

XLI CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN OFICIAL - 10K



PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
1	10	PETER KARIUKI WANJIRU	NINGUNO	00:29:19	2:55	m	1	M/F 35	1	NO	00:09:25	00:14:46	00:23:59
2	7	NEHEMIAH KIPYEGON	NINGUNO	00:29:36	2:57	m	2	SÉNIOR	1	NO	00:09:26	00:14:46	00:24:06
3	8	YOUSSEF BEN HADI	NINGUNO	00:29:37	2:57	m	3	SÉNIOR	2	NO	00:09:26	00:14:46	00:24:16
4	9	MOHAMED EL TALHAOUI	NINGUNO	00:29:48	2:58	m	4	SÉNIOR	3	NO	00:09:26	00:14:46	00:24:14
5	1	ALEJANDRO FERNANDEZ	NINGUNO	00:32:57	3:17	m	5	M/F 35	2	NO	00:10:31	00:16:24	00:27:00
6	26	AMADOR PENA	SD COMPOSTELA ATLETISMO	00:34:14	3:25	m	6	M/F40	1	NO	00:10:34	00:16:49	00:27:57
7	3	JOSELYN DANIELY BREA	ADA CALVIA	00:34:23	3:26	f	1	SÉNIOR	1	NO	00:10:33	00:16:48	00:27:58
8	53	RUBEN LIÑARES ARAN	NINGUNO	00:34:42	3:28	m	7	M/F45	1	NO	00:10:54	00:17:16	00:28:33
9	23	VICTOR GONZÁLEZ	COMESAÑA SPORTING CLUB	00:34:45	3:28	m	8	M/F 35	3	NO	00:10:55	00:17:16	00:28:33
10	2	JORGE CRESPO ARIAS	CLUB ATLETISMO SAR	00:34:58	3:29	m	9	M/F40	2	1	00:10:55	00:17:16	00:28:33
11	61	LUIS CALVO CASTRO	NINGUNO	00:34:58	3:29	m	10	M/F40	3	2	00:10:55	00:17:16	00:28:32
12	63	ALEJANDRO PESADO	CLUB ATLETISMO SAR	00:35:12	3:31	m	11	M/F45	2	NO	00:10:54	00:17:16	00:28:40
13	21	JUAN CARLOS	CLUB ATLETISMO SAR	00:35:26	3:32	m	12	M/F 35	4	NO	00:10:56	00:17:16	00:28:52
14	430	SERGIO SANTOS LOIS	C.A. CAMBADOS-SEG.NOVAL	00:35:27	3:32	m	13	M/F 35	5	NO	00:10:57	00:17:23	00:28:56
15	32	BRAIMA DABÓ	GINÁSIO CLUBE DE	00:35:38	3:33	m	14	SÉNIOR	4	NO	00:10:40	00:17:13	00:29:05
16	4	EDYMAR DANIELY BREA	ADA CALVIA	00:35:41	3:34	f	2	SÉNIOR	2	NO	00:11:09	00:17:42	00:29:01
17	85	MICHEL FERNÁNDEZ	NINGUNO	00:35:59	3:35	m	15	SÉNIOR	5	NO	00:11:13	00:17:56	00:29:34
18	75	ISMAEL GARCIA	CLUB ATLETISMO LOUSAME	00:36:12	3:37	m	16	SÉNIOR	6	NO	00:11:10	00:17:42	00:29:37
19	20	PEDRO TRABA CAAMAÑO	CLUB ATLETISMO OUTES	00:36:14	3:37	m	17	M/F45	3	NO	00:11:23	00:18:02	00:29:41
20	46	ABELARDO SOLER RIVAS	ATLETISMO NEGREIRA	00:36:18	3:37	m	18	M/F40	4	3	00:11:22	00:17:59	00:29:42
21	80	BONI GONZÁLEZ REY	PRAIA DE CARNOTA	00:36:25	3:38	m	19	M/F40	5	NO	00:11:30	00:18:09	00:29:57
22	81	JOSECHO GONZÁLEZ	PRAIA DE CARNOTA	00:36:27	3:38	m	20	M/F40	6	NO	00:11:32	00:18:11	00:29:59
23	43	JUAN JOSE BELLO	CLUB CERVECERÍA O	00:36:28	3:38	m	21	M/F 35	6	4	00:11:16	00:17:57	00:29:51
24	64	ROBERTO C. AGRELO	CLUB ATLETISMO SAR	00:36:29	3:38	m	22	M/F40	7	NO	00:11:23	00:18:02	00:29:50
25	84	JOSE RAMON LAGO	CLUB ATLETISMO NOIA	00:36:40	3:39	m	23	M/F45	4	NO	00:11:23	00:18:02	00:30:00
26	69	JOSE SUAREZ LEIS	CLUB ATLETISMO SAR	00:36:42	3:40	m	24	SUPERVETE	1	NO	00:11:24	00:18:07	00:29:59
27	18	JAVIER NOVO BUJEIRO	ASOCIACION DEPORTIVA	00:36:46	3:40	m	25	M/F40	8	NO	00:11:31	00:18:09	00:29:59
28	42	JORGE RODRÍGUEZ	ASOCIACION DEPORTIVA	00:36:58	3:41	m	26	M/F 35	7	NO	00:10:56	00:17:42	00:30:05
29	433	PIO IGLESIAS CARRERA	CLUB ATLETISMO SAR	00:37:04	3:42	m	27	M/F45	5	NO	00:11:30	00:18:21	00:30:27

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30	16	FERNANDO PALLA	NINGUNO	00:37:09	3:42	m	28	M/F45	6	NO	00:11:30	00:18:12	00:30:23
31	432	SANDRA MOSQUERA	COMESAÑA SPORTING CLUB	00:37:12	3:43	f	3	SÉNIOR	3	NO	00:11:38	00:18:25	00:30:29
32	62	RUBEN INSUA DIAZ	CLUB ATLETISMO SAR	00:37:27	3:44	m	29	SÉNIOR	7	NO	00:11:25	00:18:10	00:30:28
33	17	FRANCISCO JOSE	CLUB DEPORTIVO BRIÓN	00:37:28	3:44	m	30	M/F45	7	NO	00:11:39	00:18:26	00:30:38
34	44	MATTHEW	GO VEGAN	00:37:30	3:44	m	31	M/F40	9	NO	00:11:10	00:18:03	00:30:44
35	24	ELOY GONZÁLEZ HORTA	CLUB TRIATLON CORUÑA	00:37:35	3:45	m	32	M/F 35	8	NO	00:12:05	00:18:52	00:31:09
36	478	JOSE NAVARRO ANTON	S.D. BARBANTIA RODA	00:37:36	3:45	m	33	M/F45	8	NO	00:11:28	00:18:23	00:30:40
37	108	MARCOS LADO PÉREZ	NINGUNO	00:37:37	3:45	m	34	M/F45	9	NO	00:12:03	00:18:49	00:30:58
38	27	JOSE LUIS GONZALEZ	NINGUNO	00:37:38	3:45	m	35	M/F40	10	NO	00:11:31	00:18:25	00:30:48
39	78	ERNESTO BUCETA	NINGUNO	00:37:40	3:45	m	36	M/F50	1	NO	00:11:30	00:18:23	00:30:42
40	5	NANCY JEPLETING	NINGUNO	00:37:42	3:46	f	4	SUB-23	1	NO	00:10:32	00:16:51	00:30:29
41	56	NICOLAS MARIN	TRIATLÓN VILAGARCÍA	00:37:44	3:46	m	37	SÉNIOR	8	NO	00:11:09	00:18:02	00:30:34
42	79	IVÁN SANGIAO DARRIBA	C.D. BIOSBARDO	00:37:53	3:47	m	38	M/F 35	9	NO	00:11:33	00:18:28	00:30:56
43	88	ANXO PEREZ BARBAZAN	NINGUNO	00:37:54	3:47	m	39	SÉNIOR	9	5	00:11:54	00:18:37	00:30:57
44	493	RAMÓN GEY MARTINEZ	CLUB ATLETISMO LOUSAME	00:37:55	3:47	m	40	M/F 35	10	NO	00:11:46	00:18:45	00:31:16
45	73	ALEXANDRE FERNÁNDEZ	CLUB ATLETISMO TAMBRE	00:38:04	3:48	m	41	SÉNIOR	10	NO	00:12:11	00:19:00	00:31:14
46	213	JOSE MANUEL NIETO	CLUB ATLETISMO SAR	00:38:06	3:48	m	42	M/F45	10	NO	00:12:11	00:18:55	00:31:15
47	92	ANDRÉS DOMÍNGUEZ	CLUB CERVECERÍA O	00:38:13	3:49	m	43	M/F40	11	6	00:11:17	00:18:15	00:31:10
48	60	CARLOS BUSTO LOBATO	CLUB ATLETISMO SAR	00:38:14	3:49	m	44	SUPERVETE	2	NO	00:11:39	00:18:35	00:31:15
49	13	ÓSCAR VALLE LÓPEZ	NOITEBRA FC	00:38:16	3:49	m	45	M/F45	11	NO	00:11:40	00:18:42	00:31:17
50	41	JORGE PIRES	GINÁSIO CLUBE DE	00:38:20	3:49	m	46	M/F50	2	NO	00:11:57	00:19:01	00:31:38
51	51	ELOY CASTRO TIELES	ATLETISMO NEGREIRA	00:38:21	3:50	m	47	SÉNIOR	11	7	00:11:36	00:18:39	00:31:15
52	438	IVAN LEON VAZQUEZ	CLUBE ATLETISMO	00:38:23	3:50	m	48	SÉNIOR	12	NO	00:12:33	00:19:28	00:31:46
53	364	JORGE OTERO LÓPEZ DE	ARTROGAL TRI 498	00:38:38	3:51	m	49	M/F40	12	NO	00:12:10	00:18:55	00:31:36
54	142	RICARDO VILLAR	NOITEBRA FC	00:38:45	3:52	m	50	M/F50	3	NO	00:12:05	00:19:00	00:31:39
55	89	CARLOS RODRÍGUEZ	CLUB ATLETISMO FERROL	00:38:59	3:53	m	51	M/F 35	11	NO	00:12:08	00:19:12	00:32:01
56	58	VICTOR IGNACIO SANDE	CLUBE ATLETISMO FENE	00:39:04	3:54	m	52	SUPERVETE	3	NO	00:12:09	00:19:15	00:32:01
57	57	MARCELO VASQUEZ	EGOBARROS DE VIVEIRO	00:39:07	3:54	m	53	M/F50	4	NO	00:12:21	00:19:31	00:32:05
58	19	SERAFIN RODRIGUEZ	CORREDORES DO MIÑO	00:39:09	3:54	m	54	M/F45	12	NO	00:11:42	00:18:46	00:31:41

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59	117	FERNANDO SESAR	NINGUNO	00:39:15	3:55	m	55	M/F40	13	NO	00:12:04	00:18:57	00:31:57
60	437	RAMÓN GONZÁLEZ PAIS	NINGUNO	00:39:17	3:55	m	56	SUB-20	1	NO	00:11:55	00:18:56	00:32:16
61	76	MANUEL GONZÁLEZ	GTR GALAICO TRAIL RUN	00:39:18	3:55	m	57	M/F45	13	NO	00:12:11	00:19:29	00:32:19
62	52	AVELINO CAAMAÑO	CLUB ATLETISMO SAR	00:39:20	3:55	m	58	M/F40	14	NO	00:12:29	00:19:30	00:32:16
63	162	DANIEL CONDE	CLUB ATLETISMO OUTES	00:39:26	3:56	m	59	M/F40	15	NO	00:12:26	00:19:33	00:32:24
64	54	IVAN SOLIS POSE	CLUB CERVECERÍA O	00:39:26	3:56	m	60	SÉNIOR	13	NO	00:12:43	00:19:50	00:32:29
65	174	MICHEL MARTÍNEZ NIETO	CLUB ATLETISMO OUTES	00:39:27	3:56	m	61	M/F50	5	NO	00:12:26	00:19:32	00:32:21
66	431	CARLOS FERNÁNDEZ	S.A.TREGA-TOMIÑO	00:39:27	3:56	m	62	M/F45	14	NO	00:12:30	00:19:39	00:32:19
67	179	INES PAPIN ESTEVEZ	CLUB ATLETISMO SADA	00:39:28	3:56	f	5	M/F50	1	NO	00:12:35	00:19:46	00:32:21
68	169	MANUEL GÓMEZ GÓMEZ	PONTETRAIL	00:39:30	3:56	m	63	M/F45	15	NO	00:12:28	00:19:32	00:32:22
69	104	HÉCTOR CAJARAVILLE	NINGUNO	00:39:37	3:57	m	64	M/F45	16	NO	00:12:22	00:19:26	00:32:22
70	11	ROCIO ALVITE FERREIRO	CLUB ATLETISMO SAR	00:39:39	3:57	f	6	M/F40	1	NO	00:12:31	00:19:38	00:32:25
71	70	PEDRO PACHO	NINGUNO	00:39:44	3:58	m	65	M/F50	6	NO	00:12:24	00:19:38	00:32:38
72	25	GERARDO CACHAFEIRO	SD COMPOSTELA ATLETISMO	00:39:44	3:58	m	66	SÉNIOR	14	NO	00:11:54	00:19:00	00:32:00
73	359	DIEGO SOTELO	SD COMPOSTELA ATLETISMO	00:39:55	3:59	m	67	M/F45	17	NO	00:12:41	00:19:53	00:32:48
74	71	JOSÉ MANUEL LAGO CES	CLUB ATLETISMO SAR	00:40:05	4:00	m	68	M/F50	7	NO	00:12:23	00:19:32	00:32:46
75	429	TONY NÚÑEZ MUÑIZ	A.D MEDIADUCIA	00:40:11	4:01	m	69	M/F40	16	8	00:12:21	00:19:48	00:32:59
76	72	ALBERTO VILLAR GARCÍA	NINGUNO	00:40:15	4:01	m	70	M/F40	17	NO	00:12:31	00:19:40	00:32:56
77	181	ÁLVARO CÉSAR VILA	CLUB ATLETISMO TAMBRE	00:40:16	4:01	m	71	M/F50	8	NO	00:12:36	00:19:48	00:32:58
78	223	VICTOR MANUEL	ATLETISMO NEGREIRA	00:40:23	4:02	m	72	M/F 35	12	NO	00:12:30	00:19:33	00:33:01
79	326	MANUEL JESUS LORTES	NINGUNO	00:40:24	4:02	m	73	M/F40	18	NO	00:12:50	00:20:08	00:33:29
80	436	ARIANA GONZÁLEZ	S.A.TREGA-TOMIÑO	00:40:26	4:02	f	7	M/F 35	1	NO	00:12:45	00:20:04	00:33:10
81	86	ARTURO RAMOS FERROL	CLUB ATLETISMO	00:40:27	4:02	m	74	M/F45	18	NO	00:12:27	00:19:45	00:33:05
82	145	ALBERTO MOURE	NINGUNO	00:40:33	4:03	m	75	M/F40	19	NO	00:12:40	00:19:56	00:33:10
83	98	BRUNO CASTRO FRECHA	BJ RUNNING TEAM	00:40:34	4:03	m	76	SÉNIOR	15	NO	00:12:50	00:20:09	00:33:24
84	132	ADRIÁN FERNÁNDEZ	NINGUNO	00:40:34	4:03	m	77	SÉNIOR	16	NO	00:12:22	00:19:40	00:32:57
85	182	ENRIQUE SANTOS	NINGUNO	00:40:37	4:03	m	78	M/F50	9	NO	00:12:29	00:19:48	00:33:13
86	226	MIGUEL ANGEL FREIRE	C.A.R MARISQUEIRO	00:40:38	4:03	m	79	M/F50	10	NO	00:12:58	00:20:20	00:33:28
87	136	THOMAS SEOANE MUÑIZ	NINGUNO	00:40:41	4:04	m	80	M/F45	19	NO	00:12:38	00:20:04	00:33:28

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PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
88	238	DANIEL ESTRAVIZ PARDO	NINGUNO	00:40:42	4:04	m	81	SÉNIOR	17	NO	00:13:00	00:20:20	00:33:29
89	203	ALBERTO ALVAREZ	CLUB ATLETISMO TAMBRE	00:40:48	4:04	m	82	SÉNIOR	18	NO	00:12:41	00:20:09	00:33:29
90	15	BRAIS PÉREZ	SD COMPOSTELA ATLETISMO	00:40:51	4:05	m	83	SUB-23	1	NO	00:12:12	00:19:39	00:33:15
91	249	DANIEL SUSO SÁNCHEZ	SONS OF POSEIDON	00:40:53	4:05	m	84	SÉNIOR	19	NO	00:13:01	00:20:22	00:33:26
92	22	JAPI BAAMONDE ARUFE	CLUB ATLETISMO SAR	00:40:55	4:05	m	85	M/F45	20	NO	00:12:44	00:20:11	00:33:38
93	455	PEPE MANSILLA	NINGUNO	00:40:55	4:05	m	86	SÉNIOR	20	NO	00:12:42	00:20:11	00:33:35
94	166	DAVID CARBALLO	NINGUNO	00:40:56	4:05	m	87	M/F40	20	NO	00:13:03	00:20:25	00:33:37
95	237	JAVIER FERNÁNDEZ	NINGUNO	00:40:58	4:05	m	88	M/F45	21	NO	00:12:50	00:20:20	00:33:47
96	161	CESAR TABOADA MILLAN	NINGUNO	00:40:59	4:05	m	89	M/F50	11	NO	00:12:58	00:20:20	00:33:45
97	83	ROBERTO VIEITO RAÑA	NINGUNO	00:40:59	4:05	m	90	M/F40	21	NO	00:12:36	00:19:57	00:33:34
98	219	DAVID VILELA MARTÍNEZ	NINGUNO	00:41:01	4:06	m	91	M/F40	22	NO	00:12:59	00:20:22	00:33:39
99	229	DAVID RODRÍGUEZ	CP MIJAS TRAIL	00:41:03	4:06	m	92	SÉNIOR	21	NO	00:13:17	00:20:38	00:33:49
100	206	MARCOS FERNANDEZ	CLUB ATLETISMO SAR	00:41:04	4:06	m	93	M/F 35	13	NO	00:12:43	00:20:04	00:33:31
101	39	MANUEL PALMEIRO	GINÁSIO CLUBE DE	00:41:06	4:06	m	94	SUPERVETE	4	NO	00:12:37	00:20:18	00:33:36
102	192	JAVI BARREIRO	NOSPORTLIMIT	00:41:07	4:06	m	95	M/F50	12	NO	00:13:16	00:20:39	00:33:50
103	441	TERE PARRADO	ATLETISMO SANTIAGO	00:41:13	4:07	f	8	SÉNIOR	4	NO	00:12:57	00:20:21	00:33:55
104	224	MANUEL FIGUEIRA PEREZ	CLUB ATLETISMO SAR	00:41:22	4:08	m	96	M/F50	13	NO	00:12:34	00:19:53	00:33:31
105	244	JOAQUIN SANGIOVANNI	NINGUNO	00:41:25	4:08	m	97	SÉNIOR	22	NO	00:12:46	00:20:13	00:33:56
106	135	RAMIRO PÉREZ. PEREIRA	CLUB ATLETISMO SAR	00:41:26	4:08	m	98	SUPERVETE	5	NO	00:12:49	00:20:20	00:33:52
107	221	JOSÉ ANTONIO MARQUE	CDM VÉRTICE	00:41:27	4:08	m	99	M/F 35	14	NO	00:12:37	00:20:08	00:33:47
108	115	CAMILO FRAMIÑÁN	GTR GALAICO TRAIL RUN	00:41:30	4:08	m	100	SÉNIOR	23	NO	00:12:39	00:20:06	00:33:44
109	91	JAVIER GUIMAREY SENIN	CLUB ATLETISMO SAR	00:41:32	4:09	m	101	M/F40	23	NO	00:13:23	00:20:54	00:34:08
110	112	ELOY CAMBEIRO CANOSA	ASOCIACION DEPORTIVA	00:41:33	4:09	m	102	M/F 35	15	NO	00:12:35	00:20:04	00:33:39
111	90	ALBERTO MARTINEZ	INCOR-AUTOVIDRIO	00:41:33	4:09	m	103	M/F45	22	NO	00:12:46	00:20:15	00:33:59
112	230	ALBERTO TOJO MOLEDO	NINGUNO	00:41:37	4:09	m	104	M/F40	24	NO	00:13:07	00:20:36	00:34:11
113	205	RUBEN ROMERO ROZAS	NINGUNO	00:41:38	4:09	m	105	M/F45	23	NO	00:12:50	00:20:25	00:34:05
114	119	JOSÉ IGNACIO CIGÜENZA	NINGUNO	00:41:39	4:09	m	106	M/F45	24	NO	00:13:02	00:20:29	00:34:04
115	184	JESÚS RODRÍGUEZ	NINGUNO	00:41:45	4:10	m	107	M/F40	25	NO	00:13:15	00:20:44	00:34:23
116	48	CARLOS Lema Fernández	ATLETISMO NEGREIRA	00:41:46	4:10	m	108	M/F45	25	9	00:12:42	00:20:12	00:33:59

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117	439	PEDRO PAZOS CARBON	SD COMPOSTELA ATLETISMO	00:41:46	4:10	m	109	M/F50	14	NO	00:13:23	00:20:54	00:34:20
118	454	FELIX ROGET PEREZ	TERRA DE SONEIRA	00:41:56	4:11	m	110	M/F40	26	NO	00:13:00	00:20:30	00:34:26
119	443	BEATRIZ BARROSO	CLUB ATLETISMO NOIA	00:41:56	4:11	f	9	M/F45	1	NO	00:12:54	00:20:32	00:34:15
120	190	JOSÉ MANUEL CASÁS	NINGUNO	00:41:58	4:11	m	111	M/F40	27	NO	00:13:32	00:21:08	00:34:33
121	207	CARLOS PEÑA GAVILAN	NINGUNO	00:42:07	4:12	m	112	M/F40	28	NO	00:13:39	00:21:26	00:34:55
122	398	ALBERTO CANDAL	NINGUNO	00:42:09	4:12	m	113	M/F40	29	NO	00:13:23	00:21:03	00:34:45
123	210	LUIS MOREIRA MARTINEZ	ATLETISMO A ESTRADA	00:42:11	4:13	m	114	SUPERVETE	6	NO	00:13:25	00:21:06	00:34:42
124	157	JOSÉ ANTONIO NOYA	ATLETISMO FONTES DO SAR	00:42:14	4:13	m	115	M/F50	15	NO	00:13:07	00:20:43	00:34:31
125	197	MARCOS MARTINEZ	CLUB ATLETISMO O PINO	00:42:16	4:13	m	116	M/F45	26	NO	00:13:14	00:20:48	00:34:44
126	102	GONZALO DIZ NOYA	BJ RUNNING TEAM	00:42:16	4:13	m	117	SUB-23	2	NO	00:12:51	00:20:21	00:34:24
127	149	CESAR COSTOYA PRADO	NINGUNO	00:42:22	4:14	m	118	M/F40	30	NO	00:12:57	00:20:33	00:34:33
128	201	JUANMA MATA	ATLETISMO FONTES DO SAR	00:42:31	4:15	m	119	M/F50	16	NO	00:13:04	00:20:40	00:34:42
129	447	IAGO RUANOVA	SD COMPOSTELA ATLETISMO	00:42:32	4:15	m	120	SÉNIOR	24	NO	00:12:51	00:20:24	00:34:31
130	120	MANUEL ANGEL CASAL	ESCOLA ATLETISMO PAULA	00:42:34	4:15	m	121	M/F40	31	NO	00:12:58	00:20:42	00:34:56
131	94	XOSÉ ANTÓN BARREIRO	NINGUNO	00:42:36	4:15	m	122	M/F45	27	NO	00:13:10	00:20:58	00:34:58
132	93	JOSE CARLOS LADO	INCOR-AUTOVIDRIO	00:42:39	4:15	m	123	M/F45	28	NO	00:13:06	00:20:46	00:34:56
133	303	IVAN NIMO	CLUBE ATLETISMO SERRES	00:42:47	4:16	m	124	SÉNIOR	25	NO	00:13:41	00:21:13	00:35:07
134	141	JESÚS CEBREIROS	NINGUNO	00:42:53	4:17	m	125	M/F45	29	NO	00:13:37	00:21:18	00:35:09
135	453	JESÚS SANTOS BOO	NINGUNO	00:42:55	4:17	m	126	SUPERVETE	7	NO	00:13:19	00:21:08	00:35:16
136	122	ALBERTO SANTAMARINA	NINGUNO	00:42:56	4:17	m	127	SÉNIOR	26	NO	00:12:59	00:20:24	00:35:04
137	202	ANGEL FERNANDEZ	TRIKI TEAM	00:42:57	4:17	m	128	M/F50	17	NO	00:13:23	00:21:13	00:35:15
138	196	LEANDRO EIRAS LUEIRO	CLUB CERVECERÍA O	00:43:01	4:18	m	129	M/F 35	16	10	00:12:50	00:20:39	00:35:09
139	473	JAVIER SADA GONZALEZ	ATLETISMO A ESTRADA	00:43:01	4:18	m	130	SÉNIOR	27	NO	00:13:35	00:21:18	00:35:15
140	107	JESÚS MARTINÓN	NINGUNO	00:43:02	4:18	m	131	SÉNIOR	28	NO	00:13:37	00:21:22	00:35:15
141	106	GONZALO DIAZ	NINGUNO	00:43:04	4:18	m	132	SÉNIOR	29	NO	00:13:26	00:21:01	00:35:02
142	445	SANTIAGO SOLETO	CLUB DEPORTIVO BRIÓN	00:43:05	4:18	m	133	M/F50	18	NO	00:13:22	00:21:10	00:35:15
143	172	JOSE MARTINÓN	NINGUNO	00:43:15	4:19	m	134	SÉNIOR	30	NO	00:13:40	00:21:34	00:35:33
144	474	SERGIO ARES NOGUEIRA	CLUBE ATLETISMO	00:43:18	4:19	m	135	SÉNIOR	31	NO	00:13:40	00:21:27	00:35:34
145	147	SANTIAGO PORTO NOVO	OEA RUNNING	00:43:20	4:19	m	136	M/F45	30	NO	00:13:23	00:21:18	00:35:29

XLI CARREIRA POPULAR DE NEGREIRA

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PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
146	180	JUAN JESÚS TAJES MAYO	ATLETISMO FONTES DO SAR	00:43:20	4:19	m	137	M/F50	19	NO	00:13:54	00:21:41	00:35:31
147	208	LUCIANO LUCAS PEREZ	NINGUNO	00:43:20	4:19	m	138	M/F45	31	NO	00:13:39	00:21:25	00:35:31
148	225	ADRIAN SUÁREZ CASTRO	CORREXALLAS	00:43:22	4:20	m	139	SÉNIOR	32	NO	00:13:39	00:21:28	00:35:51
149	178	FRANCISCO SANMARCO	CLUB ATLETISMO SAR	00:43:24	4:20	m	140	SUPERVETE	8	NO	00:13:37	00:21:28	00:35:32
150	38	HELDER NARCISO	GINÁSIO CLUBE DE	00:43:34	4:21	m	141	SÉNIOR	33	NO	00:12:53	00:21:09	00:35:42
151	467	FIZ RODRIGUEZ	NINGUNO	00:43:34	4:21	m	142	M/F 35	17	NO	00:14:02	00:21:55	00:35:58
152	110	MARÍA SOLEDAD CASTRO	COMESAÑA SPORTING CLUB	00:43:42	4:22	f	10	SUPERVETE	1	NO	00:13:35	00:21:30	00:35:33
153	99	DANIEL GESTO SUÁREZ	BJ RUNNING TEAM	00:43:46	4:22	m	143	SÉNIOR	34	NO	00:13:14	00:21:05	00:35:39
154	251	ANTONIO BARREIRO	NINGUNO	00:43:49	4:22	m	144	M/F50	20	NO	00:14:04	00:21:55	00:36:00
155	452	FERNANDO PAZ TORRES	SD COMPOSTELA ATLETISMO	00:43:49	4:22	m	145	M/F50	21	NO	00:14:00	00:22:02	00:36:12
156	214	ALBERTO REBOREDO	CLUB ATLETISMO SAR	00:43:50	4:22	m	146	SÉNIOR	35	NO	00:13:16	00:21:02	00:35:31
157	245	YAGO DANIEL RÍO	NINGUNO	00:43:50	4:22	m	147	SUB-20	2	NO	00:12:52	00:20:42	00:35:40
158	151	MIGUEL DÍAZ CARBALLO	NINGUNO	00:43:52	4:23	m	148	SUPERVETE	9	NO	00:13:37	00:21:31	00:36:00
159	123	JOSE VIDAL RODRIGUEZ	CLUB CERVECERÍA O	00:43:53	4:23	m	149	M/F50	22	NO	00:13:24	00:21:18	00:35:54
160	185	DIONISIO FABIAN	NINGUNO	00:43:59	4:23	m	150	SUPERVETE	10	NO	00:13:46	00:21:45	00:36:05
161	216	JAVIER PONTE PINTOR	NINGUNO	00:44:00	4:23	m	151	M/F40	32	NO	00:14:09	00:22:05	00:36:11
162	116	JOSÉ MANUEL	NINGUNO	00:44:01	4:24	m	152	M/F 35	18	NO	00:13:57	00:22:03	00:36:14
163	100	GONZALO BALEATO	DUBRA TEAM	00:44:05	4:24	m	153	M/F 35	19	NO	00:14:07	00:21:54	00:36:09
164	198	DENIS NEGREIRA	NINGUNO	00:44:10	4:24	m	154	M/F40	33	NO	00:14:21	00:22:24	00:36:30
165	234	LUIS TAJES CANOSA	NINGUNO	00:44:15	4:25	m	155	M/F45	32	NO	00:14:28	00:22:18	00:36:24
166	47	ALBA PEREZ NIETO	ATLETISMO NEGREIRA	00:44:18	4:25	f	11	SUB-23	2	1	00:13:38	00:21:38	00:36:23
167	228	MARCOS FONTANS	NINGUNO	00:44:20	4:25	m	156	M/F45	33	NO	00:14:23	00:22:20	00:36:28
168	211	JOSÉ RAMÓN SANTOS	NINGUNO	00:44:21	4:26	m	157	M/F40	34	NO	00:13:57	00:21:53	00:36:23
169	246	RAUL BARTOLOMEU	GINÁSIO CLUBE DE	00:44:23	4:26	m	158	SÉNIOR	36	NO	00:13:20	00:21:25	00:36:03
170	248	NUNO FERNANDES	GINÁSIO CLUBE DE	00:44:23	4:26	m	159	M/F45	34	NO	00:13:25	00:21:25	00:36:04
171	95	JESÚS QUINTELA	NINGUNO	00:44:24	4:26	m	160	M/F45	35	NO	00:13:41	00:21:44	00:36:24
172	109	IVAN FONTAN	NINGUNO	00:44:27	4:26	m	161	SÉNIOR	37	NO	00:13:07	00:20:58	00:35:14
173	434	DIEGO BELLO GRAIÑO	NINGUNO	00:44:29	4:26	m	162	M/F 35	20	11	00:14:05	00:21:58	00:36:30
174	209	MAXIMINO LIMÉNS	NINGUNO	00:44:29	4:26	m	163	SUPERVETE	11	12	00:14:06	00:22:08	00:36:31

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PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
175	96	FRANCISCO JAVIER	NOITEBRA FC	00:44:33	4:27	m	164	SUPERVETE	12	NO	00:13:47	00:22:00	00:36:43
176	496	Teresa Castro Villaverde	CLUB ATLETISMO NOIA	00:44:34	4:27	f	12	M/F50	2	NO	00:14:00	00:21:58	00:36:27
177	168	JULIO VÁZQUEZ	NINGUNO	00:44:37	4:27	m	165	SUPERVETE	13	NO	00:14:15	00:22:21	00:36:41
178	444	MARCOS GARCÍA	NINGUNO	00:44:41	4:28	m	166	M/F 35	21	NO	00:14:22	00:22:31	00:37:02
179	250	SANTIAGO FERNANDEZ	NINGUNO	00:44:45	4:28	m	167	M/F45	36	NO	00:14:00	00:22:00	00:36:44
180	133	FRAN GARCIA ESMORIS	CLUB ATLETISMO TAMBRE	00:44:46	4:28	m	168	SÉNIOR	38	NO	00:14:20	00:22:29	00:37:05
181	186	DANIEL NEGREIRA	NINGUNO	00:45:01	4:30	m	169	M/F40	35	NO	00:14:07	00:22:10	00:37:23
182	491	JUAN RIVAS ALENDE	NOITEBRA FC	00:45:02	4:30	m	170	M/F40	36	NO	00:13:58	00:22:00	00:36:40
183	130	ARTURO PIÑEIRO REY	S.D. BARBANTIA RODA	00:45:03	4:30	m	171	M/F50	23	NO	00:14:30	00:22:36	00:37:01
184	232	DAMIAN MARTINEZ	CLUB MONTEPENARUBIA	00:45:03	4:30	m	172	M/F 35	22	NO	00:14:46	00:23:03	00:37:32
185	231	TANIA GARCIA NOVO	CLUB MONTEPENARUBIA	00:45:10	4:30	f	13	M/F 35	2	NO	00:14:10	00:22:22	00:37:04
186	435	JAIME RIVAS POSSE	VINCIT FISIOTERAPIA NOIA	00:45:13	4:31	m	173	SUPERVETE	14	NO	00:13:42	00:21:46	00:36:23
187	339	ALBERTO POSE ARUFE	NINGUNO	00:45:14	4:31	m	174	M/F40	37	NO	00:13:49	00:22:07	00:37:10
188	392	MARCOS CASAL SANTOS	NINGUNO	00:45:14	4:31	m	175	M/F40	38	NO	00:14:06	00:22:12	00:37:07
189	494	JESUS SANDÁ LÓPEZ	INDEPENDIENTE	00:45:17	4:31	m	176	M/F45	37	NO	00:13:22	00:21:35	00:37:00
190	187	MARCOS CASTRO	NINGUNO	00:45:18	4:31	m	177	M/F 35	23	NO	00:14:11	00:22:14	00:37:20
191	159	JULIO BUSTELO	NINGUNO	00:45:19	4:31	m	178	M/F45	38	NO	00:14:17	00:22:35	00:37:27
192	59	CARLOS MARTINEZ	NINGUNO	00:45:20	4:31	m	179	M/F40	39	NO	00:14:15	00:22:29	00:37:15
193	146	AGOSTIÑO REIGOSA	NOSPORTLIMIT	00:45:22	4:32	m	180	SÉNIOR	39	NO	00:14:46	00:23:03	00:37:32
194	374	DANIEL BECERRA	NINGUNO	00:45:26	4:32	m	181	SUPERVETE	15	NO	00:14:28	00:22:45	00:37:13
195	212	ELENA MIGUENS OTERO	CLUB ATLETISMO SAR	00:45:26	4:32	f	14	M/F50	3	NO	00:14:09	00:22:20	00:37:11
196	350	JUAN RAMON TOMÉ LEIS	NINGUNO	00:45:27	4:32	m	182	M/F45	39	13	00:14:32	00:22:28	00:37:22
197	103	ALEJANDRO CAAMAÑO	CLUB CERVECERÍA O	00:45:33	4:33	m	183	M/F 35	24	14	00:14:42	00:23:00	00:37:36
198	97	PABLO RODRIGUEZ	BJ RUNNING TEAM	00:45:34	4:33	m	184	SÉNIOR	40	NO	00:13:19	00:21:35	00:36:54
199	267	JUAN ALFREDO	RIBEIRAS DO TAMBRE	00:45:36	4:33	m	185	SUB-23	3	NO	00:14:37	00:22:50	00:37:20
200	170	FRANCISCO JAVIER	OS RAPOSOS	00:45:39	4:33	m	186	SUPERVETE	16	NO	00:14:19	00:22:29	00:37:28
201	233	DANIEL PAIS	NINGUNO	00:45:44	4:34	m	187	SÉNIOR	41	NO	00:13:59	00:22:15	00:37:29
202	222	GONZALO MARIÑO	CLUB DEPORTIVO BRIÓN	00:45:48	4:34	m	188	SÉNIOR	42	NO	00:13:59	00:21:58	00:37:46
203	191	JUAN JOSÉ NOYA	PEÑA JESUS MANCEBO	00:45:53	4:35	m	189	M/F45	40	15	00:14:19	00:22:32	00:37:40



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PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
204	449	LUCIA	NINGUNO	00:45:55	4:35	f	15	SUB-20	1	NO	00:14:10	00:22:18	00:37:39
205	459	MANUEL FANDIÑO	NINGUNO	00:45:56	4:35	m	190	M/F40	40	NO	00:13:45	00:22:01	00:37:24
206	199	CRISTINA CARRRIL BOO	CLUB ATLETISMO O PINO	00:45:59	4:35	f	16	M/F40	2	NO	00:14:40	00:23:01	00:37:47
207	175	JOSE MANUEL MIRA	NINGUNO	00:45:59	4:35	m	191	M/F45	41	NO	00:14:48	00:22:55	00:37:31
208	200	JESUS SANCHEZ DURO	NINGUNO	00:46:01	4:36	m	192	M/F45	42	16	00:14:40	00:23:01	00:37:48
209	274	SILVIA DÍEZ BERMÚDEZ	EGOVARROS DE VIVEIRO	00:46:02	4:36	f	17	M/F45	2	NO	00:14:41	00:22:56	00:38:01
210	450	MIGUEL LAMELA MENDEZ	NINGUNO	00:46:03	4:36	m	193	M/F50	24	NO	00:14:09	00:22:18	00:37:39
211	385	JOSE GIGIREY AMADO	NINGUNO	00:46:03	4:36	m	194	M/F45	43	NO	00:14:49	00:23:08	00:38:12
212	138	JOSÉ PARDIÑAS ALVITE	NINGUNO	00:46:03	4:36	m	195	SUPERVETE	17	NO	00:14:45	00:23:03	00:38:21
213	406	BENITO PIÑEIRO ABEIJON	NINGUNO	00:46:05	4:36	m	196	M/F45	44	NO	00:15:00	00:23:12	00:38:00
214	126	ALBERTO RODILES RIOS	NINGUNO	00:46:05	4:36	m	197	M/F45	45	NO	00:14:03	00:22:25	00:37:33
215	290	CARLOS SILVA CÉSAR	USC	00:46:07	4:36	m	198	SUPERVETE	18	NO	00:15:03	00:23:13	00:38:05
216	176	PABLO SUEIRO TRIGO	NINGUNO	00:46:07	4:36	m	199	M/F40	41	NO	00:15:04	00:23:13	00:38:07
217	389	JOSÉ MANUEL JUNCAL	NINGUNO	00:46:11	4:37	m	200	M/F50	25	NO	00:14:39	00:22:57	00:38:04
218	188	MANUEL TRIGO BAO	NINGUNO	00:46:13	4:37	m	201	M/F50	26	NO	00:14:34	00:22:48	00:37:50
219	105	PURI ANEGAS	CORREDORES DO MIÑO	00:46:13	4:37	f	18	M/F50	4	NO	00:14:25	00:22:47	00:37:59
220	253	JOÃO PAULO SILVA	GINÁSIO CLUBE DE	00:46:16	4:37	m	202	SUPERVETE	19	NO	00:14:08	00:22:37	00:37:52
221	451	JAVIER DOMÍNGUEZ	NINGUNO	00:46:21	4:38	m	203	SÉNIOR	43	NO	00:14:27	00:23:02	00:38:20
222	307	BELÉN PÉREZ MARTÍNEZ	ASOCIACION DEPORTIVA	00:46:22	4:38	f	19	M/F45	3	NO	00:14:54	00:23:26	00:38:25
223	254	DAVID MUÑOZ NAVARRO	NINGUNO	00:46:23	4:38	m	204	SÉNIOR	44	NO	00:14:12	00:22:34	00:38:06
224	148	JOSÉ MANUEL LAMAS	NINGUNO	00:46:23	4:38	m	205	M/F45	46	NO	00:14:38	00:22:54	00:38:05
225	193	SATIRO BRENLLA FAJIN	TARTARUGAS	00:46:24	4:38	m	206	M/F 35	25	NO	00:14:17	00:22:38	00:38:08
226	131	DIEGO FERNÁNDEZ	NINGUNO	00:46:25	4:38	m	207	SÉNIOR	45	NO	00:14:37	00:22:59	00:38:08
227	442	DANIEL LAREO CREO	TRIBU TRAIL	00:46:26	4:38	m	208	M/F45	47	NO	00:14:22	00:22:51	00:38:19
228	383	CÉSAR SUÁREZ SUÁREZ	BJ RUNNING TEAM	00:46:26	4:38	m	209	M/F40	42	17	00:14:51	00:23:07	00:38:23
229	286	VÍCTOR DIEGO GARCÍA	NINGUNO	00:46:26	4:38	m	210	M/F 35	26	NO	00:14:32	00:22:53	00:38:05
230	195	JOSÉ RAMÓN ABEL	NOITEBRA FC	00:46:29	4:38	m	211	SUPERVETE	20	NO	00:14:16	00:22:40	00:38:07
231	227	CAMILO RIAL SANCHIÑO	NINGUNO	00:46:31	4:39	m	212	SUPERVETE	21	NO	00:14:42	00:23:02	00:38:12
232	309	JOSE LUIS PAIS SIEIRA	NINGUNO	00:46:32	4:39	m	213	M/F50	27	18	00:14:10	00:22:38	00:38:04

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PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
233	217	IVAN NIETO LOPEZ	NINGUNO	00:46:33	4:39	m	214	M/F 35	27	19	00:14:08	00:22:26	00:38:02
234	183	ÁLVARO PEREIRAS	PEREIRAS CONGELADOS	00:46:33	4:39	m	215	M/F45	48	NO	00:14:13	00:22:37	00:38:01
235	165	RAQUEL RAMOS SUÁREZ	ASOCIACION DEPORTIVA	00:46:36	4:39	f	20	M/F45	4	NO	00:14:46	00:23:26	00:38:25
236	456	PAULA ESTEIRO RAMOS	SD COMPOSTELA ATLETISMO	00:46:37	4:39	f	21	M/F40	3	NO	00:14:25	00:23:00	00:38:27
237	173	DANIEL CALVO REY	S.D. BARBANTIA RODA	00:46:38	4:39	m	216	M/F45	49	NO	00:14:19	00:22:45	00:38:10
238	194	JOSE LUIS GONZALEZ	S.D. BARBANTIA RODA	00:46:38	4:39	m	217	M/F45	50	NO	00:14:20	00:22:46	00:38:10
239	446	IGOR PEREDA GARCÍA	ENKARTERRI TRIATLOI	00:46:39	4:39	m	218	M/F40	43	NO	00:13:58	00:22:25	00:37:56
240	164	ALEJANDRO LAMAS	ENTRENARUNNING	00:46:40	4:39	m	219	M/F45	51	NO	00:14:46	00:23:26	00:38:26
241	134	DAVID GÓMEZ LOBATO	CLUB DEPORTIVO BRIÓN	00:46:46	4:40	m	220	SÉNIOR	46	NO	00:14:19	00:22:47	00:38:21
242	310	ROBERTO NIETO COBAS	NINGUNO	00:46:49	4:40	m	221	M/F40	44	20	00:14:36	00:22:59	00:38:20
243	127	GONZALO RODRÍGUEZ	NINGUNO	00:47:02	4:42	m	222	M/F40	45	NO	00:14:52	00:23:17	00:38:57
244	384	ALEJANDRO JOSÉ	NINGUNO	00:47:02	4:42	m	223	M/F40	46	NO	00:14:08	00:23:01	00:38:55
245	302	PESCO LOURO LARIÑO	CLUBE ATLETISMO SERRES	00:47:05	4:42	m	224	SÉNIOR	47	NO	00:15:19	00:23:47	00:39:04
246	265	FRANCESCO NESPOLI	NINGUNO	00:47:05	4:42	m	225	SÉNIOR	48	21	00:14:41	00:23:14	00:38:35
247	163	ALFONSO CANOSA	ASOCIACION DEPORTIVA	00:47:10	4:42	m	226	SUPERVETE	22	NO	00:14:13	00:22:56	00:38:33
248	334	MARCOS ANTONIO	CLUB ATLETISMO OUTES	00:47:10	4:42	m	227	M/F50	28	NO	00:15:41	00:24:11	00:39:03
249	128	RAMÓN BARREIRO	CLUB ATLETISMO OUTES	00:47:11	4:43	m	228	SUPERVETE	23	NO	00:15:02	00:23:27	00:38:52
250	158	ALBERTO ANDRADE	ASOCIACION DEPORTIVA	00:47:15	4:43	m	229	SUPERVETE	24	NO	00:14:47	00:23:27	00:38:39
251	462	LUCAS CES UZAL	BJ RUNNING TEAM	00:47:16	4:43	m	230	SÉNIOR	49	NO	00:14:31	00:23:05	00:39:10
252	160	JOSE MANUEL ROMERO	C.A. VETERANOS DE SAMIL	00:47:19	4:43	m	231	SUPERVETE	25	NO	00:14:55	00:23:25	00:38:50
253	242	CARLOS DOMINGUEZ	NINGUNO	00:47:23	4:44	m	232	M/F40	47	22	00:14:26	00:23:04	00:38:36
254	111	DANIEL RAMA GARCÍA	NINGUNO	00:47:29	4:44	m	233	M/F40	48	NO	00:15:01	00:23:26	00:38:51
255	278	DANIEL MACEIRAS INSUA	NINGUNO	00:47:34	4:45	m	234	SÉNIOR	50	NO	00:15:36	00:24:12	00:39:19
256	320	MANUEL GONZÁLEZ	NINGUNO	00:47:43	4:46	m	235	M/F50	29	NO	00:15:30	00:25:05	00:39:57
257	171	ADOLFO BARBOSA	NINGUNO	00:47:46	4:46	m	236	SUPERVETE	26	23	00:14:38	00:23:09	00:39:09
258	279	RAMON MORANDEIRA	NINGUNO	00:47:57	4:47	m	237	M/F 35	28	NO	00:15:36	00:24:12	00:39:39
259	140	JESÚS P AGULLEIRO DÍAZ	NINGUNO	00:47:59	4:47	m	238	SUPERVETE	27	NO	00:14:49	00:23:33	00:39:20
260	139	AMAIA AGULLEIRO	NINGUNO	00:47:59	4:47	f	22	SÉNIOR	5	NO	00:14:49	00:23:33	00:39:21
261	143	JOSÉ RAMÓN	NINGUNO	00:47:59	4:47	m	239	M/F50	30	NO	00:14:50	00:23:39	00:39:18

XLI CARREIRA POPULAR DE NEGREIRA

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PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
262	314	MARTA LOSADA	NINGUNO	00:48:01	4:48	f	23	SÉNIOR	6	2	00:14:39	00:23:19	00:39:29
263	124	ADRIÁN FREIRE GIL	NINGUNO	00:48:04	4:48	m	240	SÉNIOR	51	24	00:13:48	00:22:45	00:39:12
264	312	ANGEL PEREZ SUSAVILA	NINGUNO	00:48:08	4:48	m	241	SUPERVETE	28	NO	00:15:18	00:24:00	00:39:29
265	353	RAQUEL PLAZAS ARAYO	NINGUNO	00:48:09	4:48	f	24	SÉNIOR	7	NO	00:15:07	00:23:57	00:39:58
266	270	DIEGO FANDIÑO BLANCO	CONCO BOX	00:48:12	4:49	m	242	M/F 35	29	NO	00:15:24	00:24:12	00:39:32
267	378	RUBÉN JOSÉ	NINGUNO	00:48:13	4:49	m	243	M/F40	49	NO	00:14:59	00:23:49	00:39:35
268	316	CARLOS ABAL ROMA	NINGUNO	00:48:15	4:49	m	244	SÉNIOR	52	NO	00:15:48	00:24:31	00:39:51
269	189	JOSÉ MANUEL PÉREZ	NINGUNO	00:48:16	4:49	m	245	M/F45	52	NO	00:14:54	00:23:34	00:39:25
270	252	ÁNGEL BLANCO VAZQUEZ	NINGUNO	00:48:19	4:49	m	246	M/F40	50	NO	00:14:47	00:23:30	00:39:27
271	29	HENRIQUE BAESSA	GINÁSIO CLUBE DE	00:48:21	4:50	m	247	M/F45	53	NO	00:14:09	00:23:00	00:39:08
272	362	M ANGELES RIPOLL	CLUB ATLETISMO SADA	00:48:21	4:50	f	25	SUPERVETE	2	NO	00:14:56	00:23:33	00:39:23
273	118	JOSE MANUEL VALIÑO	NINGUNO	00:48:35	4:51	m	248	SUPERVETE	29	NO	00:15:09	00:23:53	00:39:47
274	125	FELIX VILAR CAAMAÑO	NINGUNO	00:48:39	4:51	m	249	SUPERVETE	30	NO	00:15:04	00:23:46	00:39:38
275	285	FRANCESCO BARCARO	NINGUNO	00:48:41	4:52	m	250	M/F 35	30	NO	00:15:04	00:23:46	00:39:44
276	304	ROBERTO QUINTÁNS	NINGUNO	00:48:42	4:52	m	251	M/F45	54	25	00:15:02	00:23:46	00:39:45
277	37	BIANCA ALBUQUERQUE	GINÁSIO CLUBE DE	00:48:43	4:52	f	26	SÉNIOR	8	NO	00:15:03	00:23:47	00:39:44
278	296	JOSE RAMON GARCIA	NINGUNO	00:48:46	4:52	m	252	M/F45	55	NO	00:15:25	00:24:07	00:40:08
279	266	ÓLIVER BELLÓN	NINGUNO	00:48:49	4:52	m	253	SÉNIOR	53	NO	00:15:41	00:24:35	00:40:31
280	276	AMALIO FRAMIÑÁN	ATLETISMO SANTIAGO	00:48:52	4:53	m	254	SÉNIOR	54	NO	00:15:00	00:23:50	00:39:59
281	260	JUAN OUTEIRAL BAR	BJ RUNNING TEAM	00:48:56	4:53	m	255	SÉNIOR	55	26	00:15:02	00:23:54	00:40:03
282	463	JESÚS RODRÍGUEZ	NINGUNO	00:49:07	4:54	m	256	M/F50	31	NO	00:15:21	00:24:19	00:40:39
283	247	DAVID DOMINGUEZ REY	NINGUNO	00:49:26	4:56	m	257	M/F 35	31	NO	00:14:57	00:23:36	00:39:25
284	379	JESUS IGLESIAS VIGO	PEÑA JESUS MANCEBO	00:49:28	4:56	m	258	M/F50	32	NO	00:15:56	00:24:42	00:40:36
285	121	MARCOS CANDAMO	NINGUNO	00:49:28	4:56	m	259	M/F50	33	NO	00:16:07	00:24:58	00:40:48
286	154	RUBÉN SUÁREZ	NINGUNO	00:49:28	4:56	m	260	M/F50	34	27	00:16:09	00:24:26	00:40:34
287	404	HÉCTOR PIÑEIRO GARCÍA	CLUB ATLETISMO LOUSAME	00:49:33	4:57	m	261	M/F40	51	NO	00:15:40	00:24:40	00:40:46
288	468	ANA HERNÁNDEZ	NINGUNO	00:49:35	4:57	f	27	M/F45	5	NO	00:15:52	00:24:43	00:40:45
289	390	JOSE MANUEL VAZQUEZ	CLUB ATLETISMO O PINO	00:49:38	4:57	m	262	M/F 35	32	NO	00:15:56	00:24:42	00:40:47
290	299	JOSÉ MANUEL RÍOS	NINGUNO	00:49:41	4:58	m	263	SUPERVETE	31	NO	00:15:14	00:24:14	00:40:41



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PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
291	386	JOSE GOMEZ VIAÑO	NINGUNO	00:49:43	4:58	m	264	SUPERVETE	32	NO	00:15:41	00:24:45	00:40:49
292	330	VICTOR CEBEY LOPEZ	NINGUNO	00:49:44	4:58	m	265	SÉNIOR	56	NO	00:15:57	00:24:50	00:41:04
293	264	IVÁN PENSADO ANTELO	NINGUNO	00:49:57	4:59	m	266	SÉNIOR	57	NO	00:16:05	00:24:58	00:41:33
294	275	FERNANDO CASTRO	CLUB ATLETISMO OUTES	00:50:03	5:00	m	267	M/F45	56	NO	00:15:52	00:24:51	00:41:11
295	31	DELMAR DOMINGUES	GINÁSIO CLUBE DE	00:50:05	5:00	m	268	SUPERVETE	33	NO	00:15:05	00:24:19	00:40:57
296	373	BELI BERMÚDEZ RÍOS	NINGUNO	00:50:10	5:00	f	28	M/F45	6	NO	00:15:44	00:24:39	00:41:09
297	263	JOSÉ ANTONIO SALVADO	CLUB DEPORTIVO BRIÓN	00:50:15	5:01	m	269	M/F45	57	NO	00:15:03	00:23:56	00:40:48
298	262	IVÁN MÍGUEZ FORJÁN	NINGUNO	00:50:17	5:01	m	270	SÉNIOR	58	28	00:16:06	00:24:58	00:41:35
299	298	JOSÉ POUSO MANEIRO	NINGUNO	00:50:17	5:01	m	271	SUPERVETE	34	NO	00:16:04	00:25:07	00:41:23
300	150	SUSANA NIETO PAZOS	NINGUNO	00:50:19	5:01	f	29	M/F 35	3	NO	00:15:25	00:24:48	00:41:28
301	177	JAVIER GARCIA VARELA	NINGUNO	00:50:20	5:01	m	272	M/F 35	33	NO	00:15:38	00:24:44	00:41:19
302	476	MIGUEL TABOADA PENAS	NINGUNO	00:50:33	5:03	m	273	M/F45	58	NO	00:16:03	00:25:12	00:41:38
303	306	MANUEL ALEGRE	NINGUNO	00:50:36	5:03	m	274	M/F50	35	NO	00:15:39	00:24:55	00:41:34
304	472	JOSE ANTONIO CARRERA	NINGUNO	00:50:36	5:03	m	275	SUPERVETE	35	NO	00:17:08	00:26:06	00:42:08
305	153	MANUEL INSUA INSUA	CLUB ATLETISMO SAR	00:50:40	5:03	m	276	SUPERVETE	36	NO	00:15:15	00:24:34	00:41:24
306	402	JESUS PEREZ CASAIS	NINGUNO	00:50:43	5:04	m	277	SUPERVETE	37	NO	00:16:07	00:25:27	00:41:50
307	336	RAMÓN COUCE BLANCO	NINGUNO	00:50:52	5:05	m	278	M/F50	36	NO	00:15:22	00:24:28	00:41:23
308	469	JUAN LUIS BOTANA	SD COMPOSTELA ATLETISMO	00:50:53	5:05	m	279	SUPERVETE	38	NO	00:17:00	00:26:10	00:42:10
309	391	TOBIÁS BETANZOS REGO	NINGUNO	00:50:58	5:05	m	280	SUPERVETE	39	NO	00:16:38	00:25:43	00:42:08
310	308	ALDARA BETANZOS	NINGUNO	00:50:58	5:05	f	30	SÉNIOR	9	NO	00:16:38	00:25:43	00:42:08
311	319	RAQUEL ESTÉVEZ	NINGUNO	00:51:04	5:06	f	31	SUPERVETE	3	NO	00:15:32	00:25:05	00:41:48
312	280	BRAIS PEREZ	NINGUNO	00:51:08	5:06	m	281	SÉNIOR	59	NO	00:16:33	00:25:45	00:42:15
313	300	PEDRO LUAÑA LOUZAO	NINGUNO	00:51:09	5:06	m	282	M/F50	37	NO	00:16:08	00:25:24	00:42:02
314	369	LOLI TARELA	CLUB ATLETISMO NOIA	00:51:12	5:07	f	32	SUPERVETE	4	NO	00:15:44	00:25:00	00:41:48
315	368	PATRICK SHANKS	NINGUNO	00:51:15	5:07	m	283	M/F40	52	NO	00:16:52	00:26:13	00:42:28
316	346	NOELIA ESPASANDIN	CORREXALLAS	00:51:20	5:07	f	33	SÉNIOR	10	NO	00:16:05	00:25:17	00:42:14
317	387	EDUARD FRANQUET	ENTRENARUNNING	00:51:23	5:08	m	284	M/F50	38	NO	00:16:34	00:25:47	00:42:27
318	315	IRIA MARTINEZ PIÑEIRO	NINGUNO	00:51:26	5:08	f	34	SÉNIOR	11	NO	00:15:51	00:25:12	00:42:04
319	416	JORGE DOURADO EIROA	NINGUNO	00:51:28	5:08	m	285	SÉNIOR	60	NO	00:16:12	00:25:20	00:42:18



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PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
320	466	MIGUEL TARRIO	NINGUNO	00:51:31	5:09	m	286	M/F40	53	NO	00:16:02	00:25:08	00:42:07
321	329	JESUS VICTOR CEBEY	NINGUNO	00:51:37	5:09	m	287	SUPERVETE	40	NO	00:16:36	00:25:52	00:42:22
322	408	LETICIA PENA SANDE	CLUBE ATLETISMO SERRES	00:51:40	5:09	f	35	SÉNIOR	12	NO	00:16:25	00:25:58	00:42:49
323	289	FERNANDO GARCÍA REA	NINGUNO	00:51:40	5:09	m	288	M/F 35	34	NO	00:15:20	00:24:46	00:41:58
324	458	SAMUEL CALVO	NINGUNO	00:51:40	5:09	m	289	SÉNIOR	61	NO	00:15:01	00:23:49	00:42:09
325	354	CARMEN CASTRO LEMA	NINGUNO	00:51:54	5:11	f	36	M/F40	4	NO	00:16:24	00:25:44	00:42:44
326	261	ALBERTO OTERO DA	NINGUNO	00:52:02	5:12	m	290	M/F 35	35	NO	00:15:55	00:25:16	00:42:13
327	477	LAUREANO VARELA	SD COMPOSTELA ATLETISMO	00:52:05	5:12	m	291	M/F45	59	NO	00:15:48	00:25:16	00:41:59
328	155	JOSÉ MANUEL MAYO	VENDAVAL ESTEIRO	00:52:07	5:12	m	292	M/F50	39	NO	00:16:22	00:25:33	00:42:48
329	318	JULIO CESAR SAR	ASOCIACION DEPORTIVA	00:52:07	5:12	m	293	M/F40	54	NO	00:16:18	00:25:47	00:43:04
330	218	ALBERTO CALVELO	CORREXALLAS	00:52:08	5:12	m	294	SÉNIOR	62	NO	00:15:56	00:25:22	00:42:44
331	377	NESTOR FIDALGO	NF CLUB	00:52:18	5:13	m	295	M/F 35	36	NO	00:16:54	00:26:05	00:43:03
332	305	MARÍA JOSÉ SUÁREZ	NINGUNO	00:52:22	5:14	f	37	M/F40	5	3	00:16:41	00:26:07	00:43:06
333	256	ANGEL BLANCO ROJO	NINGUNO	00:52:34	5:15	m	296	M/F45	60	NO	00:16:13	00:25:43	00:43:02
334	332	CARLA GONZÁLEZ	NINGUNO	00:52:40	5:15	f	38	SÉNIOR	13	NO	00:16:34	00:25:59	00:43:08
335	322	MARIA JOSE TRABA	ASOCIACION DEPORTIVA	00:52:41	5:16	f	39	M/F50	5	NO	00:16:34	00:26:02	00:43:07
336	355	BEGO SAMBADE	NINGUNO	00:52:41	5:16	f	40	M/F40	6	NO	00:16:30	00:26:02	00:43:07
337	461	JORGE ASOREY VEIGA	CLUB DEPORTIVO BRIÓN	00:52:52	5:17	m	297	M/F40	55	NO	00:16:17	00:25:37	00:42:59
338	464	BORJA SUÁREZ FUENTES	NINGUNO	00:52:57	5:17	m	298	M/F45	61	NO	00:15:02	00:24:18	00:42:50
339	399	BENITO SANTAS NOVOA	CLUB DEPORTIVO LA	00:53:00	5:17	m	299	M/F50	40	NO	00:17:50	00:27:18	00:44:11
340	338	MONCHO FERRACES	NINGUNO	00:53:05	5:18	m	300	SUPERVETE	41	NO	00:16:41	00:26:05	00:43:24
341	340	MONTSE FERRACES	NINGUNO	00:53:05	5:18	f	41	M/F45	7	NO	00:16:41	00:26:05	00:43:24
342	271	JOSE LUIS MARTINEZ	NINGUNO	00:53:12	5:19	m	301	SÉNIOR	63	NO	00:16:39	00:26:05	00:43:50
343	333	ARACELI VEIGA BERMEJO	C.A. CAMBADOS-SEG.NOVAL	00:53:12	5:19	f	42	SUPERVETE	5	NO	00:16:42	00:26:32	00:43:32
344	465	ANDRÉS PAZOS	NINGUNO	00:53:20	5:19	m	302	M/F 35	37	NO	00:16:14	00:25:51	00:43:20
345	341	ALBERTO AGRA LIÑARES	NINGUNO	00:53:21	5:20	m	303	M/F40	56	29	00:17:23	00:26:42	00:44:09
346	301	JOSE MANUEL	NINGUNO	00:53:21	5:20	m	304	SUPERVETE	42	30	00:16:56	00:26:10	00:43:30
347	418	BORJA BLANCO REY	NINGUNO	00:53:25	5:20	m	305	M/F40	57	NO	00:17:16	00:26:52	00:43:58
348	421	ALEJANDRA PAILOS	NINGUNO	00:53:25	5:20	f	43	M/F 35	4	NO	00:17:16	00:26:52	00:43:58



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PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
349	30	CATARINA LOPES	GINÁSIO CLUBE DE	00:53:29	5:20	f	44	SÉNIOR	14	NO	00:16:03	00:25:54	00:43:39
350	497	Isabel Perez Trillo	NINGUNO	00:53:52	5:23	f	45	M/F50	6	NO	00:17:11	00:26:56	00:44:10
351	288	ENRIQUE COMESAÑA	NINGUNO	00:53:52	5:23	m	306	M/F40	58	NO	00:16:37	00:26:01	00:43:59
352	281	PABLO MARTÍNEZ SOTO	NINGUNO	00:53:57	5:23	m	307	SUPERVETE	43	NO	00:17:24	00:26:50	00:44:25
353	407	LISARDO NÚÑEZ PARDO	NINGUNO	00:54:13	5:25	m	308	M/F40	59	NO	00:16:34	00:26:00	00:44:19
354	268	JORGE CARREIRA NODAR	CLUB DEPORTIVO SAN PAIO	00:54:14	5:25	m	309	M/F45	62	NO	00:17:28	00:27:18	00:44:54
355	365	ANTONIO GARCIA	NINGUNO	00:54:21	5:26	m	310	M/F50	41	NO	00:17:29	00:26:58	00:44:36
356	273	CÁNDIDO JESÚS MÍGUEZ	NINGUNO	00:54:30	5:26	m	311	SUPERVETE	44	NO	00:17:44	00:27:52	00:45:10
357	258	CARLOS GÓMEZ	NINGUNO	00:54:34	5:27	m	312	M/F50	42	NO	00:16:47	00:26:29	00:44:47
358	396	JOSÉ ELÍAS DÍAZ	NINGUNO	00:54:36	5:27	m	313	M/F 35	38	NO	00:18:39	00:28:43	00:45:27
359	427	DANIEL FERREIRO	NINGUNO	00:54:38	5:27	m	314	SÉNIOR	64	NO	00:17:15	00:26:55	00:45:08
360	372	MANUEL ALEJANDRO	NINGUNO	00:54:50	5:28	m	315	M/F40	60	NO	00:16:43	00:26:18	00:44:36
361	269	JESUS MATIAS	NINGUNO	00:54:52	5:29	m	316	SUPERVETE	45	NO	00:17:27	00:27:08	00:45:09
362	317	IRIA LAGO ANDRADE	ASOCIACION DEPORTIVA	00:55:00	5:29	f	46	SÉNIOR	15	NO	00:16:35	00:26:41	00:44:46
363	313	MARTA SANZ SANZ	ASOCIACION DEPORTIVA	00:55:00	5:29	f	47	M/F40	7	NO	00:16:36	00:26:41	00:44:47
364	220	RAMÓN GUNDIÁN	NINGUNO	00:55:02	5:30	m	317	SUPERVETE	46	NO	00:16:56	00:26:45	00:45:03
365	460	LUIS PEÑIN DOCE	NINGUNO	00:55:05	5:30	m	318	M/F45	63	NO	00:17:21	00:26:52	00:44:44
366	415	ÓSCAR HOMBRE CASTRO	NINGUNO	00:55:07	5:30	m	319	M/F 35	39	NO	00:17:06	00:26:56	00:45:16
367	352	JESUS MANUEL AREOSA	NINGUNO	00:55:10	5:30	m	320	M/F 35	40	31	00:17:33	00:27:32	00:45:31
368	470	SANTIAGO MOROÑO	NINGUNO	00:55:13	5:31	m	321	SUPERVETE	47	NO	00:18:02	00:27:59	00:45:43
369	327	JOSÉ RIAL PAIS	CLUB ATLETISMO OUTES	00:55:14	5:31	m	322	SUPERVETE	48	NO	00:16:54	00:26:38	00:45:01
370	381	JAVIER NIETO FIGUEIRAS	NINGUNO	00:55:24	5:32	m	323	SUPERVETE	49	NO	00:17:17	00:26:46	00:45:19
371	291	JOSE MANUEL NIETO	NINGUNO	00:55:24	5:32	m	324	SUPERVETE	50	NO	00:17:45	00:27:52	00:45:30
372	297	JESÚS PÉREZ LEIS	NINGUNO	00:55:26	5:32	m	325	SUPERVETE	51	NO	00:16:56	00:26:58	00:45:16
373	401	PATRICK GONZÁLEZ	NINGUNO	00:55:31	5:33	m	326	M/F 35	41	NO	00:17:56	00:27:49	00:45:53
374	323	CARLOS PAMPÍN BOADO	CLUB DEPORTIVO PINARIUM	00:55:55	5:35	m	327	SUPERVETE	52	NO	00:17:55	00:27:58	00:45:51
375	388	JUAN JOSE INSUA LOURO	DUBRA TEAM	00:56:04	5:36	m	328	M/F50	43	NO	00:18:29	00:28:42	00:46:31
376	40	ADÉLIA SENDAS	GINÁSIO CLUBE DE	00:56:17	5:37	f	48	M/F45	8	NO	00:18:00	00:28:41	00:46:56
377	287	ALFREDO FANDIÑO ARES	NINGUNO	00:56:28	5:38	m	329	M/F50	44	32	00:17:31	00:27:21	00:46:13

XLI CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN OFICIAL - 10K



PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
378	356	OLGA POSE CHOUCIÑO	ABELLARIZA	00:56:45	5:40	f	49	M/F40	8	NO	00:17:36	00:27:52	00:46:18
379	375	ANTONIO OSCAR	CLUB ATLETISMO SAR	00:56:46	5:40	m	330	SUPERVETE	53	NO	00:17:37	00:27:52	00:46:19
380	428	SERGIO GOMEZ	NINGUNO	00:57:03	5:42	m	331	M/F 35	42	NO	00:16:32	00:26:46	00:46:09
381	294	JOSÉ BAÑA MOLEDO	CLUB ATLETISMO LOUSAME	00:57:05	5:42	m	332	M/F40	61	NO	00:17:34	00:27:43	00:46:29
382	357	VANESA TUBIO TUBIO	CLUB ATLETISMO LOUSAME	00:57:05	5:42	f	50	SÉNIOR	16	NO	00:17:34	00:27:43	00:46:29
383	414	RICARDO RUBIO	NINGUNO	00:57:25	5:44	m	333	SUPERVETE	54	NO	00:17:33	00:27:44	00:46:18
384	335	MARÍA JOSÉ COUTO	NINGUNO	00:57:27	5:44	f	51	M/F40	9	NO	00:19:19	00:29:29	00:47:41
385	282	SILVIA FERNÁNDEZ	SD COMPOSTELA ATLETISMO	00:57:33	5:45	f	52	M/F 35	5	NO	00:17:58	00:28:21	00:47:29
386	382	PABLO FRAGA ADRÁN	NINGUNO	00:58:00	5:47	m	334	SÉNIOR	65	NO	00:17:26	00:27:57	00:47:30
387	380	RUBÉN VÁZQUEZ GARCÍA	NINGUNO	00:58:00	5:47	m	335	SÉNIOR	66	NO	00:17:26	00:27:57	00:47:31
388	351	CARLOS CAMPOS NOVO	NINGUNO	00:58:11	5:49	m	336	SUPERVETE	55	NO	00:18:31	00:28:51	00:47:37
389	457	MARÍA DOLORES REY	NINGUNO	00:58:19	5:49	f	53	SÉNIOR	17	NO	00:17:35	00:27:58	00:47:23
390	328	DANIEL ÁNGEL OTERO	NINGUNO	00:58:25	5:50	m	337	SUPERVETE	56	NO	00:17:48	00:28:16	00:48:09
391	33	EUFÉMIA DIEGUES	GINÁSIO CLUBE DE	00:59:01	5:54	f	54	SUPERVETE	6	NO	00:18:01	00:28:42	00:48:08
392	417	ANABELA BORDALO	GINÁSIO CLUBE DE	00:59:02	5:54	f	55	M/F50	7	NO	00:18:00	00:28:46	00:48:08
393	400	CHELO VIGO LIÑARES	ENTRENARUNNING	00:59:19	5:55	f	56	M/F50	8	NO	00:18:13	00:28:34	00:48:43
394	295	ROBERTO FIGUEROA	NINGUNO	00:59:28	5:56	m	338	SUPERVETE	57	NO	00:18:20	00:28:43	00:48:47
395	366	JOSE GERPE GERPE	NINGUNO	01:01:53	6:11	m	339	SUPERVETE	58	NO	00:20:03	00:31:10	00:51:12
396	393	RAQUEL RODRÍGUEZ	NINGUNO	01:01:54	6:11	f	57	M/F45	9	NO	00:20:03	00:31:10	00:51:12
397	419	CARLA VIDEIRA	GINÁSIO CLUBE DE	01:01:57	6:11	f	58	M/F50	9	NO	00:19:21	00:30:31	00:50:42
398	471	XESÚS CARRO REY	NINGUNO	01:02:00	6:11	m	340	SUPERVETE	59	NO	00:18:09	00:28:43	00:50:37
399	376	RUBEN FIUZA CANOSA	JABALEANDRO	01:02:15	6:13	m	341	M/F 35	43	NO	00:17:41	00:29:05	00:50:34
400	277	JUAN ANTONIO CAÑIZO	NINGUNO	01:02:29	6:14	m	342	M/F50	45	NO	00:18:42	00:29:52	00:51:02
401	284	PAULA LODEIRO POSE	NINGUNO	01:02:47	6:16	f	59	M/F40	10	NO	00:19:49	00:31:00	00:52:19
402	371	JORGE ALBERTO SUÁREZ	NINGUNO	01:02:53	6:17	m	343	M/F45	64	NO	00:18:23	00:29:23	00:51:36
403	397	NILDA GONZÁLEZ	NINGUNO	01:02:56	6:17	f	60	M/F45	10	4	00:20:16	00:31:24	00:52:12
404	257	MANUEL GONZÁLEZ	NINGUNO	01:03:15	6:19	m	344	SUPERVETE	60	NO	00:19:52	00:31:01	00:51:38
405	311	DAVID PERISCAL GARCÍA	NINGUNO	01:03:25	6:20	m	345	M/F 35	44	NO	00:20:42	00:31:56	00:52:04
406	36	CARLOS DINIS	GINÁSIO CLUBE DE	01:03:52	6:23	m	346	SUPERVETE	61	NO	00:20:10	00:31:38	00:52:41



XLI CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN OFICIAL - 10K



PT	DO	NOMBRE	CLUB	T.OFIC	RITM	SE	P.SE	CAT	P.C	P.LOC	T.PUNTO	T.KM 5	T.PUNTO
407	337	VERO IGLESIAS	NINGUNO	01:03:54	6:23	f	61	M/F 35	6	NO	00:19:16	00:30:45	00:51:57
408	35	CECÍLIA XAVIER	GINÁSIO CLUBE DE	01:04:10	6:24	f	62	M/F40	11	NO	00:20:10	00:31:39	00:52:42
409	34	GLÓRIA PEREIRA	GINÁSIO CLUBE DE	01:04:14	6:25	f	63	SUPERVETE	7	NO	00:20:02	00:31:48	00:52:46
410	283	LAURA LIÑARES POSE	NINGUNO	01:04:18	6:25	f	64	SÉNIOR	18	5	00:19:49	00:31:01	00:52:21
411	343	JONATHAN PEREZ PEREZ	C.D. BIOSBARDO	01:04:58	6:29	m	347	SÉNIOR	67	NO	00:19:18	00:30:47	00:52:50
412	342	KATIA SENÍN GONZÁLEZ	C.D. BIOSBARDO	01:04:58	6:29	f	65	SÉNIOR	19	NO	00:19:18	00:30:47	00:52:50
413	412	JESUS BERNAL GOMEZ	NINGUNO	01:05:24	6:32	m	348	SUPERVETE	62	NO	00:20:28	00:32:25	00:53:53
414	28	SÓNIA SACARAMENTO	GINÁSIO CLUBE DE	01:05:46	6:34	f	66	M/F45	11	NO	00:18:50	00:29:59	00:53:02
415	361	MARTÍN GARCÍA PIÑEIRO	NINGUNO	01:05:50	6:34	m	349	M/F40	62	NO	00:20:32	00:32:20	00:53:59
416	360	MÓNICA NIETO ENJO	NINGUNO	01:05:51	6:35	f	67	M/F 35	7	6	00:20:32	00:32:20	00:53:59
417	348	GERMÁN VILLANUSTRE	S.D. BARBANTIA RODA	01:05:54	6:35	m	350	SUPERVETE	63	NO	00:20:40	00:32:28	00:54:02
418	420	CRISTINA SOARES	GINÁSIO CLUBE DE	01:07:20	6:43	f	68	M/F45	12	NO	00:21:06	00:33:15	00:54:56
419	324	ELVIRA TRESGUERRAS	CLUB ATLETISMO SAR	01:08:51	6:53	f	69	SUPERVETE	8	NO	00:21:54	00:34:18	00:56:43
420	321	SALOMÉ MIRAMONTES	NINGUNO	01:09:42	6:58	f	70	M/F40	12	NO	00:21:49	00:34:05	00:56:41
421	475	ALBA FERNÁNDEZ	NINGUNO	01:10:33	7:03	f	71	M/F 35	8	NO	00:21:14	00:33:48	00:57:23

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