

P.SEXO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	CAT	LOC
MASCULINO								
M (1)	200	REJAS GABEIRAS, JUAN	TRIATLON FERROL	00:14:59 (1)	--	2:59	SENIOR M (NA)	S (1)
M (2)	17	GÓMEZ RAMOS, DANIEL	CARCOBA RIBAMONTÁN AL MAR	00:16:11 (2)	+1:12	3:14	MASTER 1 M (NA)	
M (3)	75	FEIJOO FERREIRO, DANIEL	ESCOLAS DEPORTIVAS MUNICIPAIS MOECHE	00:16:21 (3)	+1:22	3:16	MASTER 2 M (NA)	
M (4)	1	PARDO MONTERO, ALBERTO		00:16:40 (4)	+1:41	3:19	MASTER 1 M (1)	
M (5)	59	LORENZO PÉREZ, FERNANDO	NÁUTICO DE NARÓN	00:16:51 (5)	+1:52	3:22	MASTER 2 M (1)	
M (6)	22	FERNANDEZ RÍOS, JONATHAN	A.D.NAUTICO NARON	00:17:04 (6)	+2:05	3:24	MASTER 1 M (2)	
M (7)	51	PIÑEIRO, PABLO		00:17:12 (7)	+2:13	3:26	MASTER 2 M (2)	
M (8)	186	PEDROSA PAZ, PABLO	TRIATLON FERROL	00:17:18 (8)	+2:19	3:27	SENIOR M (1)	
M (9)	164	VILLANUEVA RICO, ELOY BREOGÁN	AD NÁUTICO DE NARÓN	00:17:24 (9)	+2:25	3:28	SENIOR M (2)	
M (10)	33	MANSILLA BARREIRO, PEPE	CLUB DEPORTIVO INCLUSIVO ENKI	00:17:35 (10)	+2:36	3:30	MASTER 1 M (3)	
M (11)	91	DE CADAVÁS, TEMBRÁS		00:17:50 (11)	+2:51	3:33	MASTER 2 M (3)	S (2)
M (12)	166	CUPEIRO TEMBRÁS, MARIO	ATLETISMO NARÓN	00:17:56 (12)	+2:57	3:35	SUB 16 M (1)	
M (13)	52	LÓPEZ PAZ, MARIO	TRIATLON FERROL	00:18:05 (13)	+3:06	3:36	MASTER 2 M (4)	
M (14)	50	RIVERA, DANIEL	AD NÁUTICO DE NARÓN	00:18:08 (14)	+3:09	3:37	MASTER 2 M (5)	
M (15)	32	BUGLIOT FERNÁNDEZ, RUBÉN	A.D. OS CORZOS DO ORTEGAL	00:18:09 (15)	+3:10	3:37	MASTER 1 M (4)	
M (16)	49	AHIJADO FERNANDEZ, DAVID		00:18:13 (16)	+3:14	3:38	MASTER 2 M (6)	
M (17)	152	PÉREZ DURÁN, JULIÁN	SIGUEME SI PUEDES	00:18:34 (17)	+3:35	3:42	MASTER 3 M (1)	
M (18)	61	HERMIDA RODRÍGUEZ, AGUSTÍN	A.D.NAUTICO NARON	00:18:35 (18)	+3:36	3:42	MASTER 2 M (7)	
M (19)	95	ROCA ROMERO, GONZALO		00:18:52 (19)	+3:53	3:46	MASTER 2 M (8)	
M (20)	45	VIEITES PONTE, JUAN JOSE	SIGUEME SI PUEDES	00:18:56 (20)	+3:57	3:47	MASTER 2 M (9)	
M (21)	23	LÓPEZ BARBEITO, PABLO		00:19:04 (21)	+4:05	3:48	MASTER 1 M (5)	
M (22)	92	LOZANO IGLESIAS, MIGUEL ÁNGEL	TRIEUME	00:19:05 (22)	+4:06	3:48	MASTER 2 M (10)	
M (23)	34	ALONSO FILGUEIRA, MARCOS	A.D. OS CORZOS DO ORTEGAL	00:19:07 (23)	+4:08	3:49	MASTER 1 M (6)	
M (24)	60	FERNÁNDEZ ALBORNOS, PASCUAL	A.D.NAUTICO NARON	00:19:14 (24)	+4:15	3:50	MASTER 2 M (11)	
M (25)	70	CHUECOS, JOSE	PASA OU ENTORNA	00:19:23 (25)	+4:24	3:52	MASTER 2 M (12)	



X CARREIRA POPULAR CONCELLO DE SAN SADURNIÑO

CLASIFICACIÓN SEXO - ABSOLUTA



P.SEXO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	CAT	LOC
M (26)	10	SALINAS GARCÍA, MARIO		00:19:29 (26)	+4:30	3:53	MASTER 1 M (7)	
M (27)	11	PITA PEGO, ADÁN	A.D. OS CORZOS DO ORTEGAL	00:19:33 (28)	+4:34	3:54	MASTER 1 M (8)	
M (28)	137	SALUTREGUI DARRIBA, CARLOS		00:19:40 (29)	+4:41	3:55	MASTER 3 M (2)	
M (29)	77	LOUREIRO, RAMON	CLUB DALLE GAS RUNNING TEAM	00:19:46 (30)	+4:47	3:57	MASTER 2 M (13)	
M (30)	197	CARNEIRO PRIMROY, LINO	CLUB SPORT BENYGYM	00:19:50 (31)	+4:51	3:57	SENIOR M (3)	
M (31)	136	CASAL LAMAS, PABLO	CLUB BENI GYM SPORT	00:19:51 (32)	+4:52	3:58	MASTER 3 M (3)	
M (32)	46	LÓPEZ LAGARES, RUBÉN		00:19:52 (33)	+4:53	3:58	MASTER 2 M (14)	
M (33)	64	TEIJEIRO FERNANDEZ, NOE	NOETRAINERS FERROL	00:19:54 (34)	+4:55	3:58	MASTER 2 M (15)	
M (34)	55	DÍAZ NOVO, MANUEL	A.D. OS CORZOS DO ORTEGAL	00:19:59 (35)	+5:00	3:59	MASTER 2 M (16)	
M (35)	183	MONTERO LÓPEZ, JUAN MANUEL	OPA FERROL TEAM RUNNING	00:20:06 (36)	+5:07	4:01	SENIOR M (4)	
M (36)	138	PEREZ VARELA, JOSE MARIA		00:20:07 (37)	+5:08	4:01	MASTER 3 M (4)	
M (37)	181	PAZOS GARCIA, JAVIER		00:20:10 (38)	+5:11	4:01	SENIOR M (5)	
M (38)	30	POZUELO MARTÍNEZ, EDUARDO	ADICTOS AL SALITRE	00:20:11 (39)	+5:12	4:02	MASTER 1 M (9)	
M (39)	41	PENA DURÁN, FERNANDO		00:20:21 (40)	+5:22	4:04	MASTER 1 M (10)	
M (40)	109	FERNÁNDEZ LEIRA, JUAN JOSÉ		00:20:23 (41)	+5:24	4:04	MASTER 3 M (5)	
M (41)	184	DOPICO CASTELEIRO, JULIÁN		00:20:28 (42)	+5:29	4:05	SENIOR M (6)	
M (42)	40	BLANCO FUNCASTA, CÉSAR		00:20:32 (43)	+5:33	4:06	MASTER 1 M (11)	
M (43)	2	COLORADO PÉREZ, LUIS MIGUEL	OS CORZOS DO ORTEGAL	00:20:41 (44)	+5:42	4:08	MASTER 1 M (12)	
M (44)	179	PITA GARCIA, DIEGO	A.D. OS CORZOS DO ORTEGAL	00:20:41 (45)	+5:42	4:08	SENIOR M (7)	
M (45)	73	URIA REY, DIEGO	CLUB DALLE GAS RUNNING TEAM	00:20:47 (46)	+5:48	4:09	MASTER 2 M (17)	
M (46)	188	RAMIL RODRIGUEZ, SEBASTIÁN	A.D. OS CORZOS DO ORTEGAL	00:20:52 (47)	+5:53	4:10	SENIOR M (8)	
M (47)	119	LARANJEIRA LORENZO, RAÚL	PASA OU ENTORNA	00:20:56 (49)	+5:57	4:11	MASTER 3 M (6)	
M (48)	151	LOPEZ PRIETO, JERO	PASA OU ENTORNA	00:20:56 (50)	+5:57	4:11	MASTER 3 M (7)	S (3)
M (49)	43	GARCIA ALVAREZ, JOSUE		00:20:57 (51)	+5:58	4:11	MASTER 1 M (13)	
M (50)	63	VÁZQUEZ FREIRE, JOSÉ ÁNGEL	SIGUEME SI PUEDES	00:20:59 (53)	+6:00	4:11	MASTER 2 M (18)	
M (51)	153	BAZ RODRIGUEZ, BERTO	SIGUEME SI PUEDES	00:20:59 (54)	+6:00	4:11	MASTER 3 M (8)	
M (52)	190	GARCÍA RODRÍGUEZ, JULIÁN		00:21:04 (55)	+6:05	4:12	SENIOR M (9)	



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CLASIFICACIÓN SEXO - ABSOLUTA



P.SEXO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	CAT	LOC
M (53)	305	DÍAZ GARCÍA, RAÚL		00:21:31 (56)	+6:32	4:18	SUB 16 M (2)	
M (54)	135	AGULLÓ LÓPEZ, DANIEL	CLUB SPORT BENYGYM	00:21:31 (57)	+6:32	4:18	MASTER 3 M (9)	
M (55)	54	FOJO DOPICO, ROBERTO		00:21:38 (58)	+6:39	4:19	MASTER 2 M (19)	
M (56)	83	BASOA RODRIGUEZ, MANUEL	ESCOLA DE ATLETISMO PAULA MAYOBRE	00:21:39 (59)	+6:40	4:19	MASTER 2 M (20)	
M (57)	82	AMADO RODRÍGUEZ, JOSÉ LUIS	SOCIEDAD GIMNÁSTICA PONTEVEDRA	00:21:41 (60)	+6:42	4:20	MASTER 2 M (21)	
M (58)	118	GONZÁLEZ LÓPEZ, CARLOS	A.D. OS CORZOS DO ORTEGAL	00:21:44 (61)	+6:45	4:20	MASTER 3 M (10)	
M (59)	78	SERANTES CASTRO, JULIO	CLUB DALLE GAS RUNNING TEAM	00:21:45 (62)	+6:46	4:20	MASTER 2 M (22)	
M (60)	218	LOJO PATINO, DANIEL		00:21:48 (63)	+6:49	4:21	SENIOR M (10)	
M (61)	103	GARCÍA POUSO, RAFAEL	TRAIL RUNNING GALEA SPORT	00:21:51 (64)	+6:52	4:22	MASTER 2 M (23)	S (4)
M (62)	127	REDONDA, MANU	CLUBE ATLETISMO FENE	00:22:16 (65)	+7:17	4:27	MASTER 3 M (11)	
M (63)	5	VIZOSO HERMIDA, ALEJANDRO		00:22:26 (66)	+7:27	4:29	MASTER 1 M (14)	
M (64)	6	RAMIL, JULIÁN		00:22:27 (67)	+7:28	4:29	MASTER 1 M (15)	
M (65)	26	BARALLOBRE VEIGA, JOSÉ		00:22:32 (68)	+7:33	4:30	MASTER 1 M (16)	
M (66)	85	TENREIRO ANIDO, ROBERTO	OPA FERROL TEAM RUNNING	00:22:38 (70)	+7:39	4:31	MASTER 2 M (24)	
M (67)	146	CASAS, RAFAEL		00:22:43 (71)	+7:44	4:32	MASTER 3 M (12)	
M (68)	139	PÉREZ AMOR, DIEGO ALBERTO	OPA FERROL TEAM RUNNING	00:22:46 (72)	+7:47	4:33	MASTER 3 M (13)	
M (69)	140	VAL GUERREIRO, PABLO		00:22:48 (73)	+7:49	4:33	MASTER 3 M (14)	
M (70)	66	CORDAL SÁNCHEZ, PABLO		00:22:48 (74)	+7:49	4:33	MASTER 2 M (25)	
M (71)	48	JOVE MARTINEZ, DANIEL		00:22:52 (75)	+7:53	4:34	MASTER 2 M (26)	
M (72)	53	GARCIA RODRIGUEZ, JOSE LUIS	CLUB ATLETISMO SADA	00:22:53 (76)	+7:54	4:34	MASTER 2 M (27)	
M (73)	86	NOVO MARTINEZ, ALEJANDRO		00:22:55 (77)	+7:56	4:34	MASTER 2 M (28)	
M (74)	187	GONZÁLEZ YÁÑEZ, TOMÁS		00:22:59 (78)	+8:00	4:35	SENIOR M (11)	
M (75)	155	DÍAZ BOUZA, ANTÓN		00:22:59 (79)	+8:00	4:35	SENIOR M (12)	
M (76)	156	CORTÉS TOJEIRO, RAÚL		00:23:00 (80)	+8:01	4:35	SENIOR M (13)	
M (77)	225	ANIDOS FILGUEIRAS, JULIO	PUCHA'S CONDOR	00:23:02 (81)	+8:03	4:36	SENIOR M (14)	S (5)
M (78)	104	LAGO BREIJO°, GUILLERMO RAMON	CLUBE ATLETISMO FENE	00:23:04 (82)	+8:05	4:36	MASTER 3 M (15)	
M (79)	214	GARCÍA FERNÁNDEZ, HUGO		00:23:05 (83)	+8:06	4:36	SENIOR M (15)	



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CLASIFICACIÓN SEXO - ABSOLUTA



P.SEXO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	CAT	LOC
M (80)	219	MARTÍNEZ LÓPEZ, JERÓNIMO	A.D. OS CORZOS DO ORTEGAL	00:23:05 (84)	+8:06	4:36	SENIOR M (16)	
M (81)	87	PRIETO FREIRE, MARCOS		00:23:10 (85)	+8:11	4:37	MASTER 2 M (29)	
M (82)	67	MARTINEZ PENA, ROBERTO		00:23:15 (86)	+8:16	4:38	MASTER 2 M (30)	
M (83)	68	TOJEIRO FERNÁNDEZ, XOÁN		00:23:22 (87)	+8:23	4:40	MASTER 2 M (31)	
M (84)	42	VARELA ROMERO, BRAIS		00:23:33 (88)	+8:34	4:42	MASTER 1 M (17)	
M (85)	97	PIDAL LÓPEZ, JUAN PABLO		00:23:39 (89)	+8:40	4:43	MASTER 2 M (32)	
M (86)	215	GARCÍA PITA, YARÉ		00:23:52 (90)	+8:53	4:46	SENIOR M (17)	
M (87)	29	PEREZ PEREZ, VICTOR	MTB BIELA E CHAVETA	00:23:52 (91)	+8:53	4:46	MASTER 1 M (18)	
M (88)	8	GÓMEZ PARDO, RAFAEL	XABARÍS ÁRTABROS	00:24:02 (92)	+9:03	4:48	MASTER 1 M (19)	
M (89)	69	DE LA HUERTA FERNANDEZ, ANGEL	CLUB DALLE GAS RUNNING TEAM	00:24:06 (94)	+9:07	4:49	MASTER 2 M (33)	
M (90)	57	TORRES GÓMEZ, RUBÉN	SIGUEME SI PUEDES	00:24:10 (96)	+9:11	4:49	MASTER 2 M (34)	
M (91)	167	MARTÍNEZ GUERREIRO, SERGIO		00:24:14 (98)	+9:15	4:50	SENIOR M (18)	
M (92)	202	PAZ COTILLA, DIEGO		00:24:28 (99)	+9:29	4:53	SENIOR M (19)	
M (93)	131	GRANDE CASADO, LUIS MANUEL	CLUB DALLE GAS RUNNING TEAM	00:24:29 (100)	+9:30	4:53	MASTER 3 M (16)	
M (94)	121	REY SEOANE, ALEJANDRO		00:24:32 (101)	+9:33	4:54	MASTER 3 M (17)	
M (95)	201	SANCHEZ BUYO, DAVID		00:24:36 (102)	+9:37	4:55	SENIOR M (20)	
M (96)	208	BAÑOBRE GÓMEZ, PABLO		00:24:37 (103)	+9:38	4:55	SENIOR M (21)	
M (97)	105	LORENZO VILAR, JOSÉ MANUEL	C.D. 21LEGUAS	00:24:43 (104)	+9:44	4:56	MASTER 3 M (18)	
M (98)	224	SIXTO LÓPEZ, ADRIÁN		00:24:57 (107)	+9:58	4:59	SENIOR M (22)	
M (99)	129	COBAS, MONCHO	CLUB CASTRO DE LOBADIZ	00:25:01 (108)	+10:02	5:00	MASTER 3 M (19)	
M (100)	150	HERMIDA MERA, JUAN CARLOS	CLUB CASTRO DE LOBADIZ	00:25:12 (110)	+10:13	5:02	MASTER 3 M (20)	
M (101)	154	RODRÍGUEZ PEREIRA, FRANCISCO		00:25:16 (111)	+10:17	5:03	MASTER 3 M (21)	
M (102)	125	GONZÁLEZ GARCÍA, ANDRÉS	CLUB CASTRO DE LOBADIZ	00:25:24 (112)	+10:25	5:04	MASTER 3 M (22)	
M (103)	148	PORTO LOPEZ, JUAN CARLOS		00:25:35 (114)	+10:36	5:06	MASTER 3 M (23)	
M (104)	180	GRANDAL TEIJEIRO, ROBERTO		00:25:38 (116)	+10:39	5:07	SENIOR M (23)	
M (105)	71	ABELLA BOUZA, ROMÁN		00:25:41 (117)	+10:42	5:08	MASTER 2 M (35)	
M (106)	128	CALVO FERNÁNDEZ, ALBERTO		00:25:48 (118)	+10:49	5:09	MASTER 3 M (24)	



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P.SEXO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	CAT	LOC
M (107)	89	GARCÍA FERNÁNDEZ, MARCOS		00:25:53 (119)	+10:54	5:10	MASTER 2 M (36)	
M (108)	111	LOPEZ ANEIROS, JOSE		00:26:03 (120)	+11:04	5:12	MASTER 3 M (25)	
M (109)	3	SANJUAN, RUBEN		00:26:15 (121)	+11:16	5:14	MASTER 1 M (20)	
M (110)	171	VAZQUEZ RODRIGUEZ, FRANCISCO		00:26:15 (122)	+11:16	5:14	SENIOR M (24)	
M (111)	223	BONOME LÓPEZ, NELSON	PUCHA'S CONDOR	00:26:20 (123)	+11:21	5:15	SENIOR M (25)	
M (112)	178	LÓPEZ CABANAS, MARTÍN		00:26:21 (125)	+11:22	5:16	SENIOR M (26)	
M (113)	114	VERDES ARES, CARLOS		00:26:34 (129)	+11:35	5:18	MASTER 3 M (26)	
M (114)	126	DEL TORO MINGUEZ, JOSÉ MANUEL		00:26:34 (130)	+11:35	5:18	MASTER 3 M (27)	
M (115)	116	BARRAL ROMEO, JOSÉ ALBERTO	PASA OU ENTORNA	00:26:35 (131)	+11:36	5:18	MASTER 3 M (28)	
M (116)	199	SUÁREZ BARCA, IVÁN		00:26:42 (133)	+11:43	5:20	SENIOR M (27)	
M (117)	4	LÓPEZ REGUEIRO, DIEGO		00:26:45 (135)	+11:46	5:20	MASTER 1 M (21)	
M (118)	113	PEDREIRA COROAS, CELERINO	ATLETISMO LOURENZA	00:26:48 (136)	+11:49	5:21	MASTER 3 M (29)	
M (119)	192	SANJURJO PÉREZ, ESTEBAN		00:27:06 (137)	+12:07	5:25	SENIOR M (28)	
M (120)	145	FERNÁNDEZ GUDÍN, JUAN MANUEL		00:27:09 (138)	+12:10	5:25	MASTER 3 M (30)	
M (121)	106	GONZÁLEZ MARTÍNEZ, MANUEL		00:27:14 (139)	+12:15	5:26	MASTER 3 M (31)	
M (122)	18	BUGALLO AYERBE, EMILIO JOSE		00:27:21 (140)	+12:22	5:28	MASTER 1 M (22)	
M (123)	19	PRADOS CAAMAÑO, JOSE FRANCISCO		00:27:22 (141)	+12:23	5:28	MASTER 1 M (23)	
M (124)	207	SÁNCHEZ DE BUSTAMANTE ALBELA, PABLO		00:27:26 (143)	+12:27	5:29	SENIOR M (29)	
M (125)	173	FERNÁNDEZ SANMARTÍN, RAFAEL		00:27:28 (144)	+12:29	5:29	SENIOR M (30)	S (6)
M (126)	149	RAMOS VIGO, SERGIO	C.A. VETERANOS DE SAMIL	00:27:49 (145)	+12:50	5:33	MASTER 3 M (32)	
M (127)	175	SIXTO GONZALEZ, RUBÉN		00:28:05 (149)	+13:06	5:36	SENIOR M (31)	S (7)
M (128)	133	LOPEZ, JOSECHO		00:28:08 (150)	+13:09	5:37	MASTER 3 M (33)	
M (129)	16	DÍAZ VILLARNOVO, SERGIO		00:29:25 (157)	+14:26	5:52	MASTER 1 M (24)	
M (130)	12	MARTÍNEZ VARELA, DAMIÁN		00:29:25 (158)	+14:26	5:52	MASTER 1 M (25)	S (8)
M (131)	195	VIDAL PATIÑO, ALVARO		00:30:14 (164)	+15:15	6:02	SENIOR M (32)	
M (132)	124	GONZÁLEZ ARES, SUSO		00:30:14 (165)	+15:15	6:02	MASTER 3 M (34)	
M (133)	122	PANTÍN LÓPEZ, JOSÉ	ATLETISMO NARÓN	00:30:34 (166)	+15:35	6:06	MASTER 3 M (35)	



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P.SEXO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	CAT	LOC
M (134)	213	BECEIRO FERNÁNDEZ, BIEITO		00:30:35 (167)	+15:36	6:06	SENIOR M (33)	
M (135)	84	GONZÁLEZ CALVO, CARLOS	CLUB BENI GYM SPORT	00:30:40 (168)	+15:41	6:07	MASTER 2 M (37)	
M (136)	107	CANEIRO PERMUY, JULIO-CESAR		00:31:52 (183)	+16:53	6:22	MASTER 3 M (36)	S (9)
M (137)	31	GOMEZ BUJIA, ADRIAN	CLUB DALLE GAS RUNNING TEAM	00:31:56 (184)	+16:57	6:23	MASTER 1 M (26)	
M (138)	112	MENDEZ HERRERA, JORGE JOSE		00:32:18 (187)	+17:19	6:27	MASTER 3 M (37)	
M (139)	28	FERNANDES REI LUIS, TIAGO		00:32:58 (193)	+17:59	6:35	MASTER 1 M (27)	



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CLASIFICACIÓN SEXO - ABSOLUTA



P.SEXO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	CAT	LOC
FEMENINO								
F (1)	9	BUGLIOT FERNANDEZ, VERONICA	A.D. OS CORZOS DO ORTEGAL	00:19:30 (27)	--	3:53	MASTER 1 F (NA)	
F (2)	39	PRADERA CIBREIRO, SARA	XABARÍS ÁRTABROS	00:20:54 (48)	+1:24	4:10	MASTER 1 F (NA)	
F (3)	217	PICOS LEÓN, AROA		00:20:58 (52)	+1:28	4:11	SENIOR F (NA)	
F (4)	93	CARDAMAS FREIRE, LIDIA	OPA FERROL TEAM RUNNING	00:22:34 (69)	+3:04	4:30	MASTER 2 F (1)	
F (5)	74	PELETEIRO ÁLVAREZ, MARINA	CLUB DALLE GAS RUNNING TEAM	00:24:06 (93)	+4:36	4:49	MASTER 2 F (2)	
F (6)	80	MOURIZ FERNÁNDEZ, PATY	NOETRAINERS	00:24:09 (95)	+4:39	4:49	MASTER 2 F (3)	
F (7)	220	GRUEIRO ACCION, ISABEL	PASA OU ENTORNA	00:24:14 (97)	+4:44	4:50	SENIOR F (1)	
F (8)	94	PANTIN LOPEZ, ALMUDENA		00:24:56 (105)	+5:26	4:59	MASTER 2 F (4)	
F (9)	15	GÓMEZ COUTO, NATALIA		00:24:56 (106)	+5:26	4:59	MASTER 1 F (1)	
F (10)	132	MARTÍNEZ PAZ, BEGOÑA	CLUB DALLE GAS RUNNING TEAM	00:25:03 (109)	+5:33	5:00	MASTER 3 F (1)	
F (11)	21	ANIDO RODRÍGUEZ, LUISA	PROAM	00:25:26 (113)	+5:56	5:05	MASTER 1 F (2)	
F (12)	169	FERNÁNDEZ ARIAS, MARTA	FIGA	00:25:35 (115)	+6:05	5:06	SENIOR F (2)	
F (13)	177	SALUTREGUI LÓPEZ, PAULA		00:26:21 (124)	+6:51	5:16	SENIOR F (3)	
F (14)	13	LAGO PÉREZ, MARÍA ELENA		00:26:25 (126)	+6:55	5:16	MASTER 1 F (3)	
F (15)	193	LAGO PÉREZ, CRISTINA		00:26:28 (127)	+6:58	5:17	SENIOR F (4)	
F (16)	25	COBA, SILVIA		00:26:28 (128)	+6:58	5:17	MASTER 1 F (4)	
F (17)	56	VARELA PEREIRA, ISABEL	PASA OU ENTORNA	00:26:35 (132)	+7:05	5:18	MASTER 2 F (5)	
F (18)	72	PEREZ-LORENTE, BARBARA	CLUB DALLE GAS RUNNING TEAM	00:26:43 (134)	+7:13	5:20	MASTER 2 F (6)	
F (19)	174	LÓPEZ PIÑEIRO, CATARINA		00:27:22 (142)	+7:52	5:28	SENIOR F (5)	S (1)
F (20)	134	DE PAZ DÍAZ, ELENA	CLUB SPORT BENYGYM	00:27:50 (146)	+8:20	5:33	MASTER 3 F (2)	
F (21)	79	GARCÍA BONET, FÁTIMA		00:27:50 (147)	+8:20	5:33	MASTER 2 F (7)	
F (22)	191	VARELA PENEDO, ANA		00:28:05 (148)	+8:35	5:36	SENIOR F (6)	
F (23)	176	MARTÍNEZ, ROSARIO		00:28:29 (151)	+8:59	5:41	SENIOR F (7)	
F (24)	182	GARCIA ROMALDE, JENNIFER		00:28:31 (152)	+9:01	5:42	SENIOR F (8)	
F (25)	58	CUERPO GARCÍA DE LOS REYES, PAZ		00:28:38 (153)	+9:08	5:43	MASTER 2 F (8)	



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P.SEXO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	CAT	LOC
F (26)	117	MARTÍNEZ LAMELAS, MARTA	A.D. OS CORZOS DO ORTEGAL	00:28:54 (154)	+9:24	5:46	MASTER 3 F (3)	
F (27)	76	CHAO LÓPEZ, SAILA	CLUB DALLE GAS RUNNING TEAM	00:29:01 (155)	+9:31	5:48	MASTER 2 F (9)	
F (28)	110	CHARLÓN REDONDO, PILAR	CLUB CASTRO DE LOBADIZ	00:29:25 (156)	+9:55	5:52	MASTER 3 F (4)	
F (29)	172	CARBALLIDO TEMBRÁS, LUCÍA		00:30:00 (159)	+10:30	5:59	SENIOR F (9)	S (2)
F (30)	65	FERNÁNDEZ SABÍN, LUCÍA		00:30:06 (160)	+10:36	6:01	MASTER 2 F (10)	S (3)
F (31)	170	BARRO, NOA		00:30:06 (161)	+10:36	6:01	SENIOR F (10)	
F (32)	163	CORTIZO BARRO, CLAUDIA		00:30:06 (162)	+10:36	6:01	SENIOR F (11)	
F (33)	196	SANTOS CELIS, LORETO		00:30:14 (163)	+10:44	6:02	SENIOR F (12)	
F (34)	81	SÁNCHEZ CAAMAÑO, MÓNICA		00:30:40 (169)	+11:10	6:07	MASTER 2 F (11)	
F (35)	24	LÓPEZ DÍAZ, TAMARA	CLUB BENI GYM SPORT	00:30:40 (170)	+11:10	6:07	MASTER 1 F (5)	
F (36)	115	VILARIÑO FERNANDEZ, MARIA		00:30:42 (171)	+11:12	6:08	MASTER 3 F (5)	
F (37)	27	CAMOIRA VILLAMOR, NOELIA		00:30:46 (172)	+11:16	6:09	MASTER 1 F (6)	
F (38)	102	RODRÍGUEZ PIÑEIRO, ELVIRA		00:30:46 (173)	+11:16	6:09	MASTER 2 F (12)	
F (39)	96	VILELA VÁZQUEZ, PAULA	TRAIL RUNNING GALEA SPORT	00:30:46 (174)	+11:16	6:09	MASTER 2 F (13)	S (4)
F (40)	211	MARTINEZ PEREZ, TAMARA		00:30:59 (175)	+11:29	6:11	SENIOR F (13)	
F (41)	209	FIESTRAS MARTÍNEZ, ANDREA		00:30:59 (176)	+11:29	6:11	SENIOR F (14)	
F (42)	210	CREGO PÉREZ, ALICIA		00:30:59 (177)	+11:29	6:11	SENIOR F (15)	
F (43)	204	FREIRE RESTREBADA, ALEJANDRA		00:31:09 (178)	+11:39	6:13	SENIOR F (16)	
F (44)	123	FERNÁNDEZ ALBORNOS, MÓNICA		00:31:11 (179)	+11:41	6:14	MASTER 3 F (6)	
F (45)	88	GUEDE RODRIGUEZ, ANA		00:31:18 (180)	+11:48	6:15	MASTER 2 F (14)	
F (46)	36	RODRIGUEZ PIÑEIRO, ALBA		00:31:20 (181)	+11:50	6:15	MASTER 1 F (7)	
F (47)	38	VILA PARDO DE DONLEBÚN, CRISTINA		00:31:27 (182)	+11:57	6:17	MASTER 1 F (8)	
F (48)	226	FRAGA TENREIRO, DELIA		00:32:10 (185)	+12:40	6:25	SENIOR F (17)	
F (49)	101	TENREIRO ALLEGUE, MARIA TERESA		00:32:10 (186)	+12:40	6:25	MASTER 2 F (15)	
F (50)	205	NAVEIRAS SANTIAGO, AITANA		00:32:26 (188)	+12:56	6:29	SENIOR F (18)	
F (51)	168	COSTAS, ÁNGELA		00:32:35 (189)	+13:05	6:30	SENIOR F (19)	
F (52)	206	LOURIDO RODRIGUEZ, MARÍA		00:32:35 (190)	+13:05	6:30	SENIOR F (20)	



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F (53)	144	FERNÁNDEZ GUDÍN, MONTSE	CLUB SPORT BENYGYM	00:32:51 (191)	+13:21	6:34	MASTER 3 F (7)	S (5)
F (54)	212	FERREIRA SEMEDO, BEATRIZ		00:32:51 (192)	+13:21	6:34	SENIOR F (21)	S (6)
F (55)	198	BEIROA RODRIGUEZ, OLALLA		00:33:01 (194)	+13:31	6:36	SENIOR F (22)	
F (56)	37	MARTINEZ VEGA, BEATRIZ		00:33:09 (195)	+13:39	6:37	MASTER 1 F (9)	
F (57)	20	GARCIA CERNUDA, LUCIA		00:35:19 (196)	+15:49	7:03	MASTER 1 F (10)	
F (58)	203	LORENZO PÉREZ, UXIA		00:41:59 (197)	+22:29	8:23	SENIOR F (23)	
F (59)	162	PITA MUIÑO, ANTÍA		00:51:24 (198)	+31:54	10:16	SUB 16 F (1)	
F (60)	160	VÁZQUEZ ANEIROS, MARÍA		00:51:24 (199)	+31:54	10:16	SUB 16 F (2)	

Total: 199



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