

XXII PADRÓN 10K

CLASIFICACIÓN 5K

10K PADRÓN

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T2.5K	RITM	SEXO	CATEGORÍA
1	783	PUNTES BARCIA, IVÁN	ATLETISMO NARÓN	00:15:21	00:07:06 (1)	3:04	M (1)	SENIOR M (1)
2	648	TEIJIDO LÓPEZ, ANTONIO	RÍA DE FOZ	00:15:36	00:07:06 (2)	3:07	M (2)	MASTER A M (1)
3	833	GARCÍA IGLESIAS, BRAIS	CLUB ATLETISMO SANTIAGO	00:15:56	00:07:11 (3)	3:11	M (3)	SENIOR M (2)
4	774	PAIS FONDO, FRANCISCO	SD COMPOSTELA ATLETISMO	00:16:10	00:07:15 (4)	3:13	M (4)	SENIOR M (3)
5	815	TOMÉ BRANDÓN, ALBERTO	CLUB TRIATLON INFORHOUSE SANTIAGO	00:16:20	00:07:16 (5)	3:15	M (5)	SENIOR M (4)
6	698	LOPEZ DE DIOS, FRANCISCO	LA CEREZAL TEAM	00:16:28	00:07:22 (6)	3:17	M (6)	MASTER B M (1)
7	839	PRIDA, HUGO	TRIATLÓN FERROL	00:16:32	00:07:23 (7)	3:18	M (7)	SUB 23 M (1)
8	857	PATIÑO RÍOS, JESÚS	CLUB NATACIÓN RIVEIRA	00:16:45	00:07:45 (16)	3:20	M (8)	SUB 18 M (1)
9	703	ESCANDON MARTINEZ, JOSE MANUEL	LA CEREZAL TEAM	00:17:02	00:07:31 (9)	3:24	M (9)	MASTER B M (2)
10	653	ARAUJO PEREZ, DAMIAN	MARINEDA ATLETICO	00:17:05	00:07:31 (8)	3:24	M (10)	MASTER A M (2)
11	626	JOSE, JOSE	SD COMPOSTELA ATLETISMO	00:17:07	00:07:45 (17)	3:25	M (11)	MASTER A M (3)
12	777	SANTIAGO, DIEGO	CLUB TRIATLÓN COMPOSTELA	00:17:16	00:07:37 (10)	3:27	M (12)	SENIOR M (5)
13	830	FERNÁNDEZ GARCÍA, XABIER		00:17:18	00:07:45 (19)	3:27	M (13)	SENIOR M (6)
14	825	FRAGA ADRIO, CARLOS	CLUB ATLETISMO O PINO	00:17:24	00:07:49 (22)	3:28	M (14)	SENIOR M (7)
15	892	PEREIRA TAIBO, SÉRGIO	CLUB OLIMPICO VEDRA	00:17:25	00:07:41 (12)	3:28	M (15)	SUB 16 M (1)
16	731	ROCHA ARIAS, JAIME JOSE	COMESAÑA SPORTING CLUB	00:17:28	00:07:51 (23)	3:29	M (16)	MASTER B M (3)
17	848	RIBÓ MIGUEL, LUCAS	CLUB ATLETISMO O PINO	00:17:29	00:07:45 (18)	3:29	M (17)	SUB 20 M (1)
18	788	GARCÍA ARROYO, JORGE	ATLETISMO TORRELAVEGA	00:17:32	00:07:44 (15)	3:30	M (18)	SENIOR M (8)
19	827	ESTEBAN FERREIRO, DAVID	CORUÑA COMARCA	00:17:35	00:07:37 (11)	3:30	M (19)	SENIOR M (9)
20	684	DOPAZO NUÑEZ, ALBERTO	CLUB TRIATLÓN COMPOSTELA	00:17:41	00:07:41 (13)	3:32	M (20)	MASTER B M (4)
21	722	BENÍTEZ SOMOZA, ISRAEL	EL CANARIO	00:17:44	00:08:03 (27)	3:32	M (21)	MASTER B M (5)
22	852	ALCALDE SIEIRA, SAUL	CLUB OLIMPICO VEDRA	00:17:51	00:07:54 (24)	3:34	M (22)	SUB 20 M (2)
23	851	CEA VAZQUEZ, HUGO	CLUB OLÍMPICO DE VEDRA	00:17:53	00:07:47 (21)	3:34	M (23)	SUB 20 M (3)
24	891	CASTRO LOBATO, MIGUEL	CLUB OLIMPICO VEDRA	00:17:54	00:07:46 (20)	3:34	M (24)	SUB 16 M (2)
25	761	PEDROSA PAZ, PABLO	TRIATLÓN FERROL	00:17:55	00:07:42 (14)	3:34	M (25)	SENIOR M (10)
26	778	CAPELO VIEITES, EFRÉN	CLUB DEPORTIVO BRION HYUPERSA	00:17:58	00:08:02 (26)	3:35	M (26)	SENIOR M (11)
27	680	TORRES TORRES, JORGE		00:18:02	00:08:11 (29)	3:36	M (27)	MASTER A M (4)
28	665	ROSENDE FUENTES, LUIS	CLUB ATLETISMO TAMBRE	00:18:13	00:08:12 (31)	3:38	M (28)	MASTER A M (5)
29	883	FAGILDE SANDE, XAVI	CLUB TRIATLÓN COMPOSTELA	00:18:18	00:08:11 (30)	3:39	M (29)	SUB 16 M (3)
30	786	GONZALEZ BARRETO, JOSE LUIS	CORRIDA DAS CABRAS	00:18:19	00:08:17 (32)	3:39	M (30)	SENIOR M (12)

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PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T2.5K	RITM	SEXO	CATEGORÍA
31	738	GONZALEZ NOVOA, SATURNINO	CLUB OURENSE ATLETISMO	00:18:24	00:08:00 (25)	3:40	M (31)	MASTER C M (1)
32	619	NOGUEIRA PÉREZ, MIGUEL ANXO	NOITEBRA F.C.	00:18:28	00:08:27 (37)	3:41	M (32)	MASTER A M (6)
33	854	FERREIRA AYBAR, BRANDOL	ILLA DE TAMBO	00:18:32	00:08:03 (28)	3:42	M (33)	SUB 18 M (2)
34	647	PEREIRA UCHA, IVAN	FENDE-PERNAS TEAM	00:18:33	00:08:33 (40)	3:42	M (34)	MASTER A M (7)
35	900	BARCALA LÓPEZ, MARCOS	CLUB ATLETISMO TAMBRE	00:18:36	00:08:19 (34)	3:43	M (35)	SUB 16 M (4)
36	736	NANÍN LÓPEZ, JOSE MANUEL	CORREDORES DO MIÑO	00:18:36	00:08:35 (45)	3:43	M (36)	MASTER C M (2)
37	706	PARADA GARCÍA, LUIS MIGUEL	EL CANARIO	00:18:39	00:08:18 (33)	3:43	M (37)	MASTER B M (6)
38	769	VÁZQUEZ DÍAZ, DIEGO	ATLETISMO GUITIRIZ	00:18:52	00:08:36 (47)	3:46	M (38)	SENIOR M (13)
39	771	PLACER GARCÍA-RODEJA, MARTIÑO	SD COMPOSTELA ATLETISMO	00:18:55	00:08:34 (41)	3:46	M (39)	SENIOR M (14)
40	713	NAVARRO ANTON, JOSE	S.D. BARBANTIA RODA	00:19:00	00:08:22 (35)	3:47	M (40)	MASTER B M (7)
41	770	HERMO MARTINEZ, DAVID	TRIATLON RIANXO	00:19:06	00:08:34 (44)	3:49	M (41)	SENIOR M (15)
42	735	VAZQUEZ RAMOS, MANUEL	ATLETISMO GUITIRIZ	00:19:07	00:08:35 (46)	3:49	M (42)	MASTER B M (8)
43	862	BARROS CAMPAÑA, DIEGO	CLUB OLIMPICO VEDRA	00:19:07	00:08:22 (36)	3:49	M (43)	SUB 18 M (3)
44	781	MARTINEZ SERRANO, ALVARO		00:19:08	00:08:43 (55)	3:49	M (44)	SENIOR M (16)
45	870	FURELOS CALDAS, HUGO	ATLETISMO +9 MORAÑA	00:19:19	00:08:34 (42)	3:51	M (45)	SUB 16 M (5)
46	632	EIRAS LUEIRO, LEANDRO	CLUB TRIATLON CERVECERÍA O COTÓN	00:19:21	00:08:38 (48)	3:52	M (46)	MASTER A M (8)
47	673	FERNÁNDEZ CARRILLO, JOSÉ MANUEL		00:19:22	00:08:43 (54)	3:52	M (47)	MASTER A M (9)
48	863	BAHAMONDE BARCALA, BRAIS	CLUB ATLETISMO TAMBRE	00:19:26	00:08:34 (43)	3:53	M (48)	SUB 18 M (4)
49	683	CID LONGUEIRA, JOSÉ MANUEL	COMESAÑA SPORTING CLUB	00:19:36	00:08:48 (56)	3:55	M (49)	MASTER A M (10)
50	634	FERNÁNDEZ DEVESA, JULIO	TRIATLONPOIO	00:19:40	00:08:32 (39)	3:55	M (50)	MASTER A M (11)
51	881	RODIL ILLOBRE, XOANA	CLUB TRIATLÓN COMPOSTELA	00:19:42	00:08:43 (53)	3:56	F (1)	SUB 16 F (1)
52	681	TAIBO, MARIO	CLUB ATLETISMO SANTIAGO	00:19:46	00:08:48 (57)	3:57	M (51)	MASTER A M (12)
53	872	MONTERO DIOS, ROQUE	CLUB TRIATLÓN COMPOSTELA	00:19:47	00:08:51 (60)	3:57	M (52)	SUB 16 M (6)
54	723	SOUTULLO PARADELA, ANA ISABEL	CLUB OURENSE ATLETISMO	00:19:47	00:08:52 (61)	3:57	F (2)	MASTER B F (1)
55	639	PAZ CALO, JORGE		00:19:52	00:08:42 (52)	3:58	M (53)	MASTER A M (13)
56	638	CUENCA GARCIA, FRANCISCO JOSE	CLUB ATLETISMO O PINO	00:19:52	00:08:48 (58)	3:58	M (54)	MASTER A M (14)
57	871	BLANCO FUENTES, ADRIÁN	CLUB DEPORTIVO PINARIUM	00:19:55	00:08:52 (62)	3:58	M (55)	SUB 16 M (7)
58	850	OTERO PEREIRA, BRAIS	CLUB OLÍMPICO DE VEDRA	00:19:57	00:08:30 (38)	3:59	M (56)	SUB 20 M (4)
59	880	OTERO RIAL, XOEL	CLUB ATLETISMO TAMBRE	00:19:57	00:08:40 (49)	3:59	M (57)	SUB 16 M (8)
60	704	PAPÍN ESTÉVEZ, INES	DAWAKO	00:20:08	00:09:10 (78)	4:01	F (3)	MASTER B F (2)

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61	643	VAZQUEZ FORJAN, ADRIAN		00:20:10	00:08:54 (64)	4:01	M (58)	MASTER A M (15)
62	650	VILLALBA BARRIOS, DELIA	COMESAÑA SPORTING CLUB	00:20:15	00:09:03 (70)	4:02	F (4)	MASTER A F (1)
63	672	FERNÁNDEZ GÓMEZ, MARCOS		00:20:16	00:08:54 (65)	4:03	M (59)	MASTER A M (16)
64	884	RENDO BARREIRO, BRAIS	CLUB TRIATLON INFORHOUSE SANTIAGO	00:20:18	00:08:41 (51)	4:03	M (60)	SUB 16 M (9)
65	899	RUBIO PARDO, KRISZTOFER	AD NAUTICO DE NARÓN	00:20:19	00:08:51 (59)	4:03	M (61)	SUB 16 M (10)
66	819	POMBAL PORTELA, DAVID	CLUB ATLETISMO SAMERTOLAMEU	00:20:20	00:09:13 (79)	4:03	M (62)	SENIOR M (17)
67	664	CATOIRA DOPAZO, IVAN	S.D. BARBANTIA RODA	00:20:23	00:08:41 (50)	4:04	M (63)	MASTER A M (17)
68	642	GARCÍA VAAMONDE, CAMILO	AMES ATLETISMO SAVANTE	00:20:24	00:09:30 (91)	4:04	M (64)	MASTER A M (18)
69	739	VERDEJO SÁNCHEZ, JUAN IGNACIO	CLUB ATLETISMO SANTIAGO	00:20:24	00:09:15 (81)	4:04	M (65)	MASTER C M (3)
70	627	RIVAS DE JESUS, SERGIO		00:20:25	00:09:07 (75)	4:04	M (66)	MASTER A M (19)
71	620	ANDRADE, DANI	CLUB DEPORTIVO BRION HYUPERSA	00:20:26	00:09:07 (73)	4:05	M (67)	MASTER A M (20)
72	628	RODRÍGUEZ FERNANDEZ, MANUEL		00:20:28	00:09:01 (68)	4:05	M (68)	MASTER A M (21)
73	792	LÓPEZ REBOLLIDO, JULIA	CLUB ATLETISMO SADA	00:20:29	00:09:01 (69)	4:05	F (5)	SENIOR F (1)
74	806	MONTES MAÇADA, MANUELA	CLUB DEPORTIVO PINARIUM	00:20:37	00:09:09 (77)	4:07	F (6)	SENIOR F (2)
75	659	ANSORENA BALTASAR, LUIS		00:20:37	00:08:56 (66)	4:07	M (69)	MASTER A M (22)
76	760	CELA BOISA, JESUS	CLUB DEPORTIVO BRION HYUPERSA	00:20:37	00:09:39 (92)	4:07	M (70)	SENIOR M (18)
77	867	GALÁN AMO, AINOA	ATLETISMO +9 MORAÑA	00:20:41	00:09:07 (74)	4:08	F (7)	SUB 16 F (2)
78	754	FERREIRO LÓPEZ, JUAN	CLUB ATLETISMO TAMBRE	00:20:42	00:09:18 (85)	4:08	M (71)	MASTER C M (4)
79	865	VILLAR ALVITE, LOLA	NOITEBRA F.C.	00:20:43	00:09:18 (84)	4:08	F (8)	SUB 16 F (3)
80	858	MAGARIÑOS GAGO, ENRIQUE	MORAÑA EN RUTA	00:20:47	00:09:42 (94)	4:09	M (72)	SUB 18 M (5)
81	707	SEOANE MUÑIZ, THOMAS		00:20:48	00:09:14 (80)	4:09	M (73)	MASTER B M (9)
82	853	GARCÍA FOJO, AIALA	ATLETISMO +9 MORAÑA	00:20:51	00:09:07 (72)	4:10	F (9)	SUB 18 F (1)
83	701	PAPÍN ESTÉVEZ, NOELIA	DAWAKO	00:20:54	00:09:18 (82)	4:10	F (10)	MASTER B F (3)
84	868	LOPEZ FIGUEIRA, BREOGAN	AGRUPACION ATLETICA MAZI	00:20:57	00:08:54 (63)	4:11	M (74)	SUB 16 M (11)
85	636	MARTÍNEZ SAYAR, MANUEL	MORAÑA EN RUTA	00:20:58	00:09:42 (93)	4:11	M (75)	MASTER A M (23)
86	812	FILGUEIRA CONDE, REBECA	TRIATLON POIO.	00:20:59	00:09:19 (86)	4:11	F (11)	SENIOR F (3)
87	631	BASCOY CAO, BELÉN	SOCIEDADE ATLÉTICA DO TREGA	00:21:00	00:09:24 (89)	4:11	F (12)	MASTER A F (2)
88	893	VILLAR CAMPOS, MARTÍN DEMETRIO		00:21:03	00:09:01 (67)	4:12	M (76)	SUB 16 M (12)
89	896	MALVAREZ SULBARAN, SOFÍA	CLUB TRIATLON INFORHOUSE SANTIAGO	00:21:03	00:09:18 (83)	4:12	F (13)	SUB 16 F (4)
90	882	RODRIGUEZ MUÑOZ, XOEL	ATLETISMO OBRADOIRO	00:21:13	00:09:03 (71)	4:14	M (77)	SUB 16 M (13)

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91	838	BARREIRO RODRÍGUEZ, PABLO		00:21:13	00:09:08 (76)	4:14	M (78)	SENIOR M (19)
92	677	VILLAVERDE ROSALES, MARGA		00:21:18	00:09:26 (90)	4:15	F (14)	MASTER A F (3)
93	877	DOPAZO NUÑEZ, CANDELA	CLUB TRIATLÓN COMPOSTELA	00:21:25	00:09:24 (88)	4:16	F (15)	SUB 16 F (5)
94	666	FERNÁNDEZ BOUZAS, ADRIÁN		00:21:30	00:09:46 (102)	4:17	M (79)	MASTER A M (24)
95	737	ARGIBAY PEREZ, JUAN ANTONIO		00:21:34	00:09:43 (97)	4:18	M (80)	MASTER C M (5)
96	727	COSTA BERMUDEZ, MANUEL		00:21:37	00:10:13 (109)	4:19	M (81)	MASTER B M (10)
97	750	CASTRO VILLAVERDE, TERESA	CLUB ATLETISMO NOIA	00:21:42	00:09:42 (96)	4:20	F (16)	MASTER C F (1)
98	843	LIJÓ, DAMIÁN		00:21:44	00:10:24 (118)	4:20	M (82)	SUB 23 M (2)
99	844	COUSELO MIRA, NOEMI	CLUB ATLETISMO TAMBRE	00:21:47	00:09:43 (98)	4:21	F (17)	SUB 23 F (1)
100	688	GARCÍA PENA, JESUS	CLUB ATLETISMO TAMBRE	00:21:47	00:09:52 (103)	4:21	M (83)	MASTER B M (11)
101	729	MOREIRA VEIGA, JOSÉ ANTONIO	CLUBE ATLETISMO BOIMORTO	00:21:53	00:09:42 (95)	4:22	M (84)	MASTER B M (12)
102	799	PENSADO DEUS, ADRIANA	CLUB TRIATLON INFORHOUSE SANTIAGO	00:21:55	00:09:45 (100)	4:22	F (18)	SENIOR F (4)
103	809	LEAL FERNÁNDEZ, CIBRÁN		00:21:56	00:09:20 (87)	4:23	M (85)	SENIOR M (20)
104	798	GONZÁLEZ VILAS, ANTÍA	CLUB TRIATLON INFORHOUSE SANTIAGO	00:22:01	00:09:44 (99)	4:24	F (19)	SENIOR F (5)
105	715	BARREAL MODROÑO, DIEGO	FENDE-PERNAS TEAM	00:22:04	00:09:53 (104)	4:24	M (86)	MASTER B M (13)
106	785	ALVES GOMES, HUGO FILIPE		00:22:27	00:10:15 (112)	4:29	M (87)	SENIOR M (21)
107	875	TORRENTE GUERRA, ÉRIC	CLUB ATLETISMO MILLARAIO	00:22:32	00:09:45 (101)	4:30	M (88)	SUB 16 M (14)
108	668	CAMINO PRECIADO, ALBERTO	CLUB DEPORTIVO PINARIUM	00:22:33	00:10:14 (111)	4:30	M (89)	MASTER A M (25)
109	705	SAMBADE LESTÓN, LORETO	TRIKI TEAM	00:22:37	00:10:07 (107)	4:31	F (20)	MASTER B F (4)
110	764	EITOR SUMAY, ÁLVARO		00:22:38	00:10:34 (127)	4:31	M (90)	SENIOR M (22)
111	635	PRESAS VENCE, MANUEL		00:22:39	00:10:13 (108)	4:31	M (91)	MASTER A M (26)
112	790	UCHA OMIL, MIGUEL	FENDE-PERNAS TEAM	00:22:40	00:10:16 (113)	4:31	M (92)	SENIOR M (23)
113	624	CARBALLEIRA PUÑAL, ADRIÁN		00:22:41	00:10:20 (116)	4:32	M (93)	MASTER A M (27)
114	694	FERNÁNDEZ IGLESIAS, JOSÉ		00:22:45	00:09:55 (105)	4:32	M (94)	MASTER B M (14)
115	823	DURO, DIEGO		00:22:50	00:10:18 (114)	4:33	M (95)	SENIOR M (24)
116	763	CAAMAÑO, IVAN		00:22:53	00:10:31 (123)	4:34	M (96)	SENIOR M (25)
117	758	SENIN LOPEZ, BRAIS		00:22:53	00:10:35 (129)	4:34	M (97)	SENIOR M (26)
118	745	ALFONSIN SOLIÑO, GONZALO	TARTARUGAS	00:22:59	00:10:14 (110)	4:35	M (98)	MASTER C M (6)
119	718	UCHA SOLLA, JAVIER	FENDE-PERNAS TEAM	00:23:12	00:10:34 (128)	4:38	M (99)	MASTER B M (15)
120	889	GIL LEIS, CARLA	CLUB TRIATLON INFORHOUSE SANTIAGO	00:23:13	00:10:33 (124)	4:38	F (21)	SUB 16 F (6)

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121	888	ROS GONZÁLEZ, LUCÍA	CLUB TRIATLON INFORHOUSE SANTIAGO	00:23:13	00:10:33 (125)	4:38	F (22)	SUB 16 F (7)
122	879	GÓMEZ MONTERO, ELVIRA	CLUB TRIATLON INFORHOUSE SANTIAGO	00:23:13	00:10:33 (126)	4:38	F (23)	SUB 16 F (8)
123	878	CORTÉS MARTÍNEZ, LOIS	ATLETISMO FONTES DO SAR	00:23:23	00:10:55 (141)	4:40	M (100)	SUB 16 M (15)
124	849	POMAR GARCÍA, ALEXANDRE	CLUB OLÍMPICO DE VEDRA	00:23:29	00:10:04 (106)	4:41	M (101)	SUB 20 M (5)
125	744	MOURE CAÑETE, FRANCISCO	NOITEBRA F.C.	00:23:34	00:10:27 (120)	4:42	M (102)	MASTER C M (7)
126	804	VARELA PEÑARANDA, ROOSSEVELT		00:23:42	00:10:26 (119)	4:44	M (103)	SENIOR M (27)
127	685	PEGITO POMBO, MANUEL	CLUB ATLETISMO O PINO	00:23:44	00:10:48 (137)	4:44	M (104)	MASTER B M (16)
128	711	DOMENECH GONZÁLEZ, PEDRO		00:23:47	00:10:47 (136)	4:45	M (105)	MASTER B M (17)
129	749	CALVO GERARDI, MANUEL	CLUB ATLETISMO SAR	00:23:50	00:10:28 (121)	4:45	M (106)	MASTER C M (8)
130	746	SIMOES FERNÁNDEZ, JOSÉ LUIS	C.A.R MARISQUEIRO	00:23:51	00:10:53 (138)	4:46	M (107)	MASTER C M (9)
131	662	DE LA TORRE CULLER, JOSECHO		00:23:51	00:10:53 (140)	4:46	M (108)	MASTER A M (28)
132	776	EIROA PARDO, DIEGO		00:23:52	00:10:28 (122)	4:46	M (109)	SENIOR M (28)
133	682	MÉNDEZ QUINTANA, MARTA	YES WE RUN	00:23:55	00:10:41 (130)	4:46	F (24)	MASTER A F (4)
134	897	LÓPEZ LÓPEZ, MARTINA	SD COMPOSTELA ATLETISMO	00:23:55	00:10:23 (117)	4:46	F (25)	SUB 16 F (9)
135	644	DIEGUEZ CARRIL, JOSE ANTONIO		00:23:57	00:10:58 (144)	4:47	M (110)	MASTER A M (29)
136	733	GIL PEREIRA, JAVIER	TARTARUGAS	00:24:04	00:10:41 (131)	4:48	M (111)	MASTER B M (18)
137	625	GARCÍA TORRE, MANUEL		00:24:17	00:10:56 (142)	4:51	M (112)	MASTER A M (30)
138	630	FRESCO IGLESIAS, VÍCTOR MANUEL		00:24:28	00:10:47 (135)	4:53	M (113)	MASTER A M (31)
139	710	CORTÉS MARTÍNEZ, XOSÉ RAMÓN		00:24:29	00:11:07 (146)	4:53	M (114)	MASTER B M (19)
140	699	CHAVES PEREIRA, JOSÉ	ATLETISMO +9 MORAÑA	00:24:32	00:10:42 (132)	4:54	M (115)	MASTER B M (20)
141	820	COROAS PASCUAL, CARLOS AGUSTIN		00:24:34	00:11:05 (145)	4:54	M (116)	SENIOR M (29)
142	791	CAAMAÑO PIÑEIRO, BARBARA		00:24:35	00:11:08 (148)	4:54	F (26)	SENIOR F (6)
143	821	REY MONTALBÁN, ROSANA LUCÍA		00:24:35	00:11:08 (147)	4:54	F (27)	SENIOR F (7)
144	641	DE VEGA VENTURA, ANTONIO		00:24:40	00:11:32 (162)	4:55	M (117)	MASTER A M (32)
145	652	MIRÁS CARBALLAL, SUSANA		00:24:41	00:11:10 (150)	4:56	F (28)	MASTER A F (5)
146	743	MARTINEZ SOTO, PABLO		00:24:43	00:11:17 (153)	4:56	M (118)	MASTER C M (10)
147	675	BLANCO ADAN, ANTONIO	COMESAÑA SPORTING CLUB	00:24:44	00:10:57 (143)	4:56	M (119)	MASTER A M (33)
148	780	GÓMEZ PÉREZ, CRISTIAN JAVIER		00:24:45	00:11:09 (149)	4:56	M (120)	SENIOR M (30)
149	678	CARREIRA RODRIGUEZ, MARCOS		00:25:08	00:11:32 (163)	5:01	M (121)	MASTER A M (34)
150	697	BLANCO DOCAMPO, ROBERTO	CLUB DEPORTIVO PINARIUM	00:25:09	00:11:15 (152)	5:01	M (122)	MASTER B M (21)

XXII PADRÓN 10K
CLASIFICACIÓN 5K

10K PADRÓN

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T2.5K	RITM	SEXO	CATEGORÍA
151	787	PENAS VILARIÑO, CARMEN		00:25:12	00:11:40 (171)	5:02	F (29)	SENIOR F (8)
152	649	PIÑEIRO ABEIJON, PEPE		00:25:13	00:11:15 (151)	5:02	M (123)	MASTER A M (35)
153	894	RODRÍGUEZ GONZÁLEZ, ADRIANA	CLUB ATLETISMO TAMBRE	00:25:17	00:10:47 (134)	5:03	F (30)	SUB 16 F (10)
154	732	IBAÑEZ LÓPEZ, MARIA ARANZAZU	COMESAÑA SPORTING CLUB	00:25:18	00:11:20 (155)	5:03	F (31)	MASTER B F (5)
155	679	DEL RÍO GUNDÍN, ENRIQUE		00:25:19	00:11:32 (161)	5:03	M (124)	MASTER A M (36)
156	801	LORENZO SEGADE, FABIO		00:25:20	00:10:43 (133)	5:03	M (125)	SENIOR M (31)
157	755	DÍAZ-PACHE DEVESA, BLANCA		00:25:21	00:11:35 (167)	5:04	F (32)	SENIOR F (9)
158	859	BERMUDEZ CARRETERO, FATIMA		00:25:33	00:11:35 (166)	5:06	F (33)	SUB 18 F (2)
159	702	VILLAR ALVAREZ, ALBERTO	ATLETISMOARENTEIRO	00:25:36	00:11:27 (159)	5:07	M (126)	MASTER B M (22)
160	721	VILARIÑO, IRIA	ATLETISMO DEZA	00:25:39	00:11:40 (172)	5:07	F (34)	MASTER B F (6)
161	845	NERCELLAS REY, MARIA		00:25:40	00:11:33 (164)	5:07	F (35)	SUB 23 F (2)
162	829	GARCIA CABALEIRO, DARIO		00:25:43	00:11:59 (186)	5:08	M (127)	SENIOR M (32)
163	835	SALGADO, LUCIA		00:25:46	00:11:37 (169)	5:09	F (36)	SENIOR F (10)
164	834	BUGALLO, CLARA		00:25:46	00:11:37 (168)	5:09	F (37)	SENIOR F (11)
165	693	LEMONS CABRERA, SONIA		00:25:48	00:11:26 (158)	5:09	F (38)	MASTER B F (7)
166	837	NERCELAS REY, MARTA		00:25:49	00:11:34 (165)	5:09	F (39)	SENIOR F (12)
167	898	RUBIO PARDO, JAZMIN	AD NAUTICO DE NARÓN	00:25:55	00:11:25 (157)	5:10	F (40)	SUB 16 F (11)
168	831	NEIRA MOURULLO, ALVARO		00:25:56	00:12:00 (187)	5:11	M (128)	SENIOR M (33)
169	874	TUBIO SUEIRO, RITA		00:26:03	00:11:38 (170)	5:12	F (41)	SUB 16 F (12)
170	873	ATÁN MOLEDO, NOA	ASOCIACIÓN DEPORTIVA OLIMPIA	00:26:05	00:11:52 (177)	5:12	F (42)	SUB 16 F (13)
171	640	LECEA MAGDALENO, ADRIÁN		00:26:20	00:11:23 (156)	5:15	M (129)	MASTER A M (37)
172	741	PIÑEIRO ESPERANTE, MARI		00:26:21	00:11:53 (180)	5:16	F (43)	MASTER C F (2)
173	730	REY ARÁN, MARÍA ISABEL	CLUBE ATLETISMO BOIMORTO	00:26:26	00:11:55 (183)	5:17	F (44)	MASTER B F (8)
174	724	ABELENDABALDOMIR, MANUEL		00:26:26	00:11:55 (182)	5:17	M (130)	MASTER B M (23)
175	637	RODRÍGUEZ BLANCO, IAGO		00:26:32	00:11:44 (175)	5:18	M (131)	MASTER A M (38)
176	742	OTERO CEPEDA, DANIEL ANGEL		00:26:34	00:11:45 (176)	5:18	M (132)	MASTER C M (11)
177	759	LESTIDO CARDAMA, ANTIA	CLUB DEPORTIVO BRION HYUPERSA	00:26:35	00:11:53 (179)	5:18	F (45)	SENIOR F (13)
178	796	IGLESIAS, DORIS	CLUB DEPORTIVO BRION HYUPERSA	00:26:36	00:11:19 (154)	5:19	F (46)	SENIOR F (14)
179	654	FERREIRÓS MARTÍNEZ, NATALIA		00:26:37	00:12:16 (198)	5:19	F (47)	MASTER A F (6)
180	655	CAROU MAGARIÑOS, MARTIN		00:26:39	00:12:15 (197)	5:19	M (133)	MASTER A M (39)

XXII PADRÓN 10K
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10K PADRÓN

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T2.5K	RITM	SEXO	CATEGORÍA
181	757	GARRIDO BEADE, NOELIA	CLUB DEPORTIVO BRION HYUPERSA	00:26:43	00:11:53 (178)	5:20	F (48)	SENIOR F (15)
182	661	VILLAR GARCIA, PATRICIA		00:26:43	00:11:57 (184)	5:20	F (49)	MASTER A F (7)
183	782	LEÓN BAGUR, LORETO		00:26:49	00:12:40 (207)	5:21	F (50)	SENIOR F (16)
184	773	LAMAS CODESIDO, PABLO JOSÉ		00:26:49	00:12:40 (208)	5:21	M (134)	SENIOR M (34)
185	660	GONZÁLEZ GARCÍA, MARGARITA	ATLETISMO FONTES DO SAR	00:26:52	00:12:18 (199)	5:22	F (51)	MASTER A F (8)
186	864	CASTRO FANDIÑO, CLAUDIA	SD COMPOSTELA ATLETISMO	00:26:56	00:11:42 (174)	5:23	F (52)	SUB 16 F (14)
187	687	CASTRO MAROÑO, JORGE	SD COMPOSTELA ATLETISMO	00:26:56	00:11:42 (173)	5:23	M (135)	MASTER B M (24)
188	622	SOÑORA BUSTELO, ADRIANA		00:26:58	00:12:14 (196)	5:23	F (53)	MASTER A F (9)
189	756	BLANCO MIGUENS, PABLO		00:26:58	00:12:14 (195)	5:23	M (136)	SENIOR M (35)
190	826	MOHEDANO VÁZQUEZ, NAIR	ATLETISMO PULIDOS SUSO	00:27:00	00:11:55 (181)	5:23	F (54)	SENIOR F (17)
191	748	RODRÍGUEZ SOBRINO, CELINA	MORAÑA EN RUTA	00:27:02	00:12:09 (190)	5:24	F (55)	MASTER C F (3)
192	656	MEITIN, ABEL		00:27:03	00:12:03 (189)	5:24	M (137)	MASTER A M (40)
193	810	CROCCO GARCIA, MARIANA	ATLETISMO DEZA	00:27:05	00:12:10 (192)	5:24	F (56)	SENIOR F (18)
194	841	BLANCO RODRÍGUEZ, ÓSCAR		00:27:14	00:11:30 (160)	5:26	M (138)	SUB 23 M (3)
195	734	GOMEZ OTERO, PILAR		00:27:16	00:12:27 (203)	5:27	F (57)	MASTER B F (9)
196	762	COLLAZO FREIRE, SANTIAGO		00:27:39	00:12:43 (213)	5:31	M (139)	SENIOR M (36)
197	772	ABAD OUTUMURO, UXIA		00:27:44	00:12:25 (201)	5:32	F (58)	SENIOR F (19)
198	753	REY SEOANE, ROBERTO		00:27:45	00:12:00 (188)	5:32	M (140)	MASTER C M (12)
199	885	OTERO LENZOS, LUA	CLUB TRIÁTLON INFORHOUSE SANTIAGO	00:27:47	00:12:13 (194)	5:33	F (59)	SUB 16 F (15)
200	817	ROMEU, RUBÉN		00:27:50	00:12:11 (193)	5:33	M (141)	SENIOR M (37)
201	846	MIGUÉNS REMISEIRO, NOELIA		00:27:55	00:11:59 (185)	5:34	F (60)	SUB 23 F (3)
202	708	MARTÍNEZ FERREIRO, JOSÉ VICENTE		00:27:58	00:12:33 (206)	5:35	M (142)	MASTER B M (25)
203	674	CAPILLA, CAMILA		00:28:13	00:12:26 (202)	5:38	F (61)	MASTER A F (10)
204	700	VARELA DE LA TORRE, GONZALO	ATLETISMO GUITIRIZ	00:28:14	00:12:31 (204)	5:38	M (143)	MASTER B M (26)
205	856	PEGITO PACHECO, LORENA	CLUB ATLETISMO O PINO	00:28:16	00:12:10 (191)	5:39	F (62)	SUB 18 F (3)
206	813	MAGARIÑOS EITOR, ROBERTO		00:28:18	00:12:32 (205)	5:39	M (144)	SENIOR M (38)
207	842	LAGO LÓPEZ, MINERVA ANTÍA	ASOCIACIÓN DEPORTIVA OLIMPIA	00:28:34	00:12:40 (210)	5:42	F (63)	SUB 23 F (4)
208	847	MÉNDEZ GONZÁLEZ, XOANA	ADAS CUPA	00:28:34	00:12:40 (209)	5:42	F (64)	SUB 20 F (1)
209	629	ROSAL GÓMEZ, ROCÍO	ATHLETICS FISIOTERAPIA SAN LÁZARO	00:28:42	00:12:51 (216)	5:44	F (65)	MASTER A F (11)
210	645	IGLESIAS, JORGE		00:28:43	00:13:05 (220)	5:44	M (145)	MASTER A M (41)

XXII PADRÓN 10K
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10K PADRÓN

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T2.5K	RITM	SEXO	CATEGORÍA
211	696	VAILLANT MARTÍNEZ, MAYELÍN		00:28:44	00:12:24 (200)	5:44	F (66)	MASTER B F (10)
212	784	LORENZO CAMPOS, AIDA	ENTRENARUNNING	00:28:48	00:12:59 (217)	5:45	F (67)	SENIOR F (20)
213	720	BUJÁN OTERO, SUSANA	NOITEBRA F.C.	00:28:48	00:12:59 (218)	5:45	F (68)	MASTER B F (11)
214	717	FORMOSO FERNÁNDEZ, MARIA JOSEFA	SERRES RUNNERS	00:28:52	00:13:18 (224)	5:46	F (69)	MASTER B F (12)
215	728	MORALES AYALA, MARÍA ELENA		00:29:15	00:12:46 (214)	5:50	F (70)	MASTER B F (13)
216	887	RODRÍGUEZ PEILLET, XULIA	CLUB OLÍMPICO DE VEDRA	00:29:19	00:12:42 (211)	5:51	F (71)	SUB 16 F (16)
217	886	RODRIGUEZ VARELA, ALEJANDRA	CLUB OLÍMPICO DE VEDRA	00:29:20	00:12:42 (212)	5:51	F (72)	SUB 16 F (17)
218	766	MARTÍNEZ TOURIÑO, ALBA		00:29:38	00:13:00 (219)	5:55	F (73)	SENIOR F (21)
219	836	VILLAVERDE SOTO, SARAY		00:29:41	00:13:18 (222)	5:56	F (74)	SENIOR F (22)
220	811	TEJES FERNANDEZ, PACUCHA	SERRES RUNNERS	00:29:49	00:13:28 (228)	5:57	F (75)	SENIOR F (23)
221	797	CEBEY GARCÍA, LAURA		00:29:50	00:12:48 (215)	5:57	F (76)	SENIOR F (24)
222	657	GRIFASI, MARIANA		00:29:51	00:13:08 (221)	5:58	F (77)	MASTER A F (12)
223	669	MIGUÉNS DOMÍNGUEZ, MELISA		00:30:11	00:13:27 (226)	6:02	F (78)	MASTER A F (13)
224	716	FERNANDEZ FORMOSO, TINA	SERRES RUNNERS	00:30:17	00:13:27 (227)	6:03	F (79)	MASTER B F (14)
225	725	ANDRADE LAGO, MARIA	ASOCIACIÓN DEPORTIVA OLIMPIA	00:30:37	00:13:46 (230)	6:07	F (80)	MASTER B F (15)
226	768	ÁLVAREZ LORENZO, ALBERTO	ATLETISMO PORRIÑO	00:30:52	00:13:58 (234)	6:10	M (146)	SENIOR M (39)
227	767	BOTANA GARCÍA, ROCÍO		00:30:52	00:13:58 (235)	6:10	F (81)	SENIOR F (25)
228	670	SANTOS GRELA, LORENA	CLUB ATLETISMO OUTES	00:30:57	00:13:27 (225)	6:11	F (82)	MASTER A F (14)
229	803	ALVITE GARCIA, ANA		00:31:04	00:13:18 (223)	6:12	F (83)	SENIOR F (26)
230	714	MILLARES SIEIRA, OLGA MARIA		00:31:04	00:14:22 (240)	6:12	F (84)	MASTER B F (16)
231	832	RODRÍGUEZ FOLGAR, SABELA		00:31:14	00:13:28 (229)	6:14	F (85)	SENIOR F (27)
232	800	NAVEIRO SEIJO, LUCIA		00:31:46	00:14:19 (238)	6:21	F (86)	SENIOR F (28)
233	719	UCHA SOLLA, JUAN	FENDE-PERNAS TEAM	00:32:02	00:14:02 (237)	6:24	M (147)	MASTER B M (27)
234	646	BENLLOCH MINGUET, SANDRA	FENDE-PERNAS TEAM	00:32:02	00:14:02 (236)	6:24	F (87)	MASTER A F (15)
235	712	CASTAÑO BASCOY, MARIA		00:32:12	00:14:32 (244)	6:26	F (88)	MASTER B F (17)
236	709	BASCOY IGLESIAS, CHUS		00:32:12	00:14:31 (243)	6:26	F (89)	MASTER B F (18)
237	828	GARCÍA DOCAMPO, LAURA		00:32:15	00:13:49 (231)	6:26	F (90)	SENIOR F (29)
238	671	COSTA BERMUDEZ, MARIA TERESA		00:33:09	00:13:50 (232)	6:37	F (91)	MASTER A F (16)
239	765	TARRÍO PÉREZ, NEREA		00:33:09	00:13:53 (233)	6:37	F (92)	SENIOR F (30)
240	747	REY RODRÍGUEZ, MANUEL	CLUB TRIATLÓN COMPOSTELA	00:33:28	00:14:31 (242)	6:41	M (148)	MASTER C M (13)

XXII PADRÓN 10K
CLASIFICACIÓN 5K

10K PADRÓN

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T2.5K	RITM	SEXO	CATEGORÍA
241	779	MARTÍNEZ ROMAY, MARTA		00:33:31	00:15:05 (247)	6:42	F (93)	SENIOR F (31)
242	651	MIRAMONTES, SALOMÉ		00:33:42	00:15:17 (248)	6:44	F (94)	MASTER A F (17)
243	866	ANTELO VEJO, LORENA		00:34:27	00:14:53 (245)	6:53	F (95)	SUB 16 F (18)
244	816	PENA VAZQUEZ, ANDREA		00:34:29	00:14:57 (246)	6:53	F (96)	SENIOR F (32)
245	808	CABALEIRO CARBALLUDE, JOSE LUIS		00:34:47	00:15:40 (252)	6:57	M (149)	SENIOR M (40)
246	840	PEREZ MILLARES, MARTA		00:35:28	00:15:24 (250)	7:05	F (97)	SUB 23 F (5)
247	795	PEREZ, NICOLE		00:35:45	00:15:35 (251)	7:08	F (98)	SENIOR F (33)
248	658	ALVITE GARCIA, LORENA		00:35:45	00:15:24 (249)	7:08	F (99)	MASTER A F (18)
249	686	LOIS LEMA, JULIAN ISAIAS		00:35:45	00:14:22 (239)	7:08	M (150)	MASTER B M (28)

Total: 249