

PTO DOR NOMBRE			CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
1	3	DE LA FUENTE GÓMEZ, DAVID	CLUB DEPORTIVO PINARIUM	00:30:24	00:30:23	3:02	M (1)	SENIOR M (1)	M (1)
2	107	SANTIAGO, GUSTAVO	CLUB DEPORTIVO PINARIUM	00:31:25	00:31:23	3:08	M (2)	SENIOR M (2)	
3	321	FERNANDEZ RIVERA, ALEJANDRO		00:31:31	00:31:30	3:09	M (3)	MASTER A M (1)	
4	728	PERDOMO PEÑA, YHOUSMAN DAVID		00:31:38	00:31:37	3:09	M (4)	SENIOR M (3)	
5	105	ABAL CHAVES, AMADEO		00:31:44	00:31:43	3:10	M (5)	SENIOR M (4)	
6	4	IGLESIA VILA, ESTEBAN	LUCUS CAIXA RURAL	00:32:06	00:32:06	3:12	M (6)	SENIOR M (5)	
7	659	GARCÍA BALEA, MIGUEL	CLUB SAN MIGUEL DE MARÍN	00:32:34	00:32:34	3:15	M (7)	SUB 20/23 M (1)	M (2)
8	168	VIEITEZ PORTO, ISMAEL	CLUB DEPORTIVO DELIKIA	00:32:41	00:32:39	3:16	M (8)	SENIOR M (6)	
9	371	NOGUEIRA DE LA MUELA, LUIS		00:33:01	00:32:58	3:18	M (9)	MASTER A M (2)	
10	6	VIRGOS ABELLEIRA, YAGO	LUCUS CAIXA RURAL	00:33:11	00:33:09	3:19	M (10)	SENIOR M (7)	
11	715	BELLO RODRIGUEZ, ANXO	NARON	00:33:22	00:33:21	3:20	M (11)	SUB 20/23 M (2)	
12	5	GONZÁLEZ MOURELOS, YAGO	MILER RUNNING CLUB	00:33:42	00:33:40	3:22	M (12)	SUB 20/23 M (3)	
13	345	PÉREZ GROBA, EMILIO	ADAS CUPA O BARCO	00:33:50	00:33:48	3:22	M (13)	MASTER A M (3)	
14	723	DOMÍNGUEZ JUNCAL, HUGO	CLUB SAN MIGUEL DE MARÍN	00:33:53	00:33:51	3:23	M (14)	SUB 20/23 M (4)	
15	380	FONTÁN MARTÍNEZ, XACOBÉ	CLUB ATLETISMO SAR	00:34:30	00:34:30	3:26	M (15)	MASTER A M (4)	
16	365	OTERO AMOEDO, ANXO	SD COMPOSTELA ATLETISMO	00:34:37	00:34:35	3:27	M (16)	MASTER A M (5)	
17	209	RIVEIRO LAMPON, ALBERTO	CLUB ATLETISMO SAR	00:34:41	00:34:41	3:28	M (17)	SENIOR M (8)	
18	510	DOMÍNGUEZ CABRAL, ELÍAS		00:34:54	00:34:53	3:29	M (18)	MASTER B M (1)	
19	535	PRIETO FERVENZA, ALVARO	CLUBE CORREDOIRAS BUEU	00:34:56	00:34:54	3:29	M (19)	MASTER B M (2)	
20	486	CARRASCO NUÑEZ, JORDI	SD COMPOSTELA ATLETISMO	00:34:57	00:34:56	3:29	M (20)	MASTER B M (3)	
21	496	ALVAREZ ALVAREZ, DANIEL	SD COMPOSTELA ATLETISMO	00:34:59	00:34:57	3:29	M (21)	MASTER B M (4)	
22	391	OTERO LÓPEZ DE REGO, JORGE	GV SPORTS	00:35:01	00:34:56	3:30	M (22)	MASTER A M (6)	
23	481	MARTÍNEZ TRIGO, ROBERTO	CLUB SAN MIGUEL DE MARÍN	00:35:01	00:34:59	3:30	M (23)	MASTER B M (5)	
24	181	PINO SUÁREZ, ÓSCAR		00:35:01	00:34:58	3:30	M (24)	SENIOR M (9)	
25	469	SANTIAGO BOSCH, JOSE ANTONIO	CLUB DEPORTIVO PINARIUM	00:35:18	00:35:16	3:31	M (25)	MASTER B M (6)	
26	76	ABAL ESTÉVEZ, CARLOS		00:35:22	00:35:19	3:32	M (26)	SENIOR M (10)	
27	540	JANEIRO LORENZO, JORGE	ATLETICS SAN LÁZARO	00:35:27	00:35:25	3:32	M (27)	MASTER B M (7)	
28	460	PARADA MONTOTO, DAVID	MONTEPORREIRUM	00:35:31	00:35:28	3:33	M (28)	MASTER B M (8)	
29	160	MENDOZA MÍGUEZ, BEDILU	MILER RUNNING CLUB	00:35:32	00:35:30	3:33	M (29)	SENIOR M (11)	
30	370	ROMERO ÁLVAREZ, JULIAN		00:35:42	00:35:39	3:34	M (30)	MASTER A M (7)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
31	709	VÁZQUEZ PAVÓN, ROBERTO	TANINOS RUNNERS PONTEAREAS	00:35:53	00:35:50	3:35	M (31)	MASTER A M (8)	
32	97	JAMARDO ABOY, SERGIO	CD DELIKIA	00:35:57	00:35:55	3:35	M (32)	SENIOR M (12)	
33	417	RODRÍGUEZ DOMÍNGUEZ, ANDRÉS	CLUB DEPORTIVO PINARIUM	00:35:59	00:35:57	3:35	M (33)	MASTER B M (9)	
34	393	DIEZ DIEZ, JORGE MIGUEL	BAJO ZERO BURGOS	00:36:03	00:36:00	3:36	M (34)	MASTER A M (9)	
35	155	MANSO HERAS, ITZIAR	CLUB OURENSE ATLETISMO	00:36:13	00:36:10	3:37	F (1)	SENIOR F (1)	
36	184	MÍGUE SEARA, MARTÍN	CLUB OURENSE ATLETISMO	00:36:15	00:36:12	3:37	M (35)	SENIOR M (13)	
37	519	GARCIA GONZALEZ, SANTIAGO	BURGAS OURENSE ATLETISMO	00:36:30	00:36:27	3:38	M (36)	MASTER B M (10)	
38	377	CANEDA DEVESA, EROS MARTÍN		00:36:45	00:36:41	3:40	M (37)	MASTER A M (10)	
39	123	PEREIRO BOQUETE, GONZALO		00:36:46	00:36:40	3:40	M (38)	SENIOR M (14)	
40	347	GARCÍA QUEROL, PABLO	CLUB DEPORTIVO DELIKIA	00:36:47	00:36:38	3:40	M (39)	MASTER A M (11)	
41	577	FALCÓN PÉREZ, SANTIAGO	C.A.CAMBADOS	00:36:48	00:36:44	3:40	M (40)	MASTER C M (1)	
42	688	MELLA SUAREZ, ALEX		00:36:53	00:36:53	3:41	M (41)	MASTER A M (12)	
43	364	RODRÍGUEZ LEAL, CARLOS	CLUB FERROL ATLETISMO	00:36:54	00:36:50	3:41	M (42)	MASTER A M (13)	
44	697	OTERO RAMOS, LORENZO		00:36:55	00:36:45	3:41	M (43)	SENIOR M (15)	
45	488	BURGOS REY, JOSÉ ANTONIO	CLUB SAN MIGUEL DE MARÍN	00:36:59	00:36:57	3:41	M (44)	MASTER B M (11)	
46	459	LOUREIRO MONTENEGRO, PABLO	MONTEPORREIRUM	00:37:00	00:36:55	3:41	M (45)	MASTER B M (12)	
47	491	PEREIRA FARIÑA, PITI	SD COMPOSTELA ATLETISMO	00:37:03	00:37:01	3:42	M (46)	MASTER B M (13)	
48	165	ESTEVEZ PEREZ, DANIEL	CLUBE CORREDOIRAS BUEU	00:37:04	00:37:04	3:42	M (47)	SENIOR M (16)	
49	118	MANSO PEDROSA, IVAN	LUGO RUNNING CLUB	00:37:04	00:37:03	3:42	M (48)	SENIOR M (17)	
50	730	BREA, JOSELYN		00:37:10	00:37:08	3:42	F (2)	SENIOR F (2)	
51	178	RAMOS CORREIA, FELIPE	TRIATLÓN RÍAS BAIXAS	00:37:13	00:37:09	3:43	M (49)	SENIOR M (18)	
52	156	BREINHOLT MOESKJAER, LEA	RUNYTRI	00:37:14	00:37:11	3:43	F (3)	SENIOR F (3)	
53	558	VÁZQUEZ FIGUEIRAS, JAVIER		00:37:22	00:37:18	3:44	M (50)	MASTER B M (14)	
54	462	VILLAVERDE, LUIS	CLUB ATLETISMO NEGREIRA	00:37:41	00:37:38	3:46	M (51)	MASTER B M (15)	
55	408	FERNÁNDEZ CASAL, CARLOS.R		00:37:45	00:37:41	3:46	M (52)	MASTER B M (16)	
56	638	FERNANDEZ DIAZ, PABLO	ATLETISMO TORRELAVEGA	00:37:48	00:37:44	3:46	M (53)	SUB 20/23 M (5)	
57	358	ALVAREZ COSTAS, ANTONIO	COMESAÑA	00:37:48	00:37:43	3:46	M (54)	MASTER A M (14)	
58	196	BUSTOS, JUSSER		00:37:50	00:37:44	3:46	M (55)	SENIOR M (19)	
59	679	NÚÑEZ PARADA, MIGUEL	ADC A BOUTUREIRA	00:37:51	00:37:48	3:47	M (56)	MASTER A M (15)	
60	314	CASTRO RAMOS, MIGUEL	NOSPORTLIMIT	00:37:55	00:37:44	3:47	M (57)	MASTER A M (16)	

CLASIFICACIÓN 10K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
61	536	REMIGIO LORENZO, MÍCHEL	CABO DE PEÑAS	00:37:57	00:37:53	3:47	M (58)	MASTER B M (17)	
62	678	FERNÁNDEZ GARCÍA, ROBERTO	CONDADO TRAIL	00:37:59	00:37:59	3:47	M (59)	MASTER B M (18)	
63	17	AIRA, ADRIÁN		00:38:01	00:37:54	3:48	M (60)	SENIOR M (20)	
64	186	SANMARTÍN MÍGUEZ, IVÁN		00:38:06	00:37:57	3:48	M (61)	SENIOR M (21)	
65	431	DÍAZ IGLESIAS, JUAN	CLUB SAN MIGUEL DE MARÍN	00:38:08	00:38:03	3:48	M (62)	MASTER B M (19)	
66	100	CARLEOS MAYÁN, FRANCISCO	CORRIDA DAS CABRAS	00:38:10	00:38:05	3:48	M (63)	SENIOR M (22)	
67	337	PEREZ PAZOS, JORGE	TRINORTH	00:38:12	00:38:04	3:49	M (64)	MASTER A M (17)	
68	376	LOSADA FERNÁNDEZ, PABLO	CLUB OURENSE ATLETISMO	00:38:14	00:38:11	3:49	M (65)	MASTER A M (18)	
69	127	MATA CASTRO, ARTURO	CLUB ATLETISMO SANTIAGO	00:38:18	00:38:18	3:49	M (66)	SENIOR M (23)	
70	525	FABELLO CID, ELISEO	ATLETISMO ARENTEIRO	00:38:23	00:38:19	3:50	M (67)	MASTER B M (20)	
71	310	NOGUEIRA FERNÁNDEZ, JUNIOR		00:38:26	00:38:15	3:50	M (68)	MASTER A M (19)	
72	374	GUTIÉRREZ PRIETO, FERNANDO		00:38:29	00:38:24	3:50	M (69)	MASTER A M (20)	
73	153	QUINTAS CRESPO, ALEJANDRO		00:38:35	00:38:29	3:51	M (70)	SENIOR M (24)	
74	83	RUBIO MARTINEZ, ARNOLD		00:38:37	00:38:37	3:51	M (71)	SENIOR M (25)	
75	75	SINEIRO DEVESA, ADRIÁN		00:38:39	00:38:29	3:51	M (72)	SENIOR M (26)	
76	596	RAFAEL BALSA, MARIO		00:38:40	00:38:37	3:51	M (73)	MASTER C M (2)	
77	511	ESTÉVEZ ESTÉVEZ, MARTÍN	CLUBE CORREDOIRAS BUEU	00:38:41	00:38:38	3:52	M (74)	MASTER B M (21)	
78	152	MULLUNESH PORTEIRO, MARINA	SOCIEDAD GIMNASTICA DE	00:38:41	00:38:38	3:52	F (4)	SENIOR F (4)	
79	585	LOPEZ FERNÁNDEZ, JOSE	KORPORE ARENTEIRO TRAIL	00:38:41	00:38:41	3:52	M (75)	MASTER C M (3)	
80	458	POMBAL CORTEGOSO, VICENTE	CLUB SAN MIGUEL DE MARÍN	00:38:43	00:38:40	3:52	M (76)	MASTER B M (22)	
81	304	LÓPEZ GARRIDO, DAVID		00:38:43	00:38:32	3:52	M (77)	MASTER A M (21)	
82	499	LÓPEZ CAPÓN, JAVIER	SD COMPOSTELA ATLETISMO	00:38:44	00:38:44	3:52	M (78)	MASTER B M (23)	
83	603	NANÍN LÓPEZ, JOSE MANUEL	CORREDORES DO MIÑO	00:38:48	00:38:43	3:52	M (79)	MASTER C M (4)	
84	602	VELEIRO, JORGE	BURGAS OURENSE ATLETISMO	00:38:52	00:38:43	3:53	M (80)	MASTER C M (5)	
85	30	LUBIÁN PESQUEIRA, ALBERTO		00:38:52	00:38:46	3:53	M (81)	SENIOR M (27)	
86	24	MONTEAGUDO, JUAN		00:38:53	00:38:40	3:53	M (82)	SENIOR M (28)	
87	609	SANDE PRESA, JUAN CARLOS	MILER RUNNING CLUB	00:38:55	00:38:53	3:53	M (83)	MASTER C M (6)	
88	292	CRESPO, ADRIÁN	CLUBE CORREDOIRAS BUEU	00:38:56	00:38:52	3:53	M (84)	MASTER A M (22)	
89	193	FONTAN MONTEAGUDO, IVAN		00:39:06	00:38:55	3:54	M (85)	SENIOR M (29)	
90	145	CARREÑO GONZALEZ, MARTIN		00:39:08	00:39:08	3:54	M (86)	SENIOR M (30)	

CLASIFICACIÓN 10K

PTO DOR NOMBRE			CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
91	326	SCHALKWIJK, KOEN		00:39:12	00:39:04	3:55	M (87)	MASTER A M (23)	
92	443	ULLA REGA, MANUEL		00:39:12	00:39:07	3:55	M (88)	MASTER B M (24)	
93	289	OMIL IGLESIAS, JOSÉ MANUEL	CLUB DEPORTIVO PINARIUM	00:39:18	00:39:14	3:55	M (89)	MASTER A M (24)	M (3)
94	541	GONZÁLEZ ADÁN, MANUEL	ATLETISMO ARENTEIRO	00:39:20	00:39:16	3:55	M (90)	MASTER B M (25)	
95	386	PÉREZ CONDE, KIKE	GMTA CHUVONERS	00:39:26	00:39:16	3:56	M (91)	MASTER A M (25)	
96	214	OTERO CRESPO, DAVID	CLUB DEPORTIVO PINARIUM	00:39:26	00:39:22	3:56	M (92)	MASTER A M (26)	M (4)
97	285	SEÑORANS TOBIO, CARLOS	C.A.CAMBADOS	00:39:33	00:39:29	3:57	M (93)	MASTER A M (27)	
98	369	NÚÑEZ PARADA, SERGIO		00:39:33	00:39:25	3:57	M (94)	MASTER A M (28)	
99	623	SUÁREZ MARTÍNEZ, MANUEL	VETERANOS DE SAMIL	00:39:35	00:39:33	3:57	M (95)	MASTER D M (1)	
100	201	GONZÁLEZ RODRÍGUEZ, IKER		00:39:37	00:39:30	3:57	M (96)	SENIOR M (31)	
101	477	ÁLVAREZ RODRÍGUEZ, JOSÉ ÁNGEL		00:39:42	00:39:32	3:58	M (97)	MASTER B M (26)	
102	526	FIGUEIRA PÉREZ, MANUEL	CLUB ATLETISMO SAR	00:39:44	00:39:44	3:58	M (98)	MASTER B M (27)	
103	668	JAMARDO CAPELO, ANXO	SOCIEDAD GIMNASTICA DE	00:39:51	00:39:50	3:59	M (99)	SUB 20/23 M (6)	
104	287	MAQUIEIRA PEREIRA, ADRIÁN	CD DELIKIA	00:39:57	00:39:57	3:59	M (100)	MASTER A M (29)	
105	522	RODRÍGUEZ GARCÍA, PABLO	RUNNING TRACK - VIGO	00:40:03	00:39:55	4:00	M (101)	MASTER B M (28)	
106	109	SANMIGUEL FERREIRO, IVAN	CORRIDA DAS CABRAS	00:40:04	00:39:57	4:00	M (102)	SENIOR M (32)	
107	712	MORENZA DOFORNO, GERMÁN	CLUB DEPORTIVO PINARIUM	00:40:10	00:40:10	4:00	M (103)	MASTER C M (7)	
108	378	COEJO, PABLO		00:40:10	00:40:01	4:00	M (104)	MASTER A M (30)	
109	447	SOBRAL ROSALES, FRAN	CLUB DEPORTIVO PINARIUM	00:40:10	00:40:10	4:00	M (105)	MASTER B M (29)	
110	598	PICO PITA, JOSE LUIS	CASTRELOS 20:30	00:40:14	00:40:10	4:01	M (106)	MASTER C M (8)	
111	291	GARCÍA CÓRDOBA, JESÚS	RUN PONTEVEDRA	00:40:15	00:40:08	4:01	M (107)	MASTER A M (31)	
112	66	FERNANDEZ FERNANDEZ, HECTOR	BAIXO MIÑO TRAIL	00:40:17	00:40:01	4:01	M (108)	SENIOR M (33)	
113	607	GARCÍA COSTA, ANXO	ASOCIACIÓN DEPORTIVA CERNE	00:40:19	00:40:19	4:01	M (109)	MASTER C M (9)	
114	517	GIL BLANCO, FRANCISCO JOSÉ	CLUB DEPORTIVO PINARIUM	00:40:21	00:40:17	4:02	M (110)	MASTER B M (30)	M (5)
115	92	MONTEAGUDO MORAÑA, BREOGAN	CLUB NAVAL DE PONTEVEDRA	00:40:21	00:40:18	4:02	M (111)	SENIOR M (34)	
116	501	MEDRAÑO SANTACLARA, SUSO		00:40:22	00:40:18	4:02	M (112)	MASTER B M (31)	
117	355	LOPEZ RODRIGUEZ, LUIS	TRAILEROS TOXOS&BIRRAS	00:40:24	00:40:15	4:02	M (113)	MASTER A M (32)	
118	283	BELLO YAÑEZ, DIEGO		00:40:26	00:40:18	4:02	M (114)	MASTER A M (33)	
119	253	RAMIRO GÓMEZ, JUAN LUIS	CLUB DEPORTIVO PINARIUM	00:40:30	00:40:24	4:02	M (115)	MASTER A M (34)	
120	38	POMBAL PORTELA, DAVID	CLUB ATLETISMO SAMERTOLAMEU	00:40:33	00:40:24	4:03	M (116)	SENIOR M (35)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
121	39	FEIJOO CARBALLO, JUAN		00:40:37	00:40:20	4:03	M (117)	SENIOR M (36)	
122	660	FACENDA LÓPEZ, SERGIO		00:40:47	00:40:40	4:04	M (118)	SUB 20/23 M (7)	
123	597	GRAÑA ALONSO, JOSÉ CARLOS	LODEIROS TRAIL	00:40:50	00:40:50	4:04	M (119)	MASTER C M (10)	
124	472	COUCE SENRA, ÓSCAR		00:40:54	00:40:49	4:05	M (120)	MASTER B M (32)	
125	256	FERREIRA MIGUEZ, ANDRES		00:40:57	00:40:51	4:05	M (121)	MASTER A M (35)	
126	594	ANEGAS, PURI	CORREDORES DO MIÑO	00:40:58	00:40:54	4:05	F (5)	MASTER C F (1)	
127	439	CABEZAS VILA, VALERIO		00:40:58	00:40:45	4:05	M (122)	MASTER B M (33)	
128	494	RODRIGUEZ RODRIGUEZ, SERAFIN	CORREDORES DO MIÑO	00:40:59	00:40:55	4:05	M (123)	MASTER B M (34)	
129	306	SILVA NODAR, DAVID	TDZ TRAIL & RUN	00:41:02	00:40:48	4:06	M (124)	MASTER A M (36)	
130	506	TIZÓN FREIRÍA, GERMÁN	SEMPRE LA	00:41:02	00:40:53	4:06	M (125)	MASTER B M (35)	
131	383	VILLALBA BARRIOS, DELIA	COMESAÑA SPORTING CLUB	00:41:05	00:41:01	4:06	F (6)	MASTER A F (1)	
132	317	RAÑA RECOUSO, AMANCIO	CLUB ATLETISMO TAMBRE	00:41:07	00:41:02	4:06	M (126)	MASTER A M (37)	
133	298	RODRIGUEZ MARTIN, ISAAC	ACEADEAMA-TRIARTEIXO	00:41:19	00:41:19	4:07	M (127)	MASTER A M (38)	
134	295	LOURIDO RODRIGUEZ, GONZALO		00:41:21	00:40:50	4:08	M (128)	MASTER A M (39)	
135	309	FERNÁNDEZ GRADIN, DAVID	CIBUS	00:41:29	00:41:13	4:08	M (129)	MASTER A M (40)	
136	52	OTERO, RAÚL		00:41:29	00:41:19	4:08	M (130)	SENIOR M (37)	
137	514	SIXTO TATO, MARÍA ISABEL	LA BLANCA	00:41:31	00:41:22	4:09	F (7)	MASTER B F (1)	
138	479	FERNANDEZ CAMBADOS, JOAQUIN	C.D.RIA DE AROUSA	00:41:32	00:41:13	4:09	M (131)	MASTER B M (36)	
139	238	NAVIA IGLESIAS, RUBEN	BIKILA	00:41:36	00:41:20	4:09	M (132)	MASTER A M (41)	
140	529	GÓMEZ RAPOSO, EDUARDO	CLUB TRIATLÓN COMPOSTELA	00:41:37	00:41:31	4:09	M (133)	MASTER B M (37)	
141	315	NUÑEZ LORENZO, RUBEN	CLUB DEPORTIVO PINARIUM	00:41:39	00:41:12	4:09	M (134)	MASTER A M (42)	
142	388	TINAQUERO GONZÁLEZ, JORGE		00:41:40	00:41:26	4:09	M (135)	MASTER A M (43)	
143	464	PEREZ ALVAREZ, JAIME	RUN PONTEVEDRA	00:41:48	00:41:31	4:10	M (136)	MASTER B M (38)	
144	706	TORRES TORRES, JORGE		00:41:50	00:41:36	4:10	M (137)	MASTER B M (39)	
145	331	INCHUSTA IRISARRI, AITOR		00:41:52	00:41:40	4:11	M (138)	MASTER A M (44)	
146	606	MOSTEIRO LÓPEZ, XESÚS	ASOCIACIÓN DEPORTIVA CERNE	00:41:53	00:41:46	4:11	M (139)	MASTER C M (11)	
147	471	PAZ OTERO, DANIEL		00:41:56	00:41:39	4:11	M (140)	MASTER B M (40)	
148	680	MIRANDA VIEITO, JOSÉ MANUEL	ATHLETICS FISIOTERAPIA SAN LAZARO	00:41:58	00:41:44	4:11	M (141)	MASTER B M (41)	
149	188	PIÑEIRO, ÓSCAR		00:42:07	00:41:50	4:12	M (142)	SENIOR M (38)	
150	141	VILLAVERDE PATIÑO, YAGO		00:42:22	00:42:12	4:14	M (143)	SENIOR M (39)	

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
151	7	DE LA TORRE ABOAL, ÓSCAR	CLUB SAN MIGUEL DE MARÍN	00:42:26	00:42:20	4:14	M (144)	SUB 20/23 M (8)	
152	339	SERANTES FERNÁNDEZ, ANDRÉS		00:42:27	00:42:27	4:14	M (145)	MASTER A M (45)	
153	222	VILA MILLÁN, DAMIÁN		00:42:30	00:42:30	4:14	M (146)	MASTER A M (46)	
154	194	OCHOA PIÑEIRO, ALEXANDRE		00:42:46	00:42:46	4:16	M (147)	SENIOR M (40)	
155	624	GOMEZ LOPEZ, JOSE BENITO	CLUB OURENSE ATLETISMO	00:42:46	00:42:46	4:16	M (148)	MASTER D M (2)	
156	547	VIDAL VÁZQUEZ, JAVIER	CLUB DEPORTIVO LA PURÍSIMA	00:42:52	00:42:52	4:17	M (149)	MASTER B M (42)	
157	204	CAMPOS CRESPO, ALEJANDRO	OPOMAS	00:42:54	00:42:12	4:17	M (150)	SENIOR M (41)	
158	463	MAYO, MARCOS	RUNYTRI	00:42:56	00:42:41	4:17	M (151)	MASTER B M (43)	
159	316	AROSA GONZÁLEZ, TOMÁS		00:42:58	00:42:43	4:17	M (152)	MASTER A M (47)	
160	700	LISTE BASCOY, ALEJANDRO	CLUB DEPORTIVO DELIKIA	00:42:59	00:42:41	4:17	M (153)	MASTER B M (44)	
161	343	SANTOS PIÑEIRO, JOSÉ LUIS		00:43:02	00:42:59	4:18	M (154)	MASTER A M (48)	
162	495	PEDRAZ VICENTE, RODRIGO		00:43:04	00:43:04	4:18	M (155)	MASTER B M (45)	
163	261	RODRÍGUEZ GONZÁLEZ, ABRAHAM		00:43:05	00:43:05	4:18	M (156)	MASTER A M (49)	
164	422	PAZ VALLE, MERCEDES	PONTE A CORRER	00:43:13	00:43:08	4:19	F (8)	MASTER B F (2)	
165	681	LOPEZ RODRIGUEZ, CARLOS	RUN PONTEVEDRA	00:43:16	00:42:57	4:19	M (157)	MASTER B M (46)	
166	387	SANDA ARES, JOSE	SD COMPOSTELA ATLETISMO	00:43:18	00:43:12	4:19	M (158)	MASTER A M (50)	
167	546	MIGUEZ MIGUEZ, LUIS	SD COMPOSTELA ATLETISMO	00:43:18	00:43:12	4:19	M (159)	MASTER B M (47)	
168	338	PADÍN GONZALEZ, MARTA		00:43:30	00:43:26	4:20	F (9)	MASTER A F (2)	
169	665	VIDAL VILAS, IZAN	CLUB DEPORTIVO PINARIUM	00:43:33	00:43:33	4:21	M (160)	SUB 20/23 M (9)	
170	500	LUCÍA PAREDES, GIOVANNI		00:43:34	00:43:18	4:21	M (161)	MASTER B M (48)	
171	437	TROITIÑO POUSADA, JOSE JAIME		00:43:36	00:43:21	4:21	M (162)	MASTER B M (49)	
172	353	MIGUÉNS MAGARIÑOS, JAVIER		00:43:36	00:43:26	4:21	M (163)	MASTER A M (51)	
173	571	REFOJOS ARENCIBIA, FRANCISCO JAVIER		00:43:37	00:43:37	4:21	M (164)	MASTER C M (12)	
174	328	PIDRE LOIRA, CARLOS		00:43:39	00:43:27	4:21	M (165)	MASTER A M (52)	
175	649	RODRIGUEZ ANEGAS, MIREYA	CORREDORES DO MIÑO	00:43:46	00:43:46	4:22	F (10)	SUB 20/23 F (1)	
176	401	RODAL DIZ, ÁNGEL M.	CLUB DEPORTIVO PINARIUM	00:43:48	00:43:41	4:22	M (166)	MASTER B M (50)	M (6)
177	666	GARRIDO IGLESIAS, MIGUEL ANXO	CLUB DEPORTIVO PINARIUM	00:43:50	00:43:50	4:22	M (167)	SUB 20/23 M (10)	
178	227	COBO, ALEX		00:43:52	00:43:52	4:23	M (168)	MASTER A M (53)	
179	575	COS BLANCO, MIGUEL ÁNGEL		00:43:52	00:43:45	4:23	M (169)	MASTER C M (13)	
180	513	GÓMEZ PRADO, MARIO	KUKURRUSTU KIROL KLUBA	00:44:00	00:43:50	4:23	M (170)	MASTER B M (51)	

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
181	31	RODRÍGUEZ BARREIRO, DAVID		00:44:07	00:43:45	4:24	M (171)	SENIOR M (42)	
182	704	QUEVEDO SAINZ, DANIEL		00:44:08	00:44:04	4:24	M (172)	SENIOR M (43)	
183	208	AREÁN CADAHÍA, SERGIO		00:44:10	00:43:51	4:24	M (173)	SENIOR M (44)	
184	733	SANTOS DA CUNHA, JOSÉ ANTONIO		00:44:11	00:44:01	4:25	M (174)	MASTER B M (52)	
185	492	PARDAVILA IGLESIAS, MIGUEL ANGEL	CORRIDA DAS CABRAS	00:44:14	00:44:00	4:25	M (175)	MASTER B M (53)	
186	239	JUNCAL CARRAGAL, JOSE MANUEL	MILER RUNNING CLUB	00:44:14	00:43:58	4:25	M (176)	MASTER A M (54)	
187	110	IGLESIAS GÓMEZ, ÁGUEDA	CORRIDA DAS CABRAS	00:44:15	00:44:02	4:25	F (11)	SENIOR F (5)	
188	151	CUBILES CID, PABLO	CORRIDA DAS CABRAS	00:44:16	00:44:03	4:25	M (177)	SENIOR M (45)	
189	487	MAROÑO DOMINGUEZ, MIGUEL	ATLETISMO A ESTRADA	00:44:18	00:44:09	4:25	M (178)	MASTER B M (54)	
190	115	OTERO GARCÍA, LAURA		00:44:22	00:44:22	4:26	F (12)	SENIOR F (6)	
191	480	ARES LORENZO, JOSÉ VICENTE		00:44:26	00:44:13	4:26	M (179)	MASTER B M (55)	
192	106	GÓMEZ ARJONES, MIRIAM		00:44:27	00:44:27	4:26	F (13)	SENIOR F (7)	
193	411	LOPEZ GOMEZ, JORGE		00:44:27	00:44:06	4:26	M (180)	MASTER B M (56)	
194	44	BÚA FERNÁNDEZ, SERGIO GABRIEL		00:44:34	00:44:34	4:27	M (181)	SENIOR M (46)	
195	12	NORES CID, IVÁN		00:44:42	00:44:29	4:28	M (182)	SENIOR M (47)	
196	245	GONZÁLEZ BUJÁN, VÍCTOR		00:44:51	00:44:51	4:29	M (183)	MASTER A M (55)	
197	438	BALBOA PADIN, JOSE MANUEL		00:44:55	00:44:36	4:29	M (184)	MASTER B M (57)	
198	79	LÓPEZ BÉRTOLO, JAVIER	RUNYTRI	00:44:55	00:44:55	4:29	M (185)	SENIOR M (48)	
199	32	MARTÍNEZ BARROS, HILARIO		00:44:56	00:44:56	4:29	M (186)	SENIOR M (49)	
200	29	NOGUEIRA VIÑAS, NOELIA		00:44:56	00:44:44	4:29	F (14)	SENIOR F (8)	
201	312	COSTAS RODRIGUEZ, MARCOS	RUNNING TRACK - VIGO	00:44:56	00:44:48	4:29	M (187)	MASTER A M (56)	
202	523	PÉREZ TORRADO, ROI	RIZOS TEAM	00:45:01	00:44:32	4:30	M (188)	MASTER B M (58)	
203	512	COUCHEIRO RODAL, MAURO	RUN RUN MONTERROSO	00:45:01	00:44:32	4:30	M (189)	MASTER B M (59)	
204	424	SOTO PARADA, JUAN CARLOS	CLUB DEPORTIVO PINARIUM	00:45:05	00:44:56	4:30	M (190)	MASTER B M (60)	
205	711	GONZÁLEZ VIEITEZ, ROBERTO CARLOS	SHAKA CLUB	00:45:07	00:44:49	4:30	M (191)	MASTER A M (57)	
206	233	CABACO CAMPOS, JOSÉ MANUEL	TAKO TEAM	00:45:10	00:45:10	4:30	M (192)	MASTER A M (58)	
207	220	RODAS MARTÍNEZ, FERNANDO		00:45:11	00:44:59	4:31	M (193)	MASTER A M (59)	
208	534	ARTILES CAMPELO, LUIS ALBERTO		00:45:16	00:45:00	4:31	M (194)	MASTER B M (61)	
209	705	BARCALA FARTO, AITOR	FALABARATOS	00:45:17	00:44:46	4:31	M (195)	SENIOR M (50)	
210	361	DOMÍNGUEZ CABRAL, DIEGO ANTONIO		00:45:19	00:44:57	4:31	M (196)	MASTER A M (60)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
211	301	PARRADO MAQUIEIRA, DAVID		00:45:19	00:44:57	4:31	M (197)	MASTER A M (61)	
212	286	MONTOTO VÁZQUEZ, PATRICIA	CLUBE ESCOLA ATLETISMO DEZA	00:45:20	00:45:20	4:31	F (15)	MASTER A F (3)	
213	205	DOMÍNGUEZ GÓMEZ, DAVID	C.D BIOSBARDO	00:45:21	00:45:21	4:32	M (198)	SENIOR M (51)	
214	591	SANTIAGO PAZOS, ISIDORO	ATLETAS VETERANOS DE GALICIA	00:45:21	00:44:56	4:32	M (199)	MASTER C M (14)	
215	434	PROL PADIN, LINO	C.D.RIA DE AROUSA	00:45:23	00:45:04	4:32	M (200)	MASTER B M (62)	
216	654	OUTEIRIÑO ALONSO, LUCIA	CD LA PURÍSIMA	00:45:26	00:45:26	4:32	F (16)	SUB 20/23 F (2)	
217	493	MORALES LEYVA, JUAN MIGUEL		00:45:39	00:45:02	4:33	M (201)	MASTER B M (63)	
218	362	REBOREDO VICENTE, MARCOS		00:45:39	00:45:17	4:33	M (202)	MASTER A M (62)	
219	221	MILLÁN FERNÁNDEZ, ABEL		00:45:40	00:45:29	4:33	M (203)	MASTER A M (63)	
220	290	PEREIRO SÁNCHEZ, MARCOS		00:45:41	00:45:41	4:34	M (204)	MASTER A M (64)	
221	593	FERNÁNDEZ MARTINEZ, JOAQUIN	SERRES RUNNERS	00:45:45	00:45:25	4:34	M (205)	MASTER C M (15)	
222	249	ABOY PAZOS, SALETA	RUN PONTEVEDRA	00:45:45	00:45:28	4:34	F (17)	MASTER A F (4)	
223	432	ESPIGO PEREZ, LUIS	CLUB SINERGYM PONTEVEDRA	00:45:46	00:45:40	4:34	M (206)	MASTER B M (64)	
224	217	RODRIGO LOPEZ, MIGUEL		00:45:47	00:45:22	4:34	M (207)	MASTER A M (65)	
225	701	MOREU PEREIRA-BORRAJO, BEATRIZ	CLUB DEPORTIVO DELIKIA	00:45:56	00:45:38	4:35	F (18)	MASTER B F (3)	
226	415	GONZALEZ VICENTE, DIEGO		00:45:57	00:45:42	4:35	M (208)	MASTER B M (65)	
227	724	ABREU FERNANDEZ, MIGUEL		00:45:57	00:45:48	4:35	M (209)	MASTER C M (16)	
228	104	FERNANDEZ DIAZ, MARTA	SD COMPOSTELA ATLETISMO	00:45:57	00:45:50	4:35	F (19)	SENIOR F (9)	
229	448	FERNÁNDEZ DA SILVA, MARCIAL		00:45:58	00:45:35	4:35	M (210)	MASTER B M (66)	
230	10	MARTÍN OLIVARES, LUIS	MILER RUNNING CLUB	00:45:59	00:45:58	4:35	M (211)	MASTER C M (17)	
231	60	PIÑEIRO FERNANDEZ, MIGUEL JESUS		00:46:00	00:45:41	4:35	M (212)	SENIOR M (52)	
232	453	CANITROT JANEIRO, MIGUEL	MILER RUNNING CLUB	00:46:00	00:45:34	4:35	M (213)	MASTER B M (67)	
233	465	ANDRADE PADIN, DAMIÁN		00:46:07	00:45:49	4:36	M (214)	MASTER B M (68)	
234	444	LÓPEZ DE LERMA CASAS, MIGUEL ÁNGEL	PONTE A CORRER	00:46:10	00:46:06	4:36	M (215)	MASTER B M (69)	
235	588	GUTIERREZ BASANTA, JOSE		00:46:11	00:45:35	4:37	M (216)	MASTER C M (18)	
236	143	ZABALETA REIMÚNDEZ, ROMÁN		00:46:12	00:45:56	4:37	M (217)	SENIOR M (53)	
237	2	GONZÁLEZ SANTILLO, GRISELDA	MILER RUNNING CLUB	00:46:20	00:46:18	4:37	F (20)	MASTER C F (2)	
238	580	FERNANDEZ GARCIA, MANUEL	CLUB DEPORTIVO PINARIUM	00:46:21	00:46:03	4:38	M (218)	MASTER C M (19)	
239	87	MEIS BRAVO, BORJA		00:46:22	00:45:59	4:38	M (219)	SENIOR M (54)	
240	574	COUTO RODRÍGUEZ, MANUEL		00:46:23	00:46:11	4:38	M (220)	MASTER C M (20)	

CLASIFICACIÓN 10K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
241	9	ESCRIBANO IZQUIERDO, JESÚS		00:46:23	00:46:21	4:38	M (221)	MASTER C M (21)	
242	699	SÁNCHEZ ALONSO, ALBERTO	CLUB DEPORTIVO DELIKIA	00:46:29	00:46:11	4:38	M (222)	MASTER B M (70)	
243	368	PUENTE LIÑARES, DAVID		00:46:33	00:46:12	4:39	M (223)	MASTER A M (66)	
244	169	GARCÍA IGLESIAS, ALEJO	FALABARATOS	00:46:37	00:46:06	4:39	M (224)	SENIOR M (55)	M (7)
245	613	SOUTO DIZ, JULIO J.	CLUB ATLETISMO SADA	00:46:38	00:46:26	4:39	M (225)	MASTER C M (22)	
246	135	DEL BUEY, NACHO	CLUB ATLETISMO SADA	00:46:39	00:46:27	4:39	M (226)	SENIOR M (56)	
247	615	CAINZOS PAN, PILAR	CLUB ATLETISMO SADA	00:46:39	00:46:27	4:39	F (21)	MASTER C F (3)	
248	402	GARCÍA CUEVAS, ANGEL		00:46:46	00:46:31	4:40	M (227)	MASTER B M (71)	
249	604	TOMÉ HERNANDO, PEDRO MARCELO		00:46:50	00:46:30	4:40	M (228)	MASTER C M (23)	
250	572	CAPA CASTIÑEIRAS, CARLOS	CLUB DEPORTIVO PINARIUM	00:46:56	00:46:49	4:41	M (229)	MASTER C M (24)	
251	568	PÉREZ MEIS, FRANCISCO JOSÉ	C.D.RIA DE AROUSA	00:46:59	00:46:30	4:41	M (230)	MASTER C M (25)	
252	524	FERNÁNDEZ LORES, SARA		00:46:59	00:46:59	4:41	F (22)	MASTER B F (4)	
253	478	FIGUEIRO ALFONSO, ALBERTO	C.D.RIA DE AROUSA	00:46:59	00:46:32	4:41	M (231)	MASTER B M (72)	
254	268	LOUREIRO RODRÍGUEZ, DANIEL	CLUB DEPORTIVO PINARIUM	00:47:03	00:46:55	4:42	M (232)	MASTER A M (67)	
255	390	ORBÁN FERNÁNDEZ, MELISA		00:47:03	00:47:03	4:42	F (23)	MASTER A F (5)	
256	409	LAGOA MILLÁN, SERGIO		00:47:07	00:47:07	4:42	M (233)	MASTER B M (73)	
257	627	CORTEGOSO SOBRAL, ALEJANDRO		00:47:12	00:46:41	4:43	M (234)	SUB 20/23 M (11)	
258	101	MARTÍNEZ TRILLO, EDUARDO		00:47:12	00:47:12	4:43	M (235)	SENIOR M (57)	
259	319	GARCÍA NOVO, MANUEL ÁNGEL		00:47:14	00:46:51	4:43	M (236)	MASTER A M (68)	
260	241	ALVAREZ BARCIA, FIZ	CLUB DEPORTIVO PINARIUM	00:47:14	00:47:06	4:43	M (237)	MASTER A M (69)	
261	610	FERNÁNDEZ PRIETO, JOSÉ	MORAÑA EN RUTA	00:47:15	00:47:09	4:43	M (238)	MASTER C M (26)	
262	584	DIAZ MESA, ROCIO	SD COMPOSTELA ATLETISMO	00:47:20	00:47:09	4:43	F (24)	MASTER C F (4)	
263	367	MARTÍNEZ RIOBÓ, IGNACIO		00:47:21	00:47:08	4:44	M (239)	MASTER A M (70)	
264	473	GOMEZ LOPEZ, PABLO	LOS INSENS@TOS	00:47:23	00:47:01	4:44	M (240)	MASTER B M (74)	
265	126	RODRÍGUEZ CARAMÉS, ALEJANDRO		00:47:24	00:47:16	4:44	M (241)	SENIOR M (58)	
266	661	MUÑOZ LARRAZABAL, ITZEL	ATLETISMO ARENTEIRO	00:47:26	00:47:13	4:44	F (25)	SUB 20/23 F (3)	
267	646	GONZÁLEZ GARCIA, PABLO		00:47:30	00:46:59	4:44	M (242)	SUB 20/23 M (12)	
268	599	PEREZ. SUSAVILA, ANGEL		00:47:32	00:47:24	4:45	M (243)	MASTER C M (27)	
269	600	CALVO CALVO, LUIS		00:47:32	00:47:24	4:45	M (244)	MASTER C M (28)	
270	192	NOVOA MACIÑEIRAS, NURIA	TRAILEROS TOXOS&BIRRAS	00:47:37	00:47:28	4:45	F (26)	SENIOR F (10)	

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
271	657	DOMÍNGUEZ TRIÑANES, ALBA		00:47:37	00:47:37	4:45	F (27)	SUB 20/23 F (4)	
272	441	HUERTA DE UÑA, DIEGO LUIS	PONTE A CORRER	00:47:39	00:47:34	4:45	M (245)	MASTER B M (75)	
273	537	POCEIRO HERMIDA, JOSÉ MANUEL		00:47:43	00:47:43	4:46	M (246)	MASTER B M (76)	
274	621	VILLAVERDE CABALEIRO, JOSÉ LUIS	ATLETAS VETERANOS DE GALICIA	00:47:43	00:47:18	4:46	M (247)	MASTER D M (3)	
275	274	DE LA TORRE CULLER, JOSECHO	CLUB DEPORTIVO PINARIUM	00:47:44	00:47:44	4:46	M (248)	MASTER A M (71)	
276	342	MILLAN PEREZ, UXIO		00:47:48	00:47:37	4:46	M (249)	MASTER A M (72)	
277	566	ALONSO ESCAÑO, BERNARDO	CLUB DEPORTIVO PINARIUM	00:47:48	00:47:38	4:46	M (250)	MASTER C M (29)	
278	356	MARTINEZ ALARCON, DAVID	CLUB CORREDORES - COLLADO	00:47:51	00:47:21	4:47	M (251)	MASTER A M (73)	
279	167	MARTINEZ ALONSO, GEMMA	ACEA DE AMA - TRI ARTEIXO	00:47:58	00:47:58	4:47	F (28)	SENIOR F (11)	
280	664	VEIGA ALDAO, LEON	CLUB DEPORTIVO PINARIUM	00:47:58	00:47:47	4:47	M (252)	SUB 20/23 M (13)	
281	288	DE JESÚS CALVO, IVÁN		00:47:59	00:47:35	4:47	M (253)	MASTER A M (74)	
282	195	CAROLLO VARELA, ADRIÁN	CLUB ATLETISMO TAMBRE	00:48:03	00:47:47	4:48	M (254)	SENIOR M (59)	
283	264	CASAL CARREIRA, ANGEL		00:48:05	00:47:42	4:48	M (255)	MASTER A M (75)	
284	223	PEREIRA PAZOS, MANUEL		00:48:07	00:48:07	4:48	M (256)	MASTER A M (76)	
285	583	FERNANDEZ RODRIGUEZ, EMILIO	SD COMPOSTELA ATLETISMO	00:48:08	00:47:56	4:48	M (257)	MASTER C M (30)	
286	684	OGANDO ESPANTOSO, ALVARO	TRIATLÓN RÍAS BAIXAS	00:48:12	00:48:05	4:49	M (258)	MASTER C M (31)	
287	475	TORRES RIVAS, CARLOS	ATLETISMO A ESTRADA	00:48:13	00:48:02	4:49	M (259)	MASTER B M (77)	M (8)
288	550	FERNÁNDEZ IGLESIAS, JOSÉ		00:48:14	00:47:46	4:49	M (260)	MASTER B M (78)	
289	59	VEIGA PEREIRA, SOFÍA		00:48:20	00:48:20	4:49	F (29)	SENIOR F (12)	
290	53	NAYA ROSATO, MARTÍN		00:48:25	00:47:51	4:50	M (261)	SENIOR M (60)	
291	187	VALLE GONZÁLEZ, MARIO		00:48:25	00:48:16	4:50	M (262)	SENIOR M (61)	
292	622	PADIN COUSIDO, JOSÉ LUIS	C.A.CAMBADOS	00:48:26	00:48:21	4:50	M (263)	MASTER D M (4)	
293	655	TATO PÉREZ, EVA		00:48:27	00:48:19	4:50	F (30)	SUB 20/23 F (5)	
294	466	SOLIÑO LANZOS, JUAN	CLUBE CORREDOIRAS BUEU	00:48:30	00:48:30	4:50	M (264)	MASTER B M (79)	
295	263	ALVES FREIRE, DANIEL		00:48:31	00:48:15	4:51	M (265)	MASTER A M (77)	
296	323	CAMPOS FRAMIÑÁN, DAVID	MONTES DO DEZA	00:48:31	00:48:03	4:51	M (266)	MASTER A M (78)	
297	318	MARCHANTE CAMACHO, JOSÉ MANUEL		00:48:31	00:47:58	4:51	M (267)	MASTER A M (79)	
298	278	PRIETO BARRIO, SARA		00:48:32	00:48:05	4:51	F (31)	MASTER A F (6)	
299	385	PINO PRIETO, JOSÉ	SHAKA CLUB	00:48:33	00:48:13	4:51	M (268)	MASTER A M (80)	
300	474	MIGUELEZ VAZQUEZ, ALVARO		00:48:33	00:48:33	4:51	M (269)	MASTER B M (80)	

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
301	533	CAO SANCHEZ, GABRIEL		00:48:38	00:48:10	4:51	M (270)	MASTER B M (81)	
302	225	GONZÁLEZ CURRO, BRAULIO		00:48:38	00:48:38	4:51	M (271)	MASTER A M (81)	
303	578	DAPENA TENORIO, JOSE LUIS	OS CORREDORES DO INFERNO	00:48:45	00:48:24	4:52	M (272)	MASTER C M (32)	
304	243	MÉNDEZ IGLESIAS, MARTÍN		00:48:46	00:48:34	4:52	M (273)	MASTER A M (82)	
305	384	CONCHA DURÁN, RAFA		00:48:46	00:48:46	4:52	M (274)	MASTER A M (83)	
306	573	TRABAZO GRACIA, JOSEFA	PONTE A CORRER	00:48:49	00:48:39	4:52	F (32)	MASTER C F (5)	
307	407	ABOAL ABOAL, SANTIAGO		00:48:51	00:48:18	4:53	M (275)	MASTER B M (82)	
308	636	FERNÁNDEZ BELOSO, HUGO		00:48:53	00:48:23	4:53	M (276)	SUB 20/23 M (14)	
309	281	BARRIO CUIÑAS, JOSE		00:48:56	00:48:56	4:53	M (277)	MASTER A M (84)	
310	54	FERRÉ FERNÁNDEZ, ALBA		00:48:56	00:48:26	4:53	F (33)	SENIOR F (13)	
311	489	CHAZO VENTOSO, JOAQUIN	B12 MODA INFANTIL	00:48:56	00:48:45	4:53	M (278)	MASTER B M (83)	
312	490	PAZ VALLE, CARINA	B12 MODA INFANTIL	00:48:56	00:48:45	4:53	F (34)	MASTER B F (5)	
313	559	SUÁREZ FUENTES, BORJA	ATLETISMO FONTES DO SAR	00:48:59	00:48:28	4:53	M (279)	MASTER B M (84)	
314	88	VALLINA GUTIERREZ, AROA	CLUB DEPORTIVO DELIKIA	00:49:00	00:49:00	4:53	F (35)	SENIOR F (14)	
315	302	MARTÍNEZ BAZ, DAMIÁN	CLUB DEPORTIVO DELIKIA	00:49:00	00:49:00	4:53	M (280)	MASTER A M (85)	
316	162	PORTELA CUBAS, JONATAN		00:49:08	00:49:04	4:54	M (281)	SENIOR M (62)	
317	392	VILLAVERDE ROSALES, MARGA	GV SPORTS	00:49:11	00:49:01	4:55	F (36)	MASTER A F (7)	
318	530	LORENZO BARRAL, MARÍA ÁNGELES	NOSPORTLIMIT	00:49:19	00:48:46	4:55	F (37)	MASTER B F (6)	
319	595	VIDEIRA CORREA, ALBERTO	RUNNING LUSEKELO	00:49:21	00:48:52	4:56	M (282)	MASTER C M (33)	
320	58	GONZALEZ GARCIA, MIGUEL		00:49:24	00:48:59	4:56	M (283)	SENIOR M (63)	
321	396	PEREIRA FARRAPEIRA, DAVID		00:49:29	00:48:55	4:56	M (284)	MASTER A M (86)	
322	557	ESTÉVEZ LORENZO, JULIO		00:49:30	00:48:55	4:56	M (285)	MASTER B M (85)	
323	565	BARRAL MOREIRA, JOSE RAMON	OS CORREDORES DO INFERNO	00:49:38	00:49:17	4:57	M (286)	MASTER C M (34)	
324	505	CALLEJA GARCIA, CONSTANTINO		00:49:39	00:49:31	4:57	M (287)	MASTER B M (86)	
325	592	BARREIRO PADIN, ALFONSO	C.D.RIA DE AROUSA	00:49:50	00:49:50	4:58	M (288)	MASTER C M (35)	
326	430	MILLAN, RAFAEL	CLUB DEPORTIVO PINARIUM	00:49:51	00:49:33	4:59	M (289)	MASTER B M (87)	
327	269	LOUREIRO RODRÍGUEZ, SANTIAGO	QPRO GYM	00:49:52	00:49:34	4:59	M (290)	MASTER A M (87)	
328	461	SALGADO MASIDE, ANTONIO		00:49:52	00:49:28	4:59	M (291)	MASTER B M (88)	
329	423	SERANTES LOPEZ, JOSE IGNACIO		00:49:58	00:49:27	4:59	M (292)	MASTER B M (89)	
330	98	AMOEDO MARTÍNEZ, ADRIÁN		00:49:58	00:49:49	4:59	M (293)	SENIOR M (64)	

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
331	265	FERNANDEZ ALVAREZ, MARIA	QPRO GYM	00:49:59	00:49:43	4:59	F (38)	MASTER A F (8)	
332	556	BRIONES MEIJIDE, JORGE		00:50:00	00:49:31	4:59	M (294)	MASTER B M (90)	
333	163	FANDIÑO SOTO, VICTOR		00:50:03	00:49:59	5:00	M (295)	SENIOR M (65)	
334	614	YÁÑEZ COIRA, AVELINO	RUNNING LUSEKELO	00:50:05	00:49:35	5:00	M (296)	MASTER C M (36)	
335	404	FRAGA SANTIAGO, ROBERTO	CLUB DEPORTIVO PINARIUM	00:50:07	00:49:47	5:00	M (297)	MASTER B M (91)	M (9)
336	576	REBORDA GRAÑA, AMADOR	CLUB DEPORTIVO PINARIUM	00:50:09	00:49:34	5:00	M (298)	MASTER C M (37)	
337	294	PARRA NUÑEZ, RAQUEL		00:50:12	00:49:41	5:01	F (39)	MASTER A F (9)	
338	236	VILLALBA RODRIGUEZ, XAIME		00:50:18	00:49:41	5:01	M (299)	MASTER A M (88)	
339	527	LOURIDO PARADA, BREOGAN	EKIPO DO TOUCIÑO E CUNCA DE VIÑO	00:50:20	00:50:20	5:01	M (300)	MASTER B M (92)	
340	190	RODRÍGUEZ NOVOA, YAIZA	CORREDORES DO MIÑO	00:50:24	00:50:24	5:02	F (40)	SENIOR F (15)	
341	18	CORTEGOSO SOBRAL, MANUEL		00:50:26	00:49:56	5:02	M (301)	SENIOR M (66)	
342	531	SANTAMARÍA LORENZO, FRANCISCO JAVIER	CORREDORES DO MIÑO	00:50:26	00:50:04	5:02	M (302)	MASTER B M (93)	
343	81	FIUZA, CARLOS		00:50:30	00:50:01	5:02	M (303)	SENIOR M (67)	
344	637	FERNANDEZ BELOSO, JORGE		00:50:31	00:50:02	5:03	M (304)	SUB 20/23 M (15)	
345	516	PIÑEIRO PASTORIZA, CARLOS		00:50:31	00:50:14	5:03	M (305)	MASTER B M (94)	
346	629	DE LEÓN TORRE, MATEO		00:50:36	00:50:03	5:03	M (306)	SUB 20/23 M (16)	
347	235	IGLESIAS REY, MIGUEL	C.D.RIA DE AROUSA	00:50:38	00:50:38	5:03	M (307)	MASTER A M (89)	
348	563	CORTEGOSO VILAS, MARCIAL	SYNERGYM GORGULLÓN	00:50:41	00:50:35	5:04	M (308)	MASTER C M (38)	
349	15	LÓPEZ IGLESIAS, ALEJANDRO		00:50:43	00:50:29	5:04	M (309)	SENIOR M (68)	
350	346	GIRALDO SOTO, FERNEY		00:50:54	00:50:30	5:05	M (310)	MASTER A M (90)	
351	259	MARTINEZ SANJORGE, ANTONIO JESUS	CLUB DEPORTIVO PINARIUM	00:51:01	00:50:43	5:06	M (311)	MASTER A M (91)	
352	412	CARBALLO PARDAVILA, MARÍA		00:51:02	00:50:57	5:06	F (41)	MASTER B F (7)	
353	716	LLOVES ÁLVAREZ, GABRIEL		00:51:08	00:50:37	5:06	M (312)	SENIOR M (69)	
354	729	jamardo bascoy, manuel		00:51:09	00:51:00	5:06	M (313)	MASTER B M (95)	
355	662	VIDAL FERREIRÓS, MARA		00:51:11	00:51:11	5:07	F (42)	SUB 20/23 F (6)	
356	258	TORRES TABOAS, MANUEL		00:51:16	00:51:02	5:07	M (314)	MASTER A M (92)	
357	626	SANCHEZ SANTAMARIA, GORKA		00:51:19	00:50:53	5:07	M (315)	SUB 20/23 M (17)	
358	191	LEMA BAÑA, CRISTIAN		00:51:22	00:51:07	5:08	M (316)	SENIOR M (70)	
359	350	LACEIRAS GENS, LUIS ALBERTO		00:51:23	00:51:23	5:08	M (317)	MASTER A M (93)	
360	643	BARBADO LÓPEZ, ESTELA		00:51:34	00:51:22	5:09	F (43)	SUB 20/23 F (7)	

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
361	400	RODRIGUEZ ALONSO, SEDU		00:51:37	00:51:20	5:09	M (318)	MASTER A M (94)	
362	332	HUMPHREY, PAUL	CHORLTON RUNNERS	00:51:46	00:51:27	5:10	M (319)	MASTER A M (95)	
363	554	PERÉZ, VIRGINIA	CORREDORES DO MIÑO	00:51:47	00:51:31	5:10	F (44)	MASTER B F (8)	
364	284	SUÁREZ GESTO, ELENA	S. D. COMPOSTELA	00:51:49	00:51:38	5:10	F (45)	MASTER A F (10)	
365	13	NOVO GARCIA, PATRICIA		00:51:50	00:51:30	5:10	F (46)	SENIOR F (16)	
366	508	FLORES GARCÍA, SUSO	ATLETISMO A ESTRADA	00:51:50	00:51:40	5:10	M (320)	MASTER B M (96)	
367	669	RIVADULLA SOBRINO, XAIRO	CLUB DEPORTIVO PINARIUM	00:51:52	00:51:42	5:11	M (321)	SUB 20/23 M (18)	
368	429	AMADO CARBALLO, MIGUEL		00:51:55	00:51:39	5:11	M (322)	MASTER B M (97)	
369	687	GARCIA-GASCO, ROI		00:52:08	00:52:08	5:12	M (323)	SENIOR M (71)	
370	528	RODRIGUEZ LAMEIRO, ALFREDO	EKIPO DO TOUCIÑO E CUNCA DE VIÑO	00:52:10	00:52:10	5:12	M (324)	MASTER B M (98)	
371	150	FERNÁNDEZ SUÁREZ, LAURA		00:52:19	00:51:42	5:13	F (47)	SENIOR F (17)	
372	436	PESQUEIRA CORTEGOSO, RUBÉN		00:52:20	00:51:49	5:13	M (325)	MASTER B M (99)	
373	671	GARCIA, AMAIA		00:52:21	00:51:46	5:14	F (48)	SENIOR F (18)	
374	313	GARCIA MARTIN, MARIA	CLUBE CORREDOIRAS BUEU	00:52:27	00:52:12	5:14	F (49)	MASTER A F (11)	
375	280	RODRIGUEZ, MARIA ISABEL		00:52:30	00:52:30	5:14	F (50)	MASTER A F (12)	
376	689	CABALEIRO CARREIRA, MARIA TERESA		00:52:33	00:52:09	5:15	F (51)	MASTER A F (13)	
377	586	TABOADA GONZÁLEZ, RAMIRO	RUNNING LUSEKELO	00:52:39	00:52:10	5:15	M (326)	MASTER C M (39)	
378	641	TRONCOSO POMBAL, HUGO		00:52:40	00:52:05	5:15	M (327)	SUB 20/23 M (19)	
379	498	CASTEJÓN FERRER, DAVID	CLUB DEPORTIVO VALDEBEBAS	00:52:44	00:52:20	5:16	M (328)	MASTER B M (100)	
380	635	LUBIÁN PESQUEIRA, PABLO		00:52:46	00:52:21	5:16	M (329)	SUB 20/23 M (20)	
381	48	MIRANDA SIEIRO, RAQUEL	SYNERGYM GORGULLÓN	00:52:46	00:52:40	5:16	F (52)	SENIOR F (19)	
382	275	NENY, GUILLAUME JULIEN		00:52:51	00:52:24	5:17	M (330)	MASTER A M (96)	
383	467	LUBIAN VILAS, LUIS		00:52:53	00:52:53	5:17	M (331)	MASTER B M (101)	
384	137	GESTIDO, ISAAC		00:52:54	00:52:10	5:17	M (332)	SENIOR M (72)	
385	468	ORTIZ ALONSO, GONZALO	NOSPORTLIMIT	00:52:55	00:52:23	5:17	M (333)	MASTER B M (102)	
386	41	FERNÁNDEZ CARRASCO, MANUEL		00:52:56	00:52:42	5:17	M (334)	SENIOR M (73)	
387	210	CAPEANS ANTELO, SERGIO		00:53:02	00:52:34	5:18	M (335)	SENIOR M (74)	
388	642	BOUBETA VALVERDE, IVÁN		00:53:03	00:52:27	5:18	M (336)	SUB 20/23 M (21)	
389	159	ORTIZ BENITO, AARON	MILER RUNNING CLUB	00:53:08	00:52:44	5:18	M (337)	SENIOR M (75)	
390	308	RAMA NOVOA, SUSANA		00:53:09	00:52:35	5:18	F (53)	MASTER A F (14)	

CLASIFICACIÓN 10K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
391	307	PÉREZ DIÉGUEZ, DANIEL	CLUB ATLETISMO SAMERTOLAMEU	00:53:09	00:52:35	5:18	M (338)	MASTER A M (97)	
392	200	SOUTO CAINZOS, MARTA	CLUB ATLETISMO SADA	00:53:14	00:52:58	5:19	F (54)	SENIOR F (20)	
393	40	MARQUINA RODRÍGUEZ, ANDREA		00:53:17	00:53:03	5:19	F (55)	SENIOR F (21)	
394	569	OCHOA VIDAL, FRANCISCO	C.D.RIA DE AROUSA	00:53:20	00:53:00	5:19	M (339)	MASTER C M (40)	
395	413	MÁRQUEZ CORTIZO, ENRIQUE	CLUB DEPORTIVO PINARIUM	00:53:20	00:52:45	5:19	M (340)	MASTER B M (103)	
396	710	AREA AREA, MATEO		00:53:23	00:52:57	5:20	M (341)	MASTER A M (98)	
397	542	ACEVEDO LOPEZ, BERNARDO		00:53:23	00:52:43	5:20	M (342)	MASTER B M (104)	
398	543	GONZALEZ CARRACDDO, FRANCISCO		00:53:24	00:52:44	5:20	M (343)	MASTER B M (105)	
399	226	NUÑEZ LOPEZ, PABLO		00:53:25	00:52:49	5:20	M (344)	MASTER A M (99)	
400	549	CHAPELA DOCIO, FRANCISCO		00:53:34	00:52:56	5:21	M (345)	MASTER B M (106)	
401	51	PASTORIZA QUEIMAÑO, DAVID		00:53:34	00:53:08	5:21	M (346)	SENIOR M (76)	
402	389	GUADARRAMA CONDE, JULIO		00:53:36	00:53:23	5:21	M (347)	MASTER A M (100)	
403	271	VARELA, ANDREA		00:53:36	00:53:14	5:21	F (56)	MASTER A F (15)	
404	587	ALFONSO PÉREZ, ANTONIO	C.D.RIA DE AROUSA	00:53:37	00:53:17	5:21	M (348)	MASTER C M (41)	
405	732	ÁLVAREZ GÓMEZ, JULIO		00:53:39	00:53:39	5:21	M (349)	MASTER D M (5)	
406	366	VIÑAS MARTÍNEZ, JOSE		00:53:41	00:53:14	5:22	M (350)	MASTER A M (101)	
407	676	SANMARTIN GONZALEZ, VICTORIANO	MAIS QUE AUGA	00:53:42	00:53:42	5:22	M (351)	MASTER B M (107)	
408	539	RODRIGUEZ IGLESIAS, LUIS MANUEL		00:53:42	00:53:27	5:22	M (352)	MASTER B M (108)	
409	382	RIVAS LÓPEZ, JAVIER	CLUB DEPORTIVO PINARIUM	00:53:43	00:53:25	5:22	M (353)	MASTER A M (102)	M (10)
410	215	ROSALES ROSALES, PAULA	CLUB DEPORTIVO PINARIUM	00:53:43	00:53:26	5:22	F (57)	MASTER A F (16)	F (1)
411	327	VILLANUEVA PÉREZ, RUBEN	CLUB DEPORTIVO PINARIUM	00:53:43	00:53:24	5:22	M (354)	MASTER A M (103)	
412	502	GARCÍA SOAGE, FRAN	CLUB DEPORTIVO PINARIUM	00:53:43	00:53:25	5:22	M (355)	MASTER B M (109)	
413	379	SOUTO PIÑEIRO, JOSE LUIS		00:53:45	00:53:31	5:22	M (356)	MASTER A M (104)	
414	250	FREIRE HERMIDA, IVAN		00:53:46	00:53:09	5:22	M (357)	MASTER A M (105)	
415	244	ÁLVAREZ CORREIA, CONCEPCIÓN		00:53:48	00:53:48	5:22	F (58)	MASTER A F (17)	
416	116	AGÍS LEIRO, SARA		00:53:49	00:53:26	5:22	F (59)	SENIOR F (22)	
417	653	TRELLES CAO, BEA		00:53:49	00:53:22	5:22	F (60)	SUB 20/23 F (8)	
418	719	ARANGO MARTÍN DE JORGE, ALEJANDRO		00:53:50	00:53:09	5:22	M (358)	MASTER A M (106)	
419	428	GONZALEZ CARRERA, MANUEL		00:53:51	00:53:16	5:23	M (359)	MASTER B M (110)	
420	714	FERNÁNDEZ GARCIA, SAMUEL		00:53:54	00:53:21	5:23	M (360)	MASTER B M (111)	

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
421	303	OTERO BESADA, DIEGO		00:53:56	00:53:48	5:23	M (361)	MASTER A M (107)	
422	507	DOMÍNGUEZ, RODRIGO		00:53:59	00:53:59	5:23	M (362)	MASTER B M (112)	
423	398	DOMINGUEZ FREIRE, MARTIN		00:53:59	00:53:21	5:23	M (363)	MASTER A M (108)	
424	690	SERTAL SOUTO, MARÍA		00:54:00	00:53:35	5:23	F (61)	SENIOR F (23)	
425	133	ENCISA GONZÁLEZ, ANTÍA		00:54:00	00:53:40	5:23	F (62)	SENIOR F (24)	
426	149	BASCONCELLO QUEROL, MATÍAS EZEQUIEL		00:54:05	00:53:48	5:24	M (364)	SENIOR M (77)	
427	14	PEREZ GESTEIRO, ANA BELÉN		00:54:06	00:53:49	5:24	F (63)	SENIOR F (25)	
428	140	PÉREZ PÉREZ, FÁTIMA		00:54:07	00:53:45	5:24	F (64)	SENIOR F (26)	
429	702	GOMEZ SUAREZ, ALICIA		00:54:07	00:53:34	5:24	F (65)	SENIOR F (27)	
430	300	GARCÍA TRABAZO, MARÍA JESÚS		00:54:07	00:53:34	5:24	F (66)	MASTER A F (18)	
431	457	BUGALLO ARGIBAY, MARÍA JOSÉ		00:54:10	00:53:45	5:24	F (67)	MASTER B F (9)	
432	56	PEREZ MILLARES, JOSE ANTONIO	SYNERGYM PONTEVEDRA	00:54:16	00:54:10	5:25	M (365)	SENIOR M (78)	
433	673	FERNANDEZ GONZALEZ, JOSE MANUEL	MAIS QUE AUGA	00:54:30	00:54:15	5:26	M (366)	MASTER C M (42)	
434	555	GONZALEZ FERNANDEZ, JOSE	MAIS QUE AUGA	00:54:30	00:54:15	5:26	M (367)	MASTER B M (113)	
435	334	LÓPEZ CERVIÑO, ANDREA		00:54:35	00:54:16	5:27	F (68)	MASTER A F (19)	
436	224	MARTÍNEZ ROSALES, GERTRUDIS		00:54:38	00:54:10	5:27	F (69)	MASTER A F (20)	
437	228	GUERINEAU, FABIEN CHARLES THOMAS		00:54:38	00:54:10	5:27	M (368)	MASTER A M (109)	
438	470	LÓPEZ SANTOMÉ, MARCOS	ATLETAS VETERANOS DE GALICIA	00:54:38	00:54:38	5:27	M (369)	MASTER B M (114)	
439	333	DOPAZO RECAMÁN, MIGUEL		00:54:40	00:54:16	5:27	M (370)	MASTER A M (110)	
440	344	SANCHO ESTEVEZ, MARTA		00:54:44	00:54:32	5:28	F (70)	MASTER A F (21)	
441	707	BLANCO RODRÍGUEZ, EMILIO		00:54:44	00:54:24	5:28	M (371)	MASTER C M (43)	
442	648	FERNANDEZ GONZALEZ, PEDRO		00:54:58	00:54:22	5:29	M (372)	SUB 20/23 M (22)	
443	503	VARELA VARELA, SABELA	CORRIDA DAS CABRAS	00:55:11	00:54:58	5:31	F (71)	MASTER B F (10)	
444	89	CASTIÑEIRA SOTO, ALVARO		00:55:12	00:54:32	5:31	M (373)	SENIOR M (79)	
445	102	SUÁREZ, MARÍA		00:55:16	00:54:44	5:31	F (72)	SENIOR F (28)	
446	231	MAGDALENA GARCIA, GORETTI		00:55:16	00:54:40	5:31	F (73)	MASTER A F (22)	
447	124	HERMELO GÓMEZ, SERGIO	TRIATLÓN RÍAS BAIXAS	00:55:23	00:54:54	5:32	M (374)	SENIOR M (80)	
448	43	OTERO LEIRO, ALEJANDRO		00:55:23	00:54:55	5:32	M (375)	SENIOR M (81)	
449	335	DURAN CERQUEIRA, ENRIQUE		00:55:28	00:54:48	5:32	M (376)	MASTER A M (111)	
450	561	SÁNCHEZ CALVETE, NICOLAS	NERJA	00:55:29	00:54:50	5:32	M (377)	MASTER C M (44)	

CLASIFICACIÓN 10K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
451	451	VIDAL FREIJEIRO, MARCOS	CLUB DEPORTIVO PINARIUM	00:55:30	00:55:23	5:32	M (378)	MASTER B M (115)	
452	336	ROEL GIL, FRANCISCO		00:55:30	00:54:50	5:32	M (379)	MASTER A M (112)	
453	421	TROITIÑO CARAMÉS, MANUEL		00:55:32	00:54:58	5:33	M (380)	MASTER B M (116)	
454	175	PACHÓN. YÁÑEZ, PAULA		00:55:33	00:54:53	5:33	F (74)	SENIOR F (29)	
455	403	GARCÍA MARCOS, MIRIAM		00:55:34	00:55:14	5:33	F (75)	MASTER B F (11)	
456	177	MOREIRA, EMILIO		00:55:35	00:55:08	5:33	M (381)	SENIOR M (82)	
457	179	MONTES MOREIRA, ARON		00:55:36	00:55:10	5:33	M (382)	SENIOR M (83)	
458	67	JUNCAL PEÑAS, GUILLERMO		00:55:39	00:54:59	5:33	M (383)	SENIOR M (84)	
459	252	SENRA RIVAS, LINO		00:55:44	00:55:11	5:34	M (384)	MASTER A M (113)	
460	650	PORTABALES VILLANUEVA, JORGE		00:55:49	00:55:49	5:34	M (385)	SUB 20/23 M (23)	
461	395	CASTIÑEIRA SOTO, PABLO	GV SPORTS	00:55:51	00:55:11	5:35	M (386)	MASTER A M (114)	
462	414	OMIL CRUZ, XOAN RAMON		00:55:53	00:55:21	5:35	M (387)	MASTER B M (117)	
463	216	RODRÍGUEZ JUNCAL, JOSÉ RAMÓN		00:55:54	00:55:28	5:35	M (388)	MASTER A M (115)	
464	693	NANTES GARCIA, MANUEL S		00:55:58	00:55:58	5:35	M (389)	MASTER D M (6)	
465	552	GRAÑA RAMOS, ANXO		00:56:05	00:55:54	5:36	M (390)	MASTER B M (118)	
466	440	SAAVEDRA SANTIAGO, JAVIER		00:56:06	00:55:55	5:36	M (391)	MASTER B M (119)	
467	695	MUÑOZ PÉREZ, ANTONIO		00:56:07	00:55:40	5:36	M (392)	SENIOR M (85)	
468	691	IGLESIAS, MANUEL		00:56:07	00:55:39	5:36	M (393)	SENIOR M (86)	
469	49	FERNÁNDEZ ALONSO, SERGIO		00:56:08	00:55:34	5:36	M (394)	SENIOR M (87)	
470	144	MARTINEZ BARROS, ALEXANDRA		00:56:09	00:55:50	5:36	F (76)	SENIOR F (30)	
471	652	ESPAÑA PETEIRO, RODRIGO		00:56:12	00:55:52	5:37	M (395)	SUB 20/23 M (24)	
472	651	ROMERO BELLO, ANTONIO		00:56:14	00:55:54	5:37	M (396)	SUB 20/23 M (25)	
473	484	TORRADO BEA, RAQUEL		00:56:19	00:55:55	5:37	F (77)	MASTER B F (12)	
474	329	ARROYO CUNHA, NACHO		00:56:20	00:56:20	5:37	M (397)	MASTER A M (116)	
475	189	DOMÍNGUEZ DÍAZ, MARTÍN		00:56:27	00:55:55	5:38	M (398)	SENIOR M (88)	
476	297	FERVENZA CHAPELA, BREOGAN		00:56:29	00:56:29	5:38	M (399)	MASTER A M (117)	
477	34	MOLEDO UCHA, ALBA		00:56:34	00:56:34	5:39	F (78)	SENIOR F (31)	
478	349	BRITO ALONSO, PAULA		00:56:46	00:56:04	5:40	F (79)	MASTER A F (23)	
479	348	GARCÍA FERNÁNDEZ, JOSÉ LUIS	MILER RUNNING CLUB	00:56:46	00:56:05	5:40	M (400)	MASTER A M (118)	
480	618	ROSALES PIÑEIRO, MANUELA		00:56:48	00:56:28	5:40	M (401)	MASTER C M (45)	

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
481	686	GONZÁLEZ GONZÁLEZ, BENITO	MAISQUEAUGA	00:56:55	00:56:31	5:41	M (402)	MASTER D M (7)	
482	70	TOUZA GALIANO, RAQUEL		00:56:59	00:56:33	5:41	F (80)	SENIOR F (32)	
483	647	GESTIDO PIZCUETA, MANUEL		00:57:10	00:56:38	5:42	M (403)	SUB 20/23 M (26)	
484	672	GAGGIOLO, GUILLERMO		00:57:28	00:57:14	5:44	M (404)	MASTER C M (46)	
485	612	RUIBAL ARGIBAY, JOSÉ RAMÓN		00:57:29	00:57:29	5:44	M (405)	MASTER C M (47)	
486	608	HERMIDA IGLESIAS, MARIA		00:57:36	00:57:13	5:45	F (81)	MASTER C F (6)	
487	71	MOARES DA SILVA, VÍCTOR		00:57:40	00:57:26	5:45	M (406)	SENIOR M (89)	
488	582	SOLLA POUSADA, FRANCISCO		00:57:43	00:57:43	5:46	M (407)	MASTER C M (48)	
489	560	POZO BALSERA, LUIS		00:57:47	00:57:47	5:46	M (408)	MASTER C M (49)	
490	633	CAMPO SANTIAGO, LUCIA		00:57:47	00:57:10	5:46	F (82)	SUB 20/23 F (9)	
491	520	CAMPO ROSALES, MARCOS	SYNERGYM GORGULLÓN	00:57:49	00:57:13	5:46	M (409)	MASTER B M (120)	
492	590	BURLIDO BORREGO, JOSE ISAIAS		00:57:55	00:57:20	5:47	M (410)	MASTER C M (50)	
493	232	GUTIÉRREZ VEIGA, DANIEL		00:58:21	00:57:40	5:50	M (411)	MASTER A M (119)	
494	692	GUTIERREZ LOPEZ, JOSE MANUEL		00:58:22	00:57:53	5:50	M (412)	MASTER D M (8)	
495	628	OMIL GONZÁLEZ, IAGO		00:58:29	00:57:58	5:50	M (413)	SUB 20/23 M (27)	
496	147	SÁNCHEZ VILLEGAS, ÁLVARO		00:58:31	00:58:11	5:51	M (414)	SENIOR M (90)	
497	148	CARJAN, VLAD		00:58:31	00:58:10	5:51	M (415)	SENIOR M (91)	
498	142	FERNÁNDEZ GARCÍA, JACOBO		00:58:31	00:58:31	5:51	M (416)	SENIOR M (92)	
499	722	GONZÁLEZ ARGIBAY, PABLO		00:58:38	00:58:14	5:51	M (417)	SENIOR M (93)	
500	721	GONZÁLEZ GONZÁLEZ, ANTONIO		00:58:39	00:58:16	5:51	M (418)	MASTER C M (51)	
501	696	CASTRO GUERREIRO, DAVID	C.A.R.MARISQUEIRO	00:58:43	00:58:43	5:52	M (419)	MASTER A M (120)	
502	61	ANDRÉS MARTÍNEZ, DIEGO		00:58:47	00:58:41	5:52	M (420)	SENIOR M (94)	
503	616	VILLAR SALGADO, JOSE FRANCISCO		00:58:47	00:58:39	5:52	M (421)	MASTER C M (52)	
504	122	LÓPEZ NOGUEIRA, SAMANTA		00:58:51	00:58:51	5:53	F (83)	SENIOR F (33)	
505	211	ESTÉVEZ, ESTEFANÍA		00:58:55	00:58:37	5:53	F (84)	SENIOR F (34)	
506	293	LEIRO CAMBESES, YAIZA		00:59:02	00:58:32	5:54	F (85)	MASTER A F (24)	
507	708	GONZALEZ RODRIGUEZ, CESAR		00:59:11	00:58:56	5:55	M (422)	MASTER B M (121)	
508	611	JUNCAL DIOS, GUILLERMO		00:59:11	00:58:56	5:55	M (423)	MASTER C M (53)	
509	95	ARIAS GÓMEZ, AROA		00:59:12	00:58:34	5:55	F (86)	SENIOR F (35)	
510	94	GARCÍA ABILLEIRA, NEREA		00:59:12	00:58:34	5:55	F (87)	SENIOR F (36)	

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
511	734	ALVARADO ZERPA, JESCOR MANUEL		00:59:15	00:58:39	5:55	M (424)	MASTER B M (122)	
512	80	IGLESIAS COBO, CARLOTA		00:59:20	00:58:54	5:55	F (88)	SENIOR F (37)	
513	25	TORRES ESPERON, IRIA		00:59:20	00:58:53	5:55	F (89)	SENIOR F (38)	
514	174	TORRES ESPERÓN, ELVA	+10K MARIN	00:59:20	00:58:53	5:55	F (90)	SENIOR F (39)	
515	456	MIRÓN PARRA, ALBERTO		00:59:25	00:59:00	5:56	M (425)	MASTER B M (123)	
516	117	ARIAS VILABOA, DAFNE LUCIA	LUGO RUNNING CLUB	00:59:26	00:59:13	5:56	F (91)	SENIOR F (40)	
517	166	VÁZQUEZ RUIBAL, ANA		00:59:48	00:59:37	5:58	F (92)	SENIOR F (41)	
518	518	DACOSTA MOLANES, VICENTE		00:59:48	00:59:48	5:58	M (426)	MASTER B M (124)	
519	372	CABIDO PLAZAOLA, SERGIO		00:59:52	00:59:52	5:59	M (427)	MASTER A M (121)	
520	373	PIDRE DOMINGUEZ, ZHAIRA		00:59:52	00:59:52	5:59	F (93)	MASTER A F (25)	
521	713	VILLAVARDE MIGUEZ, SILVIA		01:00:11	00:59:38	6:01	F (94)	MASTER A F (26)	
522	677	VAZQUEZ MAYO, MONICA	MAIS QUE AUGA	01:00:33	01:00:33	6:03	F (95)	MASTER B F (13)	
523	251	MAYO MARTÍNEZ, ÁNGELA		01:00:34	01:00:07	6:03	F (96)	MASTER A F (27)	
524	198	PÉREZ MAQUIEIRA, ÁNGELA		01:00:59	01:00:50	6:05	F (97)	SENIOR F (42)	
525	197	GONZÁLEZ JABOIS, ROBERTO		01:00:59	01:00:50	6:05	M (428)	SENIOR M (95)	
526	454	IBARRETXE MARTÍNEZ, ARANTZAZU		01:01:06	01:00:44	6:06	F (98)	MASTER B F (14)	
527	605	SOTO CABA, MIGUEL ÁNGEL	CLUB DE LOS POETAS MUERTOS	01:01:10	01:01:10	6:06	M (429)	MASTER C M (54)	
528	199	ALVAREZ ALONSO, SARS		01:01:23	01:00:57	6:08	F (99)	SENIOR F (43)	
529	158	ARIZA ROLDÁN, VICTORIA		01:01:24	01:01:16	6:08	F (100)	SENIOR F (44)	
530	351	GREGORIO, MÜLLER		01:01:24	01:01:24	6:08	M (430)	MASTER A M (122)	
531	130	COSTAS MAÑÁ, SILVIA		01:01:27	01:01:02	6:08	F (101)	SENIOR F (45)	
532	176	VILLAR CORRRALES, JOSE	REAL CLUB CELTA ATLETISMO.	01:01:28	01:00:53	6:08	M (431)	SENIOR M (96)	
533	656	VAZQUEZ GIL, ÁGUEDA		01:01:29	01:01:29	6:08	F (102)	SUB 20/23 F (10)	
534	551	LEMON CABRERA, SONIA		01:01:32	01:01:04	6:09	F (103)	MASTER B F (15)	
535	185	FLOREZ, JENNY		01:01:42	01:01:06	6:10	F (104)	SENIOR F (46)	
536	720	ALONSO BLANCO, MARTA		01:02:06	01:01:48	6:12	F (105)	SENIOR F (47)	
537	299	PAULA BLANCO, PAULA	ACEA DE AMA - TRI ARTEIXO	01:02:11	01:01:38	6:13	F (106)	MASTER A F (28)	
538	90	RUBIANES BAUTISTA, SONIA		01:02:13	01:01:34	6:13	F (107)	SENIOR F (48)	
539	207	RODRIGUEZ FERNÁNDEZ, LAURA		01:02:13	01:01:34	6:13	F (108)	SENIOR F (49)	
540	589	CAMPOS MURAS, FERNANDO		01:02:31	01:02:05	6:15	M (432)	MASTER C M (55)	

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
541	476	MARTINEZ FERNÁNDEZ-TOSTADO, MARISA		01:02:31	01:02:06	6:15	F (109)	MASTER B F (16)	
542	119	SALÁN COUSO, LAURA		01:02:58	01:02:58	6:17	F (110)	SENIOR F (50)	
543	125	RODRÍGUEZ RODRÍGUEZ, NOELIA		01:03:01	01:02:31	6:18	F (111)	SENIOR F (51)	
544	96	SEIXO PAZOS, UXÍA		01:03:01	01:02:38	6:18	F (112)	SENIOR F (52)	
545	296	DÍAZ DÍAZ, IAGO		01:03:04	01:02:33	6:18	M (433)	MASTER A M (123)	
546	632	GARCÍA LORENZO, ANTIA	CLUB DEPORTIVO PINARIUM	01:03:18	01:02:47	6:19	F (113)	SUB 20/23 F (11)	F (2)
547	360	FERNANDEZ CALVAR, BORJA		01:03:29	01:03:13	6:20	M (434)	MASTER A M (124)	
548	352	BLANCO RÍO, TATIANA		01:03:30	01:02:48	6:20	F (114)	MASTER A F (29)	
549	103	EXPÓSITO FERNÁNDEZ, LUCÍA		01:03:45	01:03:14	6:22	F (115)	SENIOR F (53)	
550	267	RUIBAL CASALDERREY, SONIA		01:03:52	01:03:52	6:23	F (116)	MASTER A F (30)	
551	397	MARTÍNEZ LORENZO, BELEN		01:03:58	01:03:21	6:23	F (117)	MASTER A F (31)	
552	617	ROCHA CRUCES, MARIA CARMEN	C.A.R.MARISQUEIRO	01:04:00	01:03:52	6:23	F (118)	MASTER C F (7)	
553	427	LÓPEZ MOSTEIRO, ANA ISABEL	CLUB DEPORTIVO PINARIUM	01:04:42	01:04:17	6:28	F (119)	MASTER B F (17)	
554	112	LIMÉNS FIGUEIRAS, LARA		01:04:48	01:04:26	6:28	F (120)	SENIOR F (54)	
555	111	TOBÍO LÓPEZ, JOAQUÍN MANUEL		01:04:48	01:04:25	6:28	M (435)	SENIOR M (97)	
556	727	BUGALLO LÓPEZ, ÁNGEL		01:04:48	01:04:06	6:28	M (436)	MASTER D M (9)	
557	515	RUIBAL ARGIBAY, ALBERTO		01:04:51	01:04:51	6:29	M (437)	MASTER B M (125)	
558	82	CÓRDOBA PÉREZ, MARÍA VICTORIA		01:05:15	01:05:15	6:31	F (121)	SENIOR F (55)	
559	78	RODRIGUEZ FILGUEIRAS, EILA		01:06:34	01:06:14	6:39	F (122)	SENIOR F (56)	
560	218	SANS BESADA, MARIA		01:06:40	01:06:16	6:39	F (123)	MASTER A F (32)	
561	341	MARTÍNEZ DIAZ, GEMMA		01:07:09	01:06:27	6:42	F (124)	MASTER A F (33)	
562	340	ARMADA FERNÁNDEZ, BORIS		01:07:10	01:06:29	6:42	M (438)	MASTER A M (125)	
563	450	SANTALLA DE SÁA, NICOLÁS	OS CORREDORES DO INFERNO	01:07:14	01:06:53	6:43	M (439)	MASTER B M (126)	
564	129	GARCÍA CONDE, TALÍA	CLUB PATINAXE ARTÍSTICA	01:07:45	01:07:13	6:46	F (125)	SENIOR F (57)	
565	670	RODRÍGUEZ IGLESIAS, ANA	MAIS QUE AUGA	01:08:32	01:08:20	6:51	F (126)	MASTER C F (8)	
566	674	ASENSIO VARELA, SARA	MAIS QUE AUGA	01:08:32	01:08:19	6:51	F (127)	SENIOR F (58)	
567	311	GARRIDO GOME, JAVIER		01:08:38	01:08:38	6:51	M (440)	MASTER A M (126)	
568	630	BLANCO, MARIA		01:09:11	01:08:34	6:55	F (128)	SUB 20/23 F (12)	
569	69	BOKHINSKA, YULIIA	OS CORREDORES DO INFERNO	01:09:16	01:08:54	6:55	F (129)	SENIOR F (59)	
570	120	GARCIA FERNANDEZ, DAVID		01:09:46	01:09:24	6:58	M (441)	SENIOR M (98)	

CLASIFICACIÓN 10K

PTO DOR NOMBRE			CLUB	T.OFICIAL	T.NETO	RITM	SEXO	CATEGORÍA	LOCA
571	64	TORRES, CECILIA		01:10:39	01:10:13	7:03	F (130)	SENIOR F (60)	
572	114	RODRÍGUEZ PÉREZ, DAVID		01:12:00	01:11:37	7:11	M (442)	SENIOR M (99)	
573	113	LIMÉNS FIGUEIRAS, MARTA		01:12:01	01:11:38	7:12	F (131)	SENIOR F (61)	
574	247	VALCARCEL PEREZ, JULIA MARIA		01:16:26	01:15:54	7:38	F (132)	MASTER A F (34)	
575	731	ojeda garcía, josé manuel		01:16:26	01:16:09	7:38	M (443)	MASTER D M (10)	

Total: 575