	+20:00	4:57	48:49	25:19 (644)	M (580)	MASTER 3 M (100)	
656	1077	CAROLLO VARELA, ADRIÁN	CLUB ATLETISMO TAMBRE	00:49:37	+20:00	4:57	48:28	26:02 (706)	M (581)	SENIOR M (136)	
657	532	VAZQUEZ DÍAZ, PAULA	AD CERNE	00:49:38	+20:01	4:57	49:10	25:27 (654)	F (76)	SUB 23 F (3)	
658	1461	ROCA VAZQUEZ, JOSÉ ANGEL		00:49:40	+20:03	4:57	49:02	25:57 (699)	M (582)	MASTER 2 M (205)	
659	1127	HERMIDA CALVEIRO, TERESA		00:49:42	+20:05	4:58	48:53	25:46 (678)	F (77)	SENIOR F (28)	
660	1433	FIUZA DEL RIO, ALFREDO	SERRES RUNNERS	00:49:46	+20:09	4:58	48:55	26:56 (795)	M (583)	MASTER 1 M (81)	
661	1428	CALVO, DANI		00:49:47	+20:10	4:58	48:37	25:44 (675)	M (584)	MASTER 2 M (206)	
662	523	MORAÑA CABO, JACOB	PONY TEAM	00:49:48	+20:11	4:58	49:15	25:04 (619)	M (585)	MASTER 2 M (207)	
663	660	COUSELO, NOEMI	CLUB TRIATLON COMPOSTELA	00:49:48	+20:11	4:58	49:34	25:34 (662)	F (78)	SUB 23 F (4)	
664	1597	SOPEÑA CANO, HUGO		00:49:49	+20:12	4:58	49:17	25:03 (618)	M (586)	SENIOR M (137)	
665	743	VÁZQUEZ CASTROMÁN, NOEMI	NOITEBRA FC	00:49:53	+20:16	4:59	49:32	24:29 (551)	F (79)	SENIOR F (29)	
666	516	MOURE CAÑETE, FRANCISCO	NOITEBRA FC	00:49:53	+20:16	4:59	49:31	25:13 (637)	M (587)	MASTER 3 M (101)	
667	937	BELLO BELLO, IAGO		00:49:57	+20:20	4:59	49:22	26:03 (707)	M (588)	MASTER 1 M (82)	
668	920	SERANTES MANEIRO, CAMILO	ADC ARNELA	00:49:58	+20:21	4:59	49:14	26:10 (719)	M (589)	MASTER 3 M (102)	SI (45)
669	1511	GARCÍA AGRA, DIEGO		00:49:58	+20:21	4:59	49:18	26:26 (747)	M (590)	SENIOR M (138)	
670	908	GONZALEZ PEREZ, JUAN		00:49:59	+20:22	4:59	48:58	26:31 (760)	M (591)	SUB 20 M (12)	
671	686	MARTÍN ARES, DIEGO		00:50:01	+20:24	5:00	49:43	24:50 (587)	M (592)	MASTER 2 M (208)	
672	1104	VAZQUEZ FERREIRO, MANUEL	ASOCIACIÓN DEPORTIVA OLIMPIA	00:50:02	+20:25	5:00	49:23	25:49 (682)	M (593)	MASTER 3 M (103)	
673	1096	GARCIA LOUREIRO, ANTONIO		00:50:03	+20:26	5:00	49:38	25:53 (694)	M (594)	MASTER 3 M (104)	
674	22	HERMIDA RODRÍGUEZ, CARLOS RAFAEL		00:50:03	+20:26	5:00	49:38	25:53 (695)	M (595)	MASTER 3 M (105)	
675	1141	GRILLE OTERO, BERNABÉ		00:50:03	+20:26	5:00	49:24	27:12 (821)	M (596)	SENIOR M (139)	
676	1045	ANTONIO MARTINEZ, OLALLA		00:50:05	+20:28	5:00	49:22	25:07 (623)	F (80)	MASTER 1 F (18)	
677	1644	GONZALEZ LAMAS, ALEJANDRO		00:50:08	+20:31	5:00	49:27	26:43 (776)	M (597)	MASTER 1 M (83)	
678	1291	MIRAZO INSUA, PEDRO		00:50:08	+20:31	5:00	49:28	26:27 (753)	M (598)	SENIOR M (140)	
679	626	RIVAS POMBO, MARCELINO	CORREXALLAS	00:50:08	+20:31	5:00	49:30	25:49 (681)	M (599)	MASTER 2 M (209)	SI (46)
680	791	BRENLLA MARIÑO, IAGO		00:50:08	+20:31	5:00	49:46	25:26 (653)	M (600)	SENIOR M (141)	
681	1506	SANTOS TARELA, LEILA		00:50:10	+20:33	5:00	49:22	25:54 (696)	F (81)	SUB 20 F (4)	SI (5)
682	1347	CADABAL GAGO, JUAN JOSÉ		00:50:10	+20:33	5:00	49:20	26:04 (709)	M (601)	SENIOR M (142)	
683	790	MARIÑO PEREIRAS, RAÚL	NOITEBRA FC	00:50:11	+20:34	5:01	49:50	24:49 (585)	M (602)	MASTER 1 M (84)	
684	1072	PIÑEIRO PIÑEIRO, PABLO		00:50:13	+20:36	5:01	49:17	26:19 (737)	M (603)	MASTER 2 M (210)	SI (47)

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
685	1505	GARCIA CODESIDO, MIGUEL	CLUBE ATLETISMO ARZUA	00:50:14	+20:37	5:01	49:23	26:16 (732)	M (604)	MASTER 1 M (85)	
686	1029	CALVO BERNARDEZ, FERNANDO		00:50:15	+20:38	5:01	49:42	26:01 (704)	M (605)	MASTER 3 M (106)	
687	1655	PÉREZ GARCÍA, JESÚS	CLUB ATLETISMO CAMBADOS	00:50:16	+20:39	5:01	49:49	26:12 (727)	M (606)	MASTER 4 M (16)	
688	1280	DI NATALE DOVAL, SERGIO		00:50:18	+20:41	5:01	49:33	25:33 (660)	M (607)	SUB 23 M (20)	
689	794	FRESCO RAMIL, JOSE MANUEL		00:50:18	+20:41	5:01	49:53	25:36 (664)	M (608)	MASTER 2 M (211)	
690	1568	DE MIGUEL BANDÍN, ÓSCAR		00:50:19	+20:42	5:01	49:30	25:51 (686)	M (609)	MASTER 2 M (212)	
691	1599	GARCÍA INSUA, ANTONIO		00:50:20	+20:43	5:01	49:09	26:34 (765)	M (610)	MASTER 2 M (213)	
692	1098	MEDAL RENDAL, DIANA	CLUBE DEPORTIVO ARZÚA	00:50:20	+20:43	5:01	49:49	25:45 (677)	F (82)	MASTER 2 F (19)	
693	1182	GÓMEZ LORENO, ADRIÁN FRANCISCO		00:50:22	+20:45	5:02	49:29	26:43 (777)	M (611)	MASTER 1 M (86)	
694	1460	PEREIRA ALONSO, IRIA		00:50:22	+20:45	5:02	49:34	26:27 (750)	F (83)	SENIOR F (30)	
695	41	MÍGUEZ VÁZQUEZ, RUBÉN		00:50:22	+20:45	5:02	49:34	26:27 (749)	M (612)	MASTER 1 M (87)	
696	531	RUZ, OSCAR		00:50:26	+20:49	5:02	49:57	25:09 (627)	M (613)	SENIOR M (143)	
697	1548	VARELA ÁLVAREZ, XACOBÉ		00:50:27	+20:50	5:02	49:34	26:20 (739)	M (614)	MASTER 1 M (88)	
698	545	DIEZ RICO, EMILIO JOSÉ		00:50:28	+20:51	5:02	49:50	26:01 (702)	M (615)	MASTER 2 M (214)	
699	597	TEIRA OTERO, LUÍS MANUEL	PRÓLOGO! PROJECT	00:50:29	+20:52	5:02	50:13	25:18 (642)	M (616)	MASTER 1 M (89)	
700	534	SANTOS LAMPON, LUPE	FLOW PILATES & TRAINING	00:50:30	+20:53	5:02	50:15	25:39 (666)	F (84)	MASTER 2 F (20)	
701	1089	ROIG VÁZQUEZ, IGNACIO		00:50:31	+20:54	5:03	49:21	26:44 (782)	M (617)	MASTER 1 M (90)	
702	1669	ABEIJON OTERO, INES		00:50:31	+20:54	5:03	50:11	25:39 (668)	F (85)	MASTER 1 F (19)	
703	1065	ÁLVAREZ CASTRO, CARLOS	CLUB ATLETISMO O PINO	00:50:33	+20:56	5:03	50:05	25:33 (661)	M (618)	SENIOR M (144)	
704	1228	MUÑIZ POSE, SANDRA		00:50:34	+20:57	5:03	49:29	26:47 (785)	F (86)	MASTER 2 F (21)	
705	781	OLVEIRA SUÁREZ, JUAN JESÚS	SAUDE SPORT	00:50:34	+20:57	5:03	50:08	25:44 (674)	M (619)	MASTER 1 M (91)	SI (48)
706	542	BERNÁRDEZ VARELA, ROBERTO		00:50:35	+20:58	5:03	50:04	26:19 (736)	M (620)	MASTER 2 M (215)	SI (49)
707	1316	VARELA PAZOS, ADRIAN	SERRES RUNNERS	00:50:36	+20:59	5:03	50:10	25:58 (700)	M (621)	MASTER 1 M (92)	
708	1038	CERNADAS LAGO, PAULA	SERRES RUNNERS	00:50:36	+20:59	5:03	50:10	25:58 (701)	F (87)	MASTER 1 F (20)	
709	568	GIL BREA, JOSE ANTONIO	NOITEBRA FC	00:50:38	+21:01	5:03	50:17	25:41 (673)	M (622)	MASTER 3 M (107)	
710	701	GIL OTERO, LIDIA		00:50:38	+21:01	5:03	50:16	25:41 (672)	F (88)	SENIOR F (31)	
711	1243	REGUEIRA BOO, JOSE MATIAS		00:50:41	+21:04	5:04	50:31	24:57 (605)	M (623)	MASTER 4 M (17)	
712	1219	RIOS, MIGUEL		00:50:42	+21:05	5:04	49:54	26:26 (748)	M (624)	MASTER 1 M (93)	
713	1574	FRAGA SANTOME, ANTONIO		00:50:43	+21:06	5:04	50:07	27:01 (804)	M (625)	SENIOR M (145)	
714	788	PORTO GARCÍA, NOE	TRAILEROS TOXOS & BIRRAS	00:50:45	+21:08	5:04	50:23	25:13 (635)	F (89)	MASTER 2 F (22)	
715	529	TOBÍO DÓNEGA, MARÍA LUISA		00:50:46	+21:09	5:04	50:25	25:53 (693)	F (90)	MASTER 2 F (23)	
716	792	ROCA AVILA, JAIME		00:50:47	+21:10	5:04	50:05	26:07 (715)	M (626)	MASTER 4 M (18)	
717	772	VIDEIRA CORREA, ALBERTO	RUNNING LUSEKELO	00:50:47	+21:10	5:04	50:23	25:15 (639)	M (627)	MASTER 4 M (19)	
718	830	FERREIROS JAMARDO, ALEX		00:50:47	+21:10	5:04	49:46	26:48 (786)	M (628)	MASTER 2 M (216)	
719	1050	CARRO SANCHEZ, SANDRO		00:50:49	+21:12	5:04	49:59	26:47 (784)	M (629)	MASTER 2 M (217)	
720	1649	QUINTÁNS FERNÁNDEZ, FABIAN		00:50:49	+21:12	5:04	50:22	25:05 (621)	M (630)	SUB 20 M (13)	SI (50)

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
721	793	RIVEIRO GAGO, PATRICIA	FLOW PILATES & TRAINING	00:50:49	+21:12	5:04	50:36	25:38 (665)	F (91)	MASTER 1 F (21)	
722	1048	BETANZOS REGO, TOBIAS	S.D. BARBANTIA RODA	00:50:50	+21:13	5:04	50:20	25:46 (679)	M (631)	MASTER 4 M (20)	
723	1079	BETANZOS FREIRE, SARELA	SOCIEDADE DEPORTIVA BARBANTIA	00:50:50	+21:13	5:04	50:20	25:45 (676)	F (92)	SENIOR F (32)	
724	1261	CAO PRADA, SANTIAGO		00:50:51	+21:14	5:05	50:10	26:46 (783)	M (632)	MASTER 2 M (218)	
725	723	VIDAL RODRÍGUEZ, JOSÉ	AMEIXIDA	00:50:53	+21:16	5:05	50:34	25:32 (659)	M (633)	MASTER 1 M (94)	
726	483	PEÑA LÓPEZ, RUBEN	CLUB ATLETISMO O PINO	00:50:53	+21:16	5:05	50:25	25:11 (630)	M (634)	MASTER 2 M (219)	
727	732	LIÑARES, ALBERTO		00:50:53	+21:16	5:05	50:34	24:52 (591)	M (635)	MASTER 2 M (220)	
728	1695	VILLARES BERMUDEZ, ALFONSO		00:50:54	+21:17	5:05	49:40	27:53 (877)	M (636)	MASTER 3 M (108)	
729	1078	BESADA ESPERÓN, PATRICIA	S.D. BARBANTIA RODA	00:50:54	+21:17	5:05	50:16	26:04 (711)	F (93)	SENIOR F (33)	
730	1047	VARELA VAL, JOSÉ FRANCISCO		00:50:56	+21:19	5:05	50:20	25:51 (689)	M (637)	MASTER 3 M (109)	
731	662	GARCIA CURROS, DAVID	ATLETISMO DEZA	00:50:57	+21:20	5:05	50:38	25:18 (643)	M (638)	MASTER 4 M (21)	
732	1390	PÉREZ ABEIJÓN, ÁLVARO		00:51:02	+21:25	5:06	50:28	26:39 (772)	M (639)	SENIOR M (146)	
733	596	GALLEGO PRIEGO, MANUEL	ATLETICO BERTAMIRANS	00:51:02	+21:25	5:06	50:36	26:14 (729)	M (640)	MASTER 3 M (110)	
734	1399	MARTINEZ MARIÑO, JOSE ANTONIO		00:51:03	+21:26	5:06	50:13	27:15 (828)	M (641)	MASTER 1 M (95)	
735	1343	TOME GONZALEZ, CARLOS		00:51:04	+21:27	5:06	50:07	25:13 (636)	M (642)	SENIOR M (147)	SI (51)
736	1107	DIÉGUEZ FERNÁNDEZ, DAVID		00:51:04	+21:27	5:06	50:53	24:45 (577)	M (643)	MASTER 2 M (221)	
737	700	GARCÍA CASTRO, MARTÍN		00:51:04	+21:27	5:06	50:41	25:49 (682)	M (644)	SENIOR M (148)	
738	505	FERNÁNDEZ PIÑEIRO, TONO		00:51:05	+21:28	5:06	50:13	27:24 (837)	M (645)	MASTER 3 M (111)	
739	497	NUÑEZ GONZÁLEZ, JOSÉ AMABLE	ATLETISMO +9 MORAÑA	00:51:05	+21:28	5:06	50:38	25:51 (687)	M (646)	MASTER 3 M (112)	
740	952	PRIEGUE CHAO, PABLO		00:51:06	+21:29	5:06	50:32	28:59 (958)	M (647)	MASTER 1 M (96)	
741	716	DOMÍNGUEZ GAGO, RICARDO	FLOW PILATES & TRAINING	00:51:06	+21:29	5:06	50:52	26:10 (721)	M (648)	MASTER 2 M (222)	
742	1090	BALADO LÓPEZ, CAROLINA		00:51:07	+21:30	5:06	50:06	26:23 (744)	F (94)	MASTER 4 F (1)	
743	955	PINTOS, MARINA		00:51:07	+21:30	5:06	50:03	26:12 (728)	F (95)	SENIOR F (34)	
744	571	LEON LOPEZ, MOISES		00:51:08	+21:31	5:06	49:57	26:32 (762)	M (649)	SENIOR M (149)	
745	1472	LEON LOPEZ, M RAMON		00:51:09	+21:32	5:06	49:57	26:33 (763)	M (650)	MASTER 2 M (223)	
746	1590	CASTRO VAZQUEZ, JAVIER		00:51:09	+21:32	5:06	50:43	26:25 (745)	M (651)	MASTER 1 M (97)	
747	782	TEDIN MOUZO, MARCOS		00:51:10	+21:33	5:06	50:43	26:10 (722)	M (652)	MASTER 2 M (224)	
748	446	CALVO GERARDI, MANUEL	CLUB ATLETISMO SAR	00:51:11	+21:34	5:07	51:02	24:53 (593)	M (653)	MASTER 4 M (22)	
749	1233	CASTRO ROMERO, GABRIEL		00:51:11	+21:34	5:07	50:43	24:25 (542)	M (654)	MASTER 1 M (98)	SI (52)
750	517	LESTON, MARTIN		00:51:15	+21:38	5:07	51:03	25:24 (651)	M (655)	MASTER 1 M (99)	SI (53)
751	939	VERDE LEBORANS, JOSE		00:51:16	+21:39	5:07	50:39	26:32 (761)	M (656)	MASTER 3 M (113)	
752	1697	SOMOZA LÓPEZ, CARLOS		00:51:19	+21:42	5:07	50:36	26:28 (755)	M (657)	MASTER 3 M (114)	
753	1543	LOJO ALONSO, DAVID		00:51:19	+21:42	5:07	50:26	26:37 (770)	M (658)	MASTER 1 M (100)	SI (54)
754	756	IZQUIERDO LOPEZ, ANGEL CARLOS		00:51:21	+21:44	5:08	50:55	26:25 (746)	M (659)	MASTER 2 M (225)	
755	1660	ROO MAROÑAS, GEMA		00:51:22	+21:45	5:08	50:50	26:42 (775)	F (96)	SENIOR F (35)	
756	803	GARCÍA REA, FERNANDO		00:51:23	+21:46	5:08	51:05	24:46 (581)	M (660)	MASTER 2 M (226)	



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
757	786	PARDAVILA IGLESIAS, MIGUEL ÁNGEL	CORRIDA DAS CABRAS	00:51:25	+21:48	5:08	50:43	26:30 (759)	M (661)	MASTER 3 M (115)	
758	741	VARELA MAZAS, JAVIER		00:51:27	+21:50	5:08	50:52	25:51 (688)	M (662)	MASTER 3 M (116)	
759	1694	MILLAN GUZMAN, JUAN CARLOS		00:51:32	+21:55	5:09	51:00	26:11 (724)	M (663)	MASTER 3 M (117)	
760	1100	BANET PAEZ, ALEJANDRO		00:51:32	+21:55	5:09	50:53	25:49 (684)	M (664)	MASTER 3 M (118)	
761	1087	MARCOS LORENZO, CARLOTA	CLUB TRIATLON CERVECERIA O COTON	00:51:33	+21:56	5:09	50:44	26:27 (752)	F (97)	MASTER 1 F (22)	
762	1064	BLANCO, OSCAR	DUBRA TEAM	00:51:35	+21:58	5:09	50:56	26:59 (799)	M (665)	MASTER 1 M (101)	
763	1150	LAREU CRESPO, DIEGO		00:51:36	+21:59	5:09	51:03	25:50 (685)	M (666)	SENIOR M (150)	
764	1299	SANTAMARIA OLIVEIRA, JUAN ANTONIO		00:51:36	+21:59	5:09	50:44	27:53 (879)	M (667)	MASTER 1 M (102)	
765	1665	LÓPEZ ALVAREZ, JOSÉ LUIS	ATLETISMO BAIONA	00:51:38	+22:01	5:09	50:38	26:22 (742)	M (668)	MASTER 2 M (227)	SI (55)
766	1709	MARTINEZ ORDOÑEZ, ANXO		00:51:38	+22:01	5:09	50:42	26:51 (789)	M (669)	SENIOR M (151)	
767	1076	MIRA LLOPIS, MANUEL	ASOCIACIÓN DEPORTIVA OLIMPIA	00:51:40	+22:03	5:09	51:03	26:34 (767)	M (670)	MASTER 2 M (228)	
768	524	PAIS MOSQUERA, NICOLAS		00:51:41	+22:04	5:10	51:18	27:00 (803)	M (671)	SUB 20 M (14)	
769	476	MÉNDEZ RODRÍGUEZ, JOSÉ LUIS		00:51:42	+22:05	5:10	51:10	26:50 (787)	M (672)	MASTER 3 M (119)	
770	437	OUJO CASTELO, SANTIAGO	ADC ARNELAÑ	00:51:45	+22:08	5:10	50:59	25:52 (691)	M (673)	MASTER 3 M (120)	SI (56)
771	1043	GARCIA FERNANDEZ, ISABEL	ATLETISMO FONTES DO SAR	00:51:45	+22:08	5:10	51:12	26:20 (740)	F (98)	MASTER 3 F (4)	
772	1378	MESTRE RIBOT, MARIA MARGALIDA		00:51:46	+22:09	5:10	51:15	26:37 (771)	F (99)	SENIOR F (36)	
773	733	PENA VARELA, MANUEL	RAMBLER RUNNER	00:51:47	+22:10	5:10	51:24	25:11 (631)	M (674)	MASTER 2 M (229)	
774	1031	FERNANDEZ BLANCO, SILVIA	SD COMPOSTELA ATLETISMO	00:51:48	+22:11	5:10	51:16	26:10 (718)	F (100)	MASTER 1 F (23)	
775	665	CORES CANCELA, ANDREA	SD COMPOSTELA ATLETISMO	00:51:48	+22:11	5:10	51:17	26:09 (716)	F (101)	SENIOR F (37)	
776	1034	SUEIRAS FIEIRO, LUIS CARLOS		00:51:51	+22:14	5:11	51:07	27:25 (838)	M (675)	MASTER 3 M (121)	
777	1727	GARCIA ORDOÑEZ, MARTIN		00:51:54	+22:17	5:11	50:57	26:19 (735)	M (676)	SUB 20 M (15)	
778	533	GONZÁLEZ VARELA, BENITO	CLUB ATLETISMO TAMBRE	00:51:56	+22:19	5:11	50:46	27:06 (812)	M (677)	MASTER 4 M (23)	
779	829	FARIÑA MARTINEZ, JUAN CARLOS		00:51:58	+22:21	5:11	50:57	26:22 (743)	M (678)	MASTER 2 M (230)	
780	947	AGRELO COUSELO, MARÍA	ATLETISMO +9 MORAÑA	00:52:00	+22:23	5:11	51:46	26:04 (710)	F (102)	MASTER 2 F (24)	
781	595	PESTONIT FREIRE, NOE	TRIBU TRAIL	00:52:01	+22:24	5:12	50:52	27:48 (867)	M (679)	MASTER 2 M (231)	
782	488	GARCÍA FREIRE, PABLO	CHORIMA	00:52:03	+22:26	5:12	51:41	25:30 (656)	M (680)	MASTER 2 M (232)	
783	802	ROO MAROÑAS, PABLO	CAL	00:52:04	+22:27	5:12	51:32	26:43 (778)	M (681)	MASTER 1 M (103)	
784	546	BLANCO NOVO, JOSÉ MANUEL	ASOCIACIÓN DEPORTIVA OLIMPIA	00:52:04	+22:27	5:12	51:30	26:10 (717)	M (682)	MASTER 3 M (122)	
785	1232	MOLEDO GONZÁLEZ, YOLANDA	ASOCIACIÓN DEPORTIVA OLIMPIA	00:52:06	+22:29	5:12	51:27	27:47 (865)	F (103)	MASTER 2 F (25)	
786	761	CALVIÑO BAUTIS, JOSE		00:52:07	+22:30	5:12	51:37	26:36 (769)	M (683)	MASTER 2 M (233)	
787	506	NIETO PAZOS, SUSY		00:52:08	+22:31	5:12	52:03	26:29 (756)	F (104)	MASTER 2 F (26)	
788	1569	BRAGAÑA MIGUENS, MARÍA JOSÉ	CLUB ATLETISMO OUTES	00:52:14	+22:37	5:13	51:16	27:40 (856)	F (105)	MASTER 3 F (5)	
789	1449	BRAGAÑA PARDO, XIANA	CLUB ATLETISMO OUTES	00:52:14	+22:37	5:13	51:15	27:40 (856)	F (106)	SUB 20 F (5)	
790	1604	LORENZO VILOUTA, MARTÍN		00:52:16	+22:39	5:13	51:11	26:44 (780)	M (684)	MASTER 1 M (104)	
791	1622	DIOS SANTOS, DIEGO		00:52:17	+22:40	5:13	51:47	27:09 (819)	M (685)	SENIOR M (152)	SI (57)
792	787	LORENZO VILLAR, ALMA	CLUB TRIATLON COMPOSTELA	00:52:17	+22:40	5:13	51:56	26:27 (751)	F (107)	MASTER 1 F (24)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
793	1085	MARTINEZ BARCA, JORGE		00:52:19	+22:42	5:13	52:18	28:40 (939)	M (686)	MASTER 1 M (105)	
794	753	VILAR CAAMAÑO, FELIX		00:52:19	+22:42	5:13	51:50	25:56 (698)	M (687)	MASTER 4 M (24)	SI (58)
795	1547	NIETO MARTÍNEZ, SARA		00:52:20	+22:43	5:13	51:50	27:09 (820)	F (108)	SENIOR F (38)	
796	956	CARA ES VILA, NOA	SOCIEDADE DEPORTIVA BARBANTIA	00:52:21	+22:44	5:14	52:01	26:02 (705)	F (109)	MASTER 2 F (27)	
797	1105	OITAVÉN FERNÁNDEZ, MARCELO	CLUB ATLETISMO USC	00:52:23	+22:46	5:14	51:30	27:08 (817)	M (688)	MASTER 2 M (234)	
798	1084	RIAL OTERO, JOSE LUIS	TARTARUGAS	00:52:24	+22:47	5:14	51:34	27:39 (855)	M (689)	MASTER 3 M (123)	
799	1522	LÓPEZ RODRÍGUEZ, ANDRÉS		00:52:26	+22:49	5:14	51:50	26:56 (796)	M (690)	MASTER 4 M (25)	
800	1073	FERNÁNDEZ MARTÍNEZ, TOMAS		00:52:28	+22:51	5:14	51:31	27:02 (805)	M (691)	MASTER 2 M (235)	
801	1255	FARALDO FIGUEIRA, EFRÉN	CLUB RUNNING SANTANDER GALICIA	00:52:30	+22:53	5:14	51:48	27:20 (833)	M (692)	MASTER 2 M (236)	
802	916	PAZOS TOBA, ROCIO		00:52:30	+22:53	5:14	51:48	27:20 (832)	F (110)	MASTER 2 F (28)	
803	1334	PÉREZ GONZALEZ, JOAQUÍN	TRABANDAINAS	00:52:30	+22:53	5:14	51:50	26:59 (802)	M (693)	MASTER 3 M (124)	
804	455	MANEIRO SAMPEDRO, JULIO		00:52:31	+22:54	5:15	51:51	26:59 (801)	M (694)	MASTER 3 M (125)	
805	1373	ROMERO GACIÑO, IAGO		00:52:32	+22:55	5:15	51:43	26:51 (790)	M (695)	MASTER 2 M (237)	
806	942	RIVERA GARABAL, PAULA	CLUB ATLETISMO TAMBRE	00:52:32	+22:55	5:15	51:23	28:09 (897)	F (111)	SUB 18 F (3)	
807	521	CAO BRAÑA, ROBERTO		00:52:34	+22:57	5:15	51:16	27:36 (849)	M (696)	MASTER 3 M (126)	
808	1458	GIL PEREIRA, JAVIET	TARTARUGAS	00:52:35	+22:58	5:15	51:44	27:40 (858)	M (697)	MASTER 2 M (238)	
809	1086	PITA DOPICO, JUAN JOSE		00:52:39	+23:02	5:15	52:01	28:12 (906)	M (698)	SENIOR M (153)	
810	724	PEREZ SUSAVILA, ANGEL		00:52:43	+23:06	5:16	51:42	29:09 (968)	M (699)	MASTER 3 M (127)	
811	1094	LLOVES, ALBA		00:52:43	+23:06	5:16	52:14	26:59 (800)	F (112)	SENIOR F (39)	
812	804	CALVO CALVO, LUIS		00:52:43	+23:06	5:16	51:42	29:09 (967)	M (700)	MASTER 3 M (128)	
813	1546	RODRIGUEZ DEAN, JUAN LUIS		00:52:44	+23:07	5:16	52:02	27:26 (839)	M (701)	SENIOR M (154)	SI (59)
814	1300	GIL MARIÑO, JAVIER AUGUSTO		00:52:45	+23:08	5:16	51:46	27:38 (851)	M (702)	MASTER 1 M (106)	
815	669	CANCELO ALFONSO, JUAN JOSE	CLUB DEPORTIVO BRIÓN HYUPERSA	00:52:46	+23:09	5:16	51:53	28:30 (930)	M (703)	MASTER 1 M (107)	
816	1256	CERNADAS AGEITOS, ALEJANDRO		00:52:47	+23:10	5:16	52:13	26:57 (797)	M (704)	SUB 20 M (16)	
817	705	GARCIA LIAS, CRISTIAN		00:52:49	+23:12	5:16	52:13	26:30 (758)	M (705)	MASTER 1 M (108)	SI (60)
818	1518	CORNADO GONZÁLEZ, DAVID		00:52:50	+23:13	5:16	51:52	27:04 (810)	M (706)	SENIOR M (155)	
819	1536	FILGUEIRA SANTOS, SOFÍA		00:52:53	+23:16	5:17	52:06	27:48 (866)	F (113)	SENIOR F (40)	
820	1648	MANEIRO LIÑARES, ALBERTO	SD COMPOSTELA ATLETISMO	00:52:53	+23:16	5:17	52:05	27:35 (847)	M (707)	MASTER 2 M (239)	
821	1117	RIVEIRO FORJÁN, PABLO		00:52:54	+23:17	5:17	51:51	27:50 (873)	M (708)	SENIOR M (156)	
822	1532	TANOIRA CARBALLO, PEDRO		00:52:55	+23:18	5:17	52:06	27:31 (845)	M (709)	MASTER 1 M (109)	
823	1478	QUILES NOGUÉS, RUBÈN		00:52:57	+23:20	5:17	51:50	28:10 (903)	M (710)	MASTER 1 M (110)	
824	759	FERREIRÓS, JOSE	TARTARUGAS	00:52:58	+23:21	5:17	52:07	27:54 (880)	M (711)	MASTER 3 M (129)	
825	1143	SUÁREZ CARBAJALES, EDU		00:53:01	+23:24	5:18	51:57	27:06 (813)	M (712)	MASTER 2 M (240)	
826	932	SÁNCHEZ BASCOY, SILVIA		00:53:01	+23:24	5:18	52:46	26:28 (754)	F (114)	MASTER 4 F (2)	
827	512	ROMERO ONS, LUCIA	CLUB ATLETISMO LOUSAME	00:53:02	+23:25	5:18	52:36	27:07 (815)	F (115)	MASTER 2 F (29)	
828	1585	ESTEVEZ SERANTES, JONATHAN		00:53:02	+23:25	5:18	51:50	27:39 (854)	M (713)	MASTER 1 M (111)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
829	200	DURÁN GARCÍA, IRIS		00:53:03	+23:26	5:18	52:06	27:07 (816)	F (116)	SENIOR F (41)	
830	933	LEÓN VIÑAS, ANGELES	CLUB ATLETISMO NOIA	00:53:04	+23:27	5:18	52:19	27:30 (843)	F (117)	MASTER 2 F (30)	
831	1088	SILVEIRA GARCIA, ALEJANDRO		00:53:04	+23:27	5:18	52:23	26:53 (792)	M (714)	MASTER 1 M (112)	
832	1416	CASTAÑO BRIONES, JUAN RAMON		00:53:08	+23:31	5:18	52:38	27:51 (875)	M (715)	MASTER 2 M (241)	
833	1656	AMOEDO TABOAS, ANDRES		00:53:09	+23:32	5:18	52:12	27:04 (809)	M (716)	SENIOR M (157)	
834	910	FERRACES VAZQUEZ, MONTSERRAT		00:53:14	+23:37	5:19	52:35	26:54 (794)	F (118)	MASTER 3 F (6)	
835	1530	PAIS FERNANDEZ, MANUEL	SERRES RUNNERS	00:53:15	+23:38	5:19	52:50	26:54 (793)	M (717)	MASTER 4 M (26)	
836	166	PALMERO DOSIL, MIGUEL ÁNGEL		00:53:17	+23:40	5:19	53:08	26:35 (768)	M (718)	MASTER 2 M (242)	
837	1537	FERNÁNDEZ BOUVIER, EMMA		00:53:18	+23:41	5:19	52:31	28:24 (921)	F (119)	SENIOR F (42)	
838	1588	CARNEIRO NOGUEIRAS, FRANCISCO JAVIER	SD COMPOSTELA ATLETISMO	00:53:18	+23:41	5:19	52:29	27:37 (850)	M (719)	MASTER 2 M (243)	
839	1466	CAPELO VILAR, FABIO	CORREXALLAS	00:53:21	+23:44	5:20	52:25	28:21 (913)	M (720)	MASTER 2 M (244)	
840	1036	LÓPEZ TEMES, MANUEL	CORREXALLAS	00:53:21	+23:44	5:20	52:21	28:21 (912)	M (721)	MASTER 1 M (113)	
841	1620	VÁZQUEZ PAIS, BORJA		00:53:21	+23:44	5:20	52:39	27:46 (863)	M (722)	SENIOR M (158)	SI (61)
842	1737	PANTIN LOPEZ, PAULA		00:53:22	+23:45	5:20	52:37	28:03 (894)	F (120)	MASTER 1 F (25)	
843	758	GÓMEZ LODEIROS, SUSANA	TARTARUGAS	00:53:23	+23:46	5:20	52:32	27:53 (878)	F (121)	MASTER 3 F (7)	SI (6)
844	1516	PEDROSA, PAMELA		00:53:27	+23:50	5:20	52:47	27:13 (823)	F (122)	SENIOR F (43)	
845	1001	FIGUEIRAS ZARAUZA, IVAN LUIS		00:53:30	+23:53	5:20	52:13	28:42 (941)	M (723)	MASTER 2 M (245)	
846	1039	VILAR VÁZQUEZ, RUBÉN	ENTRENARUNNING	00:53:30	+23:53	5:20	52:55	27:03 (807)	M (724)	MASTER 2 M (246)	
847	773	REBORDA GRAÑA, AMADOR	CLUB DEPORTIVO PINARIUM	00:53:31	+23:54	5:21	52:28	28:15 (908)	M (725)	MASTER 3 M (130)	
848	1284	DÍAZ MARÍN, ALDARA		00:53:32	+23:55	5:21	52:50	27:39 (853)	F (123)	SENIOR F (44)	
849	1370	GONZÁLEZ BRANTUAS, ESTELA		00:53:32	+23:55	5:21	52:50	27:38 (852)	F (124)	SENIOR F (45)	
850	798	AMADO BOUZA, JOSÉ MARÍA	ATLÉTAS DE ACEA DE AMA	00:53:34	+23:57	5:21	52:58	26:50 (788)	M (726)	MASTER 3 M (131)	
851	1734	GALIÑANES, MANE		00:53:36	+23:59	5:21	52:23	28:16 (911)	M (727)	MASTER 2 M (247)	
852	1114	CONDE SUÁREZ, PLACERES	CLUB ATLETISMO O PINO	00:53:37	+24:00	5:21	53:08	27:09 (818)	F (125)	MASTER 2 F (31)	
853	1411	HERMO MARIÑO, SANTIAGO		00:53:38	+24:01	5:21	53:04	28:01 (892)	M (728)	MASTER 4 M (27)	
854	1148	VIA, TAMARA	ATLETISMO FONTES DO SAR	00:53:39	+24:02	5:21	53:05	27:29 (842)	F (126)	MASTER 2 F (32)	
855	1523	BAULDE SUMAY, ANGELA		00:53:40	+24:03	5:21	52:42	27:12 (822)	F (127)	SENIOR F (46)	
856	1152	TABOADA ASOREY, PAULA	GLOBAL SPORT CLUB	00:53:43	+24:06	5:22	53:10	27:14 (825)	F (128)	SENIOR F (47)	
857	1677	PÉREZ ALONSO, CRISTINA	ATLETISMO +9 MORAÑA	00:53:50	+24:13	5:22	53:13	27:04 (808)	F (129)	MASTER 1 F (26)	
858	1489	BOADO SÁNCHEZ, IVÁN		00:53:51	+24:14	5:23	53:07	27:32 (846)	M (729)	MASTER 2 M (248)	
859	748	LORENZO RIVEIRO, JOSE ANGEL		00:53:52	+24:15	5:23	53:28	27:57 (884)	M (730)	MASTER 3 M (132)	
860	525	SERANTES ABAL, ELOI	ADC ARNELA	00:53:53	+24:16	5:23	53:08	26:10 (720)	M (731)	SUB 23 M (21)	SI (62)
861	1691	MAROÑAS SOÑORA, MARÍA		00:53:54	+24:17	5:23	53:10	27:51 (874)	F (130)	MASTER 3 F (8)	
862	1521	RIAL VÁZQUEZ, JESSICA		00:53:55	+24:18	5:23	53:03	27:56 (883)	F (131)	SENIOR F (48)	
863	1666	BARREIRO GONZÁLEZ, JORGE		00:53:55	+24:18	5:23	52:49	28:11 (905)	M (732)	MASTER 2 M (249)	
864	1379	GONZALEZ IGLESIAS, XOAN		00:53:58	+24:21	5:23	53:08	27:49 (871)	M (733)	SENIOR M (159)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
865	1176	DIEZ POSSE, PANCHO		00:53:58	+24:21	5:23	53:15	28:35 (934)	M (734)	MASTER 3 M (133)	
866	1044	PÉREZ BAÑA, DAVID	CLUB DEPORTIVO BRIÓN HYUPERSA	00:54:00	+24:23	5:23	53:07	28:30 (929)	M (735)	SENIOR M (160)	
867	945	PEREZ GARRIDO, MACARENA		00:54:01	+24:24	5:24	53:02	29:32 (1002)	F (132)	SUB 18 F (4)	
868	1009	BOUZAS TOREA, SOFÍA		00:54:02	+24:25	5:24	53:28	28:25 (924)	F (133)	SENIOR F (49)	
869	1513	VIÉITEZ FERRADÁNS, JOSÉ		00:54:06	+24:29	5:24	53:22	26:40 (773)	M (736)	MASTER 2 M (250)	
870	1384	RODRÍGUEZ SALCEDO, ALFONSO		00:54:07	+24:30	5:24	53:36	27:59 (886)	M (737)	SUB 23 M (22)	
871	1272	ALONSO PARDAL, SANTIAGO		00:54:10	+24:33	5:24	53:20	28:25 (923)	M (738)	SENIOR M (161)	
872	1095	FERNANDEZ VAZQUEZ, FRANCISCO GABRIEL		00:54:10	+24:33	5:24	53:21	27:50 (872)	M (739)	MASTER 1 M (114)	
873	1415	CARREÑO MANEIRO, ANDRÉS		00:54:12	+24:35	5:25	53:38	26:57 (798)	M (740)	SUB 18 M (14)	SI (63)
874	1111	VARELA VARELA, SABELA	CORRIDA DAS CABRAS	00:54:14	+24:37	5:25	53:34	27:42 (860)	F (134)	MASTER 2 F (33)	
875	1314	AGULLEIRO BERAZA, AINHOA		00:54:16	+24:39	5:25	53:24	28:24 (920)	F (135)	SENIOR F (50)	
876	1315	AGULLEIRO DÍAZ, JESÚS P.		00:54:16	+24:39	5:25	53:24	28:24 (917)	M (741)	MASTER 3 M (134)	
877	986	GÓMEZ MOURE, SANDRA		00:54:17	+24:40	5:25	53:44	27:49 (869)	F (136)	MASTER 1 F (27)	
878	1082	RODRÍGUEZ SALCEDO, MARÍA		00:54:18	+24:41	5:25	53:47	28:00 (887)	F (137)	SENIOR F (51)	
879	1735	GOMEZ ROMAN, MARCOS		00:54:20	+24:43	5:25	53:08	29:24 (990)	M (742)	MASTER 2 M (251)	
880	699	BARRO SANCHEZ, IAGO	PEÑA LAR VIVEIRO	00:54:23	+24:46	5:26	53:47	28:01 (889)	M (743)	MASTER 1 M (115)	
881	1573	COTELO REY, PILAR		00:54:23	+24:46	5:26	53:46	28:01 (890)	F (138)	SENIOR F (52)	
882	1690	MARTINEZ CERNADAS, JUAN MNUEL		00:54:24	+24:47	5:26	53:30	27:29 (840)	M (744)	MASTER 2 M (252)	
883	946	RAMOS OLVEIRA, ESTEFANIA	SLAP TRAINING	00:54:26	+24:49	5:26	53:41	27:55 (881)	F (139)	MASTER 1 F (28)	
884	1633	ROMERO CALO, VICTOR		00:54:27	+24:50	5:26	53:58	27:13 (824)	M (745)	MASTER 1 M (116)	SI (64)
885	1344	POSES BLANCO, ARTAI		00:54:29	+24:52	5:26	53:33	26:42 (774)	M (746)	SENIOR M (162)	
886	1657	CASTRO LAGO, MIGUEL ANGEL		00:54:31	+24:54	5:27	53:37	28:06 (896)	M (747)	SENIOR M (163)	
887	1602	ANDRADE VÁZQUEZ, MIGUEL		00:54:33	+24:56	5:27	53:18	28:36 (937)	M (748)	MASTER 2 M (253)	
888	1698	SIMOES FERNANDEZ, JOSÉ LUIS		00:54:36	+24:59	5:27	53:13	29:59 (1047)	M (749)	MASTER 4 M (28)	
889	1667	MARTÍNEZ IGLESIAS, ADRIÁN		00:54:37	+25:00	5:27	53:57	28:10 (902)	M (750)	SENIOR M (164)	
890	1629	FERNÁNDEZ AYASO, RUBÉN	SLAP TRAINING	00:54:39	+25:02	5:27	53:40	30:17 (1075)	M (751)	SENIOR M (165)	
891	1550	CAMPOS EIRÍN, MERCEDES	ATLETISMO +9 MORAÑA	00:54:39	+25:02	5:27	54:26	27:23 (835)	F (140)	MASTER 2 F (34)	
892	1659	CASTRO GONZÁLEZ, ISABEL	CLUB DEPORTIVO DELIKIA	00:54:40	+25:03	5:27	54:00	27:59 (885)	F (141)	SENIOR F (53)	
893	695	FERNANDEZ HERMO, ANDREA		00:54:41	+25:04	5:28	54:27	27:49 (868)	F (142)	SENIOR F (54)	
894	1542	CREO SANCHEZ, JOSÉ MANUEL		00:54:45	+25:08	5:28	54:04	24:18 (530)	M (752)	MASTER 1 M (117)	SI (65)
895	1138	SANCHEZ VAZQUEZ, MARIA JOSE	BRUTANZOS TEAM	00:54:45	+25:08	5:28	54:00	28:36 (936)	F (143)	MASTER 3 F (9)	
896	1551	BARROS GONZÁLEZ, ABEL	ATLETISMO +9 MORAÑA	00:54:45	+25:08	5:28	54:31	27:23 (836)	M (753)	MASTER 2 M (254)	
897	816	MARTINEZ OVIEDO, ANGEL		00:54:45	+25:08	5:28	54:31	27:49 (870)	M (754)	MASTER 3 M (135)	
898	1509	PIÑEIRO NIETO, TOMAS		00:54:46	+25:09	5:28	53:31	30:43 (1104)	M (755)	MASTER 2 M (255)	SI (66)
899	909	GONZALEZ MIRAS, KIKO		00:54:46	+25:09	5:28	53:45	28:41 (940)	M (756)	MASTER 2 M (256)	
900	681	ARGIBAY PEREZ, JUAN ANTONIO		00:54:48	+25:11	5:28	53:47	30:01 (1050)	M (757)	MASTER 4 M (29)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
901	902	ARUFE JAUDENES, SARA		00:54:49	+25:12	5:28	53:54	29:52 (1036)	F (144)	SENIOR F (55)	
902	1454	CASTRO ALVAREZ, OSCAR		00:54:49	+25:12	5:28	54:06	27:02 (806)	M (758)	MASTER 2 M (257)	
903	1707	PEREZ, MARTINA		00:54:49	+25:12	5:28	53:53	29:52 (1035)	F (145)	SENIOR F (56)	
904	1286	ARMENTAL GODON, MARCOS		00:54:49	+25:12	5:28	53:45	30:08 (1067)	M (759)	MASTER 3 M (136)	
905	688	PARDAL GARCÍA, ROMÁN		00:54:51	+25:14	5:29	54:00	28:00 (888)	M (760)	MASTER 2 M (258)	
906	1477	MANEIRO OTERO, GUILLERMO	CLUB ATLETISMO CAMBADOS	00:54:54	+25:17	5:29	54:26	26:33 (764)	M (761)	MASTER 3 M (137)	
907	1162	SUEIRAS FIEIRO, JOSE IGNACIO		00:54:57	+25:20	5:29	54:13	27:55 (882)	M (762)	MASTER 3 M (138)	
908	1323	MARTÍNEZ PARCERO, VERÓNICA	CLUB ATLETISMO O PINO	00:54:58	+25:21	5:29	54:33	27:46 (864)	F (146)	MASTER 2 F (35)	
909	1324	CARRASCO ITURRA, CARLOS	CLUB ATLETISMO O PINO	00:54:58	+25:21	5:29	54:33	27:46 (861)	M (763)	MASTER 3 M (139)	
910	938	ESPIÑA GARRIDO, MARÍA	CDM XESTEIRAS	00:55:00	+25:23	5:29	54:09	28:09 (898)	F (147)	MASTER 1 F (29)	
911	1720	CONSTENLA FONTÁN, JULIO CESAR		00:55:00	+25:23	5:29	54:36	28:16 (910)	M (764)	MASTER 4 M (30)	
912	1385	MOSQUERA VILLAVERDE, VALENTÍN	CDM XESTEIRAS	00:55:01	+25:24	5:30	54:10	28:09 (899)	M (765)	MASTER 1 M (118)	
913	1326	TABOADA PÉREZ, JOSE		00:55:02	+25:25	5:30	54:00	30:00 (1048)	M (766)	MASTER 1 M (119)	
914	980	MIGUEL PÉREZ, ISIDORO	CATASTROTTERS	00:55:09	+25:32	5:30	54:18	28:10 (901)	M (767)	MASTER 2 M (259)	
915	1091	BREA LÓPEZ, GONZALO		00:55:09	+25:32	5:30	54:08	29:19 (982)	M (768)	MASTER 3 M (140)	
916	1092	LAREO RODRÍGUEZ, RAQUEL		00:55:10	+25:33	5:30	54:09	29:19 (983)	F (148)	MASTER 2 F (36)	
917	1589	CABO SOUTO, JESÚS	SD COMPOSTELA ATLETISMO	00:55:11	+25:34	5:31	54:22	26:44 (781)	M (769)	MASTER 2 M (260)	
918	494	LORENZO BLANCO, RUBÉN	TRIATLON RIANXO	00:55:13	+25:36	5:31	54:06	28:32 (932)	M (770)	MASTER 2 M (261)	
919	1692	RUEDA VALENZUELA, ALFONSO		00:55:14	+25:37	5:31	54:03	28:48 (944)	M (771)	MASTER 3 M (141)	
920	927	MELÉNDREZ VILA, DÁNAE	NOSPORTLIMIT	00:55:14	+25:37	5:31	54:40	28:15 (909)	F (149)	MASTER 1 F (30)	
921	931	DÍAZ RODENAS, SERGIO	MUSHO BETIS	00:55:14	+25:37	5:31	54:29	28:48 (943)	M (772)	SUB 18 M (15)	
922	1488	MOURIÑO CAGIDE, CESAR		00:55:14	+25:37	5:31	54:30	27:35 (848)	M (773)	MASTER 2 M (262)	
923	1733	FERNANDEZ, PABLO		00:55:14	+25:37	5:31	54:02	28:48 (942)	M (774)	MASTER 2 M (263)	
924	1131	DE LA FUENTE REY, ANTÍA		00:55:17	+25:40	5:31	54:37	28:54 (956)	F (150)	SENIOR F (57)	
925	1093	DEL RIO MACEIRA, ALEJANDRO		00:55:18	+25:41	5:31	54:31	28:50 (950)	M (775)	MASTER 1 M (120)	
926	1500	CÓRDOBA OTERO, MARÍA		00:55:20	+25:43	5:31	54:06	29:49 (1025)	F (151)	MASTER 2 F (37)	
927	1485	LAGARES CARRO, MAXI	ESPRINTES OURENSE	00:55:21	+25:44	5:32	54:08	29:03 (960)	M (776)	MASTER 3 M (142)	
928	973	PIÑEIRO BEN, LUCÍA	SD COMPOSTELA ATLETISMO	00:55:22	+25:45	5:32	54:49	27:05 (811)	F (152)	MASTER 1 F (31)	
929	1371	BORRAJO MERA, JORGE		00:55:26	+25:49	5:32	55:25	27:19 (831)	M (777)	SUB 23 M (23)	
930	943	BORRAJO MERA, ANDRÉS		00:55:26	+25:49	5:32	54:40	27:18 (829)	M (778)	SUB 23 M (24)	
931	1263	VILARIÑO ABEIJON, LOIS	ASOCIACIÓN BJ RUNNING TEAM	00:55:30	+25:53	5:32	54:28	29:12 (973)	M (779)	MASTER 2 M (264)	
932	777	ROJO RODRÍGUEZ, ANDREA		00:55:35	+25:58	5:33	54:30	27:30 (844)	F (153)	SENIOR F (58)	
933	975	PEREZ PAZ, ALBA	CLUB TRIATLON COMPOSTELA	00:55:40	+26:03	5:33	54:48	28:35 (935)	F (154)	SENIOR F (59)	
934	1135	VIDAL FERNÁNDEZ, JUAN MANUEL		00:55:40	+26:03	5:33	54:36	29:11 (969)	M (780)	MASTER 4 M (31)	
935	1128	GARCIA VELASCO, PABLO		00:55:42	+26:05	5:34	55:00	27:19 (830)	M (781)	SENIOR M (166)	
936	1595	PINTOS VILLAR, JACOBO		00:55:43	+26:06	5:34	54:39	27:14 (826)	M (782)	MASTER 1 M (121)	



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
937	1345	GONZALEZ MIGUENS, JOSE BENJAMIN GONZALEZ		00:55:44	+26:07	5:34	54:40	29:29 (998)	M (783)	MASTER 2 M (265)	
938	1222	BUJAN SANCHEZ, ALEJANDRO MANUEL		00:55:47	+26:10	5:34	54:59	27:22 (834)	M (784)	SENIOR M (167)	
939	738	BLANCO AMEIJERAS, JOSE MANUEL		00:55:47	+26:10	5:34	55:08	26:01 (703)	M (785)	SENIOR M (168)	
940	1621	VÁZQUEZ PAIS, MARTA		00:55:47	+26:10	5:34	55:05	27:46 (862)	F (155)	SENIOR F (60)	SI (7)
941	1113	MARIÑO RODRÍGUEZ, JOSÉ MANUEL		00:55:50	+26:13	5:34	54:48	28:58 (957)	M (786)	MASTER 3 M (143)	
942	935	SANMARTÍN RODRÍGUEZ, NOEMI	CLUB ATLETISMO O PINO	00:55:55	+26:18	5:35	54:57	29:41 (1010)	F (156)	MASTER 2 F (38)	
943	1668	RODRÍGUEZ TRINIDAD, JOSÉ ANTONIO		00:55:55	+26:18	5:35	54:59	29:28 (996)	M (787)	MASTER 4 M (32)	
944	823	BARREIRO MARTÍNEZ, MYRIAM		00:56:00	+26:23	5:35	54:57	29:51 (1032)	F (157)	MASTER 1 F (32)	
945	1678	SÁNCHEZ MARTÍNEZ, LORENA		00:56:01	+26:24	5:36	54:58	29:50 (1030)	F (158)	MASTER 1 F (33)	
946	976	BEN GAREA, EVA		00:56:02	+26:25	5:36	55:06	29:35 (1006)	F (159)	MASTER 3 F (10)	
947	1576	RESUA RESUA, MIGUEL	FLOW PILATES & TRAINING	00:56:05	+26:28	5:36	55:03	29:26 (993)	M (788)	MASTER 3 M (144)	
948	1577	REY TUBIO, BEA	FLOW PILATES & TRAINING	00:56:05	+26:28	5:36	55:03	29:26 (992)	F (160)	MASTER 2 F (39)	
949	1103	ALDAO PEREIRA, MARCOS		00:56:05	+26:28	5:36	54:48	30:03 (1058)	M (789)	MASTER 3 M (145)	
950	1132	PAINCEIRA FERRACES, ALVARO		00:56:06	+26:29	5:36	54:52	29:43 (1013)	M (790)	MASTER 4 M (33)	
951	1140	SUÁREZ GAREA, JORGE ALBERTO		00:56:07	+26:30	5:36	55:42	27:06 (814)	M (791)	MASTER 2 M (266)	
952	1302	BERMUDEZ DELGADO, CELTIA		00:56:08	+26:31	5:36	55:33	29:45 (1016)	F (161)	SENIOR F (61)	
953	1647	RODRÍGUEZ GONZÁLEZ, PABLO	CLUB ATLETISMO OUTES-MARISCOS	00:56:08	+26:31	5:36	55:09	28:33 (933)	M (792)	MASTER 1 M (122)	
954	974	MARTÍNEZ NÚÑEZ, JAVIER		00:56:08	+26:31	5:36	55:23	29:51 (1033)	M (793)	SENIOR M (169)	
955	1199	NAVARRO MARTÍNEZ, MARÍA	TRIATLON INFORHOUSE SANTIAGO	00:56:10	+26:33	5:36	55:20	29:06 (963)	F (162)	SENIOR F (62)	
956	1630	FERREIRA RODRÍGUEZ, ALBERTO		00:56:10	+26:33	5:36	55:15	29:30 (999)	M (794)	MASTER 2 M (267)	SI (67)
957	1566	MOSQUERA RAMOS, MANUEL		00:56:10	+26:33	5:36	54:53	29:21 (986)	M (795)	MASTER 2 M (268)	
958	979	OTERO FERNÁNDEZ, INMA	BRUTANZOS	00:56:16	+26:39	5:37	55:33	29:09 (965)	F (163)	MASTER 2 F (40)	
959	1490	BOADO PEREIRA, TOÑO		00:56:17	+26:40	5:37	55:31	28:37 (938)	M (796)	MASTER 2 M (269)	
960	1189	FERRADÁS RODRÍGUEZ, MARINA		00:56:19	+26:42	5:37	55:21	29:46 (1017)	F (164)	SENIOR F (63)	
961	1572	SALGADO SÁEZ, ANDREA		00:56:20	+26:43	5:37	55:26	29:52 (1037)	F (165)	SENIOR F (64)	
962	978	FERNÁNDEZ MOSQUERA, PILAR		00:56:22	+26:45	5:38	55:38	29:09 (966)	F (166)	MASTER 4 F (3)	
963	841	MEJUTO SOTO, MAYTE		00:56:22	+26:45	5:38	55:47	28:31 (931)	F (167)	MASTER 2 F (41)	
964	1410	GONZÁLEZ PRIETO, MANUEL		00:56:24	+26:47	5:38	55:51	29:50 (1026)	M (797)	MASTER 1 M (123)	
965	1447	NUÑEZ, SANTIAGO		00:56:25	+26:48	5:38	55:30	27:40 (859)	M (798)	MASTER 3 M (146)	
966	1185	MANEIRO MOREIRA, JUAN CARLOS		00:56:26	+26:49	5:38	55:31	29:30 (1000)	M (799)	MASTER 2 M (270)	SI (68)
967	972	BLANCO SANMARTÍN, ANA	CORREYCAÑA	00:56:27	+26:50	5:38	55:47	28:52 (952)	F (168)	MASTER 3 F (11)	
968	1282	CASTRO ALONSO, SONIA		00:56:28	+26:51	5:38	55:38	29:14 (974)	F (169)	MASTER 1 F (34)	
969	1136	IGLESIAS PAYO, RUBÉN		00:56:28	+26:51	5:38	55:43	29:32 (1003)	M (800)	MASTER 3 M (147)	
970	1623	FERREIRO SESAR, LORENA		00:56:29	+26:52	5:38	55:26	28:23 (915)	F (170)	MASTER 2 F (42)	
971	957	TRIÑANES LÓPEZ, SANDRA		00:56:29	+26:52	5:38	56:00	27:52 (876)	F (171)	SENIOR F (65)	
972	1515	SEXTO LAMAS, PABLO JAVIER		00:56:30	+26:53	5:38	55:44	28:22 (914)	M (801)	SUB 18 M (16)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
973	1417	TORRES SANTAMARÍA, CARLOS		00:56:31	+26:54	5:39	55:57	28:25 (922)	M (802)	SUB 20 M (17)	SI (69)
974	964	RIAL PEREZ, CARLOS		00:56:32	+26:55	5:39	55:35	29:02 (959)	M (803)	MASTER 3 M (148)	
975	550	LADO QUEIRUGA, FABIAN	INCOR-AUTOVIDRIO	00:56:41	+27:04	5:40	56:16	26:53 (791)	M (804)	SUB 18 M (17)	SI (70)
976	1102	GONZALEZ TUBIO, CESAR	CLUB REMO RIANXO	00:56:45	+27:08	5:40	56:08	28:28 (927)	M (805)	MASTER 2 M (271)	
977	1015	PEREZ RIVEIRO, CONSTANTINO		00:56:45	+27:08	5:40	56:08	28:29 (928)	M (806)	MASTER 2 M (272)	
978	1238	HERMIDA VÁZQUEZ, SOFÍA		00:56:45	+27:08	5:40	55:49	30:23 (1081)	F (172)	SENIOR F (66)	
979	993	YEPES RAMIREZ, CATALINA		00:56:46	+27:09	5:40	55:33	30:16 (1074)	F (173)	SENIOR F (67)	
980	971	PAZ SILVA, ADÁN		00:56:46	+27:09	5:40	55:51	30:02 (1055)	M (807)	MASTER 3 M (149)	
981	1446	MATÓ PEON, CELESTINO	CLUB ATLETISMO OUTES-MARISCOS	00:56:47	+27:10	5:40	55:30	30:26 (1084)	M (808)	MASTER 2 M (273)	
982	951	MARTINEZ MARTINEZ, JOSE MANUEL		00:56:47	+27:10	5:40	56:03	28:11 (904)	M (809)	MASTER 3 M (150)	
983	1124	VIAÑO RODRÍGUEZ, LUIS		00:56:48	+27:11	5:40	55:47	29:24 (991)	M (810)	MASTER 3 M (151)	
984	1717	FERNÁNDEZ RODRÍGUEZ, HUMBERTO		00:56:48	+27:11	5:40	55:31	30:26 (1086)	M (811)	MASTER 3 M (152)	
985	690	PEREIRA MARZOA, MARTIN	CLUB DEPORTIVO BRIÓN HYUPERSA	00:56:48	+27:11	5:40	55:55	29:18 (981)	M (812)	SENIOR M (170)	
986	1553	BARREIRO FABREGAS, ISABEL		00:56:48	+27:11	5:40	55:43	29:46 (1018)	F (174)	MASTER 2 F (43)	
987	1120	ALVAREZ BECERRA, SUSANA		00:56:52	+27:15	5:41	55:53	30:06 (1063)	F (175)	MASTER 2 F (44)	
988	1133	MARTÍNEZ RIVADENEIRA, RODOLFO		00:56:53	+27:16	5:41	55:42	29:04 (961)	M (813)	MASTER 2 M (274)	
989	1435	SAMPEDRO PEREZ, JOSE MANUEL	CLUB NATACION RIBEIRA	00:56:53	+27:16	5:41	55:53	30:06 (1062)	M (814)	MASTER 3 M (153)	
990	1434	MUÑIZ VILAR, JOSE BENITO	CLUB NATACION RIBEIRA	00:56:53	+27:16	5:41	55:53	30:01 (1049)	M (815)	MASTER 2 M (275)	
991	1115	PEREIRO GÓMEZ, EVA MARÍA	CLUB ATLETISMO O PINO	00:56:54	+27:17	5:41	55:58	29:36 (1007)	F (176)	MASTER 3 F (12)	
992	1406	GARCÍA NUÑEZ, SECHU	CLUB ATLETISMO NOIA	00:56:55	+27:18	5:41	56:00	28:50 (949)	M (816)	MASTER 3 M (154)	
993	1235	RODRÍGUEZ SOBRINO, CELINA	MORAÑA EN RUTA	00:56:55	+27:18	5:41	56:36	28:13 (907)	F (177)	MASTER 4 F (4)	
994	985	FERNÁNDEZ PIÑEIRO, MARÍA		00:56:55	+27:18	5:41	56:11	28:51 (951)	F (178)	MASTER 3 F (13)	
995	996	DE LIMA, DAVID		00:56:55	+27:18	5:41	56:06	29:28 (997)	M (817)	MASTER 2 M (276)	
996	925	MARTINEZ CALO, ANGEL		00:56:56	+27:19	5:41	56:12	28:53 (955)	M (818)	MASTER 3 M (155)	
997	44	GONZÁLEZ REINO, CARLOS		00:56:56	+27:19	5:41	56:13	28:50 (948)	M (819)	MASTER 3 M (156)	
998	924	CALO VAZQUEZ, ROSA		00:56:56	+27:19	5:41	56:12	28:53 (954)	F (179)	MASTER 2 F (45)	SI (8)
999	1670	MARTIS MIRANDA, MANUEL		00:56:57	+27:20	5:41	56:01	29:54 (1039)	M (820)	MASTER 2 M (277)	
1000	990	CASTRO GARCIA, PATRICIA		00:56:57	+27:20	5:41	56:03	29:07 (964)	F (180)	SENIOR F (68)	
1001	1157	GARCÍA CASTELO, MARÍA	CLUB ATLETISMO LOUSAME	00:56:57	+27:20	5:41	55:52	29:48 (1024)	F (181)	MASTER 2 F (46)	
1002	499	DURO LIÑARES, OLALLA	PONTE TRAIL	00:56:58	+27:21	5:41	55:53	29:48 (1022)	F (182)	MASTER 2 F (47)	
1003	1738	PANTIN LOPEZ, ROI		00:57:00	+27:23	5:41	56:16	28:06 (895)	M (821)	MASTER 2 M (278)	
1004	1552	GONZALEZ SISO, MANUEL		00:57:01	+27:24	5:42	55:56	29:47 (1020)	M (822)	MASTER 2 M (279)	
1005	1159	LUCES TAJES, MANUEL	SERRES RUNNERS	00:57:01	+27:24	5:42	55:56	29:37 (1008)	M (823)	MASTER 4 M (34)	
1006	954	CAAMAÑO RIVEIRO, HERMINIO	CLUB ATLETISMO OUTES	00:57:06	+27:29	5:42	56:07	28:48 (945)	M (824)	MASTER 4 M (35)	
1007	1636	MARIÑO SUAREZ, ANTONIO		00:57:08	+27:31	5:42	56:03	30:44 (1108)	M (825)	MASTER 2 M (280)	
1008	1171	BAÑA MOLEDO, JOSÉ	CLUB ATLETISMO LOUSAME	00:57:13	+27:36	5:43	56:07	29:48 (1023)	M (826)	MASTER 2 M (281)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1009 941	LORENZO BRANTUAS, BLANCA	EQUILÁTERO	00:57:14	+27:37	5:43	56:20	29:51 (1031)	F (183)	SENIOR F (69)	
1010 1456	CASTELO MOSQUERA, JAVIER		00:57:14	+27:37	5:43	56:29	28:10 (900)	M (827)	MASTER 3 M (157)	
1011 1533	SAMPEDRO ROMAN, KRISTIAN		00:57:15	+27:38	5:43	56:10	30:44 (1107)	M (828)	SUB 23 M (25)	
1012 1442	PENA FRANCO, JOSE		00:57:16	+27:39	5:43	55:58	28:52 (953)	M (829)	MASTER 4 M (36)	
1013 1681	LOPEZ CAMPOS, JOSÉ		00:57:16	+27:39	5:43	56:04	29:40 (1009)	M (830)	MASTER 2 M (282)	
1014 1401	LÓPEZ, AMÉRICA	CLUB ATLETISMO FONTES DO SAR	00:57:17	+27:40	5:43	56:43	29:21 (986)	F (184)	MASTER 3 F (14)	
1015 959	CABADO MIGUELEZ, ROSA		00:57:19	+27:42	5:43	56:11	29:22 (988)	F (185)	MASTER 1 F (35)	
1016 1002	TORRES ESPÍÑO, DANIEL		00:57:20	+27:43	5:43	56:04	30:27 (1088)	M (831)	MASTER 2 M (283)	
1017 1339	LOPEZ VILLASENIN, ANA ISABEL	BRUTANZOS TEAM	00:57:21	+27:44	5:44	56:37	29:16 (977)	F (186)	SENIOR F (70)	
1018 930	MUÑIZ CANEDA, ANDRÉS		00:57:22	+27:45	5:44	56:35	29:28 (995)	M (832)	MASTER 4 M (37)	
1019 1005	SEOANE CASTAÑO, CYNTHIA		00:57:22	+27:45	5:44	57:01	29:50 (1028)	F (187)	SENIOR F (71)	
1020 1637	FERNÁNDEZ PADERNE, ALBERTO		00:57:23	+27:46	5:44	57:02	29:50 (1029)	M (833)	MASTER 2 M (284)	
1021 953	LOPEZ BRAÑA FREIJE, INMACULADA		00:57:23	+27:46	5:44	56:31	29:26 (994)	F (188)	MASTER 3 F (15)	
1022 1611	POUSO MANEIRO, JOSE	COIRA	00:57:24	+27:47	5:44	56:58	29:06 (962)	M (834)	MASTER 4 M (38)	SI (71)
1023 1610	GARCIA PEREIRA, ROSA MARIA	COIRA	00:57:24	+27:47	5:44	56:59	29:11 (970)	F (189)	MASTER 3 F (16)	SI (9)
1024 1470	BALADO GÓMEZ, PILAR		00:57:24	+27:47	5:44	56:37	29:22 (989)	F (190)	MASTER 1 F (36)	
1025 1147	SUÁREZ RECOUSO, ESTELA		00:57:25	+27:48	5:44	56:38	29:16 (976)	F (191)	MASTER 1 F (37)	
1026 1129	PARRALES FARIAS, YAJAIRA		00:57:27	+27:50	5:44	56:45	29:12 (972)	F (192)	MASTER 2 F (48)	
1027 1130	TELLA REY, BELEN		00:57:27	+27:50	5:44	56:45	29:12 (971)	F (193)	MASTER 2 F (49)	
1028 664	TEIRA PIÑEIRO, MANUEL MARÍA	PRÓLOGO! PROJECT	00:57:36	+27:59	5:45	57:19	28:24 (916)	M (835)	MASTER 4 M (39)	
1029 962	DIEZ GARCIA, BERNARDO	AEROCLUB SANTIAGO DE COMPOSTELA	00:57:38	+28:01	5:45	56:48	28:49 (946)	M (836)	MASTER 3 M (158)	
1030 1059	SENLE SAEZ, RAMON		00:57:38	+28:01	5:45	56:23	30:02 (1056)	M (837)	SENIOR M (171)	
1031 1058	RIOS SAEZ, AVELINO		00:57:38	+28:01	5:45	56:23	30:02 (1054)	M (838)	SENIOR M (172)	
1032 1290	VALCÁRCEL DIAZ, MANUEL		00:57:40	+28:03	5:45	56:51	29:20 (984)	M (839)	MASTER 3 M (159)	
1033 1041	PESTONIT MORA, MARCO		00:57:42	+28:05	5:46	56:33	30:26 (1085)	M (840)	SUB 20 M (18)	
1034 827	GONZALEZ CES, ANTONIO		00:57:43	+28:06	5:46	57:18	28:24 (918)	M (841)	SENIOR M (173)	
1035 1350	PAZOS GARCIA, ALEXANDRE		00:57:43	+28:06	5:46	57:18	28:24 (919)	M (842)	SENIOR M (174)	SI (72)
1036 1348	PENA LIJÓ, ÁLVARO		00:57:47	+28:10	5:46	57:23	29:17 (979)	M (843)	MASTER 1 M (124)	
1037 424	ABEIJON OLVEIRA, JUAN		00:57:47	+28:10	5:46	57:23	29:17 (978)	M (844)	MASTER 2 M (285)	SI (73)
1038 1359	VILA OLVEIRA, CRISTINA		00:57:48	+28:11	5:46	57:23	29:18 (980)	F (194)	MASTER 1 F (38)	SI (10)
1039 1609	CAMPOS FERRO, RUBÉN	ATLETISMO +9 MORAÑA	00:57:48	+28:11	5:46	57:35	26:44 (779)	M (845)	MASTER 2 M (286)	
1040 901	VERDALLES GUZMÁN, LUIS		00:57:55	+28:18	5:47	56:57	30:19 (1077)	M (846)	MASTER 1 M (125)	
1041 1340	BOUZAS COBOS, BORJA		00:57:56	+28:19	5:47	56:57	30:18 (1076)	M (847)	MASTER 1 M (126)	
1042 1049	ARCA PEDRIDO, MANUEL		00:57:56	+28:19	5:47	56:48	30:30 (1094)	M (848)	MASTER 2 M (287)	
1043 1187	BLANCO REY, ANTÍA		00:57:57	+28:20	5:47	57:07	29:44 (1014)	F (195)	SENIOR F (72)	
1044 1218	HUERTA, ÁNGELES		00:57:57	+28:20	5:47	57:25	29:33 (1004)	F (196)	MASTER 2 F (50)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1045 1123	FANEGO RIOBOO, FRANCISCO JAVIER		00:58:00	+28:23	5:47	57:29	29:50 (1027)	M (849)	MASTER 3 M (160)	
1046 1265	PIÑEIRO IGLESIAS, MARIA ISABEL		00:58:01	+28:24	5:48	56:52	31:04 (1123)	F (197)	MASTER 2 F (51)	
1047 1475	HERMO MARTÍNEZ, MARÍA		00:58:01	+28:24	5:48	57:11	29:15 (975)	F (198)	MASTER 1 F (39)	
1048 1369	MOAS ROMERO, CARLA		00:58:02	+28:25	5:48	57:19	29:59 (1044)	F (199)	SENIOR F (73)	
1049 960	FERNÁNDEZ PÉREZ, ALBA		00:58:03	+28:26	5:48	57:14	29:51 (1033)	F (200)	MASTER 2 F (52)	
1050 1241	MAYO CAAMAÑO, JOSÉ MANUEL	VENDAVAL ESTEIRO	00:58:03	+28:26	5:48	56:42	30:40 (1102)	M (850)	MASTER 3 M (161)	
1051 1693	OUJO POUSO, LUIS		00:58:03	+28:26	5:48	56:51	30:52 (1119)	M (851)	MASTER 3 M (162)	SI (74)
1052 1486	LÓPEZ VIDAL, CIBRÁN		00:58:04	+28:27	5:48	57:20	29:59 (1045)	M (852)	SENIOR M (175)	
1053 1068	PAZ SANTAMARÍA, JUAN		00:58:04	+28:27	5:48	57:49	28:26 (926)	M (853)	SUB 20 M (19)	SI (75)
1054 1074	PAZ GARCÍA, JUAN RAMÓN		00:58:05	+28:28	5:48	57:49	28:26 (925)	M (854)	MASTER 2 M (288)	SI (76)
1055 1273	FERNANDEZ BELLO, BEGOÑA		00:58:06	+28:29	5:48	56:57	31:04 (1122)	F (201)	MASTER 3 F (17)	
1056 963	CARRACEDO POSE, RUBÉN JOSÉ	CHORIMA	00:58:07	+28:30	5:48	56:58	31:04 (1124)	M (855)	MASTER 2 M (289)	
1057 1366	NÚÑEZ LÓPEZ, ALEJANDRO		00:58:08	+28:31	5:48	57:05	31:07 (1129)	M (856)	MASTER 1 M (127)	
1058 1226	MÍGUEZ CERQUEIRO, AVELINO		00:58:10	+28:33	5:48	57:32	30:45 (1111)	M (857)	MASTER 3 M (163)	
1059 1562	SANTIAGO FERNÁNDEZ, MARCOS		00:58:17	+28:40	5:49	57:13	31:15 (1137)	M (858)	SUB 23 M (26)	
1060 1118	PEREZ GONZALEZ, BEATRIZ		00:58:20	+28:43	5:49	57:25	30:02 (1057)	F (202)	MASTER 2 F (53)	
1061 484	GARCÍA GONZÁLEZ, ÁNGEL		00:58:22	+28:45	5:50	57:30	29:47 (1019)	M (859)	MASTER 3 M (164)	
1062 984	AMIGO FERREIRO, MALENA	SD COMPOSTELA ATLETISMO	00:58:22	+28:45	5:50	57:31	29:55 (1041)	F (203)	MASTER 3 F (18)	
1063 1125	RIAL GALLEGU, JUAN	ATLETISMO FONTES DO SAR	00:58:27	+28:50	5:50	57:30	29:30 (1001)	M (860)	MASTER 4 M (40)	
1064 1173	GONZÁLEZ SANJUÁN, IRIA	BRUTANZOS TEAM	00:58:27	+28:50	5:50	57:42	30:03 (1059)	F (204)	MASTER 2 F (54)	
1065 998	FERNANDEZ GARCIA, PILAR		00:58:32	+28:55	5:51	57:46	29:52 (1038)	F (205)	SENIOR F (74)	
1066 1560	GONZÁLEZ MIGUÉNS, ROBERTO	CLUB ATLETISMO NOIA	00:58:32	+28:55	5:51	57:36	30:23 (1080)	M (861)	MASTER 3 M (165)	
1067 1239	HERMIDA PESTONIT, JOSÉ LUÍS		00:58:32	+28:55	5:51	57:36	30:24 (1083)	M (862)	MASTER 3 M (166)	
1068 514	OTERO FERNANDEZ, CARMEN	SD COMPOSTELA ATLETISMO	00:58:37	+29:00	5:51	58:20	28:02 (893)	F (206)	SENIOR F (75)	
1069 439	CANGAS COSTA, BRAIS	TRASDEZA TRAIL & RUN	00:58:37	+29:00	5:51	57:26	30:44 (1105)	M (863)	MASTER 1 M (128)	
1070 1426	VÁZQUEZ GONZÁLEZ, RUT		00:58:38	+29:01	5:51	58:04	30:07 (1065)	F (207)	MASTER 3 F (19)	
1071 617	ALVARELLOS BARREIRO, JUAN JOSE	SD COMPOSTELA ATLETISMO	00:58:38	+29:01	5:51	58:21	28:01 (891)	M (864)	MASTER 2 M (290)	
1072 1279	PEREIRAS VILLAMAYOR, ANTIA	TRASDEZA TRAIL& RUN	00:58:38	+29:01	5:51	57:26	30:44 (1106)	F (208)	SENIOR F (76)	
1073 1531	MAGDALENA GARCÍA, GORETTI		00:58:40	+29:03	5:51	57:27	30:07 (1064)	F (209)	MASTER 1 F (40)	
1074 677	SUAREZ BERMUDEZ, FRANCISCO		00:58:40	+29:03	5:51	57:45	29:45 (1015)	M (865)	MASTER 2 M (291)	
1075 1075	FERREIRO CARBALLEIRA, DANIEL		00:58:43	+29:06	5:52	57:34	30:31 (1097)	M (866)	MASTER 1 M (129)	
1076 1294	FERNÁNDEZ RODICIO, ALINA		00:58:48	+29:11	5:52	58:06	30:29 (1091)	F (210)	MASTER 2 F (55)	
1077 1517	CABRERA CRESPO, ESTEFANO ELIAS		00:58:48	+29:11	5:52	58:07	30:30 (1095)	M (867)	MASTER 1 M (130)	
1078 1207	IGLESIAS GOMEZ, TAMARA		00:58:48	+29:11	5:52	58:07	30:31 (1098)	F (211)	MASTER 2 F (56)	
1079 1139	LÓPEZ FERNÁNDEZ, MERY	SAUDESPT	00:58:48	+29:11	5:52	57:40	31:39 (1175)	F (212)	SENIOR F (77)	SI (11)
1080 999	BLANCO CASAIS, TANIA	SAUDE SPORT BARBANZA	00:58:49	+29:12	5:52	57:41	31:39 (1174)	F (213)	SENIOR F (78)	SI (12)

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1081 1594	GARCÍA FERNÁNDEZ, ALFREDO		00:58:49	+29:12	5:52	58:20	31:26 (1160)	M (868)	SUB 23 M (27)	
1082 1012	RIVAS ASOREY, VÍCTOR RAMÓN		00:58:52	+29:15	5:53	57:46	30:45 (1109)	M (869)	MASTER 1 M (131)	
1083 1412	BEIS SILVA, SANDRA		00:58:53	+29:16	5:53	57:46	30:45 (1110)	F (214)	SENIOR F (79)	
1084 1355	DIOS OUJO, YOLANDA		00:58:54	+29:17	5:53	57:55	30:38 (1101)	F (215)	SENIOR F (80)	
1085 991	GARCIA CARBIA, NOEMI		00:58:54	+29:17	5:53	58:21	29:55 (1040)	F (216)	SENIOR F (81)	
1086 1555	DIOS SUAREZ, MARA		00:58:56	+29:19	5:53	58:34	30:14 (1073)	F (217)	SENIOR F (82)	
1087 1627	PEREZ LUSTRES, ANABEL		00:58:57	+29:20	5:53	57:58	30:37 (1100)	F (218)	SENIOR F (83)	
1088 1699	DIESTE FERNANDEZ, TOMAS	FLOW PILATES	00:58:57	+29:20	5:53	57:51	29:48 (1021)	M (870)	MASTER 4 M (41)	
1089 1172	SEÑORANS TOURIÑO, BEATRIZ		00:58:57	+29:20	5:53	57:41	30:28 (1089)	F (219)	MASTER 2 F (57)	
1090 1251	MÍGUEZ IGLESIAS, AINOA	CLUB ATLETISMO A ESTRADA	00:58:57	+29:20	5:53	58:23	30:01 (1051)	F (220)	SENIOR F (84)	
1091 1423	ARIAS MATO, ANDREA	ATLETISMO A ESTRADA	00:58:58	+29:21	5:53	58:23	30:01 (1053)	F (221)	SENIOR F (85)	
1092 997	REBOIRAS FAYA, NOELIA		00:59:03	+29:26	5:54	57:57	30:35 (1099)	F (222)	SENIOR F (86)	
1093 970	CASTIÑEIRA DOMÍNGUEZ, IRIA		00:59:05	+29:28	5:54	58:10	30:12 (1069)	F (223)	SENIOR F (87)	
1094 1306	ROMEU DOMINGUEZ, CLAUDIA		00:59:06	+29:29	5:54	58:36	29:21 (985)	F (224)	SENIOR F (88)	
1095 1504	VILAR SEREN, GUADALUPE	CLUB ATLETISMO CAMBADOS	00:59:06	+29:29	5:54	58:39	29:57 (1043)	F (225)	MASTER 4 F (5)	
1096 1229	FERNÁNDEZ TORO, MARIÑA		00:59:08	+29:31	5:54	58:17	31:05 (1128)	F (226)	SENIOR F (89)	
1097 904	ARES FONTENLA, RAFAEL	CLUB ATLETISMO CAMBADOS	00:59:10	+29:33	5:54	58:42	29:57 (1042)	M (871)	MASTER 3 M (167)	
1098 1496	CERECEDO BRETAL, ROCÍO		00:59:11	+29:34	5:55	58:18	31:18 (1144)	F (227)	SENIOR F (90)	
1099 645	FERRACES VÁZQUEZ, MONCHO	CLUBE ATLETISMO BOIMORTO	00:59:13	+29:36	5:55	58:33	30:08 (1066)	M (872)	MASTER 4 M (42)	
1100 1342	BARRA ASENJI, LUCIA		00:59:18	+29:41	5:55	58:47	30:27 (1087)	F (228)	SENIOR F (91)	
1101 1614	ARCA SUAREZ, JULIA		00:59:18	+29:41	5:55	58:49	30:29 (1092)	F (229)	SENIOR F (92)	
1102 1607	MADARRO PENA, CARLA		00:59:18	+29:41	5:55	58:49	30:29 (1090)	F (230)	SENIOR F (93)	
1103 1580	GÓMEZ CASTRO, FRANCISCO JOSÉ		00:59:19	+29:42	5:55	58:26	30:23 (1078)	M (873)	MASTER 3 M (168)	
1104 1583	GÓMEZ CES, IRENE		00:59:19	+29:42	5:55	58:25	30:23 (1082)	F (231)	SENIOR F (94)	
1105 1459	GOMEZ OTERO, PILAR	SD COMPOSTELA ATLETISMO	00:59:21	+29:44	5:56	58:28	30:50 (1112)	F (232)	MASTER 2 F (58)	
1106 1565	ACEÑA MATARRANZ, SARA		00:59:21	+29:44	5:56	58:17	31:15 (1138)	F (233)	MASTER 2 F (59)	
1107 1564	SANTIAGO HERMO, ANDRÉS	BRION	00:59:21	+29:44	5:56	58:18	31:15 (1139)	M (874)	MASTER 2 M (292)	
1108 1318	CONDE MOSQUERA, EDGAR		00:59:22	+29:45	5:56	58:51	31:05 (1127)	M (875)	SENIOR M (176)	
1109 1194	JIMÉNEZ ESCUDERO, LAURA		00:59:22	+29:45	5:56	58:51	31:05 (1126)	F (234)	SENIOR F (95)	
1110 1257	MOREIRA FAJARDO, LUIS		00:59:29	+29:52	5:56	58:39	28:50 (947)	M (876)	SENIOR M (177)	SI (77)
1111 1014	ROBLES ORTEGA, RAQUEL		00:59:35	+29:58	5:57	58:55	29:43 (1012)	F (235)	SENIOR F (96)	
1112 911	GÓMEZ GONZÁLEZ, CRISTIAN		00:59:35	+29:58	5:57	58:55	29:43 (1011)	M (877)	SENIOR M (178)	
1113 837	Perez-Lafuente Rey, Julia		00:59:37	+30:00	5:57	58:52	30:05 (1060)	F (236)	SENIOR F (97)	
1114 1175	RIAL TABOADA, MARCOS		00:59:38	+30:01	5:57	58:51	29:59 (1046)	M (878)	MASTER 2 M (293)	
1115 1026	CANDAMO-LOURIDO, MARIA	SERRES RUNNERS	00:59:39	+30:02	5:57	58:32	30:52 (1116)	F (237)	SENIOR F (98)	
1116 961	MONTEAGUDO FERNÁNDEZ, JUAN JOSÉ	SERRES RUNNERS	00:59:39	+30:02	5:57	58:32	30:52 (1118)	M (879)	MASTER 2 M (294)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1117	1375 RIVEIRO TENORIO, MARTA		00:59:42	+30:05	5:58	58:56	30:05 (1061)	F (238)	SENIOR F (99)	
1118	1469 TORRADO ARES, DORES	SD BARBANTIA RODA	00:59:44	+30:07	5:58	58:48	30:10 (1068)	F (239)	MASTER 2 F (60)	
1119	1151 CASAL BALDOMIR, UXÍA		00:59:48	+30:11	5:58	59:04	30:23 (1078)	F (240)	SENIOR F (100)	
1120	1197 SAMPEDRO GARCIA, SARAI		00:59:51	+30:14	5:59	58:49	31:20 (1148)	F (241)	SENIOR F (101)	
1121	1617 DOPAZO ESTEVEZ, MOISES		00:59:53	+30:16	5:59	58:33	31:20 (1146)	M (880)	MASTER 2 M (295)	
1122	1625 NERI ARUFE, SANTI		00:59:53	+30:16	5:59	58:33	30:50 (1113)	M (881)	MASTER 2 M (296)	
1123	936 MÉNDEZ GONZÁLEZ, XOANA	ADAS CUPA	01:00:00	+30:23	5:59	58:52	31:12 (1134)	F (242)	SUB 18 F (5)	
1124	39 MÉNDEZ FROJAN, XAIÑO	CLUB ATLETISMO SAR	01:00:06	+30:29	6:00	58:58	31:12 (1133)	M (882)	MASTER 2 M (297)	
1125	1402 MAROÑAS ALLO, MARÍA	SD COMPOSTELA ATLETISMO	01:00:20	+30:43	6:01	59:26	31:47 (1181)	F (243)	MASTER 2 F (61)	
1126	789 REY ALBARELLOS, FERNANDO	SD COMPOSTELA ATLETISMO	01:00:20	+30:43	6:01	59:27	31:47 (1180)	M (883)	MASTER 2 M (298)	
1127	1030 BOTANA FERREIRO, JUAN LUIS	SD COMPOSTELA ATLETISMO	01:00:20	+30:43	6:01	59:25	31:47 (1179)	M (884)	MASTER 4 M (43)	
1128	1400 FERNÁNDEZ INSUA, TALAO	HAI QUE SER LEGALES	01:00:21	+30:44	6:02	59:34	31:08 (1130)	M (885)	MASTER 4 M (44)	
1129	1289 VEIGA LAGE, RICARDO		01:00:22	+30:45	6:02	59:45	32:45 (1222)	M (886)	MASTER 3 M (169)	
1130	1624 MURCIA DELGADO, DARLING DAYANNA		01:00:26	+30:49	6:02	59:48	31:15 (1140)	F (244)	SENIOR F (102)	
1131	1213 NAVEIRA PIÑEIRO, ALBA		01:00:26	+30:49	6:02	59:48	31:16 (1142)	F (245)	SENIOR F (103)	
1132	1205 CASTRO ÁLVAREZ, RAQUEL		01:00:28	+30:51	6:02	59:57	31:19 (1145)	F (246)	SENIOR F (104)	
1133	1608 PÉREZ CELADA, CARLOS		01:00:28	+30:51	6:02	59:59	31:26 (1159)	M (887)	SENIOR M (179)	
1134	1004 GONZÁLEZ GARCÍA, CAROLINA	CLUB ATLETISMO SAR	01:00:32	+30:55	6:03	59:26	31:37 (1168)	F (247)	MASTER 2 F (62)	
1135	1586 LÓPEZ OUTEIRAL, JESÚS		01:00:34	+30:57	6:03	59:21	30:31 (1096)	M (888)	MASTER 3 M (170)	
1136	1164 LOURIDO GACIÑO, ANDREA		01:00:35	+30:58	6:03	59:53	30:13 (1071)	F (248)	SENIOR F (105)	SI (13)
1137	1303 PAMPIN PAMPIN, VERONICA		01:00:36	+30:59	6:03	1:00:02	30:01 (1052)	F (249)	SENIOR F (106)	
1138	527 CARNÉS MARIÑO, JUAN		01:00:42	+31:05	6:04	1:00:21	27:29 (841)	M (889)	SENIOR M (180)	
1139	1046 LESTIDO CARDAMA, ANTIA	CLUB DEPORTIVO BRIÓN HYUPERSA	01:00:42	+31:05	6:04	59:48	31:13 (1136)	F (250)	SENIOR F (107)	
1140	222 CELA BOISA, JESUS	CLUB DEPORTIVO BRIÓN HYUPERSA	01:00:42	+31:05	6:04	59:49	31:13 (1135)	M (890)	SENIOR M (181)	
1141	1613 PEDROSA PEDROSA, VICTORINO		01:00:47	+31:10	6:04	59:39	31:24 (1155)	M (891)	MASTER 1 M (132)	
1142	1430 HOURIHAN, MADISON		01:00:47	+31:10	6:04	59:44	31:38 (1173)	F (251)	SENIOR F (108)	
1143	1476 AGUADO LAGO, PABLO		01:00:47	+31:10	6:04	59:43	31:38 (1172)	M (892)	MASTER 1 M (133)	
1144	1362 SANTANA MORA, MARIA		01:00:48	+31:11	6:04	59:39	31:24 (1153)	F (252)	MASTER 1 F (41)	
1145	1361 OGANDO MIRANDA, DAMIAN		01:00:48	+31:11	6:04	59:40	31:22 (1151)	M (893)	MASTER 2 M (299)	SI (78)
1146	965 CARREÑO OTERO, ISMAEL		01:00:48	+31:11	6:04	59:40	31:24 (1154)	M (894)	MASTER 2 M (300)	SI (79)
1147	988 BLANCO CES, ANA MARÍA		01:00:49	+31:12	6:04	59:40	31:24 (1156)	F (253)	MASTER 2 F (63)	SI (14)
1148	1391 ABEIJÓN CASTRO, PAULA		01:00:49	+31:12	6:04	1:00:15	31:10 (1131)	F (254)	SENIOR F (109)	
1149	1327 AROSA FILGUEIRA, SONIA		01:00:51	+31:14	6:05	59:38	30:42 (1103)	F (255)	SENIOR F (110)	
1150	808 CONSTENLA JUNQUERA, ANTONIO ÓSCAR	CLUB ATLETISMO FONTES DO SAR	01:01:05	+31:28	6:06	1:00:47	29:33 (1005)	M (895)	MASTER 4 M (45)	
1151	2351 OUTEIRAL MARTINEZ, ALEJANDRA		01:01:07	+31:30	6:06	1:00:12	31:22 (1149)	F (256)	SENIOR F (111)	
1152	1285 FERNANDEZ DE CORDOBA ALONSO, INÉS MARÍA	SINSON	01:01:09	+31:32	6:06	59:59	31:55 (1187)	F (257)	MASTER 2 F (64)	SI (15)

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1153 559	BARREIRO LIJÓ, SIMÓN		01:01:10	+31:33	6:06	59:59	31:55 (1188)	M (896)	SENIOR M (182)	
1154 1319	SERANTES OTERO, VIRGINIA		01:01:13	+31:36	6:07	1:00:15	32:15 (1206)	F (258)	SUB 23 F (5)	
1155 1403	BEN MONTENEGRO, ANA	CAS	01:01:16	+31:39	6:07	1:00:22	31:34 (1165)	F (259)	SUB 20 F (6)	
1156 982	MONTENEGRO OROL, MARIA JOSE	LUCUS CAIXA RURAL	01:01:16	+31:39	6:07	1:00:23	31:34 (1166)	F (260)	MASTER 3 F (20)	
1157 1539	PIÑEIRO GARCIA, SERGIO		01:01:21	+31:44	6:08	1:00:11	30:52 (1115)	M (897)	MASTER 2 M (301)	
1158 969	PIÑEIRO GARCIA, DANIEL		01:01:21	+31:44	6:08	1:00:11	30:52 (1117)	M (898)	MASTER 2 M (302)	
1159 1418	SOLA ANANÍN, BELÉN		01:01:22	+31:45	6:08	1:00:08	31:38 (1170)	F (261)	MASTER 2 F (65)	
1160 1420	ANANÍN VÁZQUEZ, MARTA		01:01:23	+31:46	6:08	1:00:09	31:38 (1169)	F (262)	SENIOR F (112)	
1161 1419	ANANÍN FERNÁNDEZ, SERGIO		01:01:23	+31:46	6:08	1:00:09	31:33 (1162)	M (899)	MASTER 4 M (46)	
1162 1421	PAZ PÉREZ, ANDRÉS		01:01:23	+31:46	6:08	1:00:09	31:33 (1161)	M (900)	MASTER 2 M (303)	
1163 1684	BERGUEIRO ÁLVAREZ, JULIAN		01:01:24	+31:47	6:08	1:00:13	31:56 (1191)	M (901)	MASTER 2 M (304)	
1164 1680	NIETO GARCÍA, OLAIA		01:01:24	+31:47	6:08	1:00:12	31:56 (1190)	F (263)	MASTER 2 F (66)	
1165 1183	CASTRO HERMIDA, JUAN JOSÉ	SINSON	01:01:24	+31:47	6:08	1:00:14	31:55 (1189)	M (902)	MASTER 2 M (305)	SI (80)
1166 981	COSTOYA, ANDREA	CLUBE ATLETISMO BOIMORTO	01:01:42	+32:05	6:10	1:00:48	31:34 (1167)	F (264)	MASTER 2 F (67)	
1167 1638	PÉREZ MANEIRO, ADRIÁN		01:01:46	+32:09	6:10	1:01:17	30:13 (1072)	M (903)	SENIOR M (183)	SI (81)
1168 1146	RIAL GARCÍA, ROSANA	CLUB ATLETISMO OUTES-MARISCOS	01:01:48	+32:11	6:10	1:00:33	32:10 (1196)	F (265)	MASTER 1 F (42)	
1169 1145	RIAL PAIS, JOSÉ	CLUB ATLETISMO OUTES-MARISCOS	01:01:48	+32:11	6:10	1:00:31	32:10 (1199)	M (904)	MASTER 4 M (47)	
1170 1008	JAMARDO TEIRA, OLAYA		01:01:49	+32:12	6:10	1:00:33	32:10 (1197)	F (266)	SENIOR F (113)	
1171 1177	RODRÍGUEZ FERNÁNDEZ, RICARDO JULIO	CLUB ATLETISMO OUTES-MARISCOS	01:01:49	+32:12	6:10	1:00:33	32:03 (1193)	M (905)	MASTER 3 M (171)	
1172 1178	RODRÍGUEZ TORRES, BLANCA	CLUB ATLETISMO OUTES-MARISCOS	01:01:49	+32:12	6:10	1:00:33	32:04 (1195)	F (267)	SENIOR F (114)	
1173 1080	BLANCO AMEIJERAS, SONIA		01:01:49	+32:12	6:10	1:01:10	30:54 (1120)	F (268)	MASTER 1 F (43)	
1174 1495	RAMAS CASTRO, ALBA		01:01:49	+32:12	6:10	1:00:34	32:48 (1227)	F (269)	MASTER 3 F (21)	
1175 1259	NÚÑEZ SANTIAGO, ÁLVARO		01:01:50	+32:13	6:10	1:00:43	31:48 (1185)	M (906)	MASTER 1 M (134)	
1176 1258	MIGUÉNS, MELISA		01:01:50	+32:13	6:10	1:00:43	31:48 (1184)	F (270)	MASTER 1 F (44)	
1177 1452	CALVEIRO HERMO, MARTA		01:01:54	+32:17	6:11	1:01:04	31:40 (1176)	F (271)	MASTER 2 F (68)	
1178 1493	FERNÁNDEZ VÁZQUEZ, ALFONSO		01:01:58	+32:21	6:11	1:00:55	31:20 (1147)	M (907)	SENIOR M (184)	
1179 1112	VÁZQUEZ SESAR, LUCÍA		01:02:02	+32:25	6:12	1:01:35	30:30 (1093)	F (272)	SENIOR F (115)	
1180 1519	RIVADULLA VARELA, CLAUDIO		01:02:06	+32:29	6:12	1:02:05	(-1)	M (908)	SENIOR M (185)	
1181 1453	BELLO BUGALLO, NICOLÁS	SAUDE SPORT BARBANZA	01:02:07	+32:30	6:12	1:02:06	(-1)	M (909)	MASTER 1 M (135)	
1182 1195	SEMPERE SERRANO, ISABEL		01:02:09	+32:32	6:12	1:01:26	32:13 (1204)	F (273)	MASTER 3 F (22)	
1183 1292	LOSADA ARES, MIGUEL	FLOW PILATES & TRAINING	01:02:11	+32:34	6:13	1:01:05	33:11 (1242)	M (910)	SENIOR M (186)	
1184 1203	MOCIÑO GONZÁLEZ, MARÍA JOSÉ		01:02:12	+32:35	6:13	1:01:36	31:05 (1125)	F (274)	SENIOR F (116)	
1185 1395	LEMA RIVADAS, MARISA		01:02:16	+32:39	6:13	1:01:32	32:13 (1203)	F (275)	MASTER 3 F (23)	
1186 1020	VÁZQUEZ FERNÁNDEZ, ANA	CLUB ATLETISMO O PINO	01:02:33	+32:56	6:15	1:01:25	32:47 (1226)	F (276)	MASTER 3 F (24)	
1187 1628	FONTAO OLVEIRA, INMA	SLAP TRAINING	01:02:35	+32:58	6:15	1:01:49	32:22 (1209)	F (277)	SENIOR F (117)	
1188 1153	ESPASANDIN GESTODO, JOSÉ	FLOW PILATES & TRAINING	01:02:39	+33:02	6:15	1:01:34	33:10 (1241)	M (911)	MASTER 3 M (172)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1189 1492	FERNANDEZ VAZQUEZ, JORGE		01:02:42	+33:05	6:16	1:01:41	30:51 (1114)	M (912)	SENIOR M (187)	
1190 1154	CASTELO ALVITE, BELÉN		01:02:43	+33:06	6:16	1:01:53	31:57 (1192)	F (278)	MASTER 2 F (69)	
1191 1626	CHOUZA, ANTÍA		01:02:54	+33:17	6:17	1:01:58	32:17 (1207)	F (279)	SENIOR F (118)	
1192 1033	RAMOS REY, FATIMA	ARCA DE NOE	01:02:56	+33:19	6:17	1:01:39	32:48 (1228)	F (280)	SENIOR F (119)	
1193 1267	BRION BLANCO, JOSE LUIS		01:02:58	+33:21	6:17	1:01:39	32:46 (1224)	M (913)	MASTER 3 M (173)	
1194 1268	MARTINEZ PAZ, JOSE MANUEL		01:02:58	+33:21	6:17	1:01:39	32:46 (1225)	M (914)	MASTER 2 M (306)	
1195 1270	PENA MANEIRO, MANUEL ANTONIO		01:02:58	+33:21	6:17	1:01:39	32:48 (1229)	M (915)	MASTER 2 M (307)	SI (82)
1196 1269	PAZ SANTOS, SERGIO		01:02:58	+33:21	6:17	1:01:39	32:46 (1223)	M (916)	MASTER 2 M (308)	
1197 1372	SERANS QUEIRUGA, JUAN JOSE		01:02:59	+33:22	6:17	1:02:22	32:22 (1208)	M (917)	MASTER 1 M (136)	SI (83)
1198 1198	BADA MOREIRA, SILVIA	ENTRENARUNNING	01:03:02	+33:25	6:18	1:02:01	32:03 (1194)	F (281)	MASTER 2 F (70)	
1199 1721	LOJO FERNÁNDEZ, JOSE ANDRÉS		01:03:05	+33:28	6:18	1:02:14	31:15 (1141)	M (918)	SENIOR M (188)	
1200 1465	PUENTE ANTELO, MARTA	CORREXALLAS	01:03:08	+33:31	6:18	1:02:09	31:24 (1157)	F (282)	MASTER 1 F (45)	
1201 685	NEIRA ROZAS, VERÓNICA		01:03:11	+33:34	6:19	1:02:05	32:36 (1217)	F (283)	MASTER 2 F (71)	
1202 1013	MELLA OTERO, INES		01:03:11	+33:34	6:19	1:02:05	32:37 (1218)	F (284)	MASTER 3 F (25)	
1203 1308	IGLESIAS MOARES, DANIEL		01:03:12	+33:35	6:19	1:02:15	31:41 (1177)	M (919)	MASTER 2 M (309)	
1204 1309	IGLESIAS CAAMAÑO, NURIA		01:03:12	+33:35	6:19	1:02:16	31:42 (1178)	F (285)	MASTER 1 F (46)	
1205 1462	ÁLVAREZ LÓPEZ, PEDRO ALBERTO		01:03:24	+33:47	6:20	1:02:36	32:11 (1200)	M (920)	SENIOR M (189)	
1206 1463	DARRIBA AMOR, FÁTIMA		01:03:24	+33:47	6:20	1:02:37	32:11 (1201)	F (286)	SENIOR F (120)	
1207 778	CURROS CALVO, JACOBO		01:03:29	+33:52	6:20	1:02:21	31:50 (1186)	M (921)	SENIOR M (190)	
1208 1467	CAPELO VILAR, KARINA	CORREXALLAS	01:03:29	+33:52	6:20	1:02:30	33:05 (1239)	F (287)	MASTER 1 F (47)	
1209 1224	PEREZ MONTESDEOCA, LUIS	CHICHO Y SUS TERREMOTOS	01:03:30	+33:53	6:20	1:02:28	33:45 (1262)	M (922)	MASTER 3 M (174)	
1210 934	GARCÍA DOPAZO, CARLOS		01:03:48	+34:11	6:22	1:03:05	31:11 (1132)	M (923)	SENIOR M (191)	
1211 1204	BRETAL LORENZO, IRIA		01:03:51	+34:14	6:23	1:03:09	30:13 (1070)	F (288)	SUB 23 F (6)	SI (16)
1212 1525	FERNANDEZ-COUTO GOMEZ, LUIS		01:03:52	+34:15	6:23	1:02:54	31:48 (1183)	M (924)	MASTER 3 M (175)	
1213 1526	FERNANDEZ-COUTO ALVAREZ, PAULA		01:03:52	+34:15	6:23	1:02:54	31:47 (1182)	F (289)	SENIOR F (121)	
1214 1006	BOSCH, CHRISTINA		01:03:54	+34:17	6:23	1:03:10	31:22 (1150)	F (290)	SENIOR F (122)	SI (17)
1215 1641	RIVEIRO, IVÁN		01:03:55	+34:18	6:23	1:03:27	32:29 (1213)	M (925)	SENIOR M (192)	SI (84)
1216 833	AYASO RIVEIRO, PABLO		01:03:55	+34:18	6:23	1:03:27	32:29 (1214)	M (926)	SENIOR M (193)	
1217 1643	DEÁN, VERO		01:03:56	+34:19	6:23	1:03:28	32:30 (1216)	F (291)	SENIOR F (123)	SI (18)
1218 832	VILARIÑO ALONSO, JOSE ANTONIO		01:03:57	+34:20	6:23	1:03:28	32:29 (1212)	M (927)	MASTER 2 M (310)	
1219 1367	GARCÍA POUSO, DANIEL		01:03:57	+34:20	6:23	1:03:28	32:30 (1215)	M (928)	SENIOR M (194)	
1220 1332	ABUIN YAÑEZ, MARÍA JOSÉ		01:03:58	+34:21	6:23	1:03:12	32:23 (1210)	F (292)	MASTER 1 F (48)	
1221 1293	DE LA IGLESIA BARRIENTOS, JESUS		01:04:01	+34:24	6:24	1:03:31	31:38 (1171)	M (929)	MASTER 3 M (176)	
1222 1149	DOVAL SANCHEZ, LUCÍA	ATLETICA ASILVA	01:04:04	+34:27	6:24	1:03:25	32:42 (1221)	F (293)	MASTER 2 F (72)	
1223 1524	VAZQYEZ GONZALEZ, LUCIA		01:04:16	+34:39	6:25	1:04:01	31:33 (1164)	F (294)	MASTER 2 F (73)	SI (19)
1224 1700	LORENZO SANTAMARIA, SEVERIANO		01:04:17	+34:40	6:25	1:04:01	31:33 (1163)	M (930)	MASTER 4 M (48)	SI (85)

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1225 1061	TOUZÓN LIJÓ, IGNACIO	BAJANDODE40.COM	01:04:22	+34:45	6:26	1:03:04	32:55 (1237)	M (931)	MASTER 2 M (311)	
1226 1579	GARCÍA QUEIRUGA, SANDRA	BAJANDODE40.COM	01:04:24	+34:47	6:26	1:03:05	32:55 (1236)	F (295)	MASTER 2 F (74)	
1227 1227	MÍGUEZ CANOSA, MARTA		01:04:32	+34:55	6:27	1:03:54	31:16 (1143)	F (296)	SUB 23 F (7)	
1228 1407	GONZÁLEZ SANLÉS, ALEXANDER		01:04:37	+35:00	6:27	1:04:04	32:27 (1211)	M (932)	SUB 20 M (20)	SI (86)
1229 1307	VÁZQUEZ SANTOS, ALBA		01:04:39	+35:02	6:27	1:03:48	31:23 (1152)	F (297)	SENIOR F (124)	
1230 1163	RAÑA PREGO, MANUEL		01:04:42	+35:05	6:28	1:03:45	33:13 (1244)	M (933)	MASTER 4 M (49)	
1231 1003	NOYA MIRÁS, CONCE	SD COMPOSTELA ATLETISMO	01:04:50	+35:13	6:28	1:03:45	33:33 (1261)	F (298)	MASTER 3 F (26)	
1232 1192	GÓMEZ PRIETO, ROSI		01:04:51	+35:14	6:29	1:04:09	33:24 (1255)	F (299)	MASTER 3 F (27)	
1233 1166	SILVARIÑO TORRADO, FERNANDO		01:04:51	+35:14	6:29	1:04:08	33:24 (1254)	M (934)	MASTER 2 M (312)	
1234 1122	RODRIGUEZ PEREIRO, LORENA		01:04:54	+35:17	6:29	1:03:57	32:51 (1232)	F (300)	MASTER 2 F (75)	
1235 1230	LÓPEZ TEMES, ROCÍO	CORREXALLAS	01:05:00	+35:23	6:29	1:04:03	33:18 (1248)	F (301)	MASTER 2 F (76)	
1236 1155	CALO ROMEU, CARLOS		01:05:06	+35:29	6:30	1:04:14	32:14 (1205)	M (935)	SENIOR M (195)	SI (87)
1237 1436	NÚÑEZ CASTRO, MARÍA VANESA		01:05:08	+35:31	6:30	1:04:25	33:00 (1238)	F (302)	MASTER 2 F (77)	
1238 1596	VERNET LEYENDA, EVA		01:05:08	+35:31	6:30	1:04:30	32:42 (1220)	F (303)	SENIOR F (125)	
1239 588	PÉREZ VIDAL, GERMÁN	CLUB ATLETISMO NOIA	01:05:16	+35:39	6:31	1:04:09	33:16 (1246)	M (936)	MASTER 3 M (177)	
1240 1432	CAROU FERNÁNDEZ, JOSÉ RAMÓN		01:05:16	+35:39	6:31	1:04:09	33:17 (1247)	M (937)	MASTER 2 M (313)	
1241 1019	LÓPEZ GIAO, ANA		01:05:20	+35:43	6:31	1:05:19	32:40 (1219)	F (304)	MASTER 3 F (28)	
1242 1538	LOPEZ BRAÑA FREIJE, CAMPO		01:05:23	+35:46	6:32	1:04:32	32:12 (1202)	F (305)	MASTER 3 F (29)	
1243 1482	ALONSO BOUZADA, EVA		01:05:24	+35:47	6:32	1:04:24	34:26 (1273)	F (306)	MASTER 2 F (78)	
1244 1186	LIÑARES MARTÍNEZ, JOSÉ IGNACIO		01:05:29	+35:52	6:32	1:04:14	33:22 (1252)	M (938)	MASTER 3 M (178)	
1245 1264	BARROS GERMIÑAS, SARA		01:05:38	+36:01	6:33	1:04:31	33:32 (1260)	F (307)	SENIOR F (126)	
1246 948	LOSADA VÁZQUEZ, LAURA		01:05:47	+36:10	6:34	1:05:13	32:10 (1198)	F (308)	MASTER 1 F (49)	
1247 1217	LIÑAYO VICENTE, XEILA		01:05:50	+36:13	6:34	1:04:32	33:56 (1263)	F (309)	SENIOR F (127)	
1248 1487	QUEIRO CREO, CARMEN	CLUB ATLETISMO OUTES	01:05:50	+36:13	6:34	1:04:32	33:56 (1264)	F (310)	MASTER 3 F (30)	
1249 950	COSTA GONZÁLEZ, MARCOS		01:05:56	+36:19	6:35	1:04:46	33:12 (1243)	M (939)	MASTER 2 M (314)	
1250 1672	TRESGUERRAS GONZÁLEZ, ELVIRA	CLUB ATLETISMO SAR	01:06:09	+36:32	6:36	1:05:30	33:28 (1256)	F (311)	MASTER 4 F (6)	
1251 1181	FERNÁNDEZ GONZÁLEZ, ANA	ARCA DE NOE	01:06:09	+36:32	6:36	1:05:05	34:37 (1275)	F (312)	MASTER 3 F (31)	
1252 1305	MACHADO PUGA, CLAUDIA		01:06:11	+36:34	6:37	1:06:10	31:26 (1158)	F (313)	SUB 23 F (8)	
1253 1329	MAYO LAGE, FRANCISCO		01:06:11	+36:34	6:37	1:05:20	32:53 (1234)	M (940)	MASTER 3 M (179)	
1254 1497	TORRES, CECILIA		01:06:11	+36:34	6:37	1:05:34	33:20 (1250)	F (314)	SENIOR F (128)	
1255 1662	CAMBEIRO LEMA, ISABEL		01:06:16	+36:39	6:37	1:05:21	33:57 (1265)	F (315)	SENIOR F (129)	
1256 1671	CALVIÑO, BRUNO		01:06:16	+36:39	6:37	1:05:21	33:57 (1266)	M (941)	SENIOR M (196)	
1257 1210	SANTISO SEOANE, IAGO	BRUTANZOS TEAM	01:06:21	+36:44	6:38	1:05:32	33:31 (1259)	M (942)	SENIOR M (197)	
1258 1554	PINTOS RUIZ, JORGE		01:06:28	+36:51	6:38	1:05:59	32:49 (1230)	M (943)	MASTER 1 M (137)	
1259 1331	MÍGUEZ CANOSA, CARMEN		01:06:29	+36:52	6:38	1:05:51	33:07 (1240)	F (316)	SENIOR F (130)	
1260 1645	ROURA BLANCO, MARTA		01:06:31	+36:54	6:39	1:05:50	32:54 (1235)	F (317)	SENIOR F (131)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1261 1211	SIEIRA FERNANDEZ, MARIA		01:06:37	+37:00	6:39	1:06:05	32:51 (1233)	F (318)	SENIOR F (132)	
1262 1165	GARCÍA DOCAMPO, LAURA		01:06:40	+37:03	6:39	1:06:04	32:51 (1231)	F (319)	SENIOR F (133)	
1263 1494	LARIOS LÓPEZ, MARTA		01:06:43	+37:06	6:40	1:05:40	33:19 (1249)	F (320)	SENIOR F (134)	
1264 1190	REGO LAÍÑO, ISA		01:06:43	+37:06	6:40	1:05:29	34:06 (1267)	F (321)	MASTER 1 F (50)	SI (20)
1265 1260	DA SILVA VIDAL, RAUL		01:06:45	+37:08	6:40	1:05:30	33:22 (1253)	M (944)	SUB 20 M (21)	
1266 1116	LAGOS CARRERA, JULIO	ADC ARNELA	01:06:53	+37:16	6:41	1:05:52	34:40 (1278)	M (945)	SENIOR M (198)	
1267 1247	OUJO MÍGUEZ, NURIA	ADC ARNELA	01:06:53	+37:16	6:41	1:05:53	34:40 (1279)	F (322)	SENIOR F (135)	
1268 1719	PEREZ CASTRO, CARMELO		01:06:56	+37:19	6:41	1:06:16	33:14 (1245)	M (946)	MASTER 4 M (50)	
1269 1021	GARCÍA GÓMEZ, M. FE	CLUB ATLETISMO MILLARAIO	01:07:01	+37:24	6:42	1:05:54	34:37 (1276)	F (323)	MASTER 3 F (32)	
1270 1479	MARTÍNEZ BELLO, ANDRÉS		01:07:18	+37:41	6:43	1:07:17	35:03 (1283)	M (947)	SUB 23 M (28)	
1271 1201	RODRÍGUEZ SARMIENTO, LELE	ASOCIACIÓN BJ RUNNING TEAM	01:07:18	+37:41	6:43	1:06:16	34:38 (1277)	F (324)	MASTER 2 F (79)	
1272 1304	RAÑA RODRÍGUEZ, UXÍA		01:07:20	+37:43	6:43	1:07:19	35:03 (1284)	F (325)	SUB 23 F (9)	
1273 1451	MIYARES CES, MARÍA JOSÉ		01:07:24	+37:47	6:44	1:06:38	33:30 (1257)	F (326)	MASTER 2 F (80)	
1274 1450	RODRÍGUEZ MIYARES, CLAUDIA		01:07:24	+37:47	6:44	1:06:38	33:30 (1258)	F (327)	SUB 18 F (6)	
1275 1223	MARTINEZ YAÑEZ, JOSEFA	CHICHO Y SUS TERREMOTOS	01:08:08	+38:31	6:48	1:07:07	34:25 (1272)	F (328)	MASTER 3 F (33)	
1276 835	MONCHO		01:08:13	+38:36	6:49	1:07:04	34:13 (1268)	M (948)	MASTER 3 M (180)	
1277 1266	PARDO MONTAÑA, MARÍA JOSEFINA	CLUB ATLETISMO MILLARAIO	01:08:36	+38:59	6:51	1:07:29	34:45 (1281)	F (329)	MASTER 3 F (34)	
1278 1277	GONZÁLEZ RODRÍGUEZ, MARIA DOLORES		01:08:36	+38:59	6:51	1:07:31	34:44 (1280)	F (330)	MASTER 3 F (35)	
1279 1601	MIRANTES BARBEITO, CRISTINA		01:10:00	+40:23	6:59	1:09:25	34:23 (1271)	F (331)	MASTER 1 F (51)	
1280 1731	CALVO VITURRO, MOISES		01:10:20	+40:43	7:01	1:10:04	33:21 (1251)	M (949)	SENIOR M (199)	
1281 1236	SÁNCHEZ ALDREY, CASIANO	TRABANDAINAS	01:10:34	+40:57	7:03	1:09:20	35:23 (1288)	M (950)	MASTER 4 M (51)	
1282 1101	DEL RÍO MOSQUERA, ESTHER		01:11:04	+41:27	7:06	1:09:49	35:14 (1286)	F (332)	MASTER 3 F (36)	SI (21)
1283 766	DEL RÍO MOSQUERA DE, JULIA		01:11:04	+41:27	7:06	1:09:49	35:14 (1287)	F (333)	MASTER 3 F (37)	
1284 1010	NÚÑEZ VARELA, GONZALO		01:11:30	+41:53	7:08	1:11:29	(-1)	M (951)	MASTER 1 M (138)	
1285 1196	CANAVERI, PATRICIA	FLOW PILATES & TRAINING	01:11:41	+42:04	7:10	1:10:37	35:38 (1290)	F (334)	MASTER 2 F (81)	
1286 1206	FANDIÑO VILACIDE, ANA MARÍA		01:11:51	+42:14	7:11	1:10:48	34:35 (1274)	F (335)	MASTER 3 F (38)	
1287 1208	FANDIÑO VILACIDE, ANGELES		01:11:52	+42:15	7:11	1:10:51	35:42 (1291)	F (336)	MASTER 3 F (39)	
1288 966	SIERRA FERREIRO, VÍCTOR	CHORIMA	01:11:57	+42:20	7:11	1:11:36	34:55 (1282)	M (952)	MASTER 2 M (315)	
1289 1414	GONZÁLEZ REY, BEGOÑA		01:12:07	+42:30	7:12	1:11:35	34:16 (1269)	F (337)	MASTER 2 F (82)	
1290 1424	VALLADARES LOPEZ, CARLOS		01:12:08	+42:31	7:12	1:11:17	35:07 (1285)	M (953)	MASTER 2 M (316)	
1291 1409	ÁLVAREZ VÁZQUEZ, LUCÍA		01:12:08	+42:31	7:12	1:11:36	34:16 (1270)	F (338)	MASTER 1 F (52)	
1292 1663	CAROLI, BARBARA		01:12:28	+42:51	7:14	1:11:41	35:52 (1292)	F (339)	MASTER 1 F (53)	
1293 1110	BERNAL GOMEZ, JESUS		01:14:07	+44:30	7:24	1:13:48	37:12 (1299)	M (954)	MASTER 4 M (52)	
1294 1209	RAMIREZ RAMIREZ, NICOLÁS		01:14:12	+44:35	7:25	1:12:58	36:39 (1293)	M (955)	SENIOR M (200)	
1295 1457	REY, MANUEL	CLUB TRIATLON COMPOSTELA	01:15:04	+45:27	7:30	1:13:49	37:10 (1297)	M (956)	MASTER 4 M (53)	
1296 1335	AGRASO VAZQUEZ, JOSE MANUEL		01:15:19	+45:42	7:31	1:14:17	36:44 (1294)	M (957)	SUB 18 M (18)	

SIN SON 10K 2024

CLASIFICACIÓN - ADULTOS



PTO DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITM	NETO	P1	SEXO	CAT	LOC
1297 949	AGRASO SANTOS, MANUEL		01:15:20	+45:43	7:31	1:14:17	36:44 (1295)	M (958)	MASTER 3 M (181)	
1298 3007	FERNANDEZ PERNAS, ALEJANDO	ENKI	01:17:19	+47:42	7:43	1:17:18	35:24 (1289)	M (959)	MASTER 2 M (317)	
1299 3006	POSE SANTOS, MARIA JOSE	ENKI	01:19:40	+50:03	7:57	1:19:39	37:12 (1298)	F (340)	MASTER 2 F (83)	
1300 3009	LOPEZ FERNANDEZ, ANGEL	ENKI	01:19:41	+50:04	7:58	1:19:40	37:07 (1296)	M (960)	MASTER 1 M (139)	
1301 3008	PRADA GARCIA, DANIEL	ENKI	01:19:42	+50:05	7:58	1:19:41	37:13 (1300)	M (961)	MASTER 2 M (318)	

Total: 1301