



VII CARREIRA PEDESTRE POPULAR CONCELLO DE TOURO

15 de Decembro de 2019

CLASIFICACIÓN CARREIRA ABSOLUTA 10K



PTO	DOR	NOMBRE	SEXO	CLUB	T.OFICIAL	T.NETO	RITMO	P.INTERMEDIO	CATEGORÍA	P. SEX	P.CAT
1	10	RICARDO LEON VIÑAS	m	ATLETISMO SAR VERMU PETRONI	00:33:45	00:33:45.000	0:03:23	00:28:00.000	SENIOR	1	-1
2	61	MANUEL OLIVER PÉREZ LÓPEZ	m	ATLETISMO SAR VERMU PETRONI	00:33:50	00:33:50	0:03:23	00:28:00.000	VETERÁN B	2	-1
3	85	DANIEL PAZ PARDO	m	CLUB ATLETISMO BRION HYUPERSA SANTIAGO	00:34:03	00:34:03.000	0:03:24	00:28:16.000	VETERÁN B	3	-1
4	21	SERGIO REQUEIJO REQUEIJO	m	ATLETISMO ARENTEIRO	00:34:39	00:34:39.000	0:03:28	00:28:35.000	SENIOR	4	1
5	69	ANGEL MACEIRAS LAGO	m	ATLETISMO SAR VERMU PETRONI	00:35:56	00:35:56	0:03:36	00:29:33.000	VETERÁN B	5	1
6	68	FERNANDO VÁZQUEZ ARES	m	ATLETAS DE ACEA DA AMA	00:36:07	00:36:07.000	0:03:37	00:29:49.000	VETERÁN B	6	2
7	6	MANUEL FOLGUEIRA DÍAZ	m	INDEPENDIENTE	00:36:23	00:36:23.000	0:03:38	00:30:12.000	SENIOR	7	2
8	63	MANUEL RENDO PÉREZ	m	ECOPREVE	00:36:29	00:36:28.000	0:03:39	00:30:24.000	VETERÁN B	8	3
9	53	JORGE MANUEL GARCIA RODRIGUEZ	m	NOITEBRA	00:36:33	00:36:33.000	0:03:39	00:30:23.000	VETERÁN B	9	4
10	38	JLUIS GONZÁLEZ NÚÑEZ	m	INDEPENDIENTE	00:36:42	00:36:42.000	0:03:40	00:30:22.000	VETERÁN A	10	1
11	35	DIEGO SANTOS BLANCO	m	ATLETISMO SAR VERMU PETRONI	00:36:46	00:36:46.000	0:03:41	00:30:25.000	VETERÁN A	11	2
12	4	ÁLVARO COSTA RIVAS	m	AD NAUTICO NARON	00:36:58	00:36:58	0:03:42	00:30:31.000	SENIOR	12	3
13	76	JAVIER PÉREZ RODRÍGUEZ	m	3&RUN BY PEDRO NIMO	00:37:18	00:37:18.000	0:03:44	00:30:50.000	VETERÁN B	13	5
14	5	VÍCTOR LÓPEZ BELLO	m	VERXEL N.D.	00:37:46	00:37:46.000	0:03:47	00:31:22.000	SENIOR	14	4
15	55	DAVID PÉREZ SANTAMARÍA	m	ATLETISMO SAR VERMU PETRONI	00:37:49	00:37:48.000	0:03:47	00:31:13.000	VETERÁN B	15	6
16	113	FERNANDO PÉREZ HERNÁNDEZ	m		00:37:53	00:37:53.000	0:03:47	00:31:22.000	VETERÁN C	16	1
17	51	JOSE FERNÁNDEZ RENDO	m	GTR	00:38:14	00:38:14.000	0:03:49	00:31:43.000	VETERÁN B	17	7
18	3	MIGUEL MONTERO NOYA	m	C.A.R. MEDORRA	00:38:18	00:38:18.000	0:03:50	00:31:44.000	SENIOR	18	5
19	8	JOSE RODRIGUEZ	m		00:38:26	00:38:25.000	0:03:51	00:31:45.000	SENIOR	19	6
20	58	GERMAN GARCIA CANCIO	m		00:38:31	00:38:31	0:03:51	00:31:47.000	VETERÁN B	20	8
21	32	IVAN SEGAE CAROU	m	CLUB ATLETISMO BOIMORTO	00:38:46	00:38:45.000	0:03:53	00:31:55.000	VETERÁN A	21	3
22	120	JOSE CARLOS PEREIRA REY	m		00:38:46	00:38:46.000	0:03:53	00:31:54.000	VETERÁN C	22	2
23	78	SECHO FIGUEIRAS BLANCO	m	CAI ESTRADA	00:38:50	00:38:49.000	0:03:53	00:32:19.000	VETERÁN B	23	9
24	31	MIGUEL ANXO NOGUEIRA PEREZ	m	NOITEBRA	00:38:51	00:38:49.000	0:03:53	00:32:16.000	VETERÁN A	24	4
25	17	FABIÁN GÓMEZ	m	INDEPENDIENTE	00:39:01	00:39:00.000	0:03:54	00:32:29.000	SENIOR	25	7
26	105	EDUARDO BROCOS MAREQUE	m		00:39:01	00:38:58.000	0:03:54	00:32:30.000	VETERÁN C	26	3
27	119	DANIEL BECERRA RODRÍGUEZ	m	NOITEBRA	00:39:05	00:39:03.000	0:03:55	00:32:27.000	VETERÁN C	27	4
28	62	JESUS GARCIA IGLESIAS	m		00:39:07	00:39:03.000	0:03:55	00:32:23.000	VETERÁN B	28	10
29	16	JAVIER BARRAL LUJÓ	m	INDEPENDIENTE	00:39:32	00:39:32	0:03:57	00:32:41.000	SENIOR	29	8
30	22	JOSE SANDA ARES	m	CASTROSUA TRAIL RUNNING	00:39:37	00:39:36.000	0:03:58	00:32:50.000	VETERÁN A	30	5
31	79	FERNANDO VILAR	m	UNIVERSIDAD DE SANTIAGO DE COMPOSTELA	00:39:47	00:39:45.000	0:03:59	00:32:56.000	VETERÁN B	31	11
32	88	JOSE VARELA PAJARO	m		00:39:55	00:39:53.000	0:04:00	00:33:14.000	VETERÁN B	32	12
33	40	MIGUEL PARCERO ESPÍÑO	m		00:40:04	00:40:04.000	0:04:00	00:33:14.000	VETERÁN A	33	6
34	64	RUBÉN PENAS GARCÍA	m	CLUB DE ATLETISMO TAMBRE BIKE & RUNNING	00:40:07	00:40:06.000	0:04:01	00:33:13.000	VETERÁN B	34	13
35	67	FERNANDO FERNÁNDEZ MARTÍNEZ	m	CLUB ATLETISMO BRION HYUPERSA SANTIAGO	00:40:13	00:40:12.000	0:04:01	00:33:18.000	VETERÁN B	35	14
36	25	DANIEL LOUREIRO AMENEIROS	m		00:40:26	00:40:25.000	0:04:03	00:33:24.000	VETERÁN A	36	7
37	84	HÉCTOR CAJARAVILLE ARAÚJO	m	INDEPENDIENTE	00:40:43	00:40:42.000	0:04:04	00:33:29.000	VETERÁN B	37	15
38	118	RAMON VILLAR RUIBAL	m	VERXEL N.D.	00:41:08	00:41:02.000	0:04:07	00:33:57.000	VETERÁN C	38	5
39	101	XOAN LOUZAO RODRIGUEZ	m		00:41:12	00:41:09.000	0:04:07	00:34:04.000	VETERÁN C	39	6
40	108	ALFONSO GARCIA BELLO	m	INDEPENDIENTE	00:41:32	00:41:32	0:04:09	00:34:30.000	VETERÁN C	40	7
41	15	IVÁN PARDAL COCA	m	CLUB ATLETISMO O PINO	00:41:38	00:41:35.000	0:04:10	00:34:31.000	SENIOR	41	9
42	103	LUÍS GÓMEZ ALDEGUNDE	m	INDEPENDIENTE	00:42:05	00:42:05	0:04:13		VETERÁN C	42	8
43	72	MARCOS CASAL SANTOS	m	INDEPENDIENTE	00:42:25	00:42:23.000	0:04:15	00:35:18.000	VETERÁN B	43	16
44	52	JORGE CASTRO MAROÑO	m		00:42:27	00:42:23.000	0:04:15	00:35:17.000	VETERÁN B	44	17
45	46	PERFECTO VÁZQUEZ RIVERA	m	INDEPENDIENTE	00:42:38	00:42:33.000	0:04:16	00:35:18.000	VETERÁN A	45	8
46	91	XABIER FERRO GARCIA	m		00:42:46	00:42:43.000	0:04:17	00:35:25.000	VETERÁN B	46	18
47	23	JAVIER SUÁREZ GIADÁS	m		00:43:07	00:43:06.000	0:04:19	00:35:46.000	VETERÁN A	47	9
48	70	MARTIN RAMOS	m	NOITEBRA	00:43:24	00:43:21.000	0:04:20	00:35:54.000	VETERÁN B	48	19



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49	50	SUSO MENDEZ SUAREZ	m	PONTERIDERS	00:43:33	00:43:28.000	0:04:21	00:36:11.000	VETERÁN B	49	20
50	98	MANUEL LEAL GÓMEZ	m	CRUCESRUNNERS	00:43:38	00:43:35.000	0:04:22	00:36:18.000	VETERÁN B	50	21
51	114	MADA GARCÍA ABALO	f	CAO (CLUB ATLETISMO OUTES)	00:43:39	00:43:38.000	0:04:22	00:36:15.000	VETERÁN C	1	-1
52	83	MARÍA TARRIO MARTÍNEZ	f	NOITEBRA	00:43:42	00:43:40.000	0:04:22	00:36:14.000	VETERÁN B	2	-1
53	59	FELIPE BARATA VILLAPOL	m	ATLETISMO FRIOL	00:43:51	00:43:49.000	0:04:23	00:36:39.000	VETERÁN B	51	22
54	41	DAVID YÁÑEZ MARTÍNEZ	m	INDEPENDIENTE	00:44:39	00:44:34.000	0:04:28	00:37:06.000	VETERÁN A	52	10
55	45	OSCAR SANCHEZ CANEDA	m	CLUB ATLETISMO O PINO	00:44:42	00:44:42	0:04:28	00:37:03.000	VETERÁN A	53	11
56	66	NATALIA LORENZO PÉREZ	f	ATLETISMO MILLADOIRO	00:44:43	00:44:41.000	0:04:28	00:37:02.000	VETERÁN B	3	-1
57	44	ADRIAN RIADIGOS VILLAR	m		00:44:55	00:44:54.000	0:04:30	00:37:02.000	VETERÁN A	54	12
58	95	EDUARDO RÁDEKE FARIÑA	m		00:44:55	00:44:50.000	0:04:30	00:37:17.000	VETERÁN B	55	23
59	102	JOSE MANUEL VALIÑO CEREIJO	m		00:45:00	00:44:57.000	0:04:30	00:37:24.000	VETERÁN C	56	9
60	104	JUAN CARLOS CASTRO SUÁREZ	m	CLUB ATLETISMO O PINO	00:45:08	00:45:06.000	0:04:31	00:37:25.000	VETERÁN C	57	10
61	71	ENRIQUE FERRO PISOS	m	INDEPENDIENTE	00:45:21	00:45:17.000	0:04:32	00:37:42.000	VETERÁN B	58	24
62	111	MANUEL VIGO MOURULLO	m		00:45:23	00:45:21.000	0:04:32	00:37:29.000	VETERÁN C	59	11
63	29	ÓSCAR CASAS COUSELO	m	CLUB DE ATLETISMO TAMBRE BIKE & RUNNING	00:45:27	00:45:26.000	0:04:33	00:37:46.000	VETERÁN A	60	13
64	82	LAUREANO VARELA ALVAREZ	m		00:45:43	00:45:43.000	0:04:34	00:37:56.000	VETERÁN B	61	25
65	28	AUREA RETAMAL MUÑIZ	f	NOITEBRA F.C.	00:45:44	00:45:43.000	0:04:34	00:37:54.000	VETERÁN A	4	1
66	117	MONCHO FERRACES VÁZQUEZ	m	CLUBE ATLETISMO BOIMORTO	00:46:25	00:46:25	0:04:39	00:38:03.000	VETERÁN C	62	12
67	94	EDER FERNANDEZ PEREZ	m		00:46:38	00:46:31.000	0:04:40	00:38:37.000	VETERÁN B	63	26
68	56	TOMÁS BAULDE SALVADOR	m	C.C. TRASDEZA	00:47:04	00:47:03.000	0:04:42	00:38:52.000	VETERÁN B	64	27
69	87	JOSÉ MANUEL PÉREZ CIBEIRA	m	INDEPENDIENTE	00:47:09	00:47:06.000	0:04:43	00:39:06.000	VETERÁN B	65	28
70	36	MAITE COUTO MENDOZA	f	NOITEBRA	00:47:09	00:47:07.000	0:04:43	00:39:09.000	VETERÁN A	5	2
71	13	PABLO FERNÁNDEZ PENA	m		00:47:10	00:47:04.000	0:04:43	00:38:56.000	SENIOR	66	10
72	33	CRISTIAN CARNOTA COSTOYA	m		00:47:10	00:47:04.000	0:04:43	00:38:56.000	VETERÁN A	67	14
73	65	XAIÑO MENDEZ	m	ATLETISMO SAR VERMU PETRONI	00:47:13	00:47:09.000	0:04:43	00:38:56.000	VETERÁN B	68	29
74	54	ALFONSO RODRIGUEZ FRAMIL	m	NOITEBRA	00:47:13	00:47:11.000	0:04:43	00:39:07.000	VETERÁN B	69	30
75	7	PABLO FRAGA ADRAN	m		00:47:14	00:47:08.000	0:04:43	00:38:57.000	SENIOR	70	11
76	99	MARÍA JOSÉ GROBAS GARABOIA	f	CLUB ATLETISMO BOIMORTO	00:47:27	00:47:22.000	0:04:45	00:39:23.000	VETERÁN B	6	1
77	107	JOSE GOMEZ VIAÑO	m	INDEPENDIENTE	00:47:37	00:47:33.000	0:04:46	00:39:23.000	VETERÁN C	71	13
78	112	FRANCISCO MOURE CAÑETE	m	NOITEBRA	00:48:10	00:48:08.000	0:04:49	00:39:49.000	VETERÁN C	72	14
79	90	JOSÉ MANUEL BLANCO NOVO	m	ASOCIACIÓN DEPORTIVA OLIMPIA	00:48:12	00:48:08.000	0:04:49	00:39:58.000	VETERÁN B	73	31
80	89	MARY PENAS MENDEZ	f	INDEPENDIENTE	00:48:14	00:48:12.000	0:04:49	00:39:52.000	VETERÁN B	7	2
81	106	ANTONIO RIVEIRA MARTINEZ	m	CLUB ATLETISMO O PINO	00:49:14	00:49:11.000	0:04:55	00:40:49.000	VETERÁN C	74	15
82	49	OLGA POSE CHOUCIÑO	f	PONTERIDERS	00:49:16	00:49:11.000	0:04:56	00:40:47.000	VETERÁN B	8	3
83	97	MÓNICA GARCÍA ASOREY	f	CRUCESRUNNERS	00:51:03	00:51:01.000	0:05:06	00:41:56.000	VETERÁN B	9	4
84	110	JESÚS NÚÑEZ MERA	m	INDEPENDIENTE	00:51:05	00:51:01.000	0:05:07	00:41:56.000	VETERÁN C	75	16
85	43	DAVID OTERO MARTÍNEZ	m		00:51:17	00:51:12.000	0:05:08	00:42:40.000	VETERÁN A	76	15
86	18	ALVARO GONZALEZ	m	XABARÍN	00:51:17	00:51:11.000	0:05:08	00:42:40.000	SENIOR	77	12
87	93	RAMIRO PAMPIN SOUTO	m		00:51:50	00:51:44.000	0:05:11	00:42:47.000	VETERÁN B	78	32
88	81	FRANCISCO JAVIER SUÁREZ BERMÚDEZ	m	INDEPENDIENTE	00:52:40	00:52:34.000	0:05:16	00:43:32.000	VETERÁN B	79	33
89	92	NOTORIOUS BIG	m	INDEPENDIENTE	00:52:42	00:52:38.000	0:05:16	00:43:48.000	VETERÁN B	80	34
90	60	PEDRO PETEIRO ROSENDE	m	RUNNING OLEIROS	00:53:05	00:52:59.000	0:05:19	00:44:10.000	VETERÁN B	81	35
91	34	LILIANA GÓMEZ ALMEIDA	f	INDEPENDIENTE	00:53:16	00:53:13.000	0:05:20	00:44:11.000	VETERÁN A	10	3
92	27	JOSÉ ANTONIO VÁZQUEZ LISTE	m		00:54:09	00:54:05.000	0:05:25	00:44:39.000	VETERÁN A	82	16
93	9	JOSE REGUEIRO OTERO	m		00:54:26	00:54:22.000	0:05:27	00:44:46.000	SENIOR	83	13
94	122	CRUZ FERNÁNDEZ TORRES	f	CRUCESRUNNERS	00:54:46	00:54:44.000	0:05:29	00:45:14.000	VETERÁN C	11	1
95	109	LOLECHA ASOREY SALGUEIRO	f	RUNNERCRUCES	00:54:50	00:54:47.000	0:05:29	00:45:19.000	VETERÁN C	12	2
96	77	LUISA IGLESIAS VILLANUEVA	f	CAI ESTRADA	00:56:44	00:56:39.000	0:05:40	00:46:57.000	VETERÁN B	13	5



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97	121	JESUS BERNAL GOMEZ	m	INDEPENDIENTE	00:56:44	00:56:44.000	0:05:40	00:46:57.000	VETERÁN C	84	17
98	100	MARIA ISABEL CHORÉN MAROÑO	f		00:57:10	00:57:07.000	0:05:43	00:45:53.000	VETERÁN C	14	3
99	42	SALOMÉ MIRAMONTES MIRÁS	f		01:03:00	01:02:55.000	0:06:18	00:52:28.000	VETERÁN A	15	4
100	116	MANUEL GONZÁLEZ PEREIRA	m		01:03:00	01:02:53.000	0:06:18	00:52:29.000	VETERÁN C	85	18