

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
1	23	VÁZQUEZ GRELA, MIGUEL		01:53:02	--	5:47 min/km	M (1)
2	108	GÓMEZ LAMAS, RUBÉN		01:53:51	+49	5:50 min/km	M (2)
3	139	NAYA BADALLO, MARCOS		01:58:35	+5:33	6:04 min/km	M (3)
4	22	CASTRO MOURA, MARCOS		01:59:33	+6:31	6:07 min/km	M (4)
5	136	BALADO RODRIGUEZ, ROBERTO		02:01:18	+8:16	6:13 min/km	M (5)
6	34	BREA RODRÍGUEZ, IVÁN		02:10:13	+17:11	6:40 min/km	M (6)
7	15	FRESNEDO ARIAS, OSCAR		02:11:22	+18:20	6:44 min/km	M (7)
8	117	ALONSO GONZÁLEZ, XABIER		02:13:04	+20:02	6:49 min/km	M (8)
9	35	GRAÑA MEIJIDE, GUSTAVO		02:15:50	+22:48	6:57 min/km	M (9)
10	45	REIGOSA GARCIA, MARTIN		02:16:01	+22:59	6:58 min/km	M (10)
11	131	CRUÑA PIÑEIRO, ELÍAS		02:16:49	+23:47	7:00 min/km	M (11)
12	110	ROUCO PERNAS, DAVID		02:17:00	+23:58	7:01 min/km	M (12)
13	48	FRAGA VIAÑO, ALVARO		02:18:42	+25:40	7:06 min/km	M (13)
14	79	LODEIRO FEAL, RUBÉN		02:18:43	+25:41	7:06 min/km	M (14)
15	8	MUÍÑO GARCÍA, MARCOS		02:25:06	+32:04	7:26 min/km	M (15)
16	7	MARTINEZ FERNANDEZ, JOSÉ ABEL		02:26:07	+33:05	7:29 min/km	M (16)
17	54	MONTERO ALVAREDO, LUIS		02:26:27	+33:25	7:30 min/km	M (17)
18	138	COUCEIRO TABEAYO, VÍCTOR		02:27:29	+34:27	7:33 min/km	M (18)
19	121	JACOB, PAULINE		02:27:48	+34:46	7:34 min/km	F (1)
20	58	RODRÍGUEZ DOPICO, JAVIER		02:28:25	+35:23	7:36 min/km	M (19)
21	37	BARREIRA VÁZQUEZ, MARIA ESTHER		02:29:33	+36:31	7:40 min/km	F (2)
22	128	PORTA VALES, DOMINGO TOMÁS		02:30:17	+37:15	7:42 min/km	M (20)
23	67	CABO AREOSO, JOSE ANTONIO		02:30:52	+37:50	7:44 min/km	M (21)
24	46	RIOS SANCHEZ, PABLO		02:30:57	+37:55	7:44 min/km	M (22)
25	32	VÁZQUEZ FERREIRO, SALVADOR		02:31:36	+38:34	7:46 min/km	M (23)
26	70	GARCÍA SANJURJO, DANIEL		02:34:15	+41:13	7:54 min/km	M (24)

PTO	DOR	NOMBRE	CLUB	T.OFICIAL	DIF	RITMO	SEXO
27	65	ACÓN VICENTE, FERNANDO		02:34:15	+41:13	7:54 min/km	M (25)
28	14	FIGUEIRAS POSE, ROI		02:34:45	+41:43	7:56 min/km	M (26)
29	134	MENDUIÑA MARTINEZ, BORJA		02:36:50	+43:48	8:02 min/km	M (27)
30	91	SUÁREZ SUÁREZ, ENRIQUE		02:37:11	+44:09	8:03 min/km	M (28)
31	135	MARTÍNEZ TEJEDOR, ALEJANDRO		02:37:26	+44:24	8:04 min/km	M (29)
32	116	VARELA, ADRIAN		02:39:30	+46:28	8:10 min/km	M (30)
33	39	LEMA RODRÍGUEZ, SERGIO MANUEL		02:39:41	+46:39	8:11 min/km	M (31)
34	90	COLMEIRO ECHEVERRÍA, DANIEL		02:40:22	+47:20	8:13 min/km	M (32)
35	66	OLAIZ NOGUES, CESAR		02:40:47	+47:45	8:14 min/km	M (33)
36	86	BARROS SEOANE, VÍCTOR		02:41:11	+48:09	8:15 min/km	M (34)
37	68	FERREÑO RODRÍGUEZ, ALBERTO		02:41:28	+48:26	8:16 min/km	M (35)
38	101	SUAREZ IGLESIAS, VICTOR		02:41:40	+48:38	8:17 min/km	M (36)
39	20	COTELO GARCIA, ROI		02:41:41	+48:39	8:17 min/km	M (37)
40	5	CASTRO LOIS, YONATAN		02:42:49	+49:47	8:20 min/km	M (38)
41	122	ADRIEN, PELOUX		02:43:19	+50:17	8:22 min/km	M (39)
42	216	SEOANE RIAL, ALEJANDRA		02:43:37	+50:35	8:23 min/km	F (3)
43	126	RODRIGUEZ FERNANDEZ, JOSE ANTONIO		02:43:39	+50:37	8:23 min/km	M (40)
44	43	ABELENDIA GOMEZ, JOSE		02:43:43	+50:41	8:23 min/km	M (41)
45	88	SÁNCHEZ VÁZQUEZ, BORJA		02:43:57	+50:55	8:24 min/km	M (42)
46	41	IBÁN FERNÁNDEZ, ALBERTO		02:44:02	+51:00	8:24 min/km	M (43)
47	25	GÓMEZ SUEIRAS, FRANCISCO		02:44:44	+51:42	8:26 min/km	M (44)
48	95	EIRÍS BARCA, ALEJANDRO		02:45:25	+52:23	8:28 min/km	M (45)
49	92	PÉREZ REGO, MIGUEL		02:47:26	+54:24	8:35 min/km	M (46)
50	11	SUÁREZ SUÁREZ, CÉSAR		02:47:33	+54:31	8:35 min/km	M (47)
51	123	CAYUELA MIGUEL, JUAN		02:49:07	+56:05	8:40 min/km	M (48)
52	129	ALFEREZ ALONSO, MONTSERRAT		02:49:13	+56:11	8:40 min/km	F (4)

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53	124	ALPERI, IVAN		02:49:23	+56:21	8:41 min/km	M (49)
54	13	CASTRO RUMBO, ELENA		02:49:51	+56:49	8:42 min/km	F (5)
55	83	RODRIGUEZ ANSEDE, JOSÉ VICENTE		02:52:22	+59:20	8:50 min/km	M (50)
56	16	IGLESIAS PINTADO, DANIEL		02:52:36	+59:34	8:51 min/km	M (51)
57	107	MACIEL ANDRÉS, JORGE		02:52:59	+59:57	8:52 min/km	M (52)
58	3	RODRÍGUEZ FERREIRO, LUIS		02:53:05	+1:00:03	8:52 min/km	M (53)
59	112	ARMAS POL, ALBERTO		02:53:12	+1:00:10	8:52 min/km	M (54)
60	106	CALVETE GARCIA, EUGENIO		02:53:46	+1:00:44	8:54 min/km	M (55)
61	55	VAZQUEZ DOPAZO, REBECA		02:55:19	+1:02:17	8:59 min/km	F (6)
62	113	LAGO RAMOS, DIEGO		02:56:27	+1:03:25	9:02 min/km	M (56)
63	87	PUMARIÑO PEREZ, AMADOR		02:56:38	+1:03:36	9:03 min/km	M (57)
64	115	CAMBEIRO LOBATO, ÁLVARO		02:56:39	+1:03:37	9:03 min/km	M (58)
65	62	GONZÁLEZ-POLA YUNCAL, SAMUEL		02:57:38	+1:04:36	9:06 min/km	M (59)
66	73	LORENZO RODRÍGUEZ, JAVIER		02:57:41	+1:04:39	9:06 min/km	M (60)
67	339	GARCÉS SOTO, SHIRLEY CAROLINA		02:57:52	+1:04:50	9:07 min/km	F (7)
68	103	LÓPEZ GARCÍA, DANIEL		02:58:29	+1:05:27	9:09 min/km	M (61)
69	40	RODRIGUEZ FERNANDEZ, ANTONIO		02:58:30	+1:05:28	9:09 min/km	M (62)
70	63	REIMUNDEZ SUAREZ, ISABEL		02:58:39	+1:05:37	9:09 min/km	F (8)
71	94	QUINTELA MARTÍNEZ, IBÁN		02:59:26	+1:06:24	9:12 min/km	M (63)
72	84	CAPELAS ANSEDE, JOSE LUIS		03:00:07	+1:07:05	9:14 min/km	M (64)
73	24	VARELA YAÑEZ, ANA		03:01:09	+1:08:07	9:17 min/km	F (9)
74	75	MONTES TEIJIDO, ROBERTO		03:01:28	+1:08:26	9:18 min/km	M (65)
75	64	BERMÚDEZ POMBO, JAVIER		03:02:35	+1:09:33	9:21 min/km	M (66)
76	38	CHAS GOMEZ, ROBERTO		03:05:52	+1:12:50	9:31 min/km	M (67)
77	61	BOUZAS ROMERO, DAVID		03:07:52	+1:14:50	9:38 min/km	M (68)
78	119	CONCHEIRO FERNÁNDEZ, GUILLERMO		03:08:24	+1:15:22	9:39 min/km	M (69)

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79	10	FERREIRO HERMIDA, SANDRA		03:08:45	+1:15:43	9:40 min/km	F (10)
80	118	CARVALLO CAVERO, JOSE SANTIAGO		03:10:57	+1:17:55	9:47 min/km	M (70)
81	29	GARCÍA ÁLVAREZ, MARCOS		03:11:53	+1:18:51	9:50 min/km	M (71)
82	71	CORTÉS GÓMEZ, NATALIA		03:15:42	+1:22:40	10:02 min/km	F (11)
83	60	MIGUEZ DUARTE, JOSE MANUEL		03:15:49	+1:22:47	10:02 min/km	M (72)
84	125	FILGUEIRAS BARRO, MANUELA		03:15:53	+1:22:51	10:02 min/km	F (12)
85	31	GARCÍA NAYA, IAGO		03:16:18	+1:23:16	10:03 min/km	M (73)
86	104	RAIMBAULT, JONATHAN		03:16:20	+1:23:18	10:04 min/km	M (74)
87	100	LAMAS SERRANO, XAN		03:16:20	+1:23:18	10:04 min/km	M (75)
88	57	MARANTE RODRIGUEZ, IVAN		03:17:25	+1:24:23	10:07 min/km	M (76)
89	69	SENDON MARTINEZ, DAMIAN		03:23:08	+1:30:06	10:25 min/km	M (77)
90	33	IGLESIAS REY, RAMÓN		03:23:33	+1:30:31	10:26 min/km	M (78)
91	4	RODRÍGUEZ TOVAR, LUZ MARINA		03:24:45	+1:31:43	10:29 min/km	F (13)
92	93	LOPEZ REBORIDO, MARCOS		03:26:15	+1:33:13	10:34 min/km	M (79)
93	12	LAGE RIVERA, OSCAR		03:27:25	+1:34:23	10:38 min/km	M (80)
94	27	CALVIÑO MOSQUERA, BRUNO		03:28:17	+1:35:15	10:40 min/km	M (81)
95	26	VEGA MOLDES, PAULA		03:28:18	+1:35:16	10:40 min/km	F (14)
96	132	POMBO CASTRO, ÁNGEL		03:29:44	+1:36:42	10:45 min/km	M (82)
97	130	MARTÍNEZ VÁZQUEZ, VICTORIA		03:29:44	+1:36:42	10:45 min/km	F (15)
98	21	TORRADO SOBRIDO, JOSE ANTONIO		03:29:46	+1:36:44	10:45 min/km	M (83)
99	53	DOVAL SÁNCHEZ, RAÚL		03:29:47	+1:36:45	10:45 min/km	M (84)
100	6	PAZ ABELLEIRA, LAURA		03:30:16	+1:37:14	10:46 min/km	F (16)
101	137	SANTOS IGLESIAS, JESÚS		03:34:50	+1:41:48	11:00 min/km	M (85)
102	99	NAVEIRA, CHRISTIAN		03:34:59	+1:41:57	11:01 min/km	M (86)
103	97	MIGUEZ REY, RAFAEL		03:34:59	+1:41:57	11:01 min/km	M (87)
104	105	GUTIÉRREZ FERNÁNDEZ, LAURA		03:35:04	+1:42:02	11:01 min/km	F (17)

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105	28	COSTA RODRIGUEZ, JUAN CARLOS		03:35:48	+1:42:46	11:03 min/km	M (88)
106	72	WILLIAMS, MITCH		03:37:00	+1:43:58	11:07 min/km	M (89)
107	17	ACOSTA LAPUENTE, RUBÉN		03:40:16	+1:47:14	11:17 min/km	M (90)
108	30	MUIÑO PÉREZ, MARCOS		03:40:57	+1:47:55	11:19 min/km	M (91)
109	42	BORRAJO MERA, JORGE		03:44:04	+1:51:02	11:29 min/km	M (92)
110	89	RAMOS CANCELO, ALBERTO		03:45:33	+1:52:31	11:33 min/km	M (93)
111	327	BEA NEIRA, DANIEL		03:45:40	+1:52:38	11:34 min/km	M (94)
112	59	PALOMERO ALBA, FRANCISCO JAVIER		03:50:05	+1:57:03	11:47 min/km	M (95)
113	51	LAGO TRILLO, YESSICA		03:55:03	+2:02:01	12:03 min/km	F (18)
114	47	DÍAZ VARGAS, RICARDO MANUEL		03:57:40	+2:04:38	12:11 min/km	M (96)
115	49	VÁZQUEZ TARACIDO, CATALINA		03:57:40	+2:04:38	12:11 min/km	F (19)
116	1	MONZO SEOANE, DAVID		04:04:14	+2:11:12	12:31 min/km	M (97)
117	52	FERNANDEZ PAZ, JUAN JOSÉ		04:04:15	+2:11:13	12:31 min/km	M (98)
118	114	IGLESIAS REGUEIRA, DAVID		04:04:47	+2:11:45	12:33 min/km	M (99)
119	120	ALARCÓN CABALLERO, JUAN PABLO		04:04:47	+2:11:45	12:33 min/km	M (100)
120	109	PRECEDO REY, JORGE		04:10:40	+2:17:38	12:51 min/km	M (101)
121	77	LOUART, FRANCOIS		04:31:21	+2:38:19	13:54 min/km	M (102)
122	76	SCHNELLBACH, THIBAULT		04:31:23	+2:38:21	13:54 min/km	M (103)
123	18	LOPEZ SOTO, JOSE		04:31:47	+2:38:45	13:56 min/km	M (104)
124	127	VILLAR FILGUEIRAS, YAGO		04:33:49	+2:40:47	14:02 min/km	M (105)

Total: 124