

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO	DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
1	5	KIPLAGAT KIPTUM, GEORGE		00:29:26	00:14:36 (1)	M (1)	SÉNIOR M (1)		
2	3	PUENTES BARCIA, IVÁN	ATLETISMO NARÓN	00:30:28	00:15:03 (2)	M (2)	SÉNIOR M (2)		M (1)
3	99	LISTE MONTEAGUDO, PEDRO	ATLETISMO NARÓN	00:31:45	00:15:36 (3)	M (3)	SUB-23 M (1)		M (2)
4	76	CENDÁN LLORENS, ANDRÉS	CLUB TRIATLÓN COMPOSTELA	00:32:14	00:16:00 (5)	M (4)	SÉNIOR M (3)		M (3)
5	1	CRESPO ARIAS, JORGE	CLUB ATLETISMO SAR	00:32:52	00:16:14 (6)	M (5)	M/F45 M (1)	M (1)	M (4)
6	74	DÍAZ OÍZA, PABLO	CLUB ATLETISMO SANTIAGO	00:33:02	00:16:15 (7)	M (6)	SUB-23 M (2)		M (5)
7	2	MARIÑO RIAL, ALBERTO	SD COMPOSTELA ATLETISMO	00:33:22	00:16:20 (8)	M (7)	M/F40 M (1)		M (6)
8	95	GARCÍA GONZÁLEZ, JAIME	ATLETISMO NARÓN	00:33:28	00:16:54 (13)	M (8)	SÉNIOR M (4)		M (7)
9	73	BARREIRO DURÁN, MARTÍN	ATLETISMO NARÓN	00:33:33	00:16:25 (9)	M (9)	SUB-23 M (3)		M (8)
10	60	CAAMAÑO NOYA, ALBERTO	CLUB ATLETISMO NEGREIRA	00:33:35	00:16:37 (11)	M (10)	SÉNIOR M (5)	M (2)	M (9)
11	70	GARCÍA CARBALLO, ISMAEL	CLUB ATLETISMO LOUSAME	00:33:50	00:16:26 (10)	M (11)	M/F35 M (1)		M (10)
12	4	MANDOI KIMUGE, NOSHIM		00:33:55	00:16:53 (12)	F (1)	SÉNIOR F (1)		
13	97	PRIDA, HUGO	TRIATLÓN FERROL	00:33:57	00:16:54 (14)	M (12)	SUB-23 M (4)		M (11)
14	96	BARREIRO CASTIÑEIRA, MARCOS	CLUB TRIATLÓN COMPOSTELA	00:34:33	00:17:14 (15)	M (13)	M/F35 M (2)		M (12)
15	69	MELLO, JACI	CLUBE ATLETISMO BOIMORTO	00:34:51	00:17:17 (16)	M (14)	M/F45 M (2)		
16	68	SANTIAGO REY, DIEGO	CLUB TRIATLÓN COMPOSTELA	00:35:24	00:17:35 (22)	M (15)	SÉNIOR M (6)		M (13)
17	110	GONZÁLEZ HORTA, ELOY		00:35:34	00:17:27 (17)	M (16)	M/F40 M (2)		M (14)
18	67	VÁZQUEZ ARES, FERNANDO	CLUB ATLETISMO SAR	00:35:37	00:17:27 (18)	M (17)	M/F45 M (3)		M (15)
19	63	PARDO MONTERO, ALBERTO		00:35:39	00:17:34 (21)	M (18)	M/F35 M (3)		M (16)
20	61	TRILLO BARCA, ALBERTO		00:35:45	00:17:35 (23)	M (19)	M/F35 M (4)		M (17)
21	57	PITA ROMERO, PEDRO		00:35:46	00:17:30 (20)	M (20)	SÉNIOR M (7)		M (18)
22	66	OTERO LÓPEZ DE REGO, JORGE	ATLETISMO FONTES DO SAR	00:35:57	00:17:29 (19)	M (21)	M/F40 M (3)		M (19)
23	94	COUSO MARTINEZ, ELOI	CELTA ATLETISMO	00:36:04	00:17:37 (24)	M (22)	SÉNIOR M (8)		M (20)
24	65	DOPAZO MIGUEZ, ALBERTO	CLUB TRIATLÓN COMPOSTELA	00:36:14	00:18:02 (26)	M (23)	M/F45 M (4)		M (21)
25	44	TRABA CAAMAÑO, PEDRO	CLUB ATLETISMO OUTES- MARISCOS	00:36:31	00:17:59 (25)	M (24)	M/F50 M (1)		M (22)
26	49	LÓPEZ-RIOBOO SALINAS, LUIS		00:36:50	00:18:09 (27)	M (25)	M/F45 M (5)		M (23)
27	58	FERRADANS VALDES, JORGE	CLUB TRIATLÓN COMPOSTELA	00:36:54	00:18:09 (28)	M (26)	M/F40 M (4)		M (24)
28	31	CASTRO TIELES, ELOY	SD COMPOSTELA ATLETISMO	00:36:59	00:18:15 (31)	M (27)	SÉNIOR M (9)		M (25)
29	112	ROUCO ALMUÍÑA, MODESTO	CLUB ATLETISMO SANTIAGO	00:37:07	00:18:34 (37)	M (28)	SÉNIOR M (10)		M (26)
30	92	LADO FIGUEIRAS, ABEL	SERRES RUNNERS	00:37:07	00:18:20 (34)	M (29)	M/F45 M (6)		M (27)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
31	100	CAAMAÑO NIETO, AVELINO	PONTE TRAIL	00:37:13	00:18:21 (35)	M (30)	M/F45 M (7)	M (28)
32	409	CAROU CARRIL, ALBERTO	CLUB ATLETISMO O PINO	00:37:15	00:18:10 (30)	M (31)	M/F45 M (8)	M (29)
33	33	ROMAY RODRIGUEZ, RICARDO	CLUB ATLETISMO SAR	00:37:23	00:18:15 (33)	M (32)	M/F35 M (5)	M (30)
34	103	GESTO VILAS, ALEXIS	CLUB TRIATLÓN COMPOSTELA	00:37:26	00:18:23 (36)	M (33)	SÉNIOR M (11)	M (31)
35	25	DOMINGUEZ SILVA, ANDRES	C.TRIATLON O COTON	00:37:28	00:18:09 (29)	M (34)	M/F45 M (9)	M (3) M (32)
36	122	GÁNDARA GUEDE, LEO	SD COMPOSTELA ATLETISMO	00:37:32	00:18:15 (32)	M (35)	SUB-20 M (1)	
37	401	PICHEL CASTRO, NICOLAS	ADMEDIADUCIA	00:37:36	00:18:36 (41)	M (36)	M/F45 M (10)	M (33)
38	56	IGLESIAS CARRERA, PIO	CLUB TRIATLÓN COMPOSTELA	00:37:40	00:18:36 (40)	M (37)	M/F50 M (2)	M (34)
39	46	QUINTÁNS VÁZQUEZ, ALFONSO	CLUB TRIATLÓN COMPOSTELA	00:37:41	00:18:34 (38)	M (38)	M/F40 M (5)	M (35)
40	59	FRAGA DÍAZ, MANUEL	CLUB TRIATLÓN COMPOSTELA	00:37:43	00:18:39 (45)	M (39)	M/F45 M (11)	M (36)
41	51	CARRACEDO PORTO, XOSÉ CARLOS	SD COMPOSTELA ATLETISMO	00:37:45	00:18:45 (47)	M (40)	SÉNIOR M (12)	M (37)
42	64	MACEIRAS LAGO, ANGEL	CLUB ATLETISMO SAR	00:37:47	00:18:35 (39)	M (41)	M/F50 M (3)	M (38)
43	85	RODRIGUEZ HIERRO, DAVID	KURAI	00:37:52	00:19:01 (60)	M (42)	M/F40 M (6)	M (39)
44	111	REMIGIO LORENZO, MICHEL	CABO DE PEÑAS	00:37:54	00:18:47 (50)	M (43)	M/F50 M (4)	M (40)
45	47	GONZÁLEZ NÚÑEZ, J LUIS		00:37:57	00:18:36 (42)	M (44)	M/F40 M (7)	M (41)
46	113	VILLAR RODRIGUEZ, RICARDO	NOITEBRA FC	00:37:58	00:18:37 (44)	M (45)	SUPERVETERANOS	M (42)
47	488	PÉREZ LÓPEZ, MANUEL OLIVER	CLUB ATLETISMO SAR	00:38:00	00:18:59 (59)	M (46)	M/F50 M (5)	M (43)
48	83	SOTELO FERNANDEZ, DIEGO	CLUB TRIATLÓN INFORHOUSE	00:38:04	00:18:49 (54)	M (47)	M/F45 M (12)	M (44)
49	50	SOUTO IGLESIAS, ADRIÁN	AD FOGAR	00:38:04	00:18:48 (51)	M (48)	SÉNIOR M (13)	M (45)
50	48	FERNÁNDEZ LAGO, JUAN CARLOS	CLUB ATLETISMO SAR	00:38:07	00:18:47 (49)	M (49)	SUPERVETERANOS	M (46)
51	423	PEREZ PORTELA, MARCOS		00:38:07	00:18:42 (46)	M (50)	M/F40 M (8)	M (47)
52	86	CALVELO CODESIDO, DIEGO	A.D. MONTEBRONDO	00:38:08	00:18:48 (52)	M (51)	M/F40 M (9)	M (48)
53	88	GÓMEZ GÓMEZ, MANUEL	PONTE TRAIL	00:38:08	00:18:47 (48)	M (52)	M/F50 M (6)	M (49)
54	43	FERNÁNDEZ BARREIROS, TINA	SD COMPOSTELA ATLETISMO	00:38:10	00:18:48 (53)	F (2)	M/F40 F (1)	
55	53	FABELLO CID, ELÍSEO	ATLETISMO ARENTEIRO	00:38:15	00:18:37 (43)	M (53)	M/F45 M (13)	M (50)
56	90	RODRIGUEZ LIAS, ALEX		00:38:15	00:18:52 (56)	M (54)	M/F35 M (6)	M (51)
57	199	CALVO CORZÓN, HUGO	CLUB ATLETISMO NEGREIRA	00:38:33	00:19:18 (68)	M (55)	SUB-23 M (5)	M (4) M (52)
58	396	PAMPIN RIOS, PABLO	BJ RUNNING TEAM	00:38:41	00:18:59 (58)	M (56)	SÉNIOR M (14)	
59	116	IGLESIAS CARBALLIDO, ANDREA	ATHLETICS FISIOTERAPIA SAN	00:38:41	00:18:51 (55)	F (3)	M/F35 F (1)	F (1)
60	23	VAZQUEZ TEIRA, DAVID	C.TRIATLON O COTON	00:38:46	00:19:17 (67)	M (57)	SÉNIOR M (15)	M (53)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
61	82	PLACER GARCÍA-RODEJA, MARTIÑO	SD COMPOSTELA ATLETISMO	00:38:56	00:19:21 (71)	M (58)	SÉNIOR M (16)	M (54)
62	78	RIOBO ESTEVEZ, ROBERTO	CORREDOIRAS BUEU	00:38:59	00:19:21 (72)	M (59)	M/F50 M (7)	M (55)
63	87	SAINZ TRESGUERRAS, JESÚS	CLUB ATLETISMO SAR	00:39:01	00:19:32 (78)	M (60)	SÉNIOR M (17)	M (56)
64	37	FIGUEIRAS NÚÑEZ, EDUARDO	ESCOLA TRIATLÓN OUTES	00:39:03	00:18:55 (57)	M (61)	M/F45 M (14)	M (57)
65	29	PICO FEAL, BORJA		00:39:03	00:19:21 (70)	M (62)	M/F35 M (7)	M (58)
66	209	VARELA LOPEZ, ALFONSO		00:39:04	00:19:03 (61)	M (63)	SÉNIOR M (18)	M (59)
67	123	HIMI, Lamyae	ATLETISMO NARÓN	00:39:06	00:19:13 (64)	F (4)	SÉNIOR F (2)	
68	114	VILLA VIEIRO, FERNANDO	CLUB TRIATLÓN COMPOSTELA	00:39:09	00:19:19 (69)	M (64)	M/F50 M (8)	M (60)
69	93	CARREIRA CASAIS, ANXO	CLUB TRIATLÓN COMPOSTELA	00:39:13	00:19:14 (65)	M (65)	SÉNIOR M (19)	M (61)
70	365	SICRE MASIDE, LUCIA		00:39:23	00:19:39 (79)	F (5)	SÉNIOR F (3)	F (2)
71	35	SANTISO PRADO, ANA MARÍA	ATLETISMO RÍA DE FOZ	00:39:27	00:19:16 (66)	F (6)	SÉNIOR F (4)	F (3)
72	176	FERNANDEZ VIDAL, ANGEL M.	C.TRIATLON O COTON	00:39:33	00:19:26 (76)	M (66)	SUPERVETERANOS	M (62)
73	54	GARCIA, JORGE	NOITEBRA FC	00:39:35	00:19:26 (75)	M (67)	M/F50 M (9)	M (63)
74	412	ZARAUZA BEIRAS, ALVARO	CLUB DEPORTIVO BRION HYUPERESA	00:39:42	00:19:52 (83)	M (68)	M/F45 M (15)	M (64)
75	52	FERNÁNDEZ RODRÍGUEZ, JOSE	CLUBE ATLETISMO BOIMORTO	00:39:43	00:19:13 (63)	M (69)	M/F45 M (16)	M (65)
76	38	MARTÍNEZ NIETO, MÍCHEL	CLUB ATLETISMO OUTES- MARISCOS	00:39:44	00:19:22 (73)	M (70)	M/F50 M (10)	M (66)
77	227	FERNÁNDEZ ACUÑA, JOSÉ		00:39:45	00:20:04 (93)	M (71)	SÉNIOR M (20)	
78	39	BARREIRO PEREIRA, XOSÉ ANTÓN	SD COMPOSTELA ATLETISMO	00:39:49	00:20:11 (100)	M (72)	M/F50 M (11)	M (67)
79	191	SILVA CÉSAR, CARLOS	USC	00:39:51	00:20:06 (94)	M (73)	SUPERVETERANOS	M (68)
80	183	NIETO LÓPEZ, IVAN	C.TRIATLON O COTON	00:39:52	00:19:26 (74)	M (74)	M/F35 M (8)	M (5) M (69)
81	405	MENDO LÓPEZ, ROBERTO		00:40:07	00:19:42 (81)	M (75)	M/F50 M (12)	
82	186	VILA MILLÁN, DAMIÁN		00:40:10	00:19:52 (84)	M (76)	M/F40 M (10)	M (70)
83	406	RODRÍGUEZ FERNANDEZ, MANUEL		00:40:11	00:20:12 (102)	M (77)	M/F40 M (11)	M (71)
84	28	VARELA ALVAREZ, LAUREANO	SD COMPOSTELA ATLETISMO	00:40:12	00:19:31 (77)	M (78)	M/F50 M (13)	M (72)
85	118	FERNANDEZ CASAL, MARCOS	CLUB ATLETISMO SAR	00:40:13	00:19:52 (85)	M (79)	M/F40 M (12)	M (73)
86	419	PÉREZ SOTO, DIEGO		00:40:19	00:19:40 (80)	M (80)	M/F45 M (17)	M (74)
87	12	RIVERA SÁNCHEZ, DANIEL		00:40:20	00:20:02 (90)	M (81)	M/F40 M (13)	M (75)
88	20	PARRADO PINAQUE, TERE	CLUB ATLETISMO SANTIAGO	00:40:20	00:20:07 (98)	F (7)	M/F35 F (2)	F (4)
89	98	SOLER RIVAS, ABELARDO		00:40:24	00:20:17 (109)	M (82)	M/F45 M (18)	M (6) M (76)
90	72	SANCHEZ SAN LUIS, JOSÉ MARÍA	CLUB ATLETISMO SAR	00:40:26	00:20:07 (96)	M (83)	M/F45 M (19)	M (77)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
91	77	SEOANE MUÑIZ, THOMAS		00:40:27	00:20:04 (92)	M (84)	M/F50 M (14)	M (78)
92	18	BUJÁN GONZÁLEZ, JOSÉ	CLUB ATLETISMO OUTES- MARISCOS	00:40:29	00:19:54 (86)	M (85)	M/F50 M (15)	M (79)
93	21	MARTINEZ MANEIRO, ALBERTO	INCOR AUTOVIDRIO	00:40:29	00:19:49 (82)	M (86)	M/F50 M (16)	M (80)
94	22	PAPÍN ESTÉVEZ, INES	DAWAKO	00:40:30	00:19:57 (87)	F (8)	SUPERVETERANOS F	F (5)
95	27	ACCIÓN, JAVIER		00:40:39	00:20:02 (91)	M (87)	M/F40 M (14)	M (81)
96	187	FERNÁNDEZ ROCA, PABLO		00:40:46	00:20:11 (101)	M (88)	SÉNIOR M (21)	M (82)
97	17	TAJES MAYO, JUAN JESÚS	ATLETISMO FONTES DO SAR	00:40:50	00:20:13 (104)	M (89)	SUPERVETERANOS	M (83)
98	104	CERNADAS CREO, SALVADOR	ESCOLA TRIATLÓN OUTES	00:40:56	00:19:59 (88)	M (90)	M/F40 M (15)	
99	335	MOGO CASTRO, CRISTIAN		00:40:57	00:20:06 (95)	M (91)	SÉNIOR M (22)	M (84)
100	392	LOIS DELGADO, ALVARO DANIEL		00:40:58	00:20:27 (113)	M (92)	M/F40 M (16)	M (85)
101	229	MAYO FIGUEIRA, MARCOS	CLUB ATLETISMO LOUSAME	00:40:58	00:20:27 (112)	M (93)	M/F45 M (20)	M (86)
102	397	OTERO PAMPÍN, DARÍO MANUEL		00:40:58	00:20:27 (111)	M (94)	M/F35 M (9)	M (87)
103	40	GUIMAREY SENIN, JAVIER	CLUB ATLETISMO SAR	00:41:11	00:20:52 (127)	M (95)	M/F45 M (21)	M (88)
104	19	TRINCADO AVE, MAURO		00:41:12	00:20:00 (89)	M (96)	SÉNIOR M (23)	M (89)
105	479	EIRIZ AGULLO, MANUEL		00:41:13	00:20:12 (103)	M (97)	M/F35 M (10)	M (90)
106	119	BARRAL SÁNCHEZ, JESÚS	SD COMPOSTELA ATLETISMO	00:41:16	00:20:14 (105)	M (98)	SUPERVETERANOS	M (91)
107	105	VIADÉL TURJANICOVÁ, PATRICIE	CLUB ATLETISMO SANTIAGO	00:41:20	00:20:07 (97)	F (9)	SÉNIOR F (5)	F (6)
108	228	FROJAN TUBIO, JORGE		00:41:21	00:20:30 (116)	M (99)	SÉNIOR M (24)	M (92)
109	233	IGLESIAS CRISTOBO, ELOY	CLUB ATLETISMO SAR	00:41:25	00:20:16 (108)	M (100)	SUPERVETERANOS	M (7)
110	30	FIGUEIRA PÉREZ, MANUEL	CLUB ATLETISMO SAR	00:41:25	00:20:16 (107)	M (101)	M/F50 M (17)	M (93)
111	117	PÉREZ SANTAMARÍA, DAVID	CLUB ATLETISMO SAR	00:41:25	00:20:35 (120)	M (102)	SUPERVETERANOS	M (94)
112	75	INCUTTI TELLADO, DENIS	DELIKIA	00:41:28	00:15:56 (4)	M (103)	SÉNIOR M (25)	M (95)
113	190	SIEIRO EIROA, CARLOS		00:41:30	00:20:41 (122)	M (104)	M/F45 M (22)	M (96)
114	429	FERNÁNDEZ NIMO, IVAN	SERRES RUNNERS	00:41:34	00:20:48 (125)	M (105)	M/F35 M (11)	M (97)
115	313	FERNÁNDEZ GARCÍA, DAVID	CLUB ATLETISMO MILLARAIO	00:41:40	00:20:28 (114)	M (106)	M/F40 M (17)	M (98)
116	193	REVILLA MARNOTES, ARTURO		00:41:49	00:20:15 (106)	M (107)	SÉNIOR M (26)	M (99)
117	115	NOYA PÉREZ, JOSÉ ANTONIO	ATLETISMO FONTES DO SAR	00:41:51	00:20:44 (123)	M (108)	SUPERVETERANOS	M (100)
118	101	TABOADA MILLAN, CESAR	CLUB ATLETISMO SAR	00:41:53	00:21:04 (133)	M (109)	SUPERVETERANOS	M (101)
119	84	DURO AGRAFOJO, JOSE CARLOS	OS ESFOLAARROS	00:41:55	00:20:18 (110)	M (110)	M/F50 M (18)	M (102)
120	206	GARCIA BLANCO, CARLOS	CLUB TRIATLÓN COMPOSTELA	00:41:56	00:21:04 (135)	M (111)	M/F50 M (19)	M (103)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
121	222	DIÉGUEZ GONZÁLEZ, BRUNO	00:41:56	00:20:54 (130)	M (112)	M/F35 M (12)		M (104)
122	225	BREA FERREIRO, IVÁN	00:41:59	00:21:05 (136)	M (113)	SÉNIOR M (27)		M (105)
123	310	DE ESTEBAN MACIÑEIRA, ELIA	00:42:01	00:20:53 (128)	F (10)	SÉNIOR F (6)		F (7)
124	437	CESPÓN GONZÁLEZ, JESÚS	00:42:03	00:20:35 (119)	M (114)	M/F40 M (18)		M (106)
125	213	RODRÍGUEZ CALVO, ARTURO	00:42:08	00:21:03 (132)	M (115)	M/F40 M (19)		M (107)
126	215	VILLAR LÓPEZ, MARTÍN	00:42:08	00:21:06 (137)	M (116)	SÉNIOR M (28)		M (108)
127	399	CALERO FERNÁNDEZ, JOSÉ MANUEL	00:42:10	00:20:47 (124)	M (117)	M/F40 M (20)		
128	416	GÓMEZ PÉREZ, ISMAEL	00:42:10	00:20:53 (129)	M (118)	SÉNIOR M (29)		
129	185	MEJUTO FERNÁNDEZ, NURIA	00:42:12	00:20:32 (117)	F (11)	M/F35 F (3)		F (8)
130	62	GUTIÉRREZ ROBLES, MARÍA	00:42:13	00:20:30 (115)	F (12)	M/F40 F (2)		F (9)
131	9	EIRAS LUEIRO, LEANDRO	00:42:17	00:20:09 (99)	M (119)	M/F35 M (13)	M (8)	M (109)
132	16	ALVAREZ BOUZAS, ALBERTO	00:42:31	00:20:40 (121)	M (120)	SÉNIOR M (30)		M (110)
133	89	MUIÑOS REYES, ENRIQUE	00:42:44	00:21:17 (141)	M (121)	M/F45 M (23)		
134	481	MARTINAEZ MARTINEZ, ANA	00:42:44	00:21:16 (140)	F (13)	M/F40 F (3)		F (10)
135	223	PÉREZ VIDAL, GERMÁN	00:42:44	00:20:51 (126)	M (122)	SUPERVETERANOS		M (111)
136	106	CAO GARCÍA, JOSÉ MANUEL	00:42:48	00:21:15 (139)	M (123)	M/F50 M (20)		M (112)
137	163	MONTES TEIJIDO, ROBERTO	00:42:50	00:21:42 (157)	M (124)	M/F50 M (21)		M (113)
138	79	SEOANE, PABLO	00:42:54	00:21:23 (142)	M (125)	M/F40 M (21)		M (114)
139	202	LOMBARDERO LÓPEZ, ALBERTO	00:42:57	00:21:28 (150)	M (126)	M/F40 M (22)		M (115)
140	210	LADO CASTIÑEIRA, ESTEBAN	00:42:58	00:21:26 (148)	M (127)	M/F35 M (14)		M (116)
141	214	PAN VEIRAS, BERTA	00:43:00	00:21:28 (153)	F (14)	SÉNIOR F (7)		F (11)
142	42	CASTIÑEIRAS PORTOS, MANUEL	00:43:03	00:20:33 (118)	M (128)	M/F45 M (24)		M (117)
143	208	BERGONDO BRANDARIZ, JUAN	00:43:04	00:21:10 (138)	M (129)	SUPERVETERANOS		M (118)
144	45	CÉSAR VILA, ÁLVARO	00:43:04	00:23:08 (216)	M (130)	SUPERVETERANOS		M (119)
145	165	ATÁN AGULLEIRO, JOSÉ MIGUEL	00:43:07	00:21:00 (131)	M (131)	M/F45 M (25)		M (120)
146	424	BARBEIRA, DAVID	00:43:08	00:21:25 (145)	M (132)	M/F45 M (26)		M (121)
147	221	DURO LIÑARES, OLALLA	00:43:14	00:21:28 (154)	F (15)	M/F40 F (4)		F (12)
148	182	VAZQUEZ FORJAN, ADRIAN	00:43:16	00:21:04 (134)	M (133)	M/F40 M (23)	M (9)	M (122)
149	218	ROSALES MARTÍNEZ, ANDREA	00:43:20	00:21:26 (149)	F (16)	SÉNIOR F (8)		
150	107	SANTIAGO SARASQUETE, CARLOS	00:43:21	00:21:26 (147)	M (134)	SÉNIOR M (31)		

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
151	205	MAYO CAAMAÑO, MARINELA	CLUB ATLETISMO SAR	00:43:21	00:21:39 (156)	F (17)	M/F45 F (1)	F (13)
152	346	TABOADA GOMEZ, ALBERTE MIGUEL		00:43:25	00:21:23 (143)	M (135)	SÉNIOR M (32)	M (123)
153	203	CAAMAÑO FIGUEROA, ALBERTO		00:43:28	00:21:28 (152)	M (136)	SÉNIOR M (33)	M (124)
154	197	FABIAN GONZALEZ, DIONISIO	ASOCIACION DEPORTIVA OLIMPIA	00:43:35	00:21:25 (146)	M (137)	SUPERVETERANOS	M (125)
155	152	SUÁREZ MARTÍNEZ, OLAIA	CLUB TRIATLÓN INFORHOUSE	00:43:42	00:21:44 (163)	F (18)	M/F45 F (2)	F (14)
156	170	ROEL BARBEITO, FABIÁN	BRUTANZOS TEAM	00:43:44	00:21:46 (165)	M (138)	M/F40 M (24)	M (126)
157	415	ALVARELLOS PÉREZ, PABLO		00:43:50	00:22:33 (192)	M (139)	SÉNIOR M (34)	M (127)
158	211	PAPÍN ESTÉVEZ, NOELIA	DAWAKO	00:43:51	00:21:28 (151)	F (19)	M/F50 F (1)	F (15)
159	204	CANOSA CASTIÑEIRA, SPIBY (MON)	CLUB ATLETISMO SAR	00:43:51	00:21:44 (164)	M (140)	M/F50 M (22)	M (128)
160	15	FERNANDEZ TOME, JUAN		00:43:55	00:22:21 (184)	M (141)	SUPERVETERANOS	M (129)
161	157	GOYANES SOUTO, ADRIÁN	CLUB ATLETISMO TAMBRE	00:43:56	00:22:00 (171)	M (142)	M/F35 M (15)	M (130)
162	477	CANDAMO, MARCOS	SERRES RUNNERS	00:43:57	00:21:44 (162)	M (143)	SUPERVETERANOS	M (131)
163	230	SANTIAGO PAZÓ, DANIEL		00:43:57	00:22:09 (179)	M (144)	SÉNIOR M (35)	M (132)
164	178	REY MONTALBAN, ADRIANA		00:44:12	00:21:30 (155)	F (20)	SÉNIOR F (9)	
165	460	PEREZ, FEDERIX O		00:44:21	00:21:23 (144)	M (145)	SÉNIOR M (36)	
166	8	ROGET PEREZ, FELIX	TERRA DE SONEIRA	00:44:25	00:22:07 (178)	M (146)	M/F40 M (25)	M (133)
167	440	VAZQUEZ CANTORNA, LUIS		00:44:26	00:21:52 (168)	M (147)	M/F45 M (27)	M (134)
168	445	ÁLVAREZ LODEIRO, SANTI	ENTRENARUNNING	00:44:32	00:22:14 (181)	M (148)	SUPERVETERANOS	
169	478	DOVAL IGLESIAS, IAGO		00:44:37	00:22:23 (186)	M (149)	SÉNIOR M (37)	M (135)
170	369	PEIXOTO, BRAIS		00:44:38	00:21:43 (159)	M (150)	SÉNIOR M (38)	M (136)
171	289	LEIS PUÑAL, JUAN		00:44:39	00:22:06 (177)	M (151)	M/F45 M (28)	M (137)
172	430	PAREDES LÓPEZ, PAULA		00:44:42	00:22:15 (183)	F (21)	SUB-23 F (1)	F (16)
173	173	BLANCO REY, ELISA VANESA	CLUB ATLETISMO NOIA	00:44:42	00:21:55 (169)	F (22)	M/F45 F (3)	F (17)
174	201	MRIMICHE MRIMICHE, NADIA	CLUB ATLETISMO SAR	00:44:46	00:21:58 (170)	F (23)	M/F45 F (4)	
175	179	MARTÍNEZ SOUTO, MARCOS		00:44:50	00:22:06 (176)	M (152)	M/F45 M (29)	M (138)
176	160	FONTANS SEBE, MARCOS	ATLETISMO CUNTIS	00:44:57	00:22:50 (202)	M (153)	M/F45 M (30)	M (139)
177	466	DÍAZ BOUZA, ANTÓN	OS CORZOS DO ORTEGAL	00:45:01	00:22:33 (191)	M (154)	SÉNIOR M (39)	M (140)
178	217	VILLAMOR RIAL, NOEL		00:45:02	00:22:53 (204)	M (155)	M/F35 M (16)	M (141)
179	32	FERNANDEZ DOMINGUEZ, ALFONSO		00:45:14	00:21:47 (166)	M (156)	M/F50 M (23)	M (142)
180	219	FERRERAS FERROL, HÉCTOR	CORREXALLAS	00:45:17	00:22:03 (172)	M (157)	M/F35 M (17)	M (143)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
181	189	SOLETO CEREIJO, SANTIAGO	CLUB TRIATLÓN COMPOSTELA	00:45:22	00:22:13 (180)	M (158)	SUPERVETERANOS	M (144)
182	10	VIDAL RODRIGUEZ, JOSE	C.TRIATLON O COTON	00:45:22	00:22:39 (194)	M (159)	M/F50 M (24)	M (145)
183	55	GARCIA FANDIÑO, JUAN	CLUB TRIATLÓN COMPOSTELA	00:45:23	00:22:06 (174)	M (160)	M/F45 M (31)	M (146)
184	306	GONZÁLEZ RODRÍGUEZ, MARIA		00:45:23	00:22:06 (175)	F (24)	M/F40 F (5)	
185	167	BLANCO TASENDE, DAVID		00:45:25	00:22:23 (185)	M (161)	M/F40 M (26)	M (147)
186	465	CASTRO ALONSO, SERGIO		00:45:29	00:23:02 (207)	M (162)	SÉNIOR M (40)	
187	288	LAMAS CANOSA, JESÚS		00:45:29	00:22:41 (200)	M (163)	SUPERVETERANOS	M (148)
188	476	ROMERO GONZÁLEZ, JOSE		00:45:32	00:22:39 (196)	M (164)	M/F40 M (27)	M (149)
189	162	BLANCO VÁZQUEZ, ÁNGEL		00:45:35	00:22:26 (187)	M (165)	M/F40 M (28)	
190	207	ARADAS LESTÓN, BERNARDO		00:45:37	00:23:16 (218)	M (166)	M/F40 M (29)	
191	431	NIETO RODRIGUEZ, ANTON		00:45:38	00:23:27 (224)	M (167)	SUPERVETERANOS	
192	290	CALO CANOSA, MANUEL	ASOCIACION DEPORTIVA OLIMPIA	00:45:39	00:22:32 (190)	M (168)	M/F45 M (32)	M (150)
193	434	ROMAY SIEIRA, JUAN FRANCISCO	METE MEDO	00:45:40	00:22:05 (173)	M (169)	M/F50 M (25)	M (151)
194	161	RIÁDIGOS MOSQUERA, CARLOS		00:45:43	00:22:29 (188)	M (170)	M/F45 M (33)	M (152)
195	13	RODILES RIOS, ALBERTO		00:45:45	00:22:15 (182)	M (171)	M/F50 M (26)	M (153)
196	367	PAREDES PARAJO, MARCOS		00:45:57	00:22:39 (195)	M (172)	M/F40 M (30)	M (154)
197	216	BLANCO PÍAS, FRANCISCO JAVIER	CLUB ATLETISMO LOUSAME	00:46:01	00:22:40 (199)	M (173)	SUPERVETERANOS	M (155)
198	224	MARTINEZ OUBIÑA, MIGUEL ANXO		00:46:01	00:23:02 (209)	M (174)	M/F45 M (34)	M (156)
199	456	FONTENLA MUIÑO, MANUEL	ATLETAS ACEA DE AMA TRIARTEIXO	00:46:02	00:22:50 (203)	M (175)	SUPERVETERANOS	M (157)
200	181	BELLO GRAIÑO, DIEGO		00:46:04	00:23:44 (234)	M (176)	M/F40 M (31)	M (158)
201	172	TRIGO BAO, MANUEL	CDM VÉRTICE	00:46:05	00:22:46 (201)	M (177)	M/F50 M (27)	M (159)
202	171	GONZÁLEZ BUJÁN, VÍCTOR		00:46:08	00:21:50 (167)	M (178)	M/F35 M (18)	
203	443	VILLAR GARCÍA, NACHO		00:46:12	00:23:38 (227)	M (179)	SÉNIOR M (41)	M (160)
204	442	VALIÑA BLANCO, JOSÉ ANTONIO		00:46:13	00:22:31 (189)	M (180)	M/F45 M (35)	
205	155	MAYÁN MARTÍNEZ, MIGUEL	TRIBU TRAIL	00:46:13	00:23:41 (229)	M (181)	M/F35 M (19)	M (161)
206	349	CASTRO ROMÁN, ALEJANDRO JOSÉ		00:46:14	00:23:02 (208)	M (182)	M/F40 M (32)	M (162)
207	448	CERNADAS MÉNDEZ, JUAN MANUEL		00:46:20	00:22:54 (205)	M (183)	SUPERVETERANOS	
208	417	SERRANO REMUIÑÁN, JOSÉ ANTONIO		00:46:21	00:23:04 (210)	M (184)	SUPERVETERANOS	M (163)
209	307	PARDIÑAS ALVITE, JOSÉ		00:46:22	00:23:01 (206)	M (185)	SUPERVETERANOS	M (164)
210	198	SUEIROTRIGO, PABLO		00:46:25	00:23:05 (212)	M (186)	M/F45 M (36)	M (165)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
211	174	VILLASVERDE ROSALES, MARGA	00:46:27	00:22:40 (197)	F (25)	M/F40 F (6)		F (18)
212	263	TORES MOLEDO, NESTOR	00:46:31	00:23:44 (237)	M (187)	M/F45 M (37)		M (166)
213	331	PIÑEIRO ABEIJON, BENITO	00:46:31	00:23:44 (236)	M (188)	M/F50 M (28)		M (167)
214	304	CALVO CALVO, LUIS	00:46:49	00:23:08 (215)	M (189)	SUPERVETERANOS		M (168)
215	234	ALVAREZ PARDIÑAS PUENTE, LUIS	00:46:50	00:23:18 (222)	M (190)	M/F50 M (29)		
216	305	PÉREZ SUSAVILA, ANGEL	00:46:51	00:23:08 (214)	M (191)	SUPERVETERANOS		M (169)
217	295	SESTAYO Balsa, MANUEL	00:46:52	00:23:40 (228)	M (192)	M/F35 M (20)		M (170)
218	220	SUÁREZ SUÁREZ, CÉSAR	00:46:53	00:23:58 (241)	M (193)	M/F40 M (33)	M (10)	M (171)
219	302	QUINDIMIL GARCÍA, JUAN ANTONIO	00:46:56	00:22:38 (193)	M (194)	M/F40 M (34)		M (172)
220	455	CASTRO, OSCAR	00:47:01	00:23:12 (217)	M (195)	M/F40 M (35)		M (173)
221	154	LIMENS PRADO, MAXIMINO	00:47:01	00:23:16 (220)	M (196)	SUPERVETERANOS	M (11)	M (174)
222	102	FERNANDEZ ESPADA, LUIS	00:47:08	00:24:08 (245)	M (197)	M/F50 M (30)		M (175)
223	292	PEGITO POMBO, MANUEL	00:47:15	00:23:17 (221)	M (198)	M/F50 M (31)		M (176)
224	480	DEVESA RODRÍGUEZ, XOÁN MIGUEL	00:47:29	00:23:27 (225)	M (199)	M/F35 M (21)		
225	388	AMBITE SANTANA, DARIO	00:47:33	00:23:16 (219)	M (200)	SUB-20 M (2)		M (177)
226	282	VILA BALEATO, LITO	00:47:34	00:22:40 (198)	M (201)	M/F45 M (38)		M (178)
227	232	VILLAR GONZÁLEZ, SARA	00:47:41	00:23:08 (213)	F (26)	SUB-23 F (2)		F (19)
228	192	VALIÑO CEREIJO, JOSE MANUEL	00:47:43	00:23:42 (231)	M (202)	SUPERVETERANOS		M (179)
229	303	PÉREZ NIETO, ALBA	00:47:44	00:25:05 (275)	F (27)	SÉNIOR F (10)		F (20)
230	280	LUAÑA LOUZAO, PEDRO	00:47:44	00:23:43 (233)	M (203)	SUPERVETERANOS		M (180)
231	281	CAMBA RODRÍGUEZ, JAVIER	00:47:52	00:23:26 (223)	M (204)	M/F50 M (32)		M (181)
232	285	CARBALLEIRA PUÑAL, ADRIÁN	00:47:55	00:23:44 (235)	M (205)	M/F40 M (36)		
233	426	CAAMAÑO LAGO, Nanci Viviana	00:48:02	00:23:31 (226)	F (28)	SUPERVETERANOS F		F (21)
234	80	COSTOYA PRADO, CESAR	00:48:07	00:21:44 (161)	M (206)	M/F45 M (39)		M (182)
235	34	RAMOS FERROL, ARTURO	00:48:08	00:21:43 (158)	M (207)	M/F50 M (33)		M (183)
236	156	MUÑOZ LARRAZABAL, ITZEL	00:48:12	00:23:05 (211)	F (29)	SUB-23 F (3)		
237	398	COSTOYA RODRIGUEZ, SERGIO	00:48:22	00:24:03 (243)	M (208)	SÉNIOR M (42)		
238	435	POUSO MANEIRO, JOSÉ	00:48:27	00:24:51 (272)	M (209)	SUPERVETERANOS		M (184)
239	291	DAPENA TENORIO, JOSE LUIS	00:48:27	00:24:06 (244)	M (210)	SUPERVETERANOS		M (185)
240	231	CALVIÑO CARREÑO, JOSE	00:48:30	00:23:41 (230)	M (211)	M/F45 M (40)		M (186)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
241	301	VIAÑO NIETO, MAICA	00:48:35	00:23:42 (232)	F (30)	M/F45 F (5)		F (22)
242	195	BETANZOS REGO, TOBIÁS	00:48:40	00:24:01 (242)	M (212)	SUPERVETERANOS		
243	457	PAZOS RECAREY, VICTOR MANUEL	00:48:41	00:23:49 (239)	M (213)	M/F40 M (37)		M (187)
244	309	GÓMEZ TUBIO, ANDREA	00:48:47	00:24:19 (252)	F (31)	SUB-23 F (4)		F (23)
245	420	CALVO FERNANDEZ, JOSE IGNACIO	00:48:51	00:23:48 (238)	M (214)	M/F40 M (38)		M (188)
246	451	BENITO ARRIBAS, MATIAS	00:48:53	00:24:17 (250)	M (215)	M/F40 M (39)		
247	467	SEIJO VÁZQUEZ, IGNACIO	00:48:57	00:24:34 (260)	M (216)	SUPERVETERANOS		M (189)
248	267	QUINTANS CASTRO, JOSE	00:49:08	00:23:50 (240)	M (217)	M/F40 M (40)	M (12)	M (190)
249	269	BRAGAÑA MIGUENS, MARÍA JOSÉ	00:49:09	00:24:30 (257)	F (32)	M/F50 F (2)		F (24)
250	382	RODRÍGUEZ GONZÁLEZ, PABLO	00:49:09	00:24:30 (258)	M (218)	M/F35 M (22)		M (191)
251	446	PENSADO ANTELO, IVÁN	00:49:11	00:24:17 (249)	M (219)	SÉNIOR M (43)		M (192)
252	296	SANTOS FERREIRO, OSCAR	00:49:13	00:24:53 (273)	M (220)	M/F35 M (23)		M (193)
253	279	RUBIO ALAMEDA, RICARDO	00:49:13	00:24:12 (247)	M (221)	SUPERVETERANOS		M (194)
254	337	TUBIO TUBIO, VANESA	00:49:16	00:24:19 (251)	F (33)	SÉNIOR F (11)		F (25)
255	169	FERNANDEZ OLIVEIRA, JUAN CARLOS	00:49:18	00:24:35 (263)	M (222)	M/F50 M (34)		M (195)
256	293	PIÑEIRO, PABLO	00:49:20	00:24:44 (264)	M (223)	M/F40 M (41)		M (196)
257	338	IGLESIAS ANDRADE, BRAIS	00:49:20	00:24:47 (266)	M (224)	SÉNIOR M (44)		M (197)
258	348	COBO MURCIA, ENDERSON	00:49:22	00:25:39 (294)	M (225)	SÉNIOR M (45)		
259	308	ANDRADE LAGO, ALBERTO	00:49:26	00:24:50 (271)	M (226)	SUPERVETERANOS		M (198)
260	393	MORATA AGUILERA, MIGUEL ANGEL	00:49:26	00:24:34 (262)	M (227)	SUPERVETERANOS		
261	151	GARCIA CRISTOBAL, ELISEO	00:49:28	00:24:50 (270)	M (228)	SUPERVETERANOS		M (199)
262	284	MIRA LLOPIS, MANUEL	00:49:30	00:24:50 (267)	M (229)	M/F40 M (42)		M (200)
263	286	LAGO ANDRADE, IRIA	00:49:30	00:24:50 (268)	F (34)	SÉNIOR F (12)		F (26)
264	164	BAHAMONDE SUÁREZ, FRANCISCO	00:49:35	00:26:43 (327)	M (230)	M/F45 M (41)		M (201)
265	441	NIETO COBAS, ROBERTO	00:49:37	00:24:46 (265)	M (231)	M/F40 M (43)	M (13)	
266	356	TRIUNFO DELGADO, GONZALO	00:49:38	00:24:10 (246)	M (232)	SUPERVETERANOS		
267	461	CARRAL CEPEDA, JOSE	00:49:41	00:25:41 (299)	M (233)	M/F35 M (24)		M (202)
268	312	BARRAL MOREIRA, JOSE RAMON	00:49:41	00:24:16 (248)	M (234)	SUPERVETERANOS		M (203)
269	276	RIOS GIBELLO, JOSÉ MANUEL	00:49:51	00:24:26 (256)	M (235)	SUPERVETERANOS		M (204)
270	194	GIL PEREIRA, JAVIER	00:49:52	00:24:23 (254)	M (236)	M/F45 M (42)		M (205)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
271	81	MATALOBOS BUSTELO, TOÑO	CLUB DEPORTIVO BRION HYUPERSA	00:49:52	00:24:22 (253)	M (237)	M/F45 M (43)	M (206)
272	300	BLANCO TASENDE, OSCAR	DUBRA TEAM	00:49:53	00:25:07 (281)	M (238)	M/F35 M (25)	M (207)
273	212	MAYO TOUCEDA, DIEGO		00:49:53	00:25:05 (276)	M (239)	SÉNIOR M (46)	M (14) M (208)
274	452	BOQUETE, TANIA		00:49:56	00:24:31 (259)	F (35)	M/F40 F (7)	F (1) F (27)
275	275	GOMEZ VIAÑO, JOSE		00:50:01	00:24:34 (261)	M (240)	SUPERVETERANOS	M (209)
276	418	IANNONE LADO, SERENA		00:50:03	00:25:03 (274)	F (36)	M/F35 F (4)	F (28)
277	364	PENA RAMA, CRISTIAN		00:50:07	00:25:43 (305)	M (241)	M/F35 M (26)	M (210)
278	469	RODRIGUEZ RODRIGUEZ, SERGIO		00:50:08	00:25:27 (285)	M (242)	SUPERVETERANOS	M (211)
279	491	LÓPEZ LÓPEZ, LAURA FELISA	ADC MONTE BREAMO	00:50:16	00:24:50 (269)	F (37)	M/F35 F (5)	
280	470	SUÁREZ CRESPO, NOELIA	SD COMPOSTELA ATLETISMO	00:50:20	00:25:40 (295)	F (38)	SÉNIOR F (13)	F (29)
281	485	ARMADA FERNÁNDEZ, ERNESTO		00:50:27	00:25:29 (286)	M (243)	SUPERVETERANOS	M (212)
282	265	LORENZO DA COSTA, ESTEBAN		00:50:32	00:25:06 (278)	M (244)	SÉNIOR M (47)	M (213)
283	385	MOURELLE GARCÍA, ANDRÉS		00:50:51	00:25:22 (284)	M (245)	SÉNIOR M (48)	M (214)
284	408	ALEGRE VIGO, MANUEL		00:50:53	00:25:10 (282)	M (246)	M/F50 M (35)	M (215)
285	297	FREIRE GIL, ADRIÁN		00:50:59	00:25:05 (277)	M (247)	SÉNIOR M (49)	M (15) M (216)
286	471	GOSENDE SEÑORÍS, IRIA		00:51:03	00:25:06 (279)	F (39)	SÉNIOR F (14)	F (30)
287	394	CASTRO SUÁREZ, JUAN CARLOS	CLUB ATLETISMO O PINO	00:51:05	00:25:36 (288)	M (248)	SUPERVETERANOS	
288	299	LESTÓN CAAMAÑO, FABIÁN	OS SALTAREJOS	00:51:10	00:26:03 (314)	M (249)	M/F50 M (36)	M (217)
289	362	BARBÉ MARTÍN, MIGUEL ANGEL	SERRES RUNNERS	00:51:11	00:26:03 (313)	M (250)	M/F40 M (44)	M (218)
290	168	TRILLO CALO, PAULA		00:51:21	00:25:42 (301)	F (40)	M/F35 F (6)	F (31)
291	463	MIYANAGA, KANTA		00:51:25	00:26:03 (315)	M (251)	SUB-23 M (6)	
292	360	MARTÍNEZ PARCERO, VERÓNICA	CLUB ATLETISMO O PINO	00:51:32	00:25:43 (306)	F (41)	M/F45 F (6)	
293	268	CARRASCO ITURRA, CARLOS	CLUB ATLETISMO O PINO	00:51:33	00:25:43 (303)	M (252)	SUPERVETERANOS	
294	345	FERNÁNDEZ RODRÍGUEZ, MÓNICA	TRIATLÓN RÍAS BAIXAS	00:51:35	00:25:59 (312)	F (42)	M/F40 F (8)	F (32)
295	459	GÓMEZ OVIEDO, LOLY	SD COMPOSTELA ATLETISMO	00:51:46	00:25:40 (297)	F (43)	M/F50 F (3)	F (33)
296	351	GARCIA FUENTES, ROI	SD COMPOSTELA ATLETISMO	00:51:46	00:25:40 (296)	M (253)	M/F40 M (45)	M (219)
297	273	GONZÁLEZ DEVESA, MANUEL	RUNNING ARTEIXO	00:51:48	00:25:43 (302)	M (254)	M/F40 M (46)	M (220)
298	341	VARELA ROMERO, JAVIER		00:51:53	00:25:48 (310)	M (255)	M/F50 M (37)	M (221)
299	383	PAREDES TORRES, BERTIN		00:51:54	00:24:25 (255)	M (256)	SÉNIOR M (50)	
300	427	SIEIRO RODRÍGUEZ, ALEXIS MANUEL		00:51:56	00:25:45 (307)	M (257)	SÉNIOR M (51)	M (16)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
301	277	DIÉGUEZ CARRIL, JOSÉ ANTONIO	00:51:57	00:25:46 (309)	M (258)	M/F40 M (47)		
302	370	MÍGUEZ FORJÁN, IVÁN	00:52:01	00:25:36 (289)	M (259)	M/F35 M (27)	M (17)	M (222)
303	410	FERNANDEZ BLANCO, SILVIA	00:52:02	00:25:40 (298)	F (44)	M/F40 F (9)		F (34)
304	450	VILAR CAAMAÑO, FELIX	00:52:18	00:25:07 (280)	M (260)	SUPERVETERANOS		M (223)
305	340	PEREIRA SUAREZ, ALBERTO	00:52:41	00:25:39 (293)	M (261)	SÉNIOR M (52)		M (224)
306	436	LENS TOOMING, CARMEN	00:52:47	00:25:46 (308)	F (45)	SÉNIOR F (15)	F (2)	
307	339	BONDARENKO RYBCHENKO,	00:52:58	00:25:15 (283)	F (46)	SÉNIOR F (16)		
308	380	PEREZ CASAIS, JESUS	00:53:00	00:26:30 (321)	M (262)	SUPERVETERANOS		M (225)
309	325	DOPAZO GOMEZ, LAURA	00:53:00	00:25:59 (311)	F (47)	SÉNIOR F (17)	F (3)	F (35)
310	403	NOGUEIRA GONZALEZ, ANTÓN	00:53:05	00:25:35 (287)	M (263)	SÉNIOR M (53)		
311	404	FERREIRO VILLANUEVA, IRIA	00:53:05	00:25:36 (291)	F (48)	SUB-23 F (5)		
312	473	COSTOYA CASTELO, CHEMA	00:53:06	00:26:39 (323)	M (264)	M/F50 M (38)		M (226)
313	272	DIEZ RICO, EMILIO JOSÉ	00:53:09	00:26:39 (324)	M (265)	M/F45 M (44)		M (227)
314	395	ALONSO ALONSO, JUAN	00:53:12	00:26:21 (318)	M (266)	M/F50 M (39)		M (228)
315	353	SUEIRAS FIEIRO, LUIS	00:53:19	00:26:21 (317)	M (267)	SUPERVETERANOS		M (229)
316	428	IGLESIAS VIGO, JESUS	00:53:31	00:26:51 (332)	M (268)	SUPERVETERANOS		M (230)
317	482	TUÑÓN BLANCO, JOAQUÍN	00:53:33	00:27:01 (334)	M (269)	M/F40 M (48)		
318	454	LÓPEZ GONZÁLEZ, DANIEL	00:53:35	00:26:44 (328)	M (270)	M/F45 M (45)		M (231)
319	274	MOLEDO GONZÁLEZ, YOLANDA	00:53:38	00:26:27 (320)	F (49)	M/F45 F (7)		F (36)
320	433	SUÁREZ GAREA, MANUEL	00:53:41	00:25:36 (290)	M (271)	M/F45 M (46)		
321	336	RODRIGUEZ, JOSE	00:53:44	00:26:21 (319)	M (272)	SUPERVETERANOS	M (18)	M (232)
322	432	NIETO FIGUEIRAS, XOSE	00:53:46	00:27:11 (339)	M (273)	SUPERVETERANOS		
323	352	SUEIRAS FIEIRO, NACHO	00:53:55	00:26:31 (322)	M (274)	SUPERVETERANOS		M (233)
324	347	SEOANE FERNÁNDEZ, JULIÁN	00:53:57	00:25:41 (300)	M (275)	SÉNIOR M (54)		M (234)
325	316	SENADE SANCHEZ, MARCOS	00:53:57	00:25:43 (304)	M (276)	M/F35 M (28)		M (235)
326	387	DOMINGUEZ GOMEZ, JESUS MATIAS	00:53:59	00:26:51 (333)	M (277)	SUPERVETERANOS		M (236)
327	486	VIDAL FERNÁNDEZ, JUAN MANUEL	00:54:06	00:26:43 (326)	M (278)	SUPERVETERANOS		M (237)
328	324	NOVO NÚÑEZ, DIEGO	00:54:13	00:27:56 (349)	M (279)	M/F40 M (49)		M (238)
329	266	TOREA TOREA, ELENA	00:54:34	00:26:39 (325)	F (50)	M/F50 F (4)		F (37)
330	390	GARCÍA MONTEAGUDO, ALEXANDRE	00:54:36	00:27:03 (337)	M (280)	M/F40 M (50)		

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
331	391	DEL RIO RIOS, TERESA	00:54:36	00:27:03 (336)	F (51)	M/F35 F (7)		
332	468	LISTE BARREIRO, JOSE MANUEL	00:54:37	00:27:12 (340)	M (281)	SUPERVETERANOS		M (239)
333	444	RAMOS SUÁREZ, BEGOÑA	00:54:47	00:27:05 (338)	F (52)	SUPERVETERANOS F		
334	368	PÉREZ LEIS, JESÚS	00:54:48	00:26:44 (329)	M (282)	SUPERVETERANOS		M (240)
335	384	BLANCO NOVO, JOSÉ MANUEL	00:55:07	00:26:16 (316)	M (283)	M/F50 M (40)		M (241)
336	334	SUÁREZ GAREA, JORGE ALBERTO	00:55:24	00:25:38 (292)	M (284)	M/F45 M (47)		M (242)
337	378	CABRERA, GABRIELA	00:55:32	00:26:47 (330)	F (53)	SÉNIOR F (18)		
338	483	PAZOS RECAREY, JAVIER	00:55:35	00:27:33 (344)	M (285)	M/F45 M (48)		M (243)
339	332	MARTINEZ SOTO, PABLO	00:55:43	00:27:38 (346)	M (286)	SUPERVETERANOS		
340	328	RODRIGUEZ TRINIDAD, JOSÉ	00:55:47	00:27:27 (343)	M (287)	SUPERVETERANOS		M (244)
341	343	SÁNCHEZ BASCOY, SILVIA	00:55:48	00:27:02 (335)	F (54)	SUPERVETERANOS F		F (38)
342	329	BARGE CARRETE, PABLO	00:55:52	00:28:00 (352)	M (288)	M/F50 M (41)		
343	490	NIETO GARCÍA, PAULA	00:55:52	00:27:57 (350)	F (55)	SÉNIOR F (19)		F (4)
344	453	ROZAS MENDEZ, ALBA	00:55:53	00:27:53 (348)	F (56)	M/F35 F (8)		
345	458	AGRA LIÑARES, ALBERTO	00:55:58	00:28:13 (356)	M (289)	M/F40 M (51)	M (19)	M (245)
346	333	PAMPÍN BOADO, CARLOS	00:56:04	00:28:21 (357)	M (290)	SUPERVETERANOS		M (246)
347	153	LARRAZ RIVERA, GONZALO	00:56:04	00:28:29 (361)	M (291)	M/F50 M (42)		
348	321	VAAMONDE SÁNCHEZ-ANDRADE,	00:56:05	00:28:29 (360)	M (292)	M/F50 M (43)		M (247)
349	354	FANDIÑO PARDO, ALEJANDRO	00:56:30	00:27:53 (347)	M (293)	SÉNIOR M (55)		M (248)
350	350	SÁNCHEZ REMUIÑÁN, ANDRÉS	00:56:35	00:26:50 (331)	M (294)	SÉNIOR M (56)		M (249)
351	357	FERNÁNDEZ CALVO, JAVIER	00:56:37	00:29:24 (376)	M (295)	M/F45 M (49)		M (250)
352	464	MAYO CAAMAÑO, JOSÉ MANUEL	00:56:48	00:28:07 (353)	M (296)	SUPERVETERANOS		
353	376	DE LIMA, DAVID	00:57:02	00:27:18 (341)	M (297)	M/F40 M (52)	M (20)	
354	315	RODRIGUEZ GARCÍA, ALBERTO	00:57:10	00:28:37 (363)	M (298)	M/F50 M (44)		
355	283	GAÑAN MEGÍAS, ANA	00:57:10	00:28:37 (364)	F (57)	M/F50 F (5)		
356	372	SALAZAR MEJÍA, JUAN ESTEBAN	00:57:25	00:28:07 (354)	M (299)	SÉNIOR M (57)		
357	484	CARNEIRO NOGUEIRAS, FRANCISCO	00:57:41	00:27:33 (345)	M (300)	M/F40 M (53)		M (251)
358	271	FERREIRO CARBALLEIRA, DANIEL	00:57:42	00:28:30 (362)	M (301)	M/F35 M (29)		M (252)
359	414	MURCIA DELGADO, DAYANNA	00:57:45	00:28:27 (358)	F (58)	SÉNIOR F (20)		
360	413	PIÑEIRO DIESTE, SANDRA	00:57:45	00:28:28 (359)	F (59)	SÉNIOR F (21)		F (39)

XLIV CARREIRA POPULAR DE NEGREIRA

CLASIFICACIÓN 10K



PTO DOR	NOMBRE	CLUB	T.OFICIAL	T5K	SEXO	CATEGORÍA	LOCA	GALEG
361	175	SENRA SONEIRA, JOSÉ RICARDO	00:57:54	00:28:52 (366)	M (302)	SUPERVETERANOS	M (253)	
362	317	PÉREZ PÉREZ, FRANCISCO JOSÉ	00:58:17	00:28:54 (367)	M (303)	M/F35 M (30)	M (254)	
363	371	VIDAL GOMEZ, JESSICA	00:58:17	00:28:57 (369)	F (60)	SÉNIOR F (22)	F (40)	
364	411	FERREIRO PAZ, LORENZO	00:58:17	00:28:55 (368)	M (304)	SÉNIOR M (58)	M (255)	
365	294	CASTRO GARCIA, PATRICIA	00:58:25	00:28:40 (365)	F (61)	SÉNIOR F (23)	F (41)	
366	379	PAINCEIRA CABELLO, ANDREA	00:58:49	00:28:58 (370)	F (62)	SÉNIOR F (24)	F (42)	
367	311	LIÑAYO FIGUEIRA, PABLO	00:58:50	00:28:59 (372)	M (305)	SÉNIOR M (59)	M (256)	
368	264	SUAREZ BERMUDEZ, FRANCISCO	00:59:01	00:29:05 (373)	M (306)	M/F45 M (50)	M (257)	
369	381	PAINCEIRA FERRACES, ALVARO	00:59:05	00:28:58 (371)	M (307)	SUPERVETERANOS	M (258)	
370	373	MISAS MISAS, EDISON DANILO	00:59:13	00:28:08 (355)	M (308)	SÉNIOR M (60)		
371	318	RODRÍGUEZ NIETO, SANDRA	00:59:14	00:29:49 (380)	F (63)	M/F45 F (8)		
372	377	VIGO LIÑARES, CHELO	00:59:16	00:28:00 (351)	F (64)	SUPERVETERANOS F	F (43)	
373	342	VILABOA PITEIRA, JORGE JOSÉ	01:00:02	00:29:20 (375)	M (309)	M/F35 M (31)	M (259)	
374	358	CASTRO NIETO, ESTRELLA	01:01:49	00:29:40 (377)	F (65)	SÉNIOR F (25)	F (44)	
375	363	PUENTE ANTELO, MARTA	01:02:11	00:29:06 (374)	F (66)	M/F35 F (9)	F (45)	
376	447	GONZÁLEZ VELAZTIQUI, NILDA	01:02:13	00:30:04 (383)	F (67)	M/F45 F (9)	F (46)	
377	270	SANTAS NOVOA, BENITO	01:02:15	00:29:49 (381)	M (310)	SUPERVETERANOS	M (260)	
378	359	CERNADAS FARIÑA, NATALIA	01:03:05	00:29:48 (379)	F (68)	SÉNIOR F (26)		
379	386	CASTRO PARENTE, ALEJANDRA	01:03:05	00:29:48 (378)	F (69)	SÉNIOR F (27)	F (47)	
380	314	FERREIRO CAMPOS, MIGUEL ANGEL	01:03:34	00:30:54 (385)	M (311)	SUPERVETERANOS	M (261)	
381	438	GONZÁLEZ PEREIRA, MANUEL	01:04:15	00:31:24 (387)	M (312)	SUPERVETERANOS	M (262)	
382	474	BUJÁN OTERO, SUSANA	01:04:15	00:30:49 (384)	F (70)	M/F50 F (6)	F (48)	
383	320	CONDE BERMÚDEZ, RAMON ANGEL	01:05:53	00:31:08 (386)	M (313)	SUPERVETERANOS	M (263)	
384	375	RODRIGUEZ BARBA, JOSE PEDRO	01:07:17	00:31:50 (388)	M (314)	SUPERVETERANOS	M (264)	
385	361	ALMENDROS VARO, JOSE MIGUEL	01:09:41	00:32:28 (389)	M (315)	SÉNIOR M (61)	M (21)	
386	402	ARANGUREN ESTÉVEZ, GUSTAVO	01:09:41	00:32:29 (390)	M (316)	SÉNIOR M (62)		
387	14	SAINZ GARCÍA, FERNANDO	01:12:41	00:36:03 (391)	M (317)	SUPERVETERANOS	M (265)	
388	319	TRESGUERRAS GONZÁLEZ, ELVIRA	01:12:43	00:36:05 (392)	F (71)	SUPERVETERANOS F	F (49)	

Total: 388