

# XVII CARREIRA POPULAR MAR DE BOIRO

## CLASIFICACIÓN OFICIAL - ABSOLUTA



PT	DO	NOMBRE	CLUB	T.OFICI	RITM	SE	P.SE	CAT	P.CA	P.LOC	T.
1	261	AMADEO ABAL CHAVES	CARNICAS SERRANO	00:31:41	3:10	m	1	SENIOR	1	NO	00:15:49
2	210	DENIS INCUTTI TELLADO	INDEPENDIENTE	00:31:44	3:10	m	2	SUB 23	1	NO	00:15:37
3	148	VICTOR RAMOS SAMBADE	TRIKI TEAM	00:31:55	3:11	m	3	SUB 18	1	NO	00:15:49
4	254	ISMAEL GARCIA CARBALLO	CLUB ATLETISMO LOUSAME	00:33:31	3:21	m	4	SENIOR	2	NO	00:16:36
5	235	ALBERTO GARCIA GACIÑO	SAUDE SPORT	00:33:31	3:21	m	5	SENIOR	3	NO	00:16:36
6	18	MANUEL PIÑEIRO FIEL	C. A. CAMBADOS - SEGUROS	00:33:32	3:21	m	6	SENIOR	4	NO	00:16:38
7	48	VICTOR GONZÁLEZ HORTA	COMESAÑA SPORTING CLUB	00:33:37	3:21	m	7	MASTER 1	1	NO	00:16:36
8	111	ALEJANDRO PESADO FERNÁNDEZ	CLUB ATLETISMO SAR	00:33:37	3:21	m	8	MASTER 2	1	NO	00:16:24
9	386	PEDRO TRABA CAAMAÑO	CAO (CLUBE ATLETISMO	00:33:39	3:21	m	9	MASTER 2	2	NO	00:16:37
10	268	LUÍS TEMBRA PENEIREIRO	TRIATLÓN RIANXO	00:33:40	3:21	m	10	MASTER 1	2	NO	00:16:37
11	93	CARLOS JUANATEY GARCIA	CLUB ATLETISMO NOIA	00:33:43	3:22	m	11	MASTER 2	3	NO	00:16:36
12	11	RICARDO LEÓN VIÑAS	CLUB ATLETISMO SAR	00:33:53	3:23	m	12	SENIOR	5	NO	00:16:47
13	9	XACOBE FONTÁN MARTÍNEZ	S.D. BARBANTIA RODA	00:34:11	3:25	m	13	SENIOR	6	NO	00:16:37
14	202	CARLOS BAUTISTA BUGARÍN	ATLETISMO PORRIÑO	00:34:13	3:25	m	14	SUB 18	2	NO	00:16:37
15	352	ROBERTO C. AGRELO GÓMEZ	CLUB ATLETISMO SAR	00:34:16	3:25	m	15	MASTER 2	4	NO	00:16:49
16	230	NICOLAS MARIN MOLLINEDO	TRIATLÓN VILAGARCIA	00:34:21	3:26	m	16	SENIOR	7	NO	00:16:49
17	13	MICHEL FERNÁNDEZ GARCÍA	S.D. BARBANTIA RODA	00:34:25	3:26	m	17	SENIOR	8	1	00:16:47
18	244	YAGO LIJÓ ARES	TRIATLÓN RIANXO	00:34:42	3:28	m	18	SENIOR	9	NO	00:16:56
19	152	HUGO GONZALEZ LESTON	NINGUNO	00:34:45	3:28	m	19	SUB 18	3	NO	00:16:49
20	130	JOSE SUAREZ LEIS	CLUB ATLETISMO SAR	00:35:05	3:30	m	20	MASTER 3	1	NO	00:17:11
21	28	SERGIO SANCHEZ FERNANDEZ	ATLETISMO PORRIÑO	00:35:07	3:30	m	21	MASTER 1	3	NO	00:17:17
22	153	ALEX AYASO PARADA	SANTA UXIA ATLETISMO	00:35:13	3:31	m	22	SUB 18	4	NO	00:17:29
23	395	FERNANDO VIDAL MORENO	TRIATLÓN VILAGARCIA	00:35:15	3:31	m	23	MASTER 2	5	NO	00:17:27
24	43	MAXI OUBIÑA	C. A. CAMBADOS - SEGUROS	00:35:16	3:31	m	24	MASTER 1	4	NO	00:17:12
25	249	ADRIAN ROJO	CLUB ATLETISMO SAR	00:35:17	3:31	m	25	SENIOR	10	NO	00:17:15
26	94	JUAN CARLOS RODRÍGUEZ TORRES	TRIATLÓN RIANXO	00:35:17	3:31	m	26	MASTER 2	6	NO	00:17:00



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PT	DO	NOMBRE	CLUB	T.OFICI	RITM	SE	P.SE	CAT	P.CA	P.LOC	T.
27	73	JOAQUÍN DOSIL	CLUB ATLETISMO SAR	00:35:22	3:32	m	27	MASTER 2	7	NO	00:17:29
28	314	PIO IGLESIAS CARRERA	CLUB ATLETISMO SAR	00:35:22	3:32	m	28	MASTER 2	8	NO	00:17:22
29	288	JORGE FERRADANS VALDES	CLUB DEPORTIVO BRIÓN	00:35:26	3:32	m	29	MASTER 1	5	NO	00:17:22
30	335	BONI GONZÁLEZ REY	PRAIA DE CARNOTA RUNNERS	00:35:28	3:32	m	30	MASTER 2	9	NO	00:17:45
31	66	LITO RODRIGUEZ POUSO	CLUB DEPORTIVO BRIÓN	00:35:31	3:33	m	31	MASTER 2	10	NO	00:17:14
32	312	JOSE RAMON LAGO CIVES	CLUB ATLETISMO NOIA	00:35:34	3:33	m	32	MASTER 2	11	NO	00:17:26
33	52	JACOBO CREGO FERNÁNDEZ	AXESTION	00:35:34	3:33	m	33	MASTER 1	6	NO	00:17:15
34	334	JOSECHO GONZÁLEZ REY	PRAIA DE CARNOTA RUNNERS	00:35:36	3:33	m	34	MASTER 2	12	NO	00:17:46
35	69	JUAN FRANCISCO FERNANDEZ LIJÓ	POR AMOR AL ARTE	00:35:53	3:35	m	35	MASTER 2	13	NO	00:17:33
36	302	SALVA RIAL CASTAÑO	TRIBU TRAIL	00:35:54	3:35	m	36	MASTER 1	7	NO	00:17:34
37	313	JUAN GARCIA FANDIÑO	CLUB TRIATLON COMPOSTELA	00:36:05	3:36	m	37	MASTER 2	14	NO	00:17:41
38	277	MARCOS CAMPOS LUEIRO	ATLETISMO NEGREIRA	00:36:09	3:36	m	38	MASTER 1	8	NO	00:17:33
39	364	MARCOS LADO PÉREZ		00:36:20	3:37	m	39	MASTER 2	15	NO	00:17:46
40	63	JOSE NAVARRO ANTON	S.D. BARBANTIA RODA	00:36:30	3:38	m	40	MASTER 2	16	2	00:17:29
41	40	RUBEN NÚÑEZ MOSTEIRO	C. A. CAMBADOS - SEGUROS	00:36:31	3:39	m	41	MASTER 1	9	NO	00:17:55
42	127	SANTIAGO FALCÓN PÉREZ	C. A. CAMBADOS - SEGUROS	00:36:34	3:39	m	42	MASTER 3	2	NO	00:17:54
43	150	FERNANDO OTERO LADO	TRIKI TEAM	00:36:38	3:39	m	43	SUB 18	5	NO	00:18:02
44	242	GERARDO CACHAFEIRO GARCÍA	SD COMPOSTELA ATLETISMO	00:36:41	3:40	m	44	SENIOR	11	NO	00:18:16
45	67	JOSE MANUEL NIETO GONZALEZ	CLUB ATLETISMO SAR	00:36:42	3:40	m	45	MASTER 2	17	NO	00:18:05
46	382	JOSE MANUEL VÁZQUEZ MATO	CLUB DEPORTIVO BRIÓN	00:36:47	3:40	m	46	MASTER 2	18	NO	00:18:10
47	83	MANUEL CANOURA ABEIJON	PONTETRAIL	00:36:48	3:40	m	47	MASTER 2	19	NO	00:17:33
48	131	CARLOS BUSTO LOBATO	CLUB ATLETISMO SAR	00:36:49	3:40	m	48	MASTER 3	3	NO	00:18:07
49	82	AVELINO CAAMAÑO NIETO	CLUB ATLETISMO SAR	00:36:50	3:40	m	49	MASTER 2	20	NO	00:18:09
50	234	JUAN JOSE CANCELO ALSONFO	CLUB DEPORTIVO BRIÓN	00:36:56	3:41	m	50	SENIOR	12	NO	00:18:09
51	4	ERNESTO BUCETA POUSO	NINGUNO	00:36:56	3:41	m	51	MASTER 3	4	NO	00:18:00
52	7	ERIC MARTÍNEZ IGLESIAS	NINGUNO	00:37:00	3:41	m	52	SENIOR	13	NO	00:18:26



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53	215	ALEJANDRO CREO SABORIDO	TRIATLÓN RIANXO	00:37:00	3:41	m	53	SENIOR	14	NO	00:18:24
54	78	JOSÉ MANUEL CALERO FERNANDEZ	ATLETISMO LOUSAME	00:37:01	3:42	m	54	MASTER 2	21	NO	00:18:09
55	375	JOSÉ LUIS GONZÁLEZ NÚÑEZ	INDEPENDIENTE	00:37:03	3:42	m	55	MASTER 2	22	NO	00:18:06
56	292	FRAN OVIEDO BOUZAS	CLUB ATLETISMO LOUSAME	00:37:08	3:42	m	56	MASTER 1	10	NO	00:18:18
57	174	MIGUEL IGLESIAS AMORES	ATLETISMO ARENTEIRO	00:37:09	3:42	m	57	SENIOR	15	NO	00:18:16
58	204	YAGO IGLESIAS TURNES	SD COMPOSTELA ATLETISMO	00:37:11	3:43	m	58	SUB 18	6	NO	00:18:13
59	303	OSCAR FERNANDEZ VAZQUEZ	TRIATLON INFORHOUSE	00:37:13	3:43	m	59	MASTER 1	11	NO	00:18:07
60	44	VICTOR LAIÑO SILVA	SAN MIGUEL DE MARIN	00:37:13	3:43	m	60	MASTER 1	12	NO	00:18:27
61	315	ALFONSO GONZALEZ ABION	TRIATLÓN RIANXO	00:37:14	3:43	m	61	MASTER 2	23	NO	00:18:11
62	325	GUILLERMO TUBIO	TRIATLÓN RIANXO	00:37:19	3:43	m	62	MASTER 2	24	NO	00:18:29
63	17	IVÁN SEGADÉ DAVILA	TRIATLÓN RIANXO	00:37:21	3:44	m	63	SENIOR	16	NO	00:18:45
64	379	CARLOS GONZALEZ SOBRADELO	CLUB TRIATLON RIANXO	00:37:25	3:44	m	64	MASTER 2	25	NO	00:18:38
65	98	ALBERTO VÁZQUEZ TUBIO	S.D. BARBANTIA RODA	00:37:28	3:44	m	65	MASTER 2	26	3	00:18:50
66	85	LUCAS POUSO VIDAL	C. A. CAMBADOS - SEGUROS	00:37:30	3:44	m	66	MASTER 2	27	NO	00:18:46
67	265	XABI AGRASO ALONSO	SAUDE SPORT	00:37:33	3:45	m	67	SENIOR	17	NO	00:18:28
68	263	MANUEL SUÁREZ RODRÍGUEZ	INDEPENDIENTE	00:37:40	3:45	m	68	SENIOR	18	NO	00:18:33
69	251	CAYETANO GARCIA BLANCO	SAUDE SPORT	00:37:51	3:47	m	69	SENIOR	19	NO	00:18:28
70	236	MANUEL MATO COUSO	ASOCIACIÓN DEPORTIVA	00:37:54	3:47	m	70	SENIOR	20	NO	00:18:47
71	296	JOSE RAMON LOJO	ARTROGAL TRI498	00:37:55	3:47	m	71	MASTER 1	13	NO	00:18:46
72	370	FERNANDO SIEIRA RIOS	CLUB TRIATLON RIANXO	00:37:57	3:47	m	72	MASTER 2	28	NO	00:18:36
73	209	MARTÍN CASAL MOURELOS	CLUB TRIATLON COMPOSTELA	00:37:57	3:47	m	73	SUB 23	2	NO	00:18:42
74	397	JUAN JOSE OTERO RAMA	TRIKI TEAM	00:38:02	3:48	m	74	MASTER 2	29	NO	00:18:26
75	30	PABLO HERMO VILLAR	CLUB ATLETISMO SAR	00:38:02	3:48	m	75	MASTER 1	14	NO	00:18:37
76	421	ALBERTO MARIÑO LAMEIRO	CLUB TRIATLON RIANXO	00:38:04	3:48	m	76	MASTER 2	30	NO	00:18:52
77	10	KEVIN ARMAS WALDOMAR	TRIATLÓN RIANXO	00:38:11	3:49	m	77	SENIOR	21	NO	00:18:45
78	19	RICARDO TORRESCUSA MOURIÑO	NINGUNO	00:38:11	3:49	m	78	SENIOR	22	NO	00:18:53



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79	378	MANUEL GÓMEZ GÓMEZ	PONTETRAIL	00:38:12	3:49	m	79	MASTER 2	31	NO	00:18:46
80	331	RAMÓN PIÑERO LAMAS	S.D. BARBANTIA RODA	00:38:15	3:49	m	80	MASTER 2	32	4	00:18:40
81	105	MANUEL COSTA CASTRO	CLUB ATLETISMO TAMBRE	00:38:20	3:49	m	81	MASTER 2	33	NO	00:18:46
82	126	JESUS GARCIA IGLESIAS	NINGUNO	00:38:25	3:50	m	82	MASTER 3	5	NO	00:18:50
83	259	MANUEL GONDAR FRANCISCO	INDEPENDIENTE	00:38:27	3:50	m	83	SENIOR	23	NO	00:19:22
84	293	ANDRES PEREZ MARTINEZ		00:38:27	3:50	m	84	MASTER 1	15	NO	00:19:00
85	298	IVAN CATOIRA DOPAZO	S. D. BARBANTIA RODA	00:38:28	3:50	m	85	MASTER 1	16	5	00:18:41
86	403	SEGUNDO NAVIA GIRALDEZ	TRIATLÓN VILAGARCIA	00:38:31	3:51	m	86	MASTER 2	34	NO	00:19:05
87	3	ROCIO ALVITE FERREIRO	CLUB ATLETISMO SAR	00:38:40	3:51	f	1	MASTER 2	1	NO	00:18:45
88	376	JUAN MAYO BALDERRABANO	PAVIMENTOS NOIA	00:38:45	3:52	m	87	MASTER 2	35	NO	00:18:58
89	398	JAVI DOSIL RIVAS		00:38:45	3:52	m	88	MASTER 2	36	NO	00:18:59
90	233	DANIEL SILVA BANDÍN	TRIATLÓN VILAGARCIA	00:38:49	3:52	m	89	SENIOR	24	NO	00:19:18
91	237	ROBERTO PÉREZ CASTRO	ASOCIACIÓN DEPORTIVA	00:38:49	3:52	m	90	SENIOR	25	NO	00:18:59
92	176	ARIANA GONZALEZ VERDE	S.A.TREGA-TOMIÑO	00:38:50	3:52	f	2	MASTER 1	1	NO	00:19:27
93	192	ÁLVARO CÉSAR VILA	CLUB ATLETISMO TAMBRE	00:38:56	3:53	m	91	MASTER 3	6	NO	00:19:17
94	264	LENNON ALMEIDA DOS SANTOS	SD COMPOSTELA ATLETISMO	00:38:57	3:53	m	92	SENIOR	26	NO	00:19:23
95	371	RUBEN PENAS GARCÍA	CLUB ATLETISMO TAMBRE	00:38:59	3:53	m	93	MASTER 2	37	NO	00:19:22
96	427	TOÑO VIDAL ARES	TRIATLÓN RIANXO	00:39:00	3:53	m	94	MASTER 3	7	6	00:19:07
97	102	MIGUEL ÁNGEL MARTÍNEZ NIETO	NINGUNO	00:39:01	3:54	m	95	MASTER 2	38	NO	00:18:51
98	31	SILVIA GARCÍA LORENZO	CLUB ATLETISMO SAR	00:39:03	3:54	f	3	MASTER 1	2	NO	00:18:58
99	297	ALEJANDRO DOVAL PÉREZ	INDEPENDIENTE	00:39:05	3:54	m	96	MASTER 1	17	NO	00:19:12
100	206	MANOEL MELLID LOSADA	AD NARÓN	00:39:05	3:54	m	97	SUB 20	1	NO	00:19:15
101	95	MANUEL FIGUEIRA PEREZ	CLUB ATLETISMO SAR	00:39:16	3:55	m	98	MASTER 2	39	NO	00:19:14
102	365	ANGEL GONZÁLEZ IGLESIAS	ATLETISMO PORRIÑO	00:39:16	3:55	m	99	MASTER 2	40	NO	00:19:12
103	408	NOLO ROMERO VAZQUEZ	INDEPENDIENTE	00:39:24	3:56	m	100	MASTER 2	41	7	00:19:21
104	348	FRANCISCO DE LA TORRE GARCIA	INDEPENDIENTE	00:39:27	3:56	m	101	MASTER 2	42	NO	00:19:37





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105	320	ALBERTO TOJO MOLEDO		00:39:29	3:56	m	102	MASTER 2	43	NO	00:19:28
106	369	MIGUEL ANGEL ARES RIAL	INDEPENDIENTE	00:39:30	3:56	m	103	MASTER 2	44	NO	00:19:20
107	318	RUBÉN VILA SIEIRA	EGOVARROS DE VIVEIRO	00:39:31	3:57	m	104	MASTER 2	45	8	00:18:29
108	238	FABIÁN GÓMEZ CES	BOXPLORER	00:39:33	3:57	m	105	SENIOR	27	NO	00:19:32
109	191	CESAR TABOADA MILLAN	CLUB ATLETISMO SAR	00:39:38	3:57	m	106	MASTER 3	8	NO	00:19:52
110	327	MARCOS TARRIO	CLUB ATLETISMO O PINO	00:39:42	3:58	m	107	MASTER 2	46	NO	00:19:52
111	80	BEATRIZ BARROSO PEREZ	CLUB ATLETISMO NOIA	00:39:43	3:58	f	4	MASTER 2	2	NO	00:19:40
112	57	LUIS MIGUEL PARADA GARCÍA	EL CANARIO	00:39:46	3:58	m	108	MASTER 2	47	NO	00:19:26
113	247	ADRIÁN FERNÁNDEZ GARCÍA	INDEPENDIENTE	00:39:47	3:58	m	109	SENIOR	28	NO	00:19:59
114	142	RAMIRO PÉREZ. PEREIRA	CLUB ATLETISMO SAR	00:39:59	3:59	m	110	MASTER 4	1	NO	00:19:40
115	415	FRANCISCO M. MÉNDEZ QUINTELA	SD COMPOSTELA ATLETISMO	00:40:05	4:00	m	111	MASTER 2	48	NO	00:20:09
116	77	RAMIRO REY AGRELO	ATLETISMO LOUSAME	00:40:10	4:00	m	112	MASTER 2	49	NO	00:19:38
117	451	DAVID PÉREZ SANTAMARÍA	CLUB ATLETISMO SAR	00:40:10	4:00	m	113	MASTER 3	9	NO	00:19:56
118	377	OSCAR AMADO FONSECA	OPA FERROL TEAM RUNNING	00:40:14	4:01	m	114	MASTER 2	50	NO	00:19:52
119	273	JOSÉ ANTONIO MARQUE RUIBAL	CDM VÉRTICE	00:40:17	4:01	m	115	MASTER 1	18	NO	00:19:40
120	356	ALBERTO MARTINEZ MANEIRO	INCOR AUTOVIDRIO	00:40:23	4:02	m	116	MASTER 2	51	NO	00:19:56
121	441	JESÚS BARRAL SÁNCHEZ		00:40:26	4:02	m	117	MASTER 3	10	NO	00:19:50
122	39	MARCOS GARCÍA SÓÑORA	NINGUNO	00:40:46	4:04	m	118	MASTER 1	19	NO	00:20:08
123	355	JORGE LOJO TRIÑANES		00:40:51	4:05	m	119	MASTER 2	52	9	00:21:19
124	400	CESAR COSTOYA PRADO		00:40:52	4:05	m	120	MASTER 2	53	NO	00:20:05
125	332	JOSÉ MANUEL CASÁS CASÁS	INDEPENDIENTE	00:40:53	4:05	m	121	MASTER 2	54	NO	00:20:30
126	368	QUIQUE TRIÑANES VIDAL		00:40:55	4:05	m	122	MASTER 2	55	NO	00:19:59
127	294	BORJA RODRIGUEZ OTERO	CLUB TRIATLON RIANXO	00:40:55	4:05	m	123	MASTER 1	20	NO	00:19:48
128	330	ABEL BARREIRO		00:40:57	4:05	m	124	MASTER 2	56	NO	00:19:59
129	353	ROBERTO CAMEAN	INCOR AUTOVIDRIO	00:40:57	4:05	m	125	MASTER 2	57	NO	00:20:34
130	46	RICARDO ROMAY RODRÍGUEZ	CLUB ATLETISMO SAR	00:40:59	4:05	m	126	MASTER 1	21	NO	00:20:11



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131	119	ELOY IGLESIAS CRISTOBO	CLUB ATLETISMO SAR	00:40:59	4:05	m	127	MASTER 3	11	NO	00:20:11
132	422	JUAN CARLOS VITURRO MARTINEZ	S.D. BARBANTIA RODA	00:41:00	4:05	m	128	MASTER 3	12	10	00:20:30
133	223	JOAQUIN SANGIOVANNI LORENZO	INDEPENDIENTE	00:41:06	4:06	m	129	SENIOR	29	NO	00:19:38
134	387	ROGER SUAREZ DOSIL		00:41:24	4:08	m	130	MASTER 2	58	NO	00:20:33
135	76	SERGIO SOTO BUCETA	C. A. CAMBADOS - SEGUROS	00:41:29	4:08	m	131	MASTER 2	59	NO	00:20:37
136	287	IVAN RODRIGUEZ BLANCO	INDEPENDIENTE	00:41:32	4:09	m	132	MASTER 1	22	11	00:20:49
137	12	JUAN FERNÁNDEZ ROSALES	POR AMOR AL ARTE	00:41:39	4:09	m	133	SENIOR	30	NO	00:20:24
138	416	RAMÓN NOYA ORDÓÑEZ		00:41:45	4:10	m	134	MASTER 2	60	NO	00:20:20
139	37	FRANCISCO JOSÉ CUENCA GARCIA	CLUB ATLETISMO O PINO	00:42:00	4:11	m	135	MASTER 1	23	NO	00:20:21
140	373	LUIS MIGUEZ MIGUEZ	CASTROSUA TRAIL RUNNING	00:42:03	4:12	m	136	MASTER 2	61	NO	00:20:18
141	207	MANUEL PÉREZ MOSQUERA	CLUBE DEPORTIVO DE ARZÚA	00:42:07	4:12	m	137	SUB 23	3	NO	00:21:13
142	361	AITOR IBÁÑEZ PEREIRO	CLUB NATACIÓN RIBEIRA	00:42:11	4:13	m	138	MASTER 2	62	NO	00:21:34
143	257	CAMILO FRAMIÑÁN LAMAZARES	GTR GALAICO TRAIL RUN	00:42:14	4:13	m	139	SENIOR	31	NO	00:19:39
144	461	MIGUEL DÍAZ CARBALLO		00:42:16	4:13	m	140	MASTER 3	13	NO	00:20:59
145	196	FRANCISCO JAVIER CEPEDA GACIO	NOITEBRA FC	00:42:21	4:14	m	141	MASTER 4	2	NO	00:21:07
146	319	RAFAEL HERNÁNDEZ NAVEIRO RAFAEL	S D BARBANTIA RODA	00:42:24	4:14	m	142	MASTER 2	63	12	00:21:07
147	310	ISMAEL GIL FERNANDEZ	S.D. BARBANTIA RODA	00:42:24	4:14	m	143	MASTER 2	64	13	00:21:07
148	21	ELENA VERES OJEA	SD COMPOSTELA ATLETISMO	00:42:25	4:14	f	5	SENIOR	1	NO	00:20:46
149	321	ALBERTO FIGUEIRAS VICENTE	C.A.CAMBADOS-SEGUROS	00:42:25	4:14	m	144	MASTER 2	65	NO	00:20:46
150	346	MANUEL CASTIÑEIRAS PORTOS	SD COMPOSTELA ATLETISMO	00:42:30	4:14	m	145	MASTER 2	66	NO	00:20:46
151	446	JUAN JOSE MARIÑO DIESTE	OS AFORCADOS MTB	00:42:32	4:15	m	146	MASTER 3	14	14	00:21:00
152	281	JULIO FERNÁNDEZ DEVESA	TRIATLONPOIO	00:42:42	4:16	m	147	MASTER 1	24	NO	00:20:29
153	15	IVÁN LÓPEZ OUJO	POR AMOR AL ARTE	00:42:43	4:16	m	148	SENIOR	32	NO	00:21:20
154	326	JESUS MANUEL OLIVEIRA CASAS	INDEPENDIENTE	00:42:44	4:16	m	149	MASTER 2	67	15	00:20:45
155	405	JUAN RIVAS ALENDE	NOITEBRA FC	00:42:45	4:16	m	150	MASTER 2	68	NO	00:21:02
156	91	JOSÉ RAMÓN SANTOS SANTAMARIA	NINGUNO	00:42:48	4:16	m	151	MASTER 2	69	NO	00:21:09



# XVII CARREIRA POPULAR MAR DE BOIRO

## CLASIFICACIÓN OFICIAL - ABSOLUTA



PT	DO	NOMBRE	CLUB	T.OFICI	RITM	SE	P.SE	CAT	P.CA	P.LOC	T.
157	358	ROI MANOEL GARCÍA FUENTES	SD COMPOSTELA ATLETISMO	00:42:48	4:16	m	152	MASTER 2	70	NO	00:21:14
158	407	ESTEBAN SUEIRO IGLESIAS		00:42:50	4:16	m	153	MASTER 2	71	NO	00:21:56
159	220	ERNESTO TRIÑANES MARTINEZ	INDEPENDIENTE	00:42:53	4:17	m	154	SENIOR	33	16	00:21:43
160	343	MANUEL TRIGO BAO	INDEPENDIENTE	00:42:58	4:17	m	155	MASTER 2	72	NO	00:21:08
161	333	MARCOS FONTANS SEBE	INDEPENDIENTE	00:42:59	4:17	m	156	MASTER 2	73	NO	00:21:25
162	309	DIEGO BELLO GRAIÑO	INDEPENDIENTE	00:43:00	4:17	m	157	MASTER 1	25	NO	00:21:30
163	345	DIONISIO MUÑIZ GONZALEZ	C. A. CAMBADOS - SEGUROS	00:43:02	4:18	m	158	MASTER 2	74	NO	00:22:15
164	90	ALBERTO AGÍS GRAÑA	C. A. CAMBADOS - SEGUROS	00:43:03	4:18	m	159	MASTER 2	75	NO	00:22:24
165	147	ALEJANDRA FORMOSO RECREY	NINGUNO	00:43:03	4:18	f	6	SUB 18	1	NO	00:20:46
166	338	DANIEL ALONSO BARGIELA		00:43:11	4:19	m	160	MASTER 2	76	NO	00:21:49
167	464	JULIO VÁZQUEZ PEDREIRA		00:43:12	4:19	m	161	MASTER 3	15	NO	00:21:19
168	465	CHEMA DOMINGUEZ PIÑEIRO	INDEPENDIENTE	00:43:14	4:19	m	162	MASTER 3	16	17	00:21:32
169	462	SANTI GALBAN LESENDE	INDEPENDIENTE	00:43:16	4:19	m	163	MASTER 3	17	NO	00:20:50
170	457	FRANCISCO JAVIER BLANCO PIAS	OS RAPOSOS	00:43:22	4:20	m	164	MASTER 3	18	NO	00:21:25
171	417	DANIEL LAREO CREO	TRIBU TRAIL	00:43:22	4:20	m	165	MASTER 2	77	NO	00:21:28
172	272	VÍCTOR DIEGO GARCÍA REY	INDEPENDIENTE	00:43:23	4:20	m	166	MASTER 1	26	NO	00:21:08
173	311	ELENA MATALOBOS REDONDO	CLUB BARBANTIA RODA	00:43:27	4:20	f	7	MASTER 2	3	1	00:21:32
174	336	EDGAR MANUEL LÓPEZ BALEIÓN	S. D. BARBANTIA RODA	00:43:27	4:20	m	167	MASTER 2	78	18	00:21:32
175	197	JAIME RIVAS POSSE	VINCIT FISIOTERAPIA NOIA	00:43:28	4:20	m	168	MASTER 4	3	NO	00:21:31
176	187	JUAN JOSE ALVARELLOS BARREIRO	SD COMPOSTELA ATLETISMO	00:43:29	4:20	m	169	MASTER 2	79	NO	00:22:22
177	2	AMADOR PENA TORREIRA	SD COMPOSTELA ATLETISMO	00:43:30	4:20	m	170	MASTER 2	80	NO	00:22:22
178	419	PABLO SENDÍN RAÑA	ATLETISMO PORRIÑO	00:43:32	4:21	m	171	MASTER 2	81	NO	00:21:41
179	344	ÁLVARO PEREIRAS COUTO	PEREIRAS CONGELADOS	00:43:35	4:21	m	172	MASTER 2	82	NO	00:21:07
180	201	MARIO INSUA MUÑIZ	CAC JAP NOVAL CAMBADOS	00:43:36	4:21	m	173	SUB 18	7	NO	00:22:03
181	186	CARLOS FERNANDEZ ALVAREZ	S.A.TREGA-TOMIÑO	00:43:49	4:22	m	174	MASTER 2	83	NO	00:22:01
182	180	HUMBERTO AGEITOS GUDE	NATACIÓN RIBEIRA	00:43:50	4:22	m	175	MASTER 2	84	NO	00:21:34



# XVII CARREIRA POPULAR MAR DE BOIRO

## CLASIFICACIÓN OFICIAL - ABSOLUTA



PT	DO	NOMBRE	CLUB	T.OFICI	RITM	SE	P.SE	CAT	P.CA	P.LOC	T.
183	469	MAXIMINO LIMÉNS PRADO		00:43:51	4:23	m	176	MASTER 4	4	NO	00:21:53
184	413	LAUREANO VARELA ALVAREZ	SD COMPOSTELA ATLETISMO	00:43:52	4:23	m	177	MASTER 2	85	NO	00:21:25
185	72	NATALIA LORENZO PÉREZ	NOITEBRA FC	00:43:52	4:23	f	8	MASTER 2	4	NO	
186	392	FRANCISCO JOSÉ IGLESIAS VILA	TABOADELA RUNNING	00:43:52	4:23	m	178	MASTER 2	86	NO	00:22:07
187	219	DANIEL TORRADO MAYÁN	INDEPENDIENTE	00:43:53	4:23	m	179	SENIOR	34	19	00:22:20
188	363	VICENTE JAVIER MIGUÉNS SÁNCHEZ	INDEPENDIENTE	00:43:54	4:23	m	180	MASTER 2	87	20	00:22:15
189	381	ROBERTO CARLOS ESPINOSO VIDE	TABOADELA RUNNING	00:43:54	4:23	m	181	MASTER 2	88	NO	00:22:08
190	231	MARTA FERNANDEZ DIAZ	CLUB ATLETISMO RIBADEO	00:43:56	4:23	f	9	SENIOR	2	NO	00:21:58
191	89	BENITO PIÑEIRO ABEIJON	NINGUNO	00:43:59	4:23	m	182	MASTER 2	89	NO	00:22:27
192	291	CARLOS DAVID FERNÁNDEZ BRAVO	INDEPENDIENTE	00:44:01	4:24	m	183	MASTER 1	27	NO	00:22:23
193	70	MARIA TARRIO MARTÍNEZ	SD COMPOSTELA ATLETISMO	00:44:02	4:24	f	10	MASTER 2	5	NO	00:22:22
194	267	ZORAIDA LOJO ABANQUEIRO	S.D. BARBANTIA RODA	00:44:05	4:24	f	11	MASTER 1	3	2	00:22:24
195	227	ISMAEL VAZQUEZ	INDEPENDIENTE	00:44:07	4:24	m	184	SENIOR	35	NO	00:21:36
196	68	ELENA MIGUENS OTERO	CLUB ATLETISMO SAR	00:44:10	4:24	f	12	MASTER 2	6	NO	00:21:43
197	460	JOSE CARLOS RIOL CAÑEDO		00:44:14	4:25	m	185	MASTER 3	19	NO	00:22:24
198	286	PABLO FERNANDEZ BREA		00:44:15	4:25	m	186	MASTER 1	28	NO	00:22:22
199	362	MARCELINO ÁLVAREZ GONZÁLEZ	TRIATLÓN RIANXO	00:44:20	4:25	m	187	MASTER 2	90	21	00:22:21
200	423	CLAUDIO ÁLVAREZ AYUSO	INDEPENDIENTE	00:44:20	4:25	m	188	MASTER 3	20	NO	00:22:24
201	317	JESUS SANCHEZ DURO	INDEPENDIENTE	00:44:21	4:26	m	189	MASTER 2	91	NO	00:21:57
202	316	CRISTINA CARRIL BOO	CLUB ATLETISMO O PINO	00:44:21	4:26	f	13	MASTER 2	7	NO	00:21:56
203	284	SEBASTIAN MUNIN FRAGA	CASTROSUA TRAIL RUNNING	00:44:23	4:26	m	190	MASTER 1	29	NO	00:21:21
204	224	JAVIER DOMÍNGUEZ NEGREIRA	INDEPENDIENTE	00:44:25	4:26	m	191	SENIOR	36	NO	00:22:10
205	114	ANGEL CONDE PEREIRA	NINGUNO	00:44:25	4:26	m	192	MASTER 3	21	NO	00:22:24
206	337	JAVIER MONTANÉ LÓPEZ		00:44:26	4:26	m	193	MASTER 2	92	22	00:22:19
207	388	JAVIER GONZALEZ GARCIA	TARTARUGAS	00:44:27	4:26	m	194	MASTER 2	93	NO	00:21:46
208	125	MERCEDES BLANCO AMBOAGE	NINGUNO	00:44:32	4:27	f	14	MASTER 3	1	NO	00:21:58





# XVII CARREIRA POPULAR MAR DE BOIRO

## CLASIFICACIÓN OFICIAL - ABSOLUTA



PT	DO	NOMBRE	CLUB	T.OFICI	RITM	SE	P.SE	CAT	P.CA	P.LOC	T.
209	299	ROBERTO NIETO COBAS	INDEPENDIENTE	00:44:39	4:27	m	195	MASTER 1	30	NO	00:21:59
210	81	JOSÉ BUJÁN GONZÁLEZ	CAO (CLUBE ATLETISMO	00:44:51	4:29	m	196	MASTER 2	94	NO	00:22:26
211	475	JOSÉ MANUEL PIÑEIRO BECERRA	OS AFORCADOS MTB	00:44:52	4:29	m	197	MASTER 4	5	NO	00:21:52
212	97	EMILIO SABORIDO FERNANDEZ	S.D. BARBANTIA RODA	00:44:52	4:29	m	198	MASTER 2	95	NO	00:22:24
213	55	JESÚS MANUEL SAMPEDRO QUEIRUGA	EL CANARIO	00:44:53	4:29	m	199	MASTER 2	96	NO	00:22:31
214	121	LUIS MARIANO SABORIDO FERNANDEZ	S.D. BARBANTIA RODA	00:44:58	4:29	m	200	MASTER 3	22	NO	00:22:29
215	409	ALEJANDRO JOSÉ CASTRO ROMÁN	INDEPENDIENTE	00:45:01	4:30	m	201	MASTER 2	97	NO	00:21:46
216	182	ÁNGEL RAMÓN CARIÑO FANDIÑO	TRIBU TRAIL	00:45:15	4:31	m	202	MASTER 2	98	NO	00:22:30
217	71	BENI FIDALGO GONZALEZ	NINGUNO	00:45:18	4:31	m	203	MASTER 2	99	NO	00:22:39
218	420	MODESTO DUARTE SOUTO		00:45:25	4:32	m	204	MASTER 2	100	NO	00:21:29
219	411	JOSELO TUBIO MARTÍNEZ	CLUB ATLETISMO NOIA	00:45:29	4:32	m	205	MASTER 2	101	NO	00:22:37
220	391	JUANJO CIMADEVILLA	EL CANARIO	00:45:33	4:33	m	206	MASTER 2	102	NO	00:22:44
221	149	ARARAT PAZOS MEIXUS	SAN MIGUEL DE MARIN	00:45:34	4:33	f	15	SUB 18	2	NO	00:21:50
222	406	EVA DE LA FUENTE IGLESIAS		00:45:36	4:33	f	16	MASTER 2	8	NO	00:21:57
223	100	DANIEL RAMA GARCÍA	NINGUNO	00:45:39	4:33	m	207	MASTER 2	103	NO	00:22:27
224	350	FRANCISCO MARÍN	TRIATLÓN VILAGARCIA	00:45:41	4:34	m	208	MASTER 2	104	NO	00:22:53
225	179	VÍCTOR CASTROGUDÍN RODRÍGUEZ	C. A. CAMBADOS - SEGUROS	00:45:46	4:34	m	209	MASTER 1	31	NO	00:22:25
226	42	BASILIO CAMIÑA	C. A. CAMBADOS - SEGUROS	00:45:47	4:34	m	210	MASTER 1	32	NO	00:22:25
227	99	HÉCTOR JOSÉ SANISIDRO CALO	NINGUNO	00:45:48	4:34	m	211	MASTER 2	105	NO	00:22:31
228	439	XOSE MANUEL BURES MIGUENS	TRIBU TRAIL	00:45:49	4:34	m	212	MASTER 3	23	23	00:22:39
229	86	LORETO SAMBADE LESTÓN	TRIKI TEAM	00:45:52	4:35	f	17	MASTER 2	9	NO	00:22:43
230	243	MIRIAN TRIGO CASTRO	C. A. CAMBADOS - SEGUROS	00:45:53	4:35	f	18	SENIOR	3	NO	00:22:37
231	113	CLAUDIO VERA SANMARTIN	C. A. CAMBADOS - SEGUROS	00:45:53	4:35	m	213	MASTER 3	24	NO	00:22:37
232	239	SERGIO RODRÍGUEZ IGLESIAS	INDEPENDIENTE	00:46:03	4:36	m	214	SENIOR	37	NO	00:22:01
233	27	CLARA MARÍA MILLARES SIEIRA	EL CANARIO	00:46:08	4:36	f	19	MASTER 1	4	NO	00:22:43
234	53	ISRAEL BENÍTEZ SOMOZA	EL CANARIO	00:46:09	4:36	m	215	MASTER 2	106	NO	00:22:43



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# XVII CARREIRA POPULAR MAR DE BOIRO

## CLASIFICACIÓN OFICIAL - ABSOLUTA



PT	DO	NOMBRE	CLUB	T.OFICI	RITM	SE	P.SE	CAT	P.CA	P.LOC	T.
235	340	DAVID MUÑIZ DIOS	ARTROGAL TRI 498	00:46:22	4:38	m	216	MASTER 2	107	NO	00:22:58
236	108	EDUARDO SÁNCHEZ MOSTEIRO	NINGUNO	00:46:34	4:39	m	217	MASTER 2	108	NO	00:23:45
237	258	AMALIO FRAMIÑÁN LAMAZARES	CLUB ATLETISMO SANTIAGO	00:46:39	4:39	m	218	SENIOR	38	NO	00:22:36
238	276	JOSE LUIS RODRIGUEZ CALO	INDEPENDIENTE	00:46:44	4:40	m	219	MASTER 1	33	24	00:23:50
239	463	IÑAKI PEREZ		00:46:46	4:40	m	220	MASTER 3	25	25	00:22:50
240	128	ANGEL PEREZ SUSAVILA	NINGUNO	00:46:48	4:40	m	221	MASTER 3	26	NO	00:23:01
241	203	ANDREA GÓMEZ TUBIO	INDEPENDIENTE	00:46:49	4:40	f	20	SUB 18	3	NO	00:22:36
242	109	ALFONSO RODRIGUEZ FRAMIL	NOITEBRA FC	00:46:54	4:41	m	222	MASTER 2	109	NO	00:22:06
243	435	JOSÉ RAMÓN ABEL SUÁREZ	NOITEBRA FC	00:46:54	4:41	m	223	MASTER 3	27	NO	00:22:06
244	305	CAMILO GARCÍA VAAMONDE		00:46:56	4:41	m	224	MASTER 1	34	NO	00:23:59
245	434	ENRIQUE FERRO PISOS		00:46:56	4:41	m	225	MASTER 3	28	NO	00:23:05
246	380	CARLOS DE NOVOA GOMEZ		00:47:03	4:42	m	226	MASTER 2	110	NO	00:23:44
247	341	PEDRO DOMENECH GONZÁLEZ	INDEPENDIENTE	00:47:06	4:42	m	227	MASTER 2	111	NO	00:23:17
248	188	JOSÉ LUIS PANIAGUA FERNÁNDEZ	CLUB ATLETISMO FONTES DO	00:47:08	4:42	m	228	MASTER 2	112	NO	00:24:07
249	246	DIEGO FERNÁNDEZ GARCÍA	INDEPENDIENTE	00:47:09	4:42	m	229	SENIOR	39	NO	00:23:44
250	290	SUSANA NIETO PAZOS		00:47:10	4:42	f	21	MASTER 1	5	NO	00:23:17
251	440	JOSE MANUEL VALIÑO CEREIJO	INDEPENDIENTE	00:47:12	4:43	m	230	MASTER 3	29	NO	00:23:14
252	466	JOSE CARLOS LOPEZ OUTEIRAL	SD BARBANTIA RODA	00:47:14	4:43	m	231	MASTER 3	30	26	00:22:55
253	275	MANUEL BASOA RODRIGUEZ	ESCOLA DE ATLETISMO PAULA	00:47:21	4:44	m	232	MASTER 1	35	NO	00:23:30
254	472	JOSÉ POUSO MANEIRO	INDEPENDIENTE	00:47:22	4:44	m	233	MASTER 4	6	NO	00:24:02
255	450	JOSE FERREIRÓS FERNÁNDEZ	TARTARUGAS	00:47:23	4:44	m	234	MASTER 3	31	NO	00:23:44
256	394	JOSE MANUEL PEDROSA MAYO	PONTE TRAIL	00:47:27	4:44	m	235	MASTER 2	113	NO	00:23:50
257	295	OLALLA DURO LIÑARES	PONTE TRAIL	00:47:27	4:44	f	22	MASTER 1	6	NO	00:23:50
258	448	TALAO FERNÁNDEZ INSUA	HAI QUE SER LEGALES	00:47:28	4:44	m	236	MASTER 3	32	NO	00:23:45
259	212	ALDARA BETANZOS FREIRE	INDEPENDIENTE	00:47:31	4:45	f	23	SENIOR	4	NO	00:23:58
260	372	JOSE MANUEL MALLO NIEVES	TARTARUGAS	00:47:34	4:45	m	237	MASTER 2	114	NO	00:23:44



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# XVII CARREIRA POPULAR MAR DE BOIRO

## CLASIFICACIÓN OFICIAL - ABSOLUTA



PT	DO	NOMBRE	CLUB	T.OFICI	RITM	SE	P.SE	CAT	P.CA	P.LOC	T.
261	255	FRANCISCO SANTOS ROJAS	INDEPENDIENTE	00:47:37	4:45	m	238	SENIOR	40	27	00:22:39
262	429	ROCIO DIAZ MESA	CUB ATLETISMO RIBADEO	00:47:40	4:45	f	24	MASTER 3	2	NO	00:23:27
263	430	EMILIO FERNANDEZ RODRIGUEZ	CLUB ATLETISMO RIBADEO	00:47:40	4:45	m	239	MASTER 3	33	NO	00:23:26
264	399	JUAN MANUEL FERNÁNDEZ RIVEIRO	INDEPENDIENTE	00:47:47	4:46	m	240	MASTER 2	115	28	00:24:10
265	248	IVÁN NINE SIEIRA	INDEPENDIENTE	00:47:55	4:47	m	241	SENIOR	41	29	00:24:39
266	250	PABLO VAZQUEZ GARCIA		00:47:55	4:47	m	242	SENIOR	42	NO	00:24:38
267	452	JOSE GOMEZ VIAÑO	INDEPENDIENTE	00:47:58	4:47	m	243	MASTER 3	34	NO	00:23:50
268	143	TOBÍAS BETANZOS REGO	NINGUNO	00:47:58	4:47	m	244	MASTER 4	7	NO	00:23:59
269	436	JOSE ANTONIO GIL BREA	NOITEBRA FC	00:48:01	4:48	m	245	MASTER 3	35	NO	00:24:13
270	476	JOSE MANUEL ALBORES DIAZ	CLUB ATLETISMO NOIA	00:48:21	4:50	m	246	MASTER 4	8	NO	00:23:35
271	458	MANUEL LAGO MOLEDO	CLUB ATLETISMO OUTES	00:48:21	4:50	m	247	MASTER 3	36	NO	00:23:48
272	306	ELISA BOULLOSA BERNÁRDEZ	INDEPENDIENTE	00:48:25	4:50	f	25	MASTER 1	7	NO	00:24:18
273	307	CARLOS BUSTELO CATOIRA	TRIATLÓN VILAGARCIA	00:48:26	4:50	m	248	MASTER 1	36	NO	00:24:18
274	58	MARÍA TERESA CIMADEVILLA CRUJEIRAS	EL CANARIO	00:48:26	4:50	f	26	MASTER 2	10	NO	00:24:19
275	473	JAVIER ACOSTA CRESPO	TRIATLÓN VILAGARCIA	00:48:26	4:50	m	249	MASTER 4	9	NO	00:24:31
276	479	JOSE PENA FRANCO	INDEPENDIENTE	00:48:29	4:50	m	250	MASTER 4	10	NO	00:24:31
277	432	JOSÉ PAULOS LOBATO	GALITAR	00:48:31	4:51	m	251	MASTER 3	37	NO	00:24:19
278	222	BRAIS PÉREZ FERNÁNDEZ	INDEPENDIENTE	00:48:31	4:51	m	252	SENIOR	43	NO	00:23:34
279	278	JUAN RAMÓN CASTAÑO BRIONES		00:48:45	4:52	m	253	MASTER 1	37	30	00:24:22
280	300	NOA SILVA ROMERO	AGENCIA MORLA	00:48:47	4:52	f	27	MASTER 1	8	NO	00:24:17
281	484	ÓSCAR PÉREZ LORENZO	SAN MIGUEL DE MARIN	00:48:52	4:53	m	254	MASTER 2	116	31	00:23:57
282	112	MADA GARCÍA ABALO	CAO (CLUBE ATLETISMO	00:48:52	4:53	f	28	MASTER 3	3	NO	00:23:57
283	221	JOSE MANUEL HERMO SANCHEZ	INDEPENDIENTE	00:49:01	4:54	m	255	SENIOR	44	32	00:24:09
284	279	MANUEL LÓPEZ NIEVES	INDEPENDIENTE	00:49:12	4:55	m	256	MASTER 1	38	NO	00:24:57
285	474	SANTIAGO HERMO MARIÑO	INDEPENDIENTE	00:49:17	4:55	m	257	MASTER 4	11	NO	00:24:17
286	232	NURIA MEJUTO	SD COMPOSTELA ATLETISMO	00:49:17	4:55	f	29	SENIOR	5	NO	00:23:55



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# XVII CARREIRA POPULAR MAR DE BOIRO

## CLASIFICACIÓN OFICIAL - ABSOLUTA



PT	DO	NOMBRE	CLUB	T.OFICI	RITM	SE	P.SE	CAT	P.CA	P.LOC	T.
287	367	MONTERRAT FERRACES VAZQUEZ		00:49:23	4:56	f	30	MASTER 2	11	NO	00:24:19
288	477	MONCHO FERRACES VAZQUEZ	CLUBE ATLETISMO BOIMORTO	00:49:24	4:56	m	258	MASTER 4	12	NO	00:24:19
289	225	TAMARA RODRIGUEZ BERMUDEZ	INDEPENDIENTE	00:49:24	4:56	f	31	SENIOR	6	NO	00:25:03
290	282	ANXO FERRACES FRANCO	INDEPENDIENTE	00:49:26	4:56	m	259	MASTER 1	39	NO	00:24:18
291	194	TOMÁS DIESTE FERNÁNDEZ	NINGUNO	00:49:26	4:56	m	260	MASTER 4	13	NO	00:23:35
292	226	CARLOS MIGUEL CASO BERNABE	SD BARBANTIA RODA	00:49:28	4:56	m	261	SENIOR	45	NO	00:24:02
293	384	JOSÉ MANUEL PARDAL ROMERO		00:49:29	4:56	m	262	MASTER 2	117	NO	00:24:22
294	240	ALBA PÉREZ FERNÁNDEZ		00:49:31	4:57	f	32	SENIOR	7	3	00:24:25
295	393	CANDI RIVAS TOMÉ	INDEPENDIENTE	00:49:36	4:57	m	263	MASTER 2	118	33	00:24:52
296	135	JESÚS PÉREZ GARCÍA	C. A. CAMBADOS - SEGUROS	00:49:40	4:57	m	264	MASTER 4	14	NO	00:25:00
297	228	CARLA GONZÁLEZ BARGO	CAO (CLUBE ATLETISMO	00:49:46	4:58	f	33	SENIOR	8	NO	00:24:31
298	216	ÓLIVER JESÚS BELLÓN NEGREIRA	INDEPENDIENTE	00:49:54	4:59	m	265	SENIOR	46	NO	00:24:25
299	404	JORGE OTERO MARTÍNEZ	INDEPENDIENTE	00:50:05	5:00	m	266	MASTER 2	119	NO	00:25:40
300	322	PATRICIA RODRIGUEZ CALO	INDEPENDIENTE	00:50:05	5:00	f	34	MASTER 2	12	4	00:24:36
301	433	JESÚS NÚÑEZ MERA		00:50:05	5:00	m	267	MASTER 3	38	NO	00:24:43
302	449	RAFAEL PÉREZ GARCÍA	S. D. BARBANTIA RODA	00:50:09	5:00	m	268	MASTER 3	39	34	00:24:58
303	283	ANTONIO TRONCOSO MAQUIEIRA	INDEPENDIENTE	00:50:11	5:01	m	269	MASTER 1	40	NO	00:24:30
304	181	PABLO FERNANDEZ VILLAMARIN	NINGUNO	00:50:13	5:01	m	270	MASTER 2	120	NO	00:24:49
305	269	ERICA FERNÁNDEZ PASCUAL		00:50:13	5:01	f	35	MASTER 1	9	NO	00:24:30
306	347	SUSANA MIGUEZ SAMPEDRO		00:50:19	5:01	f	36	MASTER 2	13	NO	00:25:12
307	229	ABEL SÁNCHEZ PIÑEIRO	INDEPENDIENTE	00:50:25	5:02	m	271	SENIOR	47	35	00:24:43
308	214	DAVID HERMO MARTINEZ	TRIATLÓN RIANXO	00:50:37	5:03	m	272	SENIOR	48	NO	00:22:38
309	195	JOSE MATIAS REGUEIRA BOO	NINGUNO	00:50:41	5:04	m	273	MASTER 4	15	NO	00:24:14
310	87	JULIÁN RAMOS ARCOS	TRIKI TEAM	00:50:45	5:04	m	274	MASTER 2	121	NO	00:24:24
311	122	JOAQUIN FERNANDEZ MARTINEZ	NINGUNO	00:50:54	5:05	m	275	MASTER 3	40	NO	00:25:07
312	14	NOELIA LOJO LÓPEZ	S.D. BARBANTIA RODA	00:51:03	5:06	f	37	SENIOR	9	5	00:24:48





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313	478	JOSE RIOS VAZQUEZ	INDEPENDIENTE	00:51:09	5:06	m	276	MASTER 4	16	36	00:25:21
314	193	JESÚS PÉREZ BALIRAC	NOITEBRA FC	00:51:14	5:07	m	277	MASTER 3	41	NO	00:25:32
315	455	JOSE LUIS MARTINEZ ROMERO	INDEPENDIENTE	00:51:19	5:07	m	278	MASTER 3	42	NO	00:24:58
316	360	LUPE SANTOS LAMPON	FLOW PILATES & TRAINING	00:51:19	5:07	f	38	MASTER 2	14	NO	00:25:20
317	428	CÁNDIDO JESÚS MÍGUEZ GARCÍA	INDEPENDIENTE	00:51:27	5:08	m	279	MASTER 3	43	NO	00:25:27
318	59	FERNANDO CACERES GIL	NINGUNO	00:51:41	5:10	m	280	MASTER 2	122	NO	00:25:20
319	140	JOSÉ RIAL PAIS	CAO (CLUBE ATLETISMO	00:51:41	5:10	m	281	MASTER 4	17	NO	00:25:37
320	29	RICARDO RIAL	A.C. A ESTORNELA	00:51:46	5:10	m	282	MASTER 1	41	NO	00:25:36
321	60	JOSÉ JOAQUÍN DIOS MARTÍNEZ	EL CANARIO	00:52:04	5:12	m	283	MASTER 2	123	NO	00:26:44
322	38	DIEGO GARCIA LORENZO	CLUB ATLETISMO FONTES DO	00:52:10	5:12	m	284	MASTER 1	42	NO	00:25:41
323	252	OSCAR ROMERO LAGO	INDEPENDIENTE	00:52:14	5:13	m	285	SENIOR	49	NO	00:25:35
324	447	JUAN CARLOS MUÑIZ ABUIN	INDEPENDIENTE	00:52:21	5:14	m	286	MASTER 3	44	37	00:26:18
325	470	RAMÓN GUNDIÁN MARQUE MILLÁN	INDEPENDIENTE	00:52:21	5:14	m	287	MASTER 4	18	NO	00:24:35
326	418	JESUS ANGEL CORRALES CASTRO	RUNNING OLEIROS	00:52:36	5:15	m	288	MASTER 2	124	NO	00:25:35
327	274	MARÍA ALEJANDRA MATOSIAN CARRERA	INDEPENDIENTE	00:52:43	5:16	f	39	MASTER 1	10	6	00:25:39
328	116	HERMINIO CAAMAÑO RIVEIRO	CAO (CLUBE ATLETISMO	00:53:20	5:19	m	289	MASTER 3	45	NO	00:26:24
329	270	RUBÉN VÁZQUEZ GARCÍA		00:53:37	5:21	m	290	MASTER 1	43	NO	00:26:23
330	218	PABLO FRAGA ADRAN	CANSOS DE IR A PE	00:53:38	5:21	m	291	SENIOR	50	NO	00:26:23
331	208	VANESSA JUNCAL SANJURJO	CLUB ATLETISMO SANTIAGO	00:53:45	5:22	f	40	SUB 23	1	NO	00:26:46
332	324	FERNANDO SABIN GALÁN		00:53:47	5:22	m	292	MASTER 2	125	NO	00:27:03
333	468	MARI PIÑEIRO ESPERANTE	INDEPENDIENTE	00:53:53	5:23	f	41	MASTER 3	4	NO	00:26:23
334	389	FERNANDO REY ALBARELLOS	INDEPENDIENTE	00:54:29	5:26	m	293	MASTER 2	126	NO	00:27:08
335	390	MARÍA MAROÑAS	INDEPENDIENTE	00:54:30	5:26	f	42	MASTER 2	15	NO	00:27:08
336	354	MARCOS LOJO TRIÑANES		00:54:36	5:27	m	294	MASTER 2	127	38	00:27:08
337	271	ALEJANDRO GONZÁLEZ BARREIRO		00:55:13	5:31	m	295	MASTER 1	44	NO	00:27:19
338	426	ÁNGELES SALMONTE VARELA	CLUB ATLETISMO O PINO	00:55:21	5:32	f	43	MASTER 3	5	NO	00:27:09



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339	471	CARLOS PAMPÍN BOADO	CLUB DEPORTIVO PINARIUM	00:55:23	5:32	m	296	MASTER 4	19	NO	00:27:39
340	410	FÁTIMA PÉREZ GARCÍA	INDEPENDIENTE	00:55:23	5:32	f	44	MASTER 2	16	7	00:27:14
341	453	MARIANA BLANCO MARIÑO	INDEPENDIENTE	00:55:25	5:32	f	45	MASTER 3	6	8	00:27:40
342	328	CLAUDIA CASO BERNABE	INDEPENDIENTE	00:55:26	5:32	f	46	MASTER 2	17	9	00:27:12
343	445	RICARDO VÁZQUEZ REGUEIRO	S.D. BARBANTIA RODA	00:55:35	5:33	m	297	MASTER 3	46	39	00:27:19
344	481	DANIEL ÁNGEL OTERO CEPEDA	INDEPENDIENTE	00:55:37	5:33	m	298	MASTER 4	20	NO	00:27:17
345	444	MARIA FERNANDEZ PIÑEIRO		00:55:55	5:35	f	47	MASTER 3	7	NO	00:26:59
346	442	CARLOS GONZALEZ REINO	CLUB ATLETISMO NOIA	00:55:56	5:35	m	299	MASTER 3	47	NO	00:26:58
347	443	TONO FERNANDEZ PIÑEIRO		00:55:56	5:35	m	300	MASTER 3	48	NO	00:26:59
348	136	GUADALUPE VILAR SEREN	C. A. CAMBADOS - SEGUROS	00:56:02	5:36	f	48	MASTER 4	1	NO	00:27:33
349	339	MANUEL RAMÓN LEÓN LÓPEZ		00:56:04	5:36	m	301	MASTER 2	128	40	00:29:49
350	402	VANESA MOUTA GONZALEZ	C. A. CAMBADOS - SEGUROS	00:56:28	5:38	f	49	MASTER 2	18	NO	00:27:48
351	414	MAURO EMILIANO FERRARA	INDEPENDIENTE	00:56:55	5:41	m	302	MASTER 2	129	NO	00:27:18
352	438	MALENA AMIGO FERREIRO	SD COMPOSTELA ATLETISMO	00:57:15	5:43	f	50	MASTER 3	8	NO	00:28:17
353	459	ANA ABEIJÓN FERNANDEZ		00:57:16	5:43	f	51	MASTER 3	9	NO	00:27:30
354	437	JESUS LOPEZ OUTEIRAL		00:58:38	5:51	m	303	MASTER 3	49	41	00:28:02
355	301	SANDRA CANEDA BESADA	C. A. CAMBADOS - SEGUROS	00:59:10	5:54	f	52	MASTER 1	11	NO	00:29:03
356	366	MIGUEL RESUA RESUA		01:00:17	6:01	m	304	MASTER 2	130	NO	00:29:59
357	75	BEATRIZ REY	FLOW PILATES & TRAINING	01:00:18	6:01	f	53	MASTER 2	19	NO	00:29:58
358	280	EVA SÁNCHEZ LÓPEZ	INDEPENDIENTE	01:01:05	6:06	f	54	MASTER 1	12	NO	00:30:14
359	285	ROBERTO SÁNCHEZ BARREIRO	ABASTOS 2.0	01:01:06	6:06	m	305	MASTER 1	45	NO	00:30:02
360	241	BLANCA DE NOVALES ORTEGA		01:01:31	6:09	f	55	SENIOR	10	NO	00:30:31
361	329	NOA CARAMES VILA	SD BARBANTIA RODA	01:01:58	6:11	f	56	MASTER 2	20	10	00:30:43
362	129	LUCÍA ANSEDES DOMÍNGUEZ	NOITEBRA FC	01:02:43	6:16	f	57	MASTER 3	10	NO	00:30:54
363	138	ELVIRA TRESGUERRAS GONZÁLEZ	CLUB ATLETISMO SAR	01:05:35	6:33	f	58	MASTER 4	2	NO	00:32:11
364	133	GERMÁN VILLANUSTRE ABUIN	S.D. BARBANTIA RODA	01:06:44	6:40	m	306	MASTER 4	21	42	00:32:19



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PT	DO	NOMBRE	CLUB	T.OFICI	RITM	SE	P.SE	CAT	P.CA	P.LOC	T.
365	107	PAULA BARCIA LÓPEZ	NINGUNO	01:08:10	6:48	f	59	MASTER 2	21	NO	00:29:51
366	205	PAULA DOMÍNGUEZ LEÓN	INDEPENDIENTE	01:09:26	6:56	f	60	SUB 20	1	NO	
367	431	FELISA TUBIO SAAVEDRA	INDEPENDIENTE	01:11:13	7:07	f	61	MASTER 3	11	11	00:33:38

367



Absor R. Quilón, S.L.



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