

XXVI Carreira Popular de Pontecesures

CLASIFICACIÓN 4K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITM	SEXO	CATEGORÍA	LOCA
1	881	SANTIAGO FERNÁNDEZ, GUSTAVO	CLUB DEPORTIVO PINARIUM	00:11:43	2:55	M (1)	SENIOR M (NA)	
2	383	MANEIRO TEIRA, DANIEL	CLUB ATLETISMO O PINO	00:12:26	3:06	M (2)	JUNIOR - SUB 18 M (NA)	
3	865	MELLO, JACI	CLUBE ATLETISMO BOIMORTO	00:12:48	3:11	M (3)	MASTER B M (NA)	
4	386	BARROS GONZÁLEZ, ABEL	ATLETISMO +9 MORAÑA	00:12:49	3:12	M (4)	MASTER B M (1)	
5	883	FEIJOO REDONDO, GUILLERMO	CLUB ATLETISMO SANTIAGO	00:12:56	3:13	M (5)	SENIOR M (1)	
6	351	SABORIDO SOÑORA, SAMUEL	CLUB ATLETISMO SAR	00:12:57	3:14	M (6)	MASTER B M (2)	
7	320	DOMINGUEZ SUAREZ, ARTURO	CLUB ATLETISMO SAR	00:12:59	3:14	M (7)	MASTER A M (1)	
8	870	VIDAL DE SA, DAVID	CLUB DEPORTIVO PINARIUM	00:13:02	3:15	M (8)	MASTER B M (3)	
9	438	DOPAZO MIGUEZ, ALBERTO	CLUB TRIATLÓN COMPOSTELA	00:13:04	3:15	M (9)	MASTER B M (4)	
10	884	SANTIAGO REY, DIEGO	CLUB TRIATLÓN COMPOSTELA	00:13:04	3:15	M (10)	SENIOR M (2)	
11	882	GARABATO LAGARES, ADRIAN	CLUB ATLETISMO SANTIAGO	00:13:05	3:16	M (11)	SENIOR M (3)	
12	429	CACHAFEIRO GARCÍA, GERARDO	CLUB TRIATLÓN COMPOSTELA	00:13:07	3:16	M (12)	MASTER A M (2)	
13	357	FRAGA DÍAZ, MANUEL	CLUB TRIATLÓN COMPOSTELA	00:13:16	3:18	M (13)	MASTER B M (5)	
14	886	RODRIGUEZ TRUJILLO, ALEJANDRO	CLUB TRIATLÓN COMPOSTELA	00:13:18	3:19	M (14)	SENIOR M (4)	
15	413	ALCALDE SIEIRA, SAÚL		00:13:20	3:19	M (15)	JUNIOR - SUB 18 M (1)	
16	442	DEVEZA PEQUENO, IGNACIO	CLUB DEPORTIVO BRIÓN HYUPERSA	00:13:33	3:23	M (16)	MASTER A M (3)	
17	305	NIETO GONZÁLEZ, JOSE MANUEL	CLUB ATLETISMO SAR	00:13:35	3:23	M (17)	MASTER B M (6)	
18	321	VALLE LÓPEZ, ÓSCAR	NOITEBRA F.C.	00:13:37	3:24	M (18)	MASTER B M (7)	
19	859	OMIL IGLESIAS, JOSE MANUEL	CLUB DEPORTIVO PINARIUM	00:13:37	3:24	M (19)	MASTER A M (4)	
20	866	GONZÁLEZ MARTÍNEZ, DIEGO	CLUB DEPORTIVO PINARIUM	00:13:38	3:24	M (20)	MASTER B M (8)	
21	455	GARCIA RODRIGUEZ, JORGE MANUEL	NOITEBRA F.C.	00:13:42	3:25	M (21)	MASTER B M (9)	
22	855	MOSQUERA DOPAZO, JUAN CARLOS	CLUB ATLETISMO SAR	00:13:49	3:27	M (22)	MASTER A M (5)	M (1)
23	358	CARREIRA CASAIS, ANXO	CLUB TRIATLÓN COMPOSTELA	00:14:01	3:30	M (23)	SENIOR M (5)	
24	432	FEIJOO TRAVESO, NACHO	RUNNING SPORT TRAIL	00:14:05	3:31	M (24)	MASTER B M (10)	
25	417	QUINTEIRO BALBOA, PEDRO	CDM VERTICE	00:14:28	3:36	M (25)	MASTER A M (6)	M (2)
26	412	MARTÍNEZ MELLADO, DAVID	SD COMPOSTELA ATLETISMO	00:14:31	3:37	M (26)	MASTER A M (7)	
27	395	FIGUEIRA PÉREZ, MANUEL	CLUB ATLETISMO SAR	00:14:47	3:41	M (27)	MASTER B M (11)	M (3)
28	343	LÓPEZ BALEIRÓN, EDGAR MANUEL	S. D. BARBANTIA RODA	00:14:52	3:42	M (28)	MASTER A M (8)	
29	324	IGLESIAS DOMINGUEZ, PABLO	NOITEBRA F.C.	00:15:03	3:45	M (29)	MASTER A M (9)	

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30	873	VAZQUEZ RAMOS, MANUEL		00:15:07	3:46	M (30)	MASTER B M (12)	
31	355	VIAÑO MOURE, ALBERTO	RIBEIRAS DO TAMBRE	00:15:10	3:47	M (31)	MASTER B M (13)	
32	317	BARRAL SÁNCHEZ, JESÚS	SD COMPOSTELA ATLETISMO	00:15:18	3:49	M (32)	MASTER C M (1)	
33	861	OTERO CRESPO, DAVID	CLUB DEPORTIVO PINARIUM	00:15:21	3:50	M (33)	MASTER A M (10)	
34	309	MEJUTO FERNANDEZ, NURIA	SD COMPOSTELA ATLETISMO	00:15:25	3:51	F (1)	SENIOR F (NA)	
35	851	ALCALDE RIAL, MARIO		00:15:34	3:53	M (34)	JUNIOR - SUB 18 M (2)	
36	403	ALVARELLOS BARREIRO, JUAN JOSÉ	SD COMPOSTELA ATLETISMO	00:15:38	3:54	M (35)	MASTER A M (11)	
37	382	CUENCA GARCIA, FRANCISCO JOSE	CLUB ATLETISMO O PINO	00:15:39	3:54	M (36)	MASTER A M (12)	
38	394	AMADO FERNÁNDEZ, LAURA		00:15:39	3:54	F (2)	SENIOR F (NA)	
39	880	MONTES MAÇADA, MANUELA CAROLINA	CLUB DEPORTIVO PINARIUM	00:15:45	3:56	F (3)	SENIOR F (NA)	
40	393	CAAMAÑO ROMAR, LUIS		00:15:51	3:57	M (37)	MASTER C M (2)	
41	354	BUSTELO CATOIRA, CARLOS	SD COMPOSTELA ATLETISMO	00:15:56	3:58	M (38)	MASTER A M (13)	
42	372	BOULLOSA BERNÁRDEZ, ELISA	SD COMPOSTELA ATLETISMO	00:15:56	3:58	F (4)	MASTER A F (1)	
43	306	BAAMONDE ARUFE, JAPI	CLUB ATLETISMO SAR	00:16:03	4:00	M (39)	MASTER B M (14)	
44	850	GOMEZ LEON, NOA	CLUB ATLETISMO NOIA	00:16:11	4:02	F (5)	JUNIOR - SUB 18 F (1)	
45	862	CALVO, VERONICA	CLUB ATLETISMO SAR	00:16:12	4:02	F (6)	MASTER A F (2)	
46	375	VARELA CRESPO, MARIO DANIEL	ATLETISMOARENTEIRO	00:16:15	4:03	M (40)	MASTER A M (14)	
47	860	ROSALES ROSALES, PAULA	CLUB DEPORTIVO PINARIUM	00:16:28	4:06	F (7)	MASTER A F (3)	
48	879	PÉREZ TRABAZO, LAURA	CLUB DEPORTIVO PINARIUM	00:16:36	4:08	F (8)	SENIOR F (1)	
49	381	MAGARIÑOS GAGO, ENRIQUE	MORAÑA EN RUTA	00:16:37	4:09	M (41)	JUNIOR - SUB 18 M (3)	
50	371	ARAUJO RODRIGUEZ, ROQUE MANUEL	CLUB NAUTICO PONTECESURES	00:16:37	4:09	M (42)	JUNIOR - SUB 18 M (4)	M (4)
51	327	FORMOSO RECAREY, EVA	TRIKITEAM	00:16:38	4:09	F (9)	JUNIOR - SUB 18 F (2)	
52	377	MARTÍNEZ SAYAR, MANUEL	MORAÑA EN RUTA	00:16:41	4:10	M (43)	MASTER A M (15)	
53	384	GARCÍA FOJO, AIALA	ATLETISMO +9 MORAÑA	00:16:56	4:13	F (10)	JUNIOR - SUB 18 F (3)	
54	332	ESPIÑEIRA CASTRO, LINO		00:16:57	4:14	M (44)	MASTER B M (15)	
55	867	OLIVEIRA, SUSO	S. D. BARBANTIA RODA	00:16:59	4:14	M (45)	MASTER B M (16)	
56	449	CORES CANCELA, ANDREA	SD COMPOSTELA ATLETISMO	00:17:01	4:15	F (11)	SENIOR F (2)	
57	877	ABEL SUÁREZ, JOSÉ RAMÓN	NOITEBRA F.C.	00:17:02	4:15	M (46)	MASTER C M (3)	
58	374	NOVO ROMERO, NEREA	CLUB NAUTICO PONTECESURES	00:17:07	4:16	F (12)	JUNIOR - SUB 18 F (4)	

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59	389	SAMBADE LESTÓN, LORETO	TRIKITEAM	00:17:23	4:20	F (13)	MASTER B F (1)	
60	878	FERNÁNDEZ GARCÍA, MÍCHEL	S. D. BARBANTIA RODA	00:17:32	4:22	M (47)	SENIOR M (6)	
61	885	LOJO LÓPEZ, NOELIA	S. D. BARBANTIA RODA	00:17:34	4:23	F (14)	SENIOR F (3)	
62	349	FERNÁNDEZ PASCUAL, ERICA	CDM XESTEIRAS	00:17:50	4:27	F (15)	MASTER A F (4)	F (1)
63	322	CAAMAÑO, IVÁN		00:17:50	4:27	M (48)	SENIOR M (7)	
64	422	ESPASANDÍN VÁZQUEZ, VÍCTOR MANUEL	CLUB DEPORTIVO BRIÓN HYUPERSA	00:17:51	4:27	M (49)	SENIOR M (8)	
65	323	SENIN LOPEZ, BRAIS		00:17:51	4:27	M (50)	SENIOR M (9)	
66	869	IGLESIAS AREA, MARÍA	CLUB DEPORTIVO PINARIUM	00:18:13	4:33	F (16)	MASTER B F (2)	
67	367	PARIS ALFONSO, SAMUEL	CLUB NAUTICO PONTECESURES	00:18:13	4:33	M (51)	JUNIOR - SUB 18 M (5)	
68	410	COUTO MENDOZA, MAITE	CLUB ATLETISMO O PINO	00:18:21	4:35	F (17)	MASTER A F (5)	
69	339	NIETO PAZOS, SUSANA		00:18:25	4:36	F (18)	MASTER A F (6)	
70	379	CALVO GERARDI, MANUEL	CLUB ATLETISMO SAR	00:18:28	4:36	M (52)	MASTER C M (4)	
71	863	PÉREZ ALONSO, CRISTINA	ATLETISMO +9 MORAÑA	00:18:33	4:38	F (19)	MASTER A F (7)	
72	405	MOURE CAÑETE, FRANCISCO	NOITEBRA F.C.	00:18:42	4:40	M (53)	MASTER C M (5)	
73	347	RODRÍGUEZ SILVA, ANGEL	MORAÑA EN RUTA	00:18:48	4:41	M (54)	MASTER B M (17)	
74	858	TOBÍO EIRAS, RUBÉN		00:19:03	4:45	M (55)	MASTER A M (16)	
75	864	BUSTO SANTALLA, ANA		00:19:04	4:45	F (20)	MASTER A F (8)	
76	872	DOMENECH GONZÁLEZ, PEDRO		00:19:05	4:46	M (56)	MASTER B M (18)	
77	361	BERNÁRDEZ AGRAFOJO, JOSÉ ANTONIO		00:19:07	4:46	M (57)	MASTER B M (19)	
78	385	CAMPOS EIRÍN, MERCEDES	ATLETISMO +9 MORAÑA	00:19:12	4:47	F (21)	MASTER B F (3)	
79	376	RODRÍGUEZ SANTIAGO, LÍA		00:19:26	4:51	F (22)	JUNIOR - SUB 18 F (5)	F (2)
80	447	CARAMÉS VILA, NOA	S. D. BARBANTIA RODA	00:19:32	4:52	F (23)	MASTER A F (9)	
81	387	SALGADO, LUCIA		00:19:34	4:53	F (24)	SENIOR F (4)	
82	333	CHAVES PEREIRA, JOSÉ	ATLETISMO +9 MORAÑA	00:19:49	4:57	M (58)	MASTER B M (20)	
83	329	MARTINEZ LAGO, SERGIO	CLUB DEPORTIVO BRIÓN HYUPERSA	00:19:50	4:57	M (59)	MASTER B M (21)	
84	401	DE DIAGO JIMENEZ, AMAYA		00:20:06	5:01	F (25)	SENIOR F (5)	
85	856	VILLAVARDE ROSALES, MARGA		00:20:11	5:02	F (26)	MASTER A F (10)	
86	857	CASTIÑEIRA LORES, BEATRIZ		00:20:11	5:02	F (27)	MASTER A F (11)	
87	331	TORRADO ARES, DORES	S. D. BARBANTIA RODA	00:20:21	5:05	F (28)	MASTER B F (4)	

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88	759	REDONDO PEGO, Dario	MORAÑA EN RUTA	00:20:23	5:05	M (60)	JUNIOR - SUB 18 M (6)	
89	402	PIÑEIRO ESPERANTE, MARI		00:20:30	5:07	F (29)	MASTER C F (1)	
90	876	RODRÍGUEZ CARRIL, JESÚS	CLUB ATLETISMO SAR	00:20:33	5:08	M (61)	MASTER C M (6)	M (5)
91	350	BERMEJO VARELA, CRISTINA		00:20:48	5:11	F (30)	MASTER A F (12)	
92	453	VILLAR GARCIA, PATRICIA		00:20:48	5:11	F (31)	MASTER A F (13)	
93	311	FERNANDEZ PEREIRA, DANIEL		00:20:51	5:12	M (62)	SENIOR M (10)	M (6)
94	392	GONZÁLEZ SILVA, SONIA	CLUB TRIATLÓN COMPOSTELA	00:20:55	5:13	F (32)	MASTER B F (5)	
95	441	CARLÉS PÉREZ, ROCÍO		00:21:02	5:15	F (33)	SENIOR F (6)	
96	334	LESTIDO CARDAMA, ANTÍA	CLUB DEPORTIVO BRIÓN HYUPERSA	00:21:05	5:16	F (34)	SENIOR F (7)	
97	398	PRINI, CAROLINE	CLUB TRIATLÓN COMPOSTELA	00:21:06	5:16	F (35)	MASTER C F (2)	
98	397	BOTANA PRINI, CHLOÉ GABRIELLE	CLUB TRIATLÓN INFORHOUSE SANTIAGO	00:21:07	5:16	F (36)	SENIOR F (8)	
99	380	RODRÍGUEZ SOBRINO, CELINA	MORAÑA EN RUTA	00:21:12	5:17	F (37)	MASTER C F (3)	
100	408	IGLESIAS AMORES, DORIS	CLUB DEPORTIVO BRIÓN HYUPERSA	00:21:17	5:19	F (38)	SENIOR F (9)	
101	316	LORENZO CASTRO, CARLA		00:21:19	5:19	F (39)	SENIOR F (10)	
102	852	LEON VIÑAS, MARIA VANESSA	CLUB ATLETISMO SAR	00:21:30	5:22	F (40)	MASTER A F (14)	
103	448	CEBEY GARCÍA, LAURA		00:21:31	5:22	F (41)	SENIOR F (11)	
104	444	CASTRO CORES, CARMEN	CLUB ATLETISMO O PINO	00:21:32	5:22	F (42)	MASTER B F (6)	
105	419	CORTÉS EIRAS, MARÍA MERCEDES		00:21:38	5:24	F (43)	MASTER A F (15)	F (3)
106	414	BOUZÓN BARREIRO, SHEILA		00:21:42	5:25	F (44)	SENIOR F (12)	
107	362	GOMEZ RIAL, RUBEN	CLUB NAUTICO PONTECESURES	00:21:46	5:26	M (63)	SENIOR M (11)	
108	319	GARCÍA PARDAL, ANDRÉS		00:21:47	5:26	M (64)	MASTER A M (17)	M (7)
109	454	COLLAZO FREIRE, SANTIAGO		00:21:47	5:26	M (65)	SENIOR M (12)	
110	378	FERNÁNDEZ GARABAN, RODRIGO	MORAÑA EN RUTA	00:21:55	5:28	M (66)	SENIOR M (13)	
111	445	GARRIDO BEADE, NOELIA	CLUB DEPORTIVO BRIÓN HYUPERSA	00:21:57	5:29	F (45)	SENIOR F (13)	
112	457	GOMEZ SANCHEZ, EVA		00:21:58	5:29	F (46)	SENIOR F (14)	
113	874	GOMEZ OTERO, PILAR		00:22:04	5:30	F (47)	MASTER B F (7)	
114	342	MAGARIÑOS EITOR, ROBERTO		00:22:05	5:31	M (67)	SENIOR M (14)	
115	436	FORMOSO FERNÁNDEZ, MARIA JOSEFA	SERRES RUNNERS	00:22:18	5:34	F (48)	MASTER B F (8)	
116	871	BUJÁN OTERO, SUSANA	NOITEBRA F.C.	00:22:23	5:35	F (49)	MASTER B F (9)	

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117	435	TAJES FERNANDEZ, PACUCHA	SERRES RUNNERS	00:22:33	5:38	F (50)	MASTER C F (4)	
118	50	ROSAL GÓMEZ, ROCÍO		00:22:40	5:39	F (51)	MASTER A F (16)	
119	434	FERNANDEZ FORMOSO, TINA	SERRES RUNNERS	00:22:56	5:43	F (52)	MASTER B F (10)	
120	310	CERQUEIRAS SOUTO, ÁLVARO		00:23:08	5:46	M (68)	SENIOR M (15)	
121	760	CASTROAGUDÍN LÓPEZ, HUGO		00:23:11	5:47	M (69)	JUNIOR - SUB 18 M (7)	
122	368	RODRIGUEZ GARCIA, AINARA	CLUB NAUTICO PONTECESURES	00:23:15	5:48	F (53)	JUNIOR - SUB 18 F (6)	
123	369	VILA GRELA, SARA	CLUB NAUTICO PONTECESURES	00:23:25	5:51	F (54)	JUNIOR - SUB 18 F (7)	
124	420	GERPE LIMERES, EVA		00:23:47	5:56	F (55)	SENIOR F (15)	
125	875	LOUREIRO CONDE, JOSE ANTONIO		00:24:16	6:03	M (70)	MASTER C M (7)	
126	304	ARANGUREN, GUSTAVO	FEARLESS WARRIOR FIGHT CLUB	00:24:28	6:06	M (71)	SENIOR M (16)	
127	315	MIRANDA JUNCAL, ÁNGEL	FEARLESS WARRIOR FIGHT CLUB	00:24:33	6:08	M (72)	SENIOR M (17)	
128	373	REY ROMERO, CANDELA	CLUB NAUTICO PONTECESURES	00:24:35	6:08	F (56)	JUNIOR - SUB 18 F (8)	
129	366	FREIRIA CALDELAS, VERONICA	CLUB NAUTICO PONTECESURES	00:24:36	6:08	F (57)	JUNIOR - SUB 18 F (9)	F (4)
130	365	AGRASAR RODRIGUEZ, SHEILA	CLUB NAUTICO PONTECESURES	00:24:37	6:09	F (58)	JUNIOR - SUB 18 F (10)	
131	341	VARELA SANMARTIN, MARLENE		00:24:57	6:14	F (59)	SENIOR F (16)	
132	416	VIDAL FREIRE, MARIA		00:25:24	6:20	F (60)	MASTER A F (17)	F (5)
133	364	DURO CASTRO, SABELA	CLUB NAUTICO PONTECESURES	00:25:45	6:26	F (61)	JUNIOR - SUB 18 F (11)	
134	363	VILLAVERDE FERRO, DIANA	CLUB NAUTICO PONTECESURES	00:25:45	6:26	F (62)	JUNIOR - SUB 18 F (12)	F (6)
135	318	TRESGUERRAS GONZÁLEZ, ELVIRA	CLUB ATLETISMO SAR	00:25:53	6:28	F (63)	MASTER C F (5)	
136	359	MIRAMONTES MIRÁS, SALOMÉ		00:26:05	6:31	F (64)	MASTER B F (11)	
137	391	REY RODRÍGUEZ, MANUEL	CLUB TRIATLÓN COMPOSTELA	00:26:46	6:41	M (73)	MASTER C M (8)	
138	854	LOUREIRO GARCIA, BERTA		00:26:53	6:43	F (65)	MASTER A F (18)	
139	451	GARCÍA PIÑEIRO, NEREA		00:28:03	7:00	F (66)	SENIOR F (17)	
140	340	GOMEZ BASADRE, ISABEL		00:28:41	7:10	F (67)	SENIOR F (18)	
141	407	PÉREZ GARCÍA, NICOLE		00:28:44	7:10	F (68)	SENIOR F (19)	

Total: 141