

# XI CARREIRA PEDESTRE POPULAR-CONCELLO DE FRADES 2026

## CLASIFICACIÓN CATEGORÍAS SUB 10



| P. CAT        | DOR | NOMBRE                      | CLUB                    | T.OFICIAL     | RITMO | P. SEXO |
|---------------|-----|-----------------------------|-------------------------|---------------|-------|---------|
| FEMENINO      |     |                             |                         |               |       |         |
| SUB 10 F (1)  | 657 | GUENNOUNI, JANNAT           |                         | 00:02:48 (1)  | 3:29  | F (1)   |
| SUB 10 F (2)  | 659 | COBOS CORTIÑAS, JACQUELINE  | CLUB ATLETISMO ORDES    | 00:02:49 (2)  | 3:31  | F (2)   |
| SUB 10 F (3)  | 601 | LÓPEZ OJÉN, CELTIA          | CLUB ATLETISMO SADA     | 00:02:50 (3)  | 3:32  | F (3)   |
| SUB 10 F (4)  | 649 | MACEIRAS EIROA, PAULA       | CLUB ATLETISMO SADA     | 00:02:54 (4)  | 3:36  | F (4)   |
| SUB 10 F (5)  | 620 | CAMPOS AGRELO, PAULA        | ATLETISMO +9 MORAÑA     | 00:03:02 (5)  | 3:46  | F (5)   |
| SUB 10 F (6)  | 630 | FLORES CAÑAMARES, ÉRIKA     | ATLETISMO +9 MORAÑA     | 00:03:05 (6)  | 3:50  | F (6)   |
| SUB 10 F (7)  | 593 | PAZ GARCÍA, ALEJANDRA       |                         | 00:03:16 (7)  | 4:04  | F (7)   |
| SUB 10 F (8)  | 851 | RASKIN STEINBACH, ALINA     |                         | 00:03:18 (8)  | 4:06  | F (8)   |
| SUB 10 F (9)  | 597 | NOYA FERNÁNDEZ, MARTA       | SD COMPOSTELA ATLETISMO | 00:03:21 (9)  | 4:10  | F (9)   |
| SUB 10 F (10) | 686 | RAÑA OTERO, SHEILA          | CLUB ATLETISMO TAMBRE   | 00:03:25 (10) | 4:15  | F (10)  |
| SUB 10 F (11) | 684 | DUBRA CASTRO, NOA           |                         | 00:03:28 (11) | 4:19  | F (11)  |
| SUB 10 F (12) | 675 | GUTIÉRREZ PAZ, LÚA          | CLUB ATLETISMO TAMBRE   | 00:03:31 (12) | 4:22  | F (12)  |
| SUB 10 F (13) | 599 | PEREIRA OTERO, OLIMPIA      |                         | 00:03:32 (13) | 4:24  | F (13)  |
| SUB 10 F (14) | 880 | DE MARTÍN LOUZAO, NOA       |                         | 00:03:34 (14) | 4:26  | F (14)  |
| SUB 10 F (15) | 881 | DE MARTÍN LOUZAO, BAIA      |                         | 00:03:34 (15) | 4:26  | F (15)  |
| SUB 10 F (16) | 645 | GENDE BUSTO, SABELA         | CLUB ATLETISMO ORDES    | 00:03:36 (16) | 4:29  | F (16)  |
| SUB 10 F (17) | 651 | LOUREIRO DE VRIES, JANNETTA | ATLETISMO OBRADOIRO     | 00:03:37 (17) | 4:30  | F (17)  |
| SUB 10 F (18) | 634 | FRAGA RODRÍGUEZ, MARA       |                         | 00:03:37 (18) | 4:30  | F (18)  |
| SUB 10 F (19) | 600 | CALVIÑO REY, CARLA          |                         | 00:03:38 (19) | 4:32  | F (19)  |
| SUB 10 F (20) | 653 | MIRA BASCOY, CARLOTA        | ATLETICA A SILVA        | 00:03:49 (20) | 4:46  | F (20)  |
| SUB 10 F (21) | 676 | MOSQUERA RODRÍGUEZ, MARA    |                         | 00:03:50 (21) | 4:46  | F (21)  |
| SUB 10 F (22) | 667 | GARCÍA RÍOS, GEMA           |                         | 00:03:50 (22) | 4:47  | F (22)  |
| SUB 10 F (23) | 627 | MÉNDEZ CASTRO, ZOE          |                         | 00:03:57 (23) | 4:55  | F (23)  |
| SUB 10 F (24) | 595 | IGLESIAS BENÍTEZ, CATUXA    |                         | 00:03:57 (24) | 4:56  | F (24)  |
| SUB 10 F (25) | 656 | GÓMEZ REY, LARA             |                         | 00:04:04 (25) | 5:04  | F (25)  |
| SUB 10 F (26) | 612 | IGLESIAS CARNOTA, SHEILA    |                         | 00:04:06 (26) | 5:07  | F (26)  |
| SUB 10 F (27) | 615 | GARCÍA GARCÍA, MARTINA      |                         | 00:04:08 (27) | 5:09  | F (27)  |
| SUB 10 F (28) | 628 | LÓPEZ LÓPEZ, MARTINA        |                         | 00:04:09 (28) | 5:10  | F (28)  |
| SUB 10 F (29) | 877 | FACHAL VEIGA, ALBA          |                         | 00:04:12 (29) | 5:14  | F (29)  |

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|---------------|-----|------------------------|------|---------------|-------|---------|
| SUB 10 F (30) | 685 | NOYA GOMEZ, MARA       |      | 00:04:15 (30) | 5:18  | F (30)  |
| SUB 10 F (31) | 654 | VILLAR GARCÍA, SHEILA  |      | 00:04:29 (31) | 5:36  | F (31)  |
| SUB 10 F (32) | 846 | SÁNCHEZ SÁNCHEZ, JULIA |      | 00:04:33 (32) | 5:41  | F (32)  |

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|------------------|-----|----------------------------|-----------------------------------|---------------|-------|---------|
| <b>MASCULINO</b> |     |                            |                                   |               |       |         |
| SUB 10 M (1)     | 648 | RAMOS COSTAS, LUCA         | MORAÑA EN RUTA                    | 00:02:44 (1)  | 3:23  | M (1)   |
| SUB 10 M (2)     | 678 | CABEZAS LOURO, XIÁN        |                                   | 00:02:49 (2)  | 3:30  | M (2)   |
| SUB 10 M (3)     | 670 | RODRÍGUEZ LÓPEZ, SAÚL      |                                   | 00:02:51 (3)  | 3:33  | M (3)   |
| SUB 10 M (4)     | 679 | BARCALA VILLAVERDE, BREIXO | CLUB ATLETISMO TAMBRE             | 00:02:56 (4)  | 3:39  | M (4)   |
| SUB 10 M (5)     | 635 | RODRÍGUEZ GARCÍA, NUNO     | MORAÑA EN RUTA                    | 00:02:58 (5)  | 3:41  | M (5)   |
| SUB 10 M (6)     | 650 | GARABATO GARCÍA, MARTÍN    |                                   | 00:02:58 (6)  | 3:41  | M (6)   |
| SUB 10 M (7)     | 605 | COSTOYA ABELENDIA, XABIER  | CLUB TRIATLÓN COMPOSTELA          | 00:02:58 (7)  | 3:41  | M (7)   |
| SUB 10 M (8)     | 640 | SÁNCHEZ GENDRE, LUCAS      |                                   | 00:02:59 (8)  | 3:42  | M (8)   |
| SUB 10 M (9)     | 632 | GARCIA GOMEZ, LEO          | CLUB TRIATLON CORUÑA              | 00:02:59 (9)  | 3:43  | M (9)   |
| SUB 10 M (10)    | 622 | BERNÁRDEZ HERMIDA, FIZ     | CLUB ATLETISMO MILLARAIO          | 00:03:08 (10) | 3:54  | M (10)  |
| SUB 10 M (11)    | 849 | REY IGLESIAS, LEO          |                                   | 00:03:09 (11) | 3:55  | M (11)  |
| SUB 10 M (12)    | 661 | REY REY, MARTÍN            | CLUB TRIATLON INFORHOUSE SANTIAGO | 00:03:11 (12) | 3:58  | M (12)  |
| SUB 10 M (13)    | 864 | MEIJIDE BELLO, MARTÍN      |                                   | 00:03:13 (13) | 4:00  | M (13)  |
| SUB 10 M (14)    | 655 | PAMPIN GAGO, BRAIS         |                                   | 00:03:13 (14) | 4:01  | M (14)  |
| SUB 10 M (15)    | 604 | MELLO, NICOLÁS             |                                   | 00:03:14 (15) | 4:01  | M (15)  |
| SUB 10 M (16)    | 606 | SÁNCHEZ MARTÍNEZ, ROMÁN    |                                   | 00:03:18 (16) | 4:06  | M (16)  |
| SUB 10 M (17)    | 672 | VAZQUEZ PEREZ, ENZO        |                                   | 00:03:18 (17) | 4:07  | M (17)  |
| SUB 10 M (18)    | 618 | MATO PENAS, ALDÁN          |                                   | 00:03:20 (18) | 4:08  | M (18)  |
| SUB 10 M (19)    | 652 | VILLAMOR SÁNCHEZ, MATEO    | GTR GALAICO TRAIL RUN             | 00:03:20 (19) | 4:09  | M (19)  |
| SUB 10 M (20)    | 638 | PORTOS RODRÍGUEZ, PABLO    |                                   | 00:03:21 (20) | 4:10  | M (20)  |
| SUB 10 M (21)    | 663 | SÁNCHEZ RAMOS, GAEL        |                                   | 00:03:23 (21) | 4:12  | M (21)  |
| SUB 10 M (22)    | 683 | TORRE BLANCO, MAURO        |                                   | 00:03:24 (22) | 4:13  | M (22)  |
| SUB 10 M (23)    | 602 | SANCHEZ TACON, RODRIGO     |                                   | 00:03:24 (23) | 4:14  | M (23)  |
| SUB 10 M (24)    | 614 | GÓNZALEZ SOUTO, DIEGO      |                                   | 00:03:26 (24) | 4:17  | M (24)  |
| SUB 10 M (25)    | 594 | LÓPEZ CUTRIN, IAGO         |                                   | 00:03:27 (25) | 4:17  | M (25)  |
| SUB 10 M (26)    | 610 | VILAS RENDO, NOÉ           |                                   | 00:03:27 (26) | 4:18  | M (26)  |
| SUB 10 M (27)    | 598 | SEOANE MOAR, LUCAS         |                                   | 00:03:28 (27) | 4:18  | M (27)  |
| SUB 10 M (28)    | 633 | CAO CREGO, ADÁN            |                                   | 00:03:29 (28) | 4:20  | M (28)  |
| SUB 10 M (29)    | 865 | RAMA SUAREZ, HECTOR        |                                   | 00:03:29 (29) | 4:20  | M (29)  |

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|---------------|-----|---------------------------------|-----------------------------------|---------------|-------|---------|
| SUB 10 M (30) | 647 | RODRÍGUEZ PREGO, NICO           |                                   | 00:03:30 (30) | 4:21  | M (30)  |
| SUB 10 M (31) | 624 | VARELA RODRIGUEZ, FUCO          |                                   | 00:03:30 (31) | 4:22  | M (31)  |
| SUB 10 M (32) | 625 | BARREIRO RODRÍGUEZ, XENXO       | ATLETISMO OBRADOIRO               | 00:03:30 (32) | 4:22  | M (32)  |
| SUB 10 M (33) | 596 | GARCÍA SÁNCHEZ, AITOR           |                                   | 00:03:31 (33) | 4:23  | M (33)  |
| SUB 10 M (34) | 677 | JIMENEZ NUÑEZ, LOIS             | CLUB TRIATLON INFORHOUSE SANTIAGO | 00:03:31 (34) | 4:23  | M (34)  |
| SUB 10 M (35) | 666 | MARTÍNEZ TUÑAS, DIEGO           |                                   | 00:03:32 (35) | 4:24  | M (35)  |
| SUB 10 M (36) | 617 | FRADE RODRÍGUEZ, MATEO          |                                   | 00:03:35 (36) | 4:27  | M (36)  |
| SUB 10 M (37) | 603 | MOSQUERA LAGARES, ALEX          |                                   | 00:03:35 (37) | 4:28  | M (37)  |
| SUB 10 M (38) | 616 | MIRANDA CERQUEIRO, FABIÁN       |                                   | 00:03:37 (38) | 4:30  | M (38)  |
| SUB 10 M (39) | 884 | VEIGA MOSQUERA, MAURO           |                                   | 00:03:39 (39) | 4:33  | M (39)  |
| SUB 10 M (40) | 629 | INSUA MARIANO, FÉLIX            |                                   | 00:03:42 (40) | 4:36  | M (40)  |
| SUB 10 M (41) | 643 | CARREIRA VARELA, ADRIÁN         |                                   | 00:03:44 (41) | 4:38  | M (41)  |
| SUB 10 M (42) | 681 | VILARES CONSTENLA, BRUNO        |                                   | 00:03:45 (42) | 4:40  | M (42)  |
| SUB 10 M (43) | 646 | LOUREIRO CANDAL, HUGO           |                                   | 00:03:46 (43) | 4:42  | M (43)  |
| SUB 10 M (44) | 623 | MARIÑO SAAVEDRA, THIAGO         |                                   | 00:03:49 (44) | 4:45  | M (44)  |
| SUB 10 M (45) | 682 | PEDREIRA GONZALEZ, MATEO        |                                   | 00:03:53 (45) | 4:50  | M (45)  |
| SUB 10 M (46) | 673 | NÚÑEZ SÁNCHEZ, ANXO             |                                   | 00:03:55 (46) | 4:53  | M (46)  |
| SUB 10 M (47) | 664 | FERNÁNDEZ VARELA, BREOGÁN       |                                   | 00:03:55 (47) | 4:53  | M (47)  |
| SUB 10 M (48) | 644 | RAÑA BOTANA, MARIO              |                                   | 00:03:56 (48) | 4:54  | M (48)  |
| SUB 10 M (49) | 609 | TABOADA VIGO, HUGO              |                                   | 00:04:04 (49) | 5:04  | M (49)  |
| SUB 10 M (50) | 869 | IGLESIAS MARIÑO, ROQUE          |                                   | 00:04:04 (50) | 5:04  | M (50)  |
| SUB 10 M (51) | 668 | IGLESIAS SANTOS, GAEL           |                                   | 00:04:09 (51) | 5:10  | M (51)  |
| SUB 10 M (52) | 639 | REY LOURES, MATTEO              |                                   | 00:04:11 (52) | 5:12  | M (52)  |
| SUB 10 M (53) | 621 | ANIDO REGUEIRA, CARMELO         |                                   | 00:04:11 (53) | 5:12  | M (53)  |
| SUB 10 M (54) | 607 | BASAGOITIA RIVERA, RODRIGO JOSÉ |                                   | 00:04:22 (54) | 5:27  | M (54)  |
| SUB 10 M (55) | 637 | GARABAL CABANAS, MATEO          |                                   | 00:04:29 (55) | 5:35  | M (55)  |
| SUB 10 M (56) | 660 | SOUTO VEIRAS, IZAN              |                                   | 00:04:29 (56) | 5:35  | M (56)  |
| SUB 10 M (57) | 863 | SANCHEZ PARDO, PABLO            |                                   | 00:04:54 (57) | 6:06  | M (57)  |

Total: 89