

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
<b>SENIOR M</b>							
SNM (1)	3	GONZÁLEZ MOURELOS, YAGO	MILER RUNNING CLUB	<b>00:40:27 (1)</b>	--	3:48	M (1)
SNM (2)	1	PUIG MALVAR, JORGE	CLUB DEPORTIVO PINARIUM	<b>00:43:49 (2)</b>	+3:22	4:08	M (2)
SNM (3)	201	GAGO REY, MANUEL		<b>00:44:43 (4)</b>	+4:16	4:13	M (4)
SNM (4)	24	RAMOS CORREIA, FELIPE		<b>00:44:51 (5)</b>	+4:24	4:13	M (5)
SNM (5)	119	CALVO CASTRO, HUGO		<b>00:46:31 (7)</b>	+6:04	4:23	M (7)
SNM (6)	1024	FREIRE GOMEZ, ALBERTO		<b>00:47:41 (9)</b>	+7:14	4:29	M (9)
SNM (7)	211	MENDUIÑA DOPAZO, IVÁN		<b>00:47:41 (10)</b>	+7:14	4:29	M (10)
SNM (8)	272	CORTÉS ESPERÓN, JORGE		<b>00:47:54 (11)</b>	+7:27	4:31	M (11)
SNM (9)	385	UBEIRA VALLADARES, JOSE		<b>00:48:03 (12)</b>	+7:36	4:31	M (12)
SNM (10)	203	MERUÉNDANO SUÁREZ, MIGUEL		<b>00:48:09 (14)</b>	+7:42	4:32	M (14)
SNM (11)	27	BAO FERNANDEZ, FRANCISCO		<b>00:48:17 (16)</b>	+7:50	4:33	M (16)
SNM (12)	269	PEIXOTO MOLEDO, CRISTOFER	OS CORREDORES DO INFERNO	<b>00:48:54 (17)</b>	+8:27	4:36	M (17)
SNM (13)	8	PUIG, MATEO		<b>00:49:19 (19)</b>	+8:52	4:39	M (19)
SNM (14)	36	PÉREZ SABORIDO, MARTÍN	BRUNCH RUN CLUB	<b>00:49:51 (25)</b>	+9:24	4:42	M (24)
SNM (15)	26	SEVILLA CARRO, PABLO		<b>00:50:01 (27)</b>	+9:34	4:43	M (26)
SNM (16)	120	CALVO CASTRO, JORGE		<b>00:50:03 (28)</b>	+9:36	4:43	M (27)
SNM (17)	347	OCHOA PIÑEIRO, ALEXANDRE	SD AMANECER	<b>00:50:13 (30)</b>	+9:46	4:44	M (29)
SNM (18)	5	FERNÁNDEZ FERNÁNDEZ, HÉCTOR	MILER RUNNING CLUB	<b>00:50:22 (31)</b>	+9:55	4:45	M (30)
SNM (19)	1008	ABAL ALDAO, ANDRES	CORREDOIRAS	<b>00:51:09 (33)</b>	+10:42	4:49	M (32)
SNM (20)	1048	BARCALA FARTO, AITOR	FALABARATOS	<b>00:51:16 (35)</b>	+10:49	4:50	M (34)
SNM (21)	187	FERRÍN LORENZO, PABLO		<b>00:52:41 (41)</b>	+12:14	4:58	M (40)
SNM (22)	224	LUBIÁN PESQUEIRA, ALBERTO		<b>00:53:12 (46)</b>	+12:45	5:01	M (45)
SNM (23)	105	SUÁREZ SUÁREZ, SERGIO		<b>00:53:17 (48)</b>	+12:50	5:01	M (47)
SNM (24)	465	QUINTAS CRESPO, ALEJANDRO		<b>00:53:22 (50)</b>	+12:55	5:02	M (49)
SNM (25)	30	VEIGA PEREIRO, DIEGO		<b>00:53:24 (51)</b>	+12:57	5:02	M (50)
SNM (26)	1007	FERNANDEZ PEREZ, ALEJANDRO		<b>00:54:01 (53)</b>	+13:34	5:05	M (52)
SNM (27)	1032	PEREIRA PÉREZ, JACOBO		<b>00:54:34 (56)</b>	+14:07	5:08	M (55)
SNM (28)	1039	GALLEGO SOUTO, AITOR	CLUB NOCEDO TRAIL TEAM	<b>00:54:40 (57)</b>	+14:13	5:09	M (56)
SNM (29)	171	RODRÍGUEZ BARREIRO, DAVID		<b>00:54:43 (59)</b>	+14:16	5:09	M (58)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
SNM (30)	275	ESTÉVEZ CARBALLO, ANXO		<b>00:55:59 (72)</b>	+15:32	5:16	M (69)
SNM (31)	268	BERNÁRDEZ LORENZO-FARIÑA, CARLOS		<b>00:55:59 (73)</b>	+15:32	5:16	M (70)
SNM (32)	325	SUÁREZ FERNÁNDEZ, ESTEBAN		<b>00:56:10 (76)</b>	+15:43	5:17	M (73)
SNM (33)	369	GONZALEZ GARCIA, MIGUEL		<b>00:56:12 (77)</b>	+15:45	5:18	M (74)
SNM (34)	271	CHAPELA PASTORIZA, DAVID		<b>00:56:20 (78)</b>	+15:53	5:18	M (75)
SNM (35)	473	VEIGA PAZOS, ALBERTO		<b>00:57:23 (93)</b>	+16:56	5:24	M (87)
SNM (36)	282	VILLAVERDE MONTES, DAVID		<b>00:59:00 (111)</b>	+18:33	5:33	M (102)
SNM (37)	315	FONOLLA SOPENA, XAVI	CAIMANES RUNNING CLUB	<b>00:59:45 (118)</b>	+19:18	5:38	M (107)
SNM (38)	281	CORTEGOSO SOBRAL, MANUEL		<b>01:00:22 (125)</b>	+19:55	5:41	M (111)
SNM (39)	245	PUERTAS SANTOS, JOSE MANUEL		<b>01:00:33 (128)</b>	+20:06	5:42	M (113)
SNM (40)	332	CASADO GÓMEZ, HÉCTOR		<b>01:00:34 (129)</b>	+20:07	5:42	M (114)
SNM (41)	257	PARADA CABALEIRO, XIÁN	CLUB CORREDOIRAS BUEU	<b>01:00:34 (130)</b>	+20:07	5:42	M (115)
SNM (42)	235	FERNÁNDEZ BELOSO, HUGO		<b>01:00:39 (131)</b>	+20:12	5:43	M (116)
SNM (43)	341	NAYA ROSATO, MARTÍN		<b>01:00:41 (132)</b>	+20:14	5:43	M (117)
SNM (44)	340	NORES CID, IVÁN		<b>01:00:47 (133)</b>	+20:20	5:44	M (118)
SNM (45)	242	DA CONCEPCIÓN, EDUARDO		<b>01:00:49 (134)</b>	+20:22	5:44	M (119)
SNM (46)	91	GUTIERREZ BENAVIDES, DANIEL		<b>01:01:45 (143)</b>	+21:18	5:49	M (126)
SNM (47)	219	MACEIRA ROMWRO, AARON		<b>01:02:13 (150)</b>	+21:46	5:52	M (133)
SNM (48)	209	PÉREZ GONZÁLEZ, RAÚL		<b>01:02:35 (151)</b>	+22:08	5:54	M (134)
SNM (49)	279	MUNIS SANTANA, ALESSANDRO		<b>01:02:41 (153)</b>	+22:14	5:54	M (135)
SNM (50)	331	PASTORIZA QUEIMAÑO, DAVID	CLUB ATLETISMO SAMERTOLAMEU	<b>01:02:51 (156)</b>	+22:24	5:55	M (138)
SNM (51)	289	OTERO FREIRE, RAÚL	CLUB DEPORTIVO PINARIUM	<b>01:03:45 (162)</b>	+23:18	6:00	M (143)
SNM (52)	388	ABAL ROMA, CARLOS		<b>01:03:49 (163)</b>	+23:22	6:01	M (144)
SNM (53)	125	BALTAR TORRES, ÓSCAR ANTONIO		<b>01:04:27 (169)</b>	+24:00	6:04	M (149)
SNM (54)	308	ABAL NAVEIRO, DIEGO		<b>01:04:29 (170)</b>	+24:02	6:04	M (150)
SNM (55)	130	AQUINO GESTIDO, VÍCTOR		<b>01:04:38 (172)</b>	+24:11	6:05	M (152)
SNM (56)	231	RIVADULLA SOBRINO, XAIRO		<b>01:05:31 (185)</b>	+25:04	6:10	M (163)
SNM (57)	56	LÓPEZ VALES, MARCOS		<b>01:06:04 (192)</b>	+25:37	6:13	M (168)
SNM (58)	276	GARCÍA FERRAL, AARÓN		<b>01:06:09 (193)</b>	+25:42	6:14	M (169)
SNM (59)	225	FERNÁNDEZ BUEZAS, LUIS		<b>01:06:37 (199)</b>	+26:10	6:17	M (175)
SNM (60)	32	SORIANO BACETE, IVAN	BRUNCH RUN CLUB	<b>01:06:44 (202)</b>	+26:17	6:17	M (178)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
SNM (61)	358	JIMÉNEZ BENITO, JOSÉ MIGUEL		<b>01:06:57 (204)</b>	+26:30	6:18	M (180)
SNM (62)	258	TORRÓN DÍAZ, XOEL		<b>01:07:03 (205)</b>	+26:36	6:19	M (181)
SNM (63)	106	OTERO NOVÁS, PEDRO		<b>01:07:26 (208)</b>	+26:59	6:21	M (184)
SNM (64)	78	COSTA FERNÁNDEZ, RAMÓN WALDO		<b>01:07:28 (209)</b>	+27:01	6:21	M (185)
SNM (65)	35	BELLON CALVAR, MANUEL		<b>01:07:28 (210)</b>	+27:01	6:21	M (186)
SNM (66)	274	CASTIÑEIRA PASTORIZA, ALFONSO	RAVACHOL A TODO TROTE	<b>01:07:38 (213)</b>	+27:11	6:22	M (187)
SNM (67)	345	AMOEDO MARTÍNEZ, ADRIÁN	RAVACHOL A TODO TROTE	<b>01:07:38 (214)</b>	+27:11	6:22	M (188)
SNM (68)	1027	VÁZQUEZ IGLESIAS, SANTIAGO		<b>01:07:44 (215)</b>	+27:17	6:23	M (189)
SNM (69)	208	FERNÁNDEZ BELOSO, JORGE		<b>01:07:49 (219)</b>	+27:22	6:23	M (192)
SNM (70)	263	LOMBARDÍA ROCHA, YAGO	MASIVOS	<b>01:08:05 (222)</b>	+27:38	6:25	M (195)
SNM (71)	116	PAZOS PAZOS, JUAN CARLOS		<b>01:08:16 (224)</b>	+27:49	6:26	M (197)
SNM (72)	72	BARRIO FERNÁNDEZ, DAVID		<b>01:08:23 (227)</b>	+27:56	6:26	M (199)
SNM (73)	322	CAPEANS ANTELO, SERGIO		<b>01:09:04 (234)</b>	+28:37	6:30	M (204)
SNM (74)	140	GARCÍA ALMARCHA, JUAN ANTONIO		<b>01:09:33 (238)</b>	+29:06	6:33	M (208)
SNM (75)	139	PAZ AGUIAR, ANTÓN		<b>01:09:33 (240)</b>	+29:06	6:33	M (209)
SNM (76)	1011	REY SÁNCHEZ-CABEZUDO, XOÁN		<b>01:09:39 (241)</b>	+29:12	6:34	M (210)
SNM (77)	108	GARRIDO CUSTODIO, MANUEL		<b>01:10:18 (249)</b>	+29:51	6:37	M (214)
SNM (78)	1043	GARRIDO LORENZO, DAVID		<b>01:10:18 (250)</b>	+29:51	6:37	M (215)
SNM (79)	87	LUQUE FERNANDEZ, JUAN LUIS		<b>01:12:55 (273)</b>	+32:28	6:52	M (229)
SNM (80)	170	SEOANE MARTÍNEZ, PABLO		<b>01:13:34 (277)</b>	+33:07	6:56	M (232)
SNM (81)	88	PAZOS BARCIA, ALEJANDRO		<b>01:13:47 (279)</b>	+33:20	6:57	M (233)
SNM (82)	1013	CAMESELLE RODRÍGUEZ, ALEJANDRO		<b>01:14:13 (280)</b>	+33:46	7:00	M (234)
SNM (83)	68	PEREIRAS SILVA, MATHIAS		<b>01:15:15 (288)</b>	+34:48	7:05	M (239)
SNM (84)	76	ANSEDE ZUAZOLA, ANDONI		<b>01:15:36 (290)</b>	+35:09	7:07	M (241)
SNM (85)	1037	NOVO VILLAVERDE, PEDRO		<b>01:15:54 (293)</b>	+35:27	7:09	M (244)
SNM (86)	45	AMARO PINTOS, ROMÁN		<b>01:16:02 (294)</b>	+35:35	7:10	M (245)
SNM (87)	44	SANTOS ROSALES, IGNACIO		<b>01:16:03 (295)</b>	+35:36	7:10	M (246)
SNM (88)	103	VIERA, GEREMIAS		<b>01:16:34 (298)</b>	+36:07	7:13	M (247)
SNM (89)	463	ORTIZ BENITO, AARON		<b>01:19:41 (311)</b>	+39:14	7:31	M (256)
SNM (90)	1034	PAZOS LOPEZ, OSCAR		<b>01:21:21 (321)</b>	+40:54	7:40	M (261)
SNM (91)	1012	RODRÍGUEZ GONZÁLEZ, DIEGO		<b>01:21:26 (322)</b>	+40:59	7:40	M (262)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
SNM (92)	55	DEL RÍO GARCÍA, IGNACIO	O BARCO DE VALDEORRAS	01:23:37 (335)	+43:10	7:53	M (267)
SNM (93)	334	EIRÍN GUIANCE, MARTÍN		01:24:36 (341)	+44:09	7:58	M (272)
SNM (94)	162	LEMA DÍAZ, ISAAC		01:27:29 (348)	+47:02	8:15	M (279)
SNM (95)	1030	RÚA AVENDAÑO, SALVADOR		01:28:09 (351)	+47:42	8:18	M (280)

### SENIOR F

SNF (1)	367	NOGUEIRA VIÑAS, NOELIA	CLUB ATLETISMO CAMBADOS	00:57:01 (83)	+42	5:22	F (4)
SNF (2)	1017	LOPEZ FIEL, AINHOA	GALAICAS BUEU	00:57:13 (88)	+54	5:23	F (6)
SNF (3)	172	BOKHINSKA, YULIIA	OS CORREDORES DO INFERNO	00:57:56 (99)	+1:37	5:27	F (7)
SNF (4)	384	MARTINEZ PIÑEIRO, IRIA		01:00:16 (124)	+3:57	5:41	F (14)
SNF (5)	10	MARTÍNEZ PÉREZ, LUCÍA		01:01:06 (137)	+4:47	5:45	F (16)
SNF (6)	25	CUEVAS VIDAL, MARINA		01:07:34 (212)	+11:15	6:22	F (26)
SNF (7)	122	GASPAR FONTÁN, CARMEN	MASIVOS	01:07:47 (218)	+11:28	6:23	F (27)
SNF (8)	73	CASTRO GONZÁLEZ, ESTELA	CLUB ATLETISMO CAMBADOS	01:08:22 (226)	+12:03	6:26	F (28)
SNF (9)	6	TORRES ESPERÓN, ELVA		01:09:33 (239)	+13:14	6:33	F (31)
SNF (10)	136	FÉLIX SOLLA, PALOMA		01:10:01 (247)	+13:42	6:36	F (34)
SNF (11)	107	LOURIDO BARBOSA, TANIA	SERRES RUNNERS	01:10:10 (248)	+13:51	6:37	F (35)
SNF (12)	58	MOLDES VÁZQUEZ, SHEILA	LA MOCCHILA DEL DEPORTE	01:11:11 (259)	+14:52	6:42	F (40)
SNF (13)	74	PÉREZ ABALO, ESTEFANÍA		01:14:22 (285)	+18:03	7:00	F (47)
SNF (14)	387	GONZÁLEZ MARTÍNEZ, ALBA		01:14:38 (286)	+18:19	7:02	F (48)
SNF (15)	34	VEIGA BURÉS, CARME		01:20:16 (316)	+23:57	7:34	F (58)
SNF (16)	133	DÍAZ AQUINO, CORA		01:22:10 (325)	+25:51	7:45	F (63)
SNF (17)	163	MIRANDA SIEIRO, RAQUEL		01:27:30 (349)	+31:11	8:15	F (70)
SNF (18)	1050	RONCERO JUNCAL, NEREA		01:29:01 (352)	+32:42	8:23	F (72)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
<b>MASTER A M</b>							
MAM (1)	114	PÉREZ GONZÁLEZ, RUBÉN		<b>00:47:39 (8)</b>	--	4:29	M (8)
MAM (2)	104	FRANCO PÉREZ, GUILLERMO		<b>00:48:08 (13)</b>	+29	4:32	M (13)
MAM (3)	327	AROSA GONZÁLEZ, TOMÁS		<b>00:48:54 (18)</b>	+1:15	4:36	M (18)
MAM (4)	39	RODRÍGUEZ FERREIRO, MIGUEL	BURGAS OURENSE ATLETISMO	<b>00:49:24 (21)</b>	+1:45	4:39	M (21)
MAM (5)	273	DOPAZO PEREIRA, IVAN		<b>00:49:33 (22)</b>	+1:54	4:40	M (22)
MAM (6)	77	BARREIRO ABALO, JAVIER		<b>00:49:36 (23)</b>	+1:57	4:40	M (23)
MAM (7)	381	RAMIRO GÓMEZ, JUAN LUIS	CLUB DEPORTIVO PINARIUM	<b>00:49:59 (26)</b>	+2:20	4:42	M (25)
MAM (8)	81	DOMINGUEZ ABAL, JAVI	SD COMPOSTELA ATLETISMO	<b>00:50:53 (32)</b>	+3:14	4:47	M (31)
MAM (9)	1044	LÓPEZ GARRIDO, DAMIÁN		<b>00:51:11 (34)</b>	+3:32	4:49	M (33)
MAM (10)	335	ÁLVAREZ BARCIA, FIZ	CLUB DEPORTIVO PINARIUM	<b>00:51:45 (37)</b>	+4:06	4:52	M (36)
MAM (11)	1025	CAMBRA VEIGA, FRANCISCO		<b>00:52:32 (39)</b>	+4:53	4:57	M (38)
MAM (12)	127	FERNÁNDEZ FERNÁNDEZ, LINO ANTON	CLUBE ATLETISMO TUI	<b>00:52:33 (40)</b>	+4:54	4:57	M (39)
MAM (13)	113	JIMENEZ FRESCO, YAGO		<b>00:52:50 (42)</b>	+5:11	4:58	M (41)
MAM (14)	333	CASADO GÓMEZ, SERGIO		<b>00:53:01 (45)</b>	+5:22	5:00	M (44)
MAM (15)	199	MARTINEZ GRAÑA, DAVID		<b>00:53:14 (47)</b>	+5:35	5:01	M (46)
MAM (16)	343	IGLESIAS REY, MIGUEL	C.D. RIA DE AROUSA	<b>00:53:38 (52)</b>	+5:59	5:03	M (51)
MAM (17)	197	MOREIRA TRABAZO, MIGUEL ANGEL		<b>00:54:11 (55)</b>	+6:32	5:06	M (54)
MAM (18)	259	GARCÍA IGLESIAS, ALEJO	FALABARATOS	<b>00:54:43 (58)</b>	+7:04	5:09	M (57)
MAM (19)	371	NOVEGIL IGLESIAS, LUIS MIGUEL		<b>00:55:25 (64)</b>	+7:46	5:13	M (62)
MAM (20)	286	FERREIRA MÍGUEZ, ANDRÉS		<b>00:55:37 (66)</b>	+7:58	5:14	M (64)
MAM (21)	311	NAVIA IGLESIAS, RUBEN	BIKILA	<b>00:55:41 (68)</b>	+8:02	5:15	M (66)
MAM (22)	138	FERRADAS HERBELLO, PABLO	CORREDOIRAS	<b>00:55:45 (70)</b>	+8:06	5:15	M (67)
MAM (23)	251	MARTÍNEZ RIOBÓ, IGNACIO		<b>00:55:53 (71)</b>	+8:14	5:16	M (68)
MAM (24)	296	PEY PUJADAS, ENRIC		<b>00:56:01 (75)</b>	+8:22	5:17	M (72)
MAM (25)	64	PEREIRA RODRÍGUEZ, JESÚS		<b>00:57:14 (89)</b>	+9:35	5:23	M (83)
MAM (26)	470	JUNCAL CARRAGAL, JOSE MANUEL		<b>00:57:19 (90)</b>	+9:40	5:24	M (84)
MAM (27)	301	MÉNDEZ IGLESIAS, MARTIN		<b>00:57:30 (95)</b>	+9:51	5:25	M (89)
MAM (28)	280	JIMÉNEZ TOVAR MARRERO, LIROY		<b>00:57:40 (96)</b>	+10:01	5:26	M (90)
MAM (29)	33	CANEDA TACÓN, DAVID		<b>00:57:48 (98)</b>	+10:09	5:27	M (92)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
MAM (30)	253	MONTOTO MORAIS, MARCOS		<b>00:58:09 (100)</b>	+10:30	5:29	M (93)
MAM (31)	218	FONTAN GOMEZ, NANDO		<b>00:58:50 (102)</b>	+11:11	5:32	M (94)
MAM (32)	62	LOPEZ FURTUOSO, GERARDO JOSE	AROMON	<b>00:58:50 (103)</b>	+11:11	5:32	M (95)
MAM (33)	202	DE LA TORRE CULLER, JOSECHO		<b>00:58:55 (107)</b>	+11:16	5:33	M (99)
MAM (34)	357	CONCHA DURÁN, RAFINHA		<b>00:59:43 (117)</b>	+12:04	5:37	M (106)
MAM (35)	303	BARRIO, JOSE		<b>01:00:14 (123)</b>	+12:35	5:40	M (110)
MAM (36)	248	MARTIÑO RODRIGUEZ, FERNANDO		<b>01:00:23 (126)</b>	+12:44	5:41	M (112)
MAM (37)	220	BLANCO GESTIDO, MARTÍN		<b>01:00:55 (135)</b>	+13:16	5:44	M (120)
MAM (38)	156	ARÍS VILLAVERDE, ADRIÁN		<b>01:01:25 (138)</b>	+13:46	5:47	M (122)
MAM (39)	266	SOTO FARALDO, NOE	ZIPIS	<b>01:01:42 (141)</b>	+14:03	5:49	M (124)
MAM (40)	1045	SUAREZ DIZ, IAGO		<b>01:01:42 (142)</b>	+14:03	5:49	M (125)
MAM (41)	153	CALVIÑO SOLLA, DAVID		<b>01:02:09 (148)</b>	+14:30	5:51	M (131)
MAM (42)	221	GARCÍA LÓPEZ, SATURNINO		<b>01:02:10 (149)</b>	+14:31	5:51	M (132)
MAM (43)	141	ABILLEIRA LESENDE, JACOBO		<b>01:02:43 (154)</b>	+15:04	5:54	M (136)
MAM (44)	365	ALVES FREIRE, DANIEL		<b>01:03:18 (158)</b>	+15:39	5:58	M (140)
MAM (45)	90	SENRA RIVAS, LINO		<b>01:04:04 (166)</b>	+16:25	6:02	M (146)
MAM (46)	132	LLINARES BARRAL, JAVIER		<b>01:04:37 (171)</b>	+16:58	6:05	M (151)
MAM (47)	23	NESPEREIRA VALE, DIEGO		<b>01:04:52 (175)</b>	+17:13	6:07	M (155)
MAM (48)	254	TORRES TABOAS, MANUEL		<b>01:05:02 (178)</b>	+17:23	6:08	M (157)
MAM (49)	244	PÉREZ PINTOS, HUGO		<b>01:06:27 (195)</b>	+18:48	6:16	M (171)
MAM (50)	97	VIERA, ELIAS		<b>01:06:31 (197)</b>	+18:52	6:16	M (173)
MAM (51)	229	FREIRE HERMIDA, IVAN		<b>01:07:19 (206)</b>	+19:40	6:21	M (182)
MAM (52)	247	FERNANDEZ BAS, JON	PINARIUM	<b>01:07:23 (207)</b>	+19:44	6:21	M (183)
MAM (53)	123	PRADO, GILBERTO	MASIVOS	<b>01:07:47 (217)</b>	+20:08	6:23	M (191)
MAM (54)	118	PAZOS PAZOS, CRISTIAN		<b>01:08:16 (223)</b>	+20:37	6:26	M (196)
MAM (55)	41	SLOBODSKYI, ANTON		<b>01:08:38 (229)</b>	+20:59	6:28	M (200)
MAM (56)	61	MAYO, DAVID		<b>01:09:01 (232)</b>	+21:22	6:30	M (202)
MAM (57)	102	BISCOTTI, RODRI		<b>01:09:14 (237)</b>	+21:35	6:31	M (207)
MAM (58)	236	DA SILVA SANTOS, MIGUEL		<b>01:10:42 (255)</b>	+23:03	6:40	M (218)
MAM (59)	1014	FERNÁNDEZ DAVILA, RUBEN		<b>01:11:54 (267)</b>	+24:15	6:46	M (223)
MAM (60)	346	PEREIRA MÍGUEZ, MIGUEL ÁNGEL	CLUB TRAIL-RUNNING RAVACHOL A TODO TROTE	<b>01:12:18 (268)</b>	+24:39	6:49	M (224)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
MAM (61)	363	CASAL CARREIRA, ÁNGEL		<b>01:12:25 (269)</b>	+24:46	6:49	M (225)
MAM (62)	287	POUSADA MAGDALENO, SERAFIN		<b>01:12:47 (271)</b>	+25:08	6:51	M (227)
MAM (63)	210	CERQUEIRA RODRÍGUEZ, DANIEL		<b>01:12:47 (272)</b>	+25:08	6:51	M (228)
MAM (64)	57	FERNANDEZ FERNANDEZ, EDUARDO	TRIATLON MORRAZO	<b>01:13:27 (276)</b>	+25:48	6:55	M (231)
MAM (65)	84	CASTRELO DABOUZA, MARCELINO		<b>01:14:20 (282)</b>	+26:41	7:00	M (236)
MAM (66)	75	LOPEZ FONTAN, ROBERTO		<b>01:15:37 (291)</b>	+27:58	7:07	M (242)
MAM (67)	352	NUÑEZ LOPEZ, PABLO		<b>01:18:02 (304)</b>	+30:23	7:21	M (251)
MAM (68)	93	RODRIGUEZ FERNANDEZ, PABLO	SPYKES SC	<b>01:18:17 (306)</b>	+30:38	7:23	M (252)
MAM (69)	284	MORGADAS GONZÁLEZ,, CAMILO JOSE		<b>01:18:53 (307)</b>	+31:14	7:26	M (253)
MAM (70)	291	ALFONSO FREIJEIRO, MARCOS		<b>01:20:07 (314)</b>	+32:28	7:33	M (257)
MAM (71)	70	PÉREZ RODIÑO, IVÁN		<b>01:20:11 (315)</b>	+32:32	7:33	M (258)
MAM (72)	320	ÁLVAREZ CARRIL, DAVID		<b>01:22:33 (327)</b>	+34:54	7:47	M (263)
MAM (73)	353	RODRIGUEZ GARRIDO, RICARDO		<b>01:24:14 (337)</b>	+36:35	7:56	M (269)
MAM (74)	1022	CASTRO VAZQUEZ, JAVIER		<b>01:24:18 (339)</b>	+36:39	7:57	M (271)
MAM (75)	53	VAZQUEZ SOTO, MIGUEL ALBERTO		<b>01:25:17 (344)</b>	+37:38	8:02	M (275)
MAM (76)	1006	FRANCO PAZOS, OSCAR		<b>01:25:46 (346)</b>	+38:07	8:05	M (277)
MAM (77)	51	VAZQUEZ SOTO, RICARDO		<b>01:25:56 (347)</b>	+38:17	8:06	M (278)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
<b>MASTER A F</b>							
MAF (1)	1041	FERNÁNDEZ GIL, BEATRIZ	CLUB DEPORTIVO PINARIUM	00:49:43 (24)	--	4:41	F (1)
MAF (2)	19	EWERING, SUSANNE		00:55:44 (69)	+6:01	5:15	F (3)
MAF (3)	1019	VILAS RODAS, LETICIA		00:58:57 (108)	+9:14	5:33	F (9)
MAF (4)	285	GALLEGO CANABAL, LAURA		01:00:31 (127)	+10:48	5:42	F (15)
MAF (5)	115	NEIRA AGUIRRE, JAZMÍN		01:02:38 (152)	+12:55	5:54	F (18)
MAF (6)	366	FERNÁNDEZ ÁLVAREZ, MARÍA	QPRO GYM	01:03:57 (164)	+14:14	6:01	F (20)
MAF (7)	195	GARCÍA GONZÁLEZ, MARTA		01:05:57 (190)	+16:14	6:13	F (24)
MAF (8)	302	RODRÍGUEZ GONZÁLEZ, ISABEL		01:09:44 (242)	+20:01	6:34	F (32)
MAF (9)	206	IGLESIAS BUGARIN, DIHANA		01:09:57 (245)	+20:14	6:35	F (33)
MAF (10)	1040	FIDALGO, LUCIA		01:11:03 (257)	+21:20	6:42	F (38)
MAF (11)	270	PEREZ DE PEÑA, ALTAGRACIA	OS CORREDORES DO INFERN0	01:11:31 (262)	+21:48	6:44	F (41)
MAF (12)	216	OTERO HERVADA, ANA		01:11:38 (263)	+21:55	6:45	F (42)
MAF (13)	124	RODAL MALVIDO, LOLI	CAVERNICOLA OCR TEAM	01:11:51 (265)	+22:08	6:46	F (43)
MAF (14)	328	ALVAREZ CORREIA, CONCEPCIÓN		01:13:00 (274)	+23:17	6:53	F (45)
MAF (15)	198	PALLÍN TATO, ESTRELLA		01:13:40 (278)	+23:57	6:56	F (46)
MAF (16)	154	DAPENA, MARIEL		01:16:05 (296)	+26:22	7:10	F (50)
MAF (17)	152	VARELA RIVERA, ANDREA		01:17:57 (303)	+28:14	7:21	F (53)
MAF (18)	174	SÁNCHEZ GUZMÁN, PAMELA	OS CORREDORES DO INFERN0	01:19:49 (312)	+30:06	7:31	F (56)
MAF (19)	277	MAYO MARTÍNEZ, ÁNGELA		01:21:18 (319)	+31:35	7:40	F (60)
MAF (20)	129	GUISANDE PEREIRA, LUCÍA		01:22:37 (329)	+32:54	7:47	F (65)
MAF (21)	370	BEMPOSTA IGLESIAS, IRENE		01:23:18 (332)	+33:35	7:51	F (66)
MAF (22)	250	LOURIDO GACIÑO, ELENA	ADC ARNELA	01:23:18 (333)	+33:35	7:51	F (67)
MAF (23)	1031	CABADO MIGUELEZ, ROSA		01:24:31 (340)	+34:48	7:58	F (69)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
<b>MASTER B M</b>							
MBM (1)	100	LOPEZ DE DIOS, FRANCISCO	LA CEREZAL TEAM	<b>00:43:50 (3)</b>	--	4:08	M (3)
MBM (2)	368	NÚÑEZ PÉREZ, AGUSTÍN		<b>00:44:59 (6)</b>	+1:09	4:14	M (6)
MBM (3)	379	OMIL IGLESIAS, JOSE MANUEL	CLUB DEPORTIVO PINARIUM	<b>00:48:09 (15)</b>	+4:19	4:32	M (15)
MBM (4)	160	VEIGA JALDA, FELIPE		<b>00:50:10 (29)</b>	+6:20	4:43	M (28)
MBM (5)	161	FERNÁNDEZ GRADIN, DAVID	CIBUS	<b>00:52:15 (38)</b>	+8:25	4:55	M (37)
MBM (6)	1003	PINO SUAREZ, JORGE		<b>00:52:52 (43)</b>	+9:02	4:59	M (42)
MBM (7)	1026	BARREIRO RUIBAL, MATIAS	C.D. PINARIUM	<b>00:52:55 (44)</b>	+9:05	4:59	M (43)
MBM (8)	329	RODRÍGUEZ GONZÁLEZ, ABRAHAM		<b>00:53:20 (49)</b>	+9:30	5:01	M (48)
MBM (9)	144	BARREIRO MALDONADO, XABIER		<b>00:54:03 (54)</b>	+10:13	5:05	M (53)
MBM (10)	313	VÁZQUEZ REMIGIO, JUAN DIEGO		<b>00:54:45 (60)</b>	+10:55	5:09	M (59)
MBM (11)	364	TOZON FREIRIA, GERMAN	SEMPRE LA	<b>00:54:48 (61)</b>	+10:58	5:10	M (60)
MBM (12)	469	CONDE LAMAS, FERNANDO		<b>00:55:32 (65)</b>	+11:42	5:14	M (63)
MBM (13)	59	BARREIRO SANTIAGO, JOSÉ MANUEL	CLUB CORREDOIRAS BUEU	<b>00:56:01 (74)</b>	+12:11	5:16	M (71)
MBM (14)	95	ROA MÉNDEZ, JOSE		<b>00:56:32 (80)</b>	+12:42	5:19	M (77)
MBM (15)	29	FERREIRO DEAÑO, ALFREDO	CLUB DEPORTIVO AURUM	<b>00:56:37 (81)</b>	+12:47	5:20	M (78)
MBM (16)	110	MOLINA VIDAL, NESTOR		<b>00:56:53 (82)</b>	+13:03	5:21	M (79)
MBM (17)	372	GIL BLANCO, FRANCISCO JOSÉ	CLUB DEPORTIVO PINARIUM	<b>00:57:07 (84)</b>	+13:17	5:23	M (80)
MBM (18)	1023	SOTO PARADA, JUAN CARLOS	CLUB DEPORTIVO PINARIUM	<b>00:57:07 (85)</b>	+13:17	5:23	M (81)
MBM (19)	181	SANTALLA DE SÁA, NICOLÁS	OS CORREDORES DO INFERNNO	<b>00:57:20 (91)</b>	+13:30	5:24	M (85)
MBM (20)	94	ROA MÉNDEZ, MOISÉS		<b>00:57:20 (92)</b>	+13:30	5:24	M (86)
MBM (21)	317	FERNANDEZ CAMBADOS, JOAQUIN	C D.RIA DE AROUA	<b>00:57:29 (94)</b>	+13:39	5:25	M (88)
MBM (22)	175	CAÑAS GÓMEZ, IVÁN	OS CORREDORES DO INFERNNO	<b>00:57:40 (97)</b>	+13:50	5:26	M (91)
MBM (23)	1002	ÁLVAREZ SERTO, ÁNGEL	AROMON PONTEVEDRA	<b>00:58:51 (104)</b>	+15:01	5:33	M (96)
MBM (24)	1001	ROSADO FRADE, ALFONSO	ADC ARNELA	<b>00:58:51 (105)</b>	+15:01	5:33	M (97)
MBM (25)	349	FERNÁNDEZ DA SILVA, MARCIAL		<b>00:58:57 (109)</b>	+15:07	5:33	M (100)
MBM (26)	234	FREIRE GONZALEZ, MANUEL		<b>00:58:59 (110)</b>	+15:09	5:33	M (101)
MBM (27)	267	VARELA VAZQUEZ, ROBERTO		<b>00:59:32 (114)</b>	+15:42	5:36	M (104)
MBM (28)	212	VIDAL FREIJEIRO, MARCOS	C.D. PINARIUM	<b>00:59:34 (116)</b>	+15:44	5:37	M (105)
MBM (29)	109	SOMOZA MUELLE, ANGEL RAMON		<b>01:00:05 (120)</b>	+16:15	5:40	M (108)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
MBM (30)	264	MUÑIZ CADAVAL, ALEXANDRE		<b>01:00:13 (121)</b>	+16:23	5:40	M (109)
MBM (31)	323	FIGUEIRO ALFONSO, ALBERTO	C.D. RIA DE AROUSA	<b>01:00:55 (136)</b>	+17:05	5:44	M (121)
MBM (32)	300	LÓPEZ GÓMEZ, JORGE		<b>01:01:33 (139)</b>	+17:43	5:48	M (123)
MBM (33)	1042	CANCELA GONZALEZ, LUIS		<b>01:01:53 (146)</b>	+18:03	5:50	M (129)
MBM (34)	121	CALVO BERNARDEZ, FERNANDO		<b>01:03:23 (160)</b>	+19:33	5:58	M (141)
MBM (35)	350	ABOAL ABOAL, SANTIAGO		<b>01:04:21 (167)</b>	+20:31	6:04	M (147)
MBM (36)	232	SERANTES LOPEZ, JOSE IGNACIO		<b>01:04:26 (168)</b>	+20:36	6:04	M (148)
MBM (37)	89	TROITIÑO CARAMÉS, MANUEL		<b>01:04:43 (173)</b>	+20:53	6:06	M (153)
MBM (38)	227	PACHECO LEINS, CESAR		<b>01:05:13 (179)</b>	+21:23	6:09	M (158)
MBM (39)	47	PORTELA ABAL, DIEGO		<b>01:05:14 (181)</b>	+21:24	6:09	M (159)
MBM (40)	112	CAROU GARCÍA, ÁLVARO	CLUB ATLETISMO CAMBADOS	<b>01:05:18 (182)</b>	+21:28	6:09	M (160)
MBM (41)	233	MILLAN GOMEZ, RAFAEL	CLUB DEPORTIVO PINARIUM	<b>01:05:21 (183)</b>	+21:31	6:09	M (161)
MBM (42)	48	NOBLESSE, THIERRY		<b>01:05:32 (186)</b>	+21:42	6:10	M (164)
MBM (43)	309	PESQUEIRA CORTEGOSO, RUBÉN		<b>01:05:37 (187)</b>	+21:47	6:11	M (165)
MBM (44)	204	CHAZO VENTOSO, JOAQUIN		<b>01:05:39 (188)</b>	+21:49	6:11	M (166)
MBM (45)	222	VILLALBA RODRIGUEZ, XAIME		<b>01:06:00 (191)</b>	+22:10	6:13	M (167)
MBM (46)	307	MARTINEZ SANJORGE, ANTONIO JESUS	CLUB DEPORTIVO PINARIUM	<b>01:06:18 (194)</b>	+22:28	6:15	M (170)
MBM (47)	176	FROIZ FONTENLA, JUAN CARLOS	OS CORREDORES DO INFERN0	<b>01:06:29 (196)</b>	+22:39	6:16	M (172)
MBM (48)	126	TORRES NEIRA, FRANCISCO		<b>01:06:36 (198)</b>	+22:46	6:16	M (174)
MBM (49)	98	RODRIGUEZ COSTAS, SAMUEL		<b>01:06:37 (200)</b>	+22:47	6:17	M (176)
MBM (50)	40	VILA ARAGUNDE, JORGE		<b>01:06:39 (201)</b>	+22:49	6:17	M (177)
MBM (51)	228	GUTIÉRREZ VEIGA, DANIEL		<b>01:07:55 (221)</b>	+24:05	6:24	M (194)
MBM (52)	131	LÓPEZ LÓPEZ, BORJA		<b>01:08:21 (225)</b>	+24:31	6:26	M (198)
MBM (53)	374	SOLLA CRESPO, SANTI	CLUB DEPORTIVO PINARIUM	<b>01:09:03 (233)</b>	+25:13	6:30	M (203)
MBM (54)	165	ALVEAR, ALBERTO	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	<b>01:09:05 (235)</b>	+25:15	6:30	M (205)
MBM (55)	99	RODRÍGUEZ COSTAS, HIPÓLITO		<b>01:09:46 (243)</b>	+25:56	6:34	M (211)
MBM (56)	13	FRAGA SANTIAGO, ROBERTO	CD PINARIUM	<b>01:09:48 (244)</b>	+25:58	6:35	M (212)
MBM (57)	69	SANTIAGO SOLLA, ALEJANDRO		<b>01:10:42 (253)</b>	+26:52	6:40	M (216)
MBM (58)	246	SANJORGE TORRES, JOSÉ MARIA		<b>01:10:42 (254)</b>	+26:52	6:40	M (217)
MBM (59)	1033	GÓMEZ RODRÍGUEZ, ALBERTO		<b>01:11:02 (256)</b>	+27:12	6:42	M (219)
MBM (60)	351	LUBIAN VILAS, LUIS		<b>01:11:49 (264)</b>	+27:59	6:46	M (222)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
MBM (61)	260	BIENVENGUT NAVARRO, CESAR		<b>01:13:13 (275)</b>	+29:23	6:54	M (230)
MBM (62)	143	VEIGA SANTOS, PEDRO		<b>01:14:20 (281)</b>	+30:30	7:00	M (235)
MBM (63)	85	CASTRELO DABOUZA, JOSE		<b>01:14:20 (283)</b>	+30:30	7:00	M (237)
MBM (64)	169	LORENZO RIVAS, ANGEL	OS CORREDORES DO INFERNO	<b>01:15:27 (289)</b>	+31:37	7:06	M (240)
MBM (65)	111	RODRÍGUEZ VAZQUEZ, MIGUEL	OS CORREDORES DO INFERNO	<b>01:15:54 (292)</b>	+32:04	7:09	M (243)
MBM (66)	49	GONZALEZ CARBALLO, LUIS		<b>01:17:49 (300)</b>	+33:59	7:20	M (248)
MBM (67)	83	MÉNDEZ TRIGO, VICTOR		<b>01:18:54 (309)</b>	+35:04	7:26	M (255)
MBM (68)	278	SAAVEDRA SANTIAGO, JAVIER		<b>01:21:19 (320)</b>	+37:29	7:40	M (260)
MBM (69)	147	QUINTIANA REIMUNDE, ALBERTO		<b>01:22:36 (328)</b>	+38:46	7:47	M (264)
MBM (70)	166	BALAGONES, AGUS		<b>01:23:15 (330)</b>	+39:25	7:51	M (265)
MBM (71)	158	GALÁN BATISTA, LUIS MANUEL		<b>01:23:15 (331)</b>	+39:25	7:51	M (266)
MBM (72)	1005	RUIZ LEFESMA, JUAN LUIS		<b>01:25:46 (345)</b>	+41:56	8:05	M (276)
MBM (73)	462	SOUTULLO FIGUEROA, ENRIQUE		<b>01:42:57 (354)</b>	+59:07	9:42	M (282)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
<b>MASTER B F</b>							
MBF (1)	207	PAZ VALLE, MERCHI	PONTE A CORRER	00:55:18 (63)	--	5:13	F (2)
MBF (2)	146	CAMPOS RIVAS, YOLANDA		00:58:29 (101)	+3:11	5:31	F (8)
MBF (3)	38	PÉREZ GONZÁLEZ, ELENA	BURGAS OURENSE ATLETISMO	00:59:29 (113)	+4:11	5:36	F (10)
MBF (4)	54	ABOLLO CUÉLLAR, SONIA	ATLETAS VETERANOS DE GALICIA	00:59:34 (115)	+4:16	5:37	F (11)
MBF (5)	316	CASTRO TOBIO, EUGENIA	ROMERO'S RUNNERS	00:59:47 (119)	+4:29	5:38	F (12)
MBF (6)	1020	GALEGO CASAS, MARÍA DOLORES		01:00:14 (122)	+4:56	5:40	F (13)
MBF (7)	464	ABEL DIEGUEZ, MARIA		01:01:36 (140)	+6:18	5:48	F (17)
MBF (8)	101	OTERO ALVAREZ, LETICIA	LA CEREZAL TEAM	01:03:23 (159)	+8:05	5:58	F (19)
MBF (9)	164	PIÑEIRO REBOLO, RAQUEL		01:04:59 (176)	+9:41	6:07	F (21)
MBF (10)	52	DE LA FUENTE COSTADO, MÓNICA	OS CORREDORES DO INFERNO	01:05:14 (180)	+9:56	6:09	F (22)
MBF (11)	205	PAZ VALLE, CARINA		01:05:40 (189)	+10:22	6:11	F (23)
MBF (12)	192	PRIETO MEIS, SONIA		01:07:32 (211)	+12:14	6:22	F (25)
MBF (13)	42	SLOBODSKA, IRYNA		01:08:37 (228)	+13:19	6:28	F (29)
MBF (14)	361	FERNÁNDEZ LOPEZ, CRISTINA		01:08:52 (230)	+13:34	6:29	F (30)
MBF (15)	168	DOPAZO, MARÍA	BJ SPORTS TEAM	01:10:20 (251)	+15:02	6:38	F (36)
MBF (16)	380	DÍAZ RIVAS, BEATRIZ	CD PINARIUM	01:10:26 (252)	+15:08	6:38	F (37)
MBF (17)	226	TOBÍO DÓNEGA, MARÍA		01:11:10 (258)	+15:52	6:42	F (39)
MBF (18)	145	CAMPOS RIVAS, LAURA		01:11:52 (266)	+16:34	6:46	F (44)
MBF (19)	31	RODRÍGUEZ MANEIRO, VANESA		01:14:50 (287)	+19:32	7:03	F (49)
MBF (20)	50	GRAÑA SOBRAL, LIDIA MARIA		01:16:24 (297)	+21:06	7:12	F (51)
MBF (21)	150	SELIGRA, CECILIA ANDREA		01:17:42 (299)	+22:24	7:19	F (52)
MBF (22)	159	AGUILAR PLANAS, NURIA		01:18:05 (305)	+22:47	7:21	F (54)
MBF (23)	354	MONTERO GARCÍA-SISO, SONSOLES		01:21:07 (318)	+25:49	7:39	F (59)
MBF (24)	1015	PEREZ COMESAÑA, ANA	GALAICAS BUEU	01:22:09 (324)	+26:51	7:44	F (62)
MBF (25)	155	LAGO HERMIDA, ANA	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	01:22:31 (326)	+27:13	7:47	F (64)
MBF (26)	149	REGUEIRO, DEBORA MAGDALENA		01:28:00 (350)	+32:42	8:18	F (71)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
<b>MASTER C M</b>							
MCM (1)	348	FALCÓN PÉREZ, SANTIAGO	CLUB ATLETISMO CAMBADOS	<b>00:49:22 (20)</b>	--	4:39	M (20)
MCM (2)	255	PIRES, LUIS MANUEL	SAMERTOLAMEU MOAÑA	<b>00:51:27 (36)</b>	+2:05	4:51	M (35)
MCM (3)	337	PÉREZ MEIS, FRANCISCO JOSÉ		<b>00:54:50 (62)</b>	+5:28	5:10	M (61)
MCM (4)	299	REFOJOS ARENCIBIA, FRANCISCO JAVIER	OS CORREDORES DO INFERN0	<b>00:55:39 (67)</b>	+6:17	5:14	M (65)
MCM (5)	290	CAPA CASTIÑEIRAS, CARLOS	CLUB DEPORTIVO PINARIUM	<b>00:56:21 (79)</b>	+6:59	5:18	M (76)
MCM (6)	378	RODAL DIZ, ÁNGEL M.	CLUB DEPORTIVO PINARIUM	<b>00:57:12 (87)</b>	+7:50	5:23	M (82)
MCM (7)	330	COS BLANCO, MIGUEL ÁNGEL		<b>00:58:51 (106)</b>	+9:29	5:33	M (98)
MCM (8)	238	COUTO RODRÍGUEZ, MANUEL		<b>00:59:20 (112)</b>	+9:58	5:35	M (103)
MCM (9)	239	QUINTÁNS MORÁN, FRANCISCO		<b>01:01:50 (144)</b>	+12:28	5:49	M (127)
MCM (10)	292	RAMIREZ MATOS, JOSE LUIS	OS CORREDORES DO INFERN0	<b>01:01:50 (145)</b>	+12:28	5:49	M (128)
MCM (11)	373	MORENZA DOFORNO, GERMÁN	C.D. PINARIUM	<b>01:02:06 (147)</b>	+12:44	5:51	M (130)
MCM (12)	1035	FERNÁNDEZ GARCÍA, ALBERTO	ICACTIVE	<b>01:02:49 (155)</b>	+13:27	5:55	M (137)
MCM (13)	92	HERRERO, GONZALO	VIGOENTRENA	<b>01:03:01 (157)</b>	+13:39	5:56	M (139)
MCM (14)	314	REB0REDA GRAÑA, AMADOR	CLUB DEPORTIVO PINARIUM	<b>01:03:30 (161)</b>	+14:08	5:59	M (142)
MCM (15)	43	TRELLES VARELA, LINO		<b>01:03:59 (165)</b>	+14:37	6:02	M (145)
MCM (16)	96	BLANCO RODRÍGUEZ, EMILIO	ATLETISMO OBRADOIRO	<b>01:04:44 (174)</b>	+15:22	6:06	M (154)
MCM (17)	1036	COLADAS LOIS, JOSÉ LUIS		<b>01:05:00 (177)</b>	+15:38	6:07	M (156)
MCM (18)	283	MARTÍNEZ RODRÍGUEZ, ABRAHAM		<b>01:06:55 (203)</b>	+17:33	6:18	M (179)
MCM (19)	215	OCHOA VIDAL, FRANCISCO	C.D. RIA DE AROUSA	<b>01:07:51 (220)</b>	+18:29	6:24	M (193)
MCM (20)	471	ANDRES SILVA, JESUS	MASIVOS	<b>01:09:09 (236)</b>	+19:47	6:31	M (206)
MCM (21)	256	LÓPEZ ALVAREZ, PEDRO		<b>01:11:25 (260)</b>	+22:03	6:44	M (220)
MCM (22)	60	EXPÓSITO MARTÍNEZ, RAMÓN		<b>01:11:26 (261)</b>	+22:04	6:44	M (221)
MCM (23)	71	PÉREZ CALVO, JUAN CARLOS		<b>01:14:21 (284)</b>	+24:59	7:00	M (238)
MCM (24)	86	PAZ CASTRO, JOSÉ MANUEL		<b>01:17:56 (302)</b>	+28:34	7:21	M (250)
MCM (25)	82	SALGUEIRO FUENTES, ALEJANDRO		<b>01:18:54 (308)</b>	+29:32	7:26	M (254)
MCM (26)	63	SOUTO, SANTIAGO		<b>01:21:07 (317)</b>	+31:45	7:39	M (259)
MCM (27)	151	ESPINOZA, OMAR MARCELO		<b>01:24:13 (336)</b>	+34:51	7:56	M (268)
MCM (28)	148	MAZAS, LEONARDO HERNAN		<b>01:24:14 (338)</b>	+34:52	7:56	M (270)
MCM (29)	1018	BURLIDO BORREGO, JOSE ISAIAS		<b>01:24:42 (342)</b>	+35:20	7:59	M (273)

P.CAT	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
MCM (30)	319	VEIGA SANTOS, RICARDO	OS CORREDORES DO INFERNO	<b>01:25:07 (343)</b>	+35:45	8:01	M (274)
MCM (31)	178	GARRIDO INSUA, RICARDO	OS CORREDORES DO INFERNO	<b>01:42:54 (353)</b>	+53:32	9:42	M (281)
<b>MASTER C F</b>							
MCF (1)	295	TRABAZO GRACIA, JOSEFA	PONTE A CORRER	<b>00:57:09 (86)</b>	--	5:23	F (5)
MCF (2)	180	GULIAS, MARIA		<b>01:19:22 (310)</b>	+22:13	7:29	F (55)
MCF (3)	467	ROSALES PIÑEIRO, MANUELA		<b>01:19:49 (313)</b>	+22:40	7:31	F (57)
MCF (4)	183	CARABELOS ACUÑA, HERMITAS		<b>01:21:41 (323)</b>	+24:32	7:42	F (61)
MCF (5)	117	ESTEVEZ FREIRE, ELENA		<b>01:23:21 (334)</b>	+26:12	7:51	F (68)
<b>MASTER D M</b>							
MDM (1)	294	FERNÁNDEZ IGLESIAS, CARLOS		<b>01:05:30 (184)</b>	--	6:10	M (162)
MDM (2)	472	PADIN COUSIDO, JOSÉ LUIS	C.A.CAMBADOS	<b>01:07:46 (216)</b>	+2:16	6:23	M (190)
MDM (3)	217	PÉREZ FREIRIA, JOSE RAMON	ATLETISMOTUI	<b>01:09:01 (231)</b>	+3:31	6:30	M (201)
MDM (4)	1010	MARTÍNEZ DE LA TORRE, CACHI	GALAICAS BUEU	<b>01:09:58 (246)</b>	+4:28	6:36	M (213)
MDM (5)	66	VIDAL FERNÁNDEZ, JUAN MANUEL		<b>01:12:35 (270)</b>	+7:05	6:50	M (226)
MDM (6)	326	ALFONSO PÉREZ, MANUEL ANTONIO	C.D. RIA DE AROUSA	<b>01:17:49 (301)</b>	+12:19	7:20	M (249)

Total: 354