



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	P1	SEXO	CAT
1	33	BEREJO NEBRIL, MOISES	ARENA GYM	00:46:14	--	6:10	23:02 (1)	M (1)	M1M (NA)
2	56	BARRIENTOS OREIRO, JAVI	CONCOBOX	00:48:24	+2:10	6:27	23:23 (2)	M (2)	M1M (NA)
3	95	SUAREZ CASTRO, ADRIAN	CONCOBOX	00:49:16	+3:02	6:34	24:47 (3)	M (3)	ABM (NA)
4	72	NOGUEIRA SENTIES, DAVID		00:54:11	+7:57	7:13	25:32 (4)	M (4)	ABM (4)
5	64	BUSTO BOUZAS, ESTEBAN	A.D. MONTE BRONDO	00:54:43	+8:29	7:37	26:32 (5)	M (5)	ABM (5)
6	55	MIGUÉNS MAGARIÑOS, JAVIER		00:56:26	+10:12	7:51	26:56 (6)	M (6)	M1M (1)
7	17	PEREIRO SANESTEBAN, RAFAEL		00:56:38	+10:24	7:33	27:06 (7)	M (7)	M1M (2)
8	6	CADAVAL MARTINEZ, SERGIO	EL BARRIO	00:57:56	+11:42	7:43	28:27 (9)	M (8)	ABM (8)
9	70	FABIAN GONZALEZ, DIONISIO	ASOCIACION DEPERTIVA OLIMPIA	00:58:07	+11:53	7:45	28:13 (8)	M (9)	M2M (1)
10	96	CRUJEIRAS RODRIGUEZ, ADRIAN		00:59:50	+13:36	8:58	30:04 (19)	M (10)	ABM (10)
11	67	CALVO, ELOY	MULTIDISCIPLINAR ELOYCALVO (MEC)	01:00:05	+13:51	9:20	30:01 (17)	M (11)	ABM (11)
12	58	PEREIRA MARTINEZ, ISMAEL	RAGNAROK OCR	01:00:08	+13:54	8:41	29:43 (14)	M (12)	ABM (12)
13	83	ANDREA VIDAL, BRYAN	CONCO BOX	01:00:33	+14:19	8:04	29:21 (11)	M (13)	ABM (13)
14	92	LÓPEZ PARDO, ALEJANDRO	7 METROS	01:00:40	+14:26	8:05	28:47 (10)	M (14)	ABM (14)
15	65	LADO CASTIÑEIRA, ESTEBAN		01:00:45	+14:31	9:06	29:44 (15)	M (15)	ABM (15)
16	40	PAREDES PARAJO, MARCOS	MALLADORES TEAM	01:01:24	+15:10	9:31	29:49 (16)	M (16)	M1M (3)
17	18	ESTEIRO RAMOS, PAULA	CONCOBOX	01:01:25	+15:11	8:11	29:33 (13)	F (1)	M1F (NA)
18	90	OUBIÑA ÁLVAREZ, ÁNGEL		01:01:28	+15:14	8:51	30:03 (18)	M (17)	M1M (4)
19	71	MOREIRA GARCIA, DIEGO		01:02:13	+15:59	9:38	31:51 (25)	M (18)	M1M (5)
20	41	VIDAL CADORNIGA, MANUEL		01:02:24	+16:10	9:19	31:08 (24)	M (19)	M1M (6)
21	84	GENDRE MIRÁS, BORJA		01:02:25	+16:11	8:39	30:12 (20)	M (20)	ABM (20)
22	75	GARCÍA CASAL, DARÍO		01:02:55	+16:41	9:43	31:01 (23)	M (21)	ABM (21)
23	35	SÁNCHEZ REMESEIRO, MIGUEL		01:03:11	+16:57	8:45	30:48 (21)	M (22)	ABM (22)
24	24	RODRÍGUEZ CAPELET, PABLO		01:03:25	+17:11	9:07	31:52 (26)	M (23)	ABM (23)
25	57	GANDARA VIDAL, IVÁN		01:03:26	+17:12	9:07	31:53 (27)	M (24)	ABM (24)
26	2	SANMARTÍN PÉREZ, VICTOR		01:04:13	+17:59	8:33	29:32 (12)	M (25)	ABM (25)
27	91	TOBIO REIGOSA, ALEJANDRO		01:04:13	+17:59	8:33	30:54 (22)	M (26)	ABM (26)
28	1	LAMAS SERRANO, XAN		01:05:22	+19:08	9:03	33:07 (34)	M (27)	M1M (7)
29	30	FIGUEROA CARRIL, NICOLÁS		01:05:33	+19:19	9:24	33:02 (32)	M (28)	ABM (28)
30	78	DE VRIES-LOUREIRO, DANIEL	CONCO BOX	01:05:41	+19:27	8:45	32:32 (28)	F (2)	ABF (NA)
31	62	PAZOS SUÁREZ, FRANCISCO JAVIER	MAIS DE MONTE	01:06:15	+20:01	9:30	32:45 (30)	M (29)	M2M (2)

V CROSS DE OBSTACULOS TERRAS DO VAKNER

CLASIFICACIÓN ABSOLUTA - CARREIRA LONGA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	P1	SEXO	CAT
32	74	MACEIRA, DAVID		01:07:36	+21:22	10:01	33:21 (35)	M (30)	ABM (30)
33	19	ÁLVAREZ REY, PATRICIA		01:07:46	+21:32	10:02	34:15 (38)	F (3)	ABF (NA)
34	49	DÍAZ GONZÁLEZ, JOSÉ ANTONIO		01:08:29	+22:15	10:08	34:24 (39)	M (31)	ABM (31)
35	85	PAREDES TORRES, BERTÍN		01:08:32	+22:18	10:28	32:43 (29)	M (32)	ABM (32)
36	89	BAUTISTA VILLANUEVA, ANTÓN		01:08:39	+22:25	9:29	33:04 (33)	M (33)	ABM (33)
37	10	CANTO ROJO, RUBEN	DG RUN	01:09:12	+22:58	10:13	34:11 (37)	M (34)	ABM (34)
38	94	REFOJO, ALBERTO		01:09:12	+22:58	9:33	32:55 (31)	M (35)	ABM (35)
39	81	CASTRO LEMA, CARMEN		01:09:42	+23:28	9:17	34:43 (40)	F (4)	M1F (1)
40	25	MONTES BALBIS, PABLO		01:10:47	+24:33	11:07	34:49 (42)	M (36)	ABM (36)
41	73	SAMPEDRO PENA, DAVID	EL BARRIO	01:10:54	+24:40	10:27	36:25 (43)	M (37)	M1M (8)
42	3	BORRAZAS ZAS, SUSO		01:10:55	+24:41	11:08	34:48 (41)	M (38)	M1M (9)
43	26	CAJARAVILLE DAPENA, PABLO	HALTEROFILIA NOIA	01:10:56	+24:42	10:07	34:00 (36)	M (39)	M1M (10)
44	79	LÓPEZ FERREIRO, CRISTINA	ARENA GYM	01:13:48	+27:34	10:10	37:07 (48)	F (5)	ABF (5)
45	8	GESTO FUENTES, SAMUEL		01:15:04	+28:50	11:01	36:51 (45)	M (40)	ABM (40)
46	97	BRANDARIZ FUENTES, ADRIAN		01:15:05	+28:51	11:01	36:51 (46)	M (41)	ABM (41)
47	50	VARELA GAGO, JOSÉ	MÓVETE NO CAMIÑO	01:15:54	+29:40	11:27	36:51 (47)	M (42)	M1M (11)
48	86	MORAÑA CABO, BENJAMÍN	EL BARRIO	01:17:58	+31:44	11:24	36:25 (44)	M (43)	M1M (12)
49	54	VILLAR RODRÍGUEZ, JESÚS ÁNGEL		01:18:22	+32:08	11:47	37:58 (50)	M (44)	M2M (3)
50	76	GONZÁLEZ ARAN, DANIEL	MALLADORES TEAM	01:18:58	+32:44	12:12	39:49 (55)	M (45)	ABM (45)
51	7	MIGUEL TRABAJO, SERGIO		01:19:21	+33:07	11:35	40:30 (58)	M (46)	ABM (46)
52	87	ORTEGA NAVAS, BEATRIZ		01:19:24	+33:10	11:15	39:06 (52)	F (6)	M1F (2)
53	14	PÉREZ LOIS, RAQUEL		01:19:23	+33:09	11:35	40:31 (59)	F (7)	ABF (7)
54	34	GARCÍA LÓPEZ, MILVIA	+ D MONTE	01:20:23	+34:09	11:23	40:19 (57)	F (8)	M1F (3)
55	12	GAÑETE MOUGÁN, RICARDO		01:22:09	+35:55	10:57	37:42 (49)	M (47)	ABM (47)
56	68	PARIENTE PAMPÍN, ELISEO		01:22:45	+36:31	11:22	39:08 (53)	M (48)	M1M (13)
57	47	GONZÁLEZ HERMO, JUAN MANUEL		01:22:45	+36:31	11:22	38:51 (51)	M (49)	ABM (49)
58	22	RODRÍGUEZ GONZÁLEZ, PABLO	CLUB ATLETISMO OUTES	01:23:22	+37:08	12:07	39:47 (54)	M (50)	ABM (50)
59	88	MOARES FRAGA, ARTURO	HALTEROFILIA NOIA	01:26:12	+39:58	12:09	44:05 (66)	M (51)	ABM (51)
60	93	AGRAFOJO VÁZQUEZ, ALBERTO		01:26:39	+40:25	12:33	40:14 (56)	M (52)	ABM (52)
61	77	CAAMAÑO RIAL, DANIEL	HALTEROFILIA NOIA	01:26:57	+40:43	12:15	44:05 (67)	M (53)	ABM (53)
62	23	BLANCO IGLESIAS, PABLO		01:27:19	+41:05	12:58	41:59 (60)	M (54)	S18M (1)

V CROSS DE OBSTACULOS TERRAS DO VAKNER

CLASIFICACIÓN ABSOLUTA - CARREIRA LONGA



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	P1	SEXO	CAT
63	5	RODRIGUEZ VARELA, SORAYA		01:27:20	+41:06	11:58	42:31 (61)	F (9)	ABF (9)
64	21	PROL PEREIRA, PAMELA		01:27:24	+41:10	13:19	43:01 (62)	F (10)	ABF (10)
65	60	OTERO LOPEZ, INES	LOS GEMELOS TEAM	01:30:53	+44:39	12:47	43:54 (63)	F (11)	ABF (11)
66	9	IGLESIAS GONZALEZ, SABELA	LOS GEMELOS TEAM	01:30:53	+44:39	12:47	43:55 (64)	F (12)	ABF (12)
67	36	SOBRINO ALFONSO, MARIO MANUEL	LOS GEMELOS TEAM	01:30:54	+44:40	12:47	43:56 (65)	M (55)	M2M (4)
68	32	TUÑAS FORNIS, NAZARET	STC CROSS TRAINING	01:35:04	+48:50	14:21	45:16 (69)	F (13)	ABF (13)
69	212	MARTINEZ POSE, ALBERTO	CONCO BOX	01:35:04	+48:50	14:21	45:15 (68)	M (56)	ABM (56)
70	53	SANTIAGO FERREIRO, JONATHAN	STC CROSS TRAINING	01:35:52	+49:38	14:27	47:07 (70)	M (57)	ABM (57)
71	27	CAAMAÑO BERMÚDEZ, OMAR MANUEL		01:35:58	+49:44	14:28	52:50 (79)	M (58)	ABM (58)
72	59	MIRÁS GARRIDO, IRIA		01:36:41	+50:27	13:13	47:11 (72)	F (14)	M1F (4)
73	45	PENSADO OTERO, LETICIA		01:37:19	+51:05	14:39	47:10 (71)	F (15)	ABF (15)
74	82	CAMPOS CAMPOS, CARMEN		01:38:03	+51:49	13:44	47:11 (73)	F (16)	ABF (16)
75	16	DOMÍNGUEZ GODOY, RAQUEL		01:38:03	+51:49	13:44	47:11 (74)	F (17)	ABF (17)
76	46	SOTO CAAMAÑO, JUAN MANUEL		01:39:09	+52:55	14:53	52:50 (80)	M (59)	M1M (14)
77	11	FIGUEROA SUÁREZ, ROBERTO		01:39:36	+53:22	13:57	47:36 (75)	M (60)	M2M (5)
78	28	GERPE GONZALEZ, NURIA	STC CROSS TRAINING	01:41:14	+55:00	15:10	50:16 (78)	F (18)	ABF (18)
79	52	MOURIÑO DOMÍNGUEZ, JORGE		01:47:43	+1:01:29	14:42	49:06 (76)	M (61)	ABM (61)
80	63	SALGADO MARTÍN, FRANCISCO JAVIER		01:47:43	+1:01:29	14:42	49:06 (77)	M (62)	ABM (62)
81	38	DOMÍNGUEZ RODRÍGUEZ, MARÍA ELISABET		01:49:22	+1:03:08	14:55	59:47 (85)	F (19)	M1F (5)
82	39	CAAMAÑO CEBRO, MARIA		01:51:00	+1:04:46	16:28	72:18 (86)	F (20)	ABF (20)
83	43	CASTIÑEIRAS RAMOS, LUCÍA		01:51:00	+1:04:46	16:28	72:19 (87)	F (21)	ABF (21)
84	15	FERREIRO DUARTE, RAQUEL		01:53:32	+1:07:18	16:49	55:55 (81)	F (22)	ABF (22)
85	29	BLANCO IGLESIAS, NURIA		01:53:33	+1:07:19	16:49	55:56 (82)	F (23)	S18F (1)
86	13	RODRÍGUEZ COLLAZO, RAÚL	RAGNAROK OCR	01:55:15	+1:09:01	16:42	56:32 (83)	M (63)	M1M (15)
87	80	HERMIDA RODRÍGUEZ, CATARINA	RAGNAROK OCR	01:55:15	+1:09:01	16:42	56:33 (84)	F (24)	ABF (24)

Total: 87