

XI CARREIRA CARNEIRO Ó ESPETO 2025 MORAÑA

CLASIFICACIÓN 5K

CARNEIRO Ó ESPETO

10K MORAÑA 5K

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	P1	SEXO	CATEGORÍA
1	179	DOMÍNGUEZ JUNCAL, HUGO	SAN MIGUEL DE MARIN	00:17:37	3:15	00:10:47 (4)	M (1)	SUB 18 M (NA)
2	164	RIVEIRO LAMPON, ALBERTO	CLUB ATLETISMO SAR	00:17:44	3:16	00:10:45 (1)	M (2)	SENIOR M (1)
3	133	OTERO AMOEDO, ANXO	SD COMPOSTELA ATLETISMO	00:17:45	3:17	00:10:48 (5)	M (3)	MASTER A M (1)
4	117	PENA TORREIRA, AMADOR	KAIZEN COMPOSTELA	00:17:54	3:18	00:10:45 (2)	M (4)	MASTER A M (2)
5	138	OTERO LÓPEZ DE REGO, JORGE	MARJARITOS TEAM	00:18:20	3:23	00:10:46 (3)	M (5)	MASTER A M (3)
6	171	MATA CASTRO, ARTURO	CLUB ATLETISMO SANTIAGO	00:19:19	3:34	00:11:28 (6)	M (6)	SENIOR M (2)
7	131	CASTROAGUDIN GÓMEZ, ADRIAN	MORAÑA EN RUTA	00:19:56	3:41	00:11:57 (7)	M (7)	MASTER A M (4)
8	124	MANSILLA BARREIRO, PEPE	CLUB DEPORTIVO INCLUSIVO ENKI	00:20:03	3:42	00:12:01 (8)	M (8)	MASTER A M (5)
9	121	NUÑEZ PARADA, SERGIO		00:20:23	3:46	00:12:22 (9)	M (9)	MASTER A M (6)
10	161	FOLGAR POUSO, RAMON	EL CANARIO	00:20:38	3:49	00:12:30 (10)	M (10)	MASTER C M (1)
11	140	MIRANDA VIEITO, JOSÉ MANUEL	ATHLETICS FISIOTERAPIA SAN LAZARO	00:21:31	3:58	00:12:50 (11)	M (11)	MASTER B M (1)
12	182	PORTO PATIÑO, LAURA	ATLETISMO RÍAS BAIXAS	00:21:47	4:01	00:13:14 (13)	F (1)	SUB 18 F (NA)
13	186	JAMARDO CAPELO, ANXO	SOCIEDAD GIMNÁSTICA DE PONTEVEDRA	00:21:58	4:03	00:13:05 (12)	M (12)	SUB 18 M (1)
14	185	VIDAL VILAS, IZAN	CLUB DEPORTIVO PINARIUM	00:22:07	4:05	00:13:30 (18)	M (13)	SUB 18 M (2)
15	142	SALVADO TEJEDOR, ROBERTO	SOCIEDAD DEPORTIVA COMPOSTELA ATLETISMO	00:22:09	4:06	00:13:15 (14)	M (14)	MASTER B M (2)
16	177	SALVADO DIEGUEZ, JULIA	SOCIEDAD DEPORTIVA COMPOSTELA ATLETISMO	00:22:10	4:06	00:13:17 (15)	F (2)	SUB 23 F (1)
17	145	RIVAS SUÁREZ, NATALIA	CLUB ATLETISMO SADA	00:22:17	4:07	00:13:30 (17)	F (3)	MASTER B F (1)
18	183	MAGARIÑOS GAGO, ENRIQUE	MORAÑA EN RUTA	00:22:19	4:07	00:13:23 (16)	M (15)	SUB 18 M (3)
19	152	TARRIO, MARIA	SOCIEDAD DEPORTIVA COMPOSTELA ATLETISMO	00:22:55	4:14	00:13:44 (19)	F (4)	MASTER B F (2)
20	155	CONSTENLA PERÉZ, J. LUIS	ATLETISMO +9 MORAÑA	00:23:03	4:16	(-1)	M (16)	MASTER B M (3)
21	172	CORES CANCELA, ANDREA	SOCIEDAD DEPORTIVA COMPOSTELA ATLETISMO	00:23:45	4:23	00:14:20 (21)	F (5)	SENIOR F (1)
22	146	GONZALEZ VICENTE, DIEGO		00:23:55	4:25	00:14:10 (20)	M (17)	MASTER B M (4)
23	137	VILLASVERDE ROSALES, MARGA	MARJARITOS TEAM	00:24:26	4:31	00:14:41 (22)	F (6)	MASTER A F (1)
24	116	FROIZ PÉREZ, PABLO ÁLVARO	OS CORREDORES DO INFERNO	00:24:53	4:36	00:14:59 (23)	M (18)	SUB 23 M (1)
25	160	FERNÁNDEZ GARCÍA, MANUEL	CLUB DEPORTIVO PINARIUM	00:24:59	4:37	00:15:11 (26)	M (19)	MASTER C M (2)
26	128	JIMÉNEZ, LIROY		00:25:08	4:39	00:15:04 (24)	M (20)	MASTER A M (7)
27	162	MARTIÑÁN CAMIÑO, FRANCISCO JAVIER	ATLETISMO +9 MORAÑA	00:25:29	4:43	00:15:21 (29)	M (21)	MASTER C M (3)
28	187	GARCÍA FOJO, AIALA	ATLETISMO +9 MORAÑA	00:25:34	4:43	00:15:12 (27)	F (7)	SUB 18 F (1)
29	134	FLORES SANTOS, ANTONIO	ATLETISMO +9 MORAÑA	00:25:35	4:44	00:15:31 (34)	M (22)	MASTER A M (8)
30	174	CAÑAMARES MARÍN, GLORIA	ATLETISMO +9 MORAÑA	00:25:35	4:44	00:15:31 (33)	F (8)	SENIOR F (2)

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31	166	MARTINEZ CORES, DANIEL		00:25:39	4:44	00:15:06 (25)	M (23)	SENIOR M (3)
32	130	RAMOS MAGARIÑOS, MANUEL	MORAÑA EN RUTA	00:25:44	4:45	00:15:30 (32)	M (24)	MASTER A M (9)
33	129	MONTEAGUDO FERNANDEZ, RUBEN	MORAÑA EN RUTA	00:25:44	4:45	00:15:30 (30)	M (25)	MASTER A M (10)
34	168	IGLESIAS BLANCO, RITA		00:25:46	4:46	00:15:12 (28)	F (9)	SENIOR F (3)
35	123	RODRÍGUEZ BUGALLO, ÁNGEL		00:25:49	4:46	00:15:33 (35)	M (26)	MASTER A M (11)
36	167	IGLESIAS AMORES, DORIS	CLUB DEPORTIVO BRION HYUPERSA SANTIAGO	00:26:15	4:51	00:15:30 (31)	F (10)	SENIOR F (4)
37	153	JAMARDO BASCOY, MANUEL	CLUB DEPORTIVO PINARIUM	00:26:23	4:52	00:16:08 (36)	M (27)	MASTER B M (5)
38	135	CAMPOS FERRO, RUBÉN	ATLETISMO +9 MORAÑA	00:27:13	5:02	00:16:37 (37)	M (28)	MASTER A M (12)
39	74	REBORDA GRAÑA, AMADOR	CLUB DEPORTIVO PINARIUM	00:27:54	5:09	00:16:47 (39)	M (29)	MASTER C M (4)
40	45	PAZOS RECAREY, JAVIER		00:28:10	5:12	00:16:44 (38)	M (30)	MASTER B M (6)
41	159	PIÑEIRO ESPERANTE, MARI		00:28:21	5:14	00:17:03 (40)	F (11)	MASTER C F (1)
42	132	ESPIÑA GARRIDO, MARÍA	CDM XESTEIRAS	00:28:38	5:18	00:17:12 (41)	F (12)	MASTER A F (2)
43	150	VARELA GAGO, JOSÉ		00:28:49	5:20	00:17:42 (42)	M (31)	MASTER B M (7)
44	139	PIÑEIRO FOLGAR, FATIMA		00:29:05	5:23	00:17:43 (43)	F (13)	MASTER A F (3)
45	163	OTERO CEPEDA, DANIEL ANGEL		00:29:32	5:28	00:18:12 (48)	M (32)	MASTER D M (1)
46	158	ALVAREZ MOSQUERA, DIEGO		00:29:37	5:29	00:18:02 (45)	M (33)	MASTER B M (8)
47	204	FRESCO FERREIRÓS, JORGE		00:29:41	5:29	00:18:25 (52)	M (34)	MASTER B M (9)
48	120	ODRIOZOLA MONZÓN, ETHEL		00:29:45	5:30	00:18:13 (49)	F (14)	MASTER A F (4)
49	147	FALCON RUIBAL, BEATRIZ	ATLETISMO +9 MORAÑA	00:29:47	5:30	00:18:03 (46)	F (15)	MASTER B F (3)
50	181	REDONDO PEGO, DARIO	MORAÑA EN RUTA	00:30:00	5:33	00:18:08 (47)	M (35)	SUB 18 M (4)
51	144	VILARIÑO FERNANDEZ, MARIA		00:30:10	5:35	00:17:55 (44)	F (16)	MASTER B F (4)
52	84	ROSALES PIÑEIRO, MANUELA	OS CORREDORES DO INFERNO	00:30:17	5:36	00:18:20 (50)	F (17)	MASTER C F (2)
53	127	CORDAL MARTINEZ, MILI		00:31:09	5:45	00:18:49 (54)	F (18)	MASTER A F (5)
54	176	GARCÍA GÓMEZ, ÓSCAR		00:31:13	5:46	00:18:22 (51)	M (36)	SENIOR M (4)
55	154	VÉLEZ TENA, MÓNICA		00:31:15	5:47	00:18:35 (53)	F (19)	MASTER B F (5)
56	122	MANTEIGA RODRIGUEZ, SANDRA		00:31:51	5:53	00:19:23 (55)	F (20)	MASTER A F (6)
57	175	ARIAS MATO, ANDREA	ATLETISMO A ESTRADA	00:32:05	5:56	00:19:30 (57)	F (21)	SENIOR F (5)
58	118	ROSAL GÓMEZ, ROCÍO	ATHLETICS FISIOTERAPIA SAN LAZARO	00:32:22	5:59	00:19:30 (58)	F (22)	MASTER A F (7)
59	188	CARREIRA LEA, ALBA		00:32:42	6:03	00:19:59 (59)	F (23)	SUB 18 F (2)
60	157	LORENZO RIVAS, ANGEL	OS CORREDORES DO INFERNO	00:33:01	6:06	00:19:28 (56)	M (37)	MASTER B M (10)

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61	143	PAZ FERRIN, MARÍA	ATLETISMO A ESTRADA	00:33:17	6:09	00:20:01 (61)	F (24)	MASTER B F (6)
62	151	FERRIN NOVO, EVA		00:33:21	6:10	00:19:59 (60)	F (25)	MASTER B F (7)
63	149	PICALLO BARROS, PAULA		00:33:31	6:12	00:20:04 (62)	F (26)	MASTER B F (8)
64	148	PICALLO BARROS, SUSANA		00:33:37	6:13	00:20:17 (63)	F (27)	MASTER B F (9)
65	136	NOGUEIRA BALSEIROS, EVA MARIA	OS CORREDORES DO INFERNO	00:34:58	6:28	00:21:12 (66)	F (28)	MASTER A F (8)
66	156	DE LA FUENTE COSTADO, MÓNICA		00:34:59	6:28	00:21:19 (67)	F (29)	MASTER B F (10)
67	119	CID, SILVIA		00:35:17	6:32	00:21:06 (64)	F (30)	MASTER A F (9)
68	165	PEREZ GONZÁLEZ, CLÁUDIA		00:35:19	6:32	00:21:06 (65)	F (31)	SENIOR F (6)
69	1204	FRESCO GARRIDO, SARA	ATLETISMO +9 MORAÑA	00:37:11	6:53	00:22:05 (70)	F (32)	F (1)
70	184	ANGUEIRA, SABELA		00:37:12	6:53	00:22:05 (71)	F (33)	SUB 18 F (3)
71	217	CASTRO LEIRA, LAURA		00:37:55	7:01	00:21:39 (69)	F (34)	SENIOR F (7)
72	1217	CASTRO LEIRA, NOELIA		00:37:59	7:02	00:21:39 (68)	F (35)	SENIOR F (8)

Total: 72