

XI CARREIRA POPULAR CONCELLO DE RIANXO

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA	LOCAL
1	562	SANTIAGO FERNÁNDEZ, GUSTAVO	CLUB DEPORTIVO PINARIUM	00:31:08	3:06	M (1)	SENIOR M (1)	
2	112	ABAL CHAVES, AMADEO	AMADEO ABAL NUTRICIÓN DEPORTIVA	00:31:12	3:07	M (2)	SENIOR M (2)	
3	554	CENDÁN LLORENS, ANDRÉS	CLUB TRIATLÓN COMPOSTELA	00:31:48	3:10	M (3)	SENIOR M (3)	
4	80	ASCANIO BASO, FRANCISCO JAVIER		00:33:07	3:18	M (4)	MASTER 1 M (1)	
5	583	LIJÓ ARES, YAGO	TRIATLON RIANXO	00:33:41	3:22	M (5)	SENIOR M (4)	M (1)
6	575	GONZALEZ CASTRO, DAMIAN	TRIATLON RIANXO	00:33:44	3:22	M (6)	SENIOR M (5)	
7	454	CAAMAÑO NIETO, RUBEN	CLUB ATLETISMO SAR	00:34:02	3:24	M (7)	MASTER 2 M (1)	
8	91	AGRASO ALONSO, XABI	EL CANARIO	00:34:04	3:24	M (8)	SENIOR M (6)	
9	574	GONZÁLEZ MARIÑO, JORGE	CLUB NATACION RIBEIRA	00:34:07	3:24	M (9)	SENIOR M (7)	
10	546	LESTIDO REY, MARTÍN	CLUB ATLETISMO SAR	00:34:14	3:25	M (10)	SENIOR M (8)	
11	43	FERNANDEZ LIJÓ, JUAN FRANCISCO	POR AMOR AL ARTE	00:34:21	3:26	M (11)	MASTER 2 M (2)	
12	84	FONTÁN MARTÍNEZ, XACOB	CLUB ATLETISMO SAR	00:34:22	3:26	M (12)	MASTER 1 M (2)	
13	132	RIVEIRO LAMPÓN, ALBERTO	CLUB ATLETISMO SAR	00:34:45	3:28	M (13)	MASTER 1 M (3)	
14	536	RIADIGOS, BRUNO	NOSPORTLIMIT	00:34:46	3:28	M (14)	MASTER 1 M (4)	
15	517	PARDO MONTERO, ALBERTO		00:34:46	3:28	M (15)	MASTER 1 M (5)	
16	78	FERNÁNDEZ GARCÍA, MÍCHEL	S.D. BARBANTIA RODA	00:35:07	3:30	M (16)	MASTER 1 M (6)	
17	547	SANTIAGO REY, DIEGO	CLUB TRIATLÓN COMPOSTELA	00:35:27	3:32	M (17)	SENIOR M (9)	
18	100	CREO SABORIDO, ALEJANDRO	TRIATLON RIANXO	00:36:05	3:36	M (18)	SENIOR M (10)	
19	59	GONZÁLEZ HORTA, VÍCTOR	COMESAÑA SPORTING CLUB	00:36:09	3:36	M (19)	MASTER 2 M (3)	
20	445	JUANATEY GARCIA, CARLOS	CLUB ATLETISMO NOIA	00:36:18	3:37	M (20)	MASTER 2 M (4)	
21	532	CASTROAGUDIN GÓMEZ, ADRIAN	MORAÑA EN RUTA	00:36:42	3:40	M (21)	MASTER 1 M (7)	
22	470	MELLA SUAREZ, ALEX		00:36:45	3:40	M (22)	MASTER 2 M (5)	
23	582	ESPIÑEIRA MOSQUERA, MARTÍN	NOSPORTLIMIT	00:36:46	3:40	M (23)	SENIOR M (11)	
24	163	TARELA MIRAMONTES, DANIEL		00:36:46	3:40	M (24)	MASTER 2 M (6)	
25	489	OVIEDO BOUZAS, FRAN	CLUB ATLETISMO NOIA	00:36:47	3:40	M (25)	MASTER 2 M (7)	
26	563	SANTOS GARCÍA, MARIO	ATLETISMO RIAS BAIXAS	00:36:51	3:41	M (26)	SENIOR M (12)	
27	64	POSE PEREZ, AGUS		00:37:00	3:41	M (27)	MASTER 2 M (8)	
28	558	SANTOS DOMÍNGUEZ, LAURA	FACSA PLAYAS DE CASTELLON	00:37:04	3:42	F (1)	SENIOR F (1)	
29	502	CASO BERNABE, CARLOS	S.D. BARBANTIA RODA	00:37:07	3:42	M (28)	MASTER 1 M (8)	M (2)
30	108	TORRESCUSA MOURIÑO, RICARDO		00:37:11	3:43	M (29)	SENIOR M (13)	

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31	550	MATA CASTRO, ARTURO	CLUB ATLETISMO SANTIAGO	00:37:18	3:43	M (30)	SENIOR M (14)	
32	529	RODRÍGUEZ PIMENTEL, PATRICK		00:37:36	3:45	M (31)	MASTER 1 M (9)	M (3)
33	622	MARIÑO GALBAN, MANUEL	CLUB DE REMO CABO DA CRUZ	00:37:52	3:47	M (32)	SUB 20 M (1)	M (4)
34	451	VIDAL MORENO, FERNANDO	TRIATLÓN VILAGARCÍA	00:37:52	3:47	M (33)	MASTER 2 M (9)	
35	603	MARTÍNEZ IGLESIAS, ERIC	S.D. BARBANTIA RODA	00:38:03	3:48	M (34)	SENIOR M (15)	M (5)
36	70	GONZALEZ PARGA, RUBÉN		00:38:12	3:49	M (35)	MASTER 1 M (10)	
37	74	LAIÑO SILVA, VICTOR	SAN MIGUEL DE MARIN	00:38:14	3:49	M (36)	MASTER 1 M (11)	
38	538	BELLO YAÑEZ, DIEGO		00:38:17	3:49	M (37)	MASTER 1 M (12)	
39	422	BARREIRO PEREIRA, XOSÉ ANTÓN	SOCIEDADE DEPORTIVA ATLETISMO COMPOSTELA	00:38:33	3:51	M (38)	MASTER 3 M (1)	
40	41	MUIÑOS REYES, ENRIQUE	SERRES RUNNERS	00:38:38	3:51	M (39)	MASTER 2 M (10)	
41	29	FERNÁNDEZ LAGO, JUAN CARLOS	CLUB ATLETISMO SAR	00:38:39	3:51	M (40)	MASTER 3 M (2)	
42	430	PEÑAS, JAIME		00:38:40	3:51	M (41)	MASTER 3 M (3)	
43	40	PANIAGUA FERNANDEZ, JOSE LUIS	ATLETISMO FONTES DO SAR	00:38:44	3:52	M (42)	MASTER 2 M (11)	
44	463	GUIMAREY SENIN, JAVIER	CLUB ATLETISMO SAR	00:38:47	3:52	M (43)	MASTER 2 M (12)	
45	21	FIGUEIRA PÉREZ, MANUEL	CLUB ATLETISMO SAR	00:38:51	3:53	M (44)	MASTER 3 M (4)	
46	569	VILLANUSTRE OTERO, JULIÁN		00:38:55	3:53	M (45)	SENIOR M (16)	M (6)
47	439	SIEIRA RIOS, FERNANDO	TRIATLON RIANXO	00:38:57	3:53	M (46)	MASTER 3 M (5)	M (7)
48	42	GARCÍA SÓÑORA, MARCOS	CLUB ATLETISMO NOIA	00:39:10	3:54	M (47)	MASTER 2 M (13)	
49	553	SANTISO PRADO, ANA MARÍA	ATLETISMO RIA DE FOZ	00:39:14	3:55	F (2)	SENIOR F (2)	
50	48	DOSIL RIVAS, JAVI	ATLETISMO FONTES DO SAR	00:39:15	3:55	M (48)	MASTER 2 M (14)	
51	503	BARREIRO CASTIÑEIRA, MARCOS	CLUB TRIATLÓN COMPOSTELA	00:39:17	3:55	M (49)	MASTER 1 M (13)	
52	134	AYASO ROMERO, JOSE LUIS		00:39:23	3:56	M (50)	MASTER 2 M (15)	
53	490	MAYO BALDERRABANO, JUAN	CLUB ATLETISMO NOIA	00:39:26	3:56	M (51)	MASTER 2 M (16)	
54	462	MIRANDA VIEITO, JOSÉ MANUEL	ATHLETICS FISIOTERAPIA SAN LAZARO	00:39:29	3:56	M (52)	MASTER 2 M (17)	
55	480	TRIÑANES, JAVIER	SERRES RUNNERS	00:39:41	3:58	M (53)	MASTER 2 M (18)	
56	514	ROMERO BARREIRO, JOSE ANTONIO	CLUBE ATLETISMO BOIMORTO	00:39:42	3:58	M (54)	MASTER 1 M (14)	
57	478	REY PADIN, FRANCISCO J.	TRIATLÓN VILAGARCÍA	00:39:44	3:58	M (55)	MASTER 2 M (19)	
58	30	NAVARRO ANTON, JOSE	S.D. BARBANTIA RODA	00:39:52	3:59	M (56)	MASTER 3 M (6)	
59	413	AMEAL LORENZO, EDUARDO		00:40:05	4:00	M (57)	MASTER 3 M (7)	
60	409	MOSTEIRO LÓPEZ, XESUS MANUEL	ASOCIACIÓN DEPORTIVA CERNE	00:40:08	4:00	M (58)	MASTER 4 M (1)	

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61	410	PÉREZ PEREIRA, RAMIRO	CLUB ATLETISMO SAR	00:40:09	4:00	M (59)	MASTER 4 M (2)	
62	1	FERNANDEZ TOME, JUAN		00:40:12	4:01	M (60)	MASTER 4 M (3)	
63	542	INSUS, BRIAN		00:40:14	4:01	M (61)	MASTER 1 M (15)	
64	516	PARRADO PINAQUE, TERE	CLUB ATLETISMO SANTIAGO	00:40:14	4:01	F (3)	MASTER 1 F (1)	
65	611	CALVO MUÑIZ, RAÚL		00:40:20	4:01	M (62)	SUB 23 M (1)	M (8)
66	578	FONTAN MONTEAGUDO, IVAN		00:40:20	4:01	M (63)	SENIOR M (17)	
67	495	CALAHORRA NOVILLO, JAVIER		00:40:23	4:02	M (64)	MASTER 2 M (20)	
68	531	RIVAS DE JESUS, SERGIO		00:40:23	4:02	M (65)	MASTER 1 M (16)	
69	488	BUIG FERNANDEZ, MANUEL ALEXIS		00:40:28	4:02	M (66)	MASTER 2 M (21)	M (9)
70	466	NOYA ORDÓÑEZ, RAMÓN		00:40:33	4:03	M (67)	MASTER 2 M (22)	M (10)
71	37	ABALO CHOUZA, NARCISO	S.D. BARBANTIA RODA	00:40:42	4:04	M (68)	MASTER 2 M (23)	
72	608	SANLES ESTEVEZ, JOSE	S.D. BARBANTIA RODA	00:40:42	4:04	M (69)	SENIOR M (18)	
73	486	GARCIA BLANCO, CARLOS	CLUB TRIATLÓN COMPOSTELA	00:40:50	4:04	M (70)	MASTER 2 M (24)	
74	482	FERNANDEZ MENDEZ, JOAQUÍN		00:41:04	4:06	M (71)	MASTER 2 M (25)	
75	45	VILA SIEIRA, RUBEN	C.D. EGOVARROS	00:41:16	4:07	M (72)	MASTER 2 M (26)	
76	436	COSTA RODRÍGUEZ, JOSE ANTONIO	ATLETICA MAZI	00:41:16	4:07	M (73)	MASTER 3 M (8)	
77	618	CES CAAMAÑO, DIEGO	CLUB REMO CABO DA CRUZ	00:41:22	4:08	M (74)	SUB 23 M (2)	M (11)
78	51	MONTANÉ LÓPEZ, JAVIER	S.D. BARBANTIA RODA	00:41:24	4:08	M (75)	MASTER 2 M (27)	
79	572	DAVILA OUTEIRAL, IAGO	CLUB DE REMO CABO DA CRUZ	00:41:38	4:09	M (76)	SENIOR M (19)	
80	505	SUÁREZ TABOADA, MANUEL		00:41:43	4:10	M (77)	MASTER 1 M (17)	
81	417	VIDAL ARES, ANTONIO	TRIATLON RIANXO	00:41:45	4:10	M (78)	MASTER 3 M (9)	
82	586	FIGUEIRA IGLESIAS, LUCAS		00:41:56	4:11	M (79)	SENIOR M (20)	M (12)
83	83	FERNÁNDEZ BUCETA, PABLO		00:41:57	4:11	M (80)	MASTER 1 M (18)	
84	124	QUINTELA VÁZQUEZ, SUSO	NOITEBRA F.C.	00:41:57	4:11	M (81)	MASTER 3 M (10)	
85	597	ORDOÑEZ REY, ISMAEL		00:41:58	4:11	M (82)	SENIOR M (21)	M (13)
86	496	FONTANS SEBE, MARCOS	ATLETISMO CUNTIS	00:42:15	4:13	M (83)	MASTER 2 M (28)	
87	62	CIMADEVILLA CRUJEIRAS, MARIA TERESA	EL CANARIO	00:42:15	4:13	F (4)	MASTER 2 F (1)	
88	596	FERNÁNDEZ RESÚA, JACOBO		00:42:16	4:13	M (84)	SENIOR M (22)	M (14)
89	402	BERGONDO BRANDARIZ, JUAN CARLOS	RUNNING OLEIROS	00:42:29	4:14	M (85)	MASTER 4 M (4)	
90	619	GONZALEZ, JAVIER	SERRES RUNNERS	00:42:35	4:15	M (86)	SUB 20 M (2)	

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91	61	MARTINEZ MARTINEZ, ANA	SERRES RUNNERS	00:42:35	4:15	F (5)	MASTER 2 F (2)	
92	418	MOREIRA MARTINEZ, L.	ATLETISMO AESTRADA	00:42:38	4:15	M (87)	MASTER 3 M (11)	
93	110	BLANCO GARCIA, ADRIAN	EL CANARIO	00:42:44	4:16	M (88)	SENIOR M (23)	
94	525	RODRIGUEZ FLORES, MARCO ANTONIO	BEGOÑITA	00:42:47	4:16	M (89)	MASTER 1 M (19)	
95	414	TRIÑANES SÁNCHEZ, CARLOS	TRIBU TRAIL	00:42:50	4:16	M (90)	MASTER 3 M (12)	
96	164	SOTO BUCETA, SERGIO	CLUB ATLETISMO CAMBADOS	00:42:53	4:17	M (91)	MASTER 2 M (29)	
97	130	SEOANE CEA, BRAIS		00:42:57	4:17	M (92)	MASTER 1 M (20)	
98	161	MIGUENS OTERO, ELENA	CLUB ATLETISMO SAR	00:43:00	4:17	F (6)	MASTER 3 F (1)	
99	565	GUDE, ALBERTO	EL CANARIO	00:43:03	4:18	M (93)	SENIOR M (24)	
100	469	ARADAS LESTÓN, BERNARDO		00:43:19	4:19	M (94)	MASTER 2 M (30)	
101	10	ÁLVAREZ LODEIRO, SANTIAGO	ENTRENARUNNING	00:43:28	4:20	M (95)	MASTER 4 M (5)	
102	593	CURRAIS MAYO, MARTÍN		00:43:28	4:20	M (96)	SENIOR M (25)	
103	425	PIÑEIRO REY, ARTURO		00:43:34	4:21	M (97)	MASTER 3 M (13)	
104	595	GONZÁLEZ VILAR, ROI	CTX BOX	00:43:47	4:22	M (98)	SENIOR M (26)	
105	455	VIAÑO LORENZO, PABLO		00:43:51	4:23	M (99)	MASTER 2 M (31)	
106	401	REY PAULOS, MANUEL JOSE		00:43:53	4:23	M (100)	MASTER 4 M (6)	
107	66	IBÁÑEZ RODRÍGUEZ, RAÚL		00:43:53	4:23	M (101)	MASTER 2 M (32)	
108	501	CASO BERNABE, ANTONIO	S.D. BARBANTIA RODA	00:44:11	4:25	M (102)	MASTER 1 M (21)	
109	508	PAZ MONTERO, JAVIER		00:44:16	4:25	M (103)	MASTER 1 M (22)	
110	471	MONTERO, GABI	CLUB TRIATLÓN COMPOSTELA	00:44:23	4:26	M (104)	MASTER 2 M (33)	
111	109	BETANZOS FREIRE, ALDARA	S.D. BARBANTIA RODA	00:44:24	4:26	F (7)	SENIOR F (3)	F (1)
112	166	AMBITE SANTANA, DARIO		00:44:37	4:27	M (105)	SUB 20 M (3)	
113	137	ARGIBAY PEREZ, JUAN ANTONIO	CLUB TRIATLON RIBEIRA	00:44:38	4:27	M (106)	MASTER 4 M (7)	
114	567	ORDÓÑEZ MUÑIZ, JAVIER		00:44:50	4:28	M (107)	SENIOR M (27)	M (15)
115	57	FILGUEIRA PIÑEIRO, CARLOS	S.D. BARBANTIA RODA	00:44:56	4:29	M (108)	MASTER 2 M (34)	
116	556	WALDOMAR ARMAS, KEVIN	TRIBU TRAIL	00:44:58	4:29	M (109)	SENIOR M (28)	M (16)
117	615	ACUÑA PAZ, ALEJANDRO		00:45:01	4:30	M (110)	SUB 23 M (3)	M (17)
118	533	GARCIA BLANCO, CAYETANO	SAUDE SPORT	00:45:01	4:30	M (111)	MASTER 1 M (23)	
119	602	BARREIRO RODRÍGUEZ, PABLO		00:45:03	4:30	M (112)	SENIOR M (29)	
120	528	FRANCO SIEIRA, DIEGO		00:45:04	4:30	M (113)	MASTER 1 M (24)	

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121	585	MILLÁN RODRÍGUEZ, BORJA	TRIBU TRAIL	00:45:07	4:30	M (114)	SENIOR M (30)	
122	458	ARUFE SANTAMARIA, JUAN		00:45:14	4:31	M (115)	MASTER 2 M (35)	
123	520	MAYÁN MARTÍNEZ, MIGUEL		00:45:24	4:32	M (116)	MASTER 1 M (25)	
124	614	VITURRO BUIG, THIAGO		00:45:27	4:32	M (117)	SUB 23 M (4)	
125	426	BUSTELO RIAL, ARTURO		00:45:27	4:32	M (118)	MASTER 3 M (14)	
126	543	CASAL GÓMEZ, IVÁN	SERRES RUNNERS	00:45:27	4:32	M (119)	MASTER 1 M (26)	
127	477	BARREIRO BLANCO, MIGUEL		00:45:35	4:33	M (120)	MASTER 2 M (36)	
128	52	CARREGAL FERNÁNDEZ, CRISTINA		00:45:48	4:34	F (8)	MASTER 2 F (3)	
129	17	PEREZ. SUSAVILA, ANGEL		00:46:00	4:35	M (121)	MASTER 3 M (15)	
130	440	PARDAVILA, MIGUEL	CORRIDA DAS CABRAS	00:46:08	4:36	M (122)	MASTER 3 M (16)	
131	22	PIÑEIRO ABEIJON, BENITO	SAUDE SPORT	00:46:10	4:36	M (123)	MASTER 3 M (17)	
132	442	LORENZO QUEIRUGA, MANUEL		00:46:13	4:37	M (124)	MASTER 3 M (18)	
133	69	ATÁN RODRÍGUEZ, BANESA	SERRES RUNNERS	00:46:26	4:38	F (9)	MASTER 1 F (2)	
134	434	OTERO UHIA, ANTONIO	CLUB PIRAGÜISMO RIANXO	00:46:29	4:38	M (125)	MASTER 3 M (19)	
135	491	FERNÁNDEZ FERNÁNDEZ, RODRIGO		00:46:43	4:40	M (126)	MASTER 2 M (37)	M (18)
136	165	AMBITE SANTANA, DANIEL	CLUB DEPORTIVO PINARIUM	00:46:44	4:40	M (127)	SUB 18 M (1)	
137	44	DE LA TORRE CULLER, JOSE		00:46:49	4:40	M (128)	MASTER 2 M (38)	
138	113	DOMÍNGUEZ TRIÑANES, ALBA		00:46:51	4:41	F (10)	SUB 23 F (1)	
139	526	PENSADO RIVAS, FERNANDO	CORRIDA DAS CABRAS	00:46:54	4:41	M (129)	MASTER 1 M (27)	
140	524	ROMERO ABALO, RODRIGO		00:46:55	4:41	M (130)	MASTER 1 M (28)	M (19)
141	587	SANMIGUEL FERREIRO, IVAN		00:46:56	4:41	M (131)	SENIOR M (31)	
142	588	IGLESIAS BASTOS, IRENE	CORRIDA DAS CABRAS	00:46:56	4:41	F (11)	SENIOR F (4)	
143	621	ALCALDE RIAL, MARIO	S.D. BARBANTIA RODA	00:46:56	4:41	M (132)	SUB 20 M (4)	M (20)
144	93	RODRÍGUEZ CONDE, CARLA		00:46:56	4:41	F (12)	SENIOR F (5)	
145	94	CASTAÑO CASTRO, CARLOS		00:46:56	4:41	M (133)	SENIOR M (32)	
146	6	POUSO GARCIA, JOSÉ	S.D. BARBANTIA RODA	00:46:56	4:41	M (134)	MASTER 4 M (8)	
147	8	BETANZOS REGO, TOBÍAS		00:47:02	4:42	M (135)	MASTER 4 M (9)	
148	102	BETANZOS FREIRE, SARELA	S.D. BARBANTIA RODA	00:47:10	4:42	F (13)	SENIOR F (6)	
149	511	MONTEAGUDO FERNANDEZ, RUBEN	MORAÑA EN RUTA	00:47:12	4:43	M (136)	MASTER 1 M (29)	
150	36	VARELA ALVAREZ, LAUREANO	SD COMPOSTELA ATLETISMO	00:47:14	4:43	M (137)	MASTER 2 M (39)	

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151	497	CAMIÑA MARTÍNEZ, RAI	CLUB ATLETISMO CAMBADOS	00:47:15	4:43	M (138)	MASTER 2 M (40)	
152	522	FIGUEIRA RODRÍGUEZ, SERGIO		00:47:19	4:43	M (139)	MASTER 1 M (30)	
153	26	CAAMAÑO LAGO, Nanci Viviana	CLUB ATLETISMO SAR	00:47:24	4:44	F (14)	MASTER 3 F (2)	
154	568	RODRÍGUEZ FERNÁNDEZ, JAVIER		00:47:26	4:44	M (140)	SENIOR M (33)	
155	624	LAPIDO MÉNDEZ, ADRIÁN	CLUB REMO RIANXO	00:47:26	4:44	M (141)	SUB 18 M (2)	M (21)
156	540	DE VRIES LOUREIRO, DANIEL	RUNNING ARTEIXO	00:47:30	4:44	F (15)	MASTER 1 F (3)	
157	483	RIAL LORENZO, MIGUEL	S.D. BARBANTIA RODA	00:47:30	4:44	M (142)	MASTER 2 M (41)	M (22)
158	419	MALLO NIEVES, JOSE MANUEL	TARTARUGAS	00:47:32	4:45	M (143)	MASTER 3 M (20)	
159	509	SOBRADELO PROL, MARCOS		00:47:36	4:45	M (144)	MASTER 1 M (31)	
160	512	BONDAD QUINTELA, ALEXANDRE YERAL		00:47:38	4:45	M (145)	MASTER 1 M (32)	
161	494	BUIG FERNANDEZ, FCO. BORJA		00:47:38	4:45	M (146)	MASTER 2 M (42)	M (23)
162	539	BUSTO SANTALLA, ANA	CLUB ATLETISMO SAR	00:47:41	4:46	F (16)	MASTER 1 F (4)	
163	104	GONZALEZ BARGO, CARLA	CLUB ATLETISMO OUTES- MARISCOS ANTON	00:47:53	4:47	F (17)	SENIOR F (7)	
164	79	DEL RIO GONZALEZ, JORGE	CLUB ATLETISMO OUTES- MARISCOS ANTON	00:47:54	4:47	M (147)	MASTER 1 M (33)	
165	15	GONZÁLEZ SANTAMARÍA, JOSÉ MANUEL	S.D. BARBANTIA RODA	00:47:54	4:47	M (148)	MASTER 3 M (21)	
166	456	DAVILA IBÁÑEZ, ANA BELÉN		00:48:01	4:48	F (18)	MASTER 2 F (4)	
167	76	TUBÍO MARIÑO, DANIEL		00:48:05	4:48	M (149)	MASTER 1 M (34)	
168	448	GUILLÍN GÓMEZ, GUSTAVO	CLUB ATLETISMO SAR	00:48:07	4:48	M (150)	MASTER 2 M (43)	
169	591	FREIGENEDO, AITOR		00:48:10	4:48	M (151)	SENIOR M (34)	
170	519	FIGUEIRA RODRÍGUEZ, ABEL		00:48:12	4:49	M (152)	MASTER 1 M (35)	M (24)
171	545	RODRIGUEZ MENIÑO, GUSTAVO	CTX	00:48:17	4:49	M (153)	MASTER 1 M (36)	
172	447	SUÁREZ FUENTES, BORJA	ATLETISMO FONTES DO SAR	00:48:22	4:50	M (154)	MASTER 2 M (44)	
173	584	RIAL SUÁREZ, ANA		00:48:26	4:50	F (19)	SENIOR F (8)	
174	427	MOSTEIRO PIÑEIRO, SUSI		00:48:26	4:50	F (20)	MASTER 3 F (3)	
175	481	GARCIA PENA, CHUS	CLUB ATLETISMO TAMBRE	00:48:45	4:52	F (21)	MASTER 2 F (5)	
176	7	GOMEZ GARCIA, GONZALO		00:48:45	4:52	M (155)	MASTER 4 M (10)	
177	25	REBORDA GRAÑA, AMADOR	CLUB DEPORTIVO PINARIUM	00:48:46	4:52	M (156)	MASTER 3 M (22)	
178	453	AGUADO DIOS, JONATAN	PAVIMENTOS RIANXO	00:48:49	4:52	M (157)	MASTER 2 M (45)	M (25)
179	498	CORDO ISORNA, NEREA	CTX BOX	00:48:58	4:53	F (22)	MASTER 2 F (6)	
180	438	LÓPEZ FONTAN, JOSÉ MANUEL		00:49:05	4:54	M (158)	MASTER 3 M (23)	M (26)

XI CARREIRA POPULAR CONCELLO DE RIANXO

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA	LOCAL
181	424	FIGUEIRAS TOREA, OSCAR	CLUB ATLETISMO OUTES- MARISCOS ANTON	00:49:10	4:54	M (159)	MASTER 3 M (24)	
182	39	MARTÍNEZ RIVADEMAR, ARACELI	ATLETISMO FONTES DO SAR	00:49:20	4:55	F (23)	MASTER 2 F (7)	
183	103	BESADA ESPERÓN, PATRICIA	S.D. BARBANTIA RODA	00:49:23	4:56	F (24)	SENIOR F (9)	
184	510	PARADA BREA, DANIEL		00:49:23	4:56	M (160)	MASTER 1 M (37)	
185	557	GOMEZ, SARA	S.D. BARBANTIA RODA	00:49:38	4:57	F (25)	SENIOR F (10)	
186	551	CAÑAMARES MARÍN, GLORIA	ATLETISMO +9 MORAÑA	00:49:46	4:58	F (26)	SENIOR F (11)	
187	576	HERMO TUBIO, PABLO		00:50:07	5:00	M (161)	SENIOR M (35)	
188	500	RODRÍGUEZ BUGALLO, ÁNGEL		00:50:15	5:01	M (162)	MASTER 1 M (38)	
189	412	GUILLÁN RODRÍGUEZ, JUAN RAMÓN		00:50:18	5:01	M (163)	MASTER 3 M (25)	
190	507	TEIRA OTERO, LUÍS MANUEL	PROLOGO PROJECT	00:50:24	5:02	M (164)	MASTER 1 M (39)	
191	429	SEIJO PEREIRA, MANUEL	CHUSAUDE	00:50:30	5:02	M (165)	MASTER 3 M (26)	
192	14	LAREO MONTOTO, GONZALO		00:50:48	5:04	M (166)	MASTER 3 M (27)	
193	85	MILLARES SIEIRA, CLARA MARÍA	EL CANARIO	00:50:52	5:05	F (27)	MASTER 1 F (5)	
194	117	FERNÁNDEZ CASAIS, LUCÍA	MAIS QUE AUGA	00:51:00	5:05	F (28)	SUB 23 F (2)	
195	131	RODRIGUEZ BERMUDEZ, TAMARA		00:51:00	5:05	F (29)	MASTER 1 F (6)	
196	53	VÁZQUEZ, VIRGINIA	ATLETISMO FONTES DO SAR	00:51:00	5:05	F (30)	MASTER 2 F (8)	
197	416	BERNÁRDEZ AGRAFOJO, JOSÉ ANTONIO	SD COMPOSTELA ATLETISMO	00:51:04	5:06	M (167)	MASTER 3 M (28)	
198	579	MARIÑO BRAVO, JUAN JOSÉ		00:51:06	5:06	M (168)	SENIOR M (36)	M (27)
199	573	SÁNCHEZ DO RÍO, ALFONSO		00:51:07	5:06	M (169)	SENIOR M (37)	
200	12	FERNANDEZ RIAL, SANTIAGO	SERRES RUNNERS	00:51:13	5:07	M (170)	MASTER 3 M (29)	
201	601	TUBIO DIESTE, NATALIA		00:51:30	5:08	F (31)	SENIOR F (12)	
202	443	OTERO MARTÍNEZ, JORGE	S.D. BARBANTIA RODA	00:51:34	5:09	M (171)	MASTER 2 M (46)	M (28)
203	607	RAÑÓ ROMERO, CARLA		00:51:44	5:10	F (32)	SENIOR F (13)	F (2)
204	82	AGUJETAS OTERO, JORGE	S.D. BARBANTIA RODA	00:51:45	5:10	M (172)	MASTER 1 M (40)	
205	616	LÓPEZ BLANCO, XABIER		00:52:08	5:12	M (173)	SUB 23 M (5)	M (29)
206	162	FONTAO DAVILA, ÁLVARO		00:52:11	5:13	M (174)	MASTER 2 M (47)	
207	89	SANTOS DOMÍNGUEZ, IAGO	CLUB REMO PUEBLA	00:52:14	5:13	M (175)	SENIOR M (38)	
208	431	OUVIÑA GONZÁLEZ, JOSÉ IGNACIO		00:52:14	5:13	M (176)	MASTER 3 M (30)	
209	492	LABRADA OTERO, DANIEL	CTX	00:52:19	5:13	M (177)	MASTER 2 M (48)	
210	2	HERMO MARIÑO, SANTIAGO		00:52:27	5:14	M (178)	MASTER 4 M (11)	

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CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA	LOCAL
211	58	CARAMÉS VILA, NOA	S.D. BARBANTIA RODA	00:52:35	5:15	F (33)	MASTER 2 F (9)	
212	600	CHOUZA OTERO, MARÍA		00:52:35	5:15	F (34)	SENIOR F (14)	F (3)
213	617	TUBÍO CADABAL, NURIA		00:52:37	5:15	F (35)	SUB 23 F (3)	
214	580	BOUZAS REY, MANUEL		00:52:39	5:15	M (179)	SENIOR M (39)	M (30)
215	460	ARIAS GARCIA, ALFONSO	ATLETISMO FONTES DO SAR	00:52:39	5:15	M (180)	MASTER 2 M (49)	
216	116	ROMERO MIRANDA, IVÁN		00:52:39	5:15	M (181)	SUB 23 M (6)	
217	613	CREO FERNÁNDEZ, CÉSAR		00:52:42	5:16	M (182)	SUB 23 M (7)	M (31)
218	13	VIA, TAMARA	ATLETISMO FONTES DO SAR	00:52:46	5:16	F (36)	MASTER 3 F (4)	
219	626	GONZALEZ GARCIA, ADRIAN	CLUB REMO RIANXO	00:52:53	5:17	M (183)	SUB 18 M (3)	M (32)
220	625	LOSADA BRAVO, ABEL	CLUB REMO RIANXO	00:52:53	5:17	M (184)	SUB 18 M (4)	M (33)
221	475	PEREIRA SUÁREZ, SANTIAGO		00:52:55	5:17	M (185)	MASTER 2 M (50)	M (34)
222	535	LÓPEZ LÓPEZ, LUCÍA		00:53:07	5:18	F (37)	MASTER 1 F (7)	
223	541	GARCÍA CUESTA, FERNANDO		00:53:10	5:18	M (186)	MASTER 1 M (41)	
224	90	GONZÁLEZ LÓPEZ, ADRIÁN	CLUB REMO PUEBLA	00:53:14	5:19	M (187)	SENIOR M (40)	
225	457	BUSTELO CATOIRA, CARLOS	SD COMPOSTELA ATLETISMO	00:53:18	5:19	M (188)	MASTER 2 M (51)	
226	506	BOULLOSA BERNARDEZ, ELISA	SD COMPOSTELA ATLETISMO	00:53:18	5:19	F (38)	MASTER 1 F (8)	
227	54	GONZÁLEZ GARCÍA, MARGARITA	ATLETISMO FONTES DO SAR	00:53:29	5:20	F (39)	MASTER 2 F (10)	
228	27	PÉREZ BALIRAC, JESÚS	NOITEBRA F.C.	00:53:33	5:21	M (189)	MASTER 3 M (31)	
229	18	NOYA PÉREZ, BELÉN	ATLETISMO FONTES DO SAR	00:53:33	5:21	F (40)	MASTER 3 F (5)	
230	537	GARCIA LOPEZ, JOSE DAVID		00:53:36	5:21	M (190)	MASTER 1 M (42)	
231	552	MUÑIZ FERNANDEZ, RUBEN		00:53:40	5:21	M (191)	SENIOR M (41)	
232	404	SOMOZA GARCIA, FINA		00:53:46	5:22	F (41)	MASTER 4 F (1)	F (4)
233	629	BUSTELO ABUÍN, CARLOS		00:53:54	5:23	M (192)	SENIOR M (42)	M (35)
234	411	CAAMANO RIVEIRO, HERMINIO	CLUB ATLETISMO OUTES- MARISCOS ANTON	00:53:57	5:23	M (193)	MASTER 4 M (12)	
235	549	VILLANUSTRE VILASÓ, DANIEL		00:54:23	5:26	M (194)	SENIOR M (43)	M (36)
236	548	SAMPAYO, PABLO		00:54:26	5:26	M (195)	SENIOR M (44)	
237	38	TORRADO ARES, DORES	S.D. BARBANTIA RODA	00:54:28	5:26	F (42)	MASTER 2 F (11)	
238	421	MUÑIZ IGLESIAS, MARÍA JESÚS		00:54:33	5:27	F (43)	MASTER 3 F (6)	F (5)
239	564	RODRÍGUEZ DOMÍNGUEZ, ALBERTO		00:54:35	5:27	M (196)	SENIOR M (45)	M (37)
240	11	RAMOS SUÁREZ, Mª BEGOÑA	ENTRENARUNNING	00:54:36	5:27	F (44)	MASTER 4 F (2)	

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CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA	LOCAL
241	484	RODRÍGUEZ LODEIRO, MERCEDES	BARBANZA RUN CLUB	00:54:39	5:27	F (45)	MASTER 2 F (12)	
242	55	LOSADA, ELENA		00:54:47	5:28	F (46)	MASTER 2 F (13)	
243	594	FERNANDEZ ARCOS, RUTH		00:54:48	5:28	F (47)	SENIOR F (15)	
244	81	ESTÉVEZ CUBAS, ANA		00:54:49	5:28	F (48)	MASTER 1 F (9)	
245	612	RIAL FERNÁNDEZ, OSCAR	CLUB DE REMO RIANXO	00:54:53	5:29	M (197)	SUB 23 M (8)	M (38)
246	590	COSTAS LEÓN, SERGIO		00:54:55	5:29	M (198)	SENIOR M (46)	M (39)
247	433	FIGUEIRA ABUÍN, MARCOS		00:55:00	5:29	M (199)	MASTER 3 M (32)	M (40)
248	441	GONZALEZ TUBIO, CESAR		00:55:00	5:29	M (200)	MASTER 3 M (33)	M (41)
249	4	SÁNCHEZ BASCOY, SILVIA	S.D. BARBANTIA RODA	00:55:03	5:30	F (49)	MASTER 4 F (3)	
250	465	ROMERO ONS, SANTIAGO		00:55:04	5:30	M (201)	MASTER 2 M (52)	
251	60	RIVEIRO GAGO, PATRICIA		00:55:22	5:32	F (50)	MASTER 2 F (14)	
252	450	CASO BERNABE, CLAUDIA		00:55:23	5:32	F (51)	MASTER 2 F (15)	
253	620	COLLAZO CUSTODIO, ZOE	S.D. BARBANTIA RODA	00:55:35	5:33	F (52)	SUB 20 F (1)	F (6)
254	444	BUIG, LARA		00:55:36	5:33	F (53)	MASTER 2 F (16)	
255	521	DOSIL, MARÍA		00:55:36	5:33	F (54)	MASTER 1 F (10)	
256	610	DÍAZ OJEA, MARÍA		00:55:47	5:34	F (55)	SUB 23 F (4)	
257	493	VARELA VARELA, SABELA	CORRIDA DAS CABRAS	00:56:00	5:35	F (56)	MASTER 2 F (17)	
258	77	PINTOS CASTRO, BORJA		00:56:01	5:36	M (202)	MASTER 1 M (43)	
259	408	OTERO CEPEDA, DANIEL ANGEL		00:56:53	5:41	M (203)	MASTER 4 M (13)	
260	105	LORENZO BLANCO, LARA		00:56:54	5:41	F (57)	SENIOR F (16)	
261	627	FERNÁNDEZ ORDÓÑEZ, SABELA	CLUB PIRAGÜISMO RIANXO	00:56:58	5:41	F (58)	SUB 18 F (1)	F (7)
262	606	OZORES QUINTÁ, ANTÍA		00:57:01	5:42	F (59)	SENIOR F (17)	
263	566	FREIRE RUIBAL, DANIEL		00:57:01	5:42	M (204)	SENIOR M (47)	
264	65	MATOSIAN CARRERA, MARÍA ALEJANDRA		00:57:23	5:44	F (60)	MASTER 2 F (18)	
265	28	VEIGA BLANCO, MONTSERRAT	ATLETISMO FONTES DO SAR	00:57:33	5:45	F (61)	MASTER 3 F (7)	
266	513	PEREZ PEREZ, FRANCISCO JOSE		00:57:35	5:45	M (205)	MASTER 1 M (44)	
267	561	FERREIRO PAZ, LORENZO		00:57:35	5:45	M (206)	SENIOR M (48)	
268	571	VIDAL GÓMEZ, JESSICA		00:57:36	5:45	F (62)	SENIOR F (18)	
269	499	MANTEIGA RODRÍGUEZ, SANDRA		00:57:56	5:47	F (63)	MASTER 1 F (11)	
270	468	REY CESPON, MARLENE		00:57:58	5:47	F (64)	MASTER 2 F (19)	F (8)

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CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	RITMO	SEXO	CATEGORÍA	LOCAL
271	467	GONZÁLEZ LÓPEZ, JOSÉ LUIS	S.D. BARBANTIA RODA	00:57:58	5:47	M (207)	MASTER 2 M (53)	M (42)
272	449	CASO BERNABE, LUORDES		00:58:08	5:48	F (65)	MASTER 2 F (20)	
273	544	TORRES FERNANDEZ, VIRGINIA		00:58:32	5:51	F (66)	MASTER 1 F (12)	F (9)
274	527	CES COMOJO, CRISTINA		00:58:32	5:51	F (67)	MASTER 1 F (13)	F (10)
275	599	SUAREZ SOMOZA, ESTRELA		00:58:33	5:51	F (68)	SENIOR F (19)	F (11)
276	598	REBOIRAS QUINTÁNS, PABLO	CLUB TRABANDAINAS	00:58:33	5:51	M (208)	SENIOR M (49)	M (43)
277	407	LAGO VIDAL, MARÍA VICTORIA		00:58:35	5:51	F (69)	MASTER 4 F (4)	F (12)
278	570	MIGUÈNS MIGUÈNS, ALEJANDRO		00:58:44	5:52	M (209)	SENIOR M (50)	M (44)
279	605	RODILLA IRISO, MARIA		01:00:14	6:01	F (70)	SENIOR F (20)	
280	604	SALÁN COUSO, LAURA		01:00:14	6:01	F (71)	SENIOR F (21)	
281	560	SOBRAL FIGUEROA, MANUEL ÁNGEL	S.D. BARBANTIA RODA	01:01:31	6:09	M (210)	SENIOR M (51)	M (45)
282	559	DIESTE PLACES, MARTÍN		01:01:32	6:09	M (211)	SENIOR M (52)	
283	609	REY RODRÍGUEZ, LAURA		01:01:39	6:09	F (72)	SENIOR F (22)	F (13)
284	461	ROSAL GÓMEZ, ROCÍO		01:02:56	6:17	F (73)	MASTER 2 F (21)	
285	577	VILARIÑO MARTÍNEZ, REBECA		01:09:54	6:59	F (74)	SENIOR F (23)	F (14)
286	136	TRESGUERRAS GONZÁLEZ, ELVIRA	CLUB ATLETISMO SAR	01:12:57	7:17	F (75)	MASTER 4 F (5)	

Total: 286