

CLASIFICACIÓN FINAL ABSOLUTA

| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|----------|--------|-------------------------------|-------|------------|--------------------------------|-----------|-------|----------|
| ABSOLUTA | | | | | | | | |
| 1 | 1 | MANUEL ANGEL PENAS BLANCO | M(1) | MA2_M (-1) | CLUB ATLETISMO O PINO | 00:30:59 | 3:05 | 00:30:59 |
| 2 | 541 | NUNO COSTA | M(2) | SE_M (-1) | TAMBRE BIKE&RUNNING | 00:31:12 | 3:07 | 00:31:12 |
| 3 | 144 | RUBEN DIZ DIAZ | M(3) | MA1_M (-1) | CLUB ATLETISMO OURENSE | 00:32:29 | 3:14 | 00:32:28 |
| 4 | 16 | ESTEBAN TOUCEDO SANTOS | M(4) | SE_M (1) | SAN MIGUEL DE MARIN | 00:33:12 | 3:19 | 00:33:12 |
| 5 | 5 | AMADOR PENA TORREIRA | M(5) | MA1_M (1) | CLUB ATLETISMO O PINO | 00:33:15 | 3:19 | 00:33:13 |
| 6 | 517 | RICARDO LEÓN VIÑAS | M(6) | SE_M (2) | ATLETISMO SAR VERMUT PETRONI | 00:33:28 | 3:20 | 00:33:26 |
| 7 | 46 | VICTOR GONZALEZ HORTA | M(7) | MA1_M (2) | COMESAÑA SPORTING CLUB | 00:33:52 | 3:23 | 00:33:51 |
| 8 | 673 | JUAN ALVAREZ CURES | M(8) | MA2_M (1) | ATLETISMO O PINO | 00:34:12 | 3:25 | 00:34:11 |
| 9 | 645 | ABEL BARROS GONZÁLEZ | M(9) | MA2_M (2) | ATLETISMO +9 MORAÑA | 00:34:13 | 3:25 | 00:34:13 |
| 10 | 17 | RUBEN INSUA DIAZ | M(10) | SE_M (3) | ATLETISMO SAR-VERMU PETRONI | 00:34:24 | 3:26 | 00:34:22 |
| 11 | 519 | SERGIO REQUEIJO REQUEIJO | M(11) | SE_M (4) | ATLETISMO ARENTEIRO | 00:34:34 | 3:27 | 00:34:32 |
| 12 | 577 | RUBEN CAAMAÑO NIETO | M(12) | MA1_M (3) | ATLETISMO SAR VERMUT PETRONI | 00:34:37 | 3:27 | 00:34:36 |
| 13 | 63 | ALEXIS BUIG FERNANDEZ | M(13) | MA2_M (3) | C. A. BARBANZA | 00:34:41 | 3:28 | 00:34:40 |
| 14 | 97 | FRANCISCO RAMON OUBIÑA DIOS | M(14) | MA2_M (4) | C. A. CAMBADOS - SEGUROS NOVAL | 00:34:53 | 3:29 | 00:34:52 |
| 15 | 95 | OSCAR GUERRA MAGAN | M(15) | MA2_M (5) | C. A. CAMBADOS - SEGUROS NOVAL | 00:34:53 | 3:29 | 00:34:52 |
| 16 | 38 | LUCAS POUSO VIDAL | M(16) | MA1_M (4) | C. A. CAMBADOS - SEGUROS NOVAL | 00:35:13 | 3:31 | 00:35:12 |
| 17 | 634 | ALBERTO RODRÍGUEZ PÉREZ | M(17) | MA2_M (6) | ATLETISMO SAR VERMUT PETRONI | 00:35:17 | 3:31 | 00:35:16 |
| 18 | 51 | PABLO OTERO FARIÑA | M(18) | S23_M (1) | C. A. CAMBADOS - SEGUROS NOVAL | 00:35:26 | 3:32 | 00:35:26 |
| 19 | 56 | JOSE CARLOS BUJAN OTERO | M(19) | MA2_M (7) | NOITEBRA FC | 00:35:34 | 3:33 | 00:35:32 |
| 20 | 83 | JUAN FRANCISCO FERNANDEZ LIJO | M(20) | MA2_M (8) | POR AMOR AL ARTE | 00:35:35 | 3:33 | 00:35:34 |
| 21 | 672 | JOSÉ ANTONIO GOMEZ RIOS | M(21) | MA2_M (9) | ATLETISMO SAR VERMUT PETRONI | 00:35:37 | 3:33 | 00:35:34 |
| 22 | 59 | PEDRO TRABA CAAMAÑO | M(22) | MA2_M (10) | CAO (CLUB ATLETISMO OUTES) | 00:35:37 | 3:33 | 00:35:33 |
| 23 | 44 | MAXI OUBIÑA FALCÓN | M(23) | MA1_M (5) | C. A. CAMBADOS - SEGUROS NOVAL | 00:35:42 | 3:34 | 00:35:41 |
| 24 | 588 | CARLOS JUANATEY GARCIA | M(24) | MA1_M (6) | ATLETISMO SAR VERMUT PETRONI | 00:35:48 | 3:34 | 00:35:45 |
| 25 | 660 | JUAN CARLOS RODRÍGUEZ TORRES | M(25) | MA2_M (11) | NINGUNO | 00:35:51 | 3:35 | 00:35:49 |
| 26 | 98 | JOSE NAVARRO ANTON | M(26) | MA2_M (12) | S.D. BARBANTIA RODA | 00:36:15 | 3:37 | 00:36:13 |
| 27 | 526 | CAYETANO GARCIA BLANCO | M(27) | SE_M (5) | ATLETISMO SAR VERMUT PETRONI | 00:36:18 | 3:37 | 00:36:16 |
| 28 | 642 | JUAN CEPEDA REBOIRAS | M(28) | MA2_M (13) | OLÍMPICO DE VEDRA | 00:36:23 | 3:38 | 00:36:22 |
| 29 | 621 | RICARDO VALIÑO SANMIGUEL | M(29) | MA2_M (14) | TRIATLÓN RIANXO | 00:36:28 | 3:38 | 00:36:26 |
| 30 | 648 | JORGE MANUEL GARCIA RODRIGUEZ | M(30) | MA2_M (15) | NOITEBRA F.C. | 00:36:33 | 3:39 | 00:36:30 |
| 31 | 566 | PITI PEREIRA FARIÑA | M(31) | MA1_M (7) | ATLETISMO A ESTRADA | 00:36:43 | 3:40 | 00:36:40 |
| 32 | 101 | JOSE SUAREZ LEIS | M(32) | MA3_M (1) | ATLETISMO SAR-VERMU PETRONI | 00:36:58 | 3:41 | 00:36:57 |

CLASIFICACIÓN FINAL ABSOLUTA

| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|---------------------------------|-------|------------|--------------------------------|-----------|-------|----------|
| 33 | 79 | BALTASAR FIGUEIRAS MARTÍNEZ | M(33) | MA2_M (16) | ATLETISMO SAR-VERMU PETRONI | 00:37:00 | 3:41 | 00:36:55 |
| 34 | 630 | JOSÉ JULIÁN BELTRÁN TABOADA | M(34) | MA2_M (17) | RUN PONTEVEDRA | 00:37:08 | 3:42 | 00:37:06 |
| 35 | 11 | PABLO LORENZO MIRÓN | M(35) | SE_M (6) | NINGUNO | 00:37:16 | 3:43 | 00:37:14 |
| 36 | 141 | SANDRA MOSQUERA LOSADA | F(1) | SE_F (-1) | ADAS PROINOR | 00:37:24 | 3:44 | 00:37:23 |
| 37 | 618 | LUIS ALBERTO VILLAVERDE VAZQUEZ | M(36) | MA2_M (18) | 3&RUN BY PEDRO NIMO CLUB DE | 00:37:25 | 3:44 | 00:37:24 |
| 38 | 45 | PORFIRIO FERNÁNDEZ VIDAL | M(37) | MA1_M (8) | C. A. CAMBADOS - SEGUROS NOVAL | 00:37:26 | 3:44 | 00:37:25 |
| 39 | 549 | SANTIAGO CALVO VITURRO | M(38) | SE_M (7) | S.D. BARBANTIA RODA | 00:37:31 | 3:45 | 00:37:29 |
| 40 | 34 | VICTOR SANDEZ SOBRIDO | M(39) | MA1_M (9) | NINGUNO | 00:37:41 | 3:46 | 00:37:28 |
| 41 | 572 | OSCAR PÉREZ LORENZO | M(40) | MA1_M (10) | SAN MIGUEL DE MARÍN | 00:37:44 | 3:46 | 00:37:40 |
| 42 | 47 | TINA FERNANDEZ BARREIROS | F(2) | MA1_F (-1) | ATLETISMO SAR-VERMU PETRONI | 00:37:47 | 3:46 | 00:37:46 |
| 43 | 611 | JULIO MUÑOZ ESPASANDIN | M(41) | MA2_M (19) | NINGUNO | 00:37:50 | 3:46 | 00:37:47 |
| 44 | 601 | JUAN REY OLVEIRA | M(42) | S18_M (1) | SAN PAIO | 00:37:53 | 3:47 | 00:37:50 |
| 45 | 671 | ANTONIO VÁZQUEZ TOURÓN | M(43) | MA2_M (20) | ATLETISMO O PINO | 00:37:54 | 3:47 | 00:37:52 |
| 46 | 106 | CARLOS BUSTO LOBATO | M(44) | MA3_M (2) | ATLETISMO SAR-VERMU PETRONI | 00:37:58 | 3:47 | 00:37:55 |
| 47 | 529 | MIGUEL FERNÁNDEZ GARCÍA | M(45) | SE_M (8) | NINGUNO | 00:38:11 | 3:49 | 00:38:04 |
| 48 | 528 | ARTURO MATA CASTRO | M(46) | SE_M (9) | CLUB ATLETISMO SANTIAGO | 00:38:12 | 3:49 | 00:38:12 |
| 49 | 701 | JESÚS BARRAL SÁNCHEZ | M(47) | MA3_M (3) | GRUPO CASTROSUA | 00:38:16 | 3:49 | 00:38:13 |
| 50 | 635 | ARMANDO CALVO CES | M(48) | MA2_M (21) | NINGUNO | 00:38:18 | 3:49 | 00:38:13 |
| 51 | 674 | GUILLERMO TUBIO MUÑIZ | M(49) | MA2_M (22) | TRIATLÓN RIANXO | 00:38:20 | 3:49 | 00:38:18 |
| 52 | 670 | EDUARDO AMEAL LORENZO | M(50) | MA2_M (23) | COAXE RUNNERS | 00:38:28 | 3:50 | 00:38:23 |
| 53 | 58 | JAVIER GUIMAREY SENIN | M(51) | MA2_M (24) | ATLETISMO SAR-VERMU PETRONI | 00:38:28 | 3:50 | 00:38:24 |
| 54 | 595 | MANUEL FERNÁNDEZ TABOADA | M(52) | S23_M (2) | ATLETISMO SAR VERMUT PETRONI | 00:38:31 | 3:51 | 00:38:29 |
| 55 | 125 | JUAN RIVAS CASTRO | M(53) | MA3_M (4) | C. A. CAMBADOS - SEGUROS NOVAL | 00:38:35 | 3:51 | 00:38:35 |
| 56 | 638 | SECHO FIGUEIRAS BLANCO | M(54) | MA2_M (25) | CAI ESTRADA | 00:38:40 | 3:51 | 00:38:36 |
| 57 | 103 | DANIEL BECERRA RODRIGUEZ | M(55) | MA3_M (5) | NOITEBRA FC | 00:38:45 | 3:52 | 00:38:41 |
| 58 | 637 | MARTÍN ESTÉVEZ ESTÉVEZ | M(56) | MA2_M (26) | NINGUNO | 00:38:45 | 3:52 | 00:38:44 |
| 59 | 4 | ROCIO ALVITE FERREIRO | F(3) | MA1_F (-1) | ATLETISMO SAR-VERMU PETRONI | 00:38:52 | 3:53 | 00:38:50 |
| 60 | 569 | IVAN SEGADÉ CAROU | M(57) | MA1_M (11) | NINGUNO | 00:38:52 | 3:53 | 00:38:48 |
| 61 | 690 | JOSE CARLOS PEREIRA REY | M(58) | MA3_M (6) | NINGUNO | 00:38:52 | 3:53 | 00:38:48 |
| 62 | 60 | JESUS GARCIA IGLESIAS | M(59) | MA2_M (27) | NINGUNO | 00:39:10 | 3:54 | 00:39:04 |
| 63 | 86 | MANUEL FIGUEIRA PEREZ | M(60) | MA2_M (28) | ATLETISMO SAR-VERMU PETRONI | 00:39:22 | 3:56 | 00:39:16 |
| 64 | 23 | DAVID SENDÓN CAAMAÑO | M(61) | MA1_M (12) | CAO (CLUB ATLETISMO OUTES) | 00:39:26 | 3:56 | 00:39:21 |
| 65 | 562 | MARCOS FERNANDEZ CASAL | M(62) | MA1_M (13) | NINGUNO | 00:39:33 | 3:57 | 00:39:29 |

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| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|-------------------------------|-------|------------|------------------------------|-----------|-------|----------|
| 66 | 552 | FABIAN GOMEZ CES | M(63) | SE_M (10) | NINGUNO | 00:39:35 | 3:57 | 00:39:30 |
| 67 | 567 | FELIX ROGET PEREZ | M(64) | MA1_M (14) | NINGUNO | 00:39:37 | 3:57 | 00:39:33 |
| 68 | 510 | ALBERTO BALAYO GARCIA | M(65) | SE_M (11) | NINGUNO | 00:39:39 | 3:57 | 00:39:34 |
| 69 | 616 | MANUEL GÓMEZ GÓMEZ | M(66) | MA2_M (29) | CLUB ATLETISMO LOUSAME | 00:39:43 | 3:58 | 00:39:30 |
| 70 | 617 | MARCOS TARRIO MARTÍNEZ | M(67) | MA2_M (30) | ATLETISMO MILLADOIRO | 00:39:43 | 3:58 | 00:39:41 |
| 71 | 57 | IVÁN PABLO SANMARTÍN CARREIRA | M(68) | MA2_M (31) | CLUB ATLETISMO O PINO | 00:39:45 | 3:58 | 00:39:41 |
| 72 | 644 | MICHEL MARTINEZ NIETO | M(69) | MA2_M (32) | NINGUNO | 00:39:46 | 3:58 | 00:39:41 |
| 73 | 39 | FRANCISCO JOSE CUENCA GARCIA | M(70) | MA1_M (15) | ATLETISMO MILLADOIRO | 00:39:50 | 3:58 | 00:39:47 |
| 74 | 9 | RAFAEL SENÉN GÓMEZ GARCÍA | M(71) | SE_M (12) | CAO (CLUB ATLETISMO OUTES) | 00:39:58 | 3:59 | 00:39:56 |
| 75 | 522 | BRAIS LORENZO FERNANDEZ | M(72) | SE_M (13) | TRIATLÓN RIANXO | 00:40:15 | 4:01 | 00:40:05 |
| 76 | 554 | CARLOS BUSTELO CATOIRA | M(73) | MA1_M (16) | NINGUNO | 00:40:15 | 4:01 | 00:40:11 |
| 77 | 583 | ROI MANEIRO SÁNCHEZ | M(74) | MA1_M (17) | C. A. BARBANZA | 00:40:16 | 4:01 | 00:40:12 |
| 78 | 64 | JOSÉ BUJÁN GONZÁLEZ | M(75) | MA2_M (33) | CAO (CLUB ATLETISMO OUTES) | 00:40:18 | 4:01 | 00:39:59 |
| 79 | 516 | BORJA RODRIGUEZ OTERO | M(76) | SE_M (14) | TRIATLÓN RIANXO | 00:40:19 | 4:01 | 00:40:09 |
| 80 | 655 | ÁNGEL FIGUEIRO RAÑO | M(77) | MA2_M (34) | NINGUNO | 00:40:23 | 4:02 | 00:40:10 |
| 81 | 685 | JUAN CARLOS PEREIRA REDONDO | M(78) | MA3_M (7) | NINGUNO | 00:40:23 | 4:02 | 00:40:17 |
| 82 | 505 | DIEGO MANEIRO POUOSO | M(79) | SE_M (15) | NINGUNO | 00:40:28 | 4:02 | 00:40:15 |
| 83 | 145 | VICKY LOSADA PEREZ | F(4) | MA1_F (1) | BURGAS ATLETISMO OURENSE | 00:40:35 | 4:03 | 00:40:32 |
| 84 | 576 | SEGUNDO NAVIA GIRALDEZ | M(80) | MA1_M (18) | TRIATLON VILLAGARCÍA | 00:40:40 | 4:03 | 00:40:31 |
| 85 | 575 | ANGEL CAMPOS SANTIAGO | M(81) | MA1_M (19) | ATLETISMO SAR VERMUT PETRONI | 00:40:40 | 4:03 | 00:40:36 |
| 86 | 87 | MIGUEL SANTOMIL LAPIDO | M(82) | MA2_M (35) | ATLETISMO SAR-VERMU PETRONI | 00:40:47 | 4:04 | 00:40:44 |
| 87 | 96 | RUBEN VILA SIEIRA | M(83) | MA2_M (36) | EGOVARROS | 00:40:52 | 4:05 | 00:40:43 |
| 88 | 662 | ARTURO CASTRO PADÍN | M(84) | MA2_M (37) | NINGUNO | 00:40:52 | 4:05 | 00:40:46 |
| 89 | 664 | JOSE MANUEL LUEIRO ABUIN | M(85) | MA2_M (38) | NINGUNO | 00:40:55 | 4:05 | 00:40:50 |
| 90 | 640 | RAFAEL HERNANDEZ NAVEIRO | M(86) | MA2_M (39) | S.D. BARBANTIA RODA | 00:40:57 | 4:05 | 00:40:51 |
| 91 | 593 | JULIÁN VILLANUSTRE OTERO | M(87) | S23_M (3) | CLUB DE REMO ARES | 00:40:58 | 4:05 | 00:40:54 |
| 92 | 13 | MARIA FERREIRO PEREZ | F(5) | SE_F (1) | NINGUNO | 00:41:07 | 4:06 | 00:41:03 |
| 93 | 609 | JOSE SANLES PIÑEIRO | M(88) | MA2_M (40) | TRIATLON BOIRO | 00:41:09 | 4:06 | 00:41:01 |
| 94 | 627 | PABLO IGLESIAS COMOJO | M(89) | MA2_M (41) | NINGUNO | 00:41:18 | 4:07 | 00:41:12 |
| 95 | 128 | FRANCISCO JAVIER CEPEDA GACIO | M(90) | MA4_M (1) | NOITEBRA FC | 00:41:27 | 4:08 | 00:41:23 |
| 96 | 540 | MONCHO GEY MARTÍNEZ | M(91) | SE_M (16) | MGM | 00:41:27 | 4:08 | 00:41:18 |
| 97 | 679 | JUAN CARLOS MARTUL HERNANDEZ | M(92) | MA3_M (8) | XESTEIRAS | 00:41:28 | 4:08 | 00:41:20 |
| 98 | 669 | AITOR IBAÑEZ PEREIRO | M(93) | MA2_M (42) | TRIBU TRAIL | 00:41:32 | 4:09 | 00:41:20 |

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| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|------------------------------|--------|------------|--------------------------------|-----------|-------|----------|
| 99 | 594 | JORGE PIÑEIRO BERMÚDEZ | M(94) | S23_M (4) | ATLETISMO CAMBADOS SEG.NOVAL | 00:41:36 | 4:09 | 00:41:28 |
| 100 | 683 | MANUEL LORENZO QUEIRUGA | M(95) | MA3_M (9) | S.D. BARBANTIA RODA | 00:41:38 | 4:09 | 00:41:31 |
| 101 | 3 | BEATRIZ BARROSO PÉREZ | F(6) | MA2_F (1) | TRIBU TRAIL | 00:41:38 | 4:09 | 00:41:34 |
| 102 | 652 | JOSÉ MANUEL MARTÍNEZ SILVA | M(96) | MA2_M (43) | NINGUNO | 00:41:39 | 4:09 | 00:41:33 |
| 103 | 559 | EMILIO SABORIDO FERNÁNDEZ | M(97) | MA1_M (20) | S.D. BARBANTIA RODA | 00:41:40 | 4:09 | 00:41:34 |
| 104 | 699 | ANGEL FERNANDEZ VIDAL | M(98) | MA3_M (10) | TRIKI TEAM | 00:41:43 | 4:10 | 00:41:34 |
| 105 | 548 | UXIA GARCIA DIAZ | F(7) | SE_F (2) | ATLETICO MARINEDA | 00:41:58 | 4:11 | 00:41:55 |
| 106 | 547 | ROI BARROS CORRAL | M(99) | SE_M (17) | ATLETICO MARINEDA | 00:41:58 | 4:11 | 00:41:55 |
| 107 | 558 | DAVID SANTOS TEIJELO | M(100) | MA1_M (21) | VGARUNNERS | 00:42:02 | 4:12 | 00:41:51 |
| 108 | 715 | JOSE MATIAS REGUEIRA BOO | M(101) | MA4_M (2) | NINGUNO | 00:42:06 | 4:12 | 00:42:04 |
| 109 | 649 | ÁLVARO CÉSAR VILA | M(102) | MA2_M (44) | TAMBRE BIKE&RUNNING | 00:42:08 | 4:12 | 00:41:57 |
| 110 | 537 | ISAAC VIDAL OTERO | M(103) | SE_M (18) | NINGUNO | 00:42:13 | 4:13 | 00:42:07 |
| 111 | 104 | FRAN OLVEIRA MARTINEZ | M(104) | MA3_M (11) | ATLETISMO SAR-VERMU PETRONI | 00:42:19 | 4:13 | 00:42:12 |
| 112 | 114 | FRANCISCO SANMARCO SANTOS | M(105) | MA3_M (12) | ATLETISMO SAR-VERMU PETRONI | 00:42:20 | 4:13 | 00:42:15 |
| 113 | 647 | ROBERTO C. AGRELO GÓMEZ | M(106) | MA2_M (45) | NINGUNO | 00:42:20 | 4:13 | 00:42:15 |
| 114 | 65 | MARTIN ROZAS | M(107) | MA2_M (46) | NOITEBRA FC | 00:42:21 | 4:14 | 00:42:12 |
| 115 | 564 | EMILIO BOUZAS VILAS | M(108) | MA1_M (22) | NINGUNO | 00:42:22 | 4:14 | 00:42:18 |
| 116 | 81 | JOSÉ ANTONIO LÓPEZ FERNÁNDEZ | M(109) | MA2_M (47) | CAO (CLUB ATLETISMO OUTES) | 00:42:23 | 4:14 | 00:42:17 |
| 117 | 668 | JOSÉ FERREIROS SÁNCHEZ | M(110) | MA2_M (48) | NINGUNO | 00:42:26 | 4:14 | 00:42:12 |
| 118 | 641 | HECTOR ESTEVEZ POMAR | M(111) | MA2_M (49) | NINGUNO | 00:42:28 | 4:14 | 00:42:12 |
| 119 | 12 | SABELA PENSADO PARADA | F(8) | SE_F (3) | NINGUNO | 00:42:35 | 4:15 | 00:42:23 |
| 120 | 568 | PABLO IGLESIAS FARO | M(112) | MA1_M (23) | NINGUNO | 00:42:36 | 4:15 | 00:42:31 |
| 121 | 508 | YAGO JIMENEZ FRESCO | M(113) | SE_M (19) | VGA RUNNERS | 00:42:36 | 4:15 | 00:42:26 |
| 122 | 579 | DAVID FRAGUA | M(114) | MA1_M (24) | NINGUNO | 00:42:38 | 4:15 | 00:42:30 |
| 123 | 40 | ROI MARTÍNEZ ABAL | M(115) | MA1_M (25) | C. A. CAMBADOS - SEGUROS NOVAL | 00:42:41 | 4:16 | 00:42:33 |
| 124 | 546 | ISMAEL VAZQUEZ GARCIA | M(116) | SE_M (20) | NINGUNO | 00:42:47 | 4:16 | 00:42:36 |
| 125 | 527 | DIEGO GONZÁLEZ SÁNCHEZ | M(117) | SE_M (21) | NINGUNO | 00:42:48 | 4:16 | 00:42:39 |
| 126 | 20 | TANIA SILVELO PALLIN | F(9) | MA1_F (2) | USC UNIVERSIDADE DE SANTIAGO | 00:42:49 | 4:16 | 00:42:45 |
| 127 | 697 | MANUEL FONTENLA MUIÑO | M(118) | MA3_M (13) | ATLETAS DE ACEA DE AMA | 00:42:55 | 4:17 | 00:42:49 |
| 128 | 590 | CARLOS RÍOS DEÁN | M(119) | S23_M (5) | SOCIEDAD DEPORTIVA TIRÁN | 00:43:02 | 4:18 | 00:42:51 |
| 129 | 620 | ARTURO PIÑEIRO REY | M(120) | MA2_M (50) | S.D. BARBANTIA RODA | 00:43:07 | 4:18 | 00:42:55 |
| 130 | 512 | ERIC MARTÍNEZ IGLESIAS | M(121) | SE_M (22) | NINGUNO | 00:43:08 | 4:18 | 00:42:59 |
| 131 | 688 | RAMÓN BARREIRO LOBATO | M(122) | MA3_M (14) | NINGUNO | 00:43:12 | 4:19 | 00:43:05 |

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|-----|--------|-------------------------------|--------|------------|--------------------------------|-----------|-------|----------|
| 132 | 80 | NATALIA RIVAS SUAREZ | F(10) | MA2_F (2) | CLUB ATLETISMO O PINO | 00:43:14 | 4:19 | 00:43:11 |
| 133 | 31 | MARCIAL ANÍBAL BARCA ESPAÑA | M(123) | MA1_M (26) | CLUB ATLETISMO O PINO | 00:43:14 | 4:19 | 00:43:13 |
| 134 | 68 | SERGIO DEL ARCO MARQUIZ | M(124) | MA2_M (51) | TRIATLON VILAGARCIA | 00:43:15 | 4:19 | 00:43:07 |
| 135 | 532 | LEANDRO EIRAS LUEIRO | M(125) | SE_M (23) | TRIATLÓN CERVECERÍA O COTON | 00:43:17 | 4:19 | 00:43:09 |
| 136 | 545 | IVÁN CALVO MUÑIZ | M(126) | SE_M (24) | NINGUNO | 00:43:21 | 4:20 | 00:43:18 |
| 137 | 42 | IVAN PARADA NOVO | M(127) | MA1_M (27) | KEMPO BARBANZA | 00:43:23 | 4:20 | 00:43:12 |
| 138 | 536 | GONZALO CAMPAÑA RESUA | M(128) | SE_M (25) | NINGUNO | 00:43:32 | 4:21 | 00:43:15 |
| 139 | 628 | BENITO PIÑEIRO ABEIJON | M(129) | MA2_M (52) | NINGUNO | 00:43:33 | 4:21 | 00:43:16 |
| 140 | 698 | RAMON VILLAR RUIBAL | M(130) | MA3_M (15) | VERXEL N.D. | 00:43:37 | 4:21 | 00:43:19 |
| 141 | 69 | ELENA MIGUENS OTERO | F(11) | MA2_F (3) | ATLETISMO SAR-VERMU PETRONI | 00:43:37 | 4:21 | 00:43:30 |
| 142 | 18 | XACOBE FONTÁN MARTÍNEZ | M(131) | SE_M (26) | S.D. BARBANTIA RODA | 00:43:37 | 4:21 | 00:43:33 |
| 143 | 582 | RUBÉN TOBÍO EIRAS | M(132) | MA1_M (28) | NINGUNO | 00:43:42 | 4:22 | 00:43:42 |
| 144 | 663 | ANGEL GARRIDO QUINTANS | M(133) | MA2_M (53) | NINGUNO | 00:43:42 | 4:22 | 00:43:34 |
| 145 | 41 | SERGIO SOTO BUCETA | M(134) | MA1_M (29) | C. A. CAMBADOS - SEGUROS NOVAL | 00:43:46 | 4:22 | 00:43:31 |
| 146 | 19 | SANTIAGO MANUEL GEY SEGADE | M(135) | SE_M (27) | S.D. BARBANTIA RODA | 00:43:50 | 4:22 | 00:43:41 |
| 147 | 610 | MARCOS FONTANS SEBE | M(136) | MA2_M (54) | NINGUNO | 00:43:51 | 4:23 | 00:43:41 |
| 148 | 523 | RAMÓN CHAVES NOCEDA | M(137) | SE_M (28) | NINGUNO | 00:43:55 | 4:23 | 00:43:51 |
| 149 | 650 | ALVARO PEREIRAS COUTO | M(138) | MA2_M (55) | NINGUNO | 00:43:58 | 4:23 | 00:43:46 |
| 150 | 70 | NURIA SANTIAGO RODRÍGUEZ | F(12) | MA2_F (4) | C. A. CAMBADOS - SEGUROS NOVAL | 00:44:00 | 4:23 | 00:43:55 |
| 151 | 26 | DANIEL RAMA GARCIA | M(139) | MA1_M (30) | OS SATA REJOS | 00:44:06 | 4:24 | 00:43:51 |
| 152 | 555 | PERFECTO VÁZQUEZ RIVERA | M(140) | MA1_M (31) | NINGUNO | 00:44:11 | 4:25 | 00:43:58 |
| 153 | 656 | JESÚS EDUARDO PÉREZ RODRIGUEZ | M(141) | MA2_M (56) | BUDIÑORAI | 00:44:12 | 4:25 | 00:44:00 |
| 154 | 646 | MODESTO DUARTE SOUTO MODESTO | M(142) | MA2_M (57) | NINGUNO | 00:44:16 | 4:25 | 00:44:09 |
| 155 | 622 | DIONISIO MUÑIZ GONZALEZ | M(143) | MA2_M (58) | NINGUNO | 00:44:19 | 4:25 | 00:44:16 |
| 156 | 633 | NESTOR TOREA MOLEDO | M(144) | MA2_M (59) | PANDILLA BASURA | 00:44:23 | 4:26 | 00:44:07 |
| 157 | 716 | ISOLINO NOCEDA GONZALEZ | M(145) | MA4_M (3) | NINGUNO | 00:44:27 | 4:26 | 00:44:20 |
| 158 | 539 | PABLO CARBAJAL IGLESIAS | M(146) | SE_M (29) | NINGUNO | 00:44:39 | 4:27 | 00:44:31 |
| 159 | 72 | XAIÑO MENDEZ FROJAN | M(147) | MA2_M (60) | ATLETISMO SAR-VERMU PETRONI | 00:44:39 | 4:27 | 00:44:27 |
| 160 | 587 | MARTINA TASENDE ANDRADE | F(13) | MA1_F (3) | A.D.MEDIADUCIA | 00:44:40 | 4:27 | 00:44:37 |
| 161 | 35 | JUANKY AGEITOS SAMPEDRO | M(148) | MA1_M (32) | NINGUNO | 00:44:42 | 4:28 | 00:44:36 |
| 162 | 91 | MARÍA TARRIO MARTÍNEZ | F(14) | MA2_F (5) | NOITEBRA FC | 00:44:43 | 4:28 | 00:44:35 |
| 163 | 570 | VICTOR FIGUEROA FIGUEROA | M(149) | MA1_M (33) | CCMUROS | 00:44:44 | 4:28 | 00:44:34 |
| 164 | 689 | ANTONIO OTERO UHIA | M(150) | MA3_M (16) | NINGUNO | 00:44:50 | 4:28 | 00:44:46 |

CLASIFICACIÓN FINAL ABSOLUTA

| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|--------------------------------|--------|------------|--------------------------------|-----------|-------|----------|
| 165 | 122 | XOSÉ MANUEL BURES MIGUENS | M(151) | MA3_M (17) | TRIBU TRAIL | 00:44:58 | 4:29 | 00:44:44 |
| 166 | 718 | JUAN MIGUEL PIÑEIRO PÉREZ | M(152) | MA4_M (4) | NINGUNO | 00:45:00 | 4:29 | 00:44:56 |
| 167 | 115 | ANGEL PEREZ SUSAVILA | M(153) | MA3_M (18) | NINGUNO | 00:45:09 | 4:30 | 00:45:01 |
| 168 | 720 | RAMON BARREIRO CERNADAS | M(154) | MA4_M (5) | CLUB ATLETISMO OUTES | 00:45:15 | 4:31 | 00:44:54 |
| 169 | 600 | ÁLVARO GARCÍA VEGA | M(155) | S18_M (2) | NINGUNO | 00:45:19 | 4:31 | 00:45:16 |
| 170 | 33 | GUADALUPE LODEIRO NUÑEZ | F(15) | MA1_F (4) | ATLETISMO SAR-VERMU PETRONI | 00:45:20 | 4:31 | 00:45:15 |
| 171 | 43 | RAMÓN PROL LAMPON | M(156) | MA1_M (34) | KEMPO BARBANZA | 00:45:21 | 4:32 | 00:45:10 |
| 172 | 538 | CLARA MARÍA MILLARES SIEIRA | F(16) | SE_F (4) | ESCUELA DE BOXEO EL CANARIO | 00:45:21 | 4:32 | 00:45:10 |
| 173 | 661 | ISRAEL BENÍTEZ SOMOZA | M(157) | MA2_M (61) | ESCUELA DE BOXEO EL CANARIO | 00:45:21 | 4:32 | 00:45:10 |
| 174 | 659 | JOSE LUIS VAZQUEZ MEIJIDE | M(158) | MA2_M (62) | TRAN TRAN | 00:45:33 | 4:33 | 00:45:24 |
| 175 | 25 | JAVIER BAS | M(159) | MA1_M (35) | NINGUNO | 00:45:35 | 4:33 | 00:45:22 |
| 176 | 556 | JAVIER SUÁREZ GIADÁS | M(160) | MA1_M (36) | NINGUNO | 00:45:37 | 4:33 | 00:45:30 |
| 177 | 147 | NATALIA LORENZO PEREZ | F(17) | MA2_F (6) | ATLETISMO MILLADOIRO | 00:45:40 | 4:33 | 00:45:35 |
| 178 | 636 | TOMAS TUBIO PIÑEIRO | M(161) | MA2_M (63) | S.D. BARBANTIA RODA | 00:45:41 | 4:34 | 00:45:21 |
| 179 | 123 | MADA GARCÍA ABALO | F(18) | MA3_F (1) | CAO (CLUB ATLETISMO OUTES) | 00:45:42 | 4:34 | 00:45:37 |
| 180 | 108 | ANDRÉS DOMÍNGUEZ SÁNCHEZ | M(162) | MA3_M (19) | NINGUNO | 00:45:45 | 4:34 | 00:45:31 |
| 181 | 561 | DIEGO GÓMEZ CABANAS | M(163) | MA1_M (37) | NINGUNO | 00:45:49 | 4:34 | 00:45:43 |
| 182 | 105 | TOBIAS BETANZOS REGO | M(164) | MA3_M (20) | NINGUNO | 00:45:51 | 4:35 | 00:45:43 |
| 183 | 632 | JUAN CARLOS FERNÁNDEZ OLIVEIRA | M(165) | MA2_M (64) | NINGUNO | 00:45:59 | 4:35 | 00:45:48 |
| 184 | 599 | RUBÉN VIDAL VALES | M(166) | S18_M (3) | NINGUNO | 00:46:07 | 4:36 | 00:46:01 |
| 185 | 573 | BENITO ISIDORO PADIN VÁZQUEZ | M(167) | MA1_M (38) | GALITAR RUNNERS | 00:46:07 | 4:36 | 00:45:48 |
| 186 | 681 | JUAN CARLOS MUÑOZ ABUIN | M(168) | MA3_M (21) | NINGUNO | 00:46:09 | 4:36 | 00:45:59 |
| 187 | 506 | ALEJANDRO CREO SABORIDO | M(169) | SE_M (30) | NINGUNO | 00:46:16 | 4:37 | 00:45:56 |
| 188 | 139 | SILVIA MARIÑO REY | F(19) | MA2_F (7) | ATLETISMO SAR-VERMU PETRONI | 00:46:17 | 4:37 | 00:46:07 |
| 189 | 623 | FRAN FERREIROS LOPEZ | M(170) | MA2_M (65) | KENIATAS | 00:46:18 | 4:37 | 00:46:09 |
| 190 | 518 | DAVID SANDEZ LANDEIRA | M(171) | SE_M (31) | KENIATAS | 00:46:25 | 4:38 | 00:46:16 |
| 191 | 127 | RAMON DAPORTA | M(172) | MA4_M (6) | C. A. CAMBADOS - SEGUROS NOVAL | 00:46:40 | 4:39 | 00:46:24 |
| 192 | 530 | DANIEL VILASOA COTO | M(173) | SE_M (32) | NINGUNO | 00:46:54 | 4:41 | 00:46:37 |
| 193 | 696 | MANUEL GONZALEZ LAINS | M(174) | MA3_M (22) | NINGUNO | 00:46:54 | 4:41 | 00:46:45 |
| 194 | 677 | HUMBERTO AGEITOS GUDE | M(175) | MA2_M (66) | CLUB NATACION RIVEIRA | 00:46:56 | 4:41 | 00:46:42 |
| 195 | 520 | IVAN ROMERO NUÑEZ | M(176) | SE_M (33) | NINGUNO | 00:46:56 | 4:41 | 00:46:46 |
| 196 | 666 | JOAQUIN RODIÑO REY | M(177) | MA2_M (67) | ATLETISMO CAMBADOS SEG.NOVAL | 00:47:01 | 4:42 | 00:46:53 |
| 197 | 501 | SERGIO SANCHEZ FERNANDEZ | M(178) | SE_M (34) | NINGUNO | 00:47:03 | 4:42 | 00:46:51 |

CLASIFICACIÓN FINAL ABSOLUTA

| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|---------------------------------|--------------|------------------|---------------------------------------|-----------------|-------------|-----------------|
| 198 | 713 | MONCHO FERRACES VÁZQUEZ | M(179) | MA4_M (7) | CLUBE ATLETISMO BOIMORTO | 00:47:04 | 4:42 | 00:46:53 |
| 199 | 142 | OSCAR ALEXIS ARDILA ARANGUREN | M(180) | MA2_M (68) | NINGUNO | 00:47:06 | 4:42 | 00:46:55 |
| 200 | 27 | MARCO ANTONIO LADO RODRÍGUEZ | M(181) | MA1_M (39) | NINGUNO | 00:47:10 | 4:42 | 00:46:58 |
| 201 | 606 | JAVIER ORDOÑEZ MUÑIZ | M(182) | S18_M (4) | NINGUNO | 00:47:17 | 4:43 | 00:47:15 |
| 202 | 129 | FERNANDO SAINZ GARCIA | M(183) | MA4_M (8) | ATLETISMO SAR-VERMU PETRONI | 00:47:19 | 4:43 | 00:47:14 |
| 203 | 897 | <i>Paula Martínez Dieste</i> | <i>F(20)</i> | <i>SE_F (5)</i> | <i>NINGUNO</i> | <i>00:47:35</i> | <i>4:45</i> | <i>00:47:23</i> |
| 204 | 74 | MARIA CORREDOIRA BALEATO | F(21) | MA2_F (8) | 3&RUN BY PEDRO NIMO | 00:47:42 | 4:46 | 00:47:33 |
| 205 | 67 | ALFONSO RODRIGUEZ FRAMIL | M(184) | MA2_M (69) | NOITEBRA FC | 00:47:47 | 4:46 | 00:47:38 |
| 206 | 687 | FRANCISCO MOURE CAÑETE | M(185) | MA3_M (23) | NOITEBRA F.C. | 00:47:47 | 4:46 | 00:47:39 |
| 207 | 580 | HÉCTOR PIÑEIRO GARCIA | M(186) | MA1_M (40) | NINGUNO | 00:47:53 | 4:47 | 00:47:35 |
| 208 | 124 | CLAUDIO VERA SANMARTÍN | M(187) | MA3_M (24) | C. A. CAMBADOS - SEGUROS NOVAL | 00:47:54 | 4:47 | 00:47:40 |
| 209 | 93 | INDALECIO LUIS VIÑAS CAMBA | M(188) | MA2_M (70) | C. A. CAMBADOS - SEGUROS NOVAL | 00:47:54 | 4:47 | 00:47:40 |
| 210 | 22 | RUBÉN VIDAL MARTINEZ | M(189) | MA1_M (41) | LOS CHAVALS | 00:48:01 | 4:48 | 00:47:49 |
| 211 | 113 | ANTONIO RIVEIRA MARTINEZ | M(190) | MA3_M (25) | CLUB ATLETISMO O PINO | 00:48:04 | 4:48 | 00:47:54 |
| 212 | 135 | JOSE BIOQUE | M(191) | MA4_M (9) | C. A. CAMBADOS - SEGUROS NOVAL | 00:48:05 | 4:48 | 00:47:57 |
| 213 | 73 | <i>CHUS OTERO OTERO</i> | <i>F(22)</i> | <i>MA2_F (9)</i> | <i>C. A. CAMBADOS - SEGUROS NOVAL</i> | <i>00:48:05</i> | <i>4:48</i> | <i>00:47:59</i> |
| 214 | 631 | JUAN JOSE TORRES ORDOÑEZ | M(192) | MA2_M (71) | NINGUNO | 00:48:08 | 4:48 | 00:47:49 |
| 215 | 30 | <i>CRISTINA CARRIL BOO</i> | <i>F(23)</i> | <i>MA1_F (5)</i> | <i>CLUB ATLETISMO O PINO</i> | <i>00:48:12</i> | <i>4:49</i> | <i>00:48:01</i> |
| 216 | 533 | ADRIÁN GONZÁLEZ LÓPEZ | M(193) | SE_M (35) | CLUB REMO PUEBLA | 00:48:18 | 4:49 | 00:48:07 |
| 217 | 711 | <i>PAZ PEÑA VILLAMIDE</i> | <i>F(24)</i> | <i>MA3_F (2)</i> | <i>TARTARUGAS</i> | <i>00:48:20</i> | <i>4:49</i> | <i>00:48:14</i> |
| 218 | 544 | OLIVER ALVAREZ LORENZO | M(194) | SE_M (36) | NINGUNO | 00:48:23 | 4:50 | 00:48:12 |
| 219 | 694 | JOSE GOMEZ VIAÑO | M(195) | MA3_M (26) | NINGUNO | 00:48:28 | 4:50 | 00:48:12 |
| 220 | 543 | ADRIAN CONDE MOSQUERA | M(196) | SE_M (37) | NINGUNO | 00:48:32 | 4:51 | 00:48:20 |
| 221 | 53 | RAMÓN REY FUENTES | M(197) | S20_M (1) | C. A. CAMBADOS - SEGUROS NOVAL | 00:48:33 | 4:51 | 00:48:19 |
| 222 | 560 | MARCOS MIRON GOMEZ | M(198) | MA1_M (42) | NINGUNO | 00:48:36 | 4:51 | 00:48:19 |
| 223 | 712 | MONCHO REY GONZÁLEZ | M(199) | MA4_M (10) | NINGUNO | 00:48:42 | 4:52 | 00:48:33 |
| 224 | 591 | RAÚL RAÑO BLANCO | M(200) | S23_M (6) | NINGUNO | 00:48:46 | 4:52 | 00:48:31 |
| 225 | 625 | MANUEL TRIGO BAO | M(201) | MA2_M (72) | NINGUNO | 00:48:47 | 4:52 | 00:48:35 |
| 226 | 629 | MARIA DEL CARMEN COTOVAD MALVAR | F(25) | MA2_F (10) | RUN PONTEVEDRA | 00:48:57 | 4:53 | 00:48:52 |
| 227 | 619 | EDER FERNÁNDEZ PÉREZ | M(202) | MA2_M (73) | NINGUNO | 00:48:57 | 4:53 | 00:48:38 |
| 228 | 653 | VALENTIN SOUTO | M(203) | MA2_M (74) | CLUB NATACIÓN ORDES | 00:49:00 | 4:53 | 00:48:39 |
| 229 | 700 | MANUEL GARRIDO PICÓN | M(204) | MA3_M (27) | NINGUNO | 00:49:06 | 4:54 | 00:48:56 |
| 230 | 531 | MIGUEL CIBREIRO MÉNDEZ | M(205) | SE_M (38) | AZERBAÑAN | 00:49:08 | 4:54 | 00:48:54 |

CLASIFICACIÓN FINAL ABSOLUTA

| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|----------------------------|--------|------------|----------------------------------|-----------|-------|----------|
| 231 | 551 | MIGUEL MAYÁN MARTÍNEZ | M(206) | SE_M (39) | TRIBU TRAIL | 00:49:18 | 4:55 | 00:48:59 |
| 232 | 550 | DIEGO MARTINEZ FANDIÑO | M(207) | SE_M (40) | ATLETISMO CAMBADOS SEG.NOVAL | 00:49:19 | 4:55 | 00:49:04 |
| 233 | 692 | MANUEL LAGO MOLEDO | M(208) | MA3_M (28) | NINGUNO | 00:49:19 | 4:55 | 00:49:00 |
| 234 | 706 | BASILIO VERDEAL GONZALEZ | M(209) | MA3_M (29) | NINGUNO | 00:49:31 | 4:57 | 00:49:18 |
| 235 | 584 | CARLOS SALVADO BERMÚDEZ | M(210) | MA1_M (43) | NINGUNO | 00:49:33 | 4:57 | 00:49:12 |
| 236 | 78 | NESTI PIÑEIRO SANTORUM | F(26) | MA2_F (11) | C. A. CAMBADOS - SEGUROS NOVAL | 00:49:39 | 4:57 | 00:49:26 |
| 237 | 102 | HERMINIO CAAMAÑO RIVEIRO | M(211) | MA3_M (30) | CAO (CLUB ATLETISMO OUTES) | 00:49:46 | 4:58 | 00:49:27 |
| 238 | 695 | MANUEL FUENTES MARTÍNEZ | M(212) | MA3_M (31) | INDALSU | 00:50:04 | 5:00 | 00:49:42 |
| 239 | 714 | CARLOS PAMPIN BOADO | M(213) | MA4_M (11) | CLUB DEPORTIVO PINARIUM | 00:50:06 | 5:00 | 00:49:49 |
| 240 | 121 | JESUS FRANCO VIDAL | M(214) | MA3_M (32) | NINGUNO | 00:50:10 | 5:00 | 00:50:01 |
| 241 | 52 | CELIA CARRACEDO PÉREZ | F(27) | S20_F (1) | ADAS PROINOR | 00:50:13 | 5:01 | 00:50:12 |
| 242 | 502 | CRISTINA CASTRO TORRADO | F(28) | SE_F (6) | NINGUNO | 00:50:19 | 5:01 | 00:50:07 |
| 243 | 704 | ROBERTO CORBAL | M(215) | MA3_M (33) | NINGUNO | 00:50:34 | 5:03 | 00:50:19 |
| 244 | 592 | ABEL TROANS TUBIO | M(216) | S23_M (7) | NINGUNO | 00:50:41 | 5:04 | 00:50:34 |
| 245 | 7 | ABEL VICENTE PEITEADO | M(217) | SE_M (41) | NINGUNO | 00:50:49 | 5:04 | 00:50:31 |
| 246 | 722 | JOSÉ MANUEL PREGO LÓPEZ | M(218) | MA4_M (12) | NINGUNO | 00:51:14 | 5:07 | 00:51:03 |
| 247 | 686 | JESUS PEREZ BALIRAC | M(219) | MA3_M (34) | NOITEBRA F.C. | 00:51:26 | 5:08 | 00:51:14 |
| 248 | 66 | RAFAEL SENÉN GÓMEZ REIRIS | M(220) | MA2_M (75) | CAO (CLUB ATLETISMO OUTES) | 00:51:27 | 5:08 | 00:51:10 |
| 249 | 136 | JESÚS PÉREZ GARCÍA | M(221) | MA4_M (13) | C. A. CAMBADOS - SEGUROS NOVAL | 00:51:28 | 5:08 | 00:51:14 |
| 250 | 100 | ANA MARÍA SOLLA FONTÁN | F(29) | MA3_F (3) | NINGUNO | 00:51:40 | 5:09 | 00:51:35 |
| 251 | 534 | SELENE MARTINEZ PEREZ | F(30) | SE_F (7) | NINGUNO | 00:51:40 | 5:09 | 00:51:34 |
| 252 | 703 | GONZALO ÁLVAREZ PRADO | M(222) | MA3_M (35) | CORRECAMINOS COYOTE ORDES RUNNIG | 00:51:42 | 5:10 | 00:51:21 |
| 253 | 574 | ALBERTO TOUCEDA BRAVO | M(223) | MA1_M (44) | NINGUNO | 00:51:45 | 5:10 | 00:51:38 |
| 254 | 565 | HUMBERTO ALVAREZ RODRIGUEZ | M(224) | MA1_M (45) | KENIATAS | 00:52:07 | 5:12 | 00:51:46 |
| 255 | 626 | ELENA TOREA. TOREA | F(31) | MA2_F (12) | CLUB ATLETISMO LOUSAME | 00:52:21 | 5:14 | 00:52:08 |
| 256 | 92 | ÁLVARO FONTAO DAVILA | M(225) | MA2_M (76) | NINGUNO | 00:52:25 | 5:14 | 00:52:05 |
| 257 | 684 | JOSÉ MANUEL CREO ABEIJON | M(226) | MA3_M (36) | NINGUNO | 00:52:32 | 5:15 | 00:52:12 |
| 258 | 29 | SILVIA LAMELAS PRIETO | F(32) | MA1_F (6) | C. A. CAMBADOS - SEGUROS NOVAL | 00:52:54 | 5:17 | 00:52:40 |
| 259 | 719 | ADOLFO OMAR RÍOS GIMÉNEZ | M(227) | MA4_M (14) | CLUBE ATLETISMO BOIMORTO | 00:52:54 | 5:17 | 00:52:42 |
| 260 | 94 | MARÍA CODESIDO MONTOIRO | F(33) | MA2_F (13) | NOITEBRA FC | 00:53:00 | 5:17 | 00:52:47 |
| 261 | 119 | MARGA LEDESMA | F(34) | MA3_F (4) | CLUB ATLETISMO O PINO | 00:53:16 | 5:19 | 00:53:05 |
| 262 | 76 | SUSANA GOMEZ LODEIROS | F(35) | MA2_F (14) | TARTARUGAS | 00:53:16 | 5:19 | 00:53:09 |
| 263 | 131 | PEPE RIAL PAIS | M(228) | MA4_M (15) | CAO (CLUB ATLETISMO OUTES) | 00:53:22 | 5:20 | 00:53:03 |

CLASIFICACIÓN FINAL ABSOLUTA

| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|----------------------------------|--------|------------|-----------------------------------|-----------|-------|----------|
| 264 | 608 | GERARDO MIGUEL FONTAN PEREZ | M(229) | MA2_M (77) | CLUBE CICLISTA ARMENTEIRA E PUNTO | 00:53:33 | 5:21 | 00:53:15 |
| 265 | 586 | MARÍA VANESSA LEON VIÑAS | F(36) | MA1_F (7) | ATLETISMO SAR VERMUT PETRONI | 00:53:57 | 5:23 | 00:53:43 |
| 266 | 542 | JOSE MANUEL RIVAS GARCIA | M(230) | SE_M (42) | NINGUNO | 00:54:03 | 5:24 | 00:53:56 |
| 267 | 524 | LETICIA LAGOS SOBRINO | F(37) | SE_F (8) | NINGUNO | 00:54:14 | 5:25 | 00:54:07 |
| 268 | 613 | FRANCISCO JAVIER SUÁREZ BERMÚDEZ | M(231) | MA2_M (78) | NINGUNO | 00:54:45 | 5:28 | 00:54:25 |
| 269 | 651 | JORGE CARREIRA NODAR | M(232) | MA2_M (79) | CLUB DEPORTIVO SAN PAIO | 00:54:54 | 5:29 | 00:54:35 |
| 270 | 657 | JUAN MANUEL FILGUEIRA FERNÁNDEZ | M(233) | MA2_M (80) | NINGUNO | 00:55:15 | 5:31 | 00:54:58 |
| 271 | 702 | ESTANISLAO FRANCISCO FERNÁNDEZ | M(234) | MA3_M (37) | NINGUNO | 00:55:16 | 5:31 | 00:55:00 |
| 272 | 643 | FATIMA PEREZ GARCIA | F(38) | MA2_F (15) | NINGUNO | 00:55:23 | 5:32 | 00:55:02 |
| 273 | 654 | ABEL BOVEDA GAY | M(235) | MA2_M (81) | NINGUNO | 00:55:36 | 5:33 | 00:55:27 |
| 274 | 138 | MARIA DEL MAR PEREZ GARCIA | F(39) | MA2_F (16) | C. A. CAMBADOS - SEGUROS NOVAL | 00:55:37 | 5:33 | 00:55:22 |
| 275 | 585 | DIEGO LUIS LEÓN REQUEIJO | M(236) | MA1_M (46) | NINGUNO | 00:55:53 | 5:35 | 00:55:32 |
| 276 | 693 | DANIEL ANGEL OTERO CEPEDA | M(237) | MA3_M (38) | NINGUNO | 00:56:08 | 5:36 | 00:55:56 |
| 277 | 639 | LUISA IGLESIAS VILLANUEVA | F(40) | MA2_F (17) | CAI ESTRADA | 00:56:23 | 5:38 | 00:56:08 |
| 278 | 682 | GARRY BUDIN | M(238) | MA3_M (39) | NINGUNO | 00:56:44 | 5:40 | 00:56:26 |
| 279 | 511 | NATALIA FERREIRÓS MARTÍNEZ | F(41) | SE_F (9) | NINGUNO | 00:57:20 | 5:43 | 00:57:04 |
| 280 | 612 | SONIA YAÑEZ RODRIGUEZ | F(42) | MA2_F (18) | NINGUNO | 00:57:34 | 5:45 | 00:57:34 |
| 281 | 77 | MARIA PEITEADO SUAREZ | F(43) | MA2_F (19) | C. A. CAMBADOS - SEGUROS NOVAL | 00:57:37 | 5:45 | 00:57:22 |
| 282 | 110 | GRACIA RUBIANES CARRO | F(44) | MA3_F (5) | C. A. CAMBADOS - SEGUROS NOVAL | 00:57:40 | 5:45 | 00:57:25 |
| 283 | 603 | PAULA IGLESIAS RIVAS | F(45) | S18_F (1) | NINGUNO | 00:57:45 | 5:46 | 00:57:43 |
| 284 | 134 | GERMAN VLLLANUSTRE ABUIN | M(239) | MA4_M (16) | S.D. BARBANTIA RODA | 00:57:58 | 5:47 | 00:57:45 |
| 285 | 514 | CRISTINA CES COMOJO | F(46) | SE_F (10) | NINGUNO | 00:58:38 | 5:51 | 00:58:19 |
| 286 | 15 | SANDRA CANEDA BESADA | F(47) | SE_F (11) | C. A. CAMBADOS - SEGUROS NOVAL | 00:58:40 | 5:51 | 00:58:26 |
| 287 | 515 | JOSE MANUEL VICENTE | M(240) | SE_M (43) | NINGUNO | 00:58:41 | 5:52 | 00:58:22 |
| 288 | 71 | CAROLINA GONZALEZ GARCIA | F(48) | MA2_F (20) | ATLETISMO SAR-VERMU PETRONI | 00:58:44 | 5:52 | 00:58:27 |
| 289 | 132 | LUPE VILAR SEREN | F(49) | MA4_F (1) | C. A. CAMBADOS - SEGUROS NOVAL | 00:58:55 | 5:53 | 00:58:42 |
| 290 | 507 | ANA BUSTO SANTALLA | F(50) | SE_F (12) | NINGUNO | 01:00:15 | 6:01 | 01:00:00 |
| 291 | 525 | LUCIA PARADA ABEIJON | F(51) | SE_F (13) | NINGUNO | 01:00:28 | 6:02 | 01:00:21 |
| 292 | 84 | SERGIO PORTO CALVO | M(241) | MA2_M (82) | CAO (CLUB ATLETISMO OUTES) | 01:01:08 | 6:06 | 01:00:50 |
| 293 | 107 | MANU MUIÑO MIRON | M(242) | MA3_M (40) | CAS | 01:01:08 | 6:06 | 01:00:50 |
| 294 | 658 | JUAN CARLOS PAZ SANTOS | M(243) | MA2_M (83) | NINGUNO | 01:01:25 | 6:08 | 01:01:09 |
| 295 | 126 | LUCÍA ANSEDES DOMÍNGUEZ | F(52) | MA3_F (6) | NOITEBRA FC | 01:03:05 | 6:18 | 01:02:47 |
| 296 | 503 | SANDRA GROBA SANTAMARIA | F(53) | SE_F (14) | NINGUNO | 01:03:36 | 6:21 | 01:03:23 |

CLASIFICACIÓN FINAL ABSOLUTA

| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|-------------------------------|--------|------------|---------------------------------|-----------|-------|----------|
| 297 | 504 | DANIEL FERNANDEZ REY | M(244) | SE_M (44) | NINGUNO | 01:03:37 | 6:21 | 01:03:23 |
| 298 | 597 | DUNIA VILLANUSTRE OTERO | F(54) | S18_F (2) | CLUB DE REMO RIANXO | 01:04:11 | 6:25 | 01:04:08 |
| 299 | 665 | MARÍA DOLORES VICENTE VICENTE | F(55) | MA2_F (21) | NINGUNO | 01:04:18 | 6:25 | 01:04:14 |
| 300 | 589 | ANA MOURE COBOS | F(56) | MA1_F (8) | NINGUNO | 01:04:36 | 6:27 | 01:04:17 |
| 301 | 624 | MARIA MANUELA POUSO HERMO | F(57) | MA2_F (22) | NINGUNO | 01:09:29 | 6:56 | 01:09:12 |
| 302 | 705 | ZANDRA YANIRE GUARIN REYES | F(58) | MA3_F (7) | NINGUNO | 01:10:17 | 7:01 | 01:10:04 |
| 303 | 605 | LAURA MARTÍNEZ OLVEIRA | F(59) | S18_F (3) | REMO | 01:19:30 | 7:56 | 01:19:27 |
| 304 | 130 | ELVIRA TRESGUERRAS GONZÁLEZ | F(60) | MA4_F (2) | ATLETISMO SAR-VERMU PETRONI | 01:24:36 | 8:27 | 01:24:19 |
| DSQ | 598 | BORJA SILVA MARTÍNEZ | M(-1) | S18_M (-1) | CLUB DE REMO RIANXO | | 0:00 | |
| DSQ | 602 | IVÁN LÓPEZ POUSO | M(-1) | S18_M (-1) | NINGUNO | | 0:00 | |
| DNS | 2 | JUAN ANTONIO GUDE VILA | M(-1) | MA2_M (-1) | MONTEPENARUBIA | | 0:00 | |
| DNS | 6 | SABELA REY MIGUENS | F(-1) | S18_F (-1) | ATLETISMO SAR-VERMU PETRONI | | 0:00 | |
| DNS | 8 | RUBÉN RARIS CASTRO | M(-1) | SE_M (-1) | CROSSFIT BERKANA | | 0:00 | |
| DNS | 10 | ANDREA TORRES BAULO | F(-1) | SE_F (-1) | C. A. CAMBADOS - SEGUROS NOVAL | | 0:00 | |
| DNS | 14 | MIGUEL FERNÁNDEZ ROSALES | M(-1) | SE_M (-1) | POR AMOR AL ARTE | | 0:00 | |
| DNS | 21 | PABLO IGLESIAS DOMINGUEZ | M(-1) | MA1_M (-1) | NOITEBRA FC | | 0:00 | |
| DNS | 24 | ROSANA RIAL GARCÍA | F(-1) | MA1_F (-1) | CAO (CLUB ATLETISMO OUTES) | | 0:00 | |
| DNS | 28 | PABLO BAO CASTRO | M(-1) | MA1_M (-1) | NINGUNO | | 0:00 | |
| DNS | 32 | SERI CAMIÑA LOJO | M(-1) | MA1_M (-1) | NINGUNO | | 0:00 | |
| DNS | 36 | MAICA OTERO GÓMEZ | F(-1) | MA1_F (-1) | NINGUNO | | 0:00 | |
| DNS | 37 | FERNANDO FERNÁNDEZ POLÍN | M(-1) | MA1_M (-1) | NINGUNO | | 0:00 | |
| DNS | 48 | ALEXANDRE GARRIDO | M(-1) | S23_M (-1) | NINGUNO | | 0:00 | |
| DNS | 49 | JUAN FERNANDEZ ROSALES | M(-1) | S23_M (-1) | POR AMOR AL ARTE | | 0:00 | |
| DNS | 50 | JUAN LUIS GARCÍA MENIÑO | M(-1) | S23_M (-1) | C. A. CAMBADOS - SEGUROS NOVAL | | 0:00 | |
| DNS | 54 | RICARDO VILLAR RODRIGUEZ | M(-1) | MA2_M (-1) | NOITEBRA FC | | 0:00 | |
| DNS | 55 | IGNACIO TOUZÓN LIJÓ | M(-1) | MA2_M (-1) | BAJANDODE40.COM | | 0:00 | |
| DNS | 61 | JOAQUÍN DOSIL DIAZ | M(-1) | MA2_M (-1) | NINGUNO | | 0:00 | |
| DNS | 62 | JOSE MANUEL NIETO GONZÁLEZ | M(-1) | MA2_M (-1) | NINGUNO | | 0:00 | |
| DNS | 75 | VICENTE SANMARTIN VIGO | M(-1) | MA2_M (-1) | VERXEL NUTRICIÓN DEPORTIVA | | 0:00 | |
| DNS | 82 | MARÍA BEGOÑA CAJADE BLANCO | F(-1) | MA2_F (-1) | MANDEO MULTISPORT AS VELLAS NON | | 0:00 | |
| DNS | 85 | IVÁ PINERO | M(-1) | MA2_M (-1) | NINGUNO | | 0:00 | |
| DNS | 88 | ANTÓN GÓMEZ POMBO | M(-1) | MA2_M (-1) | R.C. CELTA ATLETISMO | | 0:00 | |
| DNS | 89 | JULIAN RAMOS ARCOS | M(-1) | MA2_M (-1) | TRIKITEAM | | 0:00 | |

CLASIFICACIÓN FINAL ABSOLUTA

| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|-----------------------------------|-------|------------|--------------------------------|-----------|-------|--------|
| DNS | 90 | DAVID FCO. FIGUEIRA HERMO | M(-1) | MA2_M (-1) | S.D. BARBANTIA RODA | | | 0:00 |
| DNS | 99 | JOSÉ ESTÉVEZ LÓPEZ | M(-1) | MA3_M (-1) | C. A. CAMBADOS - SEGUROS NOVAL | | | 0:00 |
| DNS | 109 | MANUEL INSUA INSUA | M(-1) | MA3_M (-1) | NINGUNO | | | 0:00 |
| DNS | 111 | PEPE SABORIDO MARTINEZ | M(-1) | MA3_M (-1) | ATLETISMO SAR-VERMU PETRONI | | | 0:00 |
| DNS | 112 | CESAR TABOADA MILLAN | M(-1) | MA3_M (-1) | ATLETISMO SAR-VERMU PETRONI | | | 0:00 |
| DNS | 116 | JOSÉ MARIA FERNANDEZREY | M(-1) | MA3_M (-1) | TRIATLON VILAGARCIA | | | 0:00 |
| DNS | 117 | LUIS CARDALDA FRESCO | M(-1) | MA3_M (-1) | NINGUNO | | | 0:00 |
| DNS | 118 | JOSE MANUEL GARCIA CACABELOS | M(-1) | MA3_M (-1) | NINGUNO | | | 0:00 |
| DNS | 120 | MIGUEL PEREZ PAZ | M(-1) | MA3_M (-1) | NINGUNO | | | 0:00 |
| DNS | 133 | MANUEL RUIZ RIVAS | M(-1) | MA4_M (-1) | NINGUNO | | | 0:00 |
| DNS | 137 | TOMÁS RIVAS FONDEVILA | M(-1) | S18_M (-1) | C. A. CAMBADOS - SEGUROS NOVAL | | | 0:00 |
| DNS | 140 | JOSE FRANCISCO VILASOA SILVA | M(-1) | MA1_M (-1) | S.D. BARBANTIA RODA | | | 0:00 |
| DNS | 143 | BENJAMIN COSTA FERNÁNDEZ | M(-1) | MA1_M (-1) | ATLETISMO SAR-VERMU PETRONI | | | 0:00 |
| DNS | 146 | FRANCO PEREZ LISSI | M(-1) | SE_M (-1) | NINGUNO | | | 0:00 |
| DNS | 148 | JUAN LUIS GARCÍA CARLÍN | M(-1) | MA1_M (-1) | NINGUNO | | | 0:00 |
| DNS | 149 | PABLO BARRAL BARREIRO | M(-1) | MA2_M (-1) | NINGUNO | | | 0:00 |
| DNS | 150 | LUIS GONZALO RODRÍGUEZ IBÁÑEZ | M(-1) | SE_M (-1) | NINGUNO | | | 0:00 |
| DNS | 151 | JOSE LOJO | M(-1) | MA1_M (-1) | SAN MIGUEL DE MARIN | | | 0:00 |
| DNS | 509 | MARCOS ALONSO FILGUEIRA | M(-1) | SE_M (-1) | TRES LUNAS VALDEORRAS | | | 0:00 |
| DNS | 513 | MIGUEL ÁNGEL GÓMEZ VICENTE | M(-1) | SE_M (-1) | NINGUNO | | | 0:00 |
| DNS | 521 | JULIO RODRÍGUEZ RE CAREY | M(-1) | SE_M (-1) | NINGUNO | | | 0:00 |
| DNS | 535 | MARTA VIDAL VIDAL | F(-1) | SE_F (-1) | NINGUNO | | | 0:00 |
| DNS | 553 | ÁLVARO CAROU GARCÍA | M(-1) | MA1_M (-1) | ATLETISMO CAMBADOS SEG.NOVAL | | | 0:00 |
| DNS | 557 | ANGELES CASTRO ROSALES | F(-1) | MA1_F (-1) | MILER RUNNING CLUB | | | 0:00 |
| DNS | 563 | ANA ALVAREZ SANCHEZ | F(-1) | MA1_F (-1) | ATLETISMO CAMBADOS SEG.NOVAL | | | 0:00 |
| DNS | 571 | IVAN CORDAL BARREIRO | M(-1) | MA1_M (-1) | ATLETISMO CAMBADOS SEG.NOVAL | | | 0:00 |
| DNS | 578 | PABLO CAJARAVILLE ARES | M(-1) | MA1_M (-1) | NINGUNO | | | 0:00 |
| DNS | 581 | DAVID PONTE IGLESIAS | M(-1) | MA1_M (-1) | MARRANERS - EN BOAS MANS. | | | 0:00 |
| DNS | 596 | DAVID HERMO MARTÍNEZ | M(-1) | S23_M (-1) | CLUB DE REMO RIANXO | | | 0:00 |
| DNS | 604 | UXÍA CASTIÑEIRAS FIGUEIRA | F(-1) | S18_F (-1) | NINGUNO | | | 0:00 |
| DNS | 607 | ANGEL GARCIA CUEVAS | M(-1) | MA2_M (-1) | NINGUNO | | | 0:00 |
| DNS | 614 | JAVIER FERNANDEZ GARCIA | M(-1) | MA2_M (-1) | CLUB ATLETISMO NOIA | | | 0:00 |
| DNS | 615 | FRANCISCO DE BORJA BUIG FERNANDEZ | M(-1) | MA2_M (-1) | NINGUNO | | | 0:00 |

CLASIFICACIÓN FINAL ABSOLUTA

| PTO | DORSAL | NOMBRE | SEXO | CAT | EQUIPO | T OFICIAL | RITMO | T NETO |
|-----|--------|-------------------------------|-------|------------|-------------------------|-----------|-------|--------|
| DNS | 667 | FERNANDO FERNÁNDEZ MARTÍNEZ | M(-1) | MA2_M (-1) | NINGUNO | | | 0:00 |
| DNS | 675 | AGUEDA BLANCO PEREZ | F(-1) | MA2_F (-1) | NINGUNO | | | 0:00 |
| DNS | 676 | KIKO GARCÍA ABALO | M(-1) | MA2_M (-1) | MASAXES KIKO - MAXIKO | | | 0:00 |
| DNS | 678 | JAVIER GENDRE FERNANDEZ | M(-1) | MA2_M (-1) | TARTARUGAS | | | 0:00 |
| DNS | 680 | JUAN CARLOS BRIÓN LEMA | M(-1) | MA3_M (-1) | TRIATLON BOIRO | | | 0:00 |
| DNS | 691 | AMADOR REBOREDA GRAÑA | M(-1) | MA3_M (-1) | CLUB DEPORTIVO PINARIUM | | | 0:00 |
| DNS | 707 | ANA PIÑEIRO ESPERANTE | F(-1) | MA3_F (-1) | NINGUNO | | | 0:00 |
| DNS | 708 | MANUEL ISORNA FOLGAR | M(-1) | MA3_M (-1) | NINGUNO | | | 0:00 |
| DNS | 709 | JOSE IGNACIO LIÑARES MARTÍNEZ | M(-1) | MA3_M (-1) | NINGUNO | | | 0:00 |
| DNS | 710 | GONZALO ALFONSIN SOLIÑO | M(-1) | MA3_M (-1) | TARTARUGAS | | | 0:00 |
| DNS | 717 | JOSE PENA FRANCO | M(-1) | MA4_M (-1) | NINGUNO | | | 0:00 |
| DNS | 721 | MANUEL CARAMES | M(-1) | MA4_M (-1) | MARISQUEIRO | | | 0:00 |
| DNS | 896 | Gerardo Calvo López | M(-1) | MA1_M (-1) | NINGUNO | | | 0:00 |